

Delivering high school news...one page at a time!

# Pine-Richland Rampage

ISSUE #4



Scan here to access the online Rampage.

November 20, 2025

# THANKFUL



*Sophomores Izzy Richardson, Ellie Myers, Ellie Bittner, Blake Wilson  
Provided By: Ellie Myers*



*AP Lit students helped 6th graders with writing workshop at Eden Hall on November 3, 2025. Back row: Seniors Josh Oklejewski, Liam Hillman, Nick Annal, and Sophia Brisendine. Front row: Seniors Marianna Zahorchak, Sylvia Stout, Cadence Foote, Elizabeth Liebe, Sanika Das, Ava Coons, Sai Pooja Murugesh, Kahler Salva, and Ariella Ruediger. Provided by: Elizabeth Liebe*



*Sophomore Samantha Angelo and her horse, "Shy"  
Provided by: Samantha Angelo*



*Junior Petra Balkovec and Migena Balanca in Sewickley. Provided by: Petra Balkovec*

**AT PR WE ARE THANKFUL FOR EACH OTHER!**



*American Legion Veteran with Juniors Will Foglionii, Champ Lander, Freshman Alina Samila, and Senior Evie Ciancio. Provided by: Erin Hasinger*

## PR Hosts 41st Annual AV Band Competition:

MARIANNA ZAHORCHAK STAFF WRITER

“Let me guess, you do choir *and* band at school,” my church friend, presuming I beheld extensive musicality due to the fact that I perform in our church’s Youth Praise Band, confidently accused me of a few weeks back.

“Nope and nope,” I replied, to his bewilderment.

This wasn’t the first time I’d had this conversation with somebody. I’m frequently mistaken for a band kid or a theater junkie, and seeing as they’re some of the most talented individuals I know, I wish I could say I was. While music *does* resound throughout many areas of my life, melodies created by my peers became a somewhat foreign concept to me after my final year of Choir in eighth grade. It had been three years since I’d attended a school concert of any sort, but when I found out the Allegheny Valley Band Competition was to be hosted by Pine-Richland on September 24, I figured, “What the heck, if it’s at my school I might as well go, and I have some friends from other schools I can watch perform, too.” To be honest, I went in with neutral-to-low expectations. I didn’t think I’d hate the experience, but I certainly didn’t predict that a marching band would be able to bring me to the brink of tears.

But it did.

And now I sit and wonder why the entire school population doesn’t flood the stands in the click of a metronome when such an event occurs. If it wasn’t for having friends in the band, I wouldn’t have known about the concert at all. That needs to change, so please indulge yourself in the following highlights of the Pine-Richland marching band and my other two favorite bands of the night, Hampton and (don’t smite me) North Allegheny.



Members of PR’s color guard  
Provided by: Molly Wetmore

### **Pine-Richland**

Distinctly its own, PR’s band included feature performances for specialized groups. Promoting the theme of “Girl Power,” the entire team

performed Kelly Clarkson’s “Since U Been Gone” followed by the dance team’s “Crazy in Love” feature, then “Shake It Off” showcasing the Tubaline and the color guard’s “Umbrella” performance as the final specialized piece. After this was the famous band dance to “APT.” by Bruno Mars and ROSÉ. The show concluded with Lady Gaga’s “Bad Romance.” PR’s strength lay in their diversified synchronization-- each

subdivision of the band had its own place yet didn’t stay in one spot for long. Groups strategically phased in front of and behind one another, creating a visual, moving art to coincide with the musical exhibit. Whereas some bands suffered from indistinct blobbing, the PR marching band chose unity over uniformity, demonstrating the uniqueness of each of its parts while still marching as one.

A review of Pine-Richland’s performance would not be complete without mentioning this year’s band dance,



Members of PR’s dance team,  
saxophones, & trombones  
Provided by: Erin Hasinger

**Continued...**

## PR, NA, and Hampton Create Musical Masterpieces



Members of PR's dance team, tubaline, drumline, saxophones, trumpets, & color guard. Provided by: Erin Hasinger.

'featuring a 6-7 jump-scare that got me laugh-crying like a human sob-emoji. (The blasted number is inescapable.) Setting aside my various dramatic feelings on the matter, "APT." may actually have been the song that charmed me most. The drum-line shined brightest throughout this piece, including during the rest of the band's acappella "apateu" chant (a lyric from "APT." which translates from Korean into "apartment"), as well as during the band dance. PR's show provided a refreshing, jaw-dropping conclusion to the concert as a whole.

### North Allegheny

Despite PR's sworn rivalry against them, I have immense appreciation for North Allegheny's impeccable performance -only partially catalyzed by the fact that I'm a sucker for emo anthems, NA's theme, which included "Welcome

to the Black Parade," by My Chemical Romance, "All the Small Things" by Blink-182, Jimmy Eat World's "The Middle," and Good Charlotte's "The Anthem."

North Allegheny's show featured almost constant rhythmic movement from all sectors and a simultaneously peppy and nostalgic musical arrangement. I can only imagine the amount of time and effort put into memorizing every single step for each of the 11+ positions blended seamlessly into four songs.

Call me a geek, but I found the full display comforting. The upbeat nature of the marching band's instruments blended with the angst-drenched



Members of NA's dance team, baton spinners, and saxophones  
Provided by: Molly Wetmore

anthems of struggling youth inspired some kind of cathartic feeling in my soul, revealing a place of junction between my childhood idealism and teenage realism. NA, overall, convinced me to want to stay in this raw world of emotions I'd been drawn into.

## Continued...

## AV Band Competition Continued



*(Left) Members of NA's dance team, saxophone players, tubaline, and baton spinners. (Right) One of NA's drummers, the dance team, trumpets, and saxophones. Provided by: Molly Wetmore*



### Hampton

What's more artistic than a painting alone? Nothing, I thought –until I had the honor of witnessing the Hampton Marching Band performance. The show's theme was "Life is a Canvas" and featured Cody Fry's "Flying," The Rolling Stones' "Paint It Black," "Gravity," by Sara Bareilles, "Could Have Been Me," by The Struts, and "This is Me" from The Greatest Showman.

I knew from the moment Hampton rolled an easel made for a giant past me that I was in for something unique, and, quite possibly, an artistic masterpiece.

Each song influenced the performance, with the color guard initially flying white flags to symbolize freedom of creativity, then carrying buckets of black "paint" to represent the darkness needed to emphasize the light in a work of art –both metaphorically and literally speaking– and so forth. By the final song, all 15 of the giant white "canvases" displayed before me had been transformed into an array of colors.



