

# DECEMBER 2025

## BLUE MOUNTAIN UNION SCHOOL

All Student Meals are Free  
 Adult Breakfast: \$ 4.00  
 Adult Lunch: \$5.50

### Monday

**Mac and Cheese** 1  
 Roasted Broccoli  
 Garlic Bread  
 Fresh Fruit & Salad Bar

### Tuesday

**Ultimate Nachos** 2  
 Beef or Bean  
 Corn, Fresh Pico de Gallo  
 Fresh Guacamole  
 Salsa, Sour Cream  
 Fresh Fruit & Salad Bar

### Wednesday

**Fresh Hand Tossed Pizza** 3  
**Pepperoni or Cheese**  
 Sweet Potato Fries  
 Caesar Salad  
 Fresh Fruit & Salad Bar

### Thursday

**Pasta with** 4  
**Meat Sauce or Marinara**  
 Roasted Green Beans  
 Dinner Roll  
 Fresh Fruit & Salad Bar

### Friday

**Early Release Day** 5  
**Crispy Chicken Sandwich**  
**On a Bun**  
 Tater Tots  
 Fresh Fruit & Salad Bar

**Generals Chicken** 8  
 or Tofu, Broccoli  
 Fried Rice  
 Spring Rolls  
 Fresh Fruit & Salad Bar

**Chicken, Steak or Bean** 9  
**Burrito Bowl**  
 Brown Rice, Beans  
 Corn, Fresh Pico de Gallo  
 Salsa, Sour Cream, Fresh Guac  
 Fresh Fruit & Salad Bar

**Fresh Hand Tossed Pizza** 10  
**Pepperoni or Cheese**  
 Sweet Potato Fries  
 Caesar Salad  
 Fresh Fruit & Salad Bar

**BMU Bowls** 11  
 Chicken Nuggets or  
 Mashed Potato, Corn, Gravy  
 Fresh Fruit & Salad Bar

**Chicken Broccoli Alfredo** 12  
 Garlic Knot  
 Fresh Fruit & Salad Bar

**Brunch for Lunch** 15  
 French Toast Sticks  
 Scrambled Eggs  
 Sausage  
 Roasted Home fries  
 Fresh Fruit & Salad Bar

**Walking Tacos** 16  
 Beef or Bean  
 Corn, Fresh Pico de Gallo  
 Fresh Guacamole  
 Salsa, Sour Cream  
 Fresh Fruit & Salad Bar

**Fresh Hand Tossed Pizza** 17  
**Pepperoni or Cheese**  
 Sweet Potato Fries  
 Caesar Salad  
 Fresh Fruit & Salad Bar

**Cheesy Breadsticks** 18  
 Marinara  
 Roasted Broccoli  
 Fresh Fruit & Salad Bar

**Popcorn Chicken** 19  
 Roasted Potato Wedges  
 Fresh Fruit & Salad Bar



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*HAPPY*  
**Holidays**

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### Breakfasts Available Everyday

Choices Like:

Breakfast Sandwiches, Bagels, Cereal, Yogurt  
 with Granola, Muffins & Breakfast Breads  
 1% Milk, Skim Milk and 100% Juices

Please contact Paul Pellegrino with any  
 questions or comments.  
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This Institution is an equal opportunity provider

Full Custom Sandwich Station available  
 every day for grades 5-12  
 Peanut Butter & Jelly or Ham & Cheese  
 Sandwiches are always available everyday as  
 a substitute for any entrée meal.