

December 2025 Head Start Menus

St. Charles Parish Public Schools

This institution is an equal opportunity provider.
Menus are subject to change.

EVERY COMPLETE
MEAL WE SERVE
COMES WITH YOUR
CHOICE OF LOW
FAT OR NONFAT
MILK!



Monday, December 1

Breakfast

Waffle
Juice, Milk

Lunch

Red Beans and Rice
Mustard Greens
Peaches
Milk

Snack

Trix Cereal Bar
Milk

Tuesday, December 2

Breakfast

French Toast Sticks
Juice, Milk

Lunch

Soft Taco w/Cheese
Refried Beans
Apple Wedges
Milk

Snack

Yogurt
Tiger Bites Graham Crackers

Wednesday, December 3

Breakfast

Breakfast Pizza
Juice, Milk

Lunch

Shepherd's Pie
Dinner Roll
Banana Half
Milk

Snack

Rice Krispie Treat
Orange Wedges

Thursday, December 4

Breakfast

Sausage Biscuit
Juice, Milk

Lunch

Turkey Stew and Rice
Candied Yams
Strawberry Cup
Milk

Snack

Cinnamon Goldfish
Milk

Friday, December 5

Breakfast

Grits
Juice, Milk

Lunch

Cheese Pizza
Garden Salad
Orange Wedges
Milk

Snack

Vanilla Chat Snax Grahams
Fruit Cup (Applesauce)

Monday, December 8

Breakfast

Confetti Pancakes
Juice, Milk

Lunch

Popcorn Chicken
Mashed Potatoes
Cinnamon Apples
Milk

Snack

CheX Strawberry Cereal Bag
Milk

Tuesday, December 9

Breakfast

French Toast Sticks
Juice, Milk

Lunch

Jambalaya
Broccoli Florets
Pineapple Tidbits
Milk

Snack

Yogurt
Cinnamon Bear Cracker

Wednesday, December 10

Breakfast

Breakfast Pizza
Juice, Milk

Lunch

Chili w/Cheese
Garden Salad, Crackers
Banana Half
Milk

Snack

Mozzarella String Cheese
Orange Wedges

Thursday, December 11

Breakfast

Sausage Biscuit
Juice, Milk

Lunch

Fish Nuggets
Mac & Cheese, Green Beans
Pears
Milk

Snack

Mickey Gold Fish
Milk

Friday, December 12

Breakfast

Cereal
Juice, Milk

Lunch

Hamburger
French Fries
Orange Wedges
Milk

Snack

Animal Crackers
Fruit Cup (Pear)

Monday, December 15

Breakfast

Waffle
Juice, Milk

Lunch

Chicken Tenders
Broccoli w/Cheese
Peaches
Milk

Snack

Trix Cereal Bar
Milk

Tuesday, December 16

Breakfast

French Toast Sticks
Juice, Milk

Lunch

Orange Chicken, Fried Rice
Edamame Beans
Tropical Fruit
Milk

Snack

Yogurt
Tiger Bites Graham Crackers

Wednesday, December 17

Breakfast

Breakfast Pizza
Juice, Milk

Lunch

Spaghetti w/Meat sauce
Green Beans
Banana Half
Milk

Snack

Rice Krispie Treat
Orange Wedges

Thursday, December 28

Breakfast

Sausage Biscuit
Juice, Milk

Lunch

Gumbo w/Rice
Potato Salad
Pineapple Tidbits
Milk

Snack

Cinnamon Goldfish
Milk

Friday, December 19

Breakfast

Grits
Juice, Milk

Lunch

Grilled Cheese Sandwich
Tater Tots
Orange Wedges
Milk

Early Dismissal

*Schools will be closed
Mon., Dec. 22 - Mon., Jan. 5*

Classes resume Tues., Jan 6

Merry Christmas & Happy New Year

