

JANUARY 2026

HAPPY
NEW YEAR

BREAKFAST K-12

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

5

HOLIDAY

6

HOLIDAY

7

WG Cream of Wheat (1 cup)
Fruit Cocktail (1 Cup)
1% White Milk or Assorted
Flavored Fat Free Milk (8 oz.)

8

WG Peanut butter / Jelly (1 oz.)
WG Slice Bread (2 slices)
Applesauce (1 Cup)
1% White Milk or Assorted
Flavored Fat Free Milk (8 oz.)

9

Scramble Eggs (1 oz.)
WG Slice Bread (slices)
WG Potato Wedge (2 oz.)
Slice Peaches (1 Cup)
1% White Milk or Assorted
Flavored Fat Free Milk (8 oz.)
Alt: Scrambled Tofu (2.2 oz.)

12

Grilled Cheese Sandwich
WG Sliced Bread (2 slices)
Sliced Cheese (1 oz.)
Mandarin Orange (1 Cup)
1% White Milk or Assorted
Flavored Fat Free Milk (8 oz.)

13

WG Hot Oatmeal (1 cup)
Slice Peaches (1 Cup)
1% White Milk or Assorted
Flavored Fat Free Milk (8 oz.)

14

Turkey Bacon (1 oz.)
WG Pancakes (1 oz.)
100% Grape Juice (1/2 Cup)
Pineapple Chunks (1/2 Cup)
1% White Milk or Assorted Flavored
Fat Free Milk (8 oz.)
**Alt: Veggie Sausage (2 oz.)
Condiment. PC Syrup**

15

WG Honey Nut Cheerios (1 oz.)
WG Banana Muffin (1 oz.)
Applesauce (1 Cup)
1% White Milk or Assorted
Flavored Fat Free Milk (8 oz.)

16

Tuna Salad 1 oz.)
WG Croissants (1.5 oz.)
Tropical Fruits (1 Cup)
1% White Milk or Assorted
Flavored Fat Free Milk (8oz)
Alt. Slice Cheese (1 oz.)

19

HOLIDAY

20

WG Cream of Wheat (1 cup)
Slice Peaches (1 Cup)
1% White Milk or Assorted
Flavored Fat Free Milk (8 oz.)

21

Scramble Eggs (1 oz.)
WG Slice Bread (slices)
WG Potato Wedge (1/4 Cup)
Cinnamon Apple Sauce (1 Cup)
1% White Milk or Assorted Flavored
Fat Free Milk (8oz)
Alt. Scrambled Tofu (2.2 oz.)

22

WG Apple Jacks Cereal (1 oz.)
WG Corn Bread (1 oz.)
Pear Halves (1 Cup)
1% White Milk or Assorted
Flavored Fat Free Milk (8 oz.)

23

WG Slice Bread (2 slices)
Peanut butter / Jelly (1 oz.)
100% Apple Juice (1 Cup)
1% White Milk or Assorted
Flavored Fat Free Milk (8 oz.)

26

Turkey Bacon (1 oz.)
WG Waffles (1 oz.)
Mixed Fruits (1 Cup)
1% White Milk or Assorted
Flavored Fat Free Milk (8 oz.)
Alt. Veggie Sausage (1 oz.)

27

Grilled Cheese Sandwich
WG Sliced Bread (2 slices)
Sliced Cheese (1 oz.)
Mandarin Orange (1 Cup)
1% White Milk or Assorted
Flavored Fat Free Milk (8 oz.)

28

Tuna Salad 1 oz.)
WG Croissant (1.5 oz.)
Slice Peaches (1 Cup)
1% White Milk or Assorted
Flavored Fat Free Milk (8oz)
Alt. Slice Cheese (1 oz.)

29

WG Honey Nut Scooters (1 oz.)
WG Corn Bread (1 oz.)
Pineapple Chunks (1 Cup)
1% White Milk or Assorted
Flavored Fat Free Milk (8 oz.)

30

Scramble Eggs (1 oz.)
WG Sliced Bread (2 slices)
Pear Halves (1 Cup)
1% White Milk or Assorted
Flavored Fat Free Milk (8 oz.)
Alt. Scramble Tofu (2.2 oz.)