

Walkill HS

Welcome to our
Lunch Cafe

12/1/2025 - 12/5/2025

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



1 Cheesy Stuffed Bread Sticks
baked bread sticks filled with melted cheese 🌱
Tomato Sauce
Sautéed Spinach
Fresh Orange



2 Tot Spot's BBQ Pulled Pork Tater Tots
crispy tots topped with BBQ pulled pork and garnished with scallions P 🌱
Vegetable Rice Pilaf
Cole Slaw
Green Beans
Strawberries

3 Smokehouse Burger
burger on a freshly toasted bun with BBQ sauce 🌱
Iceberg Lettuce
Sliced Tomatoes
Oven Baked Fries
Fresh Apple

4 Walking Taco 🌱
Shredded Cheddar Cheese
Sour Cream
Yellow Rice
Seasoned Black Beans
Tomato Salad
Pineapple

5 BBQ Chicken Flatbread
Chicken with BBQ sauce and cheddar cheese in toasted flatbread 🌱
Side Garden Salad
Chili Roasted Corn
Fresh Orange

Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2% Chilled Milk



For Menu Questions please contact Marilyn Digregorio @ digregoriom@whitsons.com

Hawaiian Chicken Pizza
ham, chicken and pineapple chunks over a cheese pizza slice P 🌱

Broccoli Cheddar Cheese Pizza
freshly made pizza topped with fresh cheddar cheese and crisp broccoli florets 🌱

Hawaiian Chicken Pizza
ham, chicken and pineapple chunks over a cheese pizza slice P 🌱

Broccoli Cheddar Cheese Pizza
freshly made pizza topped with fresh cheddar cheese and crisp broccoli florets 🌱

Hawaiian Chicken Pizza
ham, chicken and pineapple chunks over a cheese pizza slice P 🌱

Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough

digregoriom@whitsons.com



Spicy Chicken Sandwich
warm spicy chicken breaded cutlet prepared in-house

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warm spicy chicken breaded cutlet prepared in-house

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Offering New Specials **EVERY WEEK!**

To see our menus, visit us at: www.fdmmealplanner.com

Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Deli Bar Italian Stallion Panini
freshly prepared grilled panini with pepperoni, ham, mozzarella cheese and lettuce P 🌱

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freshly prepared grilled panini with pepperoni, ham, mozzarella cheese and lettuce P 🌱

Available Daily: Made to Order and ALWAYS Fresh!



Garden Salad Entree
fresh garden salad topped with meat 🌱
Dinner Rolls
Fruity Granola Parfait 🌱 🌱 🌱

Garden Salad Entree
fresh garden salad topped with meat 🌱
Fruity Granola Parfait 🌱 🌱 🌱
Dinner Rolls

Garden Salad Entree
fresh garden salad topped with meat 🌱
Fruity Granola Parfait 🌱 🌱 🌱
Dinner Rolls

Garden Salad Entree
fresh garden salad topped with meat 🌱
Fruity Granola Parfait 🌱 🌱 🌱
Dinner Rolls

Garden Salad Entree
fresh garden salad topped with meat 🌱
Fruity Granola Parfait 🌱 🌱 🌱
Dinner Rolls



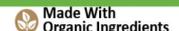
Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk



Check out our mobile menu at www.FDMealPlanner.com or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.

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Walkill HS

Welcome to our
Lunch Cafe

12/8/2025 - 12/12/2025

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



8 Fluffy Whole Grain Pancakes
warm whole grain pancakes
Syrup
Sausage Patty
Crispy Potato Puffs
Fresh Strawberries

BRUNCH FOR LUNCH TODAY!

