



# Adult Winter/Spring 2026 Class Descriptions

## Adult Winter/Spring 2026

### Fitness/Aquatics

#### **A Month of Waltz**

Waltz is the quintessential ballroom dance; its flowing motion, graceful turns, and delicate control are beloved by newcomers and professionals alike. Spend a month learning Waltz figures, technique, and partner communication, starting with the most basic steps, and discover a gorgeous combination of strength and elegance that will have you hooked for life! Partner dance is for everyone! Sign up solo or with a partner, and learn how to dance with Anne, a social and competitive ballroom dancer with eight years of teaching experience. This course is designed for beginners.

Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

307-1 4 Sessions - \$86  
Wednesdays, Feb 4 - Feb 25 7:00 - 8:15 pm  
Edina High School Black Box

#### **A Walk in the Park**

Meet new friends as you Walk for Fitness around Centennial Lakes Park!

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320-1 7 Sessions - \$49  
Tuesdays, Apr 7 - May 19 5:00 - 6:00 pm  
Centennial Lakes Park Centennial Lakes Park

#### **Adults with Disabilities - Line Dance - Dancing Queen -**

Spend the night moving and grooving to this energetic song - great tune and great moves! In no time at all, you will be the dancing queen! Be prepared for a fabulous night! No partner required.

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# Adult Winter/Spring 2026 Class Descriptions

340-1 1 Session - \$15  
Saturday, Jan 31 11:15 am - 12:15 pm  
Edina Community Center Door 3, Dance Studio

## **Adults with Disabilities - Yoga for Every Body**

Breathe, stretch, and shine! This beginner-friendly yoga class is designed especially for adults with disabilities who want to move their bodies, calm their minds, and connect with others in a fun and supportive environment. We'll explore gentle poses, breathing techniques, and simple relaxation practices to improve flexibility, balance, strength, and focus—all at your own pace. Whether you're seated, standing, or somewhere in between, every body is welcome, and every movement can be adapted. No experience needed—just come as you are and get ready to feel good! Caregivers are welcome to attend and participate or observe if they wish. Each student or their guardian is strongly encouraged to have a conversation with the instructor, prior to the class start date. The instructor will reach out to you. This will allow her to learn about the students' individual needs/circumstance. Please note that the guardian will remain on site. This class is designed for adults with developmental and/or intellectual disabilities and neurodiverse individuals.

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417-1 8 Sessions - \$25  
Tuesdays, Jan 6 - Feb 24 4:30 - 5:30 pm  
Edina Community Center Door 3, Dance Studio

417-2 8 Sessions - \$25  
Fridays, Mar 27 - May 15 6:00 - 6:45 pm  
Edina Community Center Door 3, Dance Studio

## **Ashtanga Yoga**

Join Katie for an invigorating and transformative yoga practice in this Ashtanga Yoga class! Designed to suit all experience levels, this class will guide you through a dynamic sequence of poses synchronized with breath, building strength, flexibility, and mindfulness. Whether you're new to yoga or looking to deepen your practice, Katie's expert guidance and supportive teaching style will help you find balance, focus, and energy. Bring a water bottle and your favorite yoga mat if you have one. Bolsters, yoga blocks, cushions, and mats provided.

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322-1 16 Sessions - \$296  
Tue/Thu, Jan 6 - Feb 26 6:45 - 7:45 pm



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Edina Community Center      Door 3, Dance Studio

## **Ballet 1 - Guest instructor**

You will have the opportunity to try ballet with Kaether Birkner's accomplished guest instructor. Get your ballet muscles warmed up before Kaethe's classes start the week following. Improve your fitness, strength, and flexibility with adult ballet in a fun, supportive, and community-focused setting—no tutu required! Whether you're brand new, returning after a break, or looking for a local alternative to city studios with city parking, we have a class for you! With multiple levels and schedules, our professionally trained instructors help you build technique, prevent injury, and enjoy the many physical and mental benefits of ballet. You will also get the opportunity to build community and friendships in a healthy and welcoming environment. Ballet 1 Specifics: Ready to build on your ballet basics? Ballet 1 is perfect for those who have completed Intro to Ballet or who have a solid grasp of foundational barre steps (plies, tendus, developpés, etc.). Continue developing technique, alignment, and artistry with individual corrections in an encouraging and welcoming setting. You will learn new barre and center steps, and begin incorporating more complex movements and arm positions (port de bras). This beginner-intermediate level class is also ideal for returning or advanced dancers looking to improve form in a slower-paced setting. Attend in person, online via Zoom, or a mix of both. Questions? Contact the instructor at [kabirkner2020@gmail.com](mailto:kabirkner2020@gmail.com). Why take ballet? Here are some of our favorite benefits: Increased balance, strength, mobility, coordination, and flexibility Improve cardio, core strength and posture/alignment Reduce risk of Alzheimer's and dementia Stress reduction Injury and pain prevention "Putting your hand on the barre makes the rest of the world melt away", also known as escape and you time! Perfect for helping you keep an active (and social) lifestyle! Marina Hathway has previously danced with several companies, including the Kansas City Ballet and Cary Ballet Company. She brings a wealth of knowledge instilled in her from a traditional ballet conservatory education and a rich teaching career. Her passion for dance extends beyond ballet and includes all forms of dance as well as choreography, nutrition, and physical health and wellness for dancers. This led to her certifications in yoga, nutrition, and massage therapy. She hopes to share her love of dance and movement with everyone she meets!

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315-1 1 Session - \$22  
Monday, Jan 5 7:00 - 8:30 pm  
Edina Community Center      Door 3, Dance Studio

## **Ballet 1 - Intergenerational**

Improve your fitness, strength, and flexibility with adult ballet in a fun, supportive, and community-focused setting—no tutu required! Whether you're brand new, returning after a break, or looking for a local alternative to city studios with city parking, we have a class for you! With multiple levels and schedules, our professionally trained instructors help you build technique, prevent injury, and enjoy the many physical and mental benefits of ballet. You will also get the opportunity to build community and friendships in a healthy and welcoming environment. Ballet 1 Specifics: Ready to build on your ballet basics? Ballet 1 is perfect for those who have completed Intro to Ballet or who have a solid grasp of foundational barre steps (plies, tendus, developpés, etc.). Continue developing technique, alignment, and artistry with individual corrections in an encouraging and welcoming setting. You will learn new barre and center steps, and begin



# Adult Winter/Spring 2026

## Class Descriptions

incorporating more complex movements and arm positions (port de bras). This beginner-intermediate level class is also ideal for returning or advanced dancers looking to improve form in a slower-paced setting. Attend in person, online via Zoom, or a mix of both. Questions? Contact the instructor at [kabirkner2020@gmail.com](mailto:kabirkner2020@gmail.com). Why take ballet? Here are some of our favorite benefits: Increased balance, strength, mobility, coordination, and flexibility Improve cardio, core strength and posture/alignment Reduce risk of Alzheimer's and dementia Stress reduction Injury and pain prevention "Putting your hand on the barre makes the rest of the world melt away", also known as escape and you time! Perfect for helping you keep an active (and social) lifestyle! Meet Kaethe here: [Kaethe](#)

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311-1 16 Sessions - \$343  
Mondays, Jan 12 - May 18 7:00 - 8:00 pm  
Edina Community Center Door 3, Dance Studio  
No Class Jan 19, Feb 16 & Mar 16

### **Ballet 2 - Adult/Teen**

Improve your fitness, strength, and flexibility with adult ballet in a fun, supportive, and community-focused setting—no tutu required! Whether you're brand new, returning after a break, or looking for a local alternative to city studios with city parking, we have a class for you! With multiple levels and schedules, our professionally trained instructors help you build technique, prevent injury, and enjoy the many physical and mental benefits of ballet. You will also get the opportunity to build community and friendships in a healthy and welcoming environment. Ballet 2 Specifics: This intermediate-level class is perfect for dancers with experience in both barre and basic center work (such as balancé, pas de bourrée, piqué, basic pirouettes, and small jumps). You will have completed Ballet 1 to take this class. Build on your foundation with more complex steps, varied arm positions, and challenging combinations designed to improve strength, coordination, and artistry. Receive personal corrections to help you improve your technique and prevent injury. Ideal for adults and teens returning to ballet or looking to refine skills in a supportive, noncompetitive environment. Join in person, online via Zoom, or mix and match! Questions? Contact the instructor at [kabirkner2020@gmail.com](mailto:kabirkner2020@gmail.com). Why take ballet? Here are some of our favorite benefits: Increased balance, strength, mobility, coordination, and flexibility Improve cardio, core strength and posture/alignment Reduce risk of Alzheimer's and dementia Stress reduction Injury and pain prevention "Putting your hand on the barre makes the rest of the world melt away", also known as escape and you time! Perfect for helping you keep an active (and social) lifestyle! Kaethe Birkner: Kaethe is a professional ballet dancer and certified Pilates instructor through Balanced Body, with ten years of experience teaching ballet, Pilates, and stretching classes, and eight years of personal training. Her passion for ballet began at age two, followed by a love for Pilates during her ballet training. Kaethe integrates her expertise in ballet, Pilates, and physical therapy into her teaching, focusing on proper technique, injury prevention, and alignment. She tailors each class to the individual and group needs of her students, emphasizing hands-on corrections to engage both major and minor muscles. Kaethe aims to provide fun, full-body workouts that prioritize technique and safety. This is a hybrid class so you can attend in person or join online via Zoom or a mixture of both. Meet Kaethe here: [Kaethe](#) Please read our [Adult Programming Overview](#) page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be



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Phone: (952) 848-3952

313-1 19 Sessions - \$407  
Thursdays, Jan 15 - May 28 7:30 - 9:00 pm  
Edina Community Center Door 3, Dance Studio  
No Class Mar 19

## **Ballet 2 - Guest Instructor**

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316-1 1 Session - \$22  
Thursday, Jan 8 7:30 - 9:00 pm  
Edina Community Center Door 3, Dance Studio

## **Ballet 2 with Lisa - MWSB**

This class is for students who want to refresh previously learned ballet vocabulary, already have some experience and are comfortable moving beyond an intro level, alongside other adults and teens. You will



# Adult Winter/Spring 2026 Class Descriptions

have completed a Ballet 1 class. Ballet classes are a great way to gain strength and flexibility, improve posture and balance, and reduce stress in a noncompetitive atmosphere. Midwest School of Ballet's experienced instructors provide a traditional ballet format of barre and center work while emphasizing proper alignment, technique, musicality, and artistry. If you have any questions about what class to sign up for just email us and we can help. The most important thing is for all students to be doing ballet safely. [midwestballetmn@gmail.com](mailto:midwestballetmn@gmail.com) Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

310-1 9 Sessions - \$180  
Wednesdays, Jan 14 - Mar 11 6:00 - 7:30 pm  
Edina Community Center Door 3, Dance Studio

310-2 9 Sessions - \$180  
Wednesdays, Mar 25 - May 20 6:00 - 7:30 pm  
Edina Community Center Door 3, Dance Studio

310-3 9 Sessions - \$180  
Saturdays, Jan 10 - Mar 7 9:30 - 11:00 am  
Edina Community Center Door 3, Dance Studio

310-4 9 Sessions - \$180  
Saturdays, Mar 28 - May 23 9:30 - 11:00 am  
Edina Community Center Door 3, Dance Studio

## **Ballet Choreography/Performance**

Learn ballet choreography created just for you! The beauty of ballet is most often seen through choreography and performance. This class allows you to be part of that beauty and fun! You will: Learn a newly choreographed group piece, specifically choreographed for those who have signed up for the class (meaning it will be based on steps you know, for the most part). Rehearse the piece and work to make it better once it is learned. Build strength and work on artistry Perform for your friends or family at the end of the class. (optional) The performance will be in the classroom only and will be optional. Those who chose not to perform will be given "understudy" roles, so you can learn and rehearse but not perform. It is recommended that you have at least a year of dance class experience (current or past) before signing up for this class. You are also required to take the Ballet 1 class that is before this class as a warm up. You must sign up and pay for that class separately. Those who miss the ballet class that day may come to rehearsal and take notes but not dance, as dancing cold is unsafe in ballet. Those who are sick or out of town may sign in online via Zoom to watch rehearsal and take notes if they choose and if they give the instructor sufficient notice. Meet your instructor Kaethe here: [Kaethe](#)

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312-1 16 Sessions - \$343  
Mondays, Jan 12 - May 18 8:00 - 9:00 pm  
Edina Community Center Door 3, Dance Studio  
No Class Jan 19, Feb 16 & Mar 16

### **Body Strength 55+**

Combat a declining metabolism and stiff joints! In class you will lift, press, pull, squat, and lunge into a stronger you. We will use weights, bands, balls and our bodies to build muscle, stamina, and balance. And friendships, we build those too. Please note the start for this class has been moved to 9/8 and 12/22 and 12/29 have been removed, hence the price difference from the catalog. Meet Catherine here: Catherine

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321-1 10 Sessions - \$100  
Mondays, Jan 5 - Mar 30 12:00 - 12:50 pm  
Edina Community Center Door 3, Dance Studio  
No Class Jan 19, Feb 16 & Mar 16

321-2 7 Sessions - \$70  
Mondays, Apr 6 - May 18 12:00 - 12:50 pm  
Edina Community Center Door 3, Dance Studio

321-3 11 Sessions - \$110  
Wednesdays, Jan 7 - Mar 25 12:00 - 12:50 pm  
Edina Community Center Door 3, Dance Studio  
No Class Mar 18

321-4 8 Sessions - \$80  
Wednesdays, Apr 1 - May 27 12:00 - 12:50 pm  
Edina Community Center Door 3, Dance Studio  
No Class May 20

321-5 10 Sessions - \$100  
Fridays, Jan 9 - Mar 27 12:00 - 12:50 pm  
Edina Community Center Door 3, Dance Studio  
No Class Mar 06 & Mar 20

321-6 8 Sessions - \$80  
Fridays, Apr 3 - May 29 12:00 - 12:50 pm  
Edina Community Center Door 3, Dance Studio  
No Class May 22

### **Casual Indoor Basketball: Adult**



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Join us for a fun-filled evening of basketball! Perfect for those who love the game and want a great workout without the competitive pressure of leagues. We'll form teams on the night and play first to 11. Teams rotate so that all players get an equal amount of playing time. It's a fantastic way to unwind, get active, and enjoy the game in a relaxed, friendly atmosphere. Come release your Monday steam and make new friends on the court. See you there!

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318-1 9 Sessions - \$90  
Mondays, Jan 5 - Mar 16 6:30 - 8:00 pm  
Edina Community Center City Gym  
No Class Jan 19, Feb 16 & Mar 02  
Monday, Mar 26:30 - 8:00 pm  
Edina Community Center Small Gym

318-2 9 Sessions - \$90  
Mondays, Mar 23 - May 18 6:00 - 7:30 pm  
Edina Community Center Door 7, City Gym

## Casual Indoor and Outdoor Soccer: Adult

This program has been created to help local community members get together in a fun and engaging environment to play indoor soccer. All levels of skill are welcome, with an emphasis of having fun and meeting new people. Teams are decided upon each night and will be played with rotating subs. Please note this class has three locations and different start and end times. We were able to add 4 classes outdoors in May, hence the difference in price from what is in the catalog.

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346-1 21 Sessions - \$168  
Wednesdays, Mar 11 - Apr 29 6:00 - 8:00 pm  
Edina Community Center Small Gym  
Wednesdays, Jan 7 - Mar 4 7:45 - 9:30 pm  
Countryside Elementary School CS Gym  
Wednesdays, May 6 - May 27 6:30 - 8:30 pm  
Edina Community Center Kuhlman Stadium

## Dancing Date night

Cozy up and reconnect on the dance floor! This feel-good class is all about simple, romantic moves you can use anywhere—from wedding dance floors to kitchen slow dances. You and your partner will be turning, twirling, and gliding together in no time—and wondering why you didn't try this sooner. Perfect for



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date night, this class keeps things light, fun, and flirty. No fancy footwork required—just two people ready to laugh, move, and maybe fall in love all over again. Couples only Please.

