



2022-23 Wellness Policy Report

Kingsburg Elementary Charter School District



Our Wellness Goals



We met these goals:

- ✓ Held our first "Taste of KECSD" of event wherein parents and community members could learn about nutrition and taste foods served to our students
- ✓ Expanded Learning Opportunity Program served only Smart Snacks to our students after the regular school day
- ✓ Physical Education is taught by credentialed staff
- ✓ Healthy habits are stressed at all school sites
- ✓ More students are eating breakfast and lunch
- ✓ Provided additional PE equipment to school sites



We are still working on these:

- ✗ Teaching students, families, and community about what a well-balanced meal consists of
- ✗ Providing in-depth nutrition education lessons to our sites
- ✗ Providing additional Physical Education support through lesson planning to our TK-3 grade levels
- ✗ Continue to stress the importance of movement through Physical Education at all sites
- ✗ Continue to market healthy habits through posters

District Wellness Committee

- ✓ Meets 2 times a year about school health & safety
- ✓ Led by Kristy LeBoeuf, Child Nutrition Director
- ✓ Designates a KECSD official to ensure that schools use the wellness policy

Current members include: teachers, administrators, food services representatives, other school staff, school board members, community partners, the general public



To join, contact: kleboeuf@kesd.org

Our District Wellness Policies

[Insert policies for meal standards, competitive foods & drinks, celebrations, rewards, fundraisers, and marketing (with % of schools in compliance)]

Planning, Tracking, & Sharing

- 🗓️ The KECSD Wellness Committee will meet in October to discuss and revise the Wellness Plan
- 🗓️ The "Taste of KECSD" event will be held in November
- 🗓️ The KECSD Wellness Committee will meet in February to track progress of the Wellness Plan
- 🗓️ At the end of the 23-24 school year, the Child Nutrition Director and CBO will meet to grade the effectiveness of changes made from the 22-23 school year

