



District-wide Process for Families to Opt-out Of Sex Education

Dear Families,

The state of Michigan requires that public school districts offer instruction for students on the topic of sexual health including HIV/AIDS. In Bloomfield Hills Schools, this unit is taught during fifth, seventh, and high-school health class. The following is quoted directly from the Michigan Department of Education website:

Instruction in HIV/AIDS and sex education must stress that abstinence from sex is a responsible and effective method of preventing unplanned pregnancy, and that it is the only protection that is 100% effective against unplanned pregnancy, sexually transmitted disease, and sexually transmitted HIV infection and AIDS (§380.1169, §380.1507, §380.1507b). Instruction in HIV/AIDS must include the principal modes by which dangerous communicable diseases are spread and the best methods for the restriction and prevention of these diseases. (§380.1169)

As a parent/guardian, you have the right to review materials, observe instruction or excuse your student from participation in this unit. You may have your student excused from any of the lessons without penalty if you decide that is best.

NOTE: This form DOES NOT need to be completed, if you choose to have your student included in sexual health and HIV education. If you want your student to be EXCUSED from part or all of the lessons, please complete the following.

- ☐ I would like to EXCUSE my student without penalty from this full unit of instruction.
- ☐ I would like to EXCUSE my student without penalty from the lessons listed here:

Printed Name of Student: _____

Printed Name of Parent: _____

Parent/Guardian Signature: _____ Date: _____