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324-1 1 Session - \$15  
Tuesday, Feb 10 7:10 - 9:00 pm  
Edina Community Center Door 3, Room 348

## EPS Staff Open Fitness: win/spring 2025

\*\*\*This class is for current EPS Staff members ONLY. You must be a current employee of Edina Public Schools to register for this class. \*\*\* All registrations begin on a waitlist. Full confirmation of class registration will happen once EPS employment has been verified. Facility Use Waiver is included in registration and must be on file before you may use the spaces. Use of the following spaces: Please be advised that the ECC Fitness Room in the basement of the ECC is only available during the summer. During the school year there are too many Edina sports teams conflicts. ECC 301 ECC 313 VV 222 weight room SV Gym weight room Please email [heather.larson@edinaschools.org](mailto:heather.larson@edinaschools.org) to expedite your verification and to get off the waitlist. We do not check the waitlist daily.

332-1 106 Sessions - \$0  
Mon-Fri, Jan 5 - May 29 6:30 - 7:45 am  
Edina Community Center Dance Studio  
No Class Jan 19, Feb 16, Mar 16-Mar 20 & May 25  
Mon-Sat, Jan 5 - May 29 6:30 - 7:45 am  
Edina Community Center Room 313  
No Class Jan 19, Feb 07, Feb 14, Feb 16, Feb 21, Feb 28, Mar 07, Mar 14, Mar 21, Mar 28, Apr 04, Apr 11, Apr 18, Apr 25, May 02, May 09, May 16, May 23 & May 25  
Mon-Fri, Jan 5 - May 29 6:30 - 8:30 am  
South View Middle School Weight Room  
No Class Jan 19, Feb 16 & May 25  
Mon-Fri, Jan 5 - May 29 6:30 - 8:30 am  
Valley View Middle School Room 222 Weight Room  
No Class Jan 19, Feb 16, Mar 02-Mar 03 & May 25  
Mon-Fri, Jan 5 - May 29 4:00 - 8:00 pm  
Valley View Middle School Room 222 Weight Room  
No Class Jan 19, Feb 16 & May 25  
Mon-Fri, Jan 5 - May 29 6:30 - 8:00 pm  
South View Middle School Weight Room  
No Class Jan 19, Feb 16 & May 25  
Mon-Fri, Jan 5 - May 29 5:30 - 7:00 pm  
Edina Community Center Room 313  
No Class Jan 19, Feb 16 & May 25

## Easy Partner Dancing for All Occasions



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No matter the occasion, you'll be prepared to dance! Be one of the best dancers at your next event, or just have some fun learning to dance together for an entertaining couples' activity. Try something new to add laughter & romance into your relationship. Learn mini-routines that are easy to remember & danceable to all your favorite songs. Dance the night away to rock, blues, country, pop, Latin hits, classic ballroom & more! If you think you have no rhythm and 2 left feet, this is the perfect course for you! Couples stay dancing together & singles rotate with other singles. Casual, lightweight dress recommended. Deanna Constantine: Deanna follows in the footsteps of her parents, the renowned Minnesota dance instructors Dean and Mary Constantine. Deanna grew up helping in the family business and spent much of her childhood training in ballroom dancing and classical ballet. She shares her passion for dance by conducting group classes and private lessons in communities throughout the Twin Cities and surrounding suburbs. She contracts with park & recreation and community education programs to make learning to dance more accessible and affordable to her students. She strives to make classes fun and easy, so all her students experience success! She holds a bachelor's degree in elementary education from the University of MN. Whenever possible she likes to escape the cold winters to visit her 3 young adult children who live in warmer places! Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

344-1 3 Sessions - \$55

Sundays, Jan 18 - Feb 1 3:30 - 4:45 pm

Eisenhower Community Center Eisenhower Community Center

344-2 3 Sessions - \$55

Sundays, Apr 12 - Apr 26 3:30 - 4:45 pm

Eisenhower Community Center Eisenhower Community Center

### Explore Edina - Snow Shoeing

Embrace all the beauty of winter. Join us for a 40 minutes snow shoe in Pamela Park. Please bring your own snow shoes. Class canceled only if EPS schools are canceled. Yay Snow!

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402-5 8 Sessions - \$30

Thursdays, Jan 8 - Feb 26 1:00 - 2:00 pm

Pamela Park Pamela Park

### Explore Edina - Winter Walking

Be brave! Gear up and be a true Minnesotan. Brave the elements and get fit. Discover the wonders of winter as we stroll in nature in Edina. Please dress appropriately for being outside for 445 min in cold weather. Please consider poles or Yak Traks for stability.

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Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info. Adult



# Adult Winter/Spring 2026 Class Descriptions

Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

401-5 8 Sessions - \$30  
Tuesdays, Jan 6 - Feb 24 1:00 - 2:00 pm  
Pamela Park Pamela Park

## **Gentle Kripalu Yoga - Online**

Reduce stress, increase strength, flexibility and balance, and experience a new way of caring for your body and calming your mind. This is a slow and gentle class, perfect for all levels including those who are dealing with body aches and inflexibility. This is a live class via Zoom, so you can do it in the comfort of your home with your video camera on or off. NEW lower price! Sue has offered to reduce the cost of this class to make it more accessible. Everyone needs a little stress relief! Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

331-1 12 Sessions - \$156  
Tuesdays, Jan 13 - Mar 31 10:00 - 11:00 am  
Your Home Online

331-2 12 Sessions - \$156  
Tuesdays, Jan 13 - Mar 31 8:30 - 9:30 pm  
Your Home Online

331-3 8 Sessions - \$104  
Tuesdays, Apr 7 - May 26 10:00 - 11:00 am  
Your Home Online

331-4 8 Sessions - \$104  
Tuesdays, Apr 7 - May 26 8:30 - 9:30 pm  
Your Home Online

331-5 10 Sessions - \$130  
Thursdays, Jan 15 - Mar 26 10:00 - 11:00 am  
Your Home Online  
No Class Feb 19

331-6 9 Sessions - \$117  
Thursdays, Apr 2 - May 28 10:00 - 11:00 am  
Your Home Online

## **Guided Meditation for Stress Reduction - Online**

Discover how a short, guided meditation can ease stress and make you feel more at peace. We use



# Adult Winter/Spring 2026 Class Descriptions

various breathing and mindfulness techniques. This is a live online class via Zoom so it's a quick and easy way to incorporate meditation from the comfort of your home. Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info. Please note a small date and rate change. No class on September 15. Meet Sue Hardman Conklin here: SUE Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

220-1 9 Sessions - \$117  
Mondays, Jan 12 - Mar 16 11:15 - 11:45 am  
Your Home Online  
No Class Jan 19

220-2 9 Sessions - \$117  
Mondays, Mar 23 - May 18 11:15 - 11:45 am  
Your Home Online

## Hatha Yoga Slow Flow

Students will enjoy Preethi's class consisting of mindful yoga postures and movement using the breath. The class sequence will help build strength, flexibility, mobility, balance, clarity, and focus. There will be a flow of yoga poses, as well as holding of postures that will help energize the body and also provide opportunity to calm the mind and rest. Yoga teachings and philosophy will be interwoven into each class providing a rich backdrop. There will be modifications given throughout class to help poses be more comfortable and accessible, as well as to intensify certain postures. Students at any ability level are welcome. meet Preethi here: Preethi

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343-1 7 Sessions - \$126  
Wednesdays, Jan 7 - Feb 18 9:00 - 10:00 am  
Edina Community Center Door 3, Dance Studio

343-2 7 Sessions - \$126  
Wednesdays, Mar 4 - Apr 22 9:00 - 10:00 am  
Edina Community Center Door 3, Dance Studio  
No Class Mar 18

## Intro to Ballet - Adult

Improve your fitness, strength, and flexibility with adult ballet in a fun, supportive, and community-focused setting—no tutu required! Whether you're brand new, returning after a break, or looking for a local alternative to city studios with city parking, we have a class for you! With multiple levels and schedules, our professionally trained instructors help you build technique, prevent injury, and enjoy the many physical and mental benefits of ballet. You will also get the opportunity to build community and friendships in a healthy



# Adult Winter/Spring 2026 Class Descriptions

and welcoming environment. Intro to Ballet Specifics: New to ballet or returning after a break? This class is for you! Learn foundational ballet steps, positions, and musicality in a supportive, non-competitive environment. You will receive individual corrections with a focus on proper technique to improve your alignment and prevent injury. Build strength, balance, and body awareness and improve coordination and posture at a comfortable pace! Class will focus on barre work but may also include some center steps. Join in person, online via Zoom, or mix and match! Questions? Email us at [midwestballetmn@gmail.com](mailto:midwestballetmn@gmail.com). Why take ballet? Here are some of our favorite benefits: Increased balance, strength, mobility, coordination, and flexibility Improve cardio, core strength and posture/alignment Reduce risk of Alzheimer's and dementia Stress reduction Injury and pain prevention "Putting your hand on the barre makes the rest of the world melt away", also known as escape and you time! Perfect for helping you keep an active (and social) lifestyle! Midwest School of Ballet's experienced instructors provide a traditional ballet format of barre and center work while emphasizing proper alignment, technique, musicality, and artistry. If you have any questions about what class to sign up for just email us and we can help. The most important thing is for all students to be doing ballet safely. [midwestballetmn@gmail.com](mailto:midwestballetmn@gmail.com)

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Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

309-1 9 Sessions - \$180  
Tuesdays, Jan 13 - Mar 10 7:30 - 9:00 pm  
Edina Community Center Door 3, Dance Studio

309-2 9 Sessions - \$180  
Tuesdays, Mar 24 - May 19 7:30 - 9:00 pm  
Edina Community Center Door 3, Dance Studio

## **Line Dance - Footloose**

Grab your boots - it's time to hit the dance floor! This country line dancing night is all about fun, laughter, and good ol' honky tonk vibes. No partner needed.

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326-1 1 Session - \$15  
Friday, Mar 6 6:00 - 7:00 pm  
Edina Community Center Door 3, Dance Studio

## **Line Dance: Mamma Mia**

ABBA's classic song just invites you to move your feet and sing along! So grab some friends and enjoy an hour of fun. No Partner needed

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Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info. Adult



# Adult Winter/Spring 2026 Class Descriptions

Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

221-1 1 Session - \$15  
Tuesday, Feb 10 6:00 - 7:00 pm  
Edina Community Center Door 3, Room 348

## **Mat Pilates: Adult/Teen**

An all-level Mat Pilates class that is a full-body, low-impact workout that will make your muscles long and lean. Designed to help you live your best life, this class focuses on injury prevention, pain reduction, and working smart. In true Pilates style, it helps students create balance between smaller, underused muscles and the bigger muscles by learning to relax the overused, larger muscles and engage the smaller muscles. It also teaches the how and why of the exercises, body awareness, body mechanics, and efficiency in motion. This is mainly a strength-building class with some stretching. This is a hybrid class so you can attend in person, join online via Zoom, or a combination of both! Meet Kaethe here: [Kaethe Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info.](#) Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

314-1 19 Sessions - \$407  
Thursdays, Jan 15 - May 28 6:15 - 7:15 pm  
Edina Community Center Door 3, Dance Studio  
No Class Mar 19

## **Party Line Dance**

Step onto the floor and experience the fun of line dancing with this workshop of the popular line dances: Electric Slide, Cha Cha Slide and the Cupid Shuffle. No partner needed for an entire evening of dance! [Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info.](#) Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

328-1 1 Session - \$15  
Monday, Apr 20 6:00 - 7:00 pm  
Edina Community Center Door 3, Dance Studio

## **Pilates Barre**

Class design is based on Reformer, Cadillac and Chair training. The focus is on standing functional training, balance and strength, myofascial movement. Challenging for all levels. Please bring your own bands if you have them. Meet your instructor Joan Nimerfro here: [Meet Joan April 14 has been removed from this session and the price is reflected as such.](#)



# Adult Winter/Spring 2026 Class Descriptions

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Please read our [Adult Programming Overview page](#) for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

341-1 10 Sessions - \$220  
Tuesdays, Jan 6 - Mar 10 9:15 - 10:15 am  
Edina Community Center Door 3, Dance Studio

341-2 7 Sessions - \$110  
Tuesdays, Apr 7 - May 26 9:15 - 10:15 am  
Edina Community Center Door 3, Dance Studio  
No Class Apr 14

## **Pilates Barre Plus**

NEW look at Pilates. Balance, stretching, Myofascial movements and strengthening. Class design based on Reformer/Cadillac using barres & small equipment. Challenging for all level. Please bring your own band if you have them. Meet your instructor Joan Nimerfroh here: Meet Joan Please note that April 9 and April 16 have been removed and the price reflects those changes.

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Please read our [Adult Programming Overview page](#) for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

342-1 9 Sessions - \$141  
Thursdays, Jan 8 - Mar 5 9:15 - 10:15 am  
Edina Community Center Door 3, Dance Studio

342-2 7 Sessions - \$110  
Thursdays, Mar 26 - May 21 9:15 - 10:15 am  
Edina Community Center Door 3, Dance Studio  
No Class Apr 09 & Apr 16

## **Qigong Series with Scott Stafford - online**

In this five day series, participants will learn qigong forms to support dynamic well-being - calming the mind and cultivating soft strength in the body. Our daily practice will include breathwork, meditation, active practice (can be performed seated or standing), and acupressure massage - rooted in the traditions of 5 Element Qigong. Qigong is an excellent practice for managing stress, improving circulation, supporting joint mobility, and integrating well-being into our daily lives. This virtual series allows you to practice in the comfort of your home. No previous qigong experience required - open to all individuals. Click here to learn more about Scott: [Scott Stafford](#)

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Please read our [Adult Programming Overview page](#) for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions



# Adult Winter/Spring 2026 Class Descriptions

closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

224-1 5 Sessions - \$100  
Mon Jan 19 - Fri Jan 23 11:00 am - 12:00 pm  
Your Home Online

## **Swing Dance: One night of Fun**

One night. One dance. And a whole lot of laughter. This isn't about perfect footwork—it's about having fun together! Whether you're total beginners or just looking to brush up with some fresh moves, this one-night class will have you spinning, looping, and maybe even showing off a little. Learn easy that'll take you from awkward side steppers to confident dance floor darlings. No spotlight, no pressure—just a feel-good night with music, movement, and each other. \*Couples only

please. [Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed \(edinaschools.org\) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: \[communityed@edinaschools.org\]\(mailto:communityed@edinaschools.org\) Phone: \(952\) 848-3952](#)

325-1 1 Session - \$40  
Friday, Mar 6 7:10 - 9:00 pm  
Edina Community Center Door 3, Dance Studio

## **Water Aerobics - Monday**

Be part of something fun and motivating in the pool! We provide cardio, strength, endurance, stretching and music. Lots of gain, no pain. Feel refreshed and energized. Meet Kay here: Kay

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305-1 9 Sessions - \$119  
Mondays, Mar 23 - May 18 6:30 - 7:30 pm  
Valley View Middle School VV Pool

## **Water Aerobics - Monday**

Be part of something fun and motivating in the pool! We provide cardio, strength, endurance, stretching and music. Lots of gain, no pain. Feel refreshed and energized. Meet Kay here: Kay

[Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed \(edinaschools.org\) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email:](#)



# Adult Winter/Spring 2026 Class Descriptions

communityed@edinaschools.org Phone: (952) 848-3952

336-1 6 Sessions - \$79  
Mondays, Jan 5 - Mar 9 6:30 - 7:30 pm  
Valley View Middle School VV Pool  
No Class Jan 19, Feb 16, Feb 23 & Mar 02

## **Water Aerobics - Wednesday**

Be part of something fun and motivating in the pool! We provide cardio, strength, endurance, stretching and music. Lots of gain, no pain. Feel refreshed and energized. Meet Kay here: Kay

Please read our Adult Programming

Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed (edinaschools.org) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: communityed@edinaschools.org Phone: (952) 848-3952

306-1 9 Sessions - \$119  
Wednesdays, Mar 25 - May 20 6:30 - 7:30 pm  
Valley View Middle School VV Pool

## **Water Aerobics - Wednesday**

Be part of something fun and motivating in the pool! We provide cardio, strength, endurance, stretching and music. Lots of gain, no pain. Feel refreshed and energized. Meet Kay here: Kay

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Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed (edinaschools.org) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: communityed@edinaschools.org Phone: (952) 848-3952

337-1 8 Sessions - \$106  
Wednesdays, Jan 7 - Mar 11 6:30 - 7:30 pm  
Valley View Middle School VV Pool  
No Class Feb 11 & Feb 25

