

Monday

Tuesday

Wednesday

Thursday

Friday

5
 Cereal Kit
 Graham Crackers
 Fruit
 100% Fruit Juice
 Milk

6
 Cocoa Bars
 Graham Crackers
 Fruit
 100% Fruit Juice
 Milk

7
 Muffin
 Cheese Stick
 Fruit
 100% Fruit Juice
 Milk

1
NO SCHOOL
 Christmas Break

2
NO SCHOOL
 All Staff PD/ Records

12
 Cereal Kit
 Graham Crackers
 Fruit
 100% Fruit Juice
 Milk

13
 Bagel
 Fruit
 100% Fruit Juice
 Milk

14
 Muffin
 Yogurt
 Apple Slices
 100% Fruit Juice
 Milk

8
 PopTart
 Yogurt
 Fruit
 100% Fruit Juice
 Milk

9
 Donut Stix
 Fruit
 100% Fruit Juice
 Milk

15
 Mini Pancakes
 Fruit
 100% Fruit Juice
 Milk

16
 Donut Holes
 Fruit
 100% Fruit Juice
 Milk

19
NO SCHOOL
 MLK Jr. Day

20
 Cocoa Bars
 Graham Crackers
 Fruit
 100% Fruit Juice
 Milk

21
 Muffin
 Cheese Stick
 Fruit
 100% Fruit Juice
 Milk

22
 French Toast
 Fruit
 100% Fruit Juice
 Milk

23
 Mini Donut
 Fruit
 100% Fruit Juice
 Milk

26
 Cereal Kit
 Graham Crackers
 Fruit
 100% Fruit Juice
 Milk

27
 Frudal
 Fruit
 100% Fruit Juice
 Milk

28
 Muffin
 Yogurt
 Apple Slices
 100% Fruit Juice
 Milk

29
 Cinnamon Bun
 Fruit
 100% Fruit Juice
 Milk

30
 Glazed Donut
 Fruit
 100% Fruit Juice
 Milk

Questions/Concerns: Contact Cafeteria Supervisor, Kim Deerfield at kdeerfield@amanda.k12.oh.us or (740)969-7450

****The following allergens are used as ingredients in this facility: Milk, Egg, Tree Nuts, Peanuts, Wheat, Soy, and Sesame. Please notify staff for more info about these ingredients.**

USDA is an equal opportunity provider, employer, and lender.

****Due to manufacturer shortages, menus are subject to change****

