Community Resource Handbook

Mental & Behavioral Health Services — Northern Nevada

With Featured Child & Adolescent Behavioral Health Services

FEATURED CHILD & ADOLESCENT SERVICES

Mobile Crisis Response Team

Phone: 775-688-1670

ADDRESS

– 4600 Kietzke Ln, Suite A-104, Reno, NV 89502

https://www.knowcrisis.com

SERVICES OFFERED

– 24/7 youth & family crisis intervention, de-escalation, counseling, and referrals.

REFERRAL PROCESS

– Free, statewide mobile team. Call hotline for immediate response.

NOTES

– Specialized in children/adolescent behavioral crises; operates 24/7; no cost to families.

Reno Behavioral Healthcare Hospital

Phone: 775-393-2201

ADDRESS

– 6940 Sierra Center Parkway, Reno, NV 89511

https://www.renobehavioral.com

SERVICES OFFERED

– Inpatient & outpatient psychiatric treatment, adolescent behavioral programs, crisis stabilization.

REFERRAL PROCESS

– Call 24/7 assessment line or referral portal on website.

NOTES

– Accepts adolescents; offers medical detox and partial hospitalization; accepts most insurances.

True North Intensive Outpatient Program

Phone: 775-502-8444

ADDRESS

– 1755 E Plumb Ln, Suite 200, Reno, NV 89502

https://tntcreno.com/intensive-outpatient-program/

SERVICES OFFERED

– Adolescent & young adult therapy, DBT, family therapy, group therapy, skills-based outpatient care.

REFERRAL PROCESS

– Call or submit form online; transportation may be available.

NOTES

– Monday–Thursday, 3–6 PM; focused on transitional-age youth (ages 13–24).

Carson Valley Medical Center Outpatient Behavioral Health Clinic

Phone: 775-782-1630

ADDRESS

– 1107 U.S. Hwy 395 N Building C Gardnerville, NV 89410

https://www.cvmchospital.org/services/behavioral-health-services/

SERVICES OFFERED

– Vitality for Life: Senior Mental Health Intensive Outpatient Program, Provides mental health treatment to all ages

REFERRAL PROCESS

– Information can be faxed, can call in and request appointments

NOTES

– Medication management can do 3 weeks to a month wait list, one-on-one therapy is 6 months out

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Great Basin Psychiatry

Phone: 775-247-4902

ADDRESS

– 10391 Double R Blvd. Reno, NV 89521

https://greatbasinpsychiatry.com/

SERVICES OFFERED

– Medication Management, Long Acting Injectible Medications, Group and individual therapy, CBT group, Forensic Psychiatric consultation, ketamine treatment, ECT

REFERRAL PROCESS

– Can call office to schedule appointment. Client contadt form is available online.

NOTES

– N/A

Quest Counseling

Phone: 775-786-6880

ADDRESS

– 3500 Lakeside Court, Suite 101 Reno, NV 89509

https://www.questreno.com/

SERVICES OFFERED

– The Next Step, crisis management, ACT program, BASICS program, NAS program, MAT program, psychiatry, quest house, evaluations

REFERRAL PROCESS

– Can schedule your first appointment online.

NOTES

– wait time depends on patient-MH eval wait time is two months out. See patients as young as 5. Have two bilingual providers

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The Stacie Mathewson Behavioral Health & Addiction Institute

Phone: 775-982-5318

ADDRESS

– 85 Kirman Ave 100-200 Reno, NV 89502

https://www.renown.org/locations/stacie-mathewson-behavioral-health-and-addiction-institute-at-renown/

SERVICES OFFERED

– Individual, family and group therapy, medication management, Addiction Board of Medicine, Alcohol and Drug Counselors, Behavioral Health, Pediatric Behavioral Health

REFERRAL PROCESS

– Call office for apppointment

NOTES

– N/A

Vitality - Footprints Counseling Services

Phone: 775-322-3668

ADDRESS

– 1135 Terminal Way, Suite 112 Reno, NV 89502

https://vitalityunlimited.org/counseling/

SERVICES OFFERED

– Offers inpatient and outpatient treatment options

REFERRAL PROCESS

– Call the office to schedule and appointment. Request for admission application is available on website.

NOTES

– Has affordable housing application on website.

Quick Reference Directory

• ACCS Nevada (American Comprehensive Counseling Services Nevada) — Individual
• Alecia Towell, MFT — Specializes in relationship issues
• Alliance Mental Health Specialists — N/A
• Alpha Counseling Services — Couples in crisis
• Alta Vista Mental Health — Outpatient services including: psychiatric assessments
• Alzheimer's Association — Support groups for families suffering from Alzheimer's
• American Comprehensive Counseling — Individual
• Balance Therapy Center, LLC — Therapy for depression and anxiety
• Blue Skies Psychological Services — Therapy
• Brain Health Restoration Reno — Anxiety & Depression
• Bristlecone Family Resources — Residential treatment
• C & C Health Care Services — ADHD
• CBA Healthcare — Family Based Treatment Counseling
• Carson Tahoe Behavioral Health — Individual and group counseling
• Carson Valley Medical Center Outpatient Behavioral Health Clinic — Vitality for Life: Senior Mental Health Intensive Outpatient Program
• Center for Behavioral Health — Methadone treatment
• Clover Counseling — Anger management
• Community Health Alliance - Center for Complex Care — Medical - Behavioral Health
• Community Health Alliance - Nell J. Redfield Health Center, Sun Valley — Medical
• Community Health Alliance - Sparks Health Center — Provides medical health as well as behavioral health. This location prescription food pantry and in-house pharmacy.
• Community Health Alliance - Wells Ave. Health Center — Provides medical health as well as behavioral health. This location has pediatric dentristy and in-house pharmacy.
• Connections Behavioral Health Center — Family therapy
• Connections Behavioral Health Center — Family therapy
• Counseling Consultants — Cognitive Behavioral Therapy
• Counseling Consultants — Cognitive Behavioral Therapy
• Debra Fredericks, Ph.D. PMHNP — Specializes in alzheimers
• Dorsey Diaz, PsyD — Psychological testing
• Dr. Deacon Shoenberger Ph.D. — Provides counseling services for couples
• Dr. Richard Diffenderfer Behavioral Health Services — Opioid Addiction
• Duncan Family Healthcare — Depression
• Family Behavioral Health — Individual Therapy
• Family Counseling Services — Provides treatment for Depression
• Great Basin Psychiatry — Medication Management
• Healing Home Counseling — Individual counseling
• Health Psychology Associates LLC — General psychological evaluations