*One of Hampton's color guard members twirling a multicolored flag. Provided by: Molly Wetmore*



*Hampton's dancers leap in the air behind trumpet players. Provided by: Molly Wetmore*



*Hampton's dance team "painter" lifted into the air. Trumpets and trombones play in the background. Provided by: Brian Wallace*

Words cannot express how absolutely awestruck and emotionally unwell I was and still am because of this performance. While other bands had their strengths and weaknesses, Hampton's band conquered the mountain of skill needed to produce –dare I say– a perfect piece. I may not be a professional music critic, but every element of Hampton's show that I witnessed was immaculate, from the soulful, attention-snatching instrumentals to the elegantly precise timing of the color guard –not to mention the synchronization of movement across the entire field of 154 performers.

**Continued...**

# PR Local

Page Designed by MARIANNA ZAHORCHAK EDITOR-IN-CHIEF

If you're a music buff -heck, if you even mildly enjoy music as an artist endeavor- don't wait until your senior year to start relishing in events like these. I promise you, it's worth it.

Sad you missed this year's concert? **Scan the QR code to the right to watch the show for yourself!**



Scan Me



**Timestamps!**  
2:14:57 - Pine-Richland  
1:36:59 - North Allegheny  
52:48 - Hampton



*Some of Hampton's trumpet and saxophone players. Provided by Brian Wallace.*

## THANKSGIVING WORD SEARCH

JACK PETULLA STAFF WRITER

- AUTUMN
- BROWN
- FALL
- FAMILY
- FOOTBALL
- LEAVES
- MASHED POTATOES
- NEWS
- NO SCHOOL
- NOVEMBER
- ORANGE
- PILGRIMS
- RAMMY
- RAMPAGE
- RED
- STORY
- THANKSGIVING
- TURKEY

F W N K B T M U Q Z V S B S Q E Q F  
 A N N I X R H Y O P T W T V I A U P  
 L O R O J O O A S H I G F O W Q R J  
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 N U C A M E P A N K O L G R M Y D H  
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 S A O Z X J Y G E R O T I B G M G Y  
 N O S C H O O L E R F Y U V A J S E  
 I L E A V E S U S S X A C J I L J X  
 W M A S H E D P O T A T O E S N L J  
 J K A U T U M N O T U R K E Y X G V

## Teacher Spotlight: *Meet Senora Hough*

CAMILA MARQUEZ MEDINA STAFF WRITER

**Q: What inspired you to start teaching?**

A: "I always knew I wanted to be a teacher. My mother was a teacher and I knew that I wanted to have a meaningful career and work with children."

**Q: What schools did you go to throughout your life?**

A: "University of Pittsburgh, la Universidad de la Complutense"

**Q: How do you motivate your students?**

A: "I attempt to show students how important Spanish, as a content area, is and how relevant and useful it is in real life, coupled with a little bit of sarcasm."

**Q: What's your favorite unit to teach?**

A: "Our art unit!"

**Q: What's your favorite Spanish word to say and why?**

A: "Trabalenguas...I like any word that has lots of fun syllables!"

**Q: If you could teach any other subject, what would it be?**

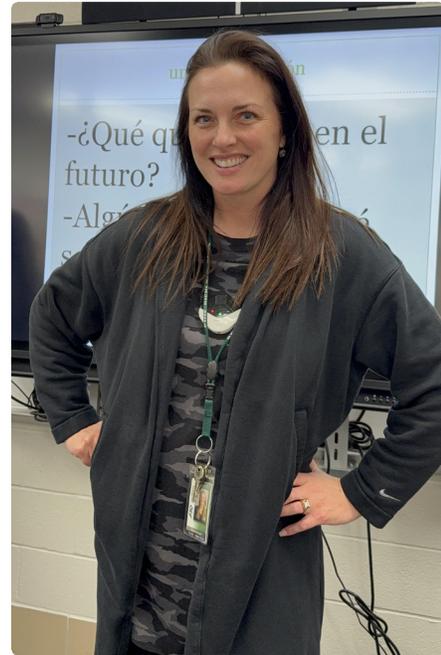
A: "PE"

**Q: Did you always want to be a teacher, specifically a Spanish teacher, or were you thinking about becoming something else?**

A: "I considered working for the United States government but ultimately knew this was my destiny."

**Q: What's your favorite book at the moment?**

A: "Mexican Gothic"



*Senora Hough*

*Provided by: Camila Marquez Medina*

**Q: What's your favorite movie at the moment?**

A: "La casa de papel, but it is a Netflix series."

**Q: What's an album that has no skips?**

A: "Alanis Morrissette: Jagged Little Pill"

**Q: What's your favorite childhood show or movie?**

A: "Romancing the Stone"

**Q: If you could travel anywhere in the world and stay there, where would it be?**

A: "Spain"

**Q: If you could speak any other language, what would it be and why?**

A: "Arabic or Mandarin, honestly, I wish I could speak all languages, including the native languages in Mexico. I would love to be able to communicate with all people and learn more about their cultures firsthand."

## Teacher Spotlight: Meet Mr. Majors

CAMILA MARQUEZ MEDINA STAFF WRITER

### Q: What inspired you to start teaching?

A: "I had the absolute best English teachers throughout high school. I'm still close with many of them, and they really inspired me to get into this profession."

### Q: What schools did you go to throughout your life?

A: "I started at Penn State as a marketing major before realizing how much math was involved (which is clearly not one of my strengths). I transferred to Slippery Rock for their teaching program and fell in love with the campus and connected with the people and my amazing professors. I transferred there during the Spring 2020 semester, so my first semester was cut short due to COVID, but I still had a great experience and met many of my closest friends there. I am now at Pitt studying educational leadership for my master's degree."

### Q: How do you motivate your students?

A: "I was always taught that respect is a two-way street, so I treat my students as an equal partner in the classroom. They are mature young adults with great ideas that often teach me new ways to look at the stories we're reading through our discussions. That freedom to share your opinion without being told you're right or wrong (which is what makes English class the best!) is my way of motivating students."

### Q: Describe your teaching style.

A: "I strive to make my class conversation-based where students feel safe to share their thoughts on the texts we're reading in an open dialogue. We start off every text with agree and disagree statements, where students stand up and literally take sides in the classroom as they debate their stances on statements that relate to the themes of the story. Socratic Seminars are my personal favorite because I get to sit back and watch as my students lead the class by making connections between their lives and the texts we're reading (no matter if it is a recent poem I found on TikTok or something as ancient as *The Odyssey*)."

