



SACRED HEART CHURCH

9460 N.E. 14TH STREET • BELLEVUE, WA 98004 • 425-454-9536
sacredheart.org

NOVEMBER 23, 2025

LITURGY SCHEDULE

Sunday Mass

9:00 AM, 11:00 AM, and 5:00 PM Mass

Saturday Vigil Mass

5:00 PM

Confessions

Wednesday 8:15 - 8:35 AM

Saturday 3:00 - 4:30 PM

Weekday Rosary

Monday, Thursday and Friday

8:15 AM

Wednesday

8:00 AM

Weekday Mass

Monday, Wednesday, Thursday and Friday

8:45 AM

First Friday of the Month Mass 7:00 AM

Rosary Group

Monday 7:00 PM

Weekly Eucharistic Adoration

Thursday 2:00 - 4:00 PM

First Friday of the Month Eucharistic Adoration

9:30 AM - 11:00 AM

Sacrament Preparation

425-454-9536

OFFICE HOURS

Parish

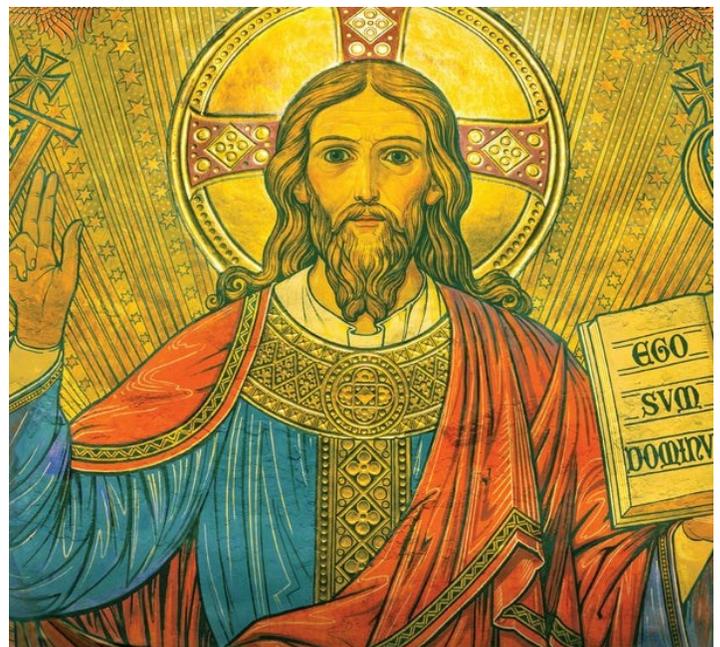
8:30 AM - 4:00 PM Mon - Fri

School

8:00 AM - 4:00 PM Mon - Fri

OUR MISSION STATEMENT

Sacred Heart Parish
 is a welcoming Catholic community,
 which inspires faith in God,
 through prayer, sacraments, and service,
 while living Gospel values,
 as faithful followers of Jesus Christ.



OUR LORD JESUS CHRIST, KING OF THE UNIVERSE

He said, "Jesus, remember me when you come into your kingdom." He replied to him, "Amen, I say to you, today you will be with me in Paradise." - Lk 23:42-43

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

PARISH CALENDAR

Sunday November 23

OUR LORD JESUS CHRIST, KING OF THE UNIVERSE

9:00 AM	Mass
11:00 AM	Mass with CLOW
12:30 PM	NO Sunday School
5:00 PM	Mass
5:00 PM	Emmaus Youth Mass & Dinner

Monday November 24

Saint Andrew Dung-Lac, Priest, and Companions, Martyrs

8:15 AM	Rosary
8:45 AM	Mass
6:30 PM	NO OCIA Group
7:00 PM	Rosary Group

Tuesday November 25

Saint Catherine of Alexandria, Virgin

10:00 AM	Stitchers with Heart Group
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Wednesday November 26

Weekday

Parish Office Closes at Noon in Observance of the Thanksgiving Holiday

8:15 AM	Rosary
8:15 AM	Confessions
8:45 AM	Mass
4:00 PM	NO Middle School Youth Group
6:25 PM	NO High School Youth Group

