

SHAC Meeting 11/05/2025

The London ISD School Health Advisory Council (SHAC) meeting, led by Shine Womack, discussed legislative updates affecting SHAC's role, including House Bills 18, 1525, 9, 11, and 435, which focus on mental health, human sexuality curriculum, abuse prevention, school safety, and opioid education. The council reviewed two character education curricula, Character Strong and Quaver, with Character Strong recommended for implementation. They also discussed the fentanyl awareness training required by House Bill 3908, which will be presented to grades 6-12. The next meetings are scheduled for January, March, and April. A public comment policy was established, limiting comments to 3-5 minutes.

Action Items

- [] Review the legislative updates and consider how they align with the district's current programs and identify any gaps.
- [] Review the previous meeting minutes and provide any corrections or additions.
- [] Provide feedback on the Quaver and Character Strong character education curriculum options.

Outline

Introduction and Purpose of SHAC

- Speaker 1, Shine Womack, calls the meeting to order at 4:38 PM and introduces herself as the district nurse.
- The School Health Advisory Council (SHAC) serves to advise the district on coordinated school health programming and wellness initiatives.
- SHAC is a group of appointed people by the school board to ensure district health programs support the whole child physically, mentally, and socially.
- SHAC's main job is to advise, not decide policy, on topics like health, education, physical activity, nutrition, mental health, student and staff wellness, human sexuality, and abuse prevention.

Legislative Updates and SHAC's Role

- Speaker 1 reviews recent pieces of legislation that expand or refine SHAC's role, including House Bill 18, House Bill 1525, Senate Bill 9, Senate Bill 11, and Senate Bill 435.
- House Bill 18 focuses on mental health integration, encouraging partnership with local mental health authorities and emphasizing Mental Health First Aid training and reporting.

- House Bill 1525 requires SHAC meetings related to human sexuality curriculum to be publicly recorded and minutes posted on the district website, reinforcing parental consent and transparency.
- Senate Bill 9 expands SHAC's advisory scope to include child abuse, family violence, dating violence, and sex trafficking prevention curriculum.
- Senate Bill 11 strengthens school safety and mental health promotion measures, establishing the Texas Child Mental Health Care Consensorium for regional support.
- Senate Bill 435 adds opioid abuse prevention to SHAC's recommended education areas, promoting awareness and prevention resources.

Review of Previous Meeting Minutes and Wellness Plan

- Speaker 1 asks if anyone has corrections or additions to the last meeting's minutes.
- Speaker 2 mentions that last year was a busy year, with the wellness plan and triennial assessment being major tasks.
- The wellness plan and triennial assessment are available on the SHAC website for review.
- Speaker 1 asks for a motion to approve the minutes, which is seconded and approved by the group.

Overview of Character Education Curriculum

- Speaker 1 introduces the first discussion item: an overview of character education curriculum.
- Miss Stanford and Miss Flores present two different character education curriculums: Character Strong and Quaver.
- Speaker 2 provides background on the previous character education program, Satchel Pulse, and the need for a more uniform curriculum.
- Speaker 3 explains the selection process for the new curriculums, including demos and rubrics.

Details of Quaver Character Education Curriculum

- Speaker 4 describes Quaver's features, including 36 lessons, colorful images, embedded videos, and interactive activities.
- Quaver focuses on six core characteristics: self-awareness, self-management, social awareness, relationship skills, responsible decision-making, and self-management.
- Quaver includes additional lessons on bullying, attendance, and maintaining friendships.
- Speaker 5 asks if counselors will be going into classrooms to teach lessons, and Speaker 4 confirms that counselors will integrate the lessons.

Details of Character Strong Character Education Curriculum

- Speaker 6 describes Character Strong's features, including a community approach, colorful cartoon videos, and interactive lessons.
- Character Strong focuses on different character traits each month, with lessons that can be customized to fit the needs of the students.
- The curriculum includes a scope and sequence for upper grade levels, staff training on bully prevention, and family connection pages.
- Speaker 7 highlights the importance of transparency and parental involvement in the curriculum.

Discussion and Vote on Character Education Curriculum

- Speaker 1 asks for questions or comments on the character education curriculums.
- Speaker 3 presents the counselors' recommendations, with Character Strong receiving a higher score on the rubric.
- Speaker 1 asks for a motion to approve Character Strong as the recommended curriculum.
- The motion is seconded and approved by the group.

Overview of Fentanyl Awareness Training

- Speaker 1 introduces the next agenda item: an overview of required fentanyl education under House Bill 3908.
- The curriculum is from the DEA and approved by TEA, designed for school use and includes a brief video presentation, slide-based lesson, and discussion prompts.
- The training will be presented during PE and athletic periods, with coaches assisting in crowd control and discussion.
- Speaker 1 explains the importance of the training in preventing accidental fentanyl poisonings among teenagers.

Discussion and Logistics of Fentanyl Awareness Training

- Speaker 9 suggests breaking the training into smaller groups for better engagement.
- Speaker 1 agrees to work with coaches to find a better solution, such as presenting the lesson in smaller classrooms.
- Speaker 2 and Speaker 1 discuss the logistics of coordinating the training with the coaches and the need for a sub to cover the nurse's duties.
- Speaker 1 asks for a motion to approve the proposed fentanyl awareness training, which is seconded and approved by the group.

Overview of Food Service Program

- Speaker 8 provides an overview of the food service program, including the four-week cycle menu and meal pattern requirements from TEA.
- The menu is dictated by TEA, with specific requirements for meat alternatives, greens, vegetables, fruit, and milk.
- Speaker 8 explains the challenges of meeting the students' preferences while adhering to TEA's guidelines.
- The Smart Snacks program is also discussed, with strict requirements for snacks sold in the food service department.

Discussion and Approval of Meeting Dates

- Speaker 1 suggests scheduling the next meetings for January, March, and April.
- The group agrees to the tentative dates and approves the motion to schedule the meetings.

Establishment of Public Comment Policy

- Speaker 1 introduces the next agenda item: establishing a formal public comment policy for SHAC meetings.
- The policy includes a time allotment of three to five minutes per speaker, with a total public comment period capped at 15 to 30 minutes.
- Comments must relate to SHAC's advisory responsibilities, and personal complaints or issues are not permitted.
- The council will not engage in dialog during the comment period but may refer topics for future consideration.
- All public comments will be summarized in the official meeting minutes, and speakers can choose to include their names.

Approval of Public Comment Policy

- Speaker 1 asks for a motion to approve the public comment policy.
- The motion is seconded and approved by the group.

Conclusion and Adjournment

- Speaker 1 thanks everyone for their time and participation in the important work of SHAC.
- The meeting is adjourned at 5:59 PM.