### Q: What's your favorite unit to teach?

A: "I love teaching *Romeo and Juliet* because I get to introduce Shakespeare to my freshman students! It's difficult to read, but I strive to make it fun with multiple projects and by acting out some of the scenes in class. We also watch the iconic 1996 film version with Claire Danes and Leonardo DiCaprio that has the absolute best soundtrack (which got me hooked on Radiohead, one of my favorite bands, when I watched it as a freshman myself)."

### Q: How do you balance studying in college and teaching?

A: "It's difficult (and I definitely haven't mastered it yet), but I am working on my time management skills. I try to give myself a schedule every day to split between planning, grading, and studying for my classes at Pitt."

### Q: What's your favorite book at the moment?

A: "I just reread *Hamnet* by Maggie O'Farrell again for the first time in a few years to prepare for the film adaptation coming out next month. It's a touching and devastating story about the death of Shakespeare's only son which became his inspiration for *Hamlet*."

### Q: What's your favorite movie at the moment?

A: "I've seen *One Battle After Another* twice now in theaters, and I think it is one of the best films I've ever seen. I'm probably going to see it once or twice more before it leaves theaters just to see the final car chase scene again on the big screen."

### Q: What's your favorite childhood show or movie?

A: "I was so obsessed with the first two *Toy Story* movies growing up that I wore out both of the VHS tapes and my parents had to buy them again."



Mr. Majors  
Provided by: Mr. Majors

# PR Local

Page designed by MARIANNA ZAHORCHAK EDITOR-IN-CHIEF

## Fear J\*bs No Longer– Let Career Day Guide You *Could Anesthesiology, Pet Care, or Law Be in Your Future?*

MARIANNA ZAHORCHAK EDITOR-IN-CHIEF

Uh-oh: It's junior (or maybe even senior) year, and it seems as though everyone around you has already decided where to go for college, what to major in, and the number of and names of each of their future kids as well as the most minute details of the fine print of their will. Meanwhile, you have absolutely no clue where your future might take you, and you're as likely to become a circus star as you are a biochemical engineer. Sound familiar?

If this sounds like you, do not fret, as you're far from alone in this dilemma. Luckily, Pine-Richland hosts an annual event to open students' eyes to positions they may not have yet considered or even heard of. On November 5, the Pine-Richland Middle School hosted Career Day for seventh grade students, inviting parents to give presentations on the daily ins-and-outs of their various occupations. Presenters were encouraged to answer questions such as "What is the most challenging part of your profession?" "How does your job use math and



*PRMS students try out various anesthesiology tools.*

*Provided by: Marianna Zahorchak*

Entrepreneurship/ Business, and Law. Other careers are briefly detailed as well.

### Cardiac Anesthesiologist Adam Hill

**Daily Tasks:** Informing patient through preoperative evaluation; using medicine to put people to sleep and to ease pain during surgical procedures; comforting and caring for patients before and after procedure; ensuring natural breathing and heart rate when patient awakes; managing patient's blood pressure, respiratory rate, oxygen saturation, and body temperature.

**Education Needed:** Four years of college, four years of med school, four years of residency, and one year of fellowship.

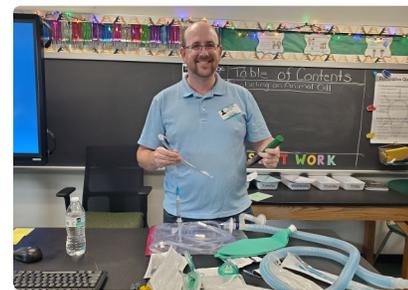
**Helpful Skills:** Problem-solving, empathy, math, science, attentiveness to detail, and communication.

**Positives:** Fulfillment from helping others, building connections with patients.

**Negatives:** Early wake up time, lots of studying.

**Who Do You Help?** People of all ages needing heart, lung, or vascular surgery, from newborns to the elderly, and also pregnant women– especially those needing C-sections– and people in life-or-death, emergency situations.

**Other Branches in This Field:** General, regional (which uses an ultrasound to examine arms, legs, and sides to inject a numbing agent in the proper area), sedation (in which patients are conscious and interacting with you until they fall unconscious), and local (which also involves numbing in specific areas).



*Anesthesiologist Adam Hill  
Provided by: Marianna  
Zahorchak*

# PR Local

Page Designed by MARIANNA ZAHORCHAK EDITOR-IN-CHIEF

## **Pet Care Entrepreneur Laura Strickland and Business Associate Jen Cairns**

**Daily Tasks:** Dog walking, in-home pet sitting, hiring and training new employees, deciding prices, networking, creating and managing complex schedules, running meetings, planning events, taking stock of inventory, building trust with animals, feeding animals, giving medicine to animals.

**Education Needed:** Specialized training (of basic pet-care practices like pet cpr, proper feeding, etc.). A business degree may be helpful but is not mandatory.

**Helpful Skills:** flexibility, boldness to take risks, organization, marketing, technology, problem solving, curiosity, and math.

**Positives:** 11% projected growth in the field over the next 10 years in the US, high demand for the field, and you get to work with cute animals.

**Negatives:** Frequent plan changes, some animals have trust issues.

**Who Do You Help?** Dogs, cats, birds like chickens and parrots, fish, geckos, bull pythons, chinchillas, and other exotic animals like Tegus, and their owners.

**Other Branches in This Field:** Pet food engineering and veterinary industry.



*Some of the pets Strickland and Cairns have cared for  
Provided by: Marianna Zahorchak*

## **Litigation Attorney/Lawyer for Construction Disputes Lori Azzara**

**Daily Tasks:** Recalling federal and state laws for use in cases, providing legal advice to and advocating for clients, ensuring buildings being constructed follow laws, and calculating damages.

**Education Needed:** Four years of college, three years of law school, have to pass state law exam, pass mini bar exams to practice law in other states

**Helpful Skills:** Debating, critical analysis, confidence, public speaking, reading, persuasive writing, and math.

**Positives:** Can choose who to represent and who to turn down, get to visit notable construction projects before they are completed, feel like you're making a positive difference in big business matters, and can work from home.

**Negatives:** In front of the phone or computer most of the day unless in a trial, working at all times—even on vacations, have to answer the phone whenever a client calls, often have to work into the earlier hours of the morning.