## **Water Wellness - Monday**

Engage your mind and body for a fun water workout! Stretching, cardio, endurance, balance, music and new friends are all part of this class. Work at your own pace and ability. Meet Kay here: Kay

Please read our Adult Programming

Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed (edinaschools.org) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: communityed@edinaschools.org Phone: (952) 848-3952

302-1 9 Sessions - \$119



# Adult Winter/Spring 2026 Class Descriptions

Mondays, Mar 23 - May 18 9:15 - 10:15 am  
Edinburgh Park Pool

## **Water Wellness - Monday**

Engage your mind and body for a fun water workout! Stretching, cardio, endurance, balance, music and new friends are all part of this class. Work at your own pace and ability. Meet Kay here: Kay

Please read our Adult Programming

Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

333-1 7 Sessions - \$92  
Mondays, Jan 5 - Mar 9 9:15 - 10:15 am  
Edinburgh Park Pool  
No Class Jan 19, Feb 16 & Feb 23

## **Water Wellness - Thursday**

Engage your mind and body for a fun water workout! Stretching, cardio, endurance, balance, music and new friends are all part of this class. Work at your own pace and ability. Meet Kay here: Kay

Please read our Adult Programming

Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

304-1 9 Sessions - \$119  
Thursdays, Mar 26 - May 21 9:15 - 10:15 am  
Edinburgh Park Pool

## **Water Wellness - Thursday**

Engage your mind and body for a fun water workout! Stretching, cardio, endurance, balance, music and new friends are all part of this class. Work at your own pace and ability. Meet Kay here: Kay

Please read our Adult Programming

Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

335-1 9 Sessions - \$119  
Thursdays, Jan 8 - Mar 12 9:15 - 10:15 am  
Edinburgh Park Pool  
No Class Feb 26



# Adult Winter/Spring 2026 Class Descriptions

## **Water Wellness - Tuesday**

Engage your mind and body for a fun water workout! Stretching, cardio, endurance, balance, music and new friends are all part of this class. Work at your own pace and ability. Meet Kay here: Kay

Please read our Adult Programming

Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

303-1 9 Sessions - \$119  
Tuesdays, Mar 24 - May 19 9:15 - 10:15 am  
Edinburgh Park Pool

## **Water Wellness - Tuesday**

Engage your mind and body for a fun water workout! Stretching, cardio, endurance, balance, music and new friends are all part of this class. Work at your own pace and ability. Meet Kay here: Kay

Please read our Adult Programming

Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

334-1 9 Sessions - \$119  
Tuesdays, Jan 6 - Mar 10 9:15 - 10:15 am  
Edinburgh Park Pool  
No Class Feb 24

## **Wedding Dance – It's not too late to look Great!**

Whether you're preparing for your first dance, attending a special event or simply want to enjoy a night together, come .... experience the joy dancing! With the expert guidance a 3-time Ballroom Dance champion learn fun moves with turns that will have you both looking great. By the end of the night you'll be dancing before you know it and happy to be in each other's arms! Couples only please.

Please read our Adult

Programming Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

327-1 1 Session - \$40  
Monday, Apr 20 7:10 - 9:00 pm  
Edina Community Center Door 3, Dance Studio

## **Wu Style Tai Chi Chuan - Intergenerational**



# Adult Winter/Spring 2026 Class Descriptions

Robert teaches traditional Tai Chi Chuan as taught by the Wu family, which is one of the main styles of TCC. It is a relaxing exercise that restores energy to the body and mind, as well as improving strength, balance, flexibility, and coordination. Each of these classes can either be taken alone, or in conjunction with another Wu Style Tai Chi Chuan course should the student want to learn at a faster rate. Class open to those 13 and up. \_\_\_\_\_ Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed (edinaschools.org) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

301-1 18 Sessions - \$204  
Wednesdays, Jan 7 - May 20 7:00 - 8:00 pm  
Edina Community Center Door 3, Dance Studio  
No Class Feb 11, Feb 18 & Mar 18  
Wednesday, Mar 18 7:00 - 8:00 pm  
Edina Community Center Door 3, Room 313

301-2 18 Sessions - \$204  
Thursdays, Jan 8 - May 21 10:30 - 11:30 am  
Edina Community Center Door 3, Dance Studio  
No Class Feb 12, Feb 19 & Mar 19  
Thursday, Mar 19 10:30 - 11:30 am  
Edina Community Center Door 3, Room 313  
Thursday, Mar 19 10:30 - 11:30 am  
Edina Community Center Door 3, Dance Studio

301-3 18 Sessions - \$204  
Saturdays, Jan 10 - May 23 11:15 am - 12:15 pm  
Edina Community Center Door 3, Dance Studio  
No Class Feb 14, Feb 21, Mar 14 & Mar 21  
Sat Mar 14 & Sat Mar 21 11:15 am - 12:15 pm  
Edina Community Center Door 3, Room 313

## **Yoga for Core & Pelvic Floor Strength**

All three sections of this class are being offered hybrid. You may attend in person here at the Edina Community Center or online in your own home. You will receive the Zoom link in your confirmation letter from Eleyo. In this class we will explore the foundational moves of the Restore Your Core® movement method. Through a mind-body lens, we will explore strength and mobility of the joints, core engagement, and how the breath contributes to healing. Students will learn new ways to bring more balance, strength, and mobility into the body, with the goal of reducing or eliminating core and pelvic floor injuries and dysfunction. Please bring a blanket as well as a favorite yoga mat. Blocks, cushions, bolsters, and yoga mats provided. Meet Maria here: Maria Lander Cabrera

\_\_\_\_\_ Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed (edinaschools.org) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952



# Adult Winter/Spring 2026 Class Descriptions

317-1 5 Sessions - \$100  
Thursdays, Jan 15 - Feb 12 12:00 - 1:00 pm  
Edina Community Center Door 3, Dance Studio

317-2 4 Sessions - \$80  
Thursdays, Feb 26 - Mar 26 12:00 - 1:00 pm  
Edina Community Center Door 3, Dance Studio  
No Class Mar 19

317-3 6 Sessions - \$120  
Thursdays, Apr 9 - May 14 12:00 - 1:00 pm  
Edina Community Center Door 3, Dance Studio

## **Zumba with Martha - evening**

Get ready to dance, sweat, and have fun! This high-energy Zumba class is led by our enthusiastic new instructor, Martha, who brings fresh moves and contagious energy to every session. Whether you're a beginner or a seasoned dancer, Zumba is a fantastic way to boost your cardio, burn calories, and groove to Latin-inspired beats. Come join the party, let loose, and leave with a smile and a sense of accomplishment! Meet Martha here: Martha Mendiola

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Please read our [Adult Programming Overview page](#) for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

339-1 8 Sessions - \$128  
Fridays, Jan 9 - Feb 27 5:00 - 5:50 pm  
Edina Community Center Door 3, Dance Studio

339-2 8 Sessions - \$128  
Fridays, Mar 6 - May 1 5:00 - 5:50 pm  
Edina Community Center Door 3, Dance Studio  
No Class Mar 20

## **Zumba with Martha - morning**

Get ready to dance, sweat, and have fun! This high-energy Zumba class is led by our enthusiastic new instructor, Martha, who brings fresh moves and contagious energy to every session. Whether you're a beginner or a seasoned dancer, Zumba is a fantastic way to boost your cardio, burn calories, and groove to Latin-inspired beats. Come join the party, let loose, and leave with a smile and a sense of accomplishment! Meet Martha here: Martha Mendiola

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# Adult Winter/Spring 2026 Class Descriptions

338-1 8 Sessions - \$128  
Tuesdays, Jan 6 - Feb 24 8:00 - 8:50 am  
Edina Community Center Door 3, Dance Studio

338-2 8 Sessions - \$128  
Tuesdays, Mar 3 - Apr 28 8:00 - 8:50 am  
Edina Community Center Door 3, Dance Studio  
No Class Mar 17

338-3 8 Sessions - \$128  
Fridays, Jan 9 - Feb 27 8:00 - 8:50 am  
Edina Community Center Door 3, Dance Studio

338-4 8 Sessions - \$128  
Fridays, Mar 6 - May 1 8:00 - 8:50 am  
Edina Community Center Door 3, Dance Studio  
No Class Mar 20

## Lifelong Learning

### **1st Time & 1st Gen Homebuyers: MN Grants & Funding Essentials**

You CAN own your own home! In this class we will review the process of buying a home from A-Z, as well as discuss unique funding that is only available to YOU- a first-time home buyer. With one program, it is possible to buy a home for as little as \$1000 of your own funds. You are generally a first-time buyer if you have not owned a home in the past 3 years.

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375-1 1 Session - \$5  
Wednesday, Jan 28 7:00 - 9:00 pm  
Edina Community Center Door 3, Welcome Center Conference Room

375-2 1 Session - \$5  
Saturday, Jan 24 1:00 - 3:00 pm  
Edina Community Center Door 3, Welcome Center Conference Room

### **2SLGBTQIA+ 101 with Outfront MN - Intergenerational**

This 2SLGBTQIA+ 101 Training covers general terms relating to gender and sexuality, respecting pronouns and how to be an ally to gender non-conforming people. We will dive into thinking about our own experiences with gender and learn about the differences between gender identity, biological sex, gender expression and sexual orientation.

\_\_\_\_\_ Please read our Adult



# Adult Winter/Spring 2026 Class Descriptions

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363-1 1 Session - \$0  
Tuesday, Feb 24 6:30 - 7:30 pm  
Edina Community Center Door 3, Room 348

## **2SLGBTQIA+ 201 with Outfront MN - intergenerational**

2SLGBTQIA +201 This is part 2. Please note that the date is different from the print catalog. The new date is 4/9/26. This evidence-based 2SLGBTQIA+ training covers key concepts and general terms relating to gender and sexuality, practical skills for being in allyship with 2SLGBTQIA+ communities, and grounds the group in intersectionality principles to create safer, more inclusive school environments. Educational Objectives (Attendees will leave with the following): Key 2SLGBTQIA+ concepts, terms, and definitions Practical skills for working with trans, gender non-conforming, and Two Spirit populations in particular A working definition of intersectionality, a brief introduction to its origins, and ways that intersectionality frameworks can create safer, more inclusive school environments This training discusses the concept of intersectionality through a Black Queer Feminist Lens. We will also discuss LGBTQIA2S+ history and a broader overview of intersecting liberation movements. There will be time to discuss your own identities and how intersectionality may impact you and those around you. This event is open to adults and 14 plus attending with an adult.

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364-1 1 Session - \$0  
Thursday, Apr 9 6:30 - 7:30 pm  
Edina Community Center Door 3, Room 348

## **AI in Action: Models, Agents, and Real Use Cases**

AI in Action: Models, Agents, and Real Use Cases Step into the world of artificial intelligence and discover what's really behind today's smart technologies. In this engaging, beginner-friendly course, you'll learn about the different types of AI—from narrow AI (like Siri, Alexa, and Google Assistant) to generative AI (such as ChatGPT, DALLE, and Gemini), and even emerging general AI systems. We'll explore how machine learning models, intelligent agents, and large language models (LLMs) work, and how they're being used in fields like healthcare, education, art, customer service, and more. Real-life case studies and hands-on examples will bring the concepts to life. Whether you're tech-savvy or just AI-curious, this class will give you the knowledge to understand, evaluate, use and talk about AI in a meaningful way.

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# Adult Winter/Spring 2026 Class Descriptions

400-1 2 Sessions - \$52  
Wed Jan 14 & Wed Jan 21 10:00 - 11:30 am  
Edina Community Center Door 3, Room 317

400-2 2 Sessions - \$52  
Wed Feb 11 & Wed Feb 18 10:00 - 11:30 am  
Edina Community Center Door 3, Room 317

400-3 2 Sessions - \$52  
Wed May 13 & Wed May 20 10:00 - 11:30 am  
Edina Community Center Door 3, Welcome Center Conference Room

## **Adult Conversational Spanish for Travelers**

Learn Spanish for travel from the comfort of home! This live, interactive course helps adults master essential phrases for greetings, dining, and directions. With Futura's engaging approach, you'll build confidence while having fun. Perfect for beginners and those with some experience. Zoom access and basic computer skills required. Zoom access and basic computer skills required. You will receive a zoom link 48 hours before the start of class in the email that you provided in your Eleyo account. If you have not provided us with an email, please do that by emailing [communityed@edinaschools.org](mailto:communityed@edinaschools.org).

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378-1 6 Sessions - \$145  
Thursdays, Feb 26 - Apr 2 6:00 - 7:00 pm  
Your Home Online

## **Adult Conversational Spanish: Beg. Part 1 - online**

Always wanted to learn or refresh your Spanish? This class focuses on building conversational skills through interactive practice. Topics include greetings, pronunciation, numbers, food, clothing, and basic grammar. You'll engage in small conversations and explore cultural insights like word origins and dialects. Zoom access and basic computer skills required. You will receive a zoom link 48 hours before the start of class in the email that you provided in your Eleyo account. If you have not provided us with an email, please do that by emailing [communityed@edinaschools.org](mailto:communityed@edinaschools.org).

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377-1 6 Sessions - \$145  
Mondays, Feb 23 - Mar 30 6:00 - 7:00 pm  
Your Home Online



# Adult Winter/Spring 2026 Class Descriptions

## **Adult Conversational Spanish: Beg. Part 2 - online**

Continue your Spanish journey in Beginner Spanish Part Two! Build on conversational skills for directions, restaurants, and everyday interactions. Learn vocabulary on weather, dates, family, and key verbs like ser and tener. Explore cultural topics on food, family, and friendships. Open to new and returning students. Zoom access and basic computer skills required. You will receive a zoom link 48 hours before the start of class in the email that you provided in your Eleyo account. If you have not provided us with an email, please do that by emailing [communityed@edinaschools.org](mailto:communityed@edinaschools.org).

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347-2 6 Sessions - \$145  
Tuesdays, Feb 24 - Mar 31 6:00 - 7:00 pm  
Your Home Online

## **Adult Conversational Spanish: Intermediate Part 1 - online**

This intermediate course helps adults improve conversation skills through interactive lessons. Topics include AR verb conjugation, infinitives, future tense, prepositions, and more. Practice making plans, discussing preferences, and explore holiday traditions in Spanish-speaking countries. Open to new students and previous Beginner Spanish Part 1 and 2 conversation participants. Zoom access and basic computer skills required. You will receive a zoom link 48 hours before the start of class in the email that you provided in your Eleyo account. If you have not provided us with an email, please do that by emailing [communityed@edinaschools.org](mailto:communityed@edinaschools.org).

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348-1 6 Sessions - \$145  
Wednesdays, Feb 25 - Apr 1 6:00 - 7:00 pm  
Your Home Online

## **Adult Conversational Spanish: Intermediate Part 2 - online**

Continue building your Spanish skills with interactive conversations, role-playing real-life scenarios, and expanding your vocabulary. This course covers ER & IR verb conjugation, hobbies, sports, and workplace terminology, along with cultural discussions on music, dance, and influential figures in Spanish-speaking countries. Open to students who have completed Intermediate Spanish Part 1 or a beginner conversation course. Zoom access required. You will receive a zoom link in your course confirmation email from community ed. Futura will also email you the link 48 hours before the start of class in the email that you provided in your Eleyo account. If you have not provided us with an email, please do that by emailing [communityed@edinaschools.org](mailto:communityed@edinaschools.org).



# Adult Winter/Spring 2026

## Class Descriptions

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349-1 6 Sessions - \$145  
Wednesdays, Feb 25 - Apr 1 6:00 - 7:00 pm  
Your Home Online

### **Adults with Disabilities - My Choice, My Art, Me**

Join us for this vibrant and inclusive art experience tailored to every skill level! In this engaging series, each participant will create up to 2-3 unique artworks using an array of mixed media of their choice—from bold acrylics and paint markers to expressive pastels and color pencils. With a cozy and person-centered class size limited to 6, you'll receive lots of one-to-one support and the freedom to choose your inspiration: whether it's your beloved pet, a mouth-watering dessert, or a favorite vacation spot—special requests are warmly welcomed. Have fun, grow your confidence and creativity, all while learning more about you! Each student or their guardian is required to have a conversation with Candice Simpson, the instructor, prior to the class start date. This will allow her to learn about the students' individual needs/circumstance. She will reach out to each student prior to the start date. Please note that the guardian will remain on site in the welcome area of the Edina Community Center building. There is a couch area with high counter workspaces for you to use. The welcome area is right next to the classroom in the event that a student needs assistance. Students attend class on their own, thereby fostering their independence and unique sense of creativity. This class is designed for adults with developmental and/or intellectual disabilities and neurodiverse individuals. Please note that two of the dates for this series have changed. The second and third session will now be held on a Monday.