Thursday November 27

Thanksgiving Day

Parish Office Closed for Thanksgiving Holiday

8:15 AM	No Rosary
8:45 AM	Thanksgiving Day Mass

NO Eucharistic Adoration



Friday November 28

Weekday

Parish Office Closed for Thanksgiving Holiday

8:15 AM	Rosary
8:45 AM	Mass

Saturday November 29

Blessed Virgi Mary

8:00 AM	Women's Group & Men's Group
3:00 PM	Confessions - Reconciliation Chapel
5:00 PM	Vigil Mass

Sunday November 30

FIRST SUNDAY OF ADVENT

9:00 AM	Mass
11:00 AM	Mass - NO CLOW
12:30 PM	NO Sunday School
5:00 PM	Mass

PARISH STAFF

PARISH OFFICE

425-454-9536

Rev. Kurt Nagel, Pastor ext. 10109
frnagel@sacredheart.org

Rev. Joseph L. Akor, Parochial Vicar ext. 10113
frakor@sacredheart.org

Cathleen Adams, Pastoral Assistant for Children's Faith Formation
cadams@sacredheart.org ext. 10112

James Applegate, CPA Bookkeeper/Accountant
japplegate@sacredheart.org ext. 10154

Bridget Darrow, Pastoral Assistant for Administration
bdarrow@sacredheart.org ext. 10102

Robert Eubanks, Facilities Supervisor
reubanks@sacredheart.org ext. 10157

Linda Geere, Pastoral Assistant for Pastoral Care
lgeere@sacredheart.org ext. 10108

Kelsey Heintz, Pastoral Assistant Middle School Youth Ministry
kheintz@sacredheart.org

Phoebe Kwan, Pastoral Assistant for Liturgy
pkwan@sacredheart.org ext. 10110

Susan Olmos, Pastoral Assistant for Liturgical Music
solmos@sacredheart.org ext. 10106

Lucy Paulsen, Admin. Assistant for Giving, Data & Sacramental Records
lpaulsen@sacredheart.org ext. 10103

Sharon Phillips, Pastoral Assistant High School Youth Ministry
sphillips@sacredheart.org ext. 10114

Annette Seats, Pastoral Assistant for Communications & Stewardship
aseats@sacredheart.org ext. 10105

Nila Snyder, Admin. Assistant for Reception & Sacramental Registration
nsnyder@sacredheart.org ext. 10100

PARISH SCHOOL

425-451-1773

David Burroughs, Principal
Erica Pierson, Vice-Principal

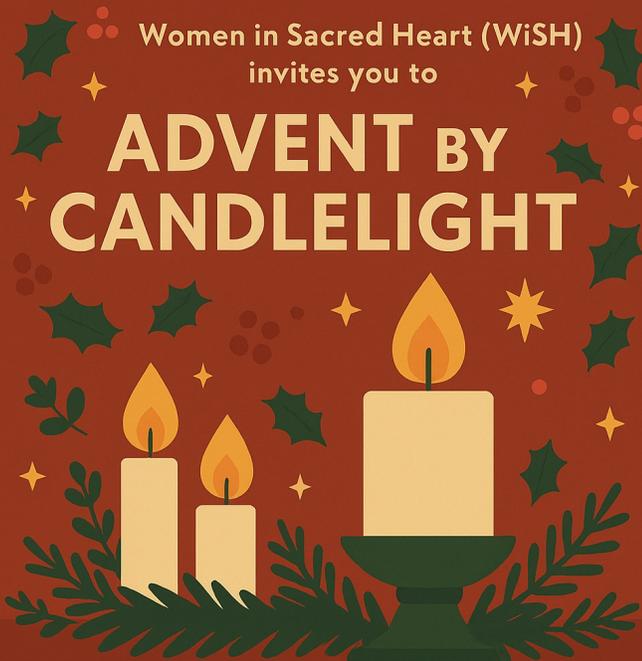
PARISH LEADERSHIP

- Pastoral Council:
Charlie Herb
- Finance Council:
Douglas Withers
- School Commission:
Charlie Herb
- Community Outreach Commission:
Diana Schiro & Jackie Weeks
- Worship Commission:
Phoebe Kwan

Sacred Heart Church is open weekdays from 8:00 am - 3:00 pm. (Thursdays until 4:00 pm)

Women in Sacred Heart (WiSH)
invites you to

ADVENT BY CANDLELIGHT



Join us in the spirit of peace and friendship
to connect, socialize, and kick off the holiday
season. Enjoy complimentary refreshments,
music, and reflection.

