

Parent Community Resource Guide

This list is for your information and reference and is not intended as an endorsement. We encourage you to consult with physicians and other trusted professionals when selecting a therapist for your child. You should also verify insurance before arranging for services.

Emergency Assistance	
ChildLine 1-800-932-0313	To report child abuse or general well-being concerns Reporting is anonymous
Crisis Intervention Valley Creek Crisis Center 610-280-3270 1-877-918-2100 469 Creamery Way Exton, PA 19341	Provides 24 hour emergency mental health service. 24/7 telephone crisis, counseling and mobile outreach services
Chester County Drug and Alcohol 610-344-6620 601 Westtown Rd, Suite 325 West Chester, PA 19380	Provides substance abuse treatment, intervention and prevention.
Crime Victims of Chester County 610-692-7420 (hotline) 610-972-1926 135-137 W. Market Street West Chester, PA 19382	Counseling, accompaniment to court, advocacy, legal guidance, victim compensation assistance All services are free of charge for the victim and the family members
Safe2Say Reporting www.safe2saypa.org	Anonymous tip line if there is a safety concern outside of school hours
Substance Abuse and Mental Health Services (SAMHSA) National Helpline 1-800-662-HELP (4357)	24/7 Mental and Substance Abuse Hotline

Medical and Behavioral Health Support	
Community Health & Dental Care 610-326-9460 https://ch-dc.org	*Located in Pottstown next to Dick's Sporting Goods at the Coventry Mall Offers medical care, dentist, immunizations and vaccinations, vision, pediatrics, physical therapy, podiatry,

	counseling and substance abuse & addiction support Transportation is available-multiple stops in Pottstown, Spring City (including Park Springs)
Maternal and Child Health Consortium (MCHC) 610-344-5370 mchc@ccmchc.org ccmchc.org	Located in West Chester. Health care access, and school readiness programs. Family planning support and resources provided for family benefit programs.

Medical Assistance (MA) Providers	
Holcomb Behavioral Therapists 610-363-1488	Located in Pottstown, Exton and other locations Offers outpatient counseling, substance abuse treatment and more
Creative Health 610-327-1503	Located in Pottstown, Spring City and Collegeville Offers outpatient counseling, family based therapy, case management, wraparound services and more
Penn Psychiatric 610-917-2200	Located in Phoenixville and Collegeville Offers outpatient counseling, DBT, psychiatric evaluations and more
Community Resources of Devereux 610-422-1482	Many levels of counseling including: outpatient, trauma informed CBT, Child-Parent Interactive therapy Accepts Medical Assistance and Commercial Insurance
Malvern Community Health Services 610-970-5000	Located in Pottstown Outpatient counseling and Intensive Behavioral Health Services

Commercial Insurance Providers	
Psychology and Counseling 610-970-5234	Offices in Collegeville, Pottstown, Montgomeryville Accepts most commercial insurance
Cornerstone Therapy and Wellness 610-616-5935	Offices in Malvern and Wayne. Most insurance accepted.

Child and Family Focus 610-650-7750	Many locations and levels of care (family and parenting programs) Faith based counseling Accepts insurance and Medical Assistance
Sanare Today 610-344-9600	Offices in Downingtown, Exton, King of Prussia Offers outpatient, Intensive Outpatient Program
Erin Walser, LCSW 484-754-6479 erinwalserlcs@gmail.com	Mental Health Counseling practice in Royersford www.erin-walser.clientsecure.me
Compass Counseling and Associates 215-260-3748	Office in Pottstown Accepts most insurance, CHIP and a special rate for patients with Tri-Care insurance
Connie Fritz 610-569-0056	Office in Limerick Accepts some commercial insurance
CM Counsel 610-524-0780	Offices in Exton, King of Prussia and Plymouth Meeting Accepts most commercial insurance
Ellie Mental Health 610-422-3064 (Exton) 610-646-1851 (Malvern)	Accepts commercial insurance and Medical Assistance Offers in-person and virtual individual, family and play therapy
Unleashed Counseling 484-933-4370	Office in Pottstown Animal-assisted therapy and walk and talk therapy Accepts most commercial insurance

Private Pay Providers (out of pocket expense)	*some insurance companies will partially reimburse fees
Pediatric Psychology Center of Chester County 610-723-8176	Office located in Downingtown Does not accept insurance
ReNEW You 504-372-0954	Office located in Royersford Does not accept insurance but will help with reimbursement