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426-1 4 Sessions - \$25  
Thursdays, Jan 8 - Jan 29 6:30 - 7:30 pm  
Edina Community Center Door 3, Room 170B (W/ Kitchen)

426-2 4 Sessions - \$25  
Thursdays, Feb 19 - Mar 12 6:30 - 7:30 pm  
Edina Community Center Door 3, Room 170B (W/ Kitchen)

### **Ballet appreciation/Giselle - Intergenerational**

Join us for this unforgettable experience with an amazing ballet classic! Whether you have taken ballet classes or you just love an evening out at the theater, you will enjoy this special opportunity created just for Edina Community Ed participants! Join us for an evening with Continental Ballet Company to watch their production of Giselle and receive a private talk to learn more about the ballet, the company and what it takes to put on such a production. As a bonus, you will get to see our very own ballet instructor, Kaethe



# Adult Winter/Spring 2026 Class Descriptions

Birkner, in her return to the stage, as she will be performing in this production! This event is for ages 10 and up. All youth must come with an adult. If you have questions, please email our ballet instructor Kaethe Birkner at kabirkner2020@gmail.com. Ballet Appreciation #1 : Giselle – Performance + Talk Bloomington Arts Center - Saturday, March 14, 2026 from 6:15pm to 9:30pm This performance will include a talk before the show. Your tickets to the show will be given to you when you sign-in for the talk. Please note, you will need to arrive at the theater, located in Bloomington, by 6:15pm. More details will be emailed out to participants closer to the show date. Please be sure the email you have on file with us is current. You must sign up by 2/27/26. If you wish to sign up past this date, please contact Edina Community Ed to see if it is possible. About Giselle: Full of ghosts and romance, this ballet tells the story of Giselle, a peasant girl who falls in love with a nobleman, Albrecht, thinking he is a peasant. Hilarion, another villager, is also in love with Giselle and he is jealous of her love for Albrecht. Albrecht is also engaged to a noble lady named Bathilde. Hilarion finds out Albrecht's secret and tells the village that Albrecht is a nobleman and betrothed to someone else. When Albrecht's true identity and engagement is revealed and Giselle learns they cannot be together, she dances herself to death because of her weak, and now broken, heart. After her death, Giselle becomes a Willis. Willis, led by their queen Myrtha, are all unmarried women who were scorned or betrayed by their lovers in life. They take revenge in the night on any man wandering the woods by making him dance himself to death. Hilarion goes to mourn at Giselle's grave and is caught by the Willis and dies. Albrecht also goes to Giselle's grave and is caught by the Willis. Albrecht and Giselle plead with Myrtha to spare him. Myrtha will not. Still, Giselle's love protects Albrecht so he dances til dawn but doesn't die. At dawn the Willis fade with the night, leaving Giselle, now freed from their power of vengeance and hate, saying goodbye to her love who is safe. This ballet is to the ballet world rather what Hamlet is to the theater world: a traditional classic that stands the test of time and is a recognizable name with a tragic story line that is performed all over the world by companies great and small. This is a Romantic-era ballet, which are known for their long, white tutus and stories filled with ghosts or other supernatural beings. A true classic that you will not want to miss! About Continental Ballet Company: Continental Ballet Company has been performing ballets from the classical repertoire for thirty-seven years. Under the direction of Founder, Riet Velthuisen, the company rehearses daily in their studio at the Bloomington Center for the Arts. Riet is originally from Holland where she danced professionally with several European companies including the Dutch National Ballet. CBC dancers are contracted each season and this year we welcome dancers from the Twin Cities, New York, Florida and Switzerland. They are all adult professionals with a minimum of seven years of training. The company is committed to providing enriching, entertaining and educational programs that advance the art of classical ballet and encourage community engagement.

Please read our Adult

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323-1 1 Session - \$32

Saturday, Mar 14 6:15 - 9:30 pm

Bloomington Center for the Arts Bloomington Center for the Arts

## **Ballet appreciation: Mary Poppins - Intergenerational**

Join us for one or two unforgettable experiences: watching an original ballet based on a beloved story! Whether you have taken ballet classes or you just love an evening out at the theater, you will enjoy this special opportunity created just for Edina Community Ed participants! Join our ballet instructor, Kaethe Birkner, for an evening or afternoon with Ballet Co. Laboratory to watch rehearsals of their production of Mary Poppins along with a behind the scenes opportunity at each offering. These events are for ages 10



# Adult Winter/Spring 2026 Class Descriptions

and up. All youth must come with an adult. Please read through the descriptions carefully to ensure you choose the event that works best for you, your family, or your group. If you have questions, please email our ballet instructor Kaethe Birkner at kabirkner2020@gmail.com.

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**Ballet Appreciation #1: Mary Poppins – In-Studio Rehearsal + Dancer Q&A** Ballet Co. Laboratory, St. Paul - Friday, May 1, 2026 from 1pm to 3pm This rare opportunity will allow you to see an in-studio rehearsal for Mary Poppins only two weeks before it will be on stage. You will have a chance to see where the dancers rehearse everyday and get an up-close look at the rehearsal process. You will also be able to ask the dancers questions with a Q&A! This option will be held at Ballet Co. Laboratory's studio in St. Paul. More details will be emailed out to participants closer to the show date. Please be sure the email you have on file with us is current. For option 1, you must sign up by 4/27/26. If you wish to sign up past this date, please contact Edina Community Ed to see if it is possible.

**Ballet Appreciation #2: Mary Poppins – Dress Rehearsal + Backstage Tour** E.M. Pearson Theater at Concordia University, St Paul - Wednesday, May 13, 2026 from 5pm to 8pm Come and watch the dress rehearsal for the show Mary Poppins! Held in the theater, you will get to see first hand the work it takes to move a show from the studio to the stage and you'll be the first to see the production onstage! Participants will also be given a backstage tour of the theater! Please note you must arrive by 5pm at E.M. Pearson Theater at Concordia University. More details will be emailed out to participants closer to the show date. Please be sure the email you have on file with us is current. For option 2, you must sign up by 5/6/26. If you wish to sign up past this date, please contact Edina Community Ed to see if it is possible.

**About Mary Poppins:** Mary Poppins will sweep you into a world where anything can happen—blending unforgettable characters, dazzling choreography, and a dash of theatrical magic. Join us for a spoonful of sugar sure to stir your soul and set your imagination free.

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**About Ballet Co. Laboratory:** Ballet Co. Laboratory is Minnesota's largest professional ballet company and school. Based in Saint Paul and established in 2018, they empower creativity while engaging communities in new ways of thinking, learning, and moving. Ballet Co.Laboratory is nationally recognized for challenging ballet's "traditions that exclude" by reimagining how ballet is taught, created, and presented. Please read our [Adult Programming Overview](#) page for all info regarding registration, cancellation, and building info. **Adult Programs - Edina Community Ed** ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. **Late Registration:** If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

422-1 1 Session - \$28  
Friday, May 1 1:00 - 3:00 pm  
Ballet Co.Laboratory Studios Ballet Co.Laboratory Studios

422-2 1 Session - \$55  
Wednesday, May 13 5:00 - 8:00 pm  
E.M. Pearson Theater at Concorida University E.M. Pearson Theater at Concorida University

## **Beginning Clawhammer Banjo - Intergenerational**

Join Julie Jao for a lot of rhythm, a little melody, a strike, a strum and a pluck! Beginning Clawhammer Banjo. Mommas and Poppas, Grandpas and grandmas, and musically inclined young'uns 14 and up are welcome to come learn the hottest banjo style! Clawhammer Banjo is fun and very accessible. Julie will teach you tunes, listening skills, jam etiquette, and some basic music theory. Build camaraderie among students and a love of playing n this fun and active class. Please bring a banjo (preferably open-back), a



# Adult Winter/Spring 2026 Class Descriptions

tuner and capo. Students can also bring a recording device or use their phone to record the lesson. Designed for students with little or no experience playing Banjo. You'll be playing songs around the campfire or in your living room for your family in no time.

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406-1 4 Sessions - \$108  
Mondays, Feb 9 - Mar 9 6:00 - 7:30 pm  
Edina Community Center Door 3, (Meeting Room)  
No Class Feb 16

## **Beginning Women's Woodshop**

Develop your woodworking skills in this 9-week class with a supportive, learning-oriented environment. This gender affinity class will lead beginning woodworkers through a project that will help registrants learn the basics of woodworking. Individual hands-on instruction is provided. Registrants will all make the same projects and all project materials will be provided for a small additional fee. Projects include a cutting board and a box with a variety of joinery choices. Beginners welcome! You do not need to take Woodworking Fundamentals prior to taking this class. Completing this course satisfies the Woodworking Fundamentals: Woodshop Orientation course requirement. **\*\*PLEASE NOTE:** Attendance is required for the first day of your Women's Woodshop session. This is in order to meet one another and to allow participants to be adequately introduced to all our woodshop expectations, protocols, and goals. Helpful suggestions: Bring a pencil. Ear and eye protection provided, but you can bring your own. You might find an apron useful. Avoid loose clothing. The Community Woodshop exists for learning and community-building. Commercial production for sale or profit is not consistent with our goals and mission and is not allowed.

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356-1 9 Sessions - \$105  
Mondays, Mar 9 - May 4 6:00 - 9:00 pm  
Edina Community Center Woodshop

## **Beginning Woodcarver: Cardinal - Intergenerational**

Cardinals are a symbol of love, fidelity, and for many of us a remembrance of someone in our life who has passed away. It makes a perfect gift for Valentine's Day. We will carve several cardinals of different sizes. Upon completion students will be able to paint their carvings.. Knives and safety gloves will be available for each student to use at no charge; however, participants are encouraged bring their own, should they have them. Materials (wood blanks, paint, brushes, and wax) will be provided. Additional blanks will be available for cash/Venmo purchase in class.

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Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info. Adult



# Adult Winter/Spring 2026 Class Descriptions

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408-2 1 Session - \$70  
Saturday, Feb 7 8:00 am - 12:00 pm  
Edina Community Center Door 3, Makers Space

## **Beginning Woodcarver: Gnome - Intergenerational**

Class will begin with learning about various knives, how to utilize them, and the types of wood used in carving. Participants will carve a Gnome from a block of wood utilizing various types of cuts. After completing the carving, students will be able to paint their project. Knives and safety gloves will be available for each student to use at no charge; however, participants are encouraged bring their own, should they have them. Materials (wood blanks, paint, brushes, and wax) will be provided. Additional blanks will be available for cash/Venmo purchase in class.

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Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

390-1 1 Session - \$70  
Saturday, Jan 24 8:00 am - 12:00 pm  
Edina Community Center Door 3, Makers Space

390-2 1 Session - \$70  
Saturday, Mar 7 8:00 am - 12:00 pm  
Edina Community Center Door 3, Makers Space  
Saturday, Mar 7 8:00 am - 12:00 pm  
Edina Community Center Door 3, Makers Space

## **Bob Ross Landscape Oil Painting - Intergenerational**

Register early as this class will fill up fast. You and your friends can learn the Bob Ross-style of landscape oil painting using the wet-on-wet technique in this 3-hour class. With all equipment provided, you will follow the step-by-step instruction to create your own replica of a Bob Ross painting. Enjoy this easy-going atmosphere as you learn how to paint mountains, trees, bushes, hills, rivers, lakes, and sunsets on a 20x16 canvas. Ages 13+. Misty Lake Sunrise will be taught on 3/5/26 and Sunset Aglow will be taught on 5/5/26. All materials provided.

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Please read our Adult  
Programming Overview page for all info regarding registration, cancellation, and building info. Adult  
Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

361-1 1 Session - \$72



# Adult Winter/Spring 2026 Class Descriptions

Thursday, Mar 5 5:30 - 8:30 pm  
Edina Community Center Door 3, Makers Space

361-2 1 Session - \$72  
Tuesday, May 5 5:30 - 8:30 pm  
Edina Community Center Door 3, Makers Space

## **Chair Yoga with Preethi**

Join Preethi Stolpman for her engaging and energetic chair yoga. Chair yoga is for everyone no matter what your ability. Come learn why chair yoga is good for everyone. Preethi is an RYT 500 yoga teacher who loves teaching yoga here at the Edina Community Center and other locations in the Twin Cities.

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347-1 11 Sessions - \$199  
Wednesdays, Jan 7 - Mar 25 8:00 - 8:45 am  
Edina Community Center Door 3, Dance Studio  
No Class Mar 18

## **Coaster Tile - Glass Mosaic Discovery**

In this introductory mosaic tile class, students will learn how to design a tile by using colorful glass to create a pattern. Participants will learn how to cut pieces of glass with nippers, adhere the pieces of glass into their pattern, and add grout around the glass. Our instructors will explain the safety, equipment, and tools that glass artists use everyday to create their art. Projects will be finished tiles that can be used for display, decoration, or be used as coasters. Projects will be finished by the end of class and can be taken home by students. Each student will create one 4"x4" project. No experience is required and all materials are provided. 2 hours in duration. Class capacity limited to 8 individuals

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410-1 1 Session - \$95  
Saturday, Mar 7 10:00 am - 12:00 pm  
Foci Minnesota Center for Glass Arts Foci Minnesota Center for Glass Arts

## **Copper Foil Stained Glass 101 - Intergenerational**

Learn the Art of copper foil stained glass with John Hanson who has been designing, creating, repairing, and restoring antique glass windows for over 25 years. All tools, supplies, and materials are supplied and each student takes home a small panel. Safety glasses must be brought and used while cutting and grinding glass. Age 12 and over with an adult may attend. No experience needed. You will learn how to



# Adult Winter/Spring 2026 Class Descriptions

make, cut, and use patterns, cut and grind glass, tape glass with copper foil, solder glass, finish the edges with a zinc border, and add rings for hanging. He will also discuss how to use patina and polish to finish the panel. You must have sufficient arm and hand strength to cut and break glass. \$40 materials fee to be paid in cash on first day of class. Bring your own safety glasses/goggles.

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386-1 2 Sessions - \$142  
Tue Feb 3 & Wed Feb 4 10:00 am - 1:30 pm  
Edina Community Center Door 3, Room 170B (W/ Kitchen)

386-2 2 Sessions - \$182  
Wed Mar 25 & Thu Mar 26 5:00 - 8:30 pm  
Edina Community Center Door 3, Room 170B (W/ Kitchen)

## **Data Centers, AI and Their Environmental Impact - hybrid**

What do data centers mean for the long term health of the environment? How much impact are they going to have on our efforts to reduce emissions? What do you and our policy makers need to know about data centers in Minnesota? Join Professor Suda Ishida for this free discussion of data centers and their impact on the environment. Dr. Suda Ishida is professor of Communication Studies and the director of the Certificate in International Journalism program. Born and raised in Bangkok, Thailand, Suda worked as a teacher in an Indochinese refugee camp run by the United Nations High Commissioner for Refugees (UNHCR) in Thailand right after her graduation. She went on to become a news reporter in several Bangkok-based media organizations, including The Nation daily newspaper and the Associated Press (Bangkok bureau). Professor Ishida earned an MA in international communication from Macquarie University, Sydney, Australia, and a PhD in Mass Communications and Journalism from the University of Iowa. Her research focuses on mass media in Thailand, globalization and social movements. Her courses at Hamline include Introduction to Critical Media Studies, Media in the Digital Age, Media in Global Perspective, Media and Global Environmental Conflicts, Intercultural Communication, and Global Advertising. She also writes in the Thai language as a columnist for a Thai non-profit media website called Media Inside Out

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362-1 1 Session - \$15  
Saturday, Mar 21 1:00 - 2:45 pm  
Edina Community Center Door 3, Room 348

## **Downsizing in the Current Housing Market**

Have you been thinking that now might be the time to downsize but aren't sure where to start, how to do it, or what your options are? Bonus-all attendees receive the Downsizing Made Easy guide PDF-A \$24.95



# Adult Winter/Spring 2026

## Class Descriptions

value. Access to preferred service providers and discount coupons are provided, as well as a no-cost home evaluation for those who want to know the value of their home and recommended suggestions to make it more salable. Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

373-1 1 Session - \$5  
Tuesday, Jan 20 7:00 - 9:00 pm  
Edina Community Center Door 3, (Meeting Room)

### **Explore - The Museum of Russian Art**

Join Maria Cassidy our community ed tour guide for a guided tour of the Museum of Russian Art. Your tour begins at 11am and usually lasts around from 30 to 45 minutes. Please arrive a few minutes early. The cost includes the entrance fee as well as the guided tour with the Museum staff. Maria, who hails from Russia, will be available after the official tour to answer questions, revisit any paintings you might want to discuss, and provide more context. We removed the lunch portion of the event due to logistical issues. If you wish to gather afterwards for lunch at Wise Acre Eatery you may. The Museum of Russian Art in Minneapolis is located at 5500 Stevens Ave, MPLS 55419 at the corner of Diamond Lake Road and 35W. Street parking is available. \ Registration for this class closes on February 23. The rate is \$25 and \$23 for over 65, not \$30 as listed in the catalog.

