

Celebrating You~

Transitioning to High School and Beyond

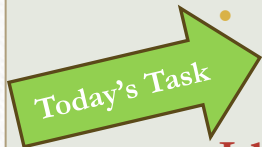
Now that you have started this High School journey, let's really get to know and celebrate what makes you- YOU! Follow your strengths and do what you love! Remember, whatever future career your education may lead you to, it will not define you as a person. But it can surely help to get paid and be successful in something you enjoy!

Acquiring Your Goals

Start with celebrating yourself, and focusing on what makes you

Begin with the end in mind:

- What are your goals, values and wants?
- What are your interests, abilities, classes you like, your learning style?



Identify your interests, then:

- **Explore** Careers that fit your results
- **Discover** what requirements those jobs have
- Fit similar classes into your current MyCAP
- **Plan** ahead and find the schools that offer those programs
- Remember what G.P.A and test scores those schools want



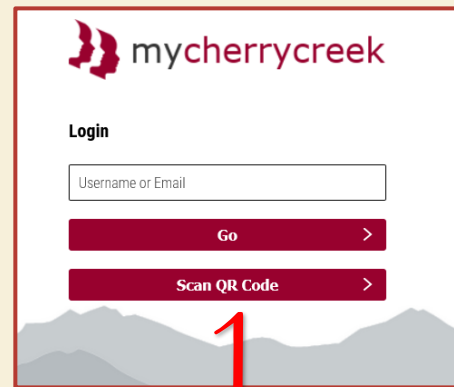
Identifying Your Strengths & Interests

As you are getting acquainted with High School you will become familiar with your tools and resources

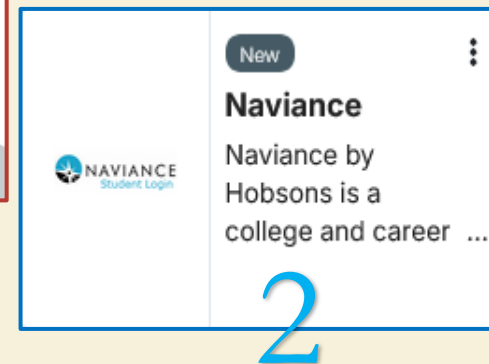
Through your transition class (Blazer 101, Blazer Academy, Avid or Newcomer, New Student Academy/Advisory) you will learn about:

- Powerschool, Schoology, Outlook
- How to use the OHS website
- Clubs, Activities, Sports
- Study & Academic supports
- GPA's & how to read a Transcript
- What an Icap is & how to build your MyCap
- What different degrees & awards you can earn
- How you can get College & High School credit
- How to access your supportive adults!

Together today we are starting our MyCap Journey on NAVIANCE!



1st- Log on to your MyCherryCreek Dashboard



2nd - Find and select the NAVIANCE tile

Logging into Naviance

Some of you may have been here before, some may not

Which school would you like to log in to?

We need more information

In order to log you in to Naviance we need you to identify your school.

Enter your school name, city, or zipcode

GO

Results for Overland High School

[Overland High School](#)

If there are multiple schools in your district, make sure you select the right one.



Welcome to Naviance Student.



Please choose your user type.

This allows Naviance to help you log in the way your school and district prefers.



Student



Parent or Guardian



Alumni

[I'm new and need to register!](#)

Welcome Student!



