

my An



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in 1990

An imPACKt . . . in 1990!

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Run with the pack

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Leaders of the pack

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On top of the pack

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A package deal

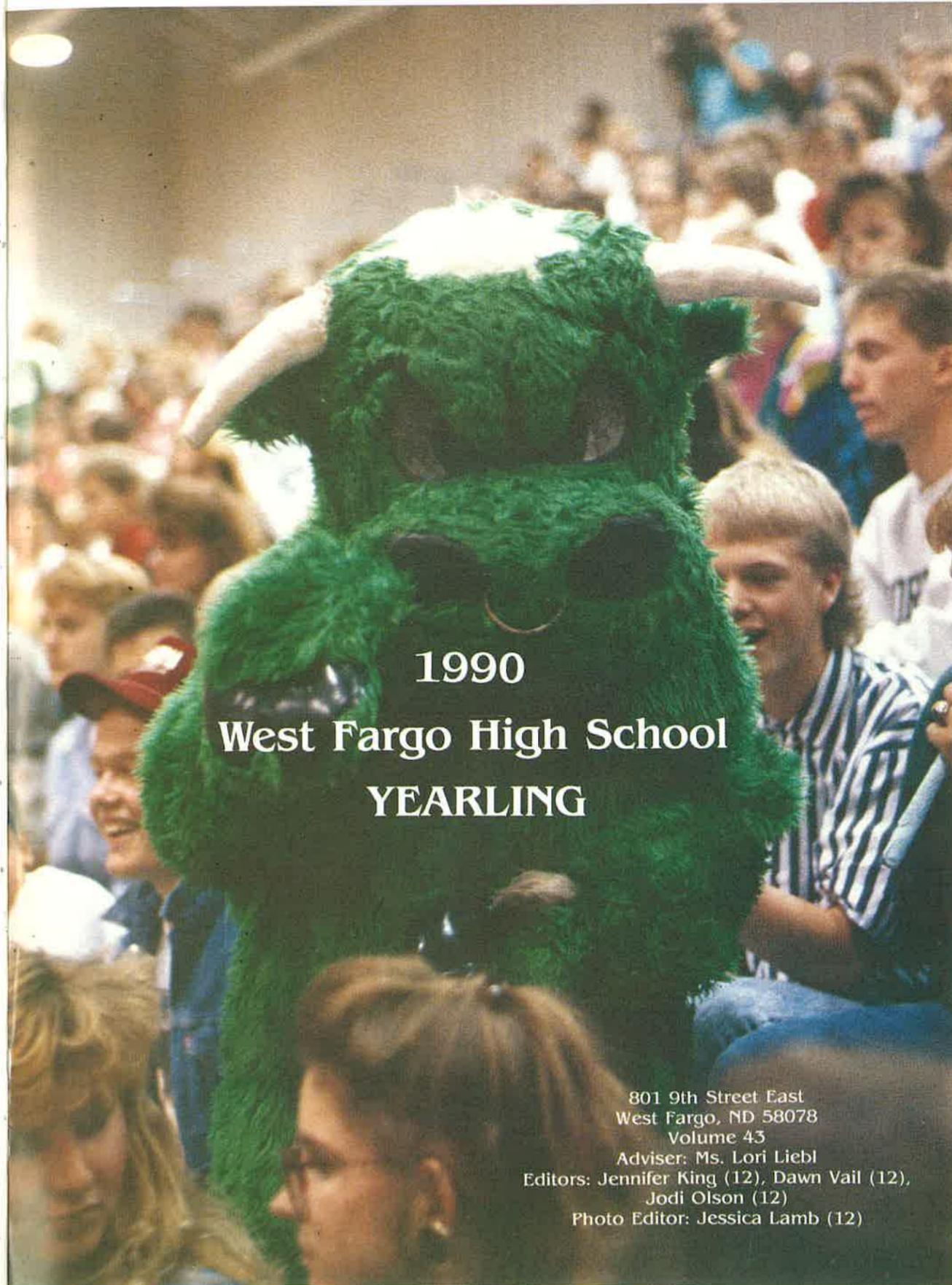
Underclassmen

120



Joining the pack

Organizations



**1990
West Fargo High School
YEARLING**

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Volume 43
Adviser: Ms. Lori Liebl
Editors: Jennifer King (12), Dawn Vail (12),
Jodi Olson (12)
Photo Editor: Jessica Lamb (12)

Students make imPACKt in activities and on society

West Fargo is imPACKt material

"Making an imPACKt" was the theme chosen for the 1989-90 yearbook at West Fargo, because students felt that they made an imPACKt on society in sports, organizations, academics as well as community projects. Each student, in his own way, contributed some of his talents to various activities, whether it be music, writing or just in regular classes. The boys' cross country team won the state championship, for the first time in West Fargo history, which left a mark for people to remember.

Looking back on fond memories was some-

thing alumni from West Fargo had in common in the summer of 1989. The West Fargo School District held an all-class reunion in June. Dinners, dances and a special appearance by Bobby Vee were some of the main attractions.

One major activity celebrated by many North Dakotans in 1989 was the Centennial Celebration held in Bismarck on July 4. Thousands of people came for the "Party of the Century". The Governor's Choir and the Centennial Band were among the many attractions.

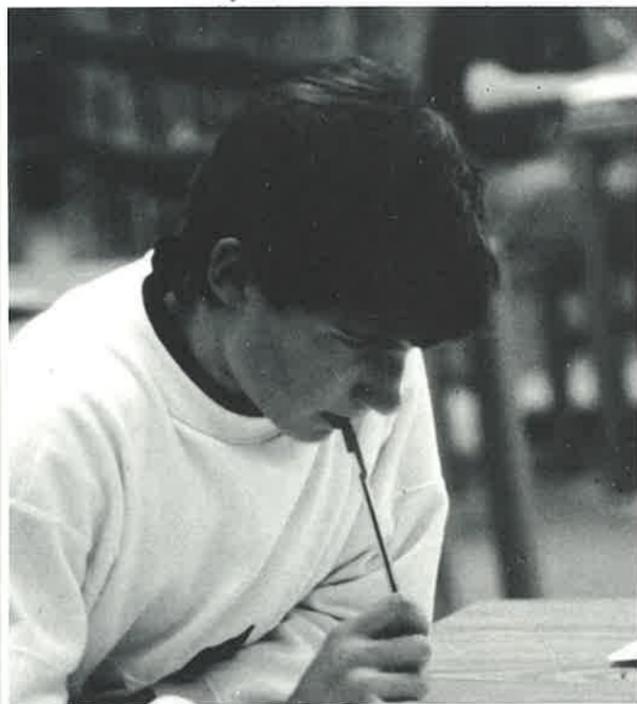
As school approached, once again, the parking situation was a problem. More students brought more drivers, which also left less space to park. The VFW allowed students to park by the arena, but that still didn't leave as much space as needed.

As the problems and joys went by, memories of the year were locked in people's hearts. As new students came and others graduated, each person left a little part of himself behind that helped make West Fargo High School more unique.
By Jodi Olson



1. Wading in the "flood", Deseri Hinz (10), David Opdahl (10) and Michella Miller (10) have fun on the way to school.

2. Looking for the perfect current event, Jason Olson, (10) takes time to read the daily news.



2



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1. During one of the summer baseball games, Bill Footitt (12) makes it safely to third base.

2. At a Pep Band performance, Ward Nelson (12) and Jlm McKinnon (10) show off their musical talents.



2



3

3. During halftime, football cheerleader, Bree Duval (12), greets the team back on the field.

Comfort ranks as main concern in fashion

With the "anything goes" look, everyone fits into the world of fashion

Are jeans fading and hemlines falling? Not at all. Anything is considered "in", but comfort is the biggest concern. Whether it is the shortest mini or the baggiest worn-out sweatshirt, if it feels good, a person is dressed to kill.

The biggest fashion craze is no longer lace and frills. Prints are in. Just a basic "T" can be

To find the latest ideas in fashion a person's best bet is to look inside one- self for those outrageous

ing, and then I put a little of my own style into it," said Stephanie Blow (11).

Will new wave sweep West Fargo away? Will the styles calm down?

"Metallic shirts, longer hair, more earrings on guys and lots of leather and studs is the look for the 90's," said Josh Steiner (11).

"The look for now is casual clothes that look good and feel good"

"The look for now is casual clothes that look good and feel good," commented Corey De- genstein (12).

dressed up in style with a vest. Paisley, plaid or an abstract design make an impact.

new fads.

"I try to keep up with what everyone is wear-

By Tanya Kellerman



1. Taking time out of study hall in the commons, Kevin Murch (12) and Matt Folstad (12) discuss the new leather jackets.

2. Sitting contently in the library, Jenna Perez (10) dreams of sunny days at the beach showing off her other fashions.



2
3. Studying hard in the library, Cody Hoglund (10) flashes his unique preppy styles proving he is a "cool dude".



3



2
1. Showing off her unique clock purse and other unique fashion ideas, Rhonda Rustad (12) smiles with pride in the commons.

2. Dreaming silently to herself in the commons, Tracy Blom- berg (12) proves her seniority in fashion know-how to everyone.

Pet peeves make WFHS students ticked

Cozy couples cuddle in corners, fickle friends act in finicky fashions

"Chomp, chomp, chomp!" A West Fargo High School student chomped noisily on his gum in a quiet study hall.

"Tap! Tap!" Another drummed his fingers on the table.

Outside the room two students, lip-locked, leaned against a locker.

All of these occurrences made WFHS students ticked! Pet peeves ran rampant and most were susceptible to their annoying charms.

Some school activities, such as science labs, led to pet peeves for students.

"The smell of formaldehyde leeching from the very

pores of your hands," commented Kristie Misheski (11).

Occasionally, it was not something, but someone that ticked people off.

"People who lead you on and then dump you ... Part-time friends, aren't they wonderful!"

"Sophomores!!!" exclaimed Kristie and Ericka Harrold (11).

"Extremely immature sophomore guys," added John Hahn (12).

Anna Rausch (10) rebutted,

"Juniors being mean to sophomores."

Though in those instances it was a large group of people that became pet peeves, more often it was a minority.

Jeanne Gregoire (10) and Christel McNamara (11) took offense at "mousy people in the halls", referring to cozy couples cuddling in dark corners.

"People who lead you on and then dump you — it

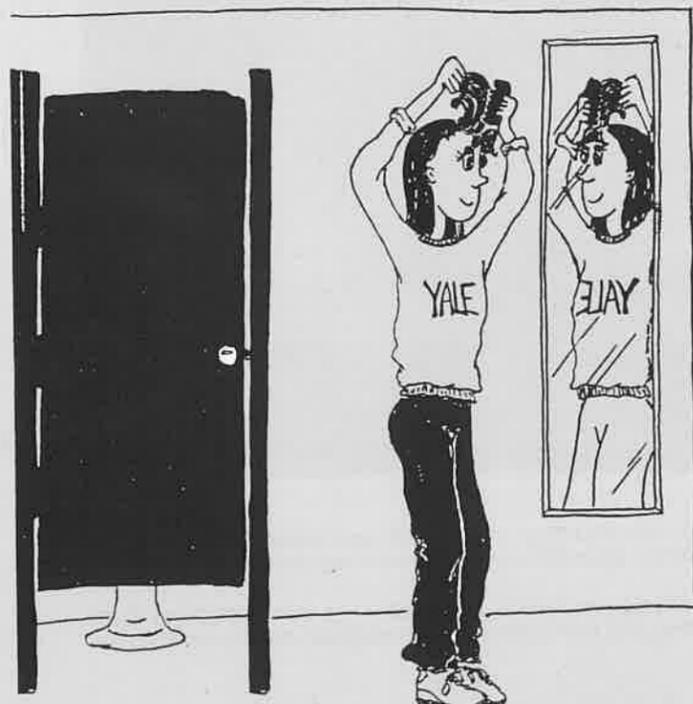
bothers the @!?!# out of me. One day they are your best friends and the next day you aren't worth diddly-squat to them. Part-time friends, aren't they wonderful!" commented Jason Loney (12) on his pet peeve.

Other common pet peeves among high school students were people who double parked in parking lots and girls who wore hairdos that stuck three feet into the air. Also, the screech of another's fingernails on the chalkboard forever remained irritating to some. Whether it was a person, place or thing, pet peeves infuriated, annoyed or just plain angered students!
By Michele Willman



1. An uncaring student knowingly double parks his car in the student parking lot preventing others from utilizing the space.

2. A familiar scene at West Fargo, crowded halls sometimes prevent students from being at their intended destination on time.



1. With bubble gum dangling from her index finger, Angie Schmidt (10) takes the spotlight from the teacher in class.



3. "Who me?" Shellee Riness (12) questions innocently as Mrs. Mary Soehren refers to the untidy library shelf.

1. Sharing an inspirational moment, Jeff Townsend (12) and Shawn Schmidt (12) compare ideas for Friday night's outing.



2. During the senior class meeting on the first day of school, many students gather around in groups with their friends.



1. During a class trip to the library, Jamie Anderson (10), Joseph Best (10), Carisa Stadick (10), Jim McKinnon (10) and Sara Ramsett (10) hold a group study session while trying to find topics to write their papers on.

2. Anxiously awaiting work time on a new art project, Chris Slusher (11), Chad Jacobsen (11) and Troy Loberg (11) listen to the instructions and share their creative ideas with one another.



2 Trends show a move towards having many best friends versus only one

Friends bring comfort in times of need

Most people need friends to get by in their everyday lives. According to a survey of the students at West Fargo High School, a majority of them said they prefer to have more than one best friend.

"I prefer more than one best friend, because I can tell each one different things," said Reile Bartholomay (10).

Some people liked having a number of best friends as a means of convenience.

"I prefer more, in case one of them is tied up at

a moment of need, I can always turn to another," stated Chad Satrom (11).

On the other hand, several students felt that it is

"In my mind there is no such thing as a best friend...only friends."

more important to have many good friends than to have a best friend.

"In my mind there is no such thing as a best friend. There are only friends," commented Dan VanEngelenhoven

(10). Most of the characteristics students look for in a friend are honesty, loyalty, sense of humor, un-

derstanding and compassion. Therefore, friends play an important role in almost everyone's life.

"My friends influence me the most and help me get through things and

make decisions," said Amy Møker (11).

The most common values the students put before their friends were family, church and themselves. Despite this, many rated their friends at the top because they relied on their friends for advice and help.

"On a scale of 1-10, I would rate my friendships at 10," commented Hilary Brend (12), "because if you have good friends, even bad days aren't so bad!"

By Dawn Vail



3. Friends Pam Rudolph (11) and Penny Rogne (11) relax after an excruciating workout in phy. ed.

4. Before school, Nickie Ziegler (10) curls Teri Hoffart's (10) hair in the bathroom in an effort to get it to look 'just right'.

Express Yourself!

Almost everyone, at one time or another, has felt the need to express himself. While most people communicate through conversation, some students have found additional methods of communication.

Writing can be used to express one's feelings.

"After listening to people dictate to me and telling

me what to do all day, writing is a way to let all my emotions out," said Jeff Townsend (12).

In addition to writing, art can also provide a means of communication.

"People express themselves in many ways. I express myself through my art. I draw how I feel, just as others may act or play

sports to express their feelings," said Angie Amundson (12).

A group of sophomores from WFHS have found a different way to express themselves. Dave Schacher, Jason Lilleboe, Jesse Schmidt and Josh Amundson decided to combine their musical talent together to form the band STATIC.

By Jennifer King



1. Drumming up attention at WFHS, Dave Schacher (10), Jason Lilleboe (10), Jesse Schmidt (10) and Josh Amundson (10) combine musical talents to form the new band STATIC.

Vultures

Vultures! Why do you horridly scream
 Frothing with suspicion and selfishness
 Loathing above with vicious intentions
 Snapping your jaws of sovereignty
 Engulfing every poor soul you deceive
 Leaping the bounds of trust and goodwill
 Locking the door to compassion
 Your wings of cold-heartedness
 enable you to climb above others
 Kicking, snapping, and scratching
 your way to the mountain's peak
 Many you hurt with infectious blows
 Once atop you fight all else off
 inflaming the world with your infamy
 Tell me vultures, how do you live
 When you know the consequences
 which demoralize our society
 yet you perseverantly attack for gain
 I ask you to reconsider your doings
 and change for common fate's sake
 and uplift other's rights of dignity
 feelings and reason to experience
 life's pleasurable offerings too
 Stop! and rethink your hasty inhabitation
 and discover the true definition of life
 before the world is paralyzed with
 undeserved dictatorships and you
 will sit perched upon your mountain
 isolated in silent loneliness
 and the creeping creature of death
 will lurk upon you forever
 By Jeff Townsend



Dark Corridor of Fear

The night was cold and stormy, and the air had a certain aroma which pushed shivers up my spine. In the presence of an eerie sounding wind which moved anything and everything, I was making my way up the steep incline which led to the front door.