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403-1 1 Session - \$25  
Saturday, Mar 7 10:45 am - 12:30 pm  
Museum of Russian Art Museum of Russian Art

### **Explore Edina - A Stroll through History - Intergenerational**

Join us for a walking tour that explores the rich and complex history of Edina. From its early days as a farming settlement to its evolution into a vibrant first-ring suburb, Edina has a fascinating story to tell—including chapters that are both inspiring and challenging. Learn about local architecture, hidden landmarks, and notable figures like B.C. Yancey. Discover what makes the Eastlake Style unique, and why part of the Edina Theater holds special historical significance. We'll meet at the historic Cahill School and wrap up at 50th & France—come ready to walk, listen, and see Edina with fresh eyes. We welcome our younger learners who are paired with an adult learner. Min age is 12 for this event.

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# Adult Winter/Spring 2026 Class Descriptions

367-1 1 Session - \$19  
Saturday, May 16 11:00 am - 12:45 pm  
Cahill School Cahill School

## Explore the World with June Gossler

Explore the World with June Gossler: June Gossler has had the opportunity to visit many "faraway places with strange sounding names," thanks to her son's career in the Foreign Service. She has visited Uzbekistan twice, once in 2002 and again in 2022. She had the opportunity to explore Armenia while her son was stationed there as a diplomat at the American Embassy. Each class will be offered twice. You only need to sign up for one each. You can attend one or both classes. You must register for each one.

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Unique Uzbekistan: Two sessions: Tues. Feb. 3, 7:00-8:00; Thurs. Feb. 5, 7:00-8:00 Join June as you travel along the Silk Road and visit the ancient cities of Uzbekistan. We'll begin and end in Tashkent, the capital city, that has reinvented itself after a century of Soviet occupation. Next stop will be Samarkand, a city of mosques and madrasa, built in the 15th century by Temur Amir, 14th Century conqueror and modern-day hero of the Uzbeks. Then, we'll join the throngs of holiday-goers for the Goldbroidey Festival in the timeless city of Bukhara to enjoy song, dance, and shopping for treasures. Ancient Armenia -After first viewing the Biblical Mt. Ararat from its capital city, Yerevan, we'll explore Areni Cave where archeologists have unearthed a 6000 year old wine press and an array of fermenting vats and storage pots. We'll follow the trail of prehistoric standing stones, Armenia's Stonehenge, marching across the mountaintop, visit a pagan temple complex, and a monastery carved into a mountain And we will learn the truth about the holocaust perpetrated by the Ottoman Turks in 1915 in which 1.5 million Armenians lost their lives.

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429-1 1 Session - \$10  
Tuesday, Feb 3 7:00 - 8:00 pm  
Your Home Online

429-2 1 Session - \$10  
Thursday, Feb 5 7:00 - 8:00 pm  
Your Home Online

429-3 1 Session - \$10  
Tuesday, Feb 10 7:00 - 8:00 pm  
Your Home Online

429-4 1 Session - \$10  
Thursday, Feb 12 7:00 - 8:00 pm  
Your Home Online

## Flavor Forward Spring Bowl Meals

Spring into fresh flavors with Kirsten in this live online cooking class. We'll start by preparing a grain base and a protein and while those are cooking, we'll make a sauce and some fresh sides, then assemble



# Adult Winter/Spring 2026 Class Descriptions

everything to enjoy now OR pack separately for meal prep. Participants will receive an extensive handout along with the link to join prior to class. There will be ample time for questions during the session, and participants will receive a link to the recording afterwards so you can cook along at your convenience.

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351-1 1 Session - \$26  
Thursday, Feb 26 6:30 - 8:00 pm  
Your Home Online

## **Focus on Native Authors - Intergenerational**

Read and Discuss: Everything you Always Wanted to Know About Indians But Were Afraid to Ask with our very own Francisca Stand-Strong, Edina Public Schools Native American Cultural Liason. This class is intergenerational. Students ages 13 and up may attend with an adult learner. EHS and VV students should take the Activity bus number 71 which will drop them off at door 7 at the community center. As soon as you have registered for this class you can pick up your FREE copy of the book at the welcome center located at 5701 Normandale Road in Edina. You can read the book before class if you wish or read it after. Just bring the book with you.

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419-1 1 Session - \$0  
Thursday, Apr 23 4:30 - 5:30 pm  
Edina Community Center Door 3, Welcome Center Conference Room

## **French for Travelers**

Are you planning a trip to a French-speaking destination? Get ready for your trip and learn the basics of French with an Alliance Française instructor in our French for Travelers crash course! This class is for you if you have never studied French before. Booklet provided.

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423-1 5 Sessions - \$259  
Thursdays, Apr 9 - May 7 6:00 - 8:00 pm  
Edina Community Center Door 3, Welcome Center Conference Room



# Adult Winter/Spring 2026

## Class Descriptions

### **Fused Silver Rings**

Who wants to play with fire!?! We will be fusing silver using butane torches to create 3 individual silver rings. You can stamp, hammer and shape to your liking. Wear them together or separately! Fun class to do with a friend/family member, no experience needed! About Tai Salisbury: Tai works as a full time goldsmith and instructor and has been teaching jewelry making skills for almost 20 years. She teaches silver fabrication with a strong focus on fundamentals, stone setting, casting, stone cutting, wire wrapping and more. For more information please visit [www.salibenne.com](http://www.salibenne.com).

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433-1 1 Session - \$114

Thursday, Feb 26 6:00 - 9:00 pm

Edina Community Center Door 3, Makers Space

### **Great Decisions**

The Great Decisions program provides background information and policy options for the eight most critical issues facing America each year and serves as the focal text for discussion groups across the country. The Great Decisions program was created by the Foreign Policy Association. The mission of the Foreign Policy Association today, as it has been for over 100 years, is to serve as a catalyst for developing awareness, understanding, and informed opinion on U.S. foreign policy and global issues. Through its balanced, nonpartisan programs and publications, the FPA encourages citizens to participate in the foreign policy process. Please read the Foreign Policy Association descriptions here: [FPA announces Great Decisions topics for 2026](#) This program is brought to the community through a partnership with Global Minnesota who provide us with the foreign policy experts. The Friends of the Edina Library and Global Minnesota graciously co-sponsor this program. January 12 - Andrew Latham - Ukraine & the Future of European Security Andrew Latham, MA, PhD. is Professor of International Relations and Political Theory at Macalester College, Saint Paul, MN; Non-Resident Fellow, Defense Priorities, Washington, DC; Senior Fellow, Institute for Peace and Diplomacy, Ottawa, CDA; and Opinion Contributor, The Hill, Washington, DC. Professor Latham's primary scholarly interests are in the areas of international relations and political thought. He regularly teaches courses on international security, Chinese foreign policy, regional conflict in the Middle East, regional conflict in the Asia-Pacific, medieval political thought, US foreign policy, and conservative political theory. His most recent publication is *Theorizing Medieval Geopolitics: War and World Order in the Age of the Crusades*. He has also published a novel about the Third Crusade entitled *The Holy Lance*. February 9 - Todd Lefko - Trump Tariffs and the Future of the World Economy Todd is President of the International Business Development Company, brings 35+ years of experience in international relations, specializing in import-export and new technologies. He has published over 700 articles as a columnist for *Rossiske Vesti* and is on the editorial board of the *Russian Historical Reporter*. Todd has taught thousands of students at Minnesota universities and lectured globally, from Russia to China. A founder of Global Volunteers and Chair of East-West Connections, Todd's academic background includes a BA in History, MA in Public Administration, and studies at Harvard. Please note this date is a TUESDAY! March 24 - Richard Leitch - Multilateral Institutions in a Changing World Order Professor Duncan McCampbell is an American lawyer and professor of international business and law at Metropolitan State University in Minneapolis. He spent 14 years—much of it living abroad—with the Westlaw division of Thomson Reuters, starting new online businesses in the UK, Germany, China, Australia, Hong Kong and the Netherlands. His professional interests include globalization, international business, non-US legal



# Adult Winter/Spring 2026

## Class Descriptions

systems, and corruption prevention. Every year he teaches law and business courses in Chinese universities. He has served as Co-Chair of the Minnesota China Business Council, Minnesota's oldest China business organization. He publishes frequently on global commercial, legal, political and security issues. In addition to his writing and teaching, Professor McCampbell leads a business consultancy that helps companies enter new overseas markets. Professor McCampbell's new book on U.S./China relations, *Sunset Over China*, is due to release by the end of the year.

March 30 - Todd Lefko - *Ukraine & the Future of European Security* Todd Lefko is President of the International Business Development Company, an import-export firm dealing with water purification equipment, kilns, linen, art, and new technologies. He has homes in both Minnesota and Moscow, and has written more than 680 articles, which appeared weekly in *Rossiske Vesti*, the political newspaper of the Russian Presidential administration, as well as other Russian newspapers. Todd is on the editorial board for the *Russian Historical Review*, a quarterly journal, as well as being the English editor for four Russian books. Todd has worked in Russia for over 32 years. Todd has taught sociology and urban affairs at the University of Minnesota and political science, international relations, political philosophy, political campaign management, leadership and organizational development at other Minnesota colleges. He has lectured at universities in Russia, China, Germany, Belarus, Kazakhstan, and Turkmenistan. He has an M.A. in Public Administration and coursework for a Ph.D. from the University of Minnesota and has studied public policy as Bush Fellow at Harvard and urban planning at the University of Manchester, England. He is one of the founders of Global Volunteers and has been their Treasurer and representative at the United Nations and serves on their Board of Trustees. Todd has also been a member of the Twin Cities Metropolitan Council, The Regional Transit Board, and the Minnesota Experimental City Authority. He is currently Chairperson of the Russian-American Business and Culture Council.

April 13 - Ellen Kennedy - *The Future of Human Rights and International Law* Ellen J. Kennedy, Ph.D., is the founder and Executive Director of World Without Genocide, a human rights organization located at Mitchell Hamline School of Law in St. Paul, where she is an adjunct professor. Kennedy was named an Outstanding Citizen by the Anne Frank Center in New York, a Prominent Minnesotan, and one of '50 over 50' in Minnesota for her work. She received the FBI Director's Community Leadership Award and the Liberty Bell Award from the Ramsey County Bar Association for advancing human rights and the law. She is a recipient of the Alumni of Distinction award from Northern Michigan University, Woman of Valor award from Forward Global Women, and Changemaker award from Minnesota Women's Press. Kennedy is a representative to the United Nations Department of Global Communications and World Without Genocide is in Special Consultative Status to the United Nations. Kennedy has a BA degree from the University of Michigan, two masters' degrees from Northern Michigan University, and an MA and two doctorate degrees from the University of Minnesota.

April 27 - Gary Prevost - *US Engagement with Africa*. Gary Prevost is Professor Emeritus of Political Science at the College of St. Benedict and St. John's University and Research Associate and Honorary Professor at Nelson Mandela University in South Africa. He has taught Middle East Politics for more than 40 years with a particular focus on the Israeli-Palestinian question. He has presented Great Decisions lectures on Middle East topics for the past 25 years. Gary Prevost is Professor Emeritus of Political Science and Latin American Studies at the College of St. Benedict and St. John's University and Research Associate and Honorary Professor at Nelson Mandela University in South Africa. He is the author or co-editor of close to twenty books and 100 academic articles on a range of international subjects with a primary focus on Latin America and South Africa. He has taught courses on international relations for fifty years and is regular lecturer in the Great Decisions program of Global Minnesota.

May 11 - Andrew Latham - *Ruptured Alliances and the Risk of Nuclear Proliferation* Andrew Latham, MA, PhD. is Professor of International Relations and Political Theory at Macalester College, Saint Paul, MN; Non-Resident Fellow, Defense Priorities, Washington, DC; Senior Fellow, Institute for Peace and Diplomacy, Ottawa, CDA; and Opinion Contributor, The Hill, Washington, DC. Professor Latham's primary scholarly interests are in the areas of international relations and political thought. He regularly teaches courses on international security, Chinese foreign policy, regional conflict in the Middle East, regional conflict in the Asia-Pacific, medieval political thought, US foreign policy, and conservative political theory. His most recent publication is *Theorizing Medieval Geopolitics: War and World Order in the*



# Adult Winter/Spring 2026 Class Descriptions

Age of the Crusades. He has also published a novel about the Third Crusade entitled The Holy Lance.

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350-1 1 Session - \$0  
Monday, Jan 12 4:00 - 5:30 pm  
Edina Community Center Door 3, Room 348

350-2 1 Session - \$0  
Monday, Feb 9 4:00 - 5:30 pm  
Edina Community Center Door 3, Room 348

350-3 1 Session - \$0  
Tuesday, Mar 24 4:00 - 5:30 pm  
Edina Community Center Door 3, Room 348

350-4 1 Session - \$0  
Monday, Mar 30 4:00 - 5:30 pm  
Edina Community Center Door 3, Room 348

350-5 1 Session - \$0  
Monday, Apr 13 4:00 - 5:30 pm  
Edina Community Center Door 3, Room 348

350-6 1 Session - \$0  
Monday, Apr 27 4:00 - 5:30 pm  
Edina Community Center Door 3, Room 348

350-7 1 Session - \$0  
Monday, May 11 4:00 - 5:30 pm  
Edina Community Center Door 3, Room 348

## **Hand Knit Chunky Blanket Experience - Intergenerational**

The price on this class has been decreased by \$20 in order to make it more affordable and more accessible to more people. Connect with your creative side and join us for our no-experience-required art class. Jeremy Ross from Your Bearded Artist will guide you through hand knitting your very own soft, chunky blanket. During this one-of-a-kind event, Jeremy will guide you step-by-step. No needles or knitting experience is required and all supplies will be provided. You will receive 140 yards (5 skeins) of size 7 chunky yarn (100% polyester) available in a variety of colors. Your completed blanket will measure approximately 40"x50". Families can join in on the blanket making fun. Ages 8 and up if accompanied by an adult are welcome to join. Sometimes working as a 2 person family team is a great way to make sure the young ones get the attention they need. If you have any questions, please reach out to Heather Larson [heather.larson@edinaschools.org](mailto:heather.larson@edinaschools.org). Jeremy's other classes are also intergenerational.

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Please read our Adult Programming Overview page for all info regarding registration, cancellation, and



# Adult Winter/Spring 2026 Class Descriptions

building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

409-1 1 Session - \$85  
Thursday, Jan 15 6:00 - 9:00 pm  
Edina Community Center Door 3, Makers Space

409-2 1 Session - \$85  
Thursday, Apr 2 6:00 - 9:00 pm  
Edina Community Center Door 3, Makers Space

## Home Electrical Repair 1 & 2 - Intergenerational

Basic Home Electrical Repair Class 1 & 2 combined: Week 1: Learn about the basic home electrical system, different gauges of wire, application and safety. Proper techniques discussed for stripping wire, attaching to outlets, switches and light fixtures, as well as test equipment. We will compare different light bulbs and proper selection of LED light bulbs. Bring straight and Phillips screwdrivers, long nose pliers and wire stripping pliers to class if you have them. Handouts included with the class. Hands-on. Week 2: Continue learning about home electrical repair by attending this "hands-on" class. Prerequisite: Basic Home Electrical Repair Class I. You will install single pole and 3-way switches, outlets and light fixtures to energize a light bulb and test the circuit. We will discuss proper installation of different light fixtures and ceiling fan and how to rewire a lamp and repair extension cords. Please bring straight and Phillips screwdriver, wire stripper, and long-nose pliers to class if you have them. Handouts included with the class. Hands-on. 16 and over with an adult may attend.

