

For descriptions, nutritional and allergen information,
please visit our cafeteria information page on the school website:
<https://www.schoolcafe.com/SwedeboroWoolwichSDNutriServe/menus>



Meet Your Nutritious Friend:
Twist & Sprout

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 DAY A</p> <p>#1 GRILLED CHEESE SANDWICH</p> <p>#2 HOT DOG ON BUN</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> GLAZED CARROTS CUCUMBER SLICES</p>	<p>2 DAY B</p> <p>#1 MAC & CHEESE</p> <p>#2 BEEF TACO SALAD w/chip</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> STEAMED CORN GRAPE TOMATOES 100% JUICE CUP</p>	<p>3 DAY C</p> <p>#1 MAPLE PANCAKES & 2 PORK SAUSAGE LINKS</p> <p>#2 CHEESEBURGER ON BUN</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> EMOTICON FRIES CARROT STICKS</p>	<p>4 DAY D</p> <p>#1 HOT HONEY GARLIC CHICKEN WINGS</p> <p>#2 GARDEN SALAD w/CHEESE</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> BAKED BEANS BROCCOLI BITES 100% JUICE CUP</p>	<p>5 DAY E</p> <p>MINI PIZZA BAGELS</p> <p>#2 HOT DOG ON BUN</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> GARLIC SPINACH GREEN PEPPER STRIPS</p>
<p>8 DAY F</p> <p>#1 MEATBALL PARM SANDWICH</p> <p>#2 MOZZ. STIX w/sauce cup</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> TATER TOTS CUCUMBER SLICES</p>	<p>9 DAY A</p> <p>#1 BEEF NACHO GRANDE</p> <p>#2 PIZZA DIPPERS & SAUCE</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> CORN ON THE COB GRAPE TOMATOES 100% JUICE CUP</p>	<p>10 DAY B</p> <p>#1 EGG CHEESE WAFFLE FLATBREAD</p> <p>#2 CHEESEBURGER ON BUN</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> EMOTICON FRIES CARROT STICKS</p>	<p>11 DAY C</p> <p>#1 TENDERS & G.BDSTIX</p> <p>#2 PIZZA DIPPERS & SAUCE</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> BBQ BAKED BEANS BROCCOLI BITES 100% JUICE CUP</p>	<p>12 DAY D</p> <p>#1 PIZZA CRUNCHERS</p> <p>#2 MOZZ. STIX w/sauce cup</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> GARLIC SPINACH RED PEPPER STRIPS</p>
<p>15 DAY E</p> <p>#1 NUGGETS & ROLL</p> <p>#STUFFED CRUST PIZZA</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> BAKED BEANS CHICKPEA SALAD</p>	<p>16 DAY F</p> <p>#1 BEEF CHEESE BURRITO</p> <p>#2 FRENCH BREAD PIZZA</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> CORN QUESO GREEN PEPPER STRIPS 100% JUICE CUP</p>	<p>17 DAY A</p> <p>#1 FRENCH TST STIX & TURKEY LINKS</p> <p>#2 CHEESEBURGER ON BUN</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> HASHBROWNS CARROT STICKS</p>	<p>18 DAY B</p> <p>#1 ORANGE CHICKEN over Rice</p> <p>#FRENCH BREAD PIZZA</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> GLAZED CARROTS CUCUMBER SLICES 100% JUICE CUP</p>	<p>19 DAY C</p> <p>#1 STUFFED CRUST PIZZA</p> <p>#2 SUPER FRUIT CRAVEABLE</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> ITALIAN STYLE GREEN BEANS SPINACH SIDE SALAD</p>
<p>22 DAY D</p> <p>#1 SLOPPY JOE ON BRIOCHE ROLL</p> <p>#2 BAGEL LUNCH BUNDLE</p> <p>#3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> BAKED BEANS GREEN PEPPER STRIPS</p>	<p>23 DAY E</p> <p>#1 WALKING BEEF TACO w/Dorito Chips</p> <p>#2 BAGEL LUNCH BUNDLE</p> <p>3 CEREAL LUNCH BAG</p> <p><u>FEATURED VEGGIES</u> CORN ON THE COB GRAPE TOMATOES 100% JUICE CUP</p>	<p>SCHOOLS CLOSED FOR WINTER RECESS</p>		
<p>SCHOOLS CLOSED FOR WINTER RECESS</p>			<p>RETURN ON MONDAY, JAN. 5, 2026</p>	
<p>29</p> <p>SCHOOLS CLOSED FOR WINTER RECESS</p>	<p>30</p> <p>SCHOOLS CLOSED FOR WINTER RECESS</p>	<p>31</p> <p>SCHOOLS CLOSED FOR WINTER RECESS</p>	<p>1</p> <p>SCHOOLS CLOSED FOR WINTER RECESS</p>	<p>2</p> <p>SCHOOLS CLOSED FOR WINTER RECESS</p>

ATTN: TEACHERS:
Please choose Lunch #1, #2 or #3 in OnCourse

Kitchen extensions:
Hill x2014
Clifford x3160
Stratton x1097
Harker x4015

What is a Meal?
Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable lunch.

- Choice of Vegetable**
Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables
- Choice of Fruit**
Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice
- Choice of Milk**
1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry

NUTRI SERVE FOOD MANAGEMENT
GINA D'ADAMO, Food Service Director
856-241-1552 EXT 1097
GDADAMO@SWSDK6.COM ~ SWE@NSFM.COM

Meal Prices
Student Lunch \$3.35
Reduced Lunch \$0.00
Faculty Lunch \$5.00



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.