I had never seen a place as large and as creepy looking as the estate which I was now encountering. For some reason, there was no color to life; everything was in shades of black and white. This charming characteristic made my blood pump quickly through my body, and the hair on the back of my neck began to stand straight up. As I approached the door, the wind howled once again, almost warning me not to go in.

As I turned the large brass handle, the door slowly creaked open, breaking the sounds of the night in half. Slowly, cautiously, I stepped in, greeting myself as if I were the host of the party. After taking two small steps in the door, I had to hesitate, look into the darkness of the house and wonder if it was really worth it. Grasping my flashlight in my right hand, I turned it on and surveyed the estate. In front of my eyes, a long dark corridor was highlighted by the short beam of my flashlight. On both sides of this narrow hallway, the doors were closed at the moment, and my mind raced to the worst conclusions as I began to walk past each one. I just knew something was going to pop out, or suck me in behind one of the mysterious doorways.

I still could not see my destination, which was located at the far end of the hall. As I continued to walk, I felt my nerves tightening with every step. My bones began to shake, and my heart increased its tempo as I crept down the dark, dreary hall. There was a feeling inside me. It was as definite as the bass drum beat of a Soussa March. I was sure that if there was anyone in the place, his pulse would be recorded. It would practically shake the walls as I walked by.

Ah, I could now see my destination not too far off. There was a set of large, wooden double doors ending the path I had been walking. It seemed like I had been there for hours, days, and I was beginning to feel the fatigue from my journey. Why would they have wanted me to go to this room, and just for a few pictures? It's too dark. I wondered if they thought I was going to capture those ghosts and goblins on film. Some people are so crazy. If they only knew what I was going through, I was sure they wouldn't ask me to go again.

As I began to push the doors open, a mysterious and surprising force pulled the doors wide open. A light suddenly filled the room.

"Surprise!"

I forgot all about it. It was my birthday, and I didn't even remember. Wow! Everyone from the office was there, and they remembered.

Suddenly, the doors closed abruptly by themselves. Everyone stopped and looked at the doors. That was when the lights went out and our adventure began. I really did love the old hotel at the top of the hill. It brought the word "fear" into the vocabularies of all.

By Jason Loney

Students fall into procrastination trap

Everything from doing homework to washing cars tends to be saved for later

Can anyone honestly say he has never put off shopping for those last minute Christmas presents, taking out the smelly garbage or studying for that dreaded test? Waiting until the last minute to do some of these unpleasant tasks plagues students and faculty alike and can be summed up with one word — procrastination.

Most students agree they tend to procrastinate doing their homework. Whether it is finishing a

math assignment or typing a major paper, it is often set aside until the last possible moment.

"I always leave my

"I have a way of 'forgetting' to tell my parents where I am going..."

homework until it is too late. I usually end up trying to finish it during my other classes," said Pam Freedland (12).

Students are not the only

ones who put off doing school work. Some teachers are also guilty.

"Putting my desk in order takes me forever, be-

cause it's tough going through all the papers and deciding which ones to throw away," stated Mrs. Alicia Beta.

Procrastination not only

exists in school, but also at home.

"I have a way of 'forgetting' to tell my parents where I am going until I am walking out the door; then they can't ask me a whole bunch of questions!" said Wanda Jenner (12).

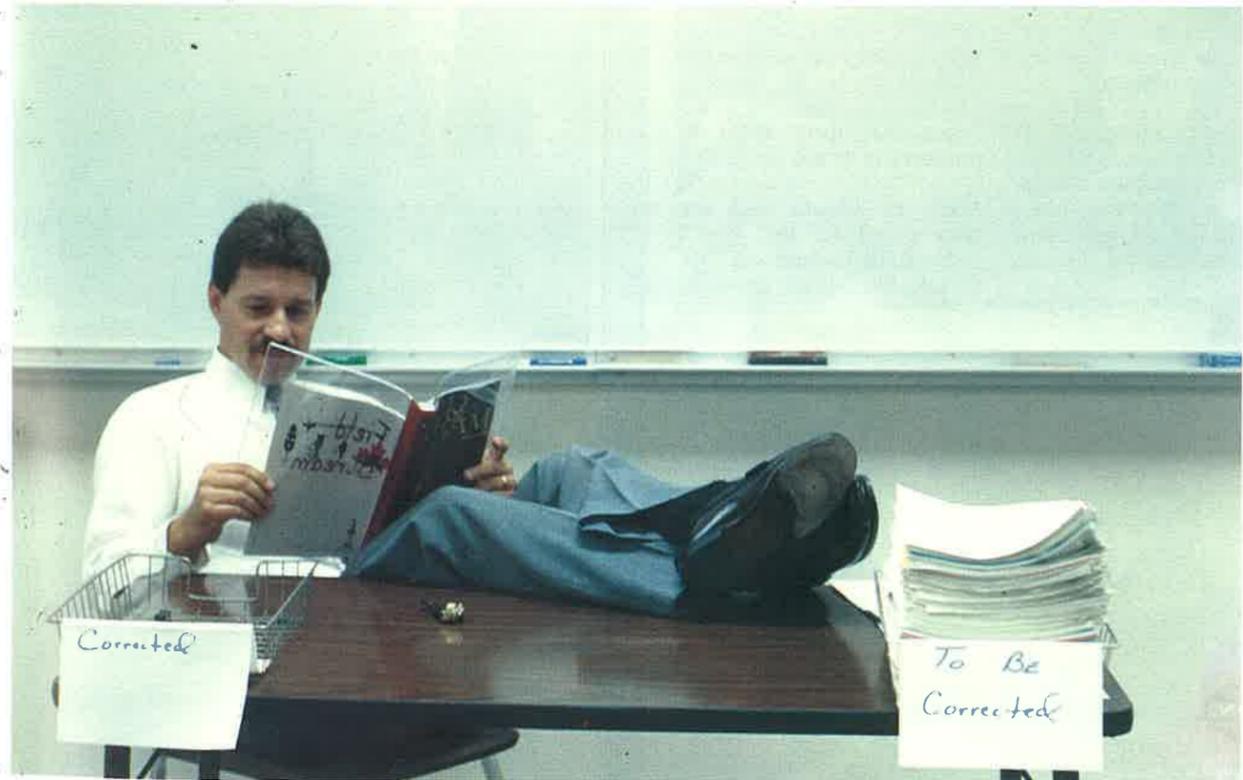
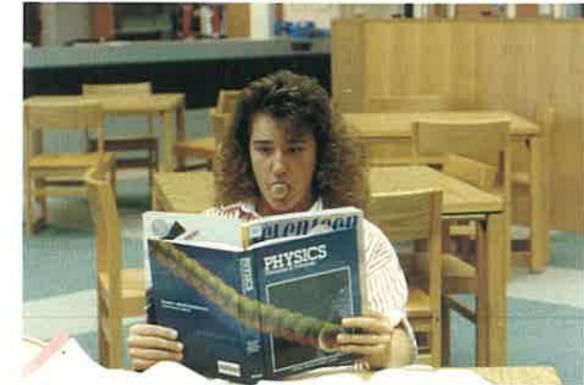
Even though most people are slowed down at one time or another because of procrastination, it may help to keep one idea in mind: It's better late than never.

By Jennifer King



1. Waiting for the bell to ring, Colleen Woolery (10) and Tara McDaniel (10) take a break from their homework.

2. Pretending to study physics, Jodi Worrel (12) entertains herself by reading a magazine.



3. Taking time to kick back and relax, Mr. Robert Kaspari avoids the growing pile of uncorrected papers.



1. During a study hall in the commons, Brooke Richard (10) daydreams while her geometry book stands by.

2. While listening to their alibi, Mr. Gary Clark assigns Amy Rost (11) and Mindi Zimney (11) to detention.



2

Homecoming ceremonies dazzle students

Crowning creates moments to last forever in the minds of the royalty court

"Homecoming made my senior year memorable, and I couldn't be happier for Alicia!" Bree Duval (12), a Homecoming attendant, recounted the excitement of Sept. 18, when Alicia Cheney (12) was crowned Homecoming queen.

"Moments that last forever" was the theme of the coronation ceremony. Kelly Mortensen (12) and Jenny Schmidt (12) were the speakers. University of North Dakota freshman Lia Lubben returned to West Fargo to relinquish her crown. She first crowned Jesse Schmidt (12) Homecoming king, then he turned to the new queen who recounted the moment.

"It's hard to remember; it happened so fast. I was so nervous and excited details don't come to mind, but I feel honored to represent the school," said Queen Alicia.

The golden memories will be bittersweet when seniors grow nostalgic.

Attendant Wendy Schock (12) commented, "It's scary to think this is our last year and the end of so many wonderful things. It was really fun." She concluded, "I'll cherish the feeling of

conscious reaction and admitted he loved the attention.

"Those girls who didn't give me a hug can come and get one anytime," he laughed.

The king candidates all considered their relationships with each other to be good

A senior sextet performed Bette Midler's hit single "Wind Beneath My Wings". By the reaction of the crowd, it was a song befitting the special moment. By Stephanie Blow

"Lots of people told me they voted for me, but I didn't think I would win."

being a candidate, and I congratulate Jesse and Alicia."

Jesse joked about all the attention the event lent him.

"Lots of people told me they voted for me, but I didn't think I would win." He shook his initial self-con-

ones. When Shawn Benser (12) thinks of Lance Belisle (12), Stuart Campbell (12), Jason Kujanson (12) and Jesse, he thinks of friends.

Besides Queen Alicia and attendants Bree and Wendy, Doni Jo Ramberg (12) and Tonia Ronning (12) completed the Royal Court.



1. The 1989 Homecoming court consisted of the following seniors: Stuart Campbell, Jason Kujanson, Lance Belisle, Shawn Benser, Jesse Schmidt, Alicia Cheney, Doni Jo Ramberg, Tonia Ronning, Bree Duval and Wendy Schock.

2. Speakers for the ceremony, Jenny Schmidt (12) and Kelly Mortensen (12), announce the candidates.



1. A sextet consisting of Wayne LeMier (12), Jay Schroeder (12), Jason Nettum (12), Malynda Olson (12), Carrie Severtson (12) and Jana Baumann (12) entertains the crowd with the song "Wind Beneath My Wings" before the crowning of the Homecoming royalty.

2. Beaming in the spotlight after being crowned, Alicia Cheney (12) and Jesse Schmidt (12) treasure the moment.



3. Emotions are high as King Jesse Schmidt crowns Queen Alicia Cheney.



2

1. Quarterback Ryan Rued (11) "pitches the ball" to a teammate during the annual Homecoming football game.

2. At the Homecoming dance, Kelly Mortensen (12) and Toni Hoag (12) "get down" to the beat of Accomplice.

3. While performing at the Homecoming pep rally, the Packatahnas and the Football cheerleaders lift the spirit of the players and the crowd.



3



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1. During the Powder Puff game, Pam Rudolph (11) assists the junior team by running for a touchdown.

2. "We've got spirit!" While cheering on the senior girls, Powder Puff cheerleader Jeff Townsend (12) prepares for the next cheer.



2

West Fargo High returns to Woodstock

Students demonstrate spirit through participation in Homecoming events

Homecoming '89 zipped into action as students took part in the week's events. These events consisted of senior toga day/junior and sophomore dress-up day, college logo day, jersey day, return to Woodstock day and green and white day. Prizes were awarded for the most creative outfits. Clad in their "groovy" attire, Amanda Mehlhoff (12) and Shawn Benser (12) received the awards for Woodstock day. With

an oversized hat, Toni Hoag (12) received the award for green and white day.

week was the junior and senior Powder Puff game. With four touchdowns, the seniors were victori-

ous over the juniors with a final score of 28-12.

"It was the hat that won it for me; I owe it all to Sue Dubois."

"It was the hat that won it for me; I owe it all to Sue Dubois," recalled Toni.

"We put lots of time and effort into practice and we were confident that

we would win," said Nikki Chapek (12). Students added to the Packer festivities by attending the Homecoming football game. The Packers were defeated in a close game against Jamestown with a score of 7-6.

The week ended when students had an opportunity to jam to the band Accomplice at the Homecoming dance.

By Greg Wymer



SPORTS

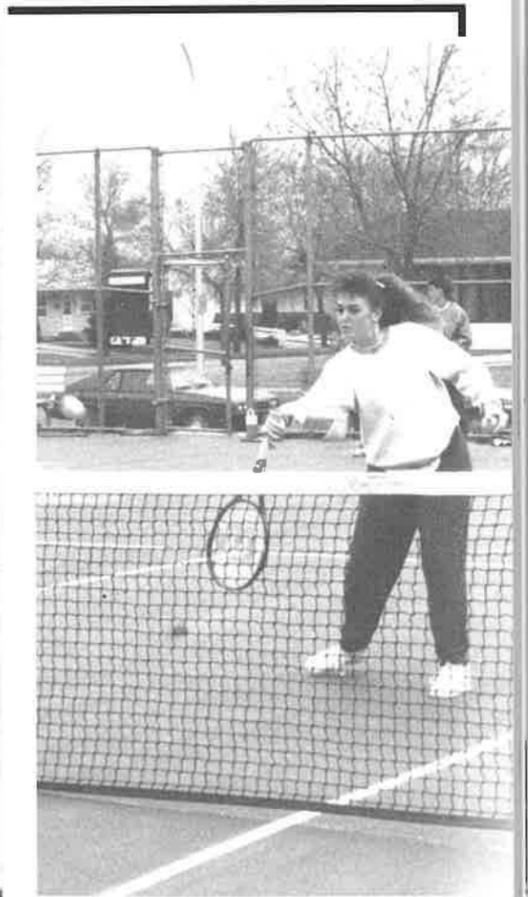
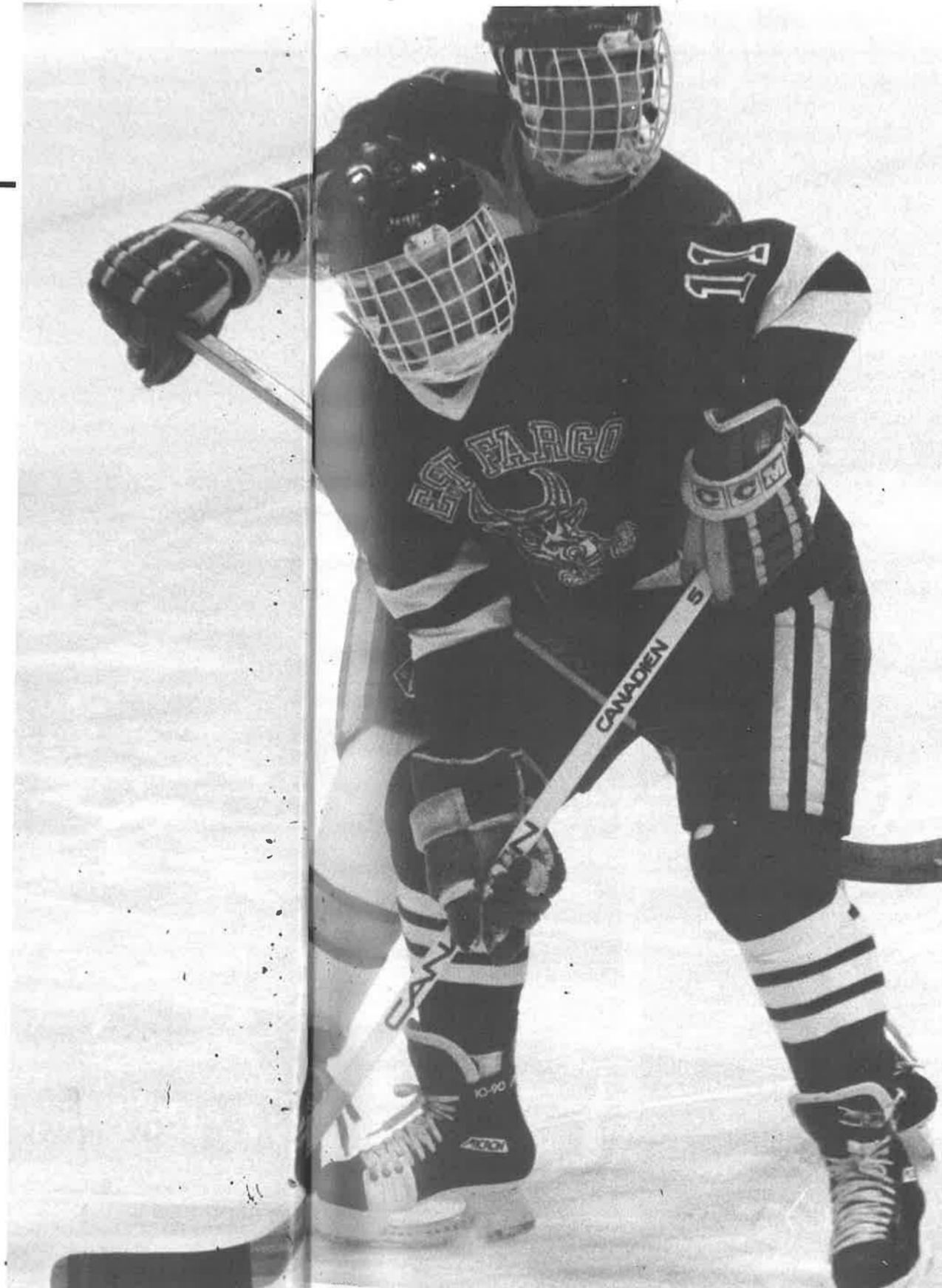
Run with the pack

How did sports make an impact on the year?