SUNDAY, DECEMBER 7TH • 6–8 PM
SACRED HEART SCHOOL GYMNASIUM

PLEASE RSVP TO INFO@SACREDHEART.ORG.

Upcoming Funeral



Vernon Slagle, December 6th at 1:00 PM

Behold the Lamb Quick Weekly Lessons on the Sacred Liturgy



Once the Priest finishes his homily, he proceeds back to his chair and pauses for a moment of silence. Then, on Sundays, he invites us to “profess our faith”. Having heard the Word of God, we respond by reciting the Nicene Creed in which “the faith of the Church [is] professed personally by each believer” (CCC 167). Each stanza starts with, “I believe,” as we confess our belief in each of the three Divine Persons and the Church. In each stanza of the Creed the story of our salvation from the beginning of time until now is recounted. When we reach the words, “and by the Holy Spirit was incarnate of the Virgin Mary, and became man,” we bow in humble awe of our Lord who left the heights of Heaven to take on the poverty of our human condition to save us. By reciting the Creed each week, we are challenged to not only confess “I believe” intellectually, but personally. We are challenged to let the faith we confess actually transform our lives. If this is the story of *our* salvation, it demands of us a personal choice to make Jesus the center of our lives. When we say individually, “I believe,” we make a choice to act according to what we profess.

Advent by Candlelight 2025 is fast approaching! Join us for a night of faith, community and friendship as we focus on the Advent Season. Individual sign ups have begun. To sign up to attend, please email info@sacredheart.org. We look forward to seeing you there!”

Advent by Candlelight Volunteers Needed

We are seeking volunteers to help with the third annual Advent by Candlelight event on Sunday, **December 7th**. We need middle school and high school students, as well as adult volunteers to assist with the setup, registration and breakdown duties for this event.

Students will earn service hours for their participation. Please take a moment to review the sign-up [here](#) or scan the QR code.




Thanksgiving

MASS TIMES

Sacred Heart: 8:45 AM
St. Monica: 10:00 AM

ADMINISTRATION & STEWARDSHIP

PARISH STEWARDSHIP OF TREASURE.

WE ARE CALLED
TO SHARE
OUR TREASURE
WITH OTHERS.



As we conclude our Stewardship of Treasure pledge time, we give thanks for the many parishioners who have responded with faith and generosity. Your commitment is a beautiful expression of gratitude to God and a sign of your dedication to Sacred Heart Parish. Together, we are building a stronger, more vibrant community—one rooted in prayer, service and the mission of helping one another encounter Jesus Christ. If you haven't yet made your stewardship commitment, there's still time. Join us in this shared mission and be part of the good work God is doing through our parish. It's easy to make your stewardship of treasure pledge to our parish by visiting our website to access the online giving at sacredheart.org, scanning the QR code or picking up a pledge card in the Narthex. Thank you for your continued support and faithful witness!



SACRED HEART PARISH ADVENT GIVING TREE 2025



The Advent Giving Tree tradition at Sacred Heart is continuing this year for the Advent Season. Starting next weekend, the tree will be displayed in the Narthex through December 14th, and an additional tree will also be set up in the school. We invite you to choose one or more ornaments from the tree and follow the instructions on the labels. This year we are supporting the following 8 organizations:

- **Prepares** - pregnancy and parenting support.
- **Jubilee Reach** - supports Bellevue area school kids and families in need.
- **Immaculate Conception** - The oldest standing Catholic church in downtown Seattle, built in 1904, serving a diverse community.
- **St. Francis House** - supports the working poor and homeless in Seattle.
- **Operation Nightwatch** - serves homeless in Seattle.
- **Sophia Way** - serves the Eastside homeless women.
- **St. Francis Mission** - Sacred Heart sister school on the Rosebud reservation in South Dakota.
- **Mary's Place** - a shelter for women and families. They have five emergency shelters in King County.