• Inner Journeys Therapy — Family Conflict
• Integrated Sleep & Wellness - Ruth Gentry, Ph.D. — Anxiety and depression
• J. Lenore Bransford PhD APRN — Diagnostic Assessment
• JoAnn Baird, EdD., MFT — Therapy for depression and anxiety
• Joy Quanrud Grimsley, MFT — Relationship issues
• Kids First Family Services — Evidence based therapy
• Koinonia Day Treatment — Specialized Foster Care
• Legacy Health and Wellness — Comprehensive mental and behavioral health assessments
• LifeQuest Behavioral Healthcare — Psychiatric assessment
• Lori Carroll, Ed.S., MFT — Specializes in Relationships
• Lynda Harper, MFT — Individuals
• Maple Star — Therapy
• Melissa Morrison — Family Counseling
• Mind and Body Counseling Associates — Counseling
• More to Life — N/A
• NAMI — Support groups
• Nevada Early Intervention Services — family centered multidisciplinary diagnostic and early intervention
• Nevada Urban Indians — Medical Clinic
• New Dawn - Reno Addiction Recovery Center — Family Therapy
• Northern Nevada Adult Mental Health — Inpatient and outpatient services
• Northern Nevada HOPES — Adult Therapy
• Pacific Behavioral Health — Clinical Services for all ages
• Philip Malinas, MD & Associates — Psychotropic medication
• Presence Therapy — Borderline personality disorder
• Quest Counseling — The Next Step
• Radiance Ketamine Clinic — Ketamine Treatments For: Treatment Resistant Depression
• Red Hawk Counseling — Individual Assessment
• Renee Walker, MFT — Marriage and family therapy
• Reno Behavioral Healthcare Hospital — Treats Depression
• Reno Psychological Services, Dr. J.P. Crum — Pediatric Neuropsych Assessment
• Reno Sparks Tribal Health Center — Therapy
• Renovation Mental Health — Case management
• Ridge House Inc. — Treatment
• Ron Cummings — Relationship issues
• Rural Mental Health Clinics — Aging and disability services
• Ruth Ann Wright, Ph.D. — Children and adolescent issues
• Ryan Simpson Therapy — Individual Therapy
• Sage Health Services, LLC — Autism support for children and adolescents only

• Saint Mary's Behavioral Health — Individual Therapy

• Sanford Center for Aging — Gerontology education

• Senior Bridges at Northern Nevada Medical Center — Behavioral issues related to dementia/alzheimers

• Sequel Alliance Family Services — Skill development and behavior management for children with autism spectrum disorder using ABA Therapy

• Serenity Mental Health Carson City — Medication Management

• Sierra Counseling & Neurotherapy — Individual Psychotherapy and Counseling

• Sierra Counseling Center — Substance abuse/dependence

• Sierra Mountain Health — Treatment for Depression

• Sierra Ridge Counseling, LLC — ADHD

• Sierra Sunrise Wellness Group — Therapy

• Silver State Counseling and Therapy — Therapy for Depression and Anxiety

• Something to Believe In Counseling — Offers Eye Movement and Desensitiation Reprocessing (EMDR)

• Tahoe Treatment Center — Depression and anxiety

• TeleMind Clinic — Attention Deficit Disorders

• Terianne Harrison, MFT — Therapy for Depression and Anxiety

• The Life Change Center — Medication Assisted Treatment

• The Stacie Mathewson Behavioral Health & Addiction Institute — Individual

• Vitality - Footprints Counseling Services — Offers inpatient and outpatient treatment options

• Well Care Services — Psychiatric care services

• Westside Center Counseling — Traditional psychotherapy and counseling

• Willow Springs Outpatient — Dialectical Behavioral Therapy

• Yunique Counseling — Mood disorders

• Zephyr Wellness — Multiple Marriage and Family Therapists on staff

• N/A — N/A

Children & Adolescents

Alpha Counseling Services

Phone: 775-241-8845

ADDRESS

– 1055 Roberta Lane, Suite 102B Sparks, NV 89431

http://alphacounselingcenter.com/

SERVICES OFFERED

– Couples in crisis, women's issues, children and adolesents

REFERRAL PROCESS

– Can fill out a contact form online. Can also call the office to schedule an appointment.

NOTES

– N/A

Community Health Alliance - Wells Ave. Health Center

Phone: 775-329-6300

ADDRESS

– 1055 S Wells Ave Reno, NV 89502

https://www.chanevada.org/

SERVICES OFFERED

– Provides medical health as well as behavioral health. This location has pediatric dentristy and in-house pharmacy.

REFERRAL PROCESS

– Can request an appointment online or call the office. Forms are available online.

NOTES

– Provides fee scale and assistance with applying for insurance.

Dorsey Diaz, PsyD

Phone: 775-434-7132

ADDRESS

– 502 E. John St., Suite B Carson City, NV 89706

https://pcccarson.org/essential_grid/dorsey-diaz-pys-d/

SERVICES OFFERED

– Psychological testing, child psychosocial therapy, adult psychosocial therapy

REFERRAL PROCESS

– Not accepting new patients at this time.

NOTES

– N/A

Duncan Family Healthcare

Phone: 775-221-7400

ADDRESS

– 6630 S. McCarran Blvd., Suite A-12 Reno, NV 89509

https://www.duncanfamilyhealthcare.com/

SERVICES OFFERED

– Depression, anxiety, mood disorders, social phobias, insomnia/sleep problems, schizoprenia, bipolar disorder, medication management, chronic pain, dementia, childhood behavioral distrubances, ADD/ADHD

REFERRAL PROCESS

– There is a patient portal online for existing patient as well as access to the patient paperwork packet.

NOTES

– Psychiatry accepts all forms of medicaid. Therapy does not accept Fee for Service

Family Counseling Services

Phone: 775-329-0623

ADDRESS

– 1475 Terminal Way, Suite B Reno, NV 89502

http://www.fcsnv.org/

SERVICES OFFERED

– Provides treatment for Depression, Anxiety, Sexual Abuse and Sexual Trauma, Surviving Domestic Violence, Physical and Emotional Abuse, Post Traumatic Stress Disorder, Major Life Challenges and Stressors, Substance Use Disorders, Relationship and Family Stress, Communication Barriers, Childhood Trauma, Childhood Behavioral Issues, Identity and Sense-of-Self Confusion, Women's Truama Group, Substance Abuse Treatment Group

REFERRAL PROCESS

– Just call office for appointment

NOTES

– Does not take Medicare

Health Psychology Associates LLC

Phone: 775-448-6828

ADDRESS

– 245 Mt Rose St Reno, NV 89509

https://www.hpareno.com/

SERVICES OFFERED

– General psychological evaluations, cognitive evaluations, learning disability evaluations, ADHD evaluations, pre-employment evaluations, fitness for duty evaluations, bariatric surgery evaluations, pain procedure evaluations, individual psychotherapy, child & adolescent psychotherapy, parent training/consultation, family therapy, couples therapy, group therapy

REFERRAL PROCESS

– Intake paperwork is online, can fill out general contact form for inquiries online

NOTES

– Does not take any Medicare

Inner Journeys Therapy

Phone: 775-686-8889

ADDRESS

– 180 W Huffaker Ln #302 Reno, NV 89511

https://www.psychologytoday.com/us/therapists/inner-journeys-therapy-reno-nv/234431

SERVICES OFFERED

– Family Conflict, Child, Divorce

REFERRAL PROCESS

– N/A

NOTES

– N/A

Lori Carroll, Ed.S., MFT

Phone: 775-870-5920

ADDRESS

– 247 Court St Reno, NV 89501

https://www.loricarrollmft.com/

SERVICES OFFERED

– Specializes in Relationships, Children and Adults, Individual Therapy, Consultation, Helps through Solution Focused Brief Therapy, DBT, Expressive Arts, Dream Work

REFERRAL PROCESS

– Forms are available online to download or print. Insurance must be worked out with the office prior to the first visit. Call the office to schedule a visit.

