

STISD SHAC MEETING

October 21, 2025

Location: South Texas ISD Administration Building

MINUTES

Welcome and Introductions

The meeting was called to order by Mr. Marco Flores at 5:30 p.m.

Attending: Araceli Pina, Armando Salinas, Veronica Pisharodi, Hanani Vasquez, Amy Peña, Luis Garcia, and Marco Flores.

Absent: Angela Aceves, Rocio Calderon, Dr. Clark Boyer, and Ricardo Aguirre.

Approval of Minutes from Previous Meeting

This was the first SHAC meeting for the 2025–2026 school year; therefore, there were no previous minutes to approve.

Election of SHAC Officers

Nominations were opened for officer positions:

- Co-Chair: Amy Peña was nominated.
- Secretary: Hanani Vasquez was nominated.

No additional nominations were presented. Elections proceeded by unanimous verbal vote. Both nominees were confirmed.

Review of SHAC Bylaws and Responsibilities

Mr. Flores presented the SHAC Bylaws, which were reviewed by the committee. No questions or concerns were raised, and no further discussion was needed.

The SHAC Handbook was introduced and distributed to committee members, outlining the council's purpose and advisory responsibilities.

Areas of focus were discussed as follows:

- Health Education
 - Required by the State of Texas.
 - Instruction may be delivered by a Health or Biology teacher.
 - Curriculum will be opt-in, with parent consent forms provided at least 14 days prior to instruction.
 - Topics will include Anatomy & Physiology and healthy relationships.
 - Curriculum options will be researched and reviewed, then presented to SHAC for approval prior to implementation.
 - Alternative instruction will be provided for non-participating students.

- Applies to all grade levels and will be conducted annually.
- Curriculum rollout is projected for Spring 2026.
- Physical Education & Fitness
- Nutrition Services
- Mental Health & Counseling
- Health Services
 - A Health Services Consent Form will be embedded in Skyward and included in student registration packets.
 - The form clarifies the difference between first aid and ongoing health services such as medication administration.
 - Meet the Teacher Night will include on-site health providers to assist parents.
 - Health procedures will follow State of Texas regulations and Texas Board of Nursing standards.

Proposed 2025–2026 SHAC Meeting Schedule

The committee reviewed proposed meeting dates for the remainder of the 2025–2026 school year. The originally scheduled November 6th meeting was rescheduled to November 13, 2025. Additional proposed SHAC meetings are as follows:

- November 13, 2025 (revised date)
- February 5, 2026
- March 12, 2026

Reports

Curriculum and Physical Activities Updates:

- The district will continue implementation of physical activity programming in alignment with state wellness policies.
- The FitnessGram assessment will be administered at the end of each school year.
- A SHAC subcommittee will review FitnessGram results and provide recommendations to improve student physical wellness initiatives and campus health strategies.

New Business

There were no new topics introduced. However:

- SHAC members will receive the meeting agenda at least 72 hours prior to each meeting.
- Requests to add agenda items must be submitted to Amanda Saucedo no later than 72 hours before the meeting and must fall within SHAC's scope.

Meeting Adjourned

The meeting adjourned at 6:19 p.m. A motion to adjourn was made by Luis Garcia and seconded by Veronica Pisharodi. Motion passed unanimously.