



Daily Bulletin

Friday, November 21st, 2025

Period 1	7:45 – 8:30
Period 2	8:35 – 9:15
Break	9:15 – 9:25
Period 3	9:30 – 10:10
Period 4	10:15 – 10:55
Period 5	11:00 – 11:40
Lunch	11:40 – 12:10
Period 6	12:15 – 12:55
Period 7	1:00 – 1:40
Volleyball Game	1:45 – 2:45

Today we will have a modified bell schedule to accommodate the **HIGHLY ANTICIPATED Staff vs 8th Grade Student Volleyball Game**. All leadership students, volleyball players, and cheerleaders will need to report to the gym during the last fifteen minutes of seventh period to get ready for the event. For everyone else, your 7th period teachers will escort your class to the gym at the end of class.

 **That's right!** Who will claim the coveted bragging rights? The staff may be experienced, but let's be honest – they're also creaking, groaning, and fueled by Ensure and a secret stash of Advil. Will their brittle bones hold up under the students' speedy spikes, or will their "ancient strategies" somehow still pull through? If the students - who are being led by CMS Alum **Maddie "the Baddie" Willoughby** take the crown, the staff will head home for a well-earned nap and maybe a warm cup of tea while plotting next year's revenge. Either way, it's going to be hilarious, epic, and full of surprises! Bring your cheering voices and spirit to the gym today after 7th period when **"The Voice" Loosley** and his co-commentators **Super Speaker Stella** and **Jane the Jabber-Mouth** broadcast live for this special event.

 **Today is our Cougar Pride Spirit Day!** If you are showing your spirit by wearing LOTS of RED or Carmel gear, head over to the spirit table by the theater during lunch for a Cougar Buck and to be entered into a drawing for your chance to win awesome spirit gear.

 **Come out to the main quad during lunch for our annual Turkey Shoot!** See if you have the skills it takes to win four Cougar Bucks. If you save up FOUR Cougar Bucks, head over to the student store to purchase a delicious frozen treat. **Gobble Gobble!**

 **Interested in Joining CMS Cheer Next Year?** Come experience what **Cougar Cheer** is all about! Our Junior Cheer Clinic on December 14th in the CMS Gym and is the perfect chance to learn cheers and dance, meet the team, and feel the spirit and energy of CMS Cheer. You'll even get to perform at a CMS Basketball halftime! Sign up with Coach Hanes in the Library by November 28<sup>th</sup> to guarantee a T-shirt and poms - Don't miss this fun opportunity. **Let's go Cougars!**

 **Due to soggy fields yesterday, the game between the *Griffindor GOATS* and *Abate MegaKnights* will take place today at Wiffler's Park. Come on out to the ballfield and cheer them on!**

 **Today's Menus: Breakfast:** Ham, Egg, and Cheese Croissant Sandwich, Pan Dulce, and Cinnamon Toast Crunch  
**Lunch:** Domino's Pizza, a Spicy Chicken Sandwich, Bean & Cheese Burrito, and Bosco Sticks.

 **Happy Birthday to:**

**Also, BIG Happy Birthdays to everyone celebrating over Thanksgiving Break, including**