NOTES

– Average cost per session: $140-200. Sliding scale and PPO rates are available. Some insurance is accepted and must be arranged ahead of 1st session. Accepts cash, check, credit/debit card

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Northern Nevada HOPES

Phone: 775-786-4673

ADDRESS

– 580 W 5th St Reno, NV 89503

https://www.nnhopes.org/

SERVICES OFFERED

– Adult Therapy, Adult Psychiatry, Pediatric/Adolescent Therapy, Pediatric/Adolescent Psychiatry, additional medical services, LGBTQIA Support

REFERRAL PROCESS

– Patient has to be established with primary care at hopes prior to be seen for behavioral health

NOTES

– Provides sexual testing, good money habits, medical-legal partnership, housing

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Pacific Behavioral Health

Phone: 775-287-8270

ADDRESS

– 860 Tyler Way Sparks, NV 89431

https://pbehavioralhealth.com/

SERVICES OFFERED

– Clinical Services for all ages, School-based Services for Elementary, Middle and High schools, IOP for Transitional Aged Youth/Adults (Ages 14-24 years)

REFERRAL PROCESS

– Email Mala@NVPBH.com, need clients first and last name, date of birth and insurance number and phone number for contact, usually takes 1-2 weeks to get seen

NOTES

– 1-2 week wait time, no Spanish speaking provider

Presence Therapy

Phone: 775-346-4191

ADDRESS

– 95 La Rue Ave. Reno, NV 89509

https://presencetherapyreno.com/

SERVICES OFFERED

– Borderline personality disorder, grief, anxiety, depression, trauma, obsessive compulsive disorder, substance use disorder, child and adolescent therapy, eating disorders, co-occuring disorders, relational stress, attachment, mindfulness - based stress reduction

REFERRAL PROCESS

– Contact form is available online. Call to make appointment.

NOTES

– N/A

Reno Psychological Services, Dr. J.P. Crum

Phone: 775-657-9597

ADDRESS

– 712 S Center St Reno, NV 89501

https://renopsychologicalservices.com/

SERVICES OFFERED

– Pediatric Neuropsych Assessment, Adult Neuropsych Assessment, Autism Assessment, Psychoeducational IEE Assessment, Psychological Assessment, Pain and Spinal Cord Stimulator, Compensation and Pension Examination for PTSD

REFERRAL PROCESS

– Assessments have a 10 month - 1 year wait list, must contact a therapist directly to make an appointment or call the office

NOTES

– Specific therapists accept different Medicaid. Please see website or call office for information.

Ruth Ann Wright, Ph.D.

Phone: 775-846-9138

ADDRESS

– 327 Thoma Street Reno, NV 89592

https://www.drrawright.com/

SERVICES OFFERED

– Children and adolescent issues, issues of trauma and abuse, divorce, co-parenting and separation issues, depression and anxiety, couples and relationship issues, substance abuse issues, stress management, family therapy, parenting skills, conflict resolution, grief therapy

REFERRAL PROCESS

– Can schedule an appointment online. Forms are available online as well.

NOTES

– Calendar is full

Ryan Simpson Therapy

Phone: 775-319-7379

ADDRESS

– 1030 Holcomb Ave Reno, NV 89502

https://www.ryansimpsontherapy.com/

SERVICES OFFERED

– Individual Therapy, Couples Therapy, Child Therapy, Group Therapy and Education

REFERRAL PROCESS

– Contact form available on website.

NOTES

– N/A

Sage Health Services, LLC

Phone: 775-200-0935

ADDRESS

– 431 West Plumb Lane Reno, NV 89502

http://www.sagehealthservices.com/contact-us

SERVICES OFFERED

– Autism support for children and adolescents only

REFERRAL PROCESS

– Contact form is available online. Call to make appointment.

NOTES

– 3-6 months if child only available in the afternoon, they can maybe get in sooner if they can be seen during the day. Some bilingual providers

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Sequel Alliance Family Services

Phone: 775-337-2394

ADDRESS

– 1101 W. Moana Lane, Reno, NV 89509

https://sequelalliance.com/

SERVICES OFFERED

– Skill development and behavior management for children with autism spectrum disorder using ABA Therapy

REFERRAL PROCESS

– Have to have diagnosis from doctor, insurance want proof of diagnosis, call office to receive link and fill out intake and get on waiting list, 6 month to a year wait list

NOTES

– Provides services ages 18 months and older - kids only Finishing up contract with Health Plan of Nevada - No longer does Psychiatric work

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Sierra Mountain Health

Phone: 775-329-1717

ADDRESS

– 628 Lake St Reno, NV 89501

https://www.sierramountainhealth.com/

SERVICES OFFERED

– Treatment for Depression, Anxiety, Eating Disorders, Biopolar Disorder, Substance Abuse Recovery, Adult Counseling, Family Counseling, Marital Counseling, Children/Adolescents, ADHD/ADD Treatment, Divorce Counseling/Co-Parenting, Behavioral Therapy, Individual Therapy, Trauma Therapy, Grief Counseling, Hypnosis, Healthy Stress Coping Strategies

REFERRAL PROCESS

– New patient forms are online as well as the office policies.

NOTES

– Psychiatrist on staff. No sliding scale, no medicaid, no bilingual. wait time 2 weeks - 2 months. Service patients 12 and older

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Silver State Counseling and Therapy

Phone: 775-622-8890

ADDRESS

– 2125 Green Vista Dr Ste 106 Sparks, NV 89431

https://www.silverstatecounseling.com/contact-me

SERVICES OFFERED

– Therapy for Depression and Anxiety, Couples Counseling, Family Counseling, Parenting Support, Grief Counseling, Trauma and PTSD, Stress Management, Children's Behavioral Issues, Conflict Resolution, EMDR

REFERRAL PROCESS

– Can request an appointment online. Forms are available online.

NOTES

– Cash, Check and all major credit cards accept for payment

Tahoe Treatment Center

Phone: 775-636-8289

ADDRESS

– 5595 Kietzke Lane #108 Reno, NV 98511

http://www.tahoetreatmentcenter.com/

SERVICES OFFERED

– Depression and anxiety, Sexual and relationship problems, Conflict resolution, Post Traumatic Stress, Panic Attacks and Phobias, Grief and loss, Stress Management, Personality Disorders, Adolescent Crises and Developmental Challenges

REFERRAL PROCESS

– Can make an appointment online through the appointment portal

NOTES

– N/A

Addiction & Recovery

American Comprehensive Counseling

Phone: 775-356-0371

ADDRESS

– 860 Tyler Way Sparks, NV 89431

https://www.accsnv.com/

SERVICES OFFERED

– Individual, Marriage and Family therapy, Substance Abuse Treatment, Parenting, Anger Management, Domestic Violence, Mental Health Evaluation, Dual Diagnosis Evaluation, Anger Management Evaluation, Domestic Violence Evaluation

REFERRAL PROCESS

– Enrollment packets for each service are available online under the services tab.

NOTES

– Accepts all forms of Medicaid. Accepts all forms of Medicaid. No wait time but in-person appointments are seldom. Sliding scale is $50 for Practicum providers, do not accept insurance for this. Do see children. Only one therapist that speaks Spanish and she is only available for domestic violence, substance abuse, and groups.

Balance Therapy Center, LLC

Phone: 775-323-1829

ADDRESS

– 4600 Kietzke Lane, Building C #124 Reno, NV 89502

https://www.balancetherapycenterllc.com/

SERVICES OFFERED

– Therapy for depression and anxiety, couples counseling, family counseling, parenting support, grief counseling, work and career issues, stress management, addiction and recovery, conflict resoultion

REFERRAL PROCESS

– Forms are available online to complete prior to appointment. You can submit information to schedule an appointment online.