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430-1 2 Sessions - \$89  
Mon Apr 27 & Mon May 4 6:00 - 8:00 pm  
Edina Community Center Door 3, Room 315

## Home Plumbing Repair - Intergenerational

Want to feel more confident handling small plumbing repairs at home? In this class, you'll learn how your home's plumbing system works and get hands-on practice with basic repairs. You'll: Learn about different types of plastic and metal pipes Take apart and fix different kinds of faucets Replace a pop-up drain assembly Talk about how toilets work inside This class is great for beginners who want to save money and feel more comfortable doing simple plumbing jobs. Teens ages 16 and above with an adult may attend.

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# Adult Winter/Spring 2026 Class Descriptions

431-1 1 Session - \$59  
Monday, May 11 6:00 - 8:30 pm  
Edina Community Center Door 3, Room 315

## **Homer and the Odyssey: Adult**

Coming out in mid-2026, the movie "The Odyssey" will be the film event of the year. Matt Damon plays Odysseus, and Anne Hathaway plays Penelope. To best appreciate the movie, learn about the epic poem on which it's based. This course will describe Homer and the poem—which, along with Homer's "Iliad", are the oldest works of Western literature and actually pre-date writing. In addition to the poem, the class will present the history of the period and the method by which Homer crafted his works. Students are encouraged to read the book, but it is not necessary.

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Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

387-1 10 Sessions - \$68  
Tuesdays, Feb 24 - Apr 28 6:00 - 7:00 pm  
Edina Community Center Door 3, Room 351

## **How to Talk to Children about Death and Dying**

Children become aware of death at the sighting of their first dead bug or bird while exploring their surroundings. Taking these natural occurrences, adults can build a foundation of knowledge for children of all ages. Talking about death can feel overwhelming or scary, but it doesn't have to be. Whether it is the death of a pet or a human loved one, we will discuss how to start a conversation with children, and ways to add information based on an individual child's age and development. We will discuss recommended words and language, and things to consider when having these conversations. We will discuss children's comprehension of death and typical behaviors grieving children may exhibit. We will share recommended resources and give opportunities to ask questions. This class will be helpful to adults whether they have children, or spend time with children (eg: family members, schools or childcare). We want everyone to feel prepared to have these conversations. This class is virtual/online.

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394-1 1 Session - \$15  
Thursday, Feb 26 6:30 - 7:30 pm  
Your Home Online

## **Intro to Fly Fishing on the Stream with Scott Harness**

Live 5 hour fly fishing class on the trout stream. Includes one hour introduction to everything fly fishing! We



# Adult Winter/Spring 2026 Class Descriptions

will discuss gear, flies, rigging and knots followed by fly casting lessons both on dry ground and on the river. Next, we put on waders and boots and go fishing for trout under the watchful eye of master guide and instructor Scott Harness. We will be fishing on the Rush River or the Kinnickinnic River in western Wisconsin which is a 1.25 - 1.5 hours from Mpls. For reference it's the River Falls area. The location may vary slightly based on the river conditions. Scott will update the class a few days before the class starts about the exact location of the meeting spot.

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412-2 1 Session - \$175  
Friday, Apr 24 12:00 - 5:00 pm  
Edina Community Center (Meeting Room)

## **Intro to Fly Tying with Scott Harness - intergenerational**

Learn the basic foundational techniques used in the art of tying a fly. Personal, detailed instruction from master fly fisherman and fly-tier Scott Harness. You will learn the how and why concerning tools, materials, and hook selection. Scott will teach you what the flies represent to fish. You will tie a minimum of 3 flies that will catch fish! Youth ages 12 and up may attend this class with an accompanying adult participant. Adult and Youth fee apply.

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412-1 1 Session - \$65  
Thursday, Feb 12 6:00 - 8:00 pm  
Edina Community Center Door 3, (Meeting Room)

## **Intro to Squash: Adult Squash for Beginners & Beyond**

Move over Pickleball and say hello to the calorie burning exhilarating game that rules the court. Dive into squash - it's just what you need to get the best full body workout ever. The sport combines physical fitness with strategic mental sharpness. It is hailed as the world's healthiest way to build stamina, agility, and quick thinking—all while having a blast! You'll learn essential squash techniques through engaging drills, personalized feedback, and game play that enhance your footwork, shot accuracy, and tactics, helping you reduce stress, boost energy, and achieve personal goals like better health or career balance. Join a welcoming community of like-minded adults, fostering lifelong friendships and inclusivity for all skill levels. Whether relieving anxiety, solving fitness plateaus, or embracing fun competition, you'll transform your routine into an empowering journey of growth, resilience, and success on and off the court. Instructor Shoby Gul is a globally recognized squash professional with over 15 years of coaching experience both internationally and as a pro at premier U.S. squash clubs. All equipment provided Read more here: [Boast Squash](#)

Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days



# Adult Winter/Spring 2026 Class Descriptions

before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

319-1 9 Sessions - \$245  
Thursdays, Jan 8 - Mar 5 6:00 - 7:00 pm  
Boast Squash Boast Squash

319-2 9 Sessions - \$245  
Thursdays, Mar 26 - May 21 6:00 - 7:00 pm  
Boast Squash Boast Squash

## **Introduction to Foraging: Discovering Wild Foods**

Spring offers many tasty opportunities for the growing forager! Join Maria Wesserle of Four Season Foraging in this introductory class about common wild edibles. We will start inside for a slideshow presentation, then move outdoors to explore wild edible plants of the spring landscape. Together we will learn about laws and ethics around foraging, as well as identification, harvest, and preparation of edible species. Please dress for the weather (rain or shine!) and be prepared to walk around a mile. Plants we will probably encounter include garlic mustard, burdock, dandelion, plantain, and many others! You will leave with a newfound appreciation for the wild plants that grow all around us plus a greater sense of confidence in foraging your own food! We will start inside the Edina Community Center in room 315 for a slideshow presentation, then move outdoors to explore wild edible plants of the early summer landscape. (Make sure to drive or carpool to the Community Center so you have transportation to the park.) Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

388-1 1 Session - \$45  
Saturday, May 9 10:00 am - 12:00 pm  
Edina Community Center Door 3, Welcome Center Conference Room

## **Italian Cooking - Fresh Pasta 2, Cavatelli!**

Fresh, homemade pasta—simple ingredients, unforgettable flavor! In this hands-on class you'll learn how to make cavatelli! Cavatelli are small shell shaped hand formed pasta from southern Italy characterized by their hollow center and often ribbed texture, which are excellent for capturing sauce. They are traditionally made from eggless dough and are versatile, pairing well with hearty meat sauces, lighter vegetable sauces, and seafood dishes. No machine needed, only clean hands and a smile. The simple, repetitive, and tactile nature of working with the dough can be soothing and mindful, offering a welcome break from the stresses of modern life. You will get to try your homemade Cavatelli with my Italian Sunday meal favorite - Neapolitan Ragu! Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

376-1 1 Session - \$45



# Adult Winter/Spring 2026

## Class Descriptions

Tuesday, Mar 10 6:00 - 8:00 pm  
Edina Community Center Door 3, Room 170B (W/ Kitchen)

376-2 1 Session - \$45

Thursday, Mar 12 10:00 am - 12:00 pm  
Edina Community Center Door 3, Room 170B (W/ Kitchen)

### **Italian Cooking - Italian Desserts for Mothers' Day**

Just in time for Mothers' Day. Join Cristina Garrasi for a chocolate, fruit, and mocha filled cooking class. Cristina will teach you how to make Tiramisu, Crostata di Frutta and Espresso Cookies! Dolci, dolci, dolci! Once you learn how to make these classic Italian desserts you'll want to make them for all your favorite people, especially the mamma's in your life!

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380-1 1 Session - \$45

Tuesday, May 5 6:00 - 8:00 pm  
Edina Community Center Door 3, Room 170B (W/ Kitchen)

380-2 1 Session - \$45

Thursday, May 7 10:00 am - 12:00 pm  
Edina Community Center Door 3, Room 170B (W/ Kitchen)

### **Italian Cooking: A Day in Sicily!**

Let's travel again, this time to la bella Sicilia! You don't need to go to Sicily to feel like you are living like a Sicilian. Join Cristina Garrasi to learn the art of making Pasta alla Norma, Caponata, and Pesce alla Messinese; fish Messina style. Mangiamo come i siciliani!

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379-1 1 Session - \$45

Tuesday, Apr 14 6:00 - 8:00 pm  
Edina Community Center Door 3, Room 170B (W/ Kitchen)

379-2 1 Session - \$45

Thursday, Apr 16 10:00 am - 12:00 pm  
Edina Community Center Door 3, Room 170B (W/ Kitchen)

### **Italian Cooking: Valentine's Dinner**



# Adult Winter/Spring 2026 Class Descriptions

Let's get ready for Valentine's day! We will make pink hart shaped ravioli, using beet juice for natural color, "involtini" with sage and prosciutto and chocolate lava cake. Come with your plus one or by yourself for a treat! \_\_\_\_\_ Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

405-1 1 Session - \$45  
Thursday, Jan 29 10:00 am - 12:00 pm  
Edina Community Center Door 3, Room 170B (W/ Kitchen)

405-2 1 Session - \$45  
Tuesday, Jan 27 6:00 - 8:00 pm  
Edina Community Center Door 3, Room 170B (W/ Kitchen)

## **Leathercraft 101: A Beginner's Guide - Intergenerational**

Discover the art of leatherworking in this hands-on beginner's course! Whether you're looking to craft your own wallets, bags, or accessories, or just repair a strap or belt, Leathercraft 101 will teach you the essential skills to get started. Learn how to select the right leather, master cutting and stitching techniques, and finish your projects with a professional touch. Through guided instruction and practical exercises, you'll create your own handcrafted leather items while gaining the confidence to continue your leathercraft journey. No prior experience needed—just bring your creativity and enthusiasm! Materials included in the price. Each participant will go home with a finished project; wallet or clutch. 16-year-olds may attend with a and adult learner parent or guardian. Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

434-1 2 Sessions - \$65  
Wed Feb 4 & Wed Feb 11 6:00 - 9:00 pm  
Edina Community Center Door 3, Makers Space

## **Mah Jongg Playtime: Beyond Beginners**

You've seen her on KSTP's Twin Cities Live! They call her Abbe Mah Jongg. We call her fabulous! Don't be fooled by imitations. Abbe is a seasoned teacher who has taught well over 1,000 students the tips and strategies that make Mah Jongg so special. No one else has the emotional and intellectual connection to the Mah Jongg game that she has. Playtime Beyond Beginners is a fun morning or evening of Mah Jongg. Are you ready? We are gathering players for an easy "meet up" of casual Mahj play with the option of getting some additional coaching from instructor, Abbe Blacker, who will be on hand to help make strategic, winning suggestions to you during the games. Mah Jongg is an excellent way to bond with family and friends, create community, and keep you quick on your toes! \* Note: Participants should have at least a basic understanding of the mechanics of the game. Although there will be an instructor on hand to help players with assistance as needed, this is not a beginner's class. Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina



# Adult Winter/Spring 2026 Class Descriptions

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399-1 1 Session - \$32  
Thursday, Apr 9 10:00 am - 12:30 pm  
Edina Community Center Door 3, Room 3rd Floor Commons

399-2 1 Session - \$32  
Thursday, May 7 6:30 - 9:00 pm  
Edina Community Center Door 3, Room 3rd Floor Commons

## **Mah Jongg for Beginners**

You've seen her on KSTP's Twin Cities Live! They call her Abbe Mah Jongg. We call her fabulous! Don't be fooled by imitations. Abbe is a seasoned teacher who has taught well over 1,000 students the tips and strategies that make Mah Jongg so special. No one else has the emotional and intellectual connection to the Mah Jongg game that she has. This introductory course to American Mah Jongg will teach you everything we've learned to love about the wonderful world of "MAHJ" - the snacks, the chat, and of course the game! In this four-part beginning series you will learn the basics, be able to ask questions, and get plenty of practice. Soon you will master this exciting and challenging game of skill, strategy, and luck. Mah Jongg is an excellent way to bond with family and friends, create community, and keep you quick on your toes! No equipment needed, just pull up a chair and join us! Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

398-1 4 Sessions - \$180  
Wednesdays, Jan 7 - Jan 28 10:00 am - 12:30 pm  
Edina Community Center Door 3, Room 3rd Floor Commons

398-2 4 Sessions - \$180  
Wednesdays, Jan 7 - Jan 28 6:30 - 9:00 pm  
Edina Community Center Door 3, Room 3rd Floor Commons

398-3 4 Sessions - \$180  
Wednesdays, Feb 4 - Feb 25 10:00 am - 12:30 pm  
Edina Community Center Door 3, Room 3rd Floor Commons

398-4 4 Sessions - \$180  
Wednesdays, Feb 4 - Feb 25 6:30 - 9:00 pm  
Edina Community Center Door 3, Room 3rd Floor Commons

398-5 4 Sessions - \$180  
Wednesdays, Apr 8 - Apr 29 10:00 am - 12:30 pm  
Edina Community Center Door 3, Room 3rd Floor Commons



# Adult Winter/Spring 2026 Class Descriptions

398-6 4 Sessions - \$180  
Wednesdays, Apr 8 - Apr 29 6:30 - 9:00 pm  
Edina Community Center Door 3, Room 3rd Floor Commons

398-7 4 Sessions - \$180  
Wednesdays, May 6 - May 27 10:00 am - 12:30 pm  
Edina Community Center Door 3, Room 3rd Floor Commons

398-8 4 Sessions - \$180  
Wednesdays, May 6 - May 27 6:30 - 9:00 pm  
Edina Community Center Door 3, Room 3rd Floor Commons

## **Makeup Bootcamp for Women 40 and Better**

When was the last time you updated your makeup and beauty regimen? Has your skin changed over time? What about your hair color? Join this "boot camp" to update your look with tips and techniques for ageless beauty. Learn about a variety of products (some may be completely new to you), application, and the latest trends in makeup and skin care. Julie Sherman is a makeup artist with 30 years of experience. No products or services will be sold! This class is essential for busy, beautiful women who could use a little updating!

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372-1 1 Session - \$40  
Thursday, Mar 5 6:30 - 8:30 pm  
Edina Community Center Door 3, Room 311

## **Marvelous Macarons**

Marvelous Macarons NEW to Edina! Nancy Burgeson is sharing her Marvelous Macarons with our adult learners. They are beautiful and so fun to make! Your instructor will show you some simple tricks to make the process easy. We will make three different kinds: lovely blueberry, lemon, and pink, cherry or strawberry. There will also be some chocolate macarons for you to sample. Students will bake and assemble one recipe from start to finish, as well as decorate and assemble the other two recipes. You will be the talk of the party when you serve these little delicacies!