"Track really helped me to meet new people, and it made my senior year fly by very quickly." — Keri Rosene (12)

"The 1989 Boys' Cross Country team brought home the State Championship for the first time in West Fargo's history which really had an impact on the school." — Greg Wymer (11)

"Wrestling helps make school interesting — and even fun at times!" — Shannon Myogeto (12)



1. On a cold day at tennis practice, Jamie Lund (12) volleys with her partner to prepare for the upcoming tennis match.
2. During a hockey game against Shanley, Brooks Clemenson (11) waits for his teammate to pass him the puck.



Row 1: Manager Mindy Yanish, Wendy Schock, Toni Hoag, Tracy Blomberg, Robin Mullenberg, Doni Jo Ramberg and Manager Beth Heier. Row 2: Coach Collette Folstad, Tara McDaniel, Nikki Kirchen, Sue Smith, Beth Danielson, Alexia Larsen, Brooke Richard, Melanie Jones, Kristen Heiden, Coach Brian Pulczynski and Coach Heidi Ihry.

Confidence stands tall on the court

Girls' basketball players, coach work hard to pull team together through tough times on playing court during season

Girls' Basketball

Opponent	Results: We/They
Mandan	59/67
Bismarck St. Mary	31/64
Central	39/63
South	30/56
Shanley	44/82
North	40/63
Jamestown	49/56
Valley City	53/52
Wahpeton	44/65
Red River	33/68
Central	51/73
South	29/62
North	35/67
Valley City	62/52
Jamestown	39/38
Red River	34/76
Wahpeton	34/77
Shanley	34/77
North	34/62

Competition and strategic planning were all part of the game of basketball. Winning and losing also played a big part. The West Fargo girls realized that winning wasn't everything.

"I love the competition of the game. The best thing about the team is that we never gave up, and we always seemed to work harder," commented Tara McDaniel (10).

The Eastern Dakota Conference tournament determined what teams attended state competition in Minot. Fargo North, Fargo South,

Valley City, Wahpeton, Shanley, G.F. Red River, G.F. Central and West Fargo all competed at EDC. They fell short at EDC; therefore, state competition wasn't reached.

Coaching the pack this year was Ms. Collette Folstad. It was her third year of coaching.

"The coach never gave up on us. She always wanted us to do our best each time," said Tara.

Other players also agreed that Folstad was a helpful coach.

"Coach Folstad was very caring. She was really interested in bringing the younger kids into our basketball program," stated Nikki Kirchen (11).

This year's team was a young one. Even though the Packers did not escape the court in victory, confidence stood tall.

"I think that when the sophomores are seniors they are going to make it to state," commented Brook Richards (10).

By Tanya Kellerman

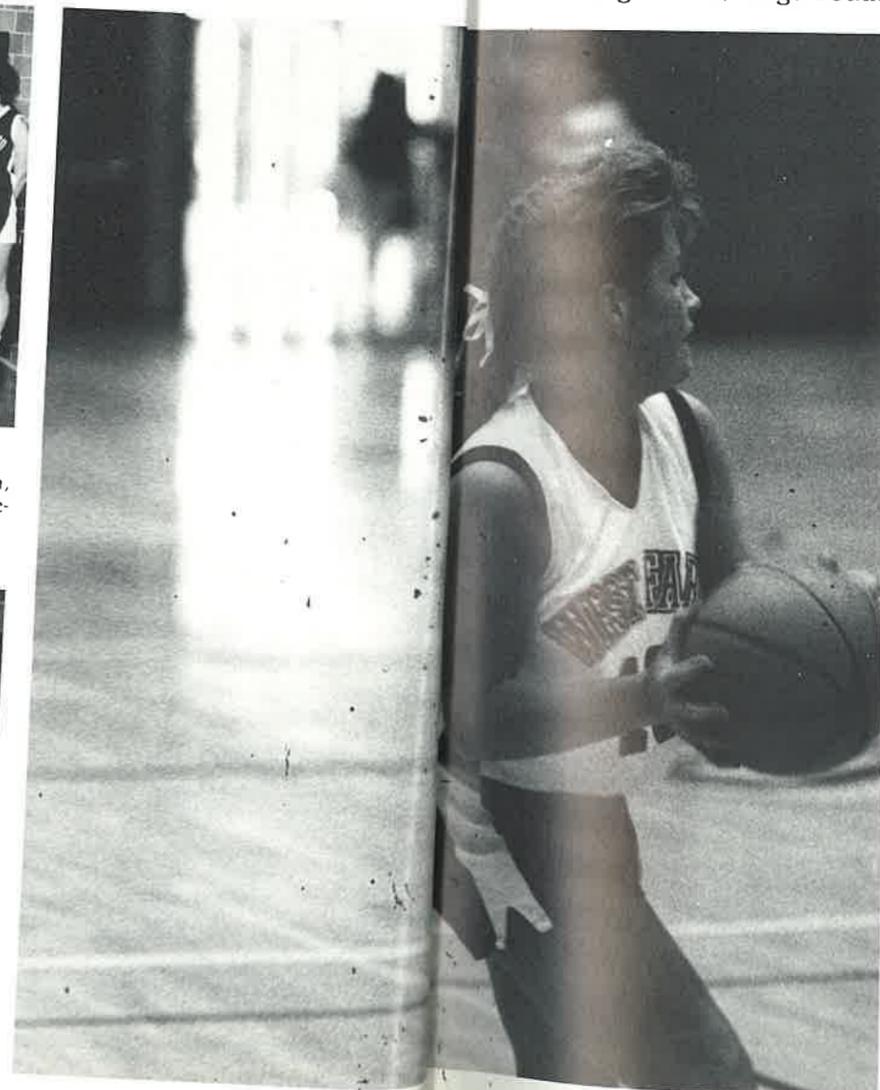


J.V.: Coach Heidi Ihry, Teresa Sachow, Kari DuBois, Lisa Feland, Jenny Galt, Sue Smith, Beth Danielson, Shelby Zander, Melanie Jones, Angie Odden, Kristen Heiden, Carrie Stangeland and Denise Gothberg.



Sophomore: Jenny Trottier, Kari DuBois, Carrie Stangeland, Jenaah McLeod, Coach Brian Pulczynski, Shelby Zander, Rachel Nerby, Heather Olson and Michelle Balfour.

20-Girls' Basketball



1. Dribbling down the court, Robin Mullenberg (12) heads towards the basket.
2. Fighting off the other team's defense, Tracy Blomberg (12) waits for the ball.
3. With concentration, Doni Jo Ramberg (12) looks for an open teammate to pass the ball to in hopes of scoring a point.

1. At an emotional moment, Shane Tibiatowski (12) explains to Greg Wymer (11) why he feels Coach Grooters deserves the Coach of the Year Award.
2. Stretching toward the finish line, Keri Rosene (12) hopes for success.
3. Graciously accepting the cross-country trophies, Shane Tibiatowski (12) shines with triumph.



2



3



1



1. During a cross country meet, Tim Engelstad (11), Shane Tibiatowski (12) and Greg Wymer (11) lead the pack.



2. Anxiously waiting to be announced, Keri Rosene (12), Wanda Jenner (12) and Stacy Burckhard (12) stand up while remembering the girls' 4th place finish in the State meet.

Boys' cross country team brings home state

Grooters receives Coach of the Year for 1989 cross country season

The boys' cross country team took the first cross country State Championship in the history of West Fargo. In addition, the girls' team received an unexpected fourth place and surprised many people at the state meet. However, before state the boys took a disappointing second place in the Eastern Dakota Conference Championship to Jamestown.

"The EDC championship meet was one of the most disappointing, if not the most disappointing meet of the season. We were so confident that we would win, but if we won, it would have made Jamestown come after us harder at State," said

Tim Engelstad (11)

The girls' fourth place finish not only pleased the team, but also the coach.

"I really thought the girls had a good chance to surprise a few teams at the end of the season, and that's exactly what happened. I thought the field of runners this year for the girls was a lot stronger than it was last year, so I feel that we had a rather good season," said Coach Grooters

In addition to being the State Champions, the boys' team won all but five meets throughout the sea-

son.

"It was no accident that we won the state championship, especially when you win it by 37 points. It's usually a given that when you put your top five runners in the top twenty you're going to win," said Shane Tibiatowski (12).

Along with the boys' state title Coach Grooters brought home a new title, Coach of the Year. A reception was held for the State Champs at West Fargo high to congratulate the Coach and the team for a job well done.

By Greg Wymer

Cross Country-23



1st row: Tammy Stockert, Michelle Vanyo, Debbie Roth, Wanda Jenner, Dawn LeDoux, Sue Buckley, Christa Stelmachuk, Shelby Murphy, Crista Wells and Robyn Orson. 2nd row: Keri Rosene, Maria LaCroix, Dominic Murek, Eric Sustad, Garrett Zetocha, Pat Juergensen, Corey Yanish, Kris Ann Martin and Stacy Burckhard. 3rd row: Eric Lee, Randy Marquart, Ricky Marquart, Neal Tareski, Shane Hoag, Jason Malusky, David Zimmerman and Greg Wymer. 4th row: Coach John Tomaszewski, Tim Engelstad, Damon Wagner, Shane Tibiatowski, Joe Spier, Greg Yanish, Curt Yanish and Greg Normandin.

Cross Country

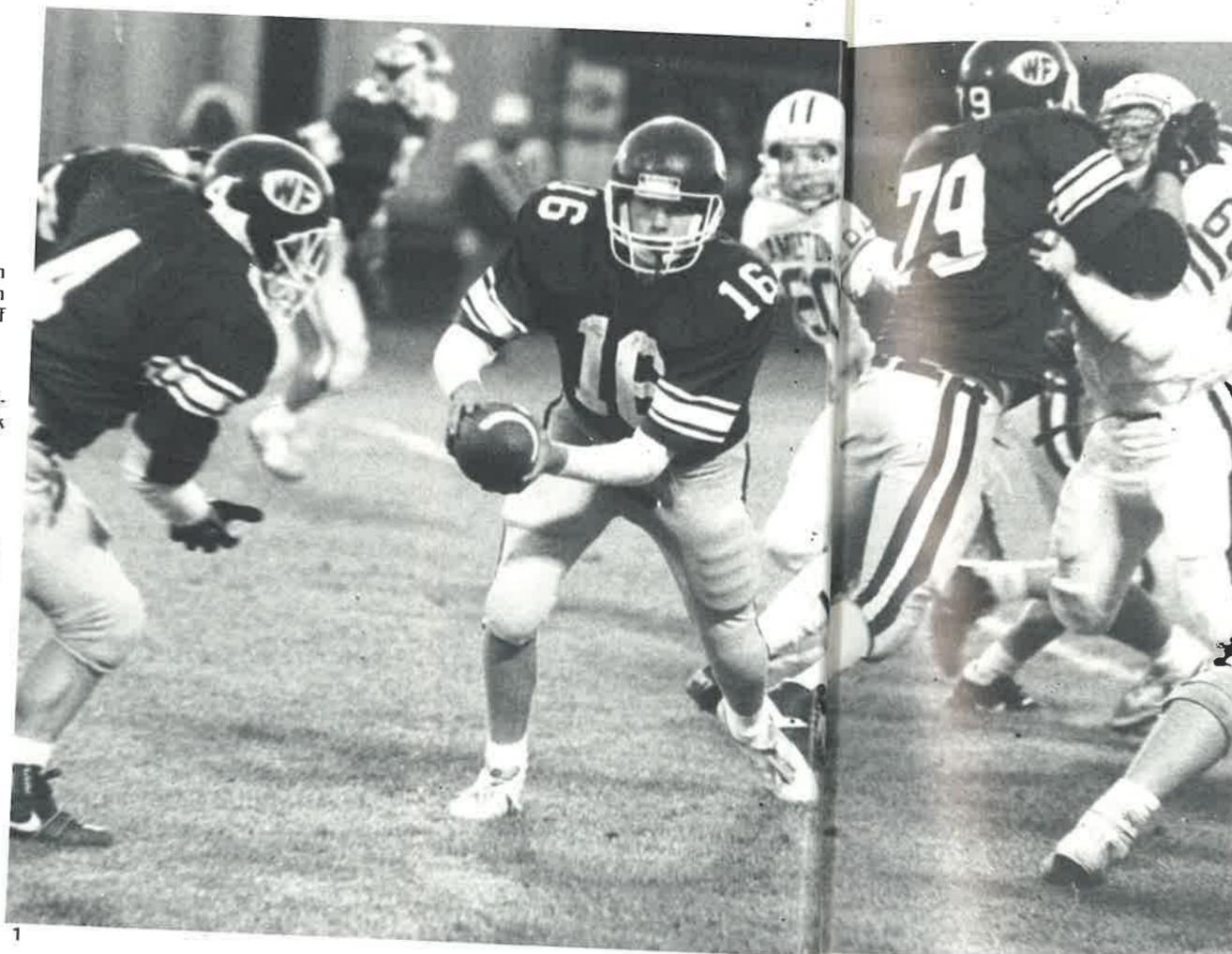
Opponent	Results: Girls/Boys
Jamestown	8th/5th
Moorhead	7th/4th
Duals	1-2/3-0
Valley City	5th/1st
Duals	1-2/3-0
Duals	2-0/3-0
Bismarck	7th/7th
Duals	2-0/3-0
Alexandria	17th/7th
Grand Forks	1st/1st
EDC	2nd/2nd
State Meet	4th/1st

1. Ryan Rued (11) hands off to Chad Mangin (10), while Scott Anderson (12) blocks an opposing player to make the hand off possible.

2. As Keven Kercher (12) tackles an opposing player, Jerry Hudson (12) and Kirk Golliet (12) rush forward to aid him.



2



1



1

1. In a game against the Bismarck Demons, Brad Jacobson (11) goes for the tackle as the crowd supports his actions.



1st row: Scott Simley, Nathan Jerstad, ElRoy Schmidt, Jason Erickson and Chad Mangin. 2nd row: Jason Witt, Travis Roehrich, LeRoy Schmidt, Sam Fett, Cory Borkenhagen and Scott Thuen. 3rd row: Jeremy Meyer, Lewis Schwartz, Matt Brostrom, Jason Hagemeister and Tracy Jacobson. 4th row: Coach Richard Cwikla, Jeff Fuchs, Pete Johnson, Scott Kent, Damon Larson and Coach Mike Stratton.

WF football players overcome adversity

Olson becomes new head football coach: Stresses having fun, working hard

"The 1989 football team faced adversity, but overcame it and became a better team. That strength will help us in 1990," commented head coach Darrell Olson.

One of the biggest heartbreaks for the players and the fans was losing the homecoming game to Jamestown by one point.

"Wins and losses did not show the improvement and hard work of the coaches and players," commented quarterback Darin Peterson (12).

The team entered the season with the signing of the new head coach, Mr. Darrell Olson. Olson, like the other coaches, stressed that the players have fun while playing, along with working hard and trying their best. The other coaches were Mr. Tim Scully, Mr. Mike Stratton, Mr. Richard Cwikla and Mr. Greg Willis. The team captains were Dean Kraft (12), Keven Kercher (12), Shawn Benser (12) and Van Johnson (12).

"Coach Olson is a good coach who

knows what he is doing and enjoys it," stated offensive tackle and defensive nose guard, Scott Anderson (12).

During the off-season, the football players stay in shape by working out in the weight room to get pumped up for the next season.