Login to Naviance



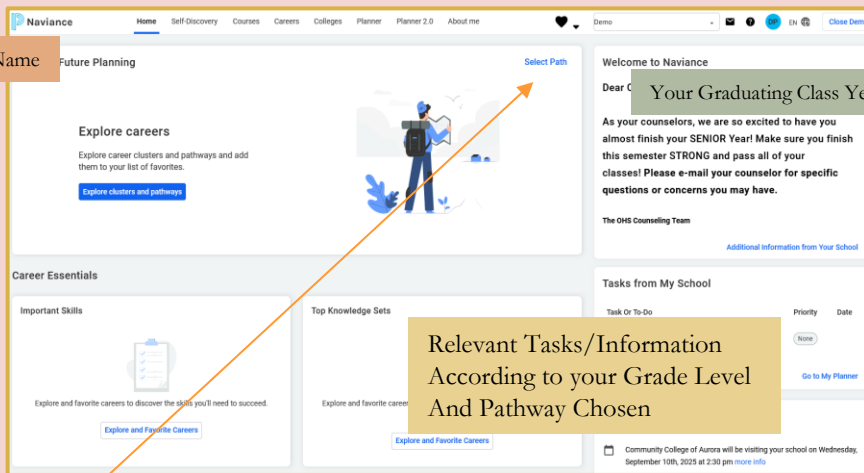
CONTINUE WITH SINGLE SIGN ON

CONTINUE WITH [Clever](#)

Naviance Starts with Self Discovery!

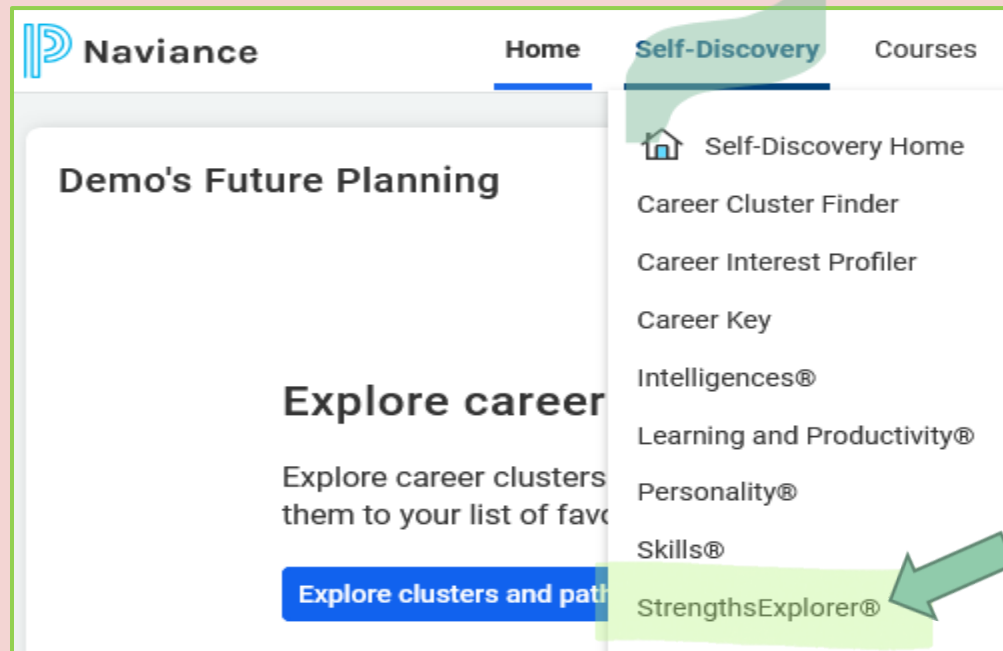
Whether or not you have been on Naviance before, we are all doing today's task together!

This is what your home screen will show:



If you would like to Select your Path to get Customized Information, click "Select Path" and chose from the options. This can be changed anytime.

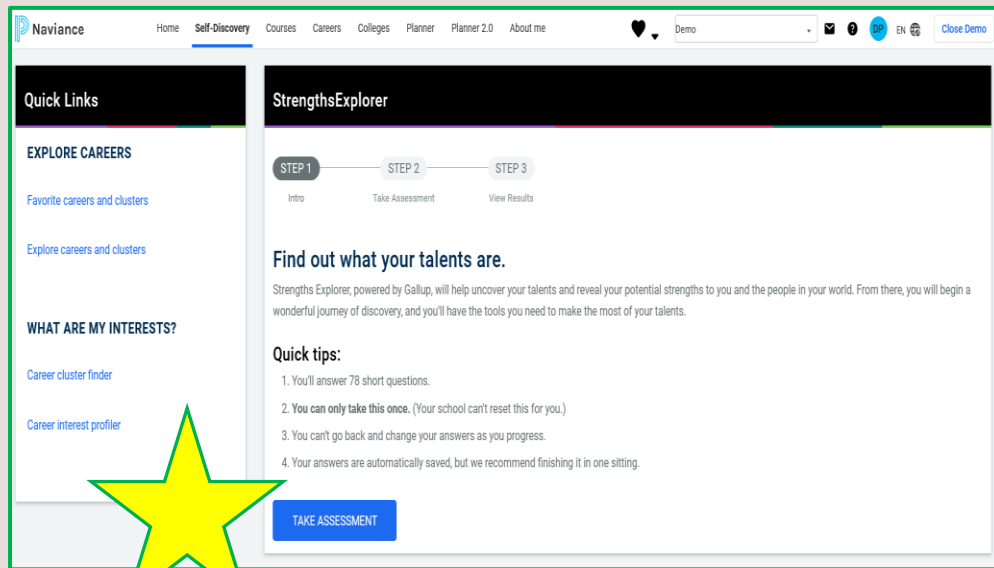
This is where we are going now:



