


# Finding Your Fit!

Start with an “MyCAP”  
& invest in your **class choices**~

## What *is* an “MyCAP”

In short, it is your “Individualized (my) Career and Academic Plan”- which is just a fancy way of saying we want to help make sure you are taking classes you need and are interested in- *especially* when it comes to exploring possible career choices and college goals!



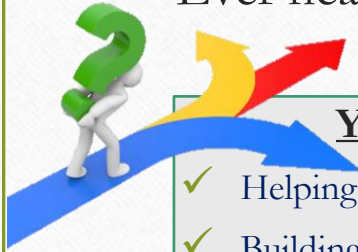
**MyCAP** Cherry Creek Schools  
My Career and Academic Plan

MyCaps help:

- Identify my interests
- Explore Careers that fit my goals, strengths & interests
- Discover what requirements those careers have
- Fit matching classes into my school schedule
- Help me plan ahead & find the schools that offer those programs I'm interested in
- Discover what G.P.A and test scores those schools want

# So what does an ICAP *get* you? (Your MyCap)

Ever hear the saying “I wish someone had told me” or “If I had known then, I would have...”



## Your MyCAP helps you not be in that position by:

- ✓ Helping ensure you are taking and getting classes you are interested in
- ✓ Building on future plans, while maintain flexibility
- ✓ Helping set goals after graduation and helps give you a direction of “what to do next”
- ✓ Helping increase awareness of your options and the tools you will need
- ✓ Helping explore career choices, college choices, and get paid more!
- ✓ Doesn’t lock you into “what do you want to be when you grow up?”
- ✓ Helping eliminate missing out on information, opportunities, choices, and so on
- ✓ Is completely individual to you and makes you an equal partner in your educational journey



## Your MyCAP can lead you to:

- FREE College Classes/Credits
- Programs that can pay for your FIRST year in College!
- Possible Internship Placement in High School
- Help in your planning so you can achieve a Colorado Seal of Bi-literacy
- Achieving an Industry Certificate
- Attending the CCIC/CC Pathways
- Help in planning toward our OHS Special Diploma Recognitions!
- And more!



# First, lets look at *why* we make you take the classes we do...

The skills you learn in each subject matter in a variety of ways once you graduate

## English (Language Arts)= 4 years

- People who succeed are people who can read and write. Everyone must be able to speak clearly and write well. You should prepare by taking as many courses possible in reading, writing, and speaking.

## Social Sciences= 4 years

- Social Studies helps you understand what is happening in the world. Courses in geography, civics, history and economics will help you become a better prepared college student, compassionate citizen and a better fit for leadership in our globalized society.

## Mathematics= 4 years

- Everyone uses numbers in the real world to solve problems. Two years of Algebra and one of Geometry are just the basics of what you will need. Take AS MUCH math as you can!

## Science= 4 years

- Learning how things work and understanding the world around you is exciting. It also helps you understand how science affects you, your community and the world.

## World Languages= 2-3 years

- Regardless of whether you have dual or multiple language skills, colleges want to see you take through a level 2 or 3 language sequence. Don't leave this of your transcript, it will help with scholarships and job applications!

## The Arts=1-2 years

- Art, technology, music, consumer studies, and buisness help you not only explore your creative side, but help you learn to think in new ways and explore career interests.

## Other Courses

- There are plenty of wonderful courses that OHS and CCSD make you take to help enhance your learning and educational experiece. Make sure you take you Health courses, keep phycially healthy, and check out opporunites like being a student leader, participating in yearbook and so on.