NOTES

– Waitlist depends on providers (2-3 months). Only one provider that sees children. Offers sliding scale. No Spanish speakers, but they do have a tranlsator on site.

Bristlecone Family Resources

Phone: 775-954-1400

ADDRESS

– 704 Mill Street Reno, NV 89502

http://www.bristleconereno.com/

SERVICES OFFERED

– Residential treatment, intensive outpatient treatment, outpatient treatment, transitional living/housing, drug court services, co-occuring disorders treatment, gambling addictions treatment and education (GATE Program), targeted case management, community outreach and education services, community presentations

REFERRAL PROCESS

– Assessments are scheduled by appointment only. The residential program client admissions occur by appointment only. You can be referred or self-referred. Please bring ID and proof of Nevada residency.

NOTES

– Medicare and Medicaid do not cover the cost of residential treatment. Does not really take Medicare.

C & C Health Care Services

Phone: 775-682-0020

ADDRESS

– 1281 Terminal Way #110 Reno, NV 89502

https://candchealthcareservices.com/

SERVICES OFFERED

– ADHD, Dyslexia, Autism Screening, Substance Abuse Treatment and Counseling

REFERRAL PROCESS

– Can fill out the contact form online or call the office to schedule an appointment.

NOTES

– Mobile therapy for those in rural areas

Carson Tahoe Behavioral Health

Phone: 800-283-7671

ADDRESS

– 1080 N. Minnesota Street Carson City, NV 89703

https://www.carsontahoe.com/behavioral-health-services.html

SERVICES OFFERED

– Individual and group counseling, medical model detox services, inpatient and outpatient psychiatric services, psychological testing, dialectical behavioral therapy, substance abuse treatment, including 14 day addictive disorders rehabilitation, support groups

REFERRAL PROCESS

– Patients are accepted for inpatient treatment 24-hours a day.

NOTES

– Outpatient therapy only has one provider. Currently a waitlist for psychiatry (2-3 months). No Spanish speakers. Do offer sliding scale, but it is still expensive (600+ range). Do accept children.

Dr. Deacon Shoenberger Ph.D.

Phone: 775-448-6828

ADDRESS

– 527 Lander Street, #203C Reno, NV 89509

http://drshoenberger.com/

SERVICES OFFERED

– Provides counseling services for couples, individuals and families in health psychology and behavioral medicine, behavioral weight loss, addictions, anxiety disorders, and pain psychology.

REFERRAL PROCESS

– N/A

NOTES

– N/A

Dr. Richard Diffenderfer Behavioral Health Services

Phone: 775-683-1108

ADDRESS

– 1000 Bible Way, Suite 47 Reno, NV 89502

https://docrichard.weebly.com/

SERVICES OFFERED

– Opioid Addiction, Family Counseling, Intervensions, Depression, PTSD, Substance Use Disorder, Alcohol Use Disorder

REFERRAL PROCESS

– N/A

NOTES

– Takes credit cards as payments. Offers sliding scale. Sees adolescents with adult-oriented problems (addiction, criminal, etc). No Spanish speakers. Wait time depends on situation but can be about 2-3 days.

JoAnn Baird, EdD., MFT

Phone: 855-599-3688

ADDRESS

– 421 Plumb Lane Reno, NV 89509

https://www.reno-counseling.com/

SERVICES OFFERED

– Therapy for depression and anxiety, couples counseling, family counseling, parenting support, grief counseling, work and career issues, stress management, addiction and recovery, conflict resolution, trauma

REFERRAL PROCESS

– Can complete an appointment request online.

NOTES

– Only accepts Medicare that allows for telehealth services. Only does online services.

Legacy Health and Wellness

Phone: 775-562-1115

ADDRESS

– 850 Mill St., Suite 200 Reno, NV 89502

https://legacyhealthreno.com/

SERVICES OFFERED

– Comprehensive mental and behavioral health assessments, individual counseling, family counseling, group counseling, alternatives for teens, parental training/co-parenting, psychosocial rehabilitation, basic skills, substance abuse counseling, family preservation, supervised therapuetic visits, family reunification support services, crisis intervention services, nursing facility behavioral intervention services, referral and resource services, EMDR therapy

REFERRAL PROCESS

– Patient intake form is available online. Should call to make an appointment.

NOTES

– See children, aim for 5 and above. Spanish speaking providers available. Offer sliding scale. Able to see patients within same week.

Maple Star

Phone: 775-677-2216

ADDRESS

– 855 W. 7th Street, Ste. 160 Reno, NV 89503

https://www.maplestarreno.com/

SERVICES OFFERED

– Therapy, adult day treatment, therapuetic art, PSR and BST, substance abuse services and foster care

REFERRAL PROCESS

– Referral form is available online. Intake documents are available online.

NOTES

– N/A

Nevada Urban Indians

Phone: 775-788-7600

ADDRESS

– 6512 S. McCarran Blvd., Suite A Reno, NV 89502

https://nevadaurbanindians223094075.wpcomstaging.com/

SERVICES OFFERED

– Medical Clinic, Diabetes, Mental Health, Substance Abuse, Suicide Prevention, Victim Services

REFERRAL PROCESS

– Contact form available online. Can call and make an appointment.

NOTES

– N/A

Reno Sparks Tribal Health Center

Phone: 775-329-5162

ADDRESS

– 1715 Kuenzli Street Reno, NV 89502

https://www.rsic.org/rsic-services/reno-sparks-tribal-health-center/

SERVICES OFFERED

– Therapy, mental health evaluation, couples and family therapy, substance abuse therapy, groups, can set up for residential treatment for opiod use

REFERRAL PROCESS

– Only accept Native American patients. Have to be able to prove that you are native american to become an established patient. Free services to patients but do bill insurance.

NOTES

– N/A

Ron Cummings

Phone: 775-324-5700

ADDRESS

– 427 Ridge St A Reno, NV 89501

https://www.psychologytoday.com/us/therapists/ron-cummings-reno-nv/163947

SERVICES OFFERED

– Relationship issues, addiction, codependency

REFERRAL PROCESS

– N/A

NOTES

– N/A

Senior Bridges at Northern Nevada Medical Center

Phone: 775-331-7000

ADDRESS

– 2345 E. Prater Way Sparks, NV 89434

https://www.nnmc.com/services/senior-bridges-behavioral-health

SERVICES OFFERED

– Behavioral issues related to dementia/alzheimers, major depression, suicidal thoughts, sleep disorders, psychosis, schizophrenia, schizo-effective disorder, bipolar disorder, anxiety and agitation, substance use disorder

REFERRAL PROCESS

– Can be self-referred, or can be referred from a physician, emergency room, or assisted living facility, admissions are accepted 24 hours a day, staff can meet the client at their location to complete a pre-admissions assessment.

NOTES

– Adults age 50 or older.

Serenity Mental Health Carson City

Phone: 775-841-6050

ADDRESS

– 775 N Roop St #101 Carson City, NV 89701

https://serenitymentalhealth.org/

SERVICES OFFERED

– Medication Management, Medical Clinic, Therapy, Housing, Substance Abuse, Jail Services/Diversion Programs, Mental Health, Rehabilitation Services

REFERRAL PROCESS

– Patient intake form is available online. Can make an appointment online.

NOTES

– Has a podcast, a facebook group, as well as an email newsletter. Offer some cash pay and no charge for those that qualify.