Complete the Strengths Explorer

Answer thoughtfully and honestly, this survey can only be taken once.

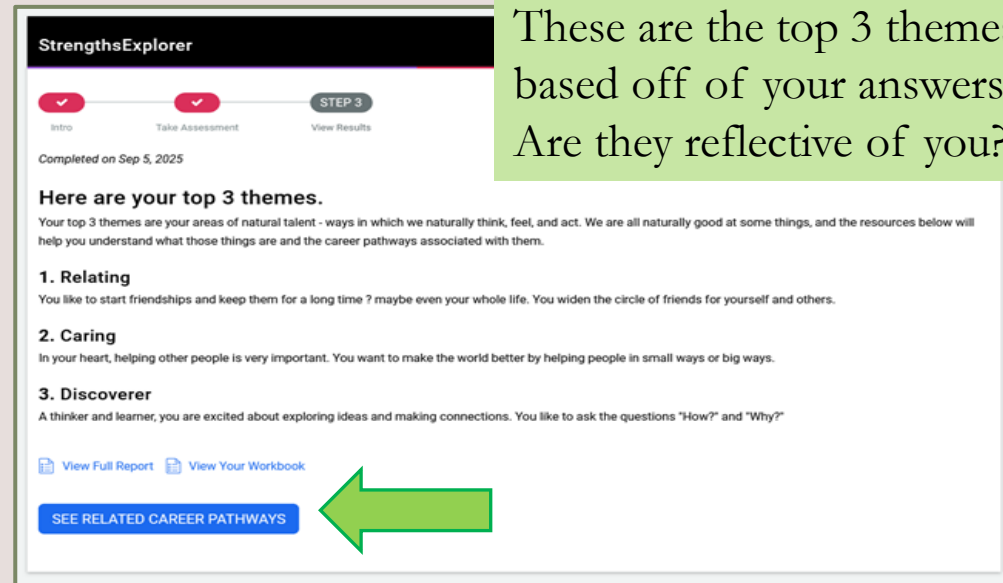
Hit "Take Assessment" & start



The screenshot shows the Naviance website's Strengths Explorer page. The navigation bar includes Home, Self-Discovery, Courses, Careers, Colleges, Planner, Planner 2.0, and About me. The main content area is titled 'StrengthsExplorer' and features a progress indicator with three steps: STEP 1 (Intro), STEP 2 (Take Assessment), and STEP 3 (View Results). Below the progress indicator, the text reads: 'Find out what your talents are. Strengths Explorer, powered by Gallup, will help uncover your talents and reveal your potential strengths to you and the people in your world. From there, you will begin a wonderful journey of discovery, and you'll have the tools you need to make the most of your talents.' A 'Quick tips' section follows, listing four points: 1. You'll answer 78 short questions. 2. You can only take this once. (Your school can't reset this for you.) 3. You can't go back and change your answers as you progress. 4. Your answers are automatically saved, but we recommend finishing it in one sitting. A blue 'TAKE ASSESSMENT' button is located at the bottom of the main content area. A yellow star is overlaid on the bottom left of the screenshot.

Once you are finished. Start playing around with the themes and career pathways

These are the top 3 themes based off of your answers. Are they reflective of you?