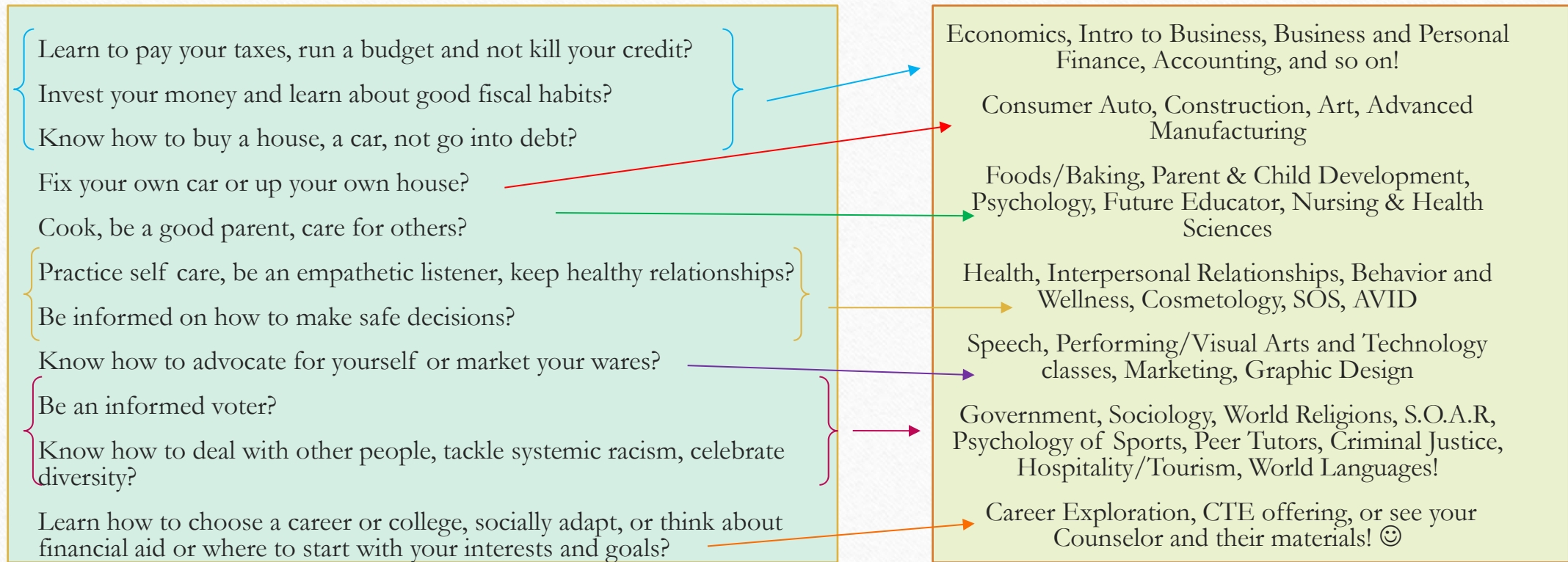
# What about what else you *want* to learn?

Ever hear this one also? “I wish they would of had that class in high school”

## Good news-We do!

Want to:

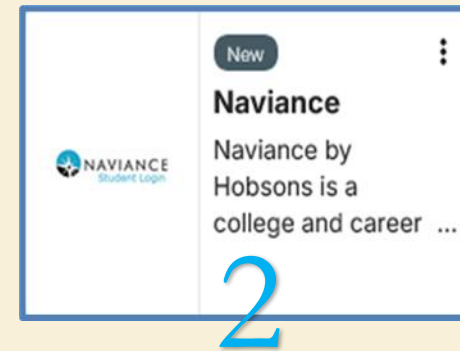
Take these classes:



# *How* can you make sure you get all these courses in- Make a 4 year plan! That is your MyCAP!

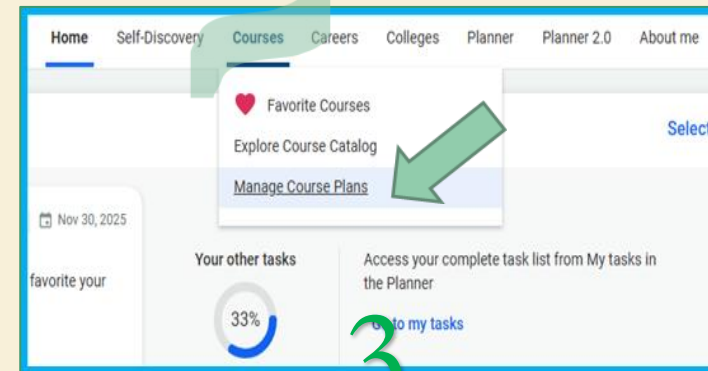


1<sup>st</sup>- Log on to your MyCherryCreek



2<sup>nd</sup>- Find & select the Naviance tile

3<sup>rd</sup>- from the Courses tab → “Manage Course Plans”  
→ “Create New” → select the MyCap Plan



# Start with your current classes

Your 4 year plan is something you will update each year during registration to keep it fresh and current with your goals

