

Lunch Menu

Pre-K Menu

December 2025

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

1 Homemade Mac & Cheese  
Steamed Carrots
Applesauce




2  Soft Tacos 
Sour Cream
Black Beans
Salsa
Shredded Cheddar Cheese
Cucumber Coins
Fresh Orange

3 Baked Chicken Tenders
crispy chicken tenders perfect for dipping in your favorite sauce
Dinner Rolls
Green Beans
Pineapple

4 Cheesy Stuffed Bread Sticks 
Buttered Corn
Applesauce



5 Cheese Pizza 
Roasted Squash
Fresh Banana

8 Fluffy Whole Grain Pancakes 
Syrup
Sausage Patty
Crispy Potato Puffs
Applesauce




9 Crispy Chicken Sandwich
Pickle Chips
Chick'n Dipp'n Sauce
BBQ Sauce
Oven Baked Fries
Fresh Pear



10 Chicken Nuggets
crispy breaded chicken nuggets perfect for dipping in your favorite sauce
Pasta with Butter
Chilled Red Pepper Strips
Steamed Peas
Fresh Orange

11 NY Beef Burger
beef burger on a freshly toasted bun
Sweet Potato Fries
Fresh Apple

12 Classic Cheese Pizza
whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese 
Side Salad
Italian Dressing
Watermelon Slices



15 Turkey & Cheese Sandwich
Grape Tomatoes
Applesauce



16 Crispy Popcorn Chicken
Dinner Rolls
Cucumber Coins
Fresh Orange

17  Wing Shack Chicken Wings
breaded chicken wings baked to perfection
Sweet Corn
Fresh Apple

18  Creamy Garlic Pasta with Chicken and Broccoli 
Steamed Broccoli
Strawberries



19 Classic Cheese Pizza
whole grain pizza crust topped with rich tomato sauce and melted mozzarella cheese  
Caesar Salad
Fresh Banana

22 Grilled Cheese Sandwich Meltdown Café 
Buttered Corn
Applesauce



23  Nachos Grande
Sour Cream
Black Beans
Salsa
Cucumber Coins
Fresh Orange

24 

25 

26 

29 

30 

31 

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

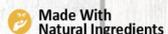


Lunch Prices

We are now ALL free!
Milk: \$0.75

If you have any questions or would like more information please Contact

Food Service Director
Marilyn Digregorio at
845-895-7192



All grains offered are whole grain

Sloppy Joe- ground beef
Meatball Sub- chicken meatballs
Soft Taco- seasoned ground beef Or chicken