**Who Do You Help?** Contractors working on high profile projects like stadiums, airports, and schools.

**Other Branches in This Field:** Transactional law (involving less debate and more negotiation and deal-making), criminal law, family law,



*Associate Jen Cairns and Pet-Care Entrepreneur Laura Strickland*

*Provided by: Marianna Zahorchak*

# PR Local

Page Designed by *MARIANNA ZAHORCHAK* EDITOR-IN-CHIEF

## Career Day Continued

corporate/business law, employment law, tax law, intellectual property law, environmental law, contract law, real estate law, entertainment/sports law, and banking/finance law.



*Construction litigation attorney Lori Azzura  
Provided by: Marianna Zahorchak*



*PRHS Journalism students Senior Marianna Zahorchak and Sophomores Ellie Myers and Kaylee Meyers visited the middle school on career day.  
Provided by: Mrs. Harshman*

**Baseball Sports Representative Chuck Berry**

- Get to travel around the world
- Helpful skills include communication, public speaking, and writing
- Can work with agencies like *ABC sports*

### OTHER CAREER QUICK FACTS

**ELLIE MYERS** DESIGN EDITOR

**Consulting Partner for Theme Parks and Construction TJ Chistensen**

- Can work in theme parks like *Disneyland*, zoos, and other attractions
- Helpful skills include coding, engineering, problem solving, science,
- If you enjoy working with people or animals, storytelling, and/or travelling, this job is for you!

**Concrete Mixing Supplier JJ Kennady**

- Helpful skills include accounting, programming, and computer science
- Great career for people interested in business

**FBI Agent Justin Van Tromp**

- Required skills and experiences are obtaining a college degree and an advanced degree, foreign language, technical skills, communication, public speaking, and internships
- Traveling for large portions of the year (6 months)
- Get to work directly with President
- Assigned where to work
- Protect public safety

# PR Local

Page Designed by MARIANNA ZAHORCHAK EDITOR-IN-CHIEF

## PR in Photos: *JROTC, Band, and Choir Students Honor Veterans on Veterans' Day*



*All photos provided by: Erin Hasigner*

# Entertainment

Page designed by ELLIE MYERS DESIGN EDITOR

## Short n' Sweet: Sabrina Carpenter

### *Singing Live In PPG Paints Arena*

GRACE LOGUE STAFF WRITER

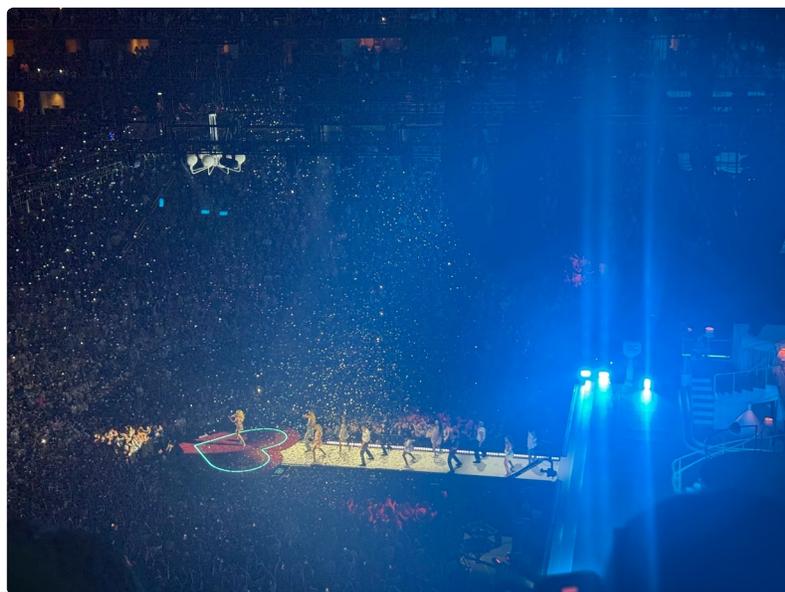
Pennsylvanian Sabrina Carpenter made her return on tour to her home state on October 23rd.

With flashing lights and her cutesy outfits, her concert was my first and so far the best, based on what I've seen on Youtube. Many fans were dressed up in sparkles and leather: Sabrina would quote her fans as her "Little me's in the audience."

This year is the first time Sabrina toured in Pennsylvania. She has become one of the many popular singers of the year with her album "Short n' Sweet." In the past, Sabrina has been featured in many shows and movies including "Girl Meets World" and "Tall Girl." In addition to acting, she has many albums before her current popularity and songs such as "Sue Me" and "Looking At Me."

Sabrina has always been a part of Hollywood and a face on tv for years before her rise to fame and becoming a full-time singer.

During the concert, Sabrina played multiple popular songs while also interacting with the audience to sing and scream. She also sat down to share her thoughts and thank everyone for attending. It was her second night performing in Pittsburgh, both shows completely sold out.



*The Sabrina Carpenter Concert Night 2 Photo  
Provided by: Sophomore Grace Logue*

She began to perform at 9pm with her two openers, Amber Mark and Olivia Dean starting at 7:30. Both singers were entertaining and enthusiastic with the crowd, assisting with hyping everyone for Sabrina.

The show overall displayed Sabrina's support to her tour group and how thankful she is for the audience. She shared her observations with how her fans respond and added humor to the show, revealing her personality as an enthusiastic and determined individual.

Sabrina created a new era of music and sing-alongs for many people to enjoy.

# Student Life

Page designed by TAYLOR SERVAGNO DESIGN EDITOR AND  
MARIANNA ZAHORCHAK EDITOR-IN-CHIEF

## History, Art, and Everything in Between *Why I Love My AP Classes Despite the Challenges*

VIENNA RESTELLI STAFF WRITER

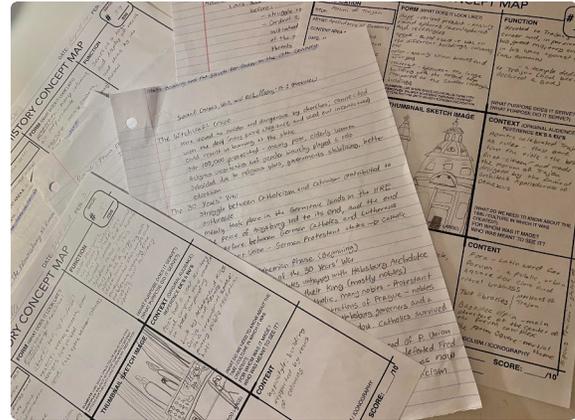
This year has led to many new opportunities — one of which is taking higher-level classes. As a sophomore, I'm taking two of the few AP classes available to us: AP Euro and AP Art History.