Sierra Counseling & Neurotherapy

Phone: 775-885-7717

ADDRESS

– 844 W Nye Ln #201 Carson City, NV 89703

https://www.scncounseling.com/

SERVICES OFFERED

– Individual Psychotherapy and Counseling, Marriage and Family Therapy, Neurofeedback and Biofeedback, Substance Abuse, Slcohol and Drug Evaluations, Pschological Testing, Anger Management, Cardiac Behavioral Health, Stress Reduction, Optial Performance, Brain Fitness and Cognitive Enhancement, ADD/ADHD Evaluations, Life Coaching

REFERRAL PROCESS

– No pre-authorizations from insurance other than the VA

NOTES

– New Client paperwork must be submitted prior to first appointment. Payment is due at time of appointment. Wait time is 3 months, see all ages, depends on client. no bilingual provider

Sierra Counseling Center

Phone: 775-356-1908

ADDRESS

– 1855 Sullivan Lane, Suite 145 Sparks, NV 89431

http://www.sierracounseling.com/

SERVICES OFFERED

– Substance abuse/dependence, domestic violence, anger management, marriage and family counseling, mindfulness training

REFERRAL PROCESS

– Contact form is available online. Call to make appointment.

NOTES

– N/A

Sierra Ridge Counseling, LLC

Phone: 775-232-6835

ADDRESS

– 150 Country Estates Cir Suite 107 Reno, NV 89511

http://sierraridgecounseling.com/

SERVICES OFFERED

– ADHD, Alcohol Abuse, Behavioral Issues, Bipolar Disorder, Borderline Personality, Chronic Impulsivity, Chronic Relapse, Codependency, Coping Skills, Depression, Divorce, Domestic Abuse, Drug Abuse, Eating Disorders, Family Conflict, Grief, Infidelity, Life Coaching, Narcissistic Personality, Obsessive-Compulsive, Oppositional Defiance, Parenting, Peer Relationships, Self Esteem, Substance Abuse, Testing and Evaluation, Trauma and PTSD

REFERRAL PROCESS

– N/A

NOTES

– Payment options are cash, check and VISA, does not accept insurance appt cost $150.

Terianne Harrison, MFT

Phone: 775-391-0099

ADDRESS

– 571 California Ave Reno, NV 89509

https://www.tntharrison.com/

SERVICES OFFERED

– Therapy for Depression and Anxiety, Adoption Issues, Couples Counseling, Family Counseling, Parenting Support, Grief Counseling, Work and Career Issues, Stress Management, Addiction & Recovery, Conflict Resolution, Divorce/Stepfamily Issues, Sexual Issues

REFERRAL PROCESS

– Can schedule an appointment online. Forms are available online as well.

NOTES

– Reduced fee services are available on a limited basis. Accepts cash, check and all major credit cards.

The Life Change Center

Phone: 775-355-7734

ADDRESS

– 1755 Sullivan Ln Sparks, NV 89431

https://www.thelifechangecenter.org/

SERVICES OFFERED

– Medication Assisted Treatment, Short Term Detox, Medically Supervised Withdrawal, Emotional Wellness and Behavioral Health, Peer Recovery Support, Women's Programs

REFERRAL PROCESS

– Admission process requires 3 assessments, no waiting list for case management and group therapy, must have photo ID, bring any prescription information with you - there may be a weekly copay

NOTES

– Has additional locations in Reno, and Carson City. Open Monday - Saturday at all locations.

Willow Springs Outpatient

Phone: 775-284-4717

ADDRESS

– 650 Edison Way Reno, NV 89502

https://willowspringscenter.com/

SERVICES OFFERED

– Dialectical Behavioral Therapy, Residential Treatment, Substance Abuse Education, Military Family Mental Health Resources, Motivational Interviewing Therapy

REFERRAL PROCESS

– Referrals come from families, psychiatric hspitals, addictions professionals, Detox programs, parents, physicians, psychologists, therapists, school counselors, sober coaches, interventionists, community agencies, probabtion officers or other concerned individuals. A treatment team will review the referral to determine if the child/adolescent is appropraite for the treatment programs.

NOTES

– Patients must be in need of 24-hour care, TRICARE application must be completed by a psychologist/psychiatrist, Does not accept Medicare.

Family & Relationships

ACCS Nevada (American Comprehensive Counseling Services Nevada)

Phone: (775) 356-0371

ADDRESS

– 603 E Robinson St Carson City, NV 89701

http://accsnv.com/

SERVICES OFFERED

– Individual, Marriage and Family Therapy, Substanace Abuse Treatment, Parenting, Anger Management, Parenting, Domestic Violence, Mental Health Evaluation, Dual Diagnosis Evaluation, Anger Management Evaluation, Domestic Violence Evaluation

REFERRAL PROCESS

– Can fill out contact form online or call the office directly

NOTES

– Takes all forms of Medicaid and Medicare. Wait time is a few weeks. Only offers Spanish Speakers on Monday afternoons in groups. Sliding scale offered is $50 for certain providers.

Alecia Towell, MFT

Phone: 775-583-4032

ADDRESS

– 360 West Liberty St. Reno, NV 89501

https://www.psychologytoday.com/us/therapists/alecia-l-towell-llc-reno-nv/111641

SERVICES OFFERED

– Specializes in relationship issues, anxiety, trauma and PTSD

REFERRAL PROCESS

– N/A

NOTES

– N/A

CBA Healthcare

Phone: 775-200-8528

ADDRESS

– 1155 W. 4th St. Suite 101 Reno, NV 89503

https://cbahealthcarereno.com/

SERVICES OFFERED

– Family Based Treatment Counseling, Individual Based Treatment Counseling, Group Therapy, Group Skills Building and Goal Achieving Services, Trauma / EMDR Therapy, Chemical Dependency Treatment

REFERRAL PROCESS

– Intake packet available online, contact form available to send message on website. Can call and schedule, on medicaid, no referral needed

NOTES

– N/A

Connections Behavioral Health Center

Phone: 775-686-0117

ADDRESS

– 777 E William St #106 Carson City, NV 89701

https://www.connectbhc.com/

SERVICES OFFERED

– Family therapy, Individual therapy, medication management,

REFERRAL PROCESS

– Can fill out contact form online. Can call office to make an appointment.

NOTES

– Does not accept walk-ins.

Connections Behavioral Health Center

Phone: 775-600-3539

ADDRESS

– 1 E. Liberty St., Suite 600 Reno, NV 89501

https://www.connectbhc.com/

SERVICES OFFERED

– Family therapy, Individual therapy, medication management,

REFERRAL PROCESS

– Can fill out contact form online. Can call office to make an appointment.

NOTES

– Does not accept walk-ins.

Family Behavioral Health

Phone: 775-378-2775

ADDRESS

– 438 Pyramid Way Sparks, NV 89431

http://www.fbhnv.com/

SERVICES OFFERED

– Individual Therapy, Family Therapy, Group Therapy, Couples Therapy, School Based Therapy, Pregnancy and PostPartum Therapy, Comprehensive Psychological Assessments, Health and Behavior Assessments, Mental Health Rehabilitation, Basic Skills Training

REFERRAL PROCESS

– Facilities fax (775-525-3889)information over, or client fills out potential client form, facility then verifies insurnace benefits and then contacts client.

NOTES

– Offers therapy in Spanish - all staff is bilingual. Also accepts TANF expansion. Please see website for full list of insurance. Will eventually take health plan of Nevada. January 2022 will take Molina Medicaid.