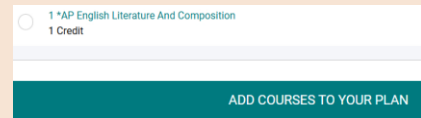
1. Go through **EACH** subject

category → hit 

2. Find your classes in **EACH** grade &

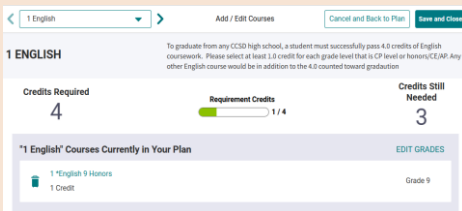
**Select** (start with 9<sup>th</sup>) the course →

scroll **down** & hit 



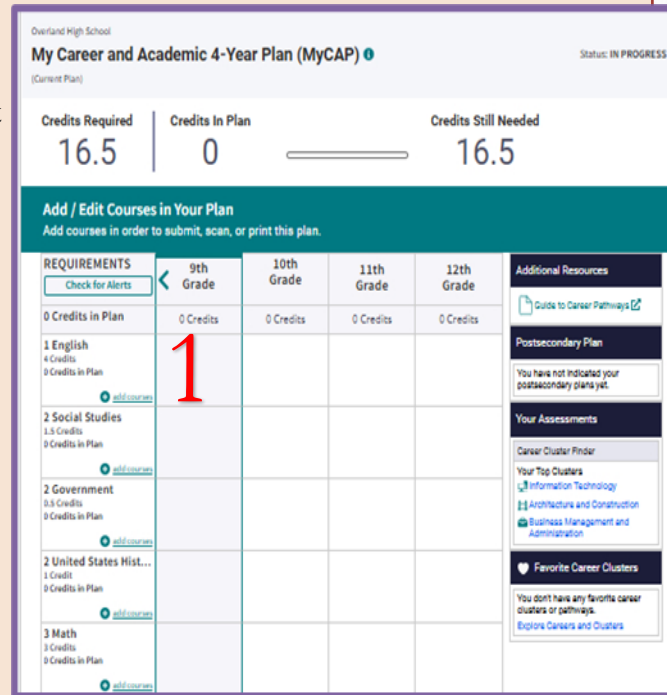
2



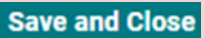
3. scroll back **up** & hit 



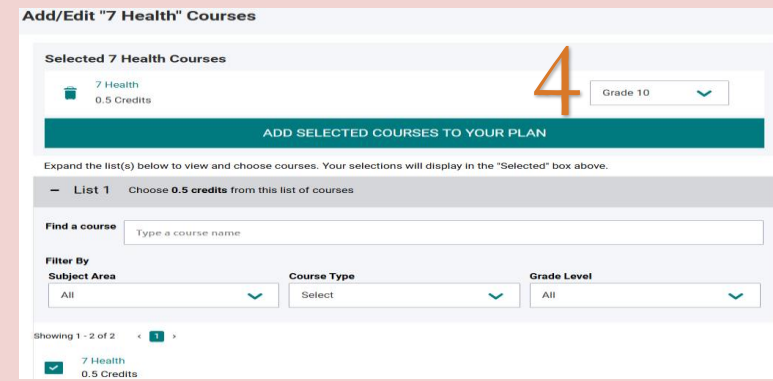
3

Go to the next category until you have finished.



4. For subjects without drop downs, or to add additional cores (in elective category), click open “List 1”  **List 1** → **Select** the course(s) → **Select** the grade level you took/plan to take in & hit  scroll **up** & hit 

(online classes & waivers can not be added here)



# Now, explore and plan for the next year(s)

Your 4 year plan is something you will update each year during registration to keep it fresh and current with your goals

## Things to Consider:

- Use the Registration guide to find future classes above your grade level and look at their pre-requisite requirements
- If you don't like a subject, try to complete it earlier in 9<sup>th</sup> & 10<sup>th</sup> grade
- Remember, if you want to go to CCIC/CCP starting in 11<sup>th</sup> (or 10<sup>th</sup>), complete as many grad requirements as you can first
- It is super easy to update your MyCAP during registration time each year!
- There are also suggested pathways given your career survey results that will help give you ideas of what class would be good for you in your MyCap planning!

Overland High School  
My Career and Academic 4-Year Plan (MyCAP) Status: IN PROGRESS  
(Current Plan)

Credits Required: 16.5 | Credits in Plan: 15 | Credits Still Needed: 8.5

Add / Edit Courses in Your Plan  
Add courses in order to submit, scan, or print this plan.