When I was a freshman scheduling classes, I chose these APs mostly because they were there. They were higher-level options, and I saw them as a chance to boost my GPA. But when the first quarter came to an end, I've realized I enjoy these classes far more than I had expected.

Let's start with AP Euro, the class that has surprised me the most. When I got my first few test grades back, I wasn't exactly proud, but I wasn't too disappointed either. I would leave class knowing I had done everything I knew how to do—and also realizing that I needed to change the way I prepared. I wrote notes, rewrote notes, boxed things, highlighted things... basically notes on notes. And while all of that helps, there's more to the class than memorization.

Before this class, I liked history, but I didn't love it. Now, because we go into so much depth, I've realized how much I enjoy connecting events and thinking about the bigger picture. If I could go back and decide again, I'd still choose AP Euro because it's challenged me in ways that another class might not.

Now, let's talk about AP Art History. This class has been wonderful. I didn't realize how much I'd end up loving art. Even if you aren't particularly interested in art



*Euro and Art History Work*

*Provided by: Vienna Restelli*

or history, it's a great class because it lets you see life through a different lens — different time periods, different forms of expression, and different ways of interpreting the world.

We create a concept map for each piece of art, which I love because it's so organized and genuinely helps me learn. I'm still figuring out how to study for the tests, but concept maps have helped me understand each artwork more clearly. Turning memorization into something visual makes learning way more enjoyable. I'm hopeful that, as I find new study methods, I'll continue improving.

Overall, I've learned that grades shouldn't define your enjoyment of a class. It's rewarding to push past my comfort zone and actually enjoy the process. And like Euro, if I had the chance to choose again, I'd still take APAH. Just within one quarter, it has made me realize how much I love and appreciate art.

# Student Life

Page designed by TAYLOR SERVAGNO DESIGN EDITOR

## Senior Spotlight: Brian Ock

### *Words of Wisdom from a Cello Player*

JACK PETULLA STAFF WRITER

**What is your favorite moment at PR?**

"Just hanging out with friends at any school event."

**What was the most challenging class you had at PR?**

"Most challenging would for sure be calculus BC."

**What class do you think all students should take?**

"I think all students should take physics, it helps with general critical thinking skills and is maybe the most applicable science to your daily life."

**What's the best piece of advice you've ever received?**

"Stress less."

**What is your plan after high school?**

"Study electrical engineering at college."

**Who is your role model?**

"Steph Curry."

**When do you think childhood ends?**

"I don't think childhood really ends ever, you just change as a person, but I don't think childhood ever ends."

**What does an average day look like for you?**

"Wake up. Go to school. Go to the gym. Study. Go to sleep."

**What are your hobbies outside of school?**

"Practicing cello, playing video games and rock climbing."

**When were you most proud of yourself?**

"When I finished junior year."

**What is your biggest piece of advice to underclassmen?**

"Don't worry too much about anything. It's important



*Senior Brian Ock posing during TSA Teams competition.*

*Provided by: Erin Hasinger*

to care, but overstressing yourself is the worst thing you can do ever."

**What always makes you smile?**

"Talking to my friends."

**Who was your favorite teacher at PR?**

"Mr. Perry."

**If you could travel anywhere in the world, where would you go?**

"South Korea."

**How often do you AI in a week?**

"Probably daily."

**If you were stranded on a desert island what three items would you bring?**

"Mirror, food, Senior Joel Neuhart."

# Student Life

Page designed by TAYLOR SERVAGNO DESIGN EDITOR

## Golf Interview: Jackson Naik

### *An Inside Look at an Upperclassman*

JACOB HADLEY STAFF WRITER

**Why did you decide to play golf for PR this year?**

“I wanted to play a fun sport in the fall.”

**On a scale of 1-10, what would you rate your experience on the golf team so far and why?**

“A 9 because I had fun but there’s still room for me to grow and get better.”

**What is your favorite memory from being on the golf team this year?**

“Going to Sheetz before all the matches.”

**How has your golf game developed from the start of the season to now?**

“I feel like I’ve gotten more consistent and I hit the ball much straighter.”

**How do you balance school work and being a golfer?**

“I usually do all my work in my study hall and I do my leftover work after golf.”

**Who has been your biggest influence in your golfing career?**

“Bryson Dechambeau because he helps me learn course management and Mr. Seybert because he helps me be the best version of myself and teaches a fun class.”

**Do you have any pre-match superstitions or routines?**

“I chip and putt but that’s about it.”

**What is your favorite course that you’ve ever played and why?**

“Oakmont because it was really hard but it was beautiful.”

**How do you prepare for a big match mentally?**

“I just put my airpods and listen to music to lock in.”

**What advice would you give to an underclassmen golfer who wants to improve their game?**

“Stay consistent and practice.”



*Jackson Naik at Suncrest Golf & Grill  
Provided by: PR Golf*

**What is the most important skill for a young golfer to improve on?**

“Putting and course management.”

**How is golfing on a team different from golfing individually?**

“You have to play well for your teammates and not rely on them to play well for you.”

**How do you handle pressure when your team is counting on your score?**

“I don’t really worry about it and I just focus on the next shot.”

**How do you bounce back after a bad shot or a bad hole on the course?**

“I just brush it off and move on to the next shot.”

**What are your goals for the last few golf matches of the year?**

“To win them and shoot low scores.”

# Student Life

Page designed by TAYLOR SERVAGNO AND ELLIE MYERS DESIGN  
EDITORS AND MARIANNA ZAHORCHAK EDITOR-IN-CHIEF

## *Early Graduate: Isabelle Hoppe* *PR Senior Earns Volleyball Scholarship To Pitt*

BAEDEN GAUTHIER STAFF WRITER

“The team culture is just as important as how good the team is,” says senior Isabelle Hoppe, a student graduating early in December. Isabelle has been playing volleyball since 5th grade and is very passionate about it, but what she's really passionate about, when you take a closer look at her, is her family.