By Cory Borkenhagen

Football Scores

Opponent	Results: We/They
Mandan	6/33
Bismarck	0/20
Shanley	0/24
G.F. Red River	6/65
Jamestown	6/7
North	12/33
G.F. Central	0/20
South	0/40



1st row: Keven Kercher, Travis Roehrich, Scott Simley, Jeff Hapala, Chris Hagen, Brad Jacobson, Brooks Clemenson, ElRoy Schmidt, Cory Damm, Jason Erickson, Chad Mangin, Jason Witt and Ryan Reed. 2nd row: Chris Carroll, LeRoy Schmidt, Lewis Schwartz, Shannon Roehrich, Tim Glaser, Perry Sweetin, Jeremy Meyer, Scott Thuen, Nathan Jerstad, Sam Fett, Tracy Jacobson and Trenton Bean. 3rd row: Jerry Hudson, Cory Borkenhagen, Bill Footitt, Jeff Ruhke, Scott Kent, Rob Noyes, Steve Larson, Mark Praska, Matt Brostrom, Jeff Fuchs and Scott Anderson. 4th row: Darin Peterson, Damon Larson, Pete Johnson, Bob Dickman, Dean Kraft, Rich Metcalf, Van Johnson, Jeremy Johnson, Josh Ellis and Shawn Benser. 5th row: Kirk Golliet, Dave VanEngelenhoven, Coach Darrell Olson, Coach Greg Willis, Coach Tim Scully, Coach Rich Cwikla, Coach Mike Stratton, Tim Eli, Clint Schmidt and Jason Hagemeister.

Fans show increasing enthusiasm, support

After three years, soccer team's losing streak screeches to abrupt halt

The 1989 soccer season marked the end of the three year losing streak for the team. The soccer team, under the coaching of Mr. Edgar Mojica, ended its turn-around season with a score of eight wins, eight losses and two tie games. The soccer team finished second place in the Eastern Dakota Conference behind Fargo South, and took fifth place at state.

"It was a good season; it was nice for the players to see an improved turn out of West Fargo fans at these games. It helps the team's spirit when they can look to the sidelines and see people there to cheer them on," stated Mojica.

One of the down sides for the team in

its past seasons was the small turn out of Packer fans at the games.

"I feel that soccer is a growing sport in the Fargo-Moorhead area and soon will be at West Fargo," explained Paul Ostenson (12) concerning soccer's popularity in the area.

At the end of the soccer season, awards were given out to individual players. The rookie of the year award went to Jade Kihle (9). Corey Wikstrom (10) took the award for Best Midfield player. Best Defense went to Brian Burmeister (9). With four goals and four assists on the season, Jamie Hodgson (12) received the award for the best forward. Trent Kujanson (10) was the team's

best winger. The Most Improved Player award went to Eric Kurzweg (10). The team's Most Valuable Player award went to Flavio Gastaldi (12) who had 11 goals and five assists on the season.

After only three years, the coach and players feel the future looks bright for the soccer team.

"I feel the team has a very good future. The majority of the people that helped this '89 team grow will still be around to improve themselves in future seasons," said Mojica.

By Tod P. Koski



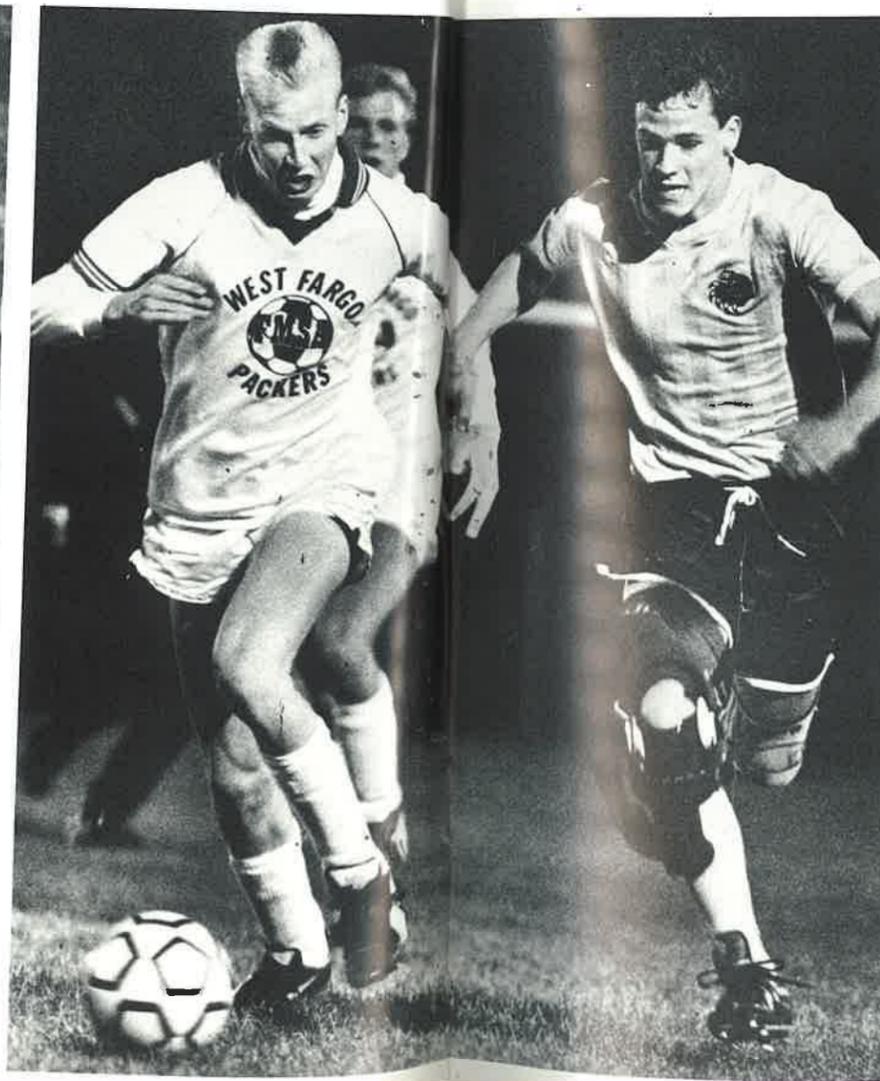
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1. As a Moorhead player comes after him, Flavio Gastaldi (12) prepares to kick the ball.



2

2. Trent Kujanson (10) blocks an opposing player as he goes for the ball.



Boys' Soccer

Opponent	Results: We/They
Fergus Falls	6/1
G.F. Red River	2/2
G.F. Central	3/0
South	1/4
North	0/4
G.F. Central	2/1
G.F. Red River	2/0
Shanley	3/4
Moorhead	1/4
Shanley	3/3
Fergus Falls	7/1
South	0/3
North	5/4

1st row: Juan Hoang, Jade Kihle, Corey Wikstrom, Jason Wadell, Eric Kurzweg, Brian Burmeister, Darin Rohrich and Manager Melanie Rohrich. 2nd row: Ryan Larkin, Jim McKinnon, Trent Kujanson, Paul Ostenson, Todd Pearson, Flavio Gastaldi, Jamie Hodgson, Brent Faul and Coach Edgar Mojica.



1

1. During the middle of a soccer game, Paul Ostenson (12) and Coach Edgar Mojica help Todd Pearson (12) off the field after an injury.

2. As an opposing player attempts to make a steal, Todd Pearson (12) charges towards the ball.



Front row: Tehar Bauman, Karla Weeding and Rhonda Rustad. Back row: Kim Freiheit, Trina Hennen and Coach Janelle Schumacher.

Girls' Golf

Opponent	Results
West Fargo	7th
Fargo North	7th
Fargo South	7th
Wahpeton	7th
Jamestown	7th
G.F. Red River	7th
G.F. Central	7th
Shanley	7th

Students and coach inspire each other

'The expectations for next year are favorable,' predicts Coach Schumacher

For the fifth year in a row, Mrs. Janelle Schumacher coached the girls' golf team. Many of the golfers were encouraged by Schumacher.

"We had a great golf team this year. Everyone was improving every time they golfed, and as a team, we really pulled together, said Rhonda Rustad (12). "Mrs. Schumacher had a lot of faith in all of us, and it really encouraged us to try harder," she added.

The girls' golf team was a fairly new

group of golfers. The team consisted of three returning seniors including "Most Valuable" Trina Hennen; three sophomores including "Rookie of the year" Karla Weeding; one freshman; and one eighth grader. With such a young team, the coach was optimistic about the future, because a considerable number of golfers will be returning.

"Next year I have six returning players, so there should be a more experienced team. With this year's team scoring the lowest at state,

the expectations for next year are favorable," said Schumacher.

The team started their year with their first meet at Maple River on August 30. The team stayed steady all year with seventh place finishes in all six meets. State was on October 9th and 10th at Oxbow; they finished twelfth.

By Heidi Gust



1. Amy Perez, Tehar Bauman, Jenna Perez (10), Karla Weeding (10), and Colleen Woolery (10) are at their best during their golf team initiation.



2. As she prepares for the next meet, Trina Hennen (12) keeps her eye on the ball during a practice session for golf.

3. Concentrating on aiming towards the hole, Rhonda Rustad (12) lines up to take her shot.

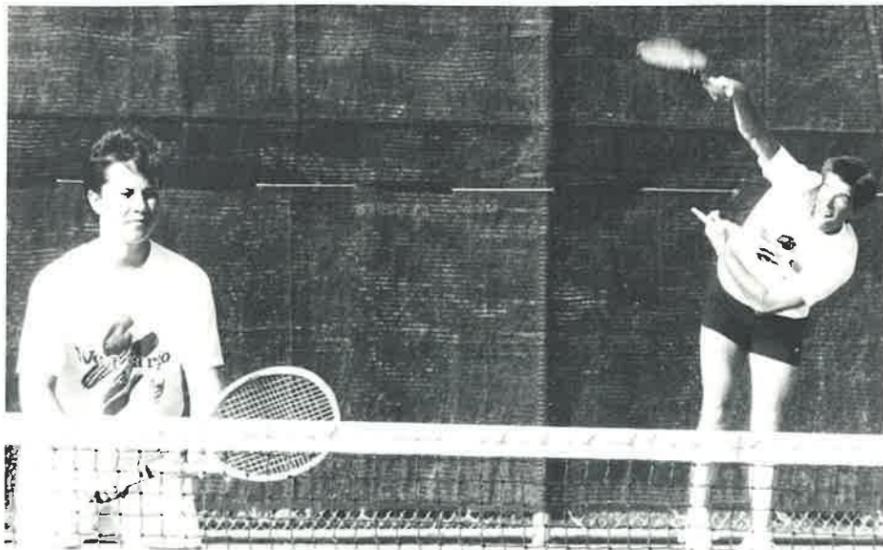


1. As Trina Hennen swings into action, a few spectators watch with anticipation.

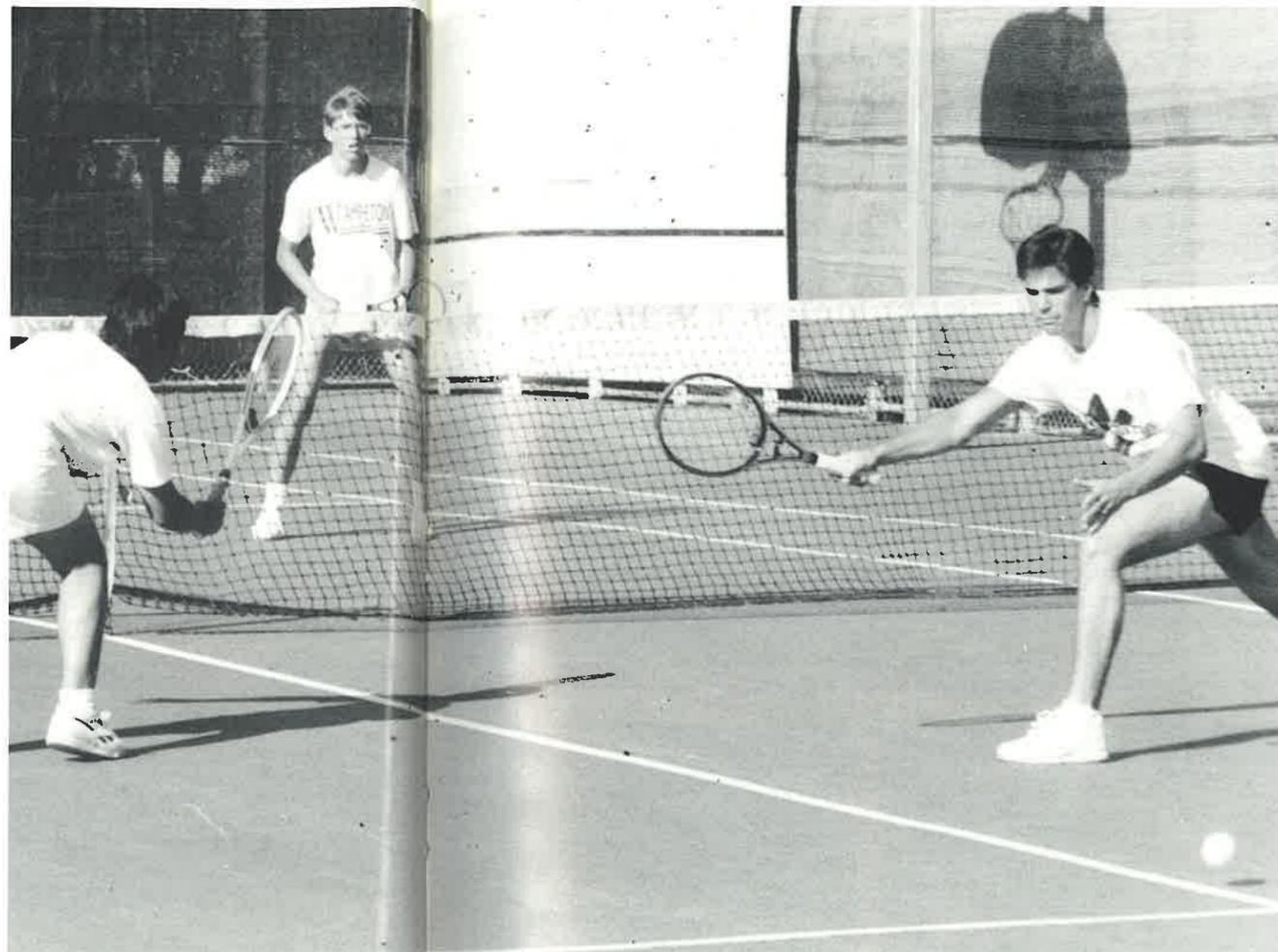


2. In all her glory, Jenna Perez (10) demonstrates how easy it is to be in the lime-light.

1. Striving to win, David Peterson (12) helps out his teammate Dustin Moser (10) by smashing the ball over the net.



2. In a game against Wahpeton, David Peterson reaches for the ball but ends up a little short.



1. Concentrating on the game, Dustin Moser (10) hopes for his serve to go over the net.



Team improves compared to previous years

Team members optimistic about new and up-and-coming season

Although the tennis team only had four seniors this year, they improved in team and individual wins over last year by ending the season with a 2-8 record and finishing seventh in the EDC. The team was coached by Mr. Tim Ness.

The team consisted of twenty-two players who ranged from grades 7-12, and ten of these players lettered: David Peterson (12), Pat Aaberg (12), Chad Olson (12), Jamie Quam (11), Ryan Torgrimson (11), Dustin Moser (10), Kris Olson (10), Garrett Thomte (10), Trevor Wright (10) and Steve Speich (8).

One of the goals of the team was

doing well toward the end of the season.

"Our last four matches of the regular season were the most important of the season, because if we would have won two or three of the four meets we could have probably gone to state," said Dustin Moser, one of the team's captains.

Even though the team improved from the previous season, there was some disappointment.

"The year was a disappointing one, because we didn't live up to our expectations, but there is a lot of up-and-coming talent for the years

to come," commented captain David Peterson.

Another disappointment was the fact that David was unable to play for a while due to a back injury.

With the old players returning and the new prospects next year, most of the team was optimistic about the future.

"We have a lot of good players returning next year, so I think we should improve," said Jamie Quam.

By Cory Borkenhagen

Boys' Tennis	
Opponent	Results: We/They
Valley City	3/6
Fargo South	0/9
Wahpeton	6/3
G.F. Red River	0/9
G.F. Central	2/7
Jamestown	3/6
Fargo Shanley	3/6
Valley City	2/7
Fargo North	0/9
EDC	7th place



Row 1: Toby Eiter, Chris Kelly, Dustin Moser, Shane Webber, Steve Speich, Dave Lubben and Brant Peterson. Row 2: Schane Rudlang, Marcus Scott, Garrett Thomte, Chris Olson, Greg Tuchscherer, David Peterson and Chris Decrahd. Row 3: Chad Olson, Ryan Torgrimson, Trevor Wright, Pat Aaberg, Jamie Quam, Brian Lammer and Coach Tom Ness.