REQUIREMENTS	9th Grade	10th Grade	11th Grade	12th Grade
15 Credits in Plan	7.25 Credits	7.75 Credits	0 Credits	0 Credits
1 English 4 Credits 2 Credits in Plan	1. English 3 Honors 1 credit	1. English 10 Honors 1 credit		
2 Social Studies 1.5 Credits in Plan 1.5 Credits in Plan	2. Global Studies Honors 1 credit	2. Economics 0.5 credits		
2 Government 0.5 Credits 0.5 Credits in Plan		2. CE American Government 0.5 credits		
2 United States Hist... 1 Credit 0 Credits in Plan				
3 Math 3 Credits 1 Credit in Plan	3. Geometry/Physical Science 1 credit			
4 Science 3 Credits 1 Credit in Plan		4. Chemistry Honors 1 credit		
5 World Language 0 Credits 2 Credits in Plan	5. Spanish I 1 credit	5. Spanish I Honors 1 credit		
6 Practical Fine Art 1.5 Credits 4 Credits in Plan	6. EL Computer and Design 1 credit	6. EL Entrepreneurial Design 1 credit		
7 Physical Education 1.5 Credits 0 Credits in Plan	6. Technology Projects 0.5 credits	6. Robotics 1 credit		
7 Health 0.5 Credits 0.5 Credits in Plan	6. Water Production I 0.5 credits			
8 Elective Credit 0 Credits 2.5 Credits in Plan	8. Advisory 2 0.25 credits	8. Advisory 10 0.25 credits		
9 Career and Techn... 0 Credits 0 Credits in Plan	8. Adv 2 1 credit	8. Adv 10 1 credit		
15 Credits in Plan	7.25 Credits	7.75 Credits	0 Credits	0 Credits

Additional Resources  
Work Based Learning  
Guide to Career Pathways

Postsecondary Plan  
You have not indicated your postsecondary plans yet.

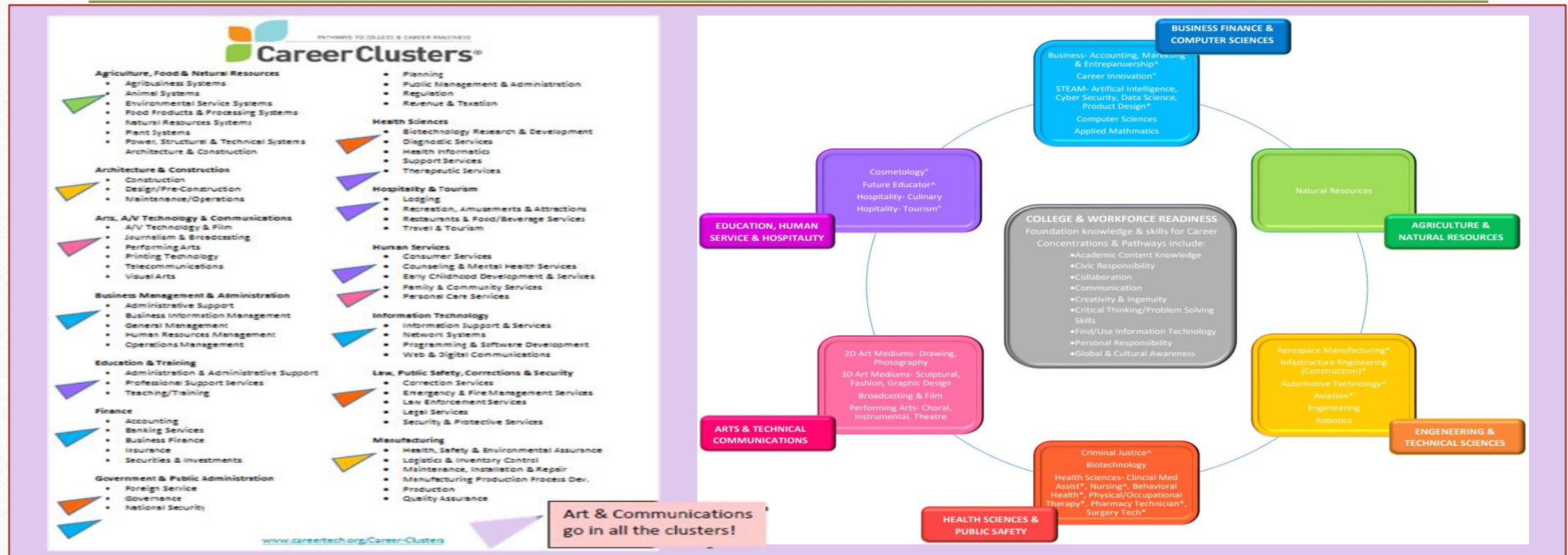
Your Assessments  
Career Cluster Finder  
Your Top Clusters  
Information Technology  
Architecture and Construction  
Business Management and Administration

Favorite Career Clusters  
You don't have any favorite career clusters or pathways.  
Explore Careers and Clusters

# What options does an OHS MyCAP *have*?

You can take a set pathway, create your own or combine pathways that will get you as much free education that follows your interests and leads you to being prepared for life after high school

Remember, these are overall ideas- they are not the only paths/career fields out there!



