

Breakfast Menu

Pre-K Menu

December 2025

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

1 Blueberry Muffin 
Applesauce



2 Fruity Cheerios Cereal 
Light Mozzarella Cheese Stick
100% Orange Tangerine

3 Maple Mini Waffles 
Applesauce

4 Red. Sugar Cocoa Puffs Cereal 
Light Mozzarella Cheese Stick
Diced Peaches

5 Whole Grain French Toast Slices 
100% Juice Fruit Punch



8 Chocolate Chip Muffin 
Applesauce

9 Red. Sugar Cinnamon Toast Crunch Cereal 
Light Mozzarella Cheese Stick
100% Orange Tangerine

10 Maple Mini Waffles 
Applesauce



11 Cheerios Cereal 
Light Mozzarella Cheese Stick
Diced Peaches

12 Whole Grain French Toast Slices 
100% Juice Fruit Punch



15 Blueberry Muffin 
Applesauce



16 Fruity Cheerios Cereal 
Light Mozzarella Cheese Stick
100% Orange Tangerine

17 Maple Mini Waffles 
Applesauce

18 Red. Sugar Cocoa Puffs Cereal 
Light Mozzarella Cheese Stick
Diced Peaches



19 Whole Grain French Toast Slices 
100% Juice Fruit Punch

22 Chocolate Chip Muffin 
Applesauce

23 Red. Sugar Cinnamon Toast Crunch Cereal 
Light Mozzarella Cheese Stick
100% Orange Tangerine

24 

25 

26 

29 

30 

31 

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Available Daily

Fresh Fruit (apple, orange, banana or seasonal) available with Breakfast Meal
Fat Free and Low-fat Milk available Daily

All grains are WG and/ or WW