"We were young and short." —Paul Ostenson

Packers remain undefeated in EDC during regular season despite obstacles

"We were young and short. We felt that our strong point would be our speed and our outside shooting," commented Paul Ostenson (12). That was how the 1989-90 Boys' Basketball team expressed their views about themselves at the beginning of the season.

Ryan Torgrimson (11) commented on another obstacle of the team. "The biggest obstacle that we had to overcome was expectations of the press and the fans, and we'll have them again next year."

The team started the season with four straight wins, all of which were by at least eleven points. At the Holiday Tourney held in Fargo the

team won two of the three games, the loss being the first on the season. The team was undefeated in the EDC, and the overall regular season record was 15-1.

At the EDC tournament after losing to Jamestown, the Packers took third place by beating the Fargo North Spartans and the Grand Forks Central Redskins.

At the State Tournament the Packers took fourth place by beating Williston. During the night "Dandy Randy" Torgrimson (9), poured in twenty-nine points including six 3-pointers.

Trenton Bean (11) was named to

the second all-state basketball team for averaging 15.8 points, 4.2 rebounds, 3 assists and 2.5 steals per game for the Packers during the regular season. "It was a wonderful feeling. It will be a good learning experience for me, and I'd like to thank my teammates, coaches and the fans who helped me to work towards this rewarding privilege," remarked Trenton.

Commenting on the overall season, Bill Footitt (12) stated, "It was alot of fun, and we made new and better friends with everyone involved in the program."

By Dirk Kringen

Boys' Basketball	
Opponent	Results: We/They
Fargo South	72/59
Valley City	79/68
G.F. Central	81/64
G.F. Red River	71/50
Moorhead	47/69
Fargo Shanley	71/38
Fargo North	75/60
Jamestown	49/44
Fargo South	61/56
G.F. Central	49/44
G.F. Red River	60/51
Fargo Shanley	73/55
Fargo North	56/48
Wahpeton	102/56
Moorhead	72/70
Jamestown	68/58
EDC TOURNAMENT	
Wahpeton	85/41
Jamestown	49/53
G.F. Central	60/41
Fargo North	61/48
STATE TOURNAMENT	
Williston	75/59
Jamestown	49/59
Fargo South	82/95



Row 1: Debbie Nantt, Brenda Carlson, Randy Torgrimson, Kelly Pulju, Yuri Hoverson, Travis Paeper, Jenny Galt and Teresa Sachow. Row 2: Ryan Torgrimson, Trenton Bean, Mike Birrenkott, Paul Ostenson, Dean Kraft, Bill Footitt, and Chad Mangin.



1. Keeping the ball away from an opponent, Bill Footitt (12) looks for a teammate.
2. "Dandy Randy" Torgrimson (9) gets ready to pass the ball to Dean Kraft (12).
3. Mike Birrenkott (10) towers above his opponents to make a bucket.



Coach Paul Rykken, Travis Paeper, Travis Peterson, Matt Lepird, Yuri Hoverson, Kelly Pulju, Brent Bohner, Matt Lubben, Chad Mangin.



Row 1: Jenny Galt, Scott Johnson, Brian Lammer, Elroy Schmidt, Dustin Zeeb, Teresa Sachow, Coach Raisler. Row 2: Scott Kent, Erik Anderson, Kyle McKinnon, Jason Olson, Doug Wiewoda.

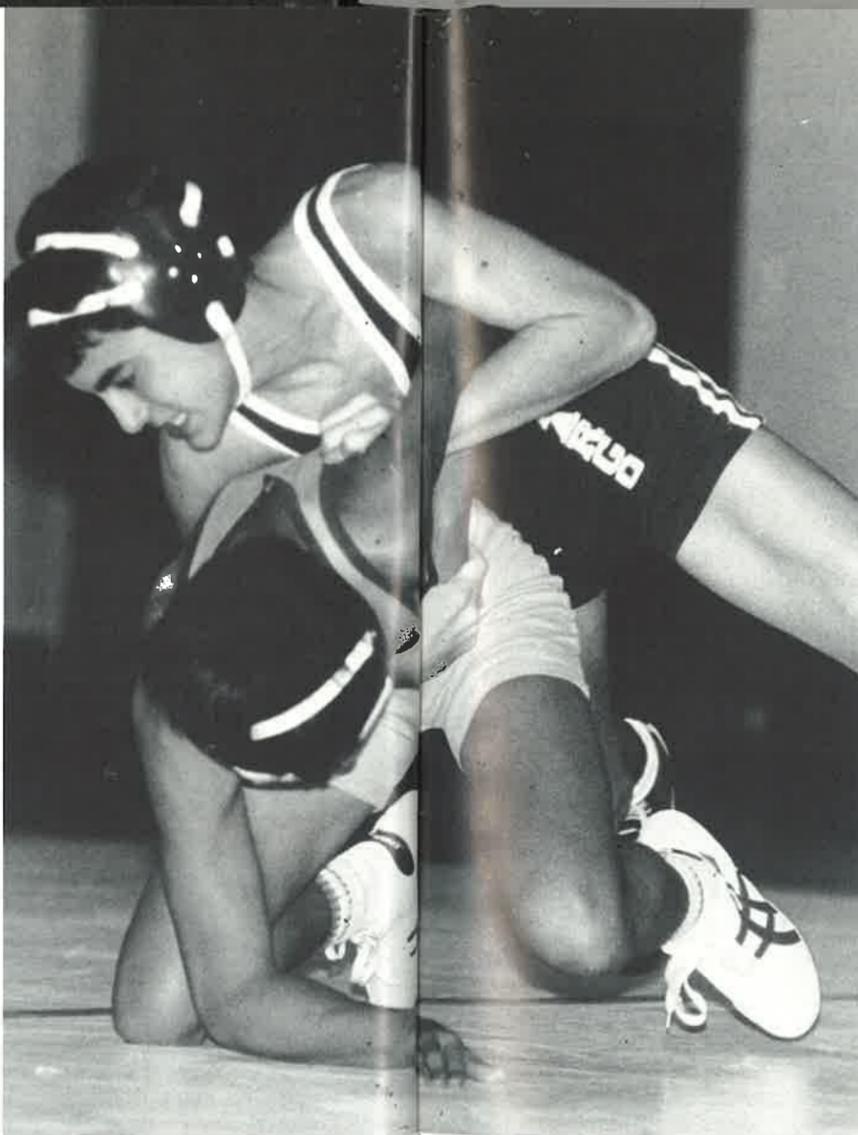
1. Working to win the match, Steven Mack (11) maneuvers his arm in an attempt to pin his opponent.



2. Wrestling team members congratulate Steven Mack (11) after winning a home match.



3. Erik Gunderson (12) and Jason Kujanson (12) relax for a minute at the wrestling banquet.



1. Anticipating his opponents next move, Tony Zich (10) plans his strategy.

2. To prepare for their next meet, brothers Trent Kujanson (10) and Jason Kujanson (12) wrestle each other during practice.



Packer wrestlers grab EDC championship

After 23 years as coach, Joe Welder reaches his 200th win of his career!

It was a year of impacts for the West Fargo wrestling team. With an EDC championship and a sixth place finish at state, Coach Joe Welder was pleased with the season.

"It was a delightful year. It was a really fun year to coach. The kids were enthusiastic, and the season went extremely fast. They even got along with the cheerleaders, which doesn't happen very often!" Welder commented.

The season was made memorable because of other reasons as well. In a win over North, the team handed Welder

his 200th victory of his career.

"It was gratifying to reach a milestone of 200 wins during the season. It makes me contemplate how many years I've been in the business," said Welder.

At the end of the season, Assistant Coach Duane Lura retired after twenty years of coaching. Many wrestlers felt Lura made an impact on Packer wrestling.

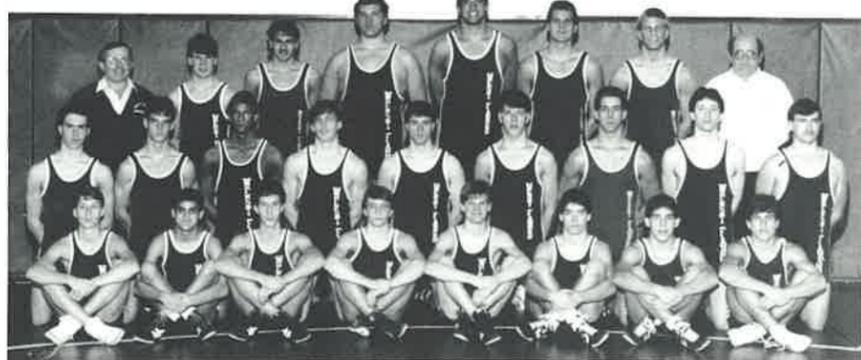
"Wrestling wouldn't have been the same without Coach Lura. Wrestling was a major influence on my senior

year of high school. The coaches were very supportive," said Scott Anderson (12).

Because of the success of the team, Lura felt it was even harder for him to leave.

"It was a good twenty years. It was nice going out winning. Having an EDC championship and a state champion made it hard to retire though!" said Lura.

By Julie Moffett



Row 1: Tony Zich, Steven Mack, Ryan Larkin, Brian Vollmer, Brent Faul, Rob Wagner, Darin Nagel and Marty Ostern. Row 2: Shawn Exner, Chad Ostby, Jason Kujanson, Erik Gunderson, Shawn Schweitzer, Jesse Schmidt, Shannon Myogeto, Chad Low and Chris Carroll. Row 3: Coach Joe Welder, Don Lowe, Jesse Sternitzky, Scott Anderson, Clint Schmidt, Casey Allen, Trent Kujanson and Assistant Coach Duane Lura.

Opponent	Wrestling Results: We/They
Valley City	39/28
Fert/Beltrami	37/28
GF Red River	29/36
Bemidji	28/22
Park Rapids	21/33
GF Red River	36/30
Jamestown	37/23
Fargo North	46/22
GF Red River	32/24
GF Central	50/16
Wahpeton	41/13
Bismarck	17/44
Mandan	9/59
Fargo South	48/24
Moorhead	32/25
Shanley	68/6

D.L. tournament gave players new confidence

Hard work and improved playing skills brought a new outlook to WF hockey

"This year's hockey team changed what people think about West Fargo hockey. We got a lot of respect around the state this year. Our coaches were great, and they really taught us a lot," said Troy Englerth (11).

A new head coach, new attitudes and extra-long practices made the West Fargo hockey team break school records. It also gave them the feeling that they could be winners, while working together as a team.

"At the Detroit Lakes tournament

we realized that we could compete with and beat the quality teams, when we started playing as a team," said David Peterson (12).

Improvement in fundamentals and plays gave the team energy to keep up the pace during games.

"We worked on everything three times as much this year, especially power play, penalty kill and defense zone. We were also in better shape and were always there in the third period. It showed when we took Grand Forks Central into overtime. Even though we lost it was

one of our best games," said Darren Guler (11).

At the beginning of the season, the team set many goals for themselves. Almost all of them were reached, except one. State.

"This year we had several goals that we wanted to reach, like having fun, going to state and having a good win-loss record. Although we didn't reach our biggest goal of going to state, we did reach our main goal of having fun," said David.

By Jodi Olson



2

1. Making a goal for the Packers, #11 Brooks Clemenson (11) gets shoved away from South's goalie.

2. Racing towards the puck, #15 Lance Belisle (12) and Fargo South's #14 try to be the first one there.

3. On the move to stop a flying puck, Darren Guler (11) reaches out to catch it before the opponent.



3



1

Boys' Hockey

Opponent	Results: They/We
Bismarck	2/4
Jamestown	3/4
Fargo North	3/5
Devils Lake	3/5
Bottineau	5/3
Shanley	4/2
Detroit Lakes	3/2
St. Cloud	8/4
Detroit Lakes	4/0
Jamestown	0/3
Grafton	0/6
Fargo South	4/3
GF Red River	1/7
Bismarck	0/6
Detroit Lakes	4/1
Bottineau	5/1
Devils Lake	8/7
GF Central	4/5
Shanley	4/3
Fargo North	1/6
Bismarck	1/6



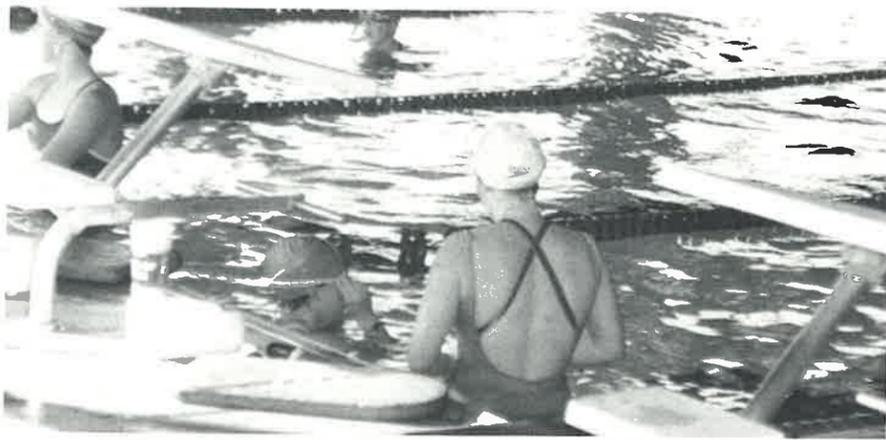
Row 1: Georgiana Knudsen, Shane Tibiatowski, Lance Belisle, Troy Englerth, David Peterson, John Erickson, Marshall Senf, Shawn Benser, Greg Lang, Kyle French, Jocelyn Henderson. Row 2: Scott Holman, Corey Hajek, Eric Lee, Jeff Hapala, Dave Opdahl, John Thompson, Sam Fett, Greg Tuchscherer, Jeff Iverson, Mark Praska, Erik Pier, Brett Anderson, Brooks Clemenson, Darren Guler, Kelly Mortensen, Shawn Scroby.



Row 1: Georgiana Knudsen, Jason Erickson, Perry Sweeten, Colby Benser, Jamie Sherman, Marshall Senf, Todd Bruce, Jason Curfman, Manny Gourde, Sam Fett, Jocelyn Henderson. Row 2: Jeff Iverson, Scott Holman, Brant Peterson, Dustin Moser, Brian Anderson, John Thompson, Erik Pier, Jeff Hapala, Eric Lee, Corey Hajek, Kelly Mortensen, Shawn Scroby.



1. Trying to stuff the puck in the net under the South's goalie, #14 Mark Praska (11) attempts to make the goal for the Packers.



1
1. As they prepare for their next swim meet, the Packer swimmers take a rest during practice after swimming several laps.



2
2. With high hopes for their next meet, the swimmers practice perfecting their swimming techniques while swimming laps.



1. As they practice for the next meet, the swimmers come up for air as Coach Cheryl Shindler and Kaci Fordyce (11) encourage them to swim another lap.

2. Packer swimmer Missy Utley puts on her swimming cap right before she dives into the water.



Row 1: Jennifer Zeis, Jill Bertrand, Amy Hogan, Kelly Grant, Tracy Springer, Shelby Becker and Megan Thiel. Row 2: Valerie Pitt, Julie Engel, Missy Utley, Nichole Lilleboe, Jessica Jendro and Charissa Rohrich. Row 3: Jennifer Hogan, Angie McGuire, Kristi Hummel, Michelle Jendro and Kaci Fordyce. Row 4: Coach Marsha Daul, Trudy Ruff, Teri Bertrand, Coach Cheryl Shindler.

Girls' Swimming Scores

Opponent	Results: We/They
Mandan	52/116
North	26/57
Moorhead	76/96
G.F. Central	48/39
G.F. Red River	51/31
South	75/95
Bismarck	86/86
Detroit Lakes	37/46
Jamestown	79/93
Shanley	103/66

Young members compile majority of team

Girls splash into wet new season and twist for a win at EDC competition

The girls' swim team was a rather young group this year; however, according to Angie McGuire (10), it was not difficult for a person to become involved in diving.

"You have to learn five required dives. The dives are forward, forward-half twist, reverse, back and the inward dive," she explained.

"We have a lot of new swimmers on the team. The members are younger than last year; we only have two swimmers and two divers, Alicia Cheney and Angie McGuire, at the high school level, and all the rest

are from the Middle School. We also did a lot better in duel meets," said Teri Bertrand (11), one of the two high school swimmers.

Angie and Teri decided to join the team for different reasons. Angie joined the swim team because it was suggested to her by her gymnastics coach. Teri joined the swim team because she was on the U.S.S. swim team for eleven years, so she decided to swim for West Fargo High School also.