PeaceMakers 610-269-2661	Office located in Downingtown Sliding scale fee rate
Well-Mind Therapy Susan Winters-Griste 484-686-4915	Offices in Phoenixville and Valley Forge
Pyramid Online Counseling Pyramidonlinecounseling.com 833-525-3077	Online only Counseling and Psychiatric services No insurance accepted
Shelby Riley & Associates 484-985-2344 http://shelbyrileymft.com/	Office located in Chester Springs Offers individual, family, play therapy
Sanctuary Counseling 610-385-3155	Offices located in Douglassville and Audubon Offers individual, family, Art and Music therapy
A Nurturing Mind 610-290-8566 https://anurturingmind.com/	Office located in West Chester Offers individual, family and couples therapy
Elevate Behavior Solutions, LLC. 610-327-8199 https://elevatebehaviorsolutions.com/	Offers tailored behavioral support In-person and virtual options

Child/Adolescent Psychiatrists	
Yong Shin MD and Associates 610-327-1631	Office located in Pottstown Accepts insurance
Dr. Jeffrey Naser, MD and Associates 610-647-3959	Office located in Berwyn No insurance accepted
North Star Psychiatry	Office located in Malvern

844-882-2384	
Resilio Mental Health Solutions Daisy Lara, Psychiatric Nurse Practitioner 610-202-9142	Office located in Downingtown
Open Road Psychiatric Services Ann Marie DiPietro, Nurse Practitioner 610-314-7921	Office located in West Chester No insurance accepted
Dr. Kelly Bauer 267-614-0847	Office located in Phoenixville No insurance accepted
High Focus (Pottstown) 610-644-6464	Offers in-person medication management for ages 14 and up Services in Pottstown office
Hedian Healing Minds Wanda Hedian 484-206-5428	Psychiatric nurse practitioner Telehealth appointments Accepts Aetna, Cigna, United Healthcare and more

Grief and Loss	
A Haven 484-693-0160	Located in Exton Helping children grieve through a family centered approach
Peters Place 610-687-5150	Located in Radnor
The Center for Loss and Bereavement 610-222-4110	Located in Skippack

Anxiety	
Children and Adult Center for Anxiety 484-530-0778	www.worrywisekids.org Does not accept insurance

	Located in Fort Washington
Anxiety and OCD Center 484-947-8820	Does not accept insurance Located in Malvern Offers counseling, assessment, coaching and exposure therapy
Rogers Behavioral Health 267-787-6600	Individual and Intensive Outpatient (IOP) counseling Accepts insurance Located in Philadelphia/virtual options

Partial Hospitalization Program (PHP)	PHP is a short-term (typically 10-15 day) day treatment program for individuals who have had an increase in symptoms after trying a lower level of care
Mirmont Part of Main Line Health 888-227-3898	Accepts Medical Assistance and commercial insurance Located in Exton Age 14 and up only
High Focus (866) 887-1764 or 610-644-6464	Accepts commercial insurance only Located in Exton and Pottstown Tween/Teens ages 12-18
Horsham Clinic (800) 237-4447	Accepts Medical Assistance Located in Coatesville Children's program (ages 4-12) and Teen Program (ages 13-17)
Embark 866-398-0140	Private pay/Accepts Blue Cross Blue Shield Located in Berwyn Adolescent and Teen programs
Seeds of Hope Specific for Eating disorders	Accepts commercial insurance Located in Paoli

866-887-1764	Ages 14-18
Center for Families	Private pay/Single case agreement with insurance Must be 14 years old Long-term partial (exceeds the typical 10-15 day) Transportation is possible

Intensive Outpatient Programs (IOP)	An IOP is after school group counseling typically occurring Monday-Thursday from 4-7pm. This is for students experiencing moderate to severe mental health symptoms
High Focus (formerly the Light Program) (866) 887-1764	Accepts commercial insurance Located in Exton, Pottstown and Paoli
Embark 866-398-0140	Private pay/Accepts Blue Cross/Blue Shield Located in Berwyn
Sanare Today 610-344-9600	Accepts commercial insurance only Locations in Downingtown, Exton and King of Prussia
Mirmont 484-565-1130	Accepts commercial insurance and Medical Assistance For ages 14-18 Located in Exton
ROW Psychiatric Services 610-999-1908	Accepts commercial insurance and medical assistance For ages 5-13 Located in Malvern

LGBTQ+ Resources	
Arrive Therapy 484-615-3155	Does not accept insurance Office located in Paoli/Online
Mazzoni Center 215-563-0652 mazzonicenter.org	Accepts commercial insurance and medical assistance Office located in Philadelphia/Online
The Attic Youth Center 484-545-4331 https://atticyouthcenter.org/	All services are free of charge Office located in Philadelphia/Online
LGBT Center of Greater Reading @ FBC Pottstown https://www.lgbtcenterofreading.com/en/pottstown	Educational/support & social youth group for ages 12-18