SCHOOL HEALTH ADVISORY COUNCIL (SHAC)
Minutes 11/18/25

In Attendance: Ava Chakra, Kelly Clark, Traci Colley, Wendy Duemmler, Kasha Giddins, Elizabeth Griffin, Charlotte Keziah, Jay Jones, Amy McAteer-Jones, Dan McCloskey, Jessica Naito, Christina Neal, Wendy Nielsen, Ashley Ponscheck, Dylan Stamey, Stephanie Starr, Susannah Stone-Gill, Charlee Williams, Simone Wilson.

3:00 pm- virtual meeting started on 11-18-25. Minutes from 9-16-25 were approved. (Dan McCloskey Motion, Wendy Duemmler Second).

Wendy Nielsen, Director of Nursing, facilitated meeting.

Triennial Assessment update was provided by Simone Wilson, UCPS Clinical Dietitian. She shared the UCPS Wellness Policy (4-11) is missing a few required elements. Specifically, the policy needs to contain language regarding two items: the protection of students' free and reduced lunch status and UCPS regulation of foods brought in for classroom celebrations or other classroom activities from outside sources. Additionally, she discussed the need to improve compliance with policy on two points: school stores not selling non-Smart Snack compliant foods/beverages and school fundraisers not selling non-Smart Snack compliant foods/beverages during the school day. Several questions were raised and discussed. Foods cannot be brought in from a student's home kitchen. All snacks must be commercially prepared and come from a store, a permitted food establishment, or UCPS School Nutrition. Principals may establish rules for food and beverages brought in from the outside during the school day or for extracurricular activities. Simone gathered feedback and will share the final changes with SHAC. After the recommended policy changes are reviewed again by SHAC the recommendations will be sent to the Policy Committee for Approval.

No updates reported on Goal 1 or Goal 2

<u>Goal 1- Community Collaborative regarding Drug/Tobacco Vaping and Substance Use Disorder</u>
No updates given at this time

<u>Goal 2- Establish and strengthen mental health support for UCPS student population. Goals to increase Mental Health Therapists, School Social Workers, and expand teletherapy, and crisis response team efforts.</u>

Next Virtual Meeting is 3/17/26.