9 Buffalo Chicken Sauce & Toss
popcorn chicken glazed with Buffalo sauce
Seasoned Rice
Chickpea Salad
Spicy Honey Carrots
Fresh Green Grapes

10 Chicken Bowl with Gravy
chicken layered with mashed potatoes and corn, smothered in gravy
Chilled Red Pepper Strips
Buttered Corn
Fresh Apple



11 Yard Bird Classic Chicken Sandwich
a delicious chicken filet on a hearty bun, served with special sauce and a pickle
Carrot Sticks
Oven Baked Fries
Fresh Orange

Ms. Greany & Mr. Masopus

12 Baked Pasta with Homemade Meat Sauce
Homemade Garlic Naan
Tomato Salad
Spiced Roasted Green Beans w/ Parmesan
Fresh Banana

Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2% chilled milk



Meat Lovers Pizza
freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball
P

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freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball
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freshly made pizza topped with mozzarella cheese, sausage, pepperoni and meatball
P

Offering New Specials **EVERY WEEK!**

To see our menus, visit us at: www.fdmealplanner.com

Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



Grilled Cheese Sandwich Meltdown Café
golden toasted bread with melted gooey cheese pressed and prepared in-house
Tomato Soup

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golden toasted bread with melted gooey cheese pressed and prepared in-house
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golden toasted bread with melted gooey cheese pressed and prepared in-house
Tomato Soup

Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Deli Bar Buffalo Chicken Sandwich
warm sandwich prepared in-house with spicy marinated chicken breast, crisp lettuce and sliced tomato

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warm sandwich prepared in-house with spicy marinated chicken breast, crisp lettuce and sliced tomato

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warm sandwich prepared in-house with spicy marinated chicken breast, crisp lettuce and sliced tomato

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warm sandwich prepared in-house with spicy marinated chicken breast, crisp lettuce and sliced tomato

Available Daily: Made to Order and ALWAYS Fresh!



Italian Pizza Salad
tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens
P

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tomatoes, carrots, cucumbers, mozzarella cheese and pepperoni on a bed of mixed greens
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P



Dinner Rolls
Fruity Granola Parfait

Fruity Granola Parfait

Dinner Rolls
Fruity Granola Parfait

Dinner Rolls
Fruity Granola Parfait

Dinner Rolls
Fruity Granola Parfait

Available Daily: An array of seasonal produce, meats and mixed salads. Choice of dressing, whole grain dinner rolls



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Walkill HS

Welcome to our
Lunch Cafe

12/15/2025 - 12/19/2025

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



15 Cheeseburger Mac & Cheese
steamy pasta enrobed in a creamy cheddar cheese sauce mixed with seasoned ground meat prepared in-house 🍴
Steamed Peas
Applesauce

16 **Beef** Nachos Grande
tortilla chips topped with freshly prepared mexi style meat and cheese 🍴
Sour Cream
Yellow Rice
Seasoned Black Beans
Tomato Salad
Fresh Apple

17 Chicken Parmesan Flatbread
Chicken with tomato sauce and mozzarella in toasted flatbread 🍴
Side Garden Salad
Steamed Carrots
Fresh Pear



18 BBQ Style Chicken Wings
Wing Shack Chicken Wings
Buffalo Chicken Wings
Celery
Garlic Parmesan Fries
Watermelon Slices

19 Incredibowls Fiesta Chicken & Rice Bowl
seasoned rice topped with beans, chicken, corn and cheese 🍴
Fiesta Corn
Fresh Blueberries

Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2%



Hand Crafted Buffalo Chicken Pizza
fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp 🍴

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fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp 🍴

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fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp 🍴

Hand Crafted Buffalo Chicken Pizza
fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp 🍴

Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



Pretzel Cheese Sauce

Offering New Specials **EVERY WEEK!**

To see our menus, visit us at: www.fdmaelplanner.com

Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Deli Bar American Combo Sandwich
freshly made sandwich with thinly sliced turkey, ham and cheese P

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freshly made sandwich with thinly sliced turkey, ham and cheese P

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freshly made sandwich with thinly sliced turkey, ham and cheese P

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freshly made sandwich with thinly sliced turkey, ham and cheese P

Deli Bar American Combo Sandwich
freshly made sandwich with thinly sliced turkey, ham and cheese P

Available Daily: Made to Order and ALWAYS Fresh!