The screenshot shows the Strengths Explorer results page. The progress indicator shows STEP 1 (Intro) and STEP 2 (Take Assessment) as completed, with STEP 3 (View Results) as the current step. The text reads: 'Completed on Sep 5, 2025. Here are your top 3 themes. Your top 3 themes are your areas of natural talent - ways in which we naturally think, feel, and act. We are all naturally good at some things, and the resources below will help you understand what those things are and the career pathways associated with them.' The top 3 themes are listed: 1. Relating (You like to start friendships and keep them for a long time? maybe even your whole life. You widen the circle of friends for yourself and others.), 2. Caring (In your heart, helping other people is very important. You want to make the world better by helping people in small ways or big ways.), and 3. Discoverer (A thinker and learner, you are excited about exploring ideas and making connections. You like to ask the questions "How?" and "Why?"). At the bottom, there are links for 'View Full Report' and 'View Your Workbook', and a blue button labeled 'SEE RELATED CAREER PATHWAYS' with a green arrow pointing to it.

Each of the 3 top themes will come up with related Career Pathways.

Click on the ones you are interested in to start exploring what each Career has to offer

Strengths Explorer

Here are your related career pathways.
These areas are suited to your top 3 themes.

Relating Theme

PATHWAY Early Childhood Development and Services HUMAN SERVICES Favorite	PATHWAY Counseling and Mental Health Services HUMAN SERVICES Favorite	PATHWAY Personal Care Services HUMAN SERVICES Favorite
PATHWAY Information Support and Service INFORMATION TECHNOLOGY Favorite	PATHWAY Professional Sales MARKETING Favorite	PATHWAY General Management BUSINESS MANAGEMENT AND ADMINISTRATL... Favorite

Show more

Caring Theme

PATHWAY Family and Community Services HUMAN SERVICES Favorite	PATHWAY Production MANUFACTURING Favorite	PATHWAY General Management BUSINESS MANAGEMENT AND ADMINISTRATL... Favorite
PATHWAY Administration and Administrative Support EDUCATION AND TRAINING Favorite	PATHWAY Teaching and Training EDUCATION AND TRAINING Favorite	PATHWAY Therapeutic Services HEALTH SCIENCE Favorite

Show more

Discoverer Theme

PATHWAY Food Products and Processing Systems AGRICULTURE, FOOD AND NATURAL RESOURC... Favorite	PATHWAY Plant Systems AGRICULTURE, FOOD AND NATURAL RESOURC... Favorite	PATHWAY Power, Structural and Technical Systems AGRICULTURE, FOOD AND NATURAL RESOURC... Favorite
PATHWAY Agribusiness Systems AGRICULTURE, FOOD AND NATURAL RESOURC... Favorite	PATHWAY Counseling and Mental Health Services HUMAN SERVICES Favorite	PATHWAY Consumer Services HUMAN SERVICES Favorite

Show more

[BACK TO RESULTS](#)

Counseling and Mental Health Services

Helping others overcome challenges and live better lives. Counseling and mental health services is all about helping people feel better and solve problems. You get to work with all kinds of people, from kids to adults, and help them with things like feeling sad, worried, or stuck in life. It's like being a helper and a problem-solver all in one! You might work in a school, a hospital, or even have your own office. Every day, you get to make a real difference in people's lives.

Job growth in Colorado: +1.61%
Median salary in Colorado: \$94,101
Most common education: Master's degree

Is this pathway right for you?
This pathway aligns with your Social and Conventional traits. It fits well within the Human Services career cluster, providing opportunities to help others and work in organized settings. However, it does not match your preferred education path, which is unknown, and there are no matching capabilities.

Path: Master's degree
Choose a path to learn how this pathway aligns with your future plan.

Interest traits: Social, Investigative, Conventional

Career Cluster: Human Services

Capabilities: Oral Expression, Psychology, Social Perceptiveness and 6 more
Add capabilities to your Portfolio entries to learn how this pathway aligns.

