

MENTAL HEALTH STRATEGY OVERVIEW

Collaborative Team

- Multi-disciplinary teams foster student wellness through a multi-tiered system of supports
- All schools have access to trained mental health professionals, such as School Counselors, School Social Workers, School Psychologists, and Family Therapists. Select schools also have a Student Support Instructional Specialist
- Student Services Data Reviews facilitate conversations with students and staff about their data, areas of support strengths and potential improvements that can be provided
- Partnerships with community behavioral health agencies
- Baker Act Transportation Pilot Program
- Stakeholder Mental Health Presentations
- Student Mental Health Advisory Committee

Screening, Needs Assessment & Resource Mapping

- Life Skills & Wellness Student Self-Survey
- Terrace Metrics Behavioral Health Screener
- Suicide Prevention, Intervention, and Postvention Procedures
- Psychosocial Assessments
- Annual School Counseling Plans & Schoolwide Positive Behavior Plans
- Stakeholder input from parents, students and staff via surveys, discussions and/or focus groups.
- Streamlined communication to stakeholders about internal/external mental health resources



Tiered Continuum of Mental Health Services & Supports

Tier I: Universal (all students)

- Mental Health Professionals on-site to support students in all schools
- All K-12 students receive annual, age-appropriate mental health and resiliency required instruction
- Student, Staff, Parent and Community Presentations
- The T.A.L.K. App on all students' Clever Dashboard connects children to a BCPS mental health professional
- Inner Explorer App and ReThinkEd lessons are available to students in the classroom and to families at home for mindful practices & resiliency skill building
- Mental health awareness campaigns
- Wellness Fairs
- Pro-social student organizations, clubs and initiatives
- Youth Mental Health First Aid (YMHFA) Training
- School Mental Health Recognition Program
- Mental Health Communication Campaign

Tier 2-3: Targeted & Intensive (specific students)

- Multiple referral pathways for mental health concerns
- Positive Behavior Intervention Supports, Prevention Programs, & Social Services
- Risk assessment & screening protocols
- Crisis response protocols
- Family Counseling Program
- Suicide Prevention Program
- Individual Counseling, Group Counseling and Support Groups
- Wellness Centers at six district schools
- Support Groups

Impact & Continuous Improvement

- Help students receive timely and effective support by training adults to recognize and respond to mental health and substance use challenges, support through a clear action plan, and connect adolescents to appropriate resources.
- Ensure that students have at least one trusted adult at school that they can talk to that makes them feel emotionally safe, supported and can connect them to necessary supports.
- Expand opportunities for students to receive timely, effective mental health assistance by schools establishing a clearly defined identified Mental Health Support Team and communicating mental health support personnel and resources to students and families at least quarterly.

Funding & Sustainability

- District-wide mental health personnel/programs:
 - General Funds
 - Mental Health Assistance Allocation
 - Referendum
- Youth Mental Health First Aid: Florida Department of Education Youth Mental Health Awareness & Training Mini-Support Grant for Local Educational Agencies
- Family Counseling Program: Broward County Agreement for Behavioral Health and Intervention Services
- The district continuously explores various funding options, such as grant opportunities