

School District of Loyal

Health

7th Grade

Student Learning Targets



Class: 7th Grade Health		
Students who demonstrate understanding can:		
CCSS:	Standard:	Student Learning Targets:
7.A	Explain the importance of self-responsibility for personal health behaviors.	Students will be able to: <ul style="list-style-type: none"> • Demonstrate an awareness of health • Discuss healthy lifestyles
7:3:B1	Demonstrate health-enhancing practices and behaviors that help maintain or improve the health of self and others.	Students will be able to: <ul style="list-style-type: none"> • Demonstrate a healthy lifestyle • Explain health-enhancing practices • Show awareness for health trends
7:3:B2	Demonstrate behaviors that avoid or reduce health risks to self and others.	Students will be able to: <ul style="list-style-type: none"> • Discuss unhealthy habits • Compare healthy to unhealthy health habits
8:	Students will demonstrate the ability to advocate for personal, family, and community health.	Students will be able to: <ul style="list-style-type: none"> • Create healthy nutrition logs • Recognize health fads/false information
A.	Develop an advocacy plan to promote health.	Students will be able to: <ul style="list-style-type: none"> • Name healthy habits • Identify fads or misleading information
8:3:A2	Plan ways to advocate for healthy individuals, families, and schools.	Students will be able to: <ul style="list-style-type: none"> • Make a plan to advocate for healthy habits • Classify trusted info

8:3:A3	Incorporate accurate information as it relates to a health- enhancing position to advocate for self and others.	Students will be able to: <ul style="list-style-type: none">● Separate healthy and unhealthy habits● Compare trusted info to fad information
8:3:A4	Discuss the barriers that could be involved in an advocacy effort.	Students will be able to: <ul style="list-style-type: none">● Recognize how strong peer pressure is● Summarize problems to achieving a healthy lifestyle