JANUARY 2026

Happy New Year

LUNCH 9-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5 **HOLIDAY**	6 **HOLIDAY**	7 Stewed Dice Chicken (2 oz.) WG Rice W/Spinach (1 cup) Seasoned Vegetarian Beans (3/4 cup) Seasoned Broccoli (3/4 cup) Slice Peaches (1/2 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt. Stewed Tofu (4.4 oz.)	8 Ground Beef (2 oz.) WG Macaroni (1/2 cup) Garlic Bread (1 slice) Butter Carrots (3/4 cup) Mexican Green Beans (3/4 cup) Mandarin Orange (1/2 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt. Ground Veggie Burger (2 oz.)	9 Hamburger W/Cheese (2 oz.) WG Bun (1 ea.) Potato Wedges (3/4 cup) Tropical Fruits (1/2 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt. Veggie Chicken Nuggets (2 oz.) Mayo & Ketchup Pc (1 ea.)
Meatballs in Marinara sauce (2 oz.) 12 WG Spaghetti(1/2 cup) Seasoned /Spinach (3/4 cup) Mandarin Orange (1/2 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt. Veggie Burger in Marinara sauce (2 oz.)	Dice Chicken in Tomato Sauce (2 oz.) WG Rice W/ Kidney Beans (1/2 cup) 13 Vegetarian Beans (3/4 cup) Pear Halves (1/2 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt. Veggie Burger in Tomato Sauce (2 oz.)	14 WG Pepperoni / Cheese Pizza (4.6 oz.) Glazed Carrots (3/4 cup) Fruits Cocktail (1/2 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt. Veggie Pizza (4.6 oz.)	15 Curry Beef (2 oz.) WG seasoned Rice (1 cup) Mixed Vegetables (3/4 cup) Applesauce (1/2 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt. Curry Tofu (4.4 oz.)	Ground Turkey Chili w/Kidney Beans, Corn Veggie Beans & Cheese (2 oz.) 16 WG Bun (1 ea.) Seasoned Corn (3/4 cup) Slice Peaches (1/2 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt. Veggie Chicken Tenders (2 oz.)
19 **HOLIDAY**	20 Chicken Nuggets (2 oz.) WG Bun (1 ea.) Potato Wedges (1 cup) Buttered Broccoli (3/4 cup) Cinnamon Applesauce (1/2 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt. Veggie Nuggets (2 oz.) Mayo & Ketchup Pc (1 ea.)	21 Chopped up Stewed Hamburger (2 oz.) WG Rice w/ Spinach (1 cup) Vegetarian Beans (3/4 cup) Tropical Fruit (1/2 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt. Tofu in Creole Sauce (4.4 oz.)	22 Curry Chicken Drumsticks (2 oz.) WG Bake Macaroni (1/2 cup) Seasoned Greens beans (3/4 cup) Slice Peaches (1/2 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt.Veggie Burger (2 oz.)	23 Tuna Salad (2 oz.) WG Bun (1 ea.) Seasoned Carrots (3/4 cup) Pear Halves (1/2 cup 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt. Veggie Chicken Tenders (2 oz.) Mayo & Ketchup Pc (1 ea.)
26 WG Pepperoni / Cheese Pizza (4.6 oz.) Glazed Carrots (3/4 cup) Slice Peaches (1/2 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt. Veggie Pizza (4.6 oz.)	Meatballs in Marinara sauce (2 oz.) 27 WG Spaghetti (1/2 cup) Seasoned Spinach (3/4 cup) Fruit Cocktail (1/2 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt. Veggie Burger in Marinara sauce (2 oz.)	28 Tuna Salad (2 oz.) WG Macaroni Salad w Peas & Carrots (1/2 cup) Seasoned Green Beans (3/4 cup) Mixed Fruits (1/2 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt.Veggie Burger (2 oz.)	29 BBQ Dice Chicken (2 oz.) WG Rice W/Spinach (1 cup) Seasoned Kidney Beans (3/4 cup) Slice Pineapple (1/2 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt.Stewed Tofu (4.4 oz.)	30 Hamburger W/Cheese (2 oz.) WG Bun (1 ea.) Potato Wedges (3/4 cup) Mandarin Orange (1/2 cup) 1% White Milk or Assorted Flavored Fat Free Milk (8 oz.) Alt. Veggie Chicken Nuggets (2 oz.) Mayo & Ketchup Pc (1 ea.)

This institution is an equal opportunity provider. **Menus are subject to change based on commodities availability**