To be able to be a part of the sport of swimming, all a person had to do

was show up for the practices, work hard and know some of the basic swimming techniques.

The girls' swim team and diving team competed at EDC the weekend of November 10-13, and they tied Bismarck at 86 each.

"At the state tournament everyone was really nervous," said Angie. "A swimmer gains a lot of experience when he goes into a competition like that," she added.

By Angie Schmidt

Boys' swimming team competes for prestige

New coach dives into 1990 season with an attitude for winning and success



Row 1: Gabe Christianson, Randy Olson, Eric Sustad, Shawn Ritter and Sam Jensen. Row 2: Kristi Hummel, Chad Jacobsen, Peder Jerstad, Clint Armstrong, Scott Maseth, Troy Loberg, Shane Hoag, Jason Stumpf, Doug Weivoda and Coach Brian Prochnow. Row 3: Erik Olson, Jerry Hudson, Eric Waagen, Jamie Hodgson, Dianna Campbell and Assistant Coach Patty Donigan.

Boys' Swimming

Opponent	Results
Bismarck Invite	7th
Fergus Falls Invite	6th
Jamestown	Tie
Mandan	2nd
Fosston Invite	7th
Moorhead	2nd
Detroit Lakes	2nd
Fargo North	2nd
Fargo South	2nd
EDC Meet	5th
State Meet	11th

"The team really proved themselves this season. The other teams in the state know now that they can't take West Fargo lightly," commented boys' swimming coach Mr. Brian Prochnow.

This season's team was made up of young swimmers, but according to Prochnow, they improved their skills.

"Our first couple of weeks were slow because of how young the team was, but as the season went on they learned a lot, and you

could tell it," said Prochnow.

The 1989 season marked the first year as coach for Prochnow.

"We had our ups and downs, but we held together as a team, Brian is a good coach," stated Jerry Hudson (12).

At the state meet that was held at Minot on March 1st and 2nd, eight swimmers competed at the tournament. Having eight swimmers qualify for the state meet was one of Prochnow's goals for the year.

"We had a pretty good year considering we had a new coach and he (Prochnow) did a good job with the new swimmers as well as the older swimmers," remarked Clint Armstrong (11).

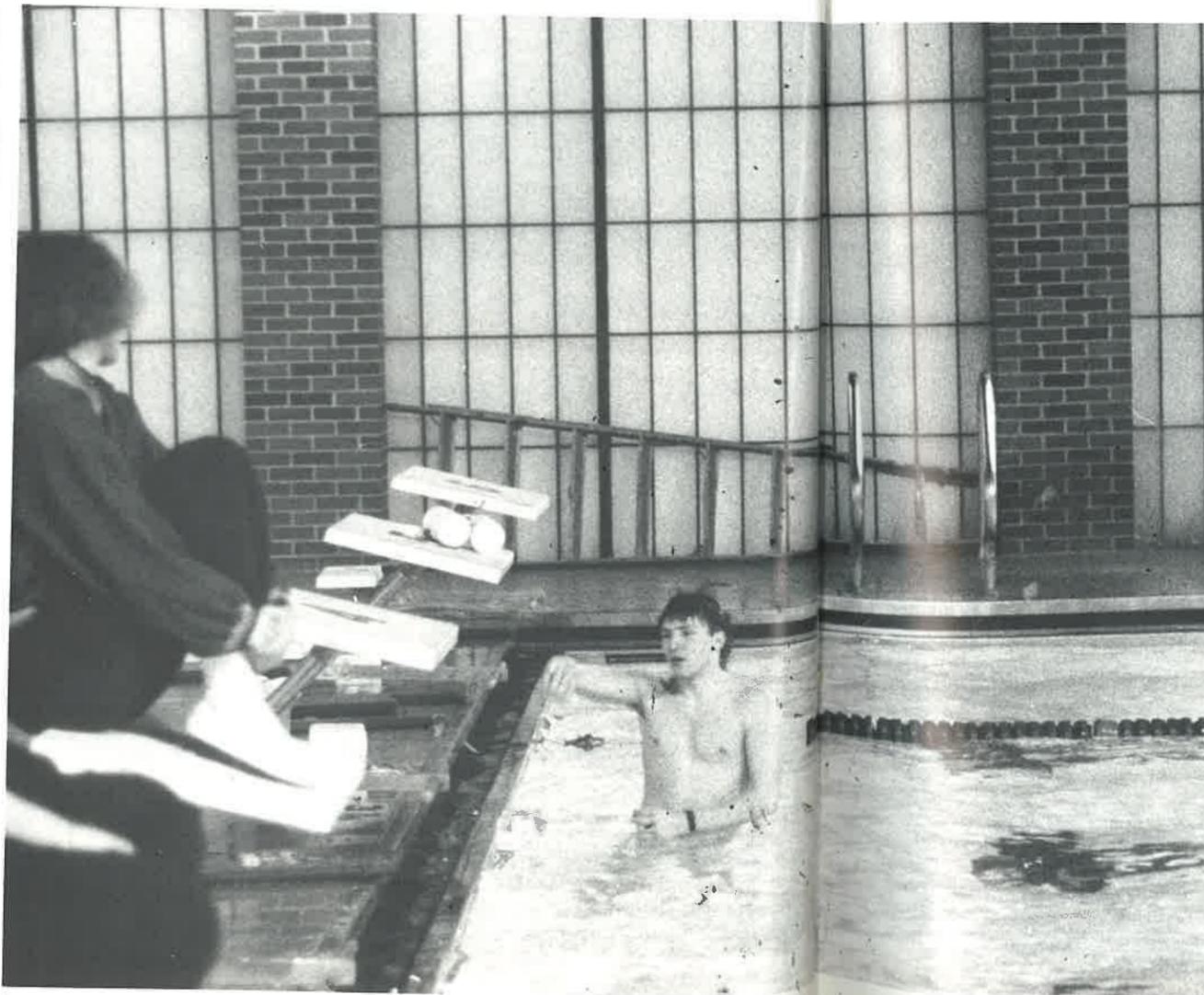
Over all, the team did well considering they were young. With continuing effort by Prochnow and by the swimmers, the boys' swimming team will continue to improve.

By Jeff Bachmeier



1. Doing the breaststroke during practice, Jacob Thiel (9) comes up for air.

2. After a practice Chad Jacobsen (11) receives pointers from Dianna Campbell.



1. After a long, hard swimming practice, Jerry Hudson (12) takes a minute to relax.



2. After a long underwater swim, Clint Armstrong (11) takes a breath of fresh air.

Team unity improves 100% from last season

Volleyball players gain respect from opponents for their 'togetherness'



Row 1: Julie Richard, Jodi Worrel, Pam Freedland, Wanda Jenner, Melanie Rohrich. Row 2: Holly Groothuis, Sonya Jeanotte, Beth Danielson, Denelle Pederson, and Coach Janelle Schumacher.

Girls' Volleyball

Opponent	Results: We/They
Wahpeton	0/3
North	1/3
Grafton	0/3
Grand Forks RR	1/3
South	0/3
Valley City	1/3
Shanley	0/3
North	2/3
Grand Forks Central	0/3
South	0/3
Grand Forks RR	0/3
Shanley	0/3
Grand Forks Central	2/3
Valley City	2/3

West Fargo's volleyball season was one of teamwork, and simply not giving up when the outcome didn't look so good. Although the team never had the chance to come away 'winners' in terms of scores, they played tough until the end and never gave up without a fight.

"It was a good season in the sense that we gained respect from the other teams. They knew they would have a challenge when we played them," commented varsity captain, Melanie Rohrich (12).

The season was somewhat of a let-

down for many of the players; however, they continued to work as a team and strove for unity.

"I wanted us to work together as a team. There's no question in my mind that our team unity was 100% better than last year, so we did accomplish the concept of 'togetherness,'" said Jodi Worrel (12).

The main goal of the season was to make it to the EDC tournament and possibly to state. It seems that there were others who counted on them to qualify and thus included their team photo in the brochure.

"Even though we didn't quite make it to EDC, we did get our picture in the program, so that was a plus anyway," stated Jodi Worrel (12).

West Fargo volleyball improved from previous years only to let the players' goals and dreams diminish right outside their grasp, but the members realize that they worked together and gained respect from their opponents.

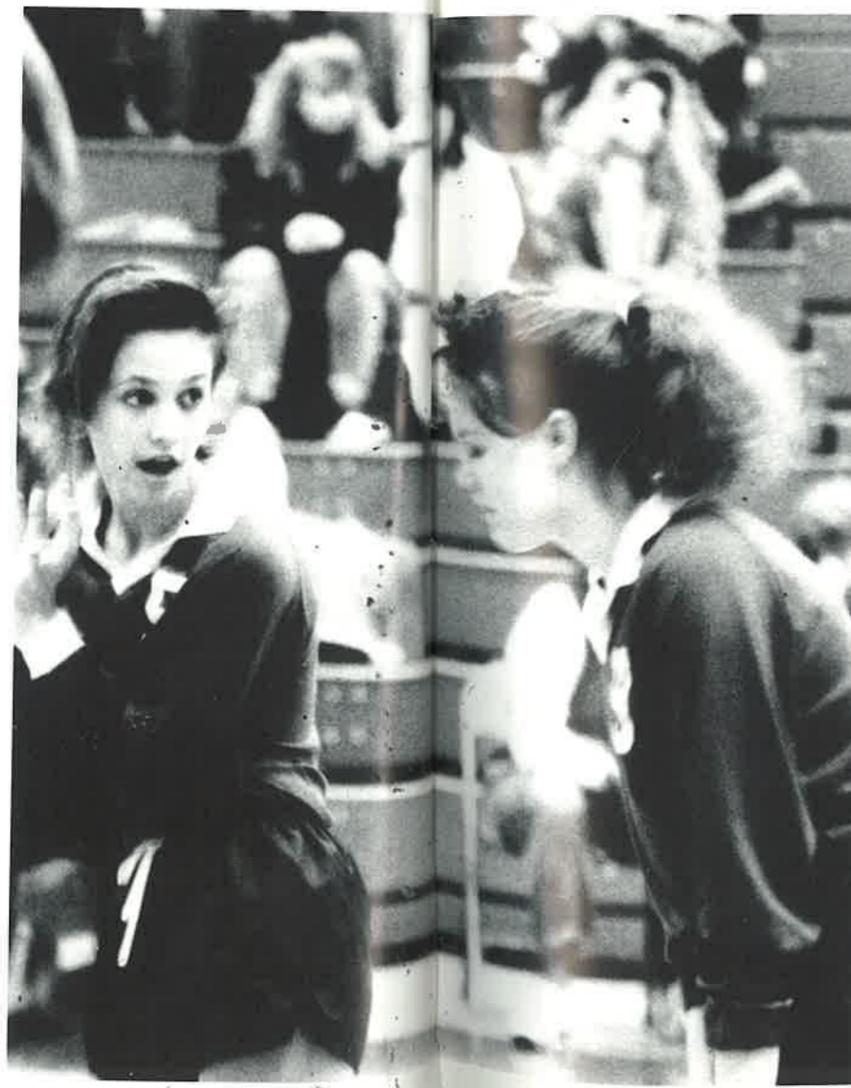
By Dawn Vail



J.V. Row 1: Julie Richard, Shelly Hurt, Michelle Balfour, Christen Richard. Row 2: Coach Deb Beeler, Kaci Fordyce, Andrea Weeding, Reile Bartholomay, and Jenna Perez.



Sophomore Row 1: Nickie Nogosek. Row 2: Denise Corcoran, Kara Mortensen, Karla Weeding, Jolene Sundlie, Gretchen Yahnke, and Kristen Berglie. Row 3: Coach Erickson, Kim Lee, Michelle Vanyo, Rachel Nerby, Stace Vraa, Tara Decker, and Coach Carol Fletcher.



1. While preparing for her opponent's serve, Shelly Hurt (11), gives teammate Nickie Nogosek (10) moral support.
2. After attempting a dig, Melanie Rohrich (12) looks to Coach Schumacher for advice, while Sonya Jeanotte (12) recovers the ball.
3. With her opponent threatening a block, Andrea Weeding (11) makes an attempt at a spike and possibly a side-out.

Gymnasts rewarded for their determination

New coach, gymnasts strive to reach team/individual goals during season

The gymnastics team got off to a fair start with a new coach and a new team. Tammy Crist, an English teacher at the W.F. Middle School, accepted her new position as head gymnastics coach when the start of the season was only 14 days away.

The team was young and did not have a lot of experience behind them, but Crist expressed how pleased she was with the season and the hard work of the girls.

"We started with an inexperienced team and ended with a team that

improved a lot in many aspects: skill, poise and confidence," said Crist.

The team didn't make it to the State Competition, but they learned many techniques along the way, not only in the sport of gymnastics, but in the sport of life.

"I learned a lot about things that everyone should know, like team work and trying your best to reach your goals," shared Missy Bauer (10).

Throughout the year, the girls kept a goal in their mind which they

were striving to attain by the end of the season: to reach the high score of 120 points. At the Eastern Regional Gymnastics meet, which was the last meet of the season, the girls came off the floor with a score of 120.95, reaching their goal.

"We set many goals over the season, some were reached, and some came close. That's a credit to the girls!" she added.

By Stephanie Blow



Row 1: Kriss Domier, Missy Bauer, Carrie Stangeland, Katie Hager and Katie Volk. Row 2: Assistant Coach Sue Galt, Sara Bauman, Jodee Linnell, Kristina Hanson, Racey Timmerman and Coach Tammy Crist.

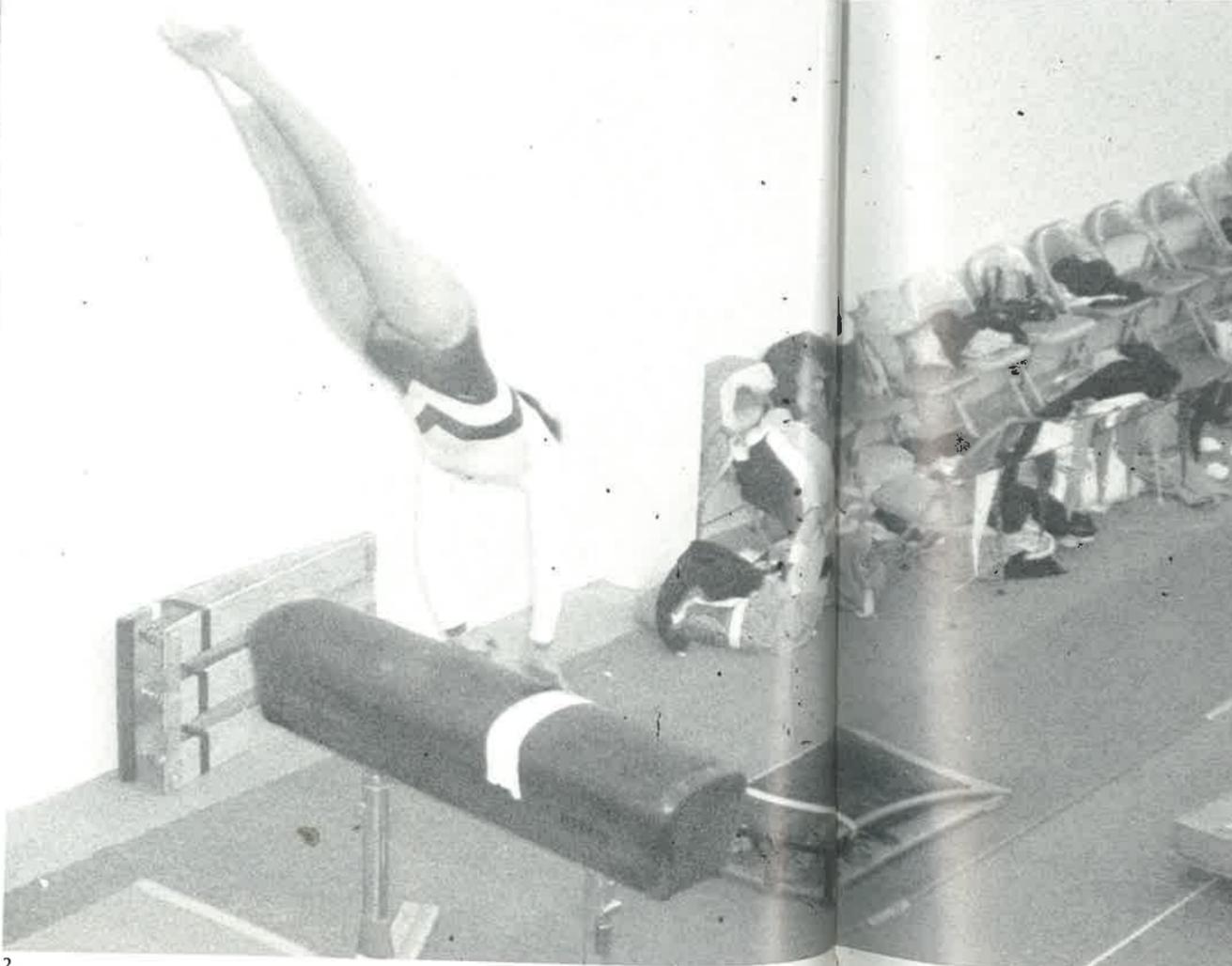
Gymnastics

Opponent(s)	Results
EDC	108.95
Fargo South/Moorhead	106.32
Spartan Invite	106.85
Wahpeton Invite	110.3
Fargo North Invite	114.05
Jamestown/Mandan	110.71
Wahpeton Tournament	119.8
Fargo South/North/Wahpeton	116.40
Valley City Invite	118.85
Regionals	120.95



1. Climaxing her routine, Carrie Stangeland (10) concludes a formation on the mats.

2. During one of the competitions, a gymnast flips over the bar in her routine.



2



1. As the time for the meet to start approaches, the gymnasts huddle together and wait in keen anticipation for their turn to perform their routines.



