

Monday

Tuesday

Wednesday

Thursday

Friday

5
Cereal Bowl
Fruit
100% Fruit Juice
Milk

6
Cocoa Bars
Graham Crackers
Fruit
100% Fruit Juice
Milk

7
Muffin
Cheese Stick
Fruit
100% Fruit Juice
Milk

8
NO SCHOOL
Christmas Break

9
NO SCHOOL
All Staff PD/ Records

12
Breakfast Bar
Fruit
100% Fruit Juice
Milk

13
Bagel
Fruit
100% Fruit Juice
Milk

14
Muffin
Yogurt
Apple Slices
100% Fruit Juice
Milk

15
Mini Pancakes
Fruit
100% Fruit Juice
Milk

16
Donut Holes
Fruit
100% Fruit Juice
Milk

19
NO SCHOOL
MLK Jr. Day

20
Cocoa Bars
Graham Crackers
Fruit
100% Fruit Juice
Milk

21
Muffin
Cheese Stick
Fruit
100% Fruit Juice
Milk

22
French Toast
Fruit
100% Fruit Juice
Milk

23
Mini Donut
Fruit
100% Fruit Juice
Milk

26
Cereal Bowl
Fruit
100% Fruit Juice
Milk

27
Fruital
Fruit
100% Fruit Juice
Milk

28
Muffin
Yogurt
Apple Slices
100% Fruit Juice
Milk

29
Cinnamon Bun
Fruit
100% Fruit Juice
Milk

30
Glazed Donut
Fruit
100% Fruit Juice
Milk

Questions/Concerns: Contact Cafeteria Supervisor, Kim Deerfield at kdeerfield@amanda.k12.oh.us or (740)969-7450

****The following allergens are used as ingredients in this facility: Milk, Egg, Tree Nuts, Peanuts, Wheat, Soy, and Sesame. Please notify staff for more info about these ingredients.**

USDA is an equal opportunity provider, employer, and lender.

****Due to manufacturer shortages, menus are subject to change****