Chicken and Strawberry Salad
fresh strawberries with chicken over greens 🍴
Dinner Rolls
Fruity Granola Parfait 🍴

Chicken and Strawberry Salad
fresh strawberries with chicken over greens 🍴
Dinner Rolls
Fruity Granola Parfait 🍴

Chicken and Strawberry Salad
fresh strawberries with chicken over greens 🍴
Dinner Rolls
Fruity Granola Parfait 🍴

Chicken and Strawberry Salad
fresh strawberries with chicken over greens 🍴
Dinner Rolls
Fruity Granola Parfait 🍴

Chicken and Strawberry Salad
fresh strawberries with chicken over greens 🍴
Dinner Rolls
Fruity Granola Parfait 🍴



Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk



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Walkill HS

Welcome to our Lunch Cafe

12/22/2025 - 12/26/2025



Monday

Tuesday

Wednesday

Thursday

Friday



22 **Homemade Pesto Pasta with Chicken**
fresh pasta tossed in a creamy pesto sauce topped with chicken and Parmesan cheese 🍴
Side Garden Salad
Roasted Squash
Steamed Broccoli
Applesauce

23 **BLT Burger**
freshly prepared burger topped with crispy bacon, lettuce, tomato and mayo on a freshly toasted bun 🍴
Sliced Tomatoes
Oven Baked Fries
Fresh Apple
Strawberries & Cream Sidekick

24 **SCHOOL CLOSED TODAY**



26 **SCHOOL CLOSED TODAY**

Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2% chilled milk



Meatball Pizza
freshly prepared cheese pizza topped with meatballs 🍴

Meatball Pizza
freshly prepared cheese pizza topped with meatballs 🍴

SCHOOL CLOSED TODAY



SCHOOL CLOSED TODAY

Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



Beef Hot Dog on Bun
juicy beef hot dog on a soft bun

Beef Hot Dog on Bun
juicy beef hot dog on a soft bun

SCHOOL CLOSED TODAY



SCHOOL CLOSED TODAY

Offering New **VEG**
To see our menus, visit [www.whitsons.com](#)

Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Deli Bar
Turkey Club Wrap
turkey breast, bacon, chopped romaine lettuce and tomato, wrapped in a tortilla 🍴

Turkey Club Wrap
turkey breast, bacon, chopped romaine lettuce and tomato, wrapped in a tortilla 🍴

SCHOOL CLOSED TODAY



SCHOOL CLOSED TODAY

Available Daily: Made to Order and ALWAYS Fresh!



Garden Salad Entree
fresh garden salad topped with meat 🍴
Dinner Rolls
Fruity Granola
Parfait 🍴

Garden Salad Entree
fresh garden salad topped with meat 🍴
Dinner Rolls
Fruity Granola
Parfait 🍴

SCHOOL CLOSED TODAY



SCHOOL CLOSED TODAY



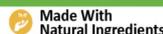
Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk



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Walkill HS

Welcome to our
Lunch Cafe

12/29/2025 - 12/31/2025

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday

29

30

31



SCHOOL
CLOSED
TODAY



SCHOOL
CLOSED
TODAY



SCHOOL
CLOSED
TODAY



Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough



SCHOOL
CLOSED
TODAY



SCHOOL
CLOSED
TODAY

Offering New Specials **EVERY WEEK!**
To see our menus, visit us at: www.fdmealplanner.com

Available Daily: Hamburgers, Cheeseburgers, Turkey Burgers, Veggie Burgers, Chicken Patties and Spicy Chicken



SCHOOL
CLOSED
TODAY



Available Daily: Assorted Boars Head cold cuts, cheeses and whole grain rich bread, rolls and wraps along



SCHOOL
CLOSED
TODAY



SCHOOL
CLOSED
TODAY



Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of fruit and milk



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