J. Lenore Bransford PhD APRN

Phone: 775-826-0218

ADDRESS

– 8600 Technology Way Reno, NV 89521

https://www.jlbransford.com/

SERVICES OFFERED

– Diagnostic Assessment, Psychological Testing, Psychiatric Medications as needed, Counseling and Therapy for Individuals, Couples and Families

REFERRAL PROCESS

– Can request a online video conferencing appointment online through a separate link under request an appointment/location on website. Office hours are from 8:00am - 5:00pm Tuesday, Wednesday, and Thursday.

NOTES

– Does not accept checks, must have ID and insurance card at time of appointment, Can be handled online, Payment expected at time of service

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Joy Quanrud Grimsley, MFT

Phone: 775-573-4567

ADDRESS

– 180 W Huffaker Lane, Suite 302 Reno, NV

https://www.psychologytoday.com/us/therapists/joy-grimsley-reno-nv/294045

SERVICES OFFERED

– Relationship issues, anxiety depression

REFERRAL PROCESS

– N/A

NOTES

– N/A

Kids First Family Services

Phone: 775-348-9047

ADDRESS

– 4600 Kietzke Lane, Building J, Suite 212 Reno, NV 89502

https://www.kidsfirstreno.org/

SERVICES OFFERED

– Evidence based therapy, basic skills training, psychosocial rehabilitation, parenting classes, healthy relationship classes,

REFERRAL PROCESS

– Welcomes self-referrals as well as referrals from other agencies. For appointments call the office.

NOTES

– Services to clients age 3 to adult

Lynda Harper, MFT

Phone: 775-322-6605

ADDRESS

– 325 E. Liberty Street Reno, NV 89501

https://harpercounselingreno.com/

SERVICES OFFERED

– Individuals, couples, family, groups, EMDR, evaluation and assessments

REFERRAL PROCESS

– Can request an appointment online. Forms are available online to take with you to appoitment.

NOTES

– Has a texting number available: 775-440-3441. Accepts BCBS, HTH, Prominence, and various EAPs. Sliding scale available. Open to discussing payments or sliding scale.

Melissa Morrison

Phone: 775-848-8552

ADDRESS

– 515 Court St Reno, NV 89501

https://mmorrisonmftreno.com/contact/

SERVICES OFFERED

– Family Counseling, Couples Counseling, Anxiety Counseling, Trauma Counseling, Depression Counseling, Support Group

REFERRAL PROCESS

– Can fill out a contact form online. Can also call the office to schedule an appointment.

NOTES

– Accept cash, check and all major creidt cars, also accepts payment via paypal.

Nevada Early Intervention Services

Phone: 800-522-0066

ADDRESS

– 2667 Enterprise Road Reno, NV 89512

https://dhhs.nv.gov/programs/idea/early_intervention_programs/

SERVICES OFFERED

– family centered multidisciplinary diagnostic and early intervention

REFERRAL PROCESS

– N/A

NOTES

– N/A

New Dawn - Reno Addiction Recovery Center

Phone: 775-964-4898

ADDRESS

– 9498 Double R Blvd Suite A Reno, NV 89521

https://www.newdawntreatmentcenters.com/locations/intensive-outpatient-reno/

SERVICES OFFERED

– Family Therapy, Parenting Group, 12 Wstep Introduction, Coping Skills Development, Yoga/Mindfulness, Codependency Group, CBT Therapy, Spirituality Group, Lifetime Continuing Care

REFERRAL PROCESS

– Supplemental plan for medicare or secondary insurance for medicare clients only. Working to get contracted with Molina.

NOTES

– Local Detox, Drug and Alcohol Treatment, and Outpatient Rehab, has an intake line available 24/7: 866-969-4300, No spanish speaking providers, adults only, no wait for intensive outpatient

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Renee Walker, MFT

Phone: 775-671-0581

ADDRESS

– 305 Stewart St. Reno, NV 89501

http://reneewalkertherapies.com/

SERVICES OFFERED

– Marriage and family therapy, meditation, forgiveness therapy, yoga therapy, soul therapy, holistic therapy

REFERRAL PROCESS

– Client forms are available online. Call for appointment. Not accepting new clients at the moment. TANF-Expansion.

NOTES

– N/A

Renovation Mental Health

Phone: (775) 525-0270

ADDRESS

– 255 W. Moana Lane Reno, NV 89509

https://rmhsnevada.net/

SERVICES OFFERED

– Case management, community integratiojn, individual therapy, family therapyl, therapeutic groups, parent training/family support, basic skills training, basic living and self-care group, transitional living, behavior management, self sufficiency, social competency

REFERRAL PROCESS

– Not requiring a referral to be seen

NOTES

– N/A

Saint Mary's Behavioral Health

Phone: 775-770-3189

ADDRESS

– 235 W 6th St Reno, NV 89503

https://www.saintmarysreno.com/our-services/behavioral-health/

SERVICES OFFERED

– Individual Therapy, Family Counseling, Discharge Planning, Psychiatric Evaluation, Group Therapy, Activities Therapy, Medication Management, Commonly Treated Conditions For Inpatient: Major Depression, Suicidal Thoughts, Psychosis, Bipolar Disorder, Behavioral Issues Related to Dementia Disorders, Schizophrenia, Anxiety and Agitation, Schizoaffective Disorder, PTSD

REFERRAL PROCESS

– Send history of what is going on - does accept legal hold or voluntary hold. Don't accept walk ins, Has to follow referral process from hospitals.

NOTES

– Cannot take on walk-ins. If they come from group home, take COVID test. If they are are coming in from street, go through ER to get medical clearances

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Zephyr Wellness

Phone: 775-525-1616

ADDRESS

– 418 Cheney St. Reno, NV 89502

https://www.zephyrwellness.org/

SERVICES OFFERED

– Multiple Marriage and Family Therapists on staff

REFERRAL PROCESS

– Can complete screening online, can book appointment online

NOTES

– Is a training sight for graduate level practicum students getting clinical hours. Will accept patients with no insurance on a sliding scale from anywhere between $5-$30 - Medicare not listed on website

Mental Health

Brain Health Restoration Reno

Phone: 775-507-7024

ADDRESS

– 5255 Longley Ln #140 Reno, NV 89511

https://brainhealthrestoration.com/

SERVICES OFFERED

– Anxiety & Depression, Autism, Cognitive Decline, PTSD

REFERRAL PROCESS

– N/A

NOTES

– Wait time depends on situation and consultation type. Do see children, but no younger than five. No Spanish speaking providers. Insurance generally not accepted. Unsure of sliding scale.

Healing Home Counseling

Phone: 775-391-0781

ADDRESS

– 335 Hillcrest Dr Reno, NV 89509

http://ashleyhannamorgan.com/

SERVICES OFFERED

– Individual counseling, support groups, post-partum depression

REFERRAL PROCESS

– Does not accept medicaid, but does accept medicare clients who have Hometown Health Senior Care Plus plan.

NOTES

– Offers a free 15 minute consultation, can schedule on-line

Integrated Sleep & Wellness - Ruth Gentry, Ph.D.

Phone: 775-826-6218

ADDRESS

– 10631 Professional Circle, Suite A Reno, NV 89521

https://www.renosleepwell.com/

SERVICES OFFERED

– Anxiety and depression, Sleep disorders, chronic pain, psychologicial testing

REFERRAL PROCESS

– Can request an appointment online. Forms required for visit are available online.