*Senior Isabelle Hoppe sets against Butler in last home game of the year*  
*Provided by: Isabelle Hoppe*



*Senior Isabelle Hoppe receives her All-American Jersey at a PR football game*  
*Provided by: Isabelle Hoppe*

Isabelle's father encouraged her to try out for volleyball in the first place, and he is one of her biggest inspirations. Without him, none of this would have been possible: she may not have tried out for volleyball, or earned her scholarship to Pitt. And it's no secret how thankful she is. She said they also pushed her to earn good good grades, believing in Isabelle's full capabilities as a student and athlete.

But Isabelle does not just wish to be the best person she can be; she also wishes to make sure her teammates are being the best they can be, too. And although she believes it's the hardest part, she still pushes for each individual person to be their best, because it's not just better for Isabelle, or her individual teammates, it's better for the whole team.

Although her senior year looks a little different, she is leaving behind no regrets with her decision to graduate early. She made that decision and she embraces it. Although she will miss the PR community, she's happy for what's to come next.

**WHO SHOULD THE RAMPAGE  
SPOTLIGHT NEXT, PR?  
EMAIL A RAMPAGE STAFF  
REPORTER, AND WE WILL  
TAKE IT FROM THERE!**

# Sports

Page designed by PETRA BALKOVEC DESIGN EDITOR

## PR Earns First Hockey Victory of Season Rams Notch Memorable Win with Standout Goal-Tending

JACOB HADLEY STAFF WRITER

On Thursday, October 30, the PR Varsity Ice Hockey team accomplished their first big win of the season against Upper Saint Clair. Before the game started, we came well prepared for our team meeting to talk about our keys to win. After a good warm up and locking in to the game plan, we got off to a great start and bought into all the aspects to win the game. Once, we got on the ice for warm ups, everyone was locked in and ready to nail down all the keys we talked about before the game.

To start the first period, we nailed them down in their defensive zone, and peppered them with shots. Junior Noah Taggart got the game started with a grindy goal in front of the net. We were doing all the little things right; dumping the puck in, winning the 50/50 battles, and getting physical every chance we got. Towards the end of the period we let up one goal but we didn't let it bring us down.

In the second period we let one goal early but we got back up with two crucial goals scored by senior, Doug Van Meter, and again from Taggart to go up 3-2. We were drilling the same keys down as we did in the first which ultimately led to our success in this period. We all bought into our coach's plan and played as a team. It was all positive talk on the bench and we were gelling together all game long.



*Photo of Junior Noah Taggart  
Provided by: Meghan Taggart*

Going into the third period, protecting a 3-2 lead, we unfortunately let up one goal and now the game was tied 3-3. The whole period was played strongly by both teams which led to overtime to see who would win the game. However, overtime wasn't enough as sophomore goalie Will Hanner kept us in the game with some significant saves in the last minutes of overtime. This led to a shootout where we eventually came out on top with some beautiful saves made by Hanner and goals from sophomore Liam Voit and the game winning goal from Taggart. This win is just what we need to hit the ground running for the rest of this season.

# Sports

Page Designed by PETRA BALKOVEC DESIGN EDITOR

## PR Hockey Gains Second Win *Rams Exceed Expectations with 4-2 win*

JACOB HADLEY STAFF WRITER

On Monday, November 3rd, the PR Varsity Ice Hockey team overcame adversity and defeated Mt. Lebanon for our second win of the season. Before the game even started, everyone was bought in and came ready to play. We had a team meeting with our coach and talked about the goals we needed to pin down and come into the game reaching for. We got a good warm up with some music playing in the background. Once everyone was ready, we headed inside and got ready to officially start the game.

Minutes before the game, our coach came into the locker room and gave us one final speech to come out fired up. We started the first period with some strong shifts and a gritty goal from senior Ben Walter. However, we let up two quick goals shortly after but we didn't let it stop our momentum. We kept up with the fast tempo and outworked them the rest of the period. Going in the second period Mt. Lebo was up 2-1 but this only made us want the win even more.

The first period ended and our coach was proud of the way we battled even while being down. He told us to keep pushing and keep our heads up which is exactly what we did. The second period was an even battle between both teams and ended up with no goals from either side. After a solid effort from both teams, we knew we had to come out firing in the third. Our coach gave us one final speech in the locker room and let us know that we were well in this game.



*Sophomore Liam Voit  
Provided by: Keenan Parkhill*

We came into the third with no reason to take our foot off the gas. Senior Cullen Campbell opened up the scoring in the third tying up the game at two. This gave us all of the hope we needed to win this game. Unfortunately, junior Noah Taggart took a heartbreaking elbow to the head which took him out of the game. However, this gave us a five minute power play to finally seal the game up. With a goal from sophomore Liam Voit and game winning goal from junior Jackson Naik, we ultimately came away with the win that we definitely deserved. This game left a mark on all of us and now we know what we need to do to succeed this season.

# Sports

Page designed by PETRA BALKOVEC Design Editor

## Athlete Spotlight: Wyatt Ozelski

### *Inside Look at a Sophomore Golfer During the Offseason*

JACOB HADLEY STAFF WRITER

**Which part of your game are you focusing on improving most right now?**

“Right now I’m not focused on improving a certain aspect of my game, I am just trying to implement changes into my swing as of now.”

**How does your off-season training differ from your in-season routine?**

“In the off season I usually play 18 holes 3-4 times a week and hit balls once a day.”

**What does your typical practice session look like?**

“My typical practice session is going to the range, chipping and putting, then playing some holes and implementing the things I practiced into the round.”

**Are you working on any specific swing changes or adjustments?**

“I am adding some swing changes. I have been trying to compress the ball instead of sweeping at it.”

**What was the biggest lesson you took away from last season?**

“Don’t get in your own head, your mental state is just as important as any other aspect of your game.”

**Which part of your game do you feel improved the most last season?**

“To be honest, I don’t think I improved in any aspects, from start to finish I felt worse.”

**What area do you think held you back last season that you want to fix?**

“My mental state and my driver. My driver could barely find a fairway at Suncrest.”



*Photo of Wyatt Ozelski at Suncrest Golf & Grille  
Provided by: Matt Jones*

**How do you stay mentally sharp and confident when you’re not competing?**

“When I’m not competing, I just try to think positively about a round that may be upcoming or in the past.”

**Are you playing in any off-season tournaments or leagues?**

“I will be playing tournaments during this offseason, probably tri-state events.”

**What’s one part of your game you think will surprise people next season?**

“My entire game; This offseason I’m going to change my entire game in order to hopefully make varsity and shoot way better than I did this season.”