# OHS Pathways & CP/CCIC Pathways

These 4 year plans can help guide you if you are interested in completing a set pathway as you customize your MyCAP  
 4 Year Plan for OHS/CP/CCIC/CTE Pathway's CCCIC only Pathway Options

## CAREER CONCENTRATION PATHWAYS

Pathway	What year can you START?	9	10	11	12	+ Supportive Studies
<b>ENGINEERING &amp; TECHNICAL SCIENCES</b>						
Aerospace Manufacturing*		Manufact. Fund, CNC Machining	Man. Fund 2, CNC Machine 2			Technology Projects
Infrastructure Engineering*		Construction 1	Construction 2			
Automotive Technology^	Consumer Auto	Auto 1 & 2	Auto 3, High Performance			
Aviation- Maintenance*		Gen. Air Maint. 1	Gen Air Maint 2, Airframe 1-3	Airframe 4		
Aviation- Flight *		Aviation Fundamentals, Drone Pilot				
Engineering	Computer Aided Design	Engineering Design	Architectural Design			Senior Project/Intern.
Robotics	Technology Projects	Robotics				Senior Project/Intern.
<b>HEALTH SCIENCES &amp; PUBLIC SAFETY</b>						
Criminal Justice^			Criminal Justice 1 & 2	2 Soc. Electives		APPsych, Forensics, Genetics, Journalism, Pol.Sci., SOAR
Biotechnology	Intro to Sci Research	AP Bio, Adv. Sci Research		Biotechnology		Anat/Phys., Epic Med., Forensics, Genetics, Microbio.
H. Sciences-Clinical Med. Assist*	Intro to Healthcare	Healthcare Foundations	Clinical Medical Assist	Adv. Clinical Med. Assist		Anatomy & Physiology, Health Care Foundations, Medical Terminology, Patient Care Tech, Child & Adolescent Behavior, Epic Medical Careers, Interpersonal Relationships, Genetics, Psych. of Sports, Sources of Strength, CPR for professionals
H. Sci- Nursing & Patient Care^	Intro to Healthcare	Intro to Health Sci A, Patient Care Tech	Intro to Health Sci B, CNA	CNA/Adv. Nursing		
H. Sciences- Behavioral Health*			Behav. Health Teach	2 Soc. Electives		
Health Sciences- PT/OT Therapy*			Intro to PT/OT	2 Soc. Electives		
H. Sciences- Pharmacy Tech.*				Pharm Tech, 2 Soc. Elect.		
Health Sciences- Surgery Tech*			Surgery Technician			
<b>ARTS DESIGN MANUFACTURING &amp; TECHNICAL COMMUNICATIONS</b>						
2D Arts- Drawing & Design	Drawing & Painting 1 & 2	Draw/Paint. 3, AP Studio Art 2D	AP Studio Art Drawing			AP Art History, CE Digital Photo 2
2D Arts- Photography	Photography 1 & 2	Photo 3 & 4, AP Studio Art 2D				
3D Arts- Sculptural Engineering	Beg 3D Art, Int. 3D Art	Adv. 3D Art	AP Studio Art 3D			AP Art History, AP Studio Art 2D, CE Digital Photo 2,
3D Arts- Fashion/Comm. Design	Fashion 1, Fashion 2		AP Fashion/Studio Art 3D			Interior Design 1, Interior Design 2, Web Designs
3D Arts- Graphic Design	Graphic Design 1 & 2	Graphic Design 3, Adv. Graphic (4)	AP Studio Art			Tech Projects, CE Digital Photo 2, Web Designs
Broadcasting & Film	Video Prod. 1 & 2	OTV Broadcast Journalism	Advanced Video Production			
Performing Fine Arts- Choral	Overland Singers, Plainsmen, Trebelarias	Concert Choir, Jewell Ave Jazz	Cecilians, Nine Mile Jazz			Piano, Music Theory, AP Music Theory
P.F. Arts- Instrumental Band	All bands~ audition placed					
P.F. Arts- Inst. Orchestra	String Orchestra, Concert Orchestra	Overland Symphony				
Performing Fine Arts- Theatre	Theatre 1, Musical Theatre Tech Theatre	Theatre 2	Theatre 3, Advanced Acting			
<b>EDUCATION, HUMAN SERVICES &amp; HOSPITALITY</b>						
Cosmetology*			Cosmo 1	Cosmo 2, Esthetics		
Future Educator**			Future Educator 1 & 2			Peer Mentorship
Hospitality-Culinary Arts^	Culinary Essentials 1, Baking/Pastry 1	Baking/Pastry2, ProStart1&2	Prostart 1 & 2, CTE Internship	CTE Internship		
Hospitality- Tourism *	2 OHS Fine Arts Electives	Resort & Event Management	Hospitality Leadership Exp.			
<b>BUSINESS FINANCE &amp; COMPUTER SCIENCES</b>						
Business- Accounting	Personal Finance, Intro to Business	Legal Enviro of Business, Accounting 1	CE Accounting 2			AP Macro & Micro Economics, CE Intro to Business Salesforce
Business- Marketing	Personal Finance, Intro to Business	Legal Enviro of Business, Marketing 1	CE Marketing 2			
Business- Entrepreneurship*	Intro to Business	Project Management for Entrep. 1 & 2	Manag for Entrep. 3, CTE Cap			
Career Innovations**	CE course elective	Work Based Learning CTE	Apprenticeship/Internship	CE Core course		SEE YOUR COUNSELOR FOR OPTIONS
Artificial Intelligence*	Intro to Comp Prog or AP Computer Sci	Artificial Intelligence 1 & 2	Stats			Tech Projects, Amazon Web Services
Cyber Security*	Intro to Comp Prog or AP Computer Sci	Cybersecurity 1 & 2				Amazon Web Services
Data Science*	Intro to Comp Prog or AP Computer Sci	Data Science 1 & 2	CTE Capstone IT			
Product Design & Fabrication*		Product Design 1-3	Product Design 4			Computer Aided Design
Computer Science	AP Comp Science Principles	AP Computer Science A	Data Struct.			Web Development, Web Design Foundations
Applied Mathematics	AP Comp Science Principles	AP Computer Science A	AP Calc AB/BE, DFQ	AP Stats, Liner Algebra		
<b>AGRICULTURE &amp; NATURAL RESOURCES</b>						
Natural Resources	Environmental Club Participation		AP Enviro Science	CE Geology		AP Biology, Microbiology, Zoology