How this matches your profile: Matches your profile

General information
Overview
Counseling and mental health services is a field dedicated to helping individuals, families, and groups overcome personal, social, and psychological challenges. Professionals in this field use their expertise in psychology and therapy to guide clients towards better mental health and improved life circumstances. Key tasks include conducting risk assessments, providing individual and group counseling, maintaining confidential records, and developing action plans with clients. The work requires strong social perceptiveness, active listening skills, and the ability to communicate effectively both verbally and in writing. Knowledge of psychology and therapeutic techniques is crucial, as is an understanding of customer service principles. Practitioners must be able to establish and maintain interpersonal relationships, gather information effectively, and make decisions to solve complex problems. Personal qualities such as integrity, concern for others, and dependability are essential. Technology skills, particularly in office software and electronic communication tools, are increasingly important in the field. The job often involves coordinating with other professionals, managing activities, and may require...

Read more

What is a typical day like?
As a licensed therapist, I provide psychotherapy for clients in-person and via Telehealth. Every day I create a safe space where young Black men can open up, process emotions, and break free from what's holding them back. Using cognitive and dialectical behavioral therapy, I help my clients uncover the root causes of their struggles and build a mindset for growth. No two sessions are the same—my job is to listen, challenge, and guide people toward healing and self-discovery.
Anthony Moody
Role: Licensed Professional Counselor Associate | Company:

Additional information

Tasks: The most important tasks include interacting with clients, conducting risk assessments, counseling individuals and groups, and maintaining accurate records.

Skills and knowledge necessary: Key skills and knowledge areas include social perceptiveness, active listening, psychology, and therapy techniques.

Technology skills: Important technology skills include proficiency in office suite software, spreadsheets, and electronic communication tools.

Employment
National averages
Projected growth: +7.74%
Entry-level salary: \$47,033
Median salary: \$86,512

Current Demand: Medium
The field of counseling and mental health services is experiencing moderate growth with a projected annual increase of 0.77% in job opportunities across the United States.

States with the highest demand: Utah, Tennessee

Counseling and Mental Health Services
General information | Employment | Education | Roadtrip Nation | Plan of study | Careers in pathway | Military careers | Similar pathways

Most common ways of education among careers in the pathway

4-year degree: 21.23%	Master's degree: 52.04%	4-year degree & certificate: 0.09%
Doctoral degree: 20.46%	Professional degree: 3.83%	Some college courses: 3.85%
Doctoral degree & training: 17.65%	Master's degree & certificate: 11.81%	2-year degree: 8%
	High school diploma: 14.05%	

Smart summary
A Master's degree is typically needed for this career. Important qualities and subject areas to focus on include psychology, therapy techniques, social perceptiveness, and active listening skills.

Each Career Pathway will give you information on salary, what the job is like, what education you need, what majors lead to those Careers.

Scroll down the Naviance page for more videos and information!

What Comes Next?

Our next Naviance task will be starting to develop your MyCap. Until then, make sure you are using your Transition class to learning about:

- GPA's & how to read a Transcript
- What different degrees & awards you can earn
- How you can get College & High School credit
- How to access your supportive adults!

We will soon be entering the Exploring phase. If you want to do more to discover your Strengths & Interest, check these out!

YOUR PERSONALITY IS THE KEY!
DO PERSONALITY INVENTORIES FIT INTO CAREER SEARCHES? YES! YOU ARE AN INDIVIDUAL & CAN CREATE YOUR OWN PATH. CAREER CONCENTRATIONS ARE GUIDES THAT CAN HELP YOU SEE WHERE TO FOCUS AND TO KNOW WHAT YOUR OFFERINGS ARE. FIND A FIELD YOU ARE INTERESTED IN AND SEE HOW IT FITS IN WITH A PERSONALITY QUIZ AND THE TYPES OF INTELLIGENCE THAT MAKES YOU SHINE!

Types of Intelligence:
spatial: thinking in 3D
naturalist: connecting with nature
intrapersonal: understanding your own feelings and thoughts
linguistic: using words to express ideas
bodily-kinesthetic: using your body to express ideas
interpersonal: understanding other people's feelings and thoughts
existential: thinking about life and death
logical-mathematical: using numbers and logic

Personality Types:
ANALYSTS: logical, organized, detail-oriented
DIPLOMATS: outgoing, people-oriented, persuasive
SENTINELS: practical, organized, detail-oriented
EXPLORERS: curious, adventurous, independent

Take the quiz here