NOTES

– Individiual hourly rates are available online.

Radiance Ketamine Clinic

Phone: 775-432-1500

ADDRESS

– 5365 Mae Anne Ave Suite A10 Reno, NV 89523

https://www.radianceketamineclinic.com/

SERVICES OFFERED

– Ketamine Treatments For: Treatment Resistant Depression, Post Traumatic Stress Disorder, Anxiety Disorders, Obsessive Compulsive Disorder, Chronic Nerve Pain

REFERRAL PROCESS

– Can request an appointment online. Does not take medicaid at this time. Hopes to change this in the future.

NOTES

– Open Monday through Saturday. Also offers IV Nutritional therapy. IV Ketamine for Depression, PTSD, Anxiety, and OCD are not covered by insurance plans. IV Ketamine for Chronic Nerve Pain is not covered by insurance. Intranasal spray ketamine for depression is covered by insurance. Please see website for treatment cost.

TeleMind Clinic

Phone: 775-446-6300

ADDRESS

– 888 W 2nd Suite 108 Reno, NV 89503

https://telemind.com/

SERVICES OFFERED

– Attention Deficit Disorders, Anxiety Disorders, Panic Disorder, Social Anxiety Disorder, Obsessive Compulsive Disorder, PTSD, Mood Disorders, Psychotic Disorders

REFERRAL PROCESS

– Can schedule an appointment online.

NOTES

– Psychiatrist on staff, Offers low cash rates.

Yunique Counseling

Phone: 775-432-2742

ADDRESS

– 1855 Sullivan Lane, Suite 275 Sparks, NV 89431

https://www.yuniquecounseling.com/

SERVICES OFFERED

– Mood disorders, multi-cultural issues, LGBT, EMDR, emotionally focused therapy, cognitive behavioral therapy

REFERRAL PROCESS

– Contact form is available online. Call to make appointment.

NOTES

– Has a current 2-3 month wait list.

Older Adults

Alzheimer's Association

Phone: 775-786-8061

ADDRESS

– 639 Isbell Rd #240 Reno NV 89509

Website: N/A

SERVICES OFFERED

– Support groups for families suffering from Alzheimer's, respite care,

REFERRAL PROCESS

– N/A

NOTES

– N/A

Debra Fredericks, Ph.D. PMHNP

Phone: 775-990-1427

ADDRESS

– 890 Mill St. Suite 305 Reno, NV 89502

https://www.psychologytoday.com/us/psychiatrists/debra-walker-fredericks-reno-nv/129118

SERVICES OFFERED

– Specializes in alzheimers, behavioral issues, testing and evaluation

REFERRAL PROCESS

– If Medicaid is secondary than it is accepted. - Primary care doctor request is received, then they call the patient, wait list is about 3 weeks.

NOTES

– Medicare advantage plans like humana accepted, senior care plus is accepted, prominence, senior dimensions, aetna, cigna, Camp-VA, CDF group health, Dept of Labor Washoe Count, Tri-care and united healthcare medicare not accepted.

Rural Mental Health Clinics

Phone: 775-687-0870

ADDRESS

– 1655 Old Hot Springs Rd. Suite 150 Carson City, NV 89706

https://dpbh.nv.gov/Programs/ClinicalBehavioralServ/locations/Rural_Community_Health_Services/

SERVICES OFFERED

– Aging and disability services

REFERRAL PROCESS

– Do not do appointments over the phone, must go into the office and fill out the paperwork.

NOTES

– N/A

General

Alliance Mental Health Specialists

Phone: 775-393-9101

ADDRESS

– 6880 S McCarran Blvd Suite 14 Reno, NV 89509

http://alliancemhs.com/index.html

SERVICES OFFERED

– N/A

REFERRAL PROCESS

– Can fill out contact form online or call the office directly

NOTES

– Accepts TANF. Only seeing patients 18 years and older.

Alta Vista Mental Health

Phone: 775-624-8200

ADDRESS

– 1201 Terminal Way Reno, NV 89502

http://altavistamh.com/

SERVICES OFFERED

– Outpatient services including: psychiatric assessments, medication management, co-occuring disorders treatment, therapy, alcohol and drug counseling, crisis internventions, case-management, psychosocial rehabilitation, basic skills training, groups, supportive services

REFERRAL PROCESS

– Receive referral from another agency, reach out to client to fill out intake packet, once intake packet is put into system, reach out to client to meet with therapist for asssessment, wait time is 3-4 weeks.

NOTES

– N/A

Blue Skies Psychological Services

Phone: 775-297-8855

ADDRESS

– 3405 Lakeside Dr Reno, NV 89509

https://www.blueskiespsychology.com/

SERVICES OFFERED

– Therapy, Assessment, Telehealth Consultation

REFERRAL PROCESS

– Has short wait list. Will need to call office and need to complete a new client screening form. Will need to run a benefits screening prior to being put on waitlist. Couple month wait.

NOTES

– Accepts credit and debit card payments in session and through the client portal. Payment is due at the start of each appointment.

Center for Behavioral Health

Phone: 775-829-4472

ADDRESS

– 160 Hubbard Way, Suite A Reno, NV 89502

http://centerforbehavioralhealth.com/

SERVICES OFFERED

– Methadone treatment, offers couseling

REFERRAL PROCESS

– Also accepts Molina, Go through counselers, first come first serve, will take calls and make appointment

NOTES

– Hours are from 5:30am to 12:30pm, Accepts "Federal Medicare and Behavioral Health Options", need to specify which subplans

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Clover Counseling

Phone: 775-354-3819

ADDRESS

– 131 Ryland St. Reno, NV 89501

https://clovercounseling.com/

SERVICES OFFERED

– Anger management, Cognitive behavioral therapy, conflict resolution,

REFERRAL PROCESS

– Provide phone number, send picture of business card will be sent to the client

NOTES

– Speaks Spanish and offers lowest price is $80 sessions

Community Health Alliance - Center for Complex Care

Phone: 775-329-6300

ADDRESS

– 330 Crampton St Reno, NV 89502

https://www.chanevada.org/

SERVICES OFFERED

– Medical - Behavioral Health

REFERRAL PROCESS

– Can request an appointment online or call the office. Forms are available online.

NOTES

– N/A

Community Health Alliance - Nell J. Redfield Health Center, Sun Valley

Phone: 775-870-4334

ADDRESS

– 5295 Sun Valley Blvd Sun Valley, NV 89433

https://www.chanevada.org/

SERVICES OFFERED

– Medical, WIC Services

REFERRAL PROCESS

– Can request an appointment online or call the office. Forms are available online.

NOTES

– N/A

Community Health Alliance - Sparks Health Center

Phone: 775-329-6300

ADDRESS

– 2244 Oddie Blvd Sparks, NV 89431

https://www.chanevada.org/

SERVICES OFFERED

– Provides medical health as well as behavioral health. This location prescription food pantry and in-house pharmacy.

REFERRAL PROCESS

– Can request an appointment online or call the office. Forms are available online.

NOTES

– Provides fee scale and assistance with applying for insurance.

Counseling Consultants

Phone: 775-348-5855

ADDRESS

– 345 Cheney St Reno, NV 89502

https://www.psychotherapistreno.com/

SERVICES OFFERED

– Cognitive Behavioral Therapy, Alpha-Stim, Biofeedback

REFERRAL PROCESS

– Can schedule online.

