

# 2025-2026

## Antietam High School

# MENU

LF White Milk and Skim Chocolate Milk Served Daily.

## LUNCH MENU

\*\*= From Scratch items

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b>	<b>Breaded Corn Dogs</b> <ul style="list-style-type: none"> <li>Green Garden Salad w/LF Dressing</li> <li>Hickory Baked Beans</li> <li>Chilled Fruit</li> <li>½ oz Chips</li> </ul>	<b>Hamburger/Cheeseburger on WG Bun</b> <ul style="list-style-type: none"> <li>Assorted Toppings- Lettuce, Tomato, Pickles</li> <li>Potato Rounds or Wedges</li> <li>Fruit Cup</li> <li>Assorted Sidekicks</li> </ul>	<b>Spaghetti w/ Alfredo Sauce **</b> <ul style="list-style-type: none"> <li>WG Breadstick</li> <li>Steamed Broccoli</li> <li>Side Salad</li> <li>Chilled Fruit Cup</li> <li>100% Fruit Juice</li> </ul>	<b>Homemade Stromboli **</b> <ul style="list-style-type: none"> <li>Carrot Sticks w/ LF Dip</li> <li>Spinach Salad w/ LF Dressing</li> <li>Applesauce</li> <li>Assorted Fruit Cups</li> <li>Graham Cracker</li> </ul>	<b>Chicken Strips</b> <ul style="list-style-type: none"> <li>w/ Assorted Dips</li> <li>WG Roll</li> <li>Potato Du Jour</li> <li>Seasoned Green Beans</li> <li>Orange Smiles</li> </ul>
<b>WEEK 2</b>	<b>Stuffed Cheese Sticks</b> <ul style="list-style-type: none"> <li>Creamy Tomato Soup</li> <li>Seasoned Green Beans</li> <li>Chilled Fruit</li> <li>Assorted 100% Fruit Juice</li> <li>Goldfish Crackers</li> </ul>	<b>Chicken Bowl with Mashed Potatoes and Corn **</b> <ul style="list-style-type: none"> <li>Whole Grain Roll</li> <li>Baby Carrots w/ LF Dip</li> <li>Warm Fruit Crisp</li> <li>100% Fruit Juice</li> </ul>	<b>Nachos with Beef or Chicken **</b> <ul style="list-style-type: none"> <li>Lettuce, Tomato, Cheese</li> <li>Spanish Rice</li> <li>Onion, Peppers</li> <li>Fiesta Black Bean</li> <li>Chilled Fruit cup</li> </ul>	<b>Mac and Cheese</b> <ul style="list-style-type: none"> <li>WG Breadstick</li> <li>Stewed Tomato</li> <li>Steamed Broccoli</li> <li>Seasonal Fresh Fruit</li> <li>Chilled Fruit Cup</li> </ul>	<b>Cheese or Pepperoni Pizza</b> <ul style="list-style-type: none"> <li>PA "Harvest of the Month"</li> <li>Sweet Red Pepper cup</li> <li>Seasoned Green Beans</li> <li>Apple Slices</li> </ul>
<b>WEEK 3</b>	<b>Homemade Baked Ziti w/ Meat Sauce **</b> <ul style="list-style-type: none"> <li>WG Breadstick</li> <li>Steamed Broccoli</li> <li>Sliced Cucumber w. LF Dip</li> <li>Chilled Fruit</li> </ul>	<b>Chicken Tenders</b> <ul style="list-style-type: none"> <li>Bread Stick</li> <li>French Fries</li> <li>Steamed Cauliflower</li> <li>Chilled Fruit</li> <li>Assorted Dipping Sauce</li> </ul>	<b>Burrito Bowl – Beef or Chicken **</b> <ul style="list-style-type: none"> <li>WG Tortilla</li> <li>Seasoned Rice</li> <li>Shredded Lettuce</li> <li>Black Beans</li> <li>Salsa, Sour Cream and Cheese</li> <li>Chilled Fruit</li> </ul>	<b>Hamburger / Cheeseburger on WG Bun</b> <ul style="list-style-type: none"> <li>Lettuce, Tomato, Pickle</li> <li>Multigrain Sun Chips</li> <li>Baby Carrots</li> <li>Fruit Cup</li> </ul>	<b>Hot Dog on WG Bun w/ Cheese Sauce</b> <ul style="list-style-type: none"> <li>Mixed Veggies</li> <li>Creamy Coleslaw</li> <li>½ oz Potato Chip</li> <li>Chilled Fruit</li> <li>Side Kick</li> </ul>
<b>WEEK 4</b>	<b>Assorted Breakfast Sandwich</b> <ul style="list-style-type: none"> <li>Hash Brown</li> <li>Fresh Veggie Boat</li> <li>Assorted Fresh Fruit</li> </ul>	<b>Breaded Chicken Patty on WG Bun</b> <ul style="list-style-type: none"> <li>Lettuce, Tomato, Pickles</li> <li>Herb Potato Wedges</li> <li>Red Pepper Slices</li> <li>Chilled Fruit Cup</li> </ul>	<b>FLEX DAY</b>  <b>Chef's Choice will be posted in the cafeteria</b>	<b>General Tso Chicken</b> <ul style="list-style-type: none"> <li>Seasoned Rice</li> <li>Mixed Vegetables</li> <li>Side Spinach Salad w/ LF Dressing</li> <li>Orange Slices</li> <li>Chilled Fruit Cup</li> <li>Fortune Cookie</li> </ul>	<b>Pizza- Buffalo Chicken or Veggie</b> <ul style="list-style-type: none"> <li>Chickpea Salad</li> <li>Honey Glazed Carrots</li> <li>Seasonal Fresh Fruit</li> </ul>