**What are your expectations for yourself and your team heading into next season?**

“We should be exceptionally good. I have high expectations, because we will have a couple of talented seniors and upcoming players.”

# Sports

Page designed by PETRA BALKOVEC DESIGN EDITOR

## Steelers vs Chargers

### Week 10 Preview

DEREK MANTON STAFF WRITER

After a dominant win against the Colts, the Steelers look to continue their success with a big game on Sunday Night Football in LA vs the 6-3 Chargers. The Steelers are coming off a huge win vs the number 1 team in the NFL in the Indianapolis Colts, and as the final score was 27-20, the game really felt like a 27-10 win.

LA is coming off a 27-20 win of their own in Tennessee. The Chargers gave up 20 points, but 14 of them came from Defense/Special Teams. Drive 1 for LA started with a Titans pick 6, and later in the 1st quarter was a punt return TD.

The Steelers come into this game with a few injuries including LG Isaac Seumalo who is out, S Jabrill Peppers is out, LB Cole Holcomb is out, and WR Scotty Miller is out. RT Bobby Hart is out for the Chargers so that means that RT Trey Pipkins III is starting. Joe Alt got his season cut short last week, as he injured his ankle and had surgery on it.

A beat up Chargers O-Line vs a grueling Steelers D-Line should be a dominant matchup for Pittsburgh. As we hit the colder months of the year the stakes get higher, this is a crucial matchup for 2 likely AFC playoff teams, and could be huge for seeding down the line. This should be a great matchup and one that a lot of people are going to be waiting all Sunday for.



#97 Cam Heyward sacking #10 Justin Herbert



**PINE-RICHLAND HS  
FALL PLAY PRESENTS**

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Thursday, November 20 - 4:00pm - Preview  
Friday, November 21 - 7:00pm  
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# Opinion

Page designed by KAYLEE MEYERS DESIGN EDITOR

## We Should Appreciate Thanksgiving More

### *My Take on the Most Underrated Holiday*

JACK PETULLA STAFF WRITER

Have you ever noticed people preparing for the holiday season as soon as Halloween's over. You see all of the commercials getting you ready to buy Christmas gifts and get into the holiday spirit. I think we are skipping over a very important and less talked about holiday.

We've all heard the backstory: When the Mayflower came to America with the Pilgrims they were struggling to survive until they met the Native Americans. To show their friendship with the Native Americans and to thank them for helping the Pilgrims survive, the Pilgrims and Native Americans had a big feast and that's why we celebrate. There are many different stories about how the festival actually went, some darker than others.

That's not what I want to talk about today. I want to talk about how underrated Thanksgiving is as a holiday, regardless of how it started. Now before I get ahead of myself I want to say that I love Christmas and the holiday spirit, but I'm saying let's at least wait till after Thanksgiving and not skip over the great holiday we have before Christmas.

Thanksgiving is a time for people to be with their families. That alone could be a reason it's one of the best holidays. Most people don't get to see their extended family or even grandparents and cousins until holidays like Thanksgiving, making the time spent more enjoyable and memorable. I know I used to take advantage of the time spent with my family but now I look forward to seeing my family and catching up, especially since most of my cousins are in college.

What's more, the Thanksgiving food has to be among the best holiday foods.



Generated using AI

First there is the Turkey, or some like to go with ham or chicken but unless it's burnt it is an amazing main dish. Then you have all of your options for a side, like mashed potatoes (my personal favorite), mac and cheese, stuffing, green beans, dinner rolls, and any other food your family does differently than other families. My family always has some wide variety of fruits and vegetables but it could be anything, and don't even get me started on desserts.

Lastly, since I want to keep this short, is the activities. Like the Macy's day Thanksgiving Parade, no school, watching football, lots of football and any other activities you do with your family. My cousins are big on board and card games so we always have some sort of competition or my grandpa is big on golf so he always likes to do some golf competition in his yard.

Now remember, I'm not saying Thanksgiving should be seen as the greatest holiday, all I'm saying is it should be recognized more than it is skipped over for Christmas. I think we all can agree that regardless of the activity, spending time with your family doing whatever activities you want can be more enjoyable than decorating for Christmas more than 50 days early.

# Opinion

Page Designed by ELLIE MYERS DESIGN EDITOR

## Chilled Perfection?

### *Starbucks Debuts New Cold Foam to Mixed Flavors*

DARSHA KANNAN STAFF WRITER



*New Starbucks Cold Foam provided by: Starbucks*

How many of you love the signature Pumpkin Spice Latte? Or maybe you'd like to try something new? Get ready for another beverage that will be permanent on the menu. Starbucks' new Protein Cold Foams and Lattes are now out. You might be wondering, "Wait, a healthy drink in Starbucks?" "Isn't Starbucks mostly full of sugary drinks?" Well, after COVID, Starbucks started struggling to make a profit since there were a lot of stores closed.

Last year, Brian Niccol took over as CEO of Starbucks. He wanted to make some healthy options as he did with his previous company, Chipotle. So he is adding protein drinks that serve 19-26 grams of protein per grande, which will be an alternative for breakfast. This really makes the menu a bit more unique and special, instead of just getting a classic cup of coffee. Some of these opinions from students in PR might make you consider trying it out.

Senior Brinda Kannan said, "I personally don't try new things at Starbucks, but hearing this about this healthier drink at Starbucks might be a better option for me, especially cause I play tennis." Freshman Camila Marquez Medina says, "I really feel it gives a good variety to the menu instead of looking at the same drinks every year." Cold foam is a creamy, frothy topping that adds texture and flavor to any cold coffee, tea, or refreshers, creating a layered drink. It comes with a variety of flavors, including banana, vanilla, chocolate, matcha, salted caramel, and brown sugar. Seasonal flavors include pumpkin, pecan, and peppermint mocha.

So, whether you're a fan of the iconic seasonal drink or looking for any cold/hot brews, enjoy it with creamy protein foam. Starbucks' new Protein Cold Foams and Lattes promise to shake up your coffee experience, unlike the previously offered Oleato line, a collection of coffee beverages infused with extra virgin oil. While promoted as a unique experience, the drinks received mixed reviews, which forced Starbucks to discontinue the beverage collection.

