



## Robert Moton Elementary

1413 Washington Road; Westminster, MD 21157  
Phone: (410) 751-3610 \* Fax: (410) 751-3927

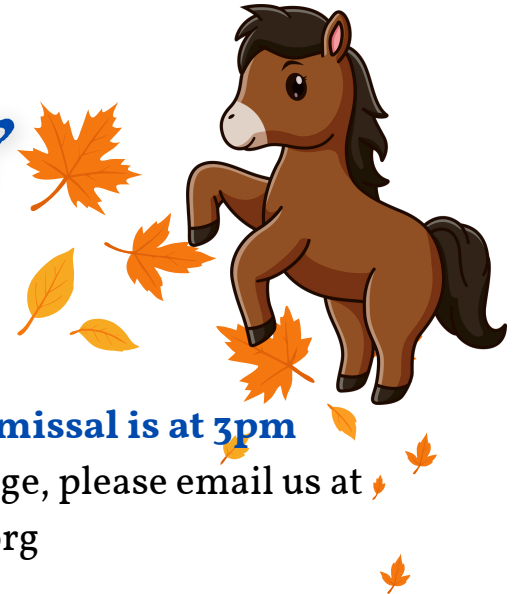
Justin Watts  
Principal

Kim DeShong  
Assistant Principal

Kelly May  
Assistant Principal

# Mustang Messenger

## November 21st, 2025



**School starts at 8:30, doors open at 8, Dismissal is at 3pm**

If your student is absent or has a dismissal change, please email us at [rmeattendance@carrollk12.org](mailto:rmeattendance@carrollk12.org)

**Reminder:** You can **NOT** walk your student down to their classrooms for any reason, it is a **Security Risk**, all goodbyes should be said in the lobby

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## Important Links and Info



[Check out our website](#)



[Follow us on Facebook](#)



[Follow us on Instagram](#)

- **Please DO NOT park in the bus loop (along the front sidewalk),** we have buses throughout the day that need access to that area.
- You will need a photo ID to pick up your child from school **at any time**
- **Only live in guardians can pick up students without prior authorization** - this includes emergency contacts unless contacted by the nurse
- **Dismissal changes must be made by 1pm,** if not they will require administrator approval and may not be honored



# MARK YOUR CALENDAR - UPCOMING EVENTS

November 26<sup>th</sup> - EARLY DISMISSAL - we will dismiss at 12:15  
(note there is no YMCA Aftercare or Boys & Girls Club this day)

November 27-28 - NO SCHOOL - Happy Thanksgiving!

December 3 - Conference Night

December 11 - Gingerbread Escape Night

December 12 - EARLY DISMISSAL- we will dismiss at 12:15

December 12 - Winter Concert

## Weekly Lunch Schedule



November 23-29 2025

Robert Moton Elementary  
Lunch

### MONDAY

24

- Entree Choices
  - Garlic Cheese Pizza
  - Orange Chicken over Rice
  - Crispy Chicken Salad
- Grab and Go Combo
- Featured Sides
  - Baked Beans
- Fruit and Vegetable Bar

### TUESDAY

25

- Entree Choices
  - Nachos Grande
  - Popcorn Chicken with Dinner Roll
  - Crispy Chicken Salad
- Grab and Go Combo
- Featured Sides
  - Corn
- Fruit and Vegetable Bar

### WEDNESDAY

26

- Entree Choices
  - French Toast Sticks with Sausage Patty
  - Garlic Cheese Pizza
  - Crispy Chicken Salad
- Grab and Go Combo
- Featured Sides
  - Tater Tots
- Fruit and Vegetable Bar

### THURSDAY

27



Thanksgiving Holiday

### FRIDAY

28



Thanksgiving Holiday

**Fruit and Vegetable Bar:** Applesauce , Cinnamon Applesauce , Fresh Apples , Diced Pears , Fresh Pears , Chilled Peaches , Bananas , Fresh Grapes , Fresh Carrots , Cucumber Coins , Tossed Salad , Coleslaw , Green Peppers and Cherry Tomatoes , Red Pepper Hummus

**All menus are subject to change.** We make it our priority to serve the menu as planned, but sometimes situations arise where we need to make substitutions. We will make every attempt to substitute similar products when they are available. We appreciate your understanding.

**Milk Choices:** Nonfat Milk , Low Fat Milk , Nonfat Chocolate Milk



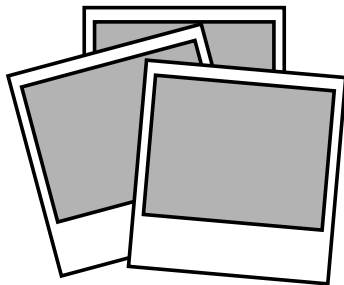
## **Parent-Teacher Conference Sign-Up Now Open!**

Our next Parent-Teacher Night will be held on Wednesday, December 3 from 3:30 - 6:30pm. This is a great opportunity to connect with your child's teacher(s) and discuss their progress.

Sign up online here: <https://bit.ly/RMEDec3Conference>

**Conference spots fill up quickly,  
so be sure to reserve your time early!**

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**Picture Retakes**  
**November 25<sup>th</sup>**  
**10:30am-1pm**

***If your child was absent on the original picture day  
they will automatically have their picture taken if  
they are present for retake day***

***If you want to request your child's picture to be retaken,  
please have them bring in their old photo packet to hand  
to the photographer on the 25th***



I'm not sure about you, but I thrive in sunlight and warm weather. When Daylight Savings hits in the fall and the temperatures start to drop, so does my mood! I can tie a direct correlation between these seasons and feeling more irritable or sloth-like. Instead of staying stuck, I have found that if I intentionally look for little glimmers of good and shift my mindset to seek out the positive, that my whole demeanor changes.

It takes some doing to get in the habit of cultivating gratitude.

As I was thinking of how to share my thoughts with you, I found this calendar, made by Elyse at Proud to be Primary and it's so simple and perfect to get you and your family started on a gratitude journey for the month of November!

Each day has a topic where you can identify something you are thankful for based on that theme of the day. Maybe it's a dinnertime conversation or as everyone is going to bed, taking a few minutes to share about what you are grateful for and what your kids think too.

There are so many things that drain our time, resources, and energy. It can be easy to get sucked into a spiral of anxiety and negative thinking. We can all use a little boost to bring more positivity into view!

## Gratitude calendar

Reflecting on gratitude performed by \_\_\_\_\_

food 1	family 2	outside 3	sport or 4 activity	in summer5	hobby 6	place 7
memory 8	subject 9	vacation 10	winter 11	school supply 12	in your closet 13	game 14
season 15	teacher 16	show 17	in your fridge 18	day 19	in your house 20	in fall 21
holiday 22	in spring 23	toy 24	friend 25	movie 26	a skill 27	store 28

# The PAX Post

The past 2 weeks have been really exciting as we've been teaching staff about the PAX Good Behavior Game. The PAX Good Behavior Game (GBG) is the culmination of all the kernels and components of PAX that we have been teaching up to this point. Read below for more information.



**pax** | Good Behavior Game

## The PAX Game

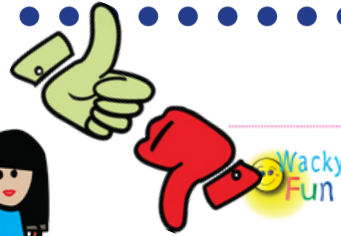
- **The PAX Game** is the most proven classroom-based prevention strategy.
- Encouraging children
- to make good choices for themselves and every one else while avoiding negative choices builds self-regulation that lasts a lifetime. Research has shown the self-regulation that comes from the PAX Game to improve test scores and graduation rates—and even reduce drug addiction, violence, and psychiatric disorders when children reach adulthood.

### Right away, **The PAX Game** will help students...

- Work better as part of a team.
- Improve their focus on the task at hand.
- Avoid problematic choices and behavior.

### In the long run, **The PAX Game** helps students...

- Make positive choices for their futures.
- Actively avoid distracting, harmful, or dangerous behaviors.



**Pencil Tapping  
(Drum Solo)**

Suggested Time: \_\_\_\_\_

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Here are some questions you can ask your child about using **The PAX Game**:

1. Where did you get to play the PAX Game today? How did it go?
2. What prize did everyone get?
3. Where else do you think you all should play the PAX Game? Why is that?



How does playing the **PAX Game** make your school more wonderful?

Note: Think about relationships with classmates, how it might help you learn, how it helps your school to be a more peaceful, productive, healthy and happy place.

# PAX Game Story

While cleaning up a game of Uno:

“Guess what, we played a game at school today too.”

“Oh, was it a game like Uno?”

“No, we played a PAX Game for five minutes today.”

“How do you play a PAX Game?”

“We are all on teams and we work together to avoid Spleems. Today was the first time we played for five minutes. And all the teams won!”



“All the teams won? How does that work?”

“Every team can win as long as they don’t get too many Spleems.”

“Oh, so everyone has a chance to succeed. So, how many Spleems are allowed?”

“As long as your team gets three or less Spleems, you get to do a Granny’s Wacky Prize.”

“Hey, haven’t you already told me about Granny’s Wacky Prizes?”

“Yes, but it was a different prize this time. We got to make paper airplanes and fly them for 1 minute.”

“That sounds fun. Do you get to choose who is on your team?”



“The teacher puts us on teams, but each team gets to choose their own animal name.”

“Cool, what is your team’s name?”

“We are the jaguars.”

“So, will you be on the same team all year?”

“No, the teacher said we will change teams every three weeks.”

“Ok, so by the end of the year you will probably be on a team with everyone in your class.”

“That’s right, I am going to be on teams with everyone. Even the kids I do not get along with.”

“I guess you will have to figure out how to work together with all of your classmates.”

“Yep, I will be a PAX Leader.”