Please place gifts under one of the trees by December 14th with the ornament attached. Gift cards, with attached ornaments, can be deposited in the Advent Tree collection box, adjacent to the trees. Thank you very much for your support! Questions: Jackie Weeks, Weeksj4@gmail.com

WEEKLY READINGS

Sunday 11/23

2 Samuel 5:1-3
Psalm 122:1-5
Colossians 1:12-20
Luke 23:35-43

Monday 11/24

Daniel 1:1-6,8-20
(Psalm) Daniel 3:52-56
Luke 21: 1-4

Tuesday 11/25

Daniel 2:31-45
(Psalm) Daniel 3:57-61
Luke 21:5-11

Wednesday 11/26

Daniel 5:1-6,13-14,16-17,
23-28
(Psalm) Daniel 3:62-67
Luke 21:12-19

Thursday 11/27

Daniel 6:12-28
(Psalm) Daniel 3:68-74
Luke 21:20-28

Friday 11/28

Daniel 7:2-14
(Psalm) Daniel 3:75-81
Luke 21:29-33

Saturday 11/29

Daniel 7:15-17
(Psalm) Daniel 3:82-87
Luke 21:34-36

Sunday 11/30

Isaiah 2:1-5
Psalm 122:1-9
Romans 13:11-14
Matthew 24:37-44

MASS INTENTIONS

Sunday 11/23

9:00 AM Mass: RIP BART HARTZELL by Luz Hartzell

11:00 AM Mass: RIP PATRICK REILLY
by Susan Bergeson

5:00 PM Mass: PRIEST PRIVATE INTENTION

Monday 11/24

RIP KAY REILLY by Marian Middleton

Wednesday 11/26

RIP RYAN FLATTEN by Schiro Family

Thursday 11/27

INT THE PARISHIONERS OF SACRED HEART

Friday 11/28

RIP FRANCISCO LEE-LLACER by Mary Jane Lacist

Saturday 11/29

INT THE PARISHIONERS OF SACRED HEART

Sunday 11/30

9:00 AM Mass: RIP SUZIE SUGARMAN
by Dottie McGowan

11:00 AM Mass: RIP PATRICIA LANTZY
by Christina Jaramielo

5:00 PM Mass: PRIEST PRIVATE INTENTION

PLEASE PRAY FOR:

The Sick

Jack Dolan

The Deceased

Dee Humm

James Carlson

ARE YOU UNABLE TO ATTEND MASS?

If you are unable to attend Mass in person due to poor health, advanced age or recovering from surgery and would like to receive Holy Communion at home, please contact Linda Geere in the parish office at 425-454-9536.

Eucharistic Adoration

Eucharistic Adoration is the beautiful devotion of praying before Jesus in the Blessed Sacrament. You are invited to attend Adoration, scheduled for **2:00-4:00 pm** on Thursdays and **9:30-11:00 am** on first Fridays of the month.



“Our faith in the Eucharistic presence of Christ naturally leads us to moments of prayer before the Blessed Sacrament.” *Archbishop Etienne*

POPE’S PRAYER INTENTION - NOVEMBER

For the Prevention of Suicide

Let us pray that those who are struggling with suicidal thoughts might find the support, care and love they need in their community, and be open to the beauty of life.

EMERGENCY HELPLINE NUMBERS

988: Suicide and Crisis Lifeline
Narcotics Anonymous: 206-790-8888
Alcoholics Anonymous: 206-587-2838
Suicide Crisis Hotline: 206-461-3222
WA State Domestic Violence: 1-844-762-8483
National Domestic Violence: 1-800-799-safe
Teen Link: 1-866-833-6546
Al-Anon: 206-625-1000

CHILDREN'S FAITH FORMATION



**No Sunday School
November 23rd & 30th
Happy Thanksgiving
to all our Families!**

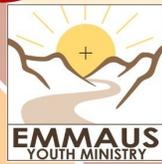


Join us for Children's Liturgy of the Word (CLOW)
at the 11:00 AM Mass on November 23rd
Sunday School Resumes on December 7th
Grades K—5th, 12:30 to 1:30 PM

Middle and High School

No Youth Group

This Week!