2. With deep concentration, Carrie Stangeland (10) performs a routine on the bars.



1. As the referee watches the field action, Jenni Pearson dribbles the ball past her opponents.



2. After Rachel Nerby (10) deflects the pass, Mystie Menke (10) retrieves the ball to help her team.



Row 1: Kayla Miller, Melanie Rohrich, Kari DuBois, Kristi Horn, Kristi Hummel and Vicki Kovash. Row 2: Jenni Pearson, Gretchen Yahnke, Brenda Holte, Kristen Heiden, Kristen Berglie and Joy Petermann. Row 3: Coach Edgar Mojica, Jenaah McLeod, Kara Thulin, Chanae Taylor, Rachel Nerby, Tara Decker, Stacy Vraa and Jocelyn Henderson.



1. Fending off her opponent, Brenda Holte (10) dribbles the ball down the field.

2. As South pressures Kristen Berglie (10), she counterattacks with a strategic pass to her teammate.

3. Neck in neck Heather Olson (10) dribbles the ball toward the goal as her opponent attempts to steal it away.



Girls' soccer achieves second at State

'The team seems to be getting together and doing better.'—Kayla Miller

Girls' Soccer was a year of new beginnings. Not only did the team have a fairly young set of players, they also participated in the first State Girls' Soccer tournament and in turn gained second at State.

The team was made up of mostly freshmen and sophomores. This was good in some respects. It gave the team a chance to build up and to become experienced for upcoming seasons. The team worked on perfecting skills and increasing the confidence that the teammates needed.

"We are an awfully young team. We

need more experience, and hopefully we will get better," stated Kristen Heiden (10).

However, that did not stop the youthful team from practicing and trying to succeed. The team had one important asset that kept any team from falling like a waterfall: A goal to improve and build the team as a whole.

"We have a lot of younger people on the team now. If all our players play next year, we'll have an awesome team," explained Kayla Miller (10).

Even though the team was young, the girls dominated as a whole and won

second at State in Grand Forks. The second game of three was played without any seniors since they were attending graduation practice. The underclassmen still beat Fargo North in a shutout.

The team had a tough time playing at the beginning of the season. Many games were cancelled due to the weather. Yet the adage which states, "Better with practice", rang through as the team brought home the second place 1990 State Girls' Soccer trophy. By LeAnn Fonder and Melanie Rohrich

Girls' Soccer

Opponent	Results:	We/They
Fargo South		0/4
Shanley		0/4
Moorhead		3/3
G.F. Central		2/3
G.F. Red River		1/1
Fergus Falls		5/1
Fargo South		1/6
G.F. Central		1/2
G.F. Red River		1/0
Fargo North		1/2
Shanley		0/1
Fargo North		0/1
State		0/1
Fargo South		2/1
Fargo North		3/2
G.F. Red River		0/2

1. Concentrating on her forehand, Jamie Lund (12) hits the ball to her Fargo South opponent.

2. Warming up until she starts practice, Bree Duval (12) juggles her weapons before serving the ball.



2



1



1. During practice at the courts, Tara McDaniel (10) works on her forehand by hitting the tennis ball to her partner.



2. While practicing after a heavy spring rain, Amy Senger (11) retrieves a missed tennis ball.

Team sends two players to State in doubles

For players, tennis involves both working as a team and as an individual

Tennis in some respects is a team sport; however, some players feel it becomes a personal victory.

"I like the feeling of being one-on-one with someone else in a competitive sense. In tennis your frame of mind is half of the game," said Bree Duval (12).

The girls' tennis team reached one of their established goals. Amy Senger (11) and Becky Howell (12) competed at the State level in the doubles competition.

"It was scary competing at State, but it was also an honor," stated Amy.

There were some disappointments in the tennis season as well. Amy and Becky were the only ones to make it to

State, yet the girls were satisfied with the year end's standings.

"It was disappointing that we did not win a few more matches or make it into team regionals, but since it is a young team, they can look forward to better years," said Bree.

The team as a whole had high hopes; inexperience was scarce, but not non-existent.

"We only lost one senior last year so that helped for this year. We also had three 8th graders on the team that contributed alot," said Tara McDaniel (10).

Since tennis can be considered both an individual and a team sport, the team set individual goals more so than team

goals.

"We really didn't have too many goals. Most of them were individual ones. Our goal was to make it to the State tournament. Amy and Becky achieved that," Tara stated.

The team's abilities shined through with Amy and Becky both competing at State and Regionals.

"The team did really well considering the inexperience of the team. We had a lot of close matches. We were able to compete on the same level as the other teams," said Tara.

By Tanya Kellerman

Girls' Tennis

Opponent	Results: We/They
Wahpeton	1/6
G.F. Red River	4/5
G.F. Central	0/9
Jamestown	0/9
Fargo South	1/8
Valley City	3/6
Shanley	5/4
Fargo North	3/6
EDC tournament	6th place
Regional tournament	
Shanley	2/3



Row 1: Mindy Yanish, Kendra McCarty, Alicia Majkrzak, Katie Borge, Cindy Hurtt, Jodi Buchmann, Lyndsey Alm, Erin Ziegler, Christine Beiriger, Lindsey Alm, Bree DeVones and Anne Peterson. Row 2: Coach Tom Ness, Tara McDaniel, Tracy Jacobson, Amy Senger, Mariah DeCrans, Jamie Lund, Kathy Hagen, Sarah Anderson, Kerry Carroll, Karla Weeding, Bree Duval, Becky Howell.

Boys' golf shows Packer pride during season

'...People don't realize all the work we put into the season'—Chris Steen

As the boys' golf team swung into their season they started off on the right foot. Forty-three people tried out for the team, but due to course regulations they had to cut down to 18 players. The team consisted of younger students than in the past, and the lack of leadership was missed throughout the entire season.

"Our team was made up of mostly sophomores, juniors and also some junior high students. We didn't have a lot of experience because of the fact that we are made

up of younger kids. Next year I think our team will be tough, because we won't be losing anyone, and we will all be back for the 1990 season," said Aaron Lofgren (11).

The team ended up with the record of 3 wins 39 losses, not including Regionals and State. This is not what the team would call a great record, but they were content nevertheless.

"We thought that our record gave the impression that we were awful, but people don't realize all the

work we put into the season," said Chris Steen (11).

Coach Chuck Gad emphasized the positive aspects of the season as a whole.

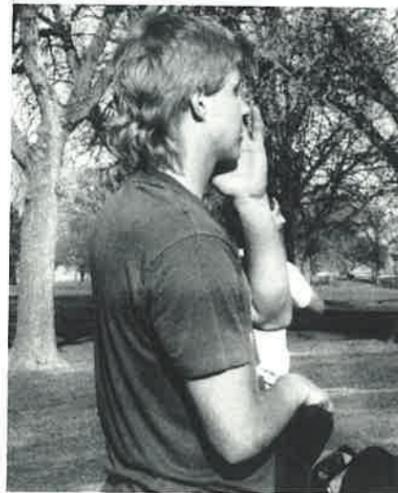
"I feel that we did rather well last year. I know the team was discouraged with the scores of some of their meets, but due to our inexperience I was very encouraged. I also feel that we as a team gained a lot of valuable experience," he said. By Greg Wymer



Row 1: Shawn Justeson, Scott Flick, Brant Peterson, Shane Tessier, John Cheney, Dustin Moser, Brock Allen and Trever Jevny. Row 2: Jeremy Rodgers, Bob Erickson, Chris Steen, Chad Juntunen, Aaron Lofgren, Chad Conzemius, Sam Fett, Bill Steen and Coach Chuck Gad.

Boys' Golf

Tournament	Results/Place
Jamestown	348/ 9th
Valley City	353/10th
Fargo South	364/ 8th
G.F. Red River	362/ 9th
Fargo North	361/12th
G.F. Central	334/10th
Shanley	380/ 9th
West Fargo	357/ 6th
Wahpeton	367/10th
Regional East	364/ 9th



1. After hitting the golf ball, Chris Steen (11) yells 'fore' at his teammate.
2. After making a birdie on hole nine, Chad Juntunen (10) gives a smile.
3. The seventh hole presents a challenge for Chris Steen (11) as he drives the ball into the fairway.



2



1. Teeing off from the sixth tee box at Maple River Golf Course, Chad Juntunen (10) anticipates a hole in one.



2. As Chad Conzemius (10) holds the flag, Aaron Lofgren (11) puts for a birdie on the fifth green.

Track teams zip through year of rebuilding

Frequent, unusually cold weather dampens many of track season's meets

The 1990 track team was in the process of rebuilding. Not only the boys' team but also the girls' team had many younger students from the junior high school who competed in varsity events. The boys' team did not have as many strong sprinters like they have had in the past, but scored many points to help the team despite the lack of numbers. The boys' distance crew also helped out more than in recent years, because the experience gained from the past was being put to use. The girls' distance bunch was rather young but

was good because of the talent they possessed. Although the field efforts did not bring forth many points, they brought home experience.

The season was an extremely cold season; meaning, usually when the temperature dropped below 40 degrees the meet was cancelled. This was the case in about three of their meets.

"It was really cold this year, I remember one meet we got there, and it was so cold that it got cancelled. There

must have been a 20-30 mile an hour wind and the temperatures couldn't have been over 25 degrees," said Michelle Balfour (10).

Despite the extremely cold temperatures, they did make improvements. "Our team has shown constant improvement, not to mention the team members have a good attitude and willingness to work, but most of all we have fun," said Coach Darrell Olson. By Greg Wymer



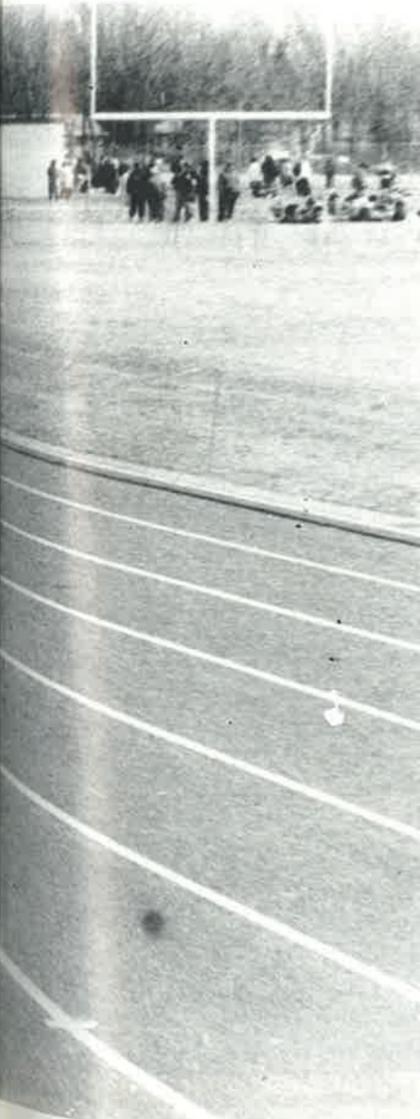
Row 1: Matt Lepird, Joel Prudhomme, Shannon Roehrich, Chris Hagen and Scott Kent. Row 2: Student Manager Brian Fettes, Randy Marquart, Tim Engelstad, Keven Kercher, Jerry Hudson and Cory Borkenhagen. Row 3: Asst. Coach Keith Ringdahl, Mike Cornell, Statistician Gina Crawford, Lewis Schwartz, Rial Stedman, Eric Olson, and Asst. Coach Mike Stratton. Row 4: Coach Greg Grooters, Brian Burmeister, Jami Eckhoff, Tracy Jacobson, Shane Tibiatowski, Jamie Hodgson and Student Manager Bruce Jenner.

Boys' and Girls' Track		
Tournament	Boys	Girls
North/South Invite	3rd	--
Fargo Invite	5th	5th
State Indoor	14th	14th
EDC Indoor	7th	7th
Flackoy Relays	5th	5th
Bruin Tri-State	6th	--
N-S Women's Invite	--	4th
St. Cloud Apollo	7th	--
Sioux Relays	--	10th
Valley City Invite	--	6th
Moorhead Athletic	--	7th
Gerrell's Invite	3rd	11th
Packer Relays	3rd	5th
tary	5th	8th
Legion	3rd	--
Shanley Invite	--	7th
EDC Outdoor	8th	7th



1. As the finish line approaches, Nikki Reterath (12) strives with her utmost ability to make it to the end.

2. With the start of the meet rapidly approaching, Shane Tibiatowski (12) surveys the condition of the track.



Row 1: Cybil Saum, Michelle Jendro, Maria LaCroix, Kris Ann Martin, Keri Rosene, Anna Rausch, Keela Labahn, Michelle Balfour, Amy Rabideaux and Angie McGuire. Row 2: Wanda Jenner, Heidi Brandt, Betsy Nielsen, Kim Loudon, Shelby Murphy, Carrie Stangeland, Amy Perez, Christa Stelmachuk, Tracy Morse and Donnell Muske. Row 3: Lori Olmstead, Kaci Fordyce, Reile Bartholomay, Jenny Galt, Tricia Amundson, Angie Odden, Kim Engelstad, Niki Griffin, Michelle Vanyo and Robyn Orson. Row 4: Assistant Coach Julie Rosenfeldt, Assistant Coach Mary Rykken, Angie Sedevie, Beth Danielson, Ronda Mullenberg, Susan Smith, Tonya Kuchenbecker, Assistant Coach Jay Sandvig, Assistant Coach Dixie Klein and Coach John Tomaszewski.



1. Before their event at a meet, Jason Malusky (11), Damon Wagner (10) and Greg Norman-din (10) take it easy up in the stands.



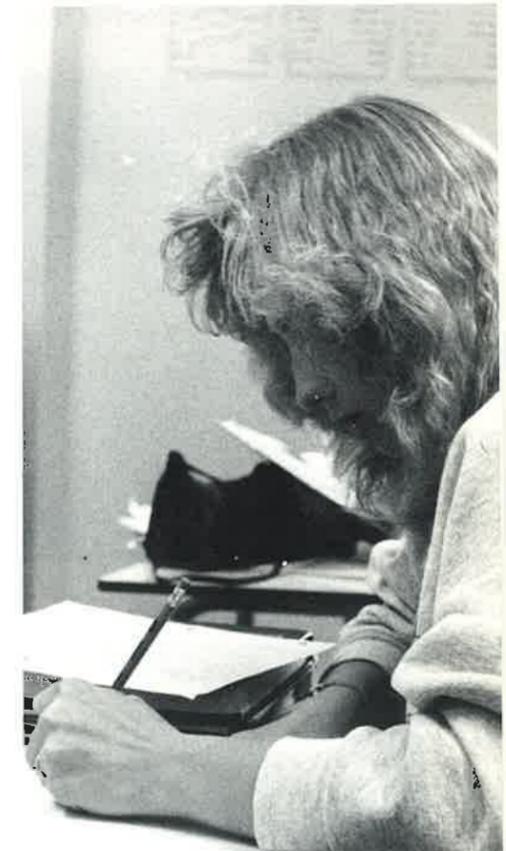
ACADEMICS

Measuring the impact

How did academics make an impact on the year?

