



School Health Advisory Council Meeting

December 3, 2025

- I. Welcome.....Chris Hecker
- II. Approval of Minutes.....Essence Castro
- III. Physical Activity & Fitness Planning Subcommittee Update.....Elaine Waier
- IV. Wellness Subcommittee Update.....Emmy Durand
- V. Adjournment.....Essence Castro
- VI. Physical Activity & Fitness Planning Subcommittee Meeting.....Elaine Waier
- VII. Wellness Subcommittee Meeting.....Emmy Durand