\*= CCIC/CCP pathways      ^=Can be OHS or CCIC/CCP pathways      \*\*=CTE pathways

## THE PATHWAYS

### ADVANCED MANUFACTURING

Fabrication | Production | Machining



### HOSPITALITY & TOURISM

CCICafé | ProStart  
Event Planning | Resort Management



### INFRASTRUCTURE ENGINEERING

Building Trades | Construction Management  
Big-Build Concept



### BUSINESS SERVICES

Entrepreneurship | Business Marketing  
Project Management



### IT & STEAM

Cybersecurity | Data Science | Drones  
Product Design | Virtual Reality | Robotics



### HEALTH & WELLNESS

Pharmacy Tech | CNA | OT/PT  
Behavioral Health Tech



### TRANSPORTATION

Auto Maintenance & Light Repair  
Aviation Maintenance





# Remember *who* this is for~

You are the most important part of your own equation!

## It's a Road Map- many paths, many destinations. Looking ahead keeps your options open!

- You don't have to choose "what you want to be when you grow up"
- You can get waaaaayyyy ahead of your high school diploma by creating a plan
- You deserve good things and to collect as many accolades as possible- even different diploma recognitions!
- **It is almost guaranteed that you will need some sort of further education and training after you leave us and will need to know how to create these types of course plans on your own**
- At course registration time (usually in February) Counseling gives you lots of materials- registration guides, elective planning sheets, and how to register videos to help you plan
- **Questions, come ask your counselor!**

## Start exploring your WHY:

Know yourself! Next, you will do some career searches, personality quizzes, learners assessments- know what makes you "tick" and learn how to use your strengths and interests to work for you!

Compliment yourself! Take the classes (they are free!) that capitalize on your strengths and interests, and build your resume- diploma accolades, industry certificates, internships, and so on

Challenge yourself! Keep evolving, everything you do shapes you- make it count!

All of your MyCap Naviance tasks will combine to create your Portfolio!