### Disclaimer:

- Menu is subject to change without notice.... ASD is an equal opportunity provider and employer .
- Ala Carte items available for purchase . Students must have funds available in their lunch accounts or cash to purchase items.

■ Week 1 Meal Plan  
 ■ Week 2 Meal Plan  
 ■ Week 3 Meal Plan  
 ■ Week 4 Meal Plan

AUGUST 2025							SEPTEMBER 2025							OCTOBER 2025							NOVEMBER 2025							DECEMBER 2025								
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S		
					1	2	1	2	3	4	5	6	5	6	7	8	9	10	11	2	3	4	5	6	7	8	7	8	9	10	11	12	13			
3	4	5	6	7	8	9	14	15	16	17	18	19	20	12	13	14	15	16	17	18	9	10	11	12	13	14	15	14	15	16	17	18	19	20		
17	18	19	20	21	22	23	21	22	23	24	25	26	27	19	20	21	22	23	24	25	16	17	18	19	20	21	22	21	22	23	24	25	26	27		
24	25	26	27	28	29	30	28	29	30				26	27	28	29	30	31	23	24	25	26	27	28	29	28	29	30	31							
1																			30																	
JANUARY 2026							FEBRUARY 2026							MARCH 2026							APRIL 2026							MAY & JUNE 2026								
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S		
					1	2	3	1	2	3	4	5	6	7	1	2	3	4	5	6	7				1	2	3	4							1	2
4	5	6	7	8	9	10	8	9	10	11	12	13	14	8	9	10	11	12	13	14	5	6	7	8	9	10	11	3	4	5	6	7	8	9		
11	12	13	14	15	16	17	15	16	17	18	19	20	21	15	16	17	18	19	20	21	12	13	14	15	16	17	18	10	11	12	13	14	15	16		
18	19	20	21	22	23	24	22	23	24	25	26	27	28	22	23	24	25	26	27	28	19	20	21	22	23	24	25	17	18	19	20	21	22	23		
25	26	27	28	29	30	31							29	30	31				26	27	28	29	30			24	25	26	27	28	29	30				
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