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435-1 1 Session - \$40  
Thursday, Mar 12 6:00 - 9:00 pm  
South View Middle School Room 205 FACS



# Adult Winter/Spring 2026 Class Descriptions

## **New Year Reset for Parents of Neurodivergent Kids**

Are you struggling with your neurodivergent child, dreading the battles, the homework, the meltdowns? Do you tense up at the idea of more pressure and parent calls? It doesn't have to feel like that! Join me for a 4-week online session designed to give you the tools and mindset shift to address expectations and emotionality to find more peace at home. Sarah Van Slyke is the parent of two neurodivergent young adults and a passionate advocate for valuing the skills and talents of these exceptional kids. She has navigated schooling (public, private, home), healthcare and parent care as her children grew and is eager to share her experiences and hard-won lessons in a group for parents looking to support their differently wired kids. Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

404-1 4 Sessions - \$36  
Thursdays, Feb 5 - Feb 26 6:30 - 8:30 pm  
Your Home Online

## **Open Woodshop: M-F Mornings**

Join a committed crew of woodcrafters where a myriad of experienced woodworkers, hobbyists, and beginners work side-by-side on personal and community projects. Our woodshop is well-equipped with all the major power equipment and hand tools you are likely to need to complete your projects as well as a finishing room for painting, varnishing or oiling. The Monday through Friday morning session Open Shop has a long tradition of volunteer monitors and mandatory breaks. The reduced price for M-F morning shop reflects a commitment by woodworkers to volunteer as a monitor 3-4 times each quarter. This is not optional: if you register for M-F Open Shop, expect to monitor. And expect to take a 10am coffee and treat break! Afternoon and evening/weekend Open Shop registrants have paid staff monitors and are not expected to volunteer nor are breaks mandatory. This is reflected in a higher price so we are able to compensate our staff monitors appropriately. We have moved to a quarterly calendar to allow participants to easily take a quarter off if they are traveling or unable to commit to the previous longer season length. This also allows us to naturally build in 4 skill building weeks throughout the year. **\*\*PLEASE NOTE:** We encourage you to attend the first day of your open Shop session. This is in order to meet one another and confirm that participants are up to date with all our woodshop expectations, protocols, and monitor roles. Note - All Open Shop participants must: have completed our pre-requisite of Woodworking Fundamentals : Woodshop Orientation or will have completed it before they attend open woodshop. be able to work independently (or with a PCA) Helpful suggestions: Bring a pencil. Ear and eye protection provided, but we encourage you to bring your own. Bring a hair tie if you have long hair You might find an apron useful. Avoid loose clothing and jewelry The Community Woodshop exists for learning and community-building. Commercial production for sale or profit is not consistent with our goals and mission and is not allowed.

357-1 54 Sessions - \$65  
Mon-Fri, Dec 8 - Feb 27 8:00 am - 12:00 pm  
Edina Community Center Woodshop  
No Class Dec 24-Dec 26, Jan 01, Jan 19 & Feb 16

357-2 59 Sessions - \$65  
Mon-Fri, Mar 9 - May 29 8:00 am - 12:00 pm  
Edina Community Center Woodshop  
No Class May 25



# Adult Winter/Spring 2026 Class Descriptions

## **Open Woodshop: M/W/F Afternoons**

Join a committed crew of woodcrafters where a myriad of masters, hobbyists, and beginners work side-by-side on personal and community projects. Our woodshop is well-equipped with all the major power equipment and hand tools you are likely to need to complete your projects as well as a finishing room for painting, varnishing or oiling. The Monday through Friday morning session Open Shop has a long tradition of volunteer monitors and mandatory breaks. The reduced price for M-F morning shop reflects a commitment by woodworkers to volunteer as a monitor 3-4 times each quarter. This is not optional: if you register for M-F Open Shop, expect to monitor. And expect to take a 10am coffee and treat break! Afternoon and evening/weekend Open Shop registrants have paid staff monitors and are not expected to volunteer nor are breaks mandatory. This is reflected in a higher price per session so we are able to compensate our staff monitors appropriately. We have moved to a quarterly calendar to allow participants to easily take a quarter off if they are traveling or unable to commit to the previous longer season length. This also allows us to naturally build in 4 skill-building weeks throughout the year. **\*\*PLEASE NOTE:** We encourage you to attend the first day of your open Shop session. This is in order to meet one another and confirm that participants are up to date with all our woodshop expectations, protocols, and monitor roles. Note - All Open Shop participants must: have completed our pre-requisite of Woodshop Fundamentals (previously called Orientation) or will have completed it before they attend open woodshop. be able to work independently (or with a PCA) Helpful suggestions: Bring a pencil. Ear and eye protection provided, but we encourage you to bring your own. Bring a hair tie if you have long hair You might find an apron useful. Avoid loose clothing and jewelry The Community Woodshop exists for learning and community-building. Commercial production for sale or profit is not consistent with our goals and mission and is not allowed.

358-1 29 Sessions - \$65

Mon/Wed/Fri, Dec 8 - Feb 27 12:30 - 3:30 pm

Edina Community Center Woodshop

No Class Dec 24, Dec 26, Dec 29, Dec 31, Jan 02, Jan 19 & Feb 16

358-2 35 Sessions - \$65

Mon/Wed/Fri, Mar 9 - May 29 12:30 - 3:30 pm

Edina Community Center Woodshop

No Class May 25

## **Open Woodshop:T/TH/Sat**

Join a committed crew of woodcrafters where a myriad of masters, hobbyists, and beginners work side-by-side on personal and community projects. Our woodshop is well-equipped with all the major power equipment and hand tools you are likely to need to complete your projects as well as a finishing room for painting, varnishing or oiling. The Monday through Friday morning session Open Shop has a long tradition of volunteer monitors and mandatory breaks. The reduced price for M-F morning shop reflects a commitment by woodworkers to volunteer as a monitor 3-4 times each quarter. This is not optional: if you register for M-F Open Shop, expect to monitor. And expect to take a 10am coffee and treat break! Afternoon and evening/weekend Open Shop registrants have paid staff monitors and are not expected to volunteer nor are breaks mandatory. This is reflected in a higher price per session so we are able to compensate our staff monitors appropriately. We have moved to a quarterly calendar to allow participants to easily take a quarter off if they are traveling or unable to commit to the previous longer season length. This also allows us to naturally build in 4 skill building weeks throughout the year. **\*\*PLEASE NOTE:** We encourage you to attend the first day of your open Shop session. This is in order to meet one another and confirm that participants are up to date with all our woodshop expectations, protocols, and monitor



# Adult Winter/Spring 2026 Class Descriptions

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355-1 31 Sessions - \$65  
Tue/Thu, Dec 9 - Feb 26 6:00 - 9:00 pm  
Edina Community Center Woodshop  
No Class Dec 25, Dec 30 & Jan 01  
Saturdays, Dec 13 - Feb 21 8:00 am - 12:00 pm  
Edina Community Center Woodshop  
No Class Dec 27

355-2 37 Sessions - \$65  
Tue/Thu, Mar 10 - May 28 6:00 - 9:00 pm  
Edina Community Center Woodshop  
Saturdays, Mar 7 - May 30 8:00 am - 12:00 pm  
Edina Community Center Woodshop

## **Painted Mandala Stones - Intergenerational**

Create beautiful painted mandala stones—relaxing, fun and perfect as gifts or décor. No painting experience needed; just bring your imagination and leave with finished pieces and new skills!

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395-1 1 Session - \$55  
Monday, Jan 26 6:00 - 9:00 pm  
Edina Community Center Door 3, Makers Space

## **Painting with Wood - An Introduction to Marquetry**

What is Marquetry? Marquetry is the craft of creating intricate designs and images by inlaying thin pieces of wood veneer. Often called "painting with wood," it transforms natural grain and color into richly detailed compositions. This class will introduce marquetry techniques and help participants develop the skill needed



# Adult Winter/Spring 2026 Class Descriptions

to create marquetry projects. We will: 1) Cut veneers using a bandsaw 2) Use the rotary drum sander to get the marquetry piece 4) Cut the pieces by hand using a scrollsaw 5) Sand shade the veneers 6) Glue the marquetry pieces onto a substrate, 7) Sand the final piece, and 9) Apply topcoat finish. In order to register for this class you must have taken our Edina Woodcrafters Fundamentals class, formerly Edina Woodcrafters Orientation.

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Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

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369-1 6 Sessions - \$299  
Saturdays, Jan 10 - Feb 14 1:00 - 3:00 pm  
Edina Community Center Woodshop

## **Paperweight Glassblowing Discovery**

During your Paperweight Glass Discovery, you will work one-on-one with a professional glass instructor to make a solid glass globe sculpture. Our instructors will explain the safety, equipment, and tools that glassblowers use every day to create their art. Participants will have the glassblowing process demonstrated and explained to them, and then one at a time will be coached through the steps of creating a beautiful, colorful paperweight of their own. This hands-on process will include collecting color onto the surface of molten glass and shaping it with a variety of specialty tools while sitting at the glassblower's bench. Not comfortable with some of the steps or equipment involved in hot glass making? Fear not, our instructors will adapt to your level of comfort in the hotshop to ensure a wonderful experience. Due to hot glass needing to be cooled at a slow rate over at least 12 hours, completed pieces will be ready for pickup the week following your Glass Discovery. Please note that although you will be glassblowing, this class does not require placing mouths onto the glassblowing pipes since the sculpture is solid and requires no air. No experience required and all materials are provided.

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411-1 1 Session - \$135  
Saturday, Apr 11 10:00 am - 12:00 pm  
Foci Minnesota Center for Glass Arts Foci Minnesota Center for Glass Arts

411-2 1 Session - \$135  
Saturday, May 2 10:00 am - 12:00 pm  
Foci Minnesota Center for Glass Arts Foci Minnesota Center for Glass Arts



# Adult Winter/Spring 2026 Class Descriptions

## **Punch Needle Embroidery**

Try the trending art of punch needle embroidery. Learn the basics as you work on this project. Take home the essentials to create more. \$18 material fee to be paid in cash the day of class.

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424-5 1 Session - \$45  
Monday, Feb 96:00 - 9:00 pm  
Edina Community Center Door 3, Makers Space

## **Red Cross First Aid & CPR**

American Red Cross First Aid and CPR "blended" learning format. Participants will do online learning on their own to prepare for the in-person class session. Hands on skills will be taught and assessed in the in-person portion of the class. Once registered, you will receive an email directly from the Red Cross regarding the online portion of the class.

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427-1 1 Session - \$100  
Wednesday, Feb 11 5:30 - 8:00 pm  
Edina Community Center Door 3, Room 348

## **Rules of the World: Do They Matter?**

Join Christi Siver for an engaging and enlightening evening of discussion around topics relating to international security and international humanitarian law. Christi Siver: is a Professor of Political Science at the College of Saint Benedict and Saint John's University. She did her undergraduate work at Lewis and Clark College in Portland, OR, her Masters in International Relations and International Economics at Johns Hopkins School of Advanced International Studies, and her Ph.D. in political science at the University of Washington. She teaches courses on international relations and international security. Her current research interests include international humanitarian law, military technology, and comparative law. She is a member of Global Minnesota and one of our esteemed Great Decisions speakers as well.

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# Adult Winter/Spring 2026 Class Descriptions

428-1 1 Session - \$15  
Monday, May 4 6:30 - 8:00 pm  
Edina Community Center Door 3, Room 348

## **Saturday Skillshare**

This hands-on demo series is open to anyone who is interested in learning new woodworking skills, tools, or techniques, whether you've taken the woodshop orientation or not. Join our New once-a-month Saturday skillshare series led by the Edina Woodcrafters. Sign up for one or all three: Sharpening by hand with Jeff Tam, Kerry Baumgartner, and other Edina Woodcrafters. Saturday December 13, 1-2:45pm at the Edina Community Center Woodshop Mastering the hollow-ground with Alo Osberg and other Edina Woodcrafters. Saturday January 3, 1-2:45pm at the Edina Community Center Woodshop Sharpening jigs & table-top sharpeners with Charles Morrill and other Edina Woodcrafters. Saturday February 21, 1-2:45pm at the Edina Community Center Woodshop Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

222-1 1 Session - \$0  
Saturday, Dec 13 1:00 - 2:45 pm  
Edina Community Center Woodshop

222-2 1 Session - \$0  
Saturday, Jan 3 1:00 - 2:45 pm  
Edina Community Center Woodshop

222-3 1 Session - \$0  
Saturday, Feb 21 1:00 - 2:45 pm  
Edina Community Center Woodshop

222-ALL3 3 Sessions - \$0  
Sat Dec 13, Sat Jan 3 & Sat Feb 21 1:00 - 2:45 pm  
Edina Community Center Woodshop  
No Class Dec 20, Dec 27, Jan 10, Jan 17, Jan 24, Jan 31, Feb 07 & Feb 14

## **Savor 3-Course Classic Indian Meal**

Join us for a hands-on culinary experience that brings the comfort and joy of a traditional Indian meal to your own kitchen. In this class, you'll learn to prepare a satisfying three-course menu filled with bold flavors, vibrant colors, and wholesome ingredients—perfect for sharing with family or friends. We'll guide you through each dish step by step: Vegetable Cutlets with Green Chutney – Crispy, golden patties made with mashed vegetables and warming spices, served with a zesty herb chutney. Puri with Potato & Vegetable Curry – Puffy, deep-fried breads paired with a hearty and comforting curry full of potatoes, peas, and aromatic masalas. Shrikhand – A sweet, creamy yogurt dessert infused with cardamom and saffron, and topped with nuts for a refreshing finish. Whether you're new to Indian cooking or looking to expand your repertoire, this class offers a flavorful, feel-good journey through one of India's most beloved home-style meals. Come ready to roll, spice, and savor!

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Please read our Adult



# Adult Winter/Spring 2026

## Class Descriptions

Programming Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

384-5 1 Session - \$45  
Tuesday, May 5 6:00 - 9:00 pm  
South View Middle School Room 205 FACS

### **Savor Flavors of India: Hearty Main Courses**

Step into the vibrant kitchens of North India in this interactive cooking experience. Together we'll prepare three comforting, flavorful vegetarian dishes: Rajma, a hearty red kidney bean curry simmered with warming spices; Matar Paneer, a classic dish of peas and paneer in a spiced tomato-onion gravy; and Tofu Bhurji, a plant-forward twist on scrambled paneer, full of bright herbs and spices. In this class, you'll learn essential Indian cooking techniques—like building a masala base, balancing spices, and creating depth of flavor with simple ingredients. Along the way, we'll talk about the nutritional benefits of spices, legumes, and plant-based proteins, and how to bring these wholesome, satisfying meals into your weekly cooking routine. Whether you're new to Indian cooking or looking to expand your skills, this class will give you the confidence to recreate authentic, delicious North Indian dishes at home. This class will take place in our Family and Consumer Science classroom at Southview Middle School. You will be working at kitchen stations preparing your own dishes in small groups. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

381-1 1 Session - \$45  
Tuesday, Apr 14 6:00 - 9:00 pm  
South View Middle School Room 205 FACS

### **Savor Flavors of India: Indian Flatbreads**

Discover the art of making soft, flaky, and flavorful Indian flatbreads in this hands on cooking class! From everyday staples to festive favorites, you'll learn to create a variety of breads that pair perfectly with curries, dals, and other Indian dishes. Riku and Namrata will teach you to make: Naan: Soft, leavened bread cooked to perfection with optional garlic butter. Stuffed Parathas: Delicious whole wheat flatbreads filled with spiced potatoes (Aloo Paratha) and paneer (Paneer Paratha). Laccha Paratha: A flaky, multi-layered bread that's as fun to make as it is to eat. Learn essential techniques like kneading, rolling, and cooking on a skillet or tawa, plus tips to achieve authentic textures and flavors. Whether you're new to bread-making or a seasoned cook, this class will equip you with the skills to recreate these beloved breads at home. Join us for a flavorful journey through the world of Indian flatbreads—you'll leave with confidence and recipes that are sure to impress! \_\_\_\_\_ Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952



# Adult Winter/Spring 2026 Class Descriptions

383-5 1 Session - \$45  
Tuesday, Apr 28 6:00 - 9:00 pm  
South View Middle School Room 205 FACS

## **Savor Flavors of India: Lentils and Beans**

Discover the nourishing power of lentils in this hands-on vegetarian cooking class designed to inspire and energize your home cooking. We'll guide you through three flavorful, plant-based dishes that are as comforting as they are nutritious. On the Menu: Moong Dal Chilla with Tofu filling – A savory, protein-rich pancake made from green moong lentils, crisp on the edges and filled with seasoned tofu Indian-Style Lentil Soup – A warming red lentil soup infused with aromatic spices like cumin, ginger, and turmeric— healing, hearty, and full of flavor Khichri – A beloved one-pot meal of rice and lentils, delicately seasoned and deeply satisfying served with yogurt raita —ideal for cozy nights or wholesome family dinners. Learn foundational techniques like soaking and cooking lentils, tempering spices, and building layers of flavor from simple ingredients. Whether you're new to lentils or looking for creative ways to use them, you'll leave with skills and recipes you'll want to make again and again. Come hungry to learn, cook, and fall in love with the simplicity and versatility of lentil-based meals! This class will take place in our Family and Consumer Science classroom at Southview Middle School. You will be working at kitchen stations preparing your own dishes in small groups. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

382-1 1 Session - \$45  
Tuesday, Apr 21 6:00 - 9:00 pm  
South View Middle School Room 205 FACS

## **Sidekick Theater's Production of "Birthday Candles"**

This theater opportunity is a partnership with the Edina Senior Center. Please meet at Sidekick Theater in Bloomington for an afternoon of good food and lots of humor! The address is 11411 Masonic Home Drive, Bloomington, MN 55437. There is no transportation for this event. The \$51 cost of this event includes lunch and admission to the show. Tickets are not assigned. You will pick your seat when you arrive to the theater. "Birthday Candles: This poignant and funny Broadway hit, about the extraordinary moments that make up one woman's ordinary life, explores the highlights and heartbreaks of 100 years in just 90 minutes. "For my money, Birthday Candles is precisely why people go to the theater." – Chicago Tribune WEEKDAY LUNCH MENU Creamy Chicken Breast, with Roasted Red Potatoes, Glazed Carrots, Coleslaw, Dinner Rolls, Assorted Desserts, Coffee, Hot Tea (Special dietary meals available by request ahead of time.) Click on this link for more info about Sidekick theater and the "Perfect Wedding" show. Sidekick Theater Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) phone: 952-848-3952

371-1 1 Session - \$51  
Wednesday, Apr 22 11:30 am - 3:30 pm  
Sidekick Theater Sidekick Theater



# Adult Winter/Spring 2026 Class Descriptions

## **Silversmithing Basics**

Think you might be interested in playing with precious metals and fire, but not ready to commit? This one-night class is perfect for you (and your friend). Come make a simple pendant and try your hand at soldering, texturing and bezel setting. No experience necessary. About Tai Salisbury: Tai works as a full time goldsmith and instructor and has been teaching jewelry making skills for almost 20 years. She teaches silver fabrication with a strong focus on fundamentals, stone setting, casting, stone cutting, wire wrapping and more. For more information please visit [www.salibenne.com](http://www.salibenne.com).