NOTES

– Accepts Medicaid FFS. Accepts children above 12 years old. No set sliding scale but can negotiate. Spanish speakers in office. Wait time is around a few weeks.

Counseling Consultants

Phone: 775-348-5855

ADDRESS

– 502 East John St., Suite 3F Carson City, NV 89701

https://www.psychotherapistreno.com/

SERVICES OFFERED

– Cognitive Behavioral Therapy, Alpha-Stim, Biofeedback

REFERRAL PROCESS

– Can schedule online.

NOTES

– Accepts Medicaid FFS. Accepts children above 12 years old. No set sliding scale but can negotiate. Spanish speakers in office. Wait time is around a few weeks.

Koinonia Day Treatment

Phone: 775-826-3774

ADDRESS

– 1050 Bible Way Reno, NV 89502

http://www.kfhnv.org/

SERVICES OFFERED

– Specialized Foster Care, Day Treatment, After School Day Treatment, outpatient therapy

REFERRAL PROCESS

– Waitlist for therapy, anyone can refer, guardian or therapist, need parent permission, referring reason is required, need medicaid number, Day treatment - is a bit more complex, they need to explain why treatment is needed

NOTES

– After School Day Treatment is for children ages 12 to 18 who have experienced severe trauma

LifeQuest Behavioral Healthcare

Phone: 775-636-7767

ADDRESS

– 65 Regency Way, Suite A Reno, NV 89509

http://www.lifequestnv.com/

SERVICES OFFERED

– Psychiatric assessment, psychotherapy, psychiatric mediation management

REFERRAL PROCESS

– Can make an appointment online Can have clients call to make appointment or can fax referral form

NOTES

– Does not take Medicare - Emailed referral form to Susan. Accepts all types of Medicaid, but no Medicare. Wait list is around 2-3 days to 30 days depending on insurance. Sees children 5 and above. No sliding scale. No Spanish Speakers.

Mind and Body Counseling Associates

Phone: 775-507-7222

ADDRESS

– 4600 Kietzke Ln N250 Reno, NV 89502

https://www.mbcareno.com/

SERVICES OFFERED

– Counseling, Medication Management, Group Classes, Bilingual Therapy, EMDR

REFERRAL PROCESS

– Contact form available online. Can call and make an appointment.

NOTES

– Offers a sliding scale rates for their patients. Please call the office for more information. 2 week wait, spanish speaking provider (junice Nunez) Only have room for adults

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More to Life

Phone: 775-358-1988

ADDRESS

– 1963 East Prater Way Sparks NV 89434

https://www.adultdaycarereno.com/

SERVICES OFFERED

– N/A

REFERRAL PROCESS

– N/A

NOTES

– N/A

NAMI

Phone: 775-470-5600 (helpline) 703-524-7600 (business)

ADDRESS

– 680 S Rock Blvd Reno, NV 89502

https://naminevada.org/

SERVICES OFFERED

– Support groups, advocacy, peer-to-peer mentoring, In Our Own Voice Outreach

REFERRAL PROCESS

– Non-clinical services, all services are free

NOTES

– Provides Crisis support through website.

Northern Nevada Adult Mental Health

Phone: 775-688-2001

ADDRESS

– 480 Galletti Way Sparks, NV 89431

https://dpbh.nv.gov/about/overview/nnamhs_overview/

SERVICES OFFERED

– Inpatient and outpatient services,

REFERRAL PROCESS

– Can be seen without insurance. Payments are accepted on sliding scale based on income. Does not accept Medicare or Medicaid. Must have identification

NOTES

– N/A

Philip Malinas, MD & Associates

Phone: 775-440-1520

ADDRESS

– 639 Isbell Rd., Suite 380 Reno, NV 89509

https://malinasmd.com/

SERVICES OFFERED

– Psychotropic medication, TMS, Ketamine treatment, Theta Burst treatment

REFERRAL PROCESS

– Patient forms and bill pay are available online. Call to make appointment. Don't require a referral. Send patients to websites, go to resource tab, and then patient forms, submit form, and then will call the client to get them on the schedule. 24-48 turn around time to get a call back.

NOTES

– Accepting new patients with a 4 week wait time

Red Hawk Counseling

Phone: 775-284-7275

ADDRESS

– 527 Humboldt St Reno, NV 89509

https://www.nevadacouncil.org/treatment/red-hawk-counseling/

SERVICES OFFERED

– Individual Assessment, Individual Counseling and Therapy, Problem Gambling Psycho-educational Group, After-hours Crisis Intervention

REFERRAL PROCESS

– Call office to set up appointment. - Does not accept insurance but is willing to be flexible and set up payment plans.

NOTES

– Provider may bill insurance and offers sliding scale fees for servies. Provider will accept clients court-ordered to treatment.

Ridge House Inc.

Phone: 775-322-8941

ADDRESS

– 900 W. 1st St. Reno, NV 89502

https://ridgehouse.org/

SERVICES OFFERED

– Treatment, workforce development,

REFERRAL PROCESS

– Must fill out an intake form for inpatient treatment services. Call for questions and service information.

NOTES

– N/A

Sanford Center for Aging

Phone: 775-784-4774

ADDRESS

– 1664 North Virginia St, Room 150 Center for Molecular Medicine Reno, NV 89557

https://med.unr.edu/aging

SERVICES OFFERED

– Gerontology education,

REFERRAL PROCESS

– Do not require referrals, can self-refer.

NOTES

– Insurance changes will be made in October.

Sierra Sunrise Wellness Group

Phone: 775-440-1256

ADDRESS

– 855 S Center St #101 Reno, NV 89501

https://sierrasunrisewellness.com/

SERVICES OFFERED

– Therapy, Reiki, Yoga, Workshops

REFERRAL PROCESS

– Contact form is available online. Call to make appointment.

NOTES

– Forms available online for new clients, hours are Monday - Thursday 10am - 4pm

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Something to Believe In Counseling

Phone: 775-870-6552

ADDRESS

– 3732 Lakeside Dr #100 Reno, NV 89509

https://www.stbicounseling.com/

SERVICES OFFERED

– Offers Eye Movement and Desensitiation Reprocessing (EMDR), Dialectical Behavior Therapy, Cognitive Behavioral Therapy, Solution Focused Brief Therapy, Motivational Interviewing

REFERRAL PROCESS

– Can request an appointment online. Forms are available online.

NOTES

– Does offer reduced fee and cash pay services on a limited basis.

Well Care Services

Phone: 775-538-6700

ADDRESS

– 850 Mill St., First Floor Reno NV 89502

https://www.wellcareservicesreno.com/

SERVICES OFFERED

– Psychiatric care services, case management, housing and transportation

REFERRAL PROCESS

– Call to schedule an appointment. Forms are available online.

NOTES

– Plesae check if Medicare is covered for therapy visits.

Westside Center Counseling

Phone: 775-882-0687

ADDRESS

– 205 S. Minnesota Street Carson City, NV 89703

https://westsidecentercounseling.com/

SERVICES OFFERED

– Traditional psychotherapy and counseling, EMDR, Hypnotherapy, Dreamwork, Neuroplastic Pain Control

REFERRAL PROCESS

– Can request an appointment online. Forms are available online.

NOTES

– N/A

N/A

Phone: N/A
Website: N/A

SERVICES OFFERED

– N/A

REFERRAL PROCESS

– N/A

NOTES

– N/A