"The physics field trip we took to MSU was a great idea. The demonstrations we saw gave us a better understanding of what we were studying and some practical uses of physics." — Ward Nelson (12)

"Close-Up made history more interesting because we were actually living it instead of reading about it in a book. I realized the inside workings of the U.S. government can only be fully understood by actually viewing it in action." — Stephanie Blow (11)



1. During one of her classes, Robin Mullenberg (12) rewrites a paper before turning it in for a grade.

2. After playing games and reading stories, the children attending the preschool at the high school anxiously wait for their treats as Trista Kolb (12) passes them out.

What's the imPACKt at WFHS?

When brushing your teeth, which part of your mouth do you brush first?

- 50% — left side
- 26% — front
- 24% — right side

Do you crack your knuckles?

- 58% — yes
- 42% — no



1. As the Spanish III students work on their projects, Mrs. Alicia Bata helps Kristen Grande (11) and Valerie Pulkrabek (12) by lifting their spirits.

2. During Advanced English, Ms. Jane Haro-Lamotte instructs the seniors on how to begin their comparison/contrast paper.



English stresses communication
Students tour Europe

English and foreign language classes help students improve their communication skills. Although foreign language classes are not required, many students decide to try their hand at learning a whole new language.

'What's up doc?' was what some students in Spanish class heard throughout the year. As part of the class, students watched cartoons during Spanish.

"They enjoy watching Bugs Bunny the most, because they knew what was going to happen, and what he was saying, even though it was in Spanish," stated Mrs. Alicia Bata.

During the summer, about 15 students, who

had taken either German or French, had the opportunity to travel to France and Germany

"It had been a life-long dream of mine," stated Carrie Wagenman (11). "I had saved six hundred dollars for the trip," added Carrie.

However, everyone is required to take an English class. Many times, the major assignments for an English class involve writing papers or giving speeches. For the juniors, the entire first semester of English involved speaking and communication.

"I hhhhhated it," said Jeremy Hogleund (11) about giving speeches.

By Dirk Kringen



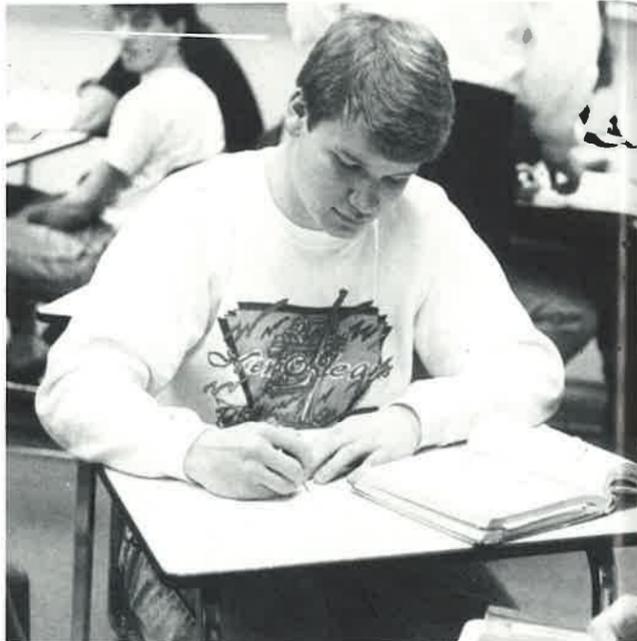
1. During French class, Greg Normandin (10) shows off his new outfit while playing a dress up game.



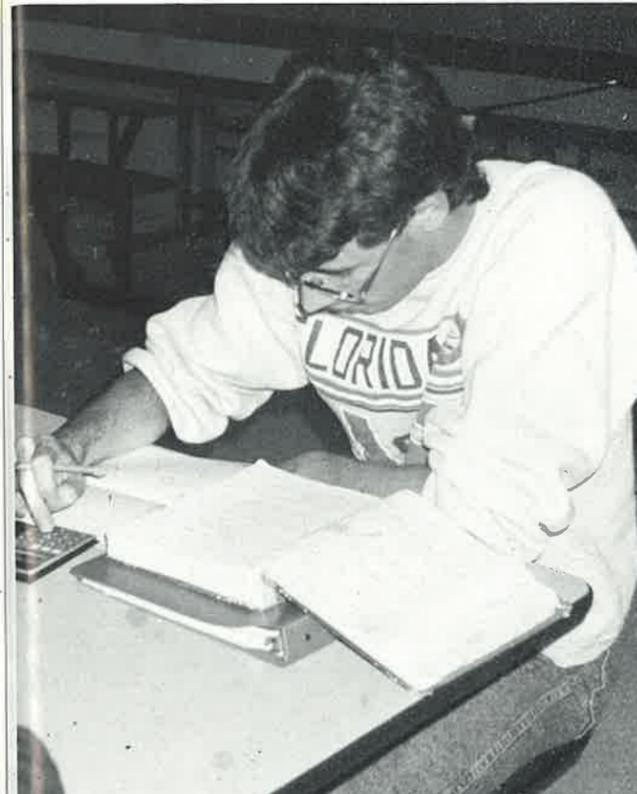
3. In order to win the game in French class, Jason Witt (10) puts on clothes as fast as he can.

4. While writing an English paper, Trevor Wright (10) asks for a bit of advice from Mr. O. John Larson.

1. In algebra class, Brian Lammer (10) tries to calculate a story problem for his group.



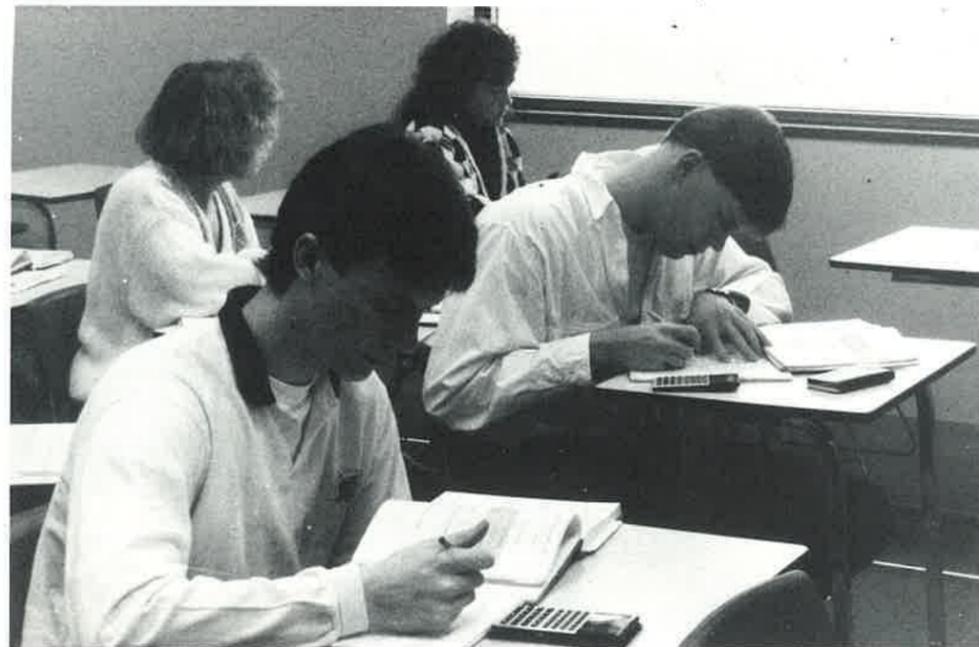
2. Working in the library during study hall, Teresa Blotsky (11) finishes a worksheet for consumer math.



1. Punching answers out on his calculator, Derek Fletcher (11) works on algebra word problems.

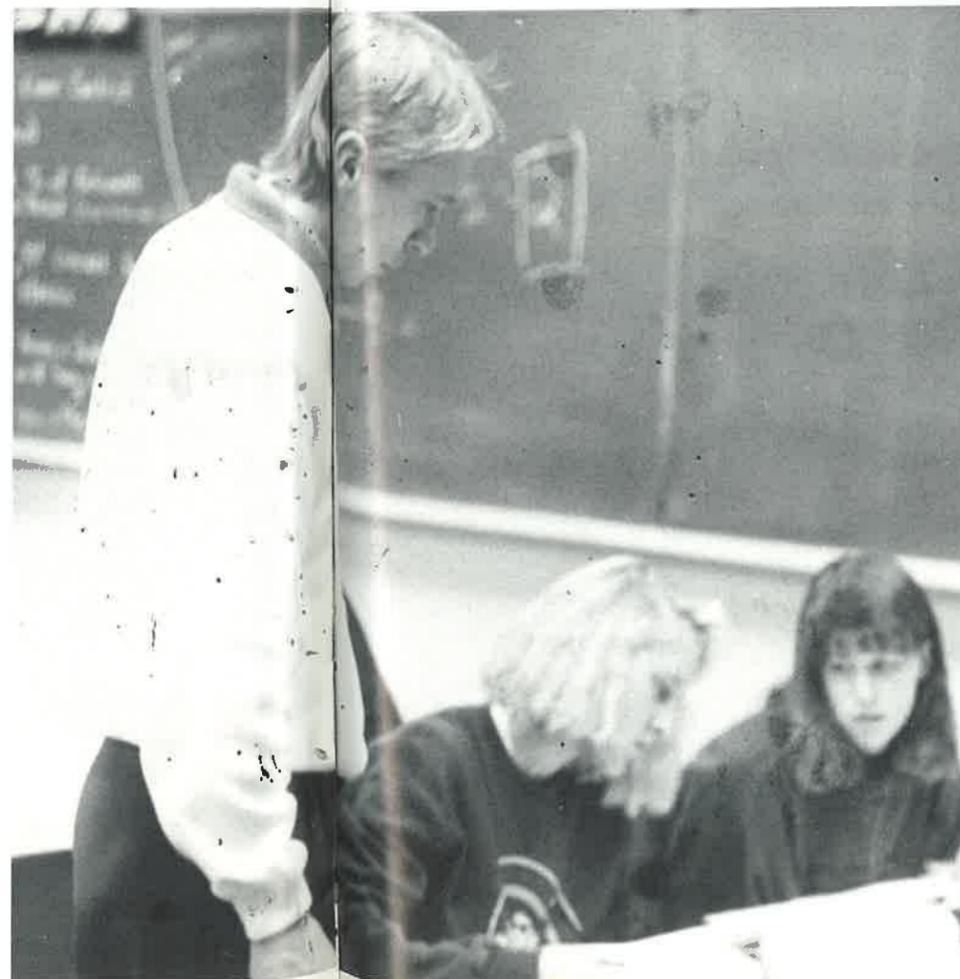
What's the imPACKt at WFHS?

What part of your body do you lather with soap first?
64% — arms
23% — stomach
10% — legs
2% — feet
1% — back



3. Working on analytical geometry, Pat Aaberg (12) and Dave VanEngelenhoven (12) try to finish their assignment.

4. Letting students work on algebra problems in groups, Mr. Greg Grooters lends his assistance to Kristen Heiden (10) and Rachel Nerby (10).



Math: Students add up the facts

Teachers are a plus!

Along with Mr. Reuben Mutzenberger, Mrs. Pam Offerdahl and Mr. Duane Lura, the math team this year had two new teachers: Mr. Greg Grooters, who transferred to the high school from the middle school, and Ms. Kari Sapa, who taught part-time last year at Audubon.

"Ms. Sapa was an enthusiastic, interesting teacher. She got really excited about special projects; like when we worked on job applications," said Jesse Lamb (12).

The math teachers planned to concentrate on upgrading the current math classes. The recent increase in emphasis on education has the WFHS math department expanding the students' knowledge in the areas

of algebra, geometry and trigonometry.

"The main goal of the math department was to keep up with the new math standards," said Mutzenburger.

Students seemed to hold different reactions about math classes.

"I have fun in math classes," stated Wendy Due (10).

On the other hand, some students develop math anxiety when they hear terms such as polar coordinates and arithmetic series.

"I was just hoping to make it through trigonometry!" said Jana Baumann (12).

By Chris Helmick

Labs provide hands-on experience *Science causes blast*

According to one of Mr. Swanson's biology classes, the science department had its ups and downs. The favorite part about science class for some was the end of the period.

"When the bell rang at 3:25, then I could leave," commented Tracy Modin (10).

On the other hand, some students felt the most enjoyable part of science class was dealing with items of a disgusting nature.

"My favorite part about science class was messing with slimy things," said Angie McGuire (10).

The challenge of the classes was what some students liked.

"Physics was a difficult class, but if you stuck with it you were all right," said Chris Helmick (12).

tain aspects of science to be unpleasant.

"I don't like taking the tests," replied Carrie Stangeland (10).

However, the teachers held different opinions concerning the best part of science.

"Facing the challenge of taking 25 personalities with varied backgrounds and levels of interest and teaching them the beauty of science," commented Mr. Darrell Olson, science teacher.

With so many different types of science labs, confusion could result. Mr. Jerry Christiansen found a way of clearing up this confusion.

"If it smells — you are in chemistry; if it is green — you are in biology, and if it doesn't work — you are in physics!" he explained.

By Jeff Bachmeier

Many students found cer-

1. Waiting for the bell to ring, Mr. Richard Swanson prepares for the day's chemistry lesson.

What's the imPACKt at WFHS?

Which side of the bed do you normally get out of?

51% — right side

49% — left side

Do you bite your fingernails?

68% — no

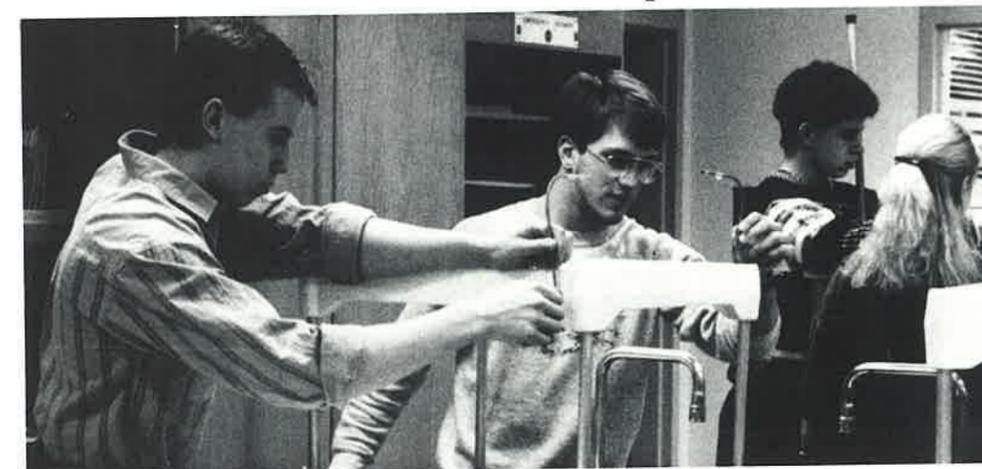
32% — yes



1. While Mr. Mark Wagar looks on, Troy Englerth (11) and Angie Odden (11) dissect a pig for anatomy class.

2. Listening to the chemistry lecture, Jay Braseth (11) learns about protons and neutrons.

3. During a physics lab, Mark Rheault (12) and Keven Kercher (12) set up their ripple tanks to observe the motion of waves.



4. Is it a spider plant or a geranium? Questions like these often pop up as Teri Hoffart (10), Colleen Woolery (10) and J'Amy Jordahl (10) identify plants for a biology lab.

5. Working on a lab for biology, Kim Lee (10) tests her science skills as she tries to identify a plant.

1. Working at Dakota Collectibles, Darin Peterson (12) spins a t-shirt for a customer.
2. The Packer Connection provides some students with hands-on work experience. During her study hall, Rhonda Rustad (12) sells candy to students in the store.



2



3. In an accounting class, Mr. Arlin Prochnow offers his assistance to Nathan Mark (10).

4. Rather than taking business classes, some students choose to gain work experience by holding a part-time job. Michele Willman (12) takes an order for a customer at the Dairy Queen.



4



1. During a business class, Kristi Brager (11) works at perfecting her computer skills.

Touch the future

Business classes prepare students

As a famous rock singer, Axl Rose, once said, "Take business classes, whatever you do."

Mr. Charles Gad, a business teacher, feels that business classes will help students in the long run.

"The main reason business classes are so important is because the students will be involved with business sometime in their lives," he said.

Another teacher feels business classes will help students get in touch with their future.

"Business classes will give students the ability to understand the new technology which they will be interacting with in the next few years. I feel keyboarding is the most important business class a student can take, because anything that is

dealt with in society relates back to computers, and knowing how to use them will be beneficial," said Mrs. Karen Hanson.

Jeff Townsend (12) feels business classes, along with English and math, are the most important subjects one can take in school.

"A general background in business systems is essential in today's job market. Society is based on business, and you have to be able to communicate in business terms to survive," he said.

In order to have an easier life, the general consensus among teachers and students was to understand business, and to know what it can do for a person.

By Rial Stedman

What's the imPACKt at WFHS?