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432-1 1 Session - \$114

Wednesday, Jan 28 6:00 - 9:00 pm

Edina Community Center Door 3, Makers Space

## **Spring Felt Bird Ornament - Intergenerational**

This bright cheery bird will bring a breath of Spring to you or as a gift for someone special. Basic embroidery knowledge is helpful but not required. Ages 14 + are welcome with a registered adult.

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397-1 1 Session - \$55

Monday, Mar 26:00 - 9:00 pm

Edina Community Center Door 3, Makers Space

## **Spring Felt Flower Wreath - Intergenerational**

Welcome Spring with a colorful wreath of felt flowers for your home or as a gift.

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396-1 1 Session - \$55

Monday, Mar 16 6:00 - 9:00 pm

Edina Community Center Door 3, Makers Space

## **Summer Skewer Snacks**



# Adult Winter/Spring 2026

## Class Descriptions

Food on a stick isn't just for the Fair! Join Kirsten live online to move beyond the basic Caprese Skewers into a world of color, flavor, and possibilities. Kirsten will share the 3 Rules of Skewering and demonstrate multiple methods to pleasingly present your offerings. From vegan to omnivore there are recipes for everyone. Participants will receive an extensive handout along with the link to join prior to class. There will be ample time for questions during the session, and participants will receive a link to the recording afterwards so you can cook along at your convenience.

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352-1 1 Session - \$26  
Thursday, May 14 6:30 - 8:00 pm  
Your Home Online

### Supporting Grievors

Even with the best of intentions, most people struggle to find the right words or deeds to support those they're close to who are grieving a loss. Feeling uncomfortable, or fearing they'll make the person feel worse, they simply do nothing - which adds a sense of abandonment to the grief and leaves the griever struggling even more. This 2-hour workshop will help people be more comfortable and better able to support the grievors they care about. It is intended for friends, family, or community members who want to learn how to support children, young adults, or adults who have experienced the death of a loved one. This workshop will: Provide an understanding of what grief is and how it manifests. Introduce meaningful steps for supporting someone who is grieving. Inform as to what to say and what to avoid and suggest actions that are truly helpful This is an online course. You will receive the Zoom link once you register.

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360-1 1 Session - \$0  
Tuesday, Jan 20 7:00 - 9:00 pm  
Edina Community Center Door 3, Room 348

360-2 1 Session - \$0  
Tuesday, Mar 24 7:00 - 8:00 pm  
Your Home Online

### Swing Thru April

East Coast Swing is the perfect companion for the energetic music of the 1920s! Now that the twenties have rolled around again, it's time to kick up your heels and learn this bubbly, fun-loving dance. Spend a month getting to know the rhythms of swing dance, starting with the very basic steps and progressing through fundamental partnering technique. By the end of the month, you'll be ready to hop up and start



# Adult Winter/Spring 2026 Class Descriptions

swinging the next time you hear a big band! Partner dance is for everyone! Sign up solo or with a partner, and learn how to dance with Anne, a social and competitive ballroom dancer with eight years of teaching experience. This course is designed for beginners. \_\_\_\_\_ Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

308-1 4 Sessions - \$86  
Wednesdays, Apr 8 - Apr 29 7:00 - 8:15 pm  
Edina High School Black Box

## **The Art and Science of Animal Tracking**

Animal tracking offers many gifts, one of them being its ability to help engage your senses and slow your mind. Join Maria Wesslerle (certified Professional Track & Sign through CyberTracker North America) as we immerse ourselves in our surrounding environment while searching for evidence left by fellow creatures. We may come across footprints (tracks), scat, feeding sign, burrows, and other marks on the land of animals such as deer, raccoons, red fox, woodpeckers, owls, and more! This class will take place near 9 Mile Creek. Please plan on parking at Edina High School near door 5. Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

389-1 1 Session - \$45  
Saturday, Jan 24 2:00 - 4:00 pm  
Edina High School Room Door #5

## **The Baby Boomers Guide to Medicare Planning**

Are you turning sixty-five and wondering about Medicare? Would you like to understand Medicare Part A and B and the difference between Medicare supplements and Advantage plans? What are your choices if you are working and have a group plan? Learn when you can enroll and where you can make some comparisons to select the right option. The class is presented via PowerPoint with takeaway handouts and a reference guide. It is generic and educational. Optional one-on-one meetings are free for attendees to discuss specific options and available plans if so desired.

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374-1 1 Session - \$5  
Thursday, Jan 8 7:00 - 9:00 pm  
Edina Community Center Door 3, (Meeting Room)



# Adult Winter/Spring 2026 Class Descriptions

## **The Decline of Global Democracy with Professor Dr. Richard Lietch**

The Future of Democracy with Professor Dr. Richard Lietch You may know Professor Dr. Richard Lietch from his Great Decisions presentation on U.S. China Relations. Back by popular demand, Dr. Lietch has agreed to enlighten us on the topic of The Decline of Global Democracy. This Great Decisions style presentation will be held virtually during the snowy, cold winter month of February. All you have to do is sign up, open up your computer, grab your coffee or hot cocoa and tune in live on Zoom. Join our distinguished expert Prof Lietch for this engaging and enlightening exploration of a topic that is on all of our minds. Associate Professor in Political Science, Environmental Studies, and Japanese Studies Dr. Richard Leitch earned his BA in East Asian Studies from Colby College in 1985, and went on to earn an MA in Asian Studies from the University of Illinois, Urbana-Champaign after a two-year career on Wall Street. He earned his Ph.D. in Political Science from Illinois in 1995, where he was the recipient of the Harriet and Charles Luckman Award for Distinguished Undergraduate Teaching, and the College of Liberal Arts Award for Distinguished Teaching by a Graduate Assistant. He has been a member of the Political Science Department at Gustavus since 1996, where he teaches courses in International Relations, Comparative Politics, Asian Politics, Environmental Politics, and the Politics of Poverty. In 2000 he received the Swenson-Bunn Award for Teaching Excellence at Gustavus, and in 2008 the Edgar M. Carlson Award for Distinguished Teaching. In 2012 he was included in The Princeton Review's The Best 300 Professors. His research interests include Japanese domestic politics and foreign policy, and he is the co-author of Japan's Role in the Post Cold War World. B.A. Colby College (1985, East Asian Studies); M.A. University of Illinois (Asian Studies); Ph.D. University of Illinois (1995, Political Science)

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418-1 1 Session - \$15  
Monday, Feb 23 7:00 - 8:30 pm  
Your Home Door 3, Online

## **The Minoans: Greece Before the Greeks**

This class will explore the history, culture, and especially the art of the first civilization in Europe: the Minoans of the island of modern-day Crete. This egalitarian, peace-loving civilization flourished from circa 3000 B.C. till 1200 B.C. Its impact on ancient Greece cannot be overestimated.

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385-1 3 Sessions - \$40  
Thursdays, Feb 5 - Feb 19 5:30 - 6:30 pm  
Edina Community Center Door 3, Room 351



# Adult Winter/Spring 2026 Class Descriptions

## **Wedding Dance Rescue**

Wedding Dance Rescue Your wedding day is nearing, and you don't know how to dance. Not to worry! This fun two-hour lesson will teach you and your partner everything you need to know to make your first dance much more interesting than shifting awkwardly from side to side. Learn an easy entrance, classic steps, simple sways, fancy twirls, and a romantic dip! Then, capture it on your camera to continue practicing up until the wedding day. Class is open to wedding couples and any other special pairings included on your wedding day. To reach the instructor in advance, visit [www.ConstantineDance.com](http://www.ConstantineDance.com). See song ideas there, too!

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345-1 1 Session - \$40

Sunday, Mar 29 11:00 am - 1:00 pm

Eisenhower Community Center Eisenhower Community Center

345-2 1 Session - \$40

Sunday, May 31 11:00 am - 1:00 pm

Eisenhower Community Center Eisenhower Community Center

## **Woodworking Fundamentals : Woodshop Orientation**

This three-evening workshop is a stand-alone class for individuals new to woodworking and/or a prerequisite for experienced woodworkers new to the Edina Community Center Woodshop, hoping to join our Open Shop sessions. In this class you will learn best practices for the safe operation of our table saws, jointer, planers, bandsaws, router table, and sanders. In addition to learning a myriad of power tools, you will learn how to do a glue-up, correctly use clamps, and create a finished scrap-wood cutting board. You will leave feeling inspired and empowered to do your own woodworking projects, from rough lumber to a piece of functional art. Note: This Woodworking Fundamentals class is required for all new members of the Open Woodshop and for those that have not been active in our Open Woodshop for the past two years or longer Once this Woodworking Fundamentals class is completed, participants are allowed access to register for Open Wood Shop at an additional cost.

Please read our Adult Programming Overview page for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

354-1 3 Sessions - \$75

Mon Mar 2 - Wed Mar 4 6:00 - 9:00 pm

Edina Community Center Woodshop

## **Writers' Group - Focus on Fiction & Essay**

Creative writers of all genres are invited to discover and hone their writing skills in this monthly writers' group. Two weeks before each scheduled class, you will receive a prompt from the instructor, which you may use to prepare a piece for class or write something entirely on your own. One week before class, you



# Adult Winter/Spring 2026

## Class Descriptions

will email your writing to the instructor, who will send all submitted pieces to the entire group for review. During class, the group will discuss each writer's work respectfully with a focus on constructive feedback, growth and encouragement. This class, formerly taught by Maureen Millea Smith, and most recently by Johanna Buch will be taught by Sherry Kempf. January 10, February 6, and March 3 classes will be held online. You will receive a zoom link from Edina Community Ed a few days before the first class. April and May classes will be held in person. Sherry Kempf. Sherry holds an MFA with an emphasis in Creative Nonfiction from Hamline University (2000). Her professional background includes teaching creative writing at Creative Arts High School (1997–2010), serving as adjunct faculty in education at St. Catherine University (2000–2010), and leading professional development courses for the St. Paul Public Schools Office of Equity (2010–2022). Her work spans a range of genres and has been published in MinnPost, RiverTeeth, Barnraiser, Minnesota Parent, Minnesota Poetry Calendar and others. Since 2020 she has focused on fiction, and recently completed her first novel.

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353-1 5 Sessions - \$120

Tue Apr 7 & Tue May 5 7:00 - 9:00 pm

Edina Community Center Door 3, Welcome Center Conference Room

Tue Jan 6, Tue Feb 10 & Tue Mar 3 7:00 - 9:00 pm

Your Home Door 3, Online

No Class Jan 13, Jan 20, Jan 27, Feb 03, Feb 17 & Feb 24

### **Writers' Group - Focus on Poetry & Memoir**

Creative writers of all genres are invited to discover and hone their writing skills in this monthly writers' group. Two weeks before each scheduled class, you will receive a prompt from the instructor, which you may use to prepare a piece for class or write something entirely on your own. One week before class, you will email your writing to the instructor, who will send all submitted pieces to the entire group for review. During class, the group will discuss each writer's work respectfully with a focus on constructive feedback, growth and encouragement. This class, formerly taught by Maureen Millea Smith, and most recently by Johanna Buch will be taught by Kate MacLam. Kate McLam: Kate has an MFA in Poetry from Minnesota State University, Mankato and has been published in New Ohio Review, Willow Springs, Waxwing and other publications. She mainly writes poetry but has taught, studied, and written fiction and nonfiction as well. She works at the lovely Edina Library

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420-1 4 Sessions - \$96

Tue Jan 20, Tue Feb 17, Tue Mar 17 & Tue Apr 21 7:00 - 9:00 pm

Edina Community Center Door 3, Welcome Center Conference Room

No Class Jan 27, Feb 03, Feb 10, Feb 24, Mar 03, Mar 10, Mar 24, Mar 31, Apr 07 & Apr 14



# Adult Winter/Spring 2026 Class Descriptions

## **Zero to Zero Accent: Casual French Conversation**

Whether you are a beginner, intermediate, or fluent French speaker, join us for a casual get together to improve your French. This casual conversation group will be led by Heather Larson, our adult programming specialist. Heather is a former French teacher, avid European traveler and has lived, studied and worked in Montreal, Quebec, Northwestern and Southwestern France. No textbook, no homework, no pressure—just good company, a lot of encouragement, and a little joie de vivre! All levels welcome.

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359-1 2 Sessions - \$30  
Wed Apr 15 & Wed May 6 9:15 - 10:15 am  
Edina Community Center Door 3, Room 315

359-2 2 Sessions - \$27  
Mon Nov 3 & Mon Dec 8 9:15 - 10:15 am  
Edina Community Center Door 3, Room 315

## **iPhone for Health & Emergencies**

iPhone for Health & Emergencies covers how to use your iPhone to contact Emergency Services, set up and edit your Medical ID, and add emergency contacts. We will also learn additional communication and safety features designed to keep you informed and prepared.

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416-1 1 Session - \$50  
Monday, Feb 9 6:30 - 8:00 pm  
Edina Community Center Door 3, Room 315

## **iPhone/iPad Fundamentals**

iPhone/iPad Fundamentals is a class for any and all iPhone/iPad users no matter how long you've had your device. We'll cover navigating your device, settings, customization, widgets, app library, Siri, privacy, App Store and iCloud. navigating your device settings customization widgets app library Siri privacy App Store, and iCloud

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# Adult Winter/Spring 2026 Class Descriptions

414-1 1 Session - \$50  
Monday, Jan 26 6:30 - 8:00 pm  
Edina Community Center Door 3, (Meeting Room)

## **iPhone/iPad Productivity**

iPhone/iPad Productivity is a class for anyone who wants to be more productive and efficient with their devices. We'll cover Calendar, Reminders and Notes apps. Plus, we'll throw in some tips and tricks for multitasking and troubleshooting! (The iPhone/iPad Fundamentals class is highly recommended prior to this class but not required.) [Please read our Adult Programming Overview page](#) for all info regarding registration, cancellation, and building info. Adult Programs - Edina Community Ed ([edinaschools.org](http://edinaschools.org)) Registration for all class sessions closes 3 days before the start date. Late Registration: If you miss the deadline but are still interested, you can contact the Community Ed office. Space may be limited, but we'll try our best to accommodate late registrations. Email: [communityed@edinaschools.org](mailto:communityed@edinaschools.org) Phone: (952) 848-3952

415-1 1 Session - \$50  
Monday, Feb 26:30 - 8:00 pm  
Edina Community Center Door 3, (Meeting Room)