# Opinion

Page designed by KAYLEE MEYERS DESIGN EDITOR

## A Different Tradition: *Thankfulness without the Turkey*

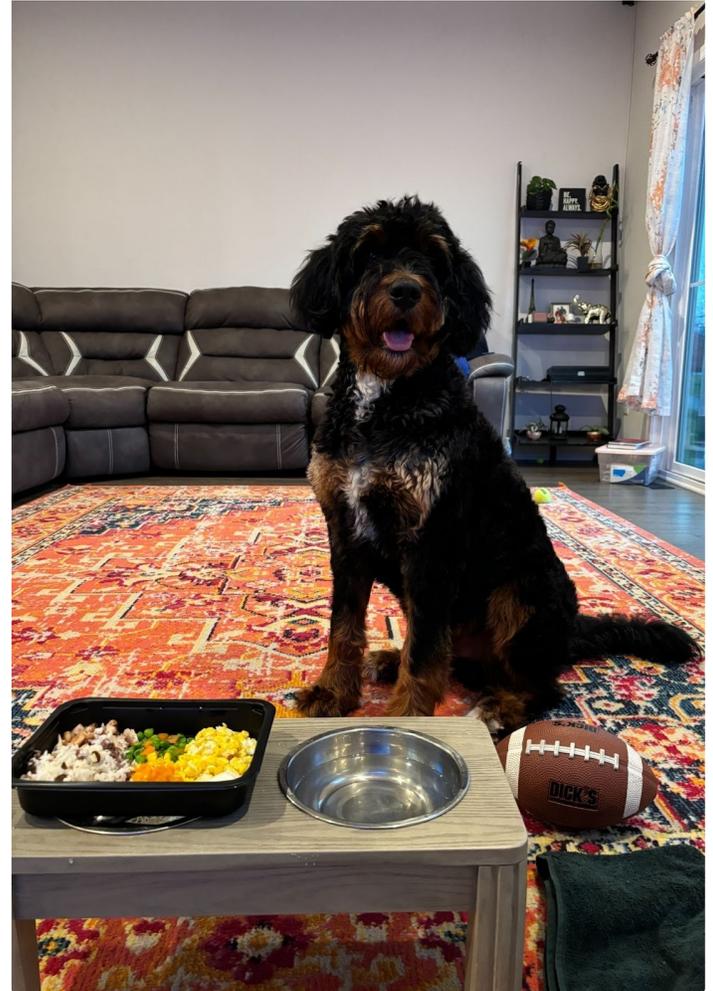
DARSHA KANNON STAFF WRITER

Every year in November, I watch the world around me shift into Thanksgiving mode. Grocery stores pile up on turkeys and pie crusts, and my social media fills with countdowns to “the big feast.”

For me, though, Thanksgiving has always been an outsider experience. As an Indian, my family and I don’t celebrate it in the traditional sense. We don’t roast turkey, we don’t make stuffing, and there’s never been a cranberry sauce sighting in the kitchen. But that doesn’t mean the day passes unnoticed. In a way, Thanksgiving has become our “day off”, a pause from the indian spices and aroma that fill up the house daily.

While everyone else is baking pies with their families, my family makes *our* traditional chili corn pasta, spicy chicken wings, and the typical American classics, but with a twist: everything’s spicy. It’s our way of enjoying the holiday without losing the flavors we grew up with. Growing up, I used to feel a little left out. In elementary school, we’d do Thanksgiving crafts and talk about family traditions, and I’d sit there wondering what to say. “We don’t celebrate it,” sounded direct, but “I never had pumpkin pie” didn’t quite fit in either.

Now, I’ve learned to see it differently. Thanksgiving doesn’t have to mean turkey and gravy; it’s about gratitude, connection, and the comfort of home, things my family celebrates all the time, just not on a single Thursday in November.



*Darsha's dog Theo and his Thanksgiving dinner  
Provided By: Darsha Kannan*

So, while my friends carve turkeys, I’ll be in my house helping my parents cook their specialties with spices and herbs, thinking about how thankful I am for the flavors and traditions that make my version of Thanksgiving a little different —and completely my own.

# Acknowledgments

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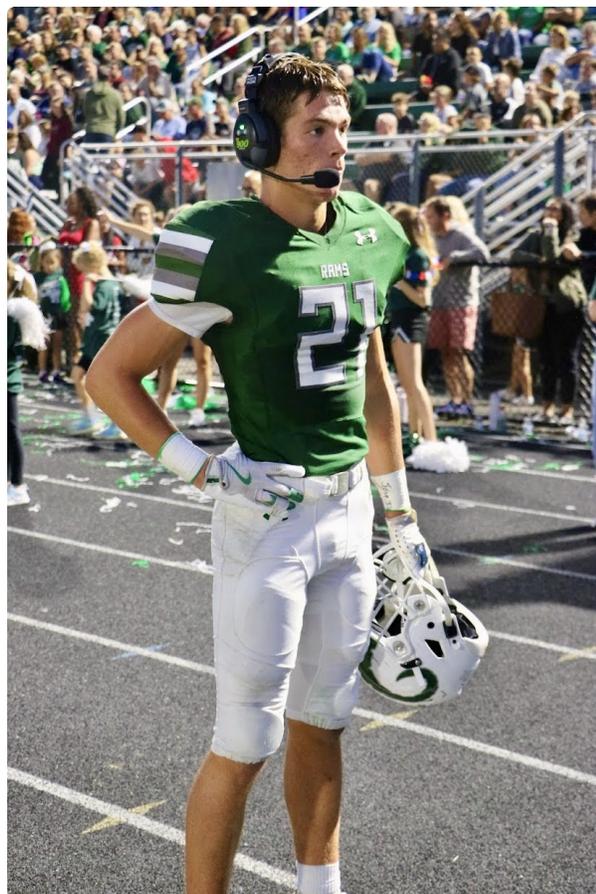
The newsroom is room 221.

The RAMPAGE is available online every Thursday under the high school Resources Tab. It is written by students, for students, and we make every attempt to report all school-related news. We welcome freelance submissions, suggestions, comments, and story ideas from students and staff. Since this is a student-publication, we realize we make mistakes: we encourage readers to report mistakes to the staff writers; you may win a prize if you locate any/all mistakes.

**Thank you for stopping by and we hope to see you next Thursday!**

## PR Sports in Fall

**GOT PICTURES, PR?  
EMAIL THEM TO A  
RAMPAGE STAFF  
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SMILES IN PRINT!**



*Sophomore Kicker Ryan Curren  
Provided by: Jack Petulla*



*Girls Soccer Players: Senior Aubrey Bennett, Junior Alexia Hensel,  
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