Jane Addams College of Social Work Training Institute
in partnership with FamPac Wellness Center

Creative Solutions: Using Expressive Arts in Play Therapy To Foster Healing

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Workshop Presenters: Michelle-Ann Rhoden Neita, PhD, LCSW, RPT ™ &
Leah R. Jones, LPC, ATR-P

Date/Time: December 11, 2025, 8:30 a.m. - 3:30 p.m.
Location: UIC Jane Addams College of Social Work, 4th Floor
1040 W. Harrison St, Chicago, IL, 60607

DESCRIPTION

Expressive arts is a common technique used in play therapy to foster healing and growth. This experiential workshop will focus on integrating expressive arts in play therapy at each phase of the therapeutic process. Join us as we apply various expressive arts modalities to achieve the therapeutic powers of play.

REGISTRATION LINK

https://appserv7.admin.uillinois.edu/FormBuilderSurvey/Survey/UIC_JACSW/jacswsswp/training/

REGISTRATION FEE: $85

(includes 6 CEUs/PDHs, continental breakfast & lunch)

*If Play Therapy CE credit is desired, additional fee will be charged. Inquiries can be directed to info@fampacwellness.com

Play Therapy Series Workshop #1
If you have questions, please send an email to:
JACSWSSWP@LISTSERV.UIC.EDU

LEARNING OBJECTIVES

By the end of this workshop, participants will be able to:

- Define expressive arts modalities and understand its therapeutic benefits.
- Identify at least 3 theoretical foundations connecting expressive arts to play therapy.
- Explain how expressive arts and play therapy can be used at various stages of the therapeutic process.
- Apply various expressive arts modalities in facilitating emotional expression and regulation, building social relationships, facilitating processing, and promoting wellbeing.
- Explain adapting expressive arts activities and play therapy to diverse populations.
- Integrate expressive arts approaches in play therapy at their own clinical or school-based settings.

*FamPac Wellness will provide six (6) contact continuing education specific to play therapy for this training. APT Approved Provider 25-796 and maintains responsibility for the program.