**Sacred Heart Book Club
Tuesday, December 2nd at 7:00 PM
Parish Conference Room 1**

(Located through main entrance of parish office)

Looking for something interesting and mind boggling to read this month? Please join us for a discussion of: ***The Body: A Guide for Occupants* by Bill Bryson**, a head-to-toe tour of the marvel that is the human body. Everyone is welcome! Contact Annelies Smith at 425-444-9450 or ybugmom@comcast.net for more information or to be added to the email list.



SACRED HEART SCHOOL

Calling all Children ages 6 to 12 to join the
Sacred Heart Children's Choir
CHRISTMAS EVE 2025 - 4PM MASS

Mauro Bonfanti,
Choir Director



Maria Zheng
Pianist

Your singer must attend all 4 rehearsals: November 25; December 2, 9 & 16 in the Church (side door entrance) Rehearsal Time: 3:30 to 4:15 pm. Maximum 40 children allowed in the order of registration. Pick up a registration form in the Narthex or parish office.



YOUNG CATHOLIC
PROFESSIONALS
SEATTLE

Door of Hope

ADVENT RETREAT

LED BY ABBOT MARION Q. NGUYEN, O.S.B.

"I am the door; if any one enters by me, he will be saved, and will go in and out and find pasture."

- John 10:9

Saturday, December 6
9:00am-5:00pm

Holy Rosary Parish
630 7th Ave N
Edmonds, WA

Members: FREE
Non-members: \$20

Register



Open to young professions in their 20s and 30s



Opus 7
VOCAL ENSEMBLE

OPUS7.ORG

Britten's Saint Nicolas

OPUS 7'S HOLIDAY TRADITION RETURNS TO ST. JAMES CATHEDRAL!

Come experience the wonder!

This semi-staged production features 150+ singers, tenor, treble, and string soloists, historic vestments, piano, organ, and chamber orchestra in the beautiful St. James Cathedral

OPUS 7 VOCAL ENSEMBLE
LOREN W. PONTEN FOUNDER & ARTISTIC DIRECTOR

CHAD DEMARIS TENOR

ST. JAMES YOUTH MUSIC PROGRAM
STACEY SUNDE DIRECTOR

BELLEVUE HIGH SCHOOL CHOIRS
ANDREW JACOBSON DIRECTOR

OPUS 7 CHAMBER ORCHESTRA

DENISE DILLENBECK CONCERTMASTER @ SOLOIST

JOSEPH ADAM & MATT WILKINS PIANO

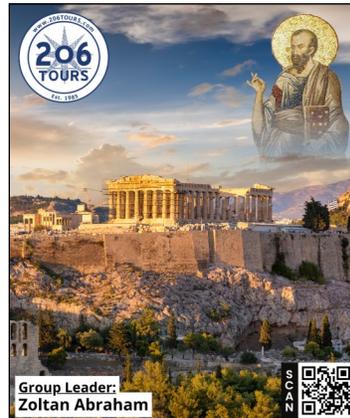
CHRISTOPHER STROH ORGAN

ANTHONY KIM BOY NICHOLAS



Drawing by M. Laughlin

SUNDAY
DEC 7
7:30PM



Group Leader:
Zoltan Abraham

Contact: olivia@206tours.com | (800) 206-TOUR (8687)

In the Footsteps of St. Paul

Pilgrimage to

GREECE

with Greek Isles Cruise

September 04 - 14, 2026

\$6,879 per person from Seattle (SEA)
All prices based on double occupancy.
Pricing available from any airport: www.206tours.com/airports

Optional Post-Tour to Turkey:
September 14 - 17, 2026 | \$1,699 per person

Your Pilgrimage Includes:

- Round-trip airfare
- Prepaid airline seats
- Accommodations at centrally located hotels
- Breakfast and dinner daily
- All meals while on cruise (breakfast, lunch and dinner daily)
- Wine and mineral water with dinners
- Transportation by air-conditioned motor coach
- Assistance of a professional local Catholic Guide
- Mass daily & Spiritual activities
- And more!

www.206tours.com/zoltan

Booking Code: ZA090426

Anyone who has any concerns or allegations related to the safety and well-being of our children regarding clergy or lay leaders in the Archdiocese of Seattle should contact the special hotline at 1-800-446-7762.



COMMUNITY OUTREACH - ST. VINCENT DE PAUL

St. Vincent de Paul

Sacred Heart Parish Committee Annual Report (October 2024 - September 2025)

Thank you for helping us serve the needy in our parish. Over the past fiscal year, your gifts have allowed us to:

- Help almost 700 neighbors with gifts and advice tailored to their needs and circumstances.
- Provide approximately \$57,400 in financial assistance (gas, food, utilities, rent, etc.)
- Provide approximately \$2,200 of in-kind assistance for necessities (clothing and blankets from Kid Advantage, etc.)
- Support St. Vincent de Paul thrift store through your in-kind donations at our parking lot donation site.
- Offer Caring Cards, which you can buy at cost to give the needy you encounter. Each caring card contains a \$10 grocery gift card, prayer and list of resources.
- Deliver your donated groceries and household goods to Hopelink, which operates an East King County food bank.

Thank you for your generous donations over the past year, which funded nearly all the assistance we provided to our neighbors. We funded the remainder of our assistance by distributing \$5,000 from our savings. Current cash on hand and savings total \$47,100, a decrease of about \$9,000 from the previous year. Our committee continues to hold weekly office hours at the parish office on Tuesday and Thursdays, from 10:00 AM - 12:00 PM. Our members put in 715 hours of recorded time.

Most neighbors who call our parish for help are living in a homeless shelter or are behind on rent and/or facing eviction. We can offer limited financial help with groceries, gas, utilities or rent assistance. Sometimes we have assisted by paying for a U Haul truck to help a neighbor move to a less expensive location.

We now face more requests for higher amounts of rental assistance, given high rent obligations and the end of pandemic era eviction protections. Due to our budget constraints, we provide modest rent assistance, but only if our help will avert an eviction and the neighbor won't be in the same predicament the next month.

Please join us in helping our neediest neighbors by living the gospel message to serve the poor with love, respect and a message of hope in 2026.

Your St. Vincent de Paul Committee:

John Tinkham, President	Kathleen Carlson, Sacred Heart School Coordinator
Kari Marino, Secretary	Members: Pattie Allen, Pat Shultz, John O'Neil
Dan Huberty, Treasurer, Office Volunteer	New Members: Johanna Chen, Mark Colver, Moya Laigo
Evelyn Loh, Caring Cards Coordinator, Office Volunteer	

Thanksgiving Collection for St. Vincent de Paul

At the 8:45 AM Thanksgiving Day Mass, we will have a St. Vincent de Paul collection. There are also many ways to give: online through our parish website sacredheart.org, scan the QR code below to pay via Venmo (note SVDP), or by a check dropped in the collection basket at Mass using a St.

Vincent de Paul envelope or your own envelope marked SVDP. Our campaign starts on Thanksgiving and continues throughout the holiday season. Thank you for your support!



Join Your St. Vincent de Paul Committee: Third Tuesday of Each Month at the Parish Office Next Meeting, December 16th, 6:30 PM

Please consider joining us and helping us to:

- Answer requests for help during office hours (Tuesday or Thursday, 10:00 AM - 12:00 PM or at a mutually agreed time)
- Assist our Secretary or Treasurer.
- Organize Brown Bag donations to Hopelink's food bank.
- Volunteer in the Seattle SVDP office.
- Fill any other SVDP role that interests you.

Brown Bag Collection Sunday

You can pick up a brown bag after Mass on the 2nd weekend of each month as a reminder to donate nonperishable food and household goods to the SVDP bin in the Narthex on the following weekend. St. Vincent de Paul delivers your donations to the Hopelink food bank for distribution to the needy. Hopelink seeks donations of nonperishable items including canned goods (fruit, vegetables and beans), nut butters, bulk items like rice and beans, plus hygiene products and cleaning supplies.

