

# School District of Loyal

## Health

### 8th Grade

### Student Learning Targets



Class: 8th Grade Health		
Students who demonstrate understanding can:		
WI State Standards	Standard:	Student Learning Targets:
A.	Explain the importance of self-responsibility for personal health behaviors.	<b>Students will be able to:</b> <ul style="list-style-type: none"> <li>Identify healthy life choices</li> <li>Recognize healthy and unhealthy behaviors</li> </ul>
7:3:A1	Evaluate behaviors that maintain or improve the health of self and others. These may include but are not limited to: refraining from risky sexual behaviors; refraining from alcohol, tobacco, and other drug use; engaging in regular and varied physical activity; meal planning that leads to healthy eating; applying social behaviors to prevent or reduce violence; practicing safety-related behaviors in various complex settings; and appropriate use of the health care system.	<b>Students will be able to:</b> <ul style="list-style-type: none"> <li>Recognize unhealthy drug and or sex practices</li> <li>Apply social trends to healthy and unhealthy behaviors</li> </ul>
B.	Demonstrate the role of self-responsibility in enhancing health.	<b>Students will be able to:</b> <ul style="list-style-type: none"> <li>Recall the power of peer pressure</li> <li>Identify refusal tactics</li> </ul>
Standard 8:	Students will demonstrate the ability to advocate for personal, family, and community health.  Develop health-promoting strategies that support family or friends to make positive	<b>Students will be able to:</b> <ul style="list-style-type: none"> <li>Define healthy lifestyles for family and friends</li> <li>Demonstrate knowledge of health promoting strategies</li> </ul>

	health choices.	
B.	Implement an advocacy plan pertaining to a health issue.	<b>Students will be able to:</b> <ul style="list-style-type: none"> <li>• Compare healthy lifestyle plans to unhealthy plans</li> <li>• Cite health evidence to advocate for a healthy behavior</li> </ul>
8:3:B2	Apply a plan to advocate for a health issue for people that experience health disparities.	<b>Students will be able to:</b> <ul style="list-style-type: none"> <li>• Draw a plan to implement a healthy lifestyle</li> <li>• Demonstrate this plan</li> </ul>
8:3:B3	Defend a position relating to a health issue.	<b>Students will be able to:</b> <ul style="list-style-type: none"> <li>• Recognize reputable health info sources</li> <li>• Demonstrate knowledge of identifying fake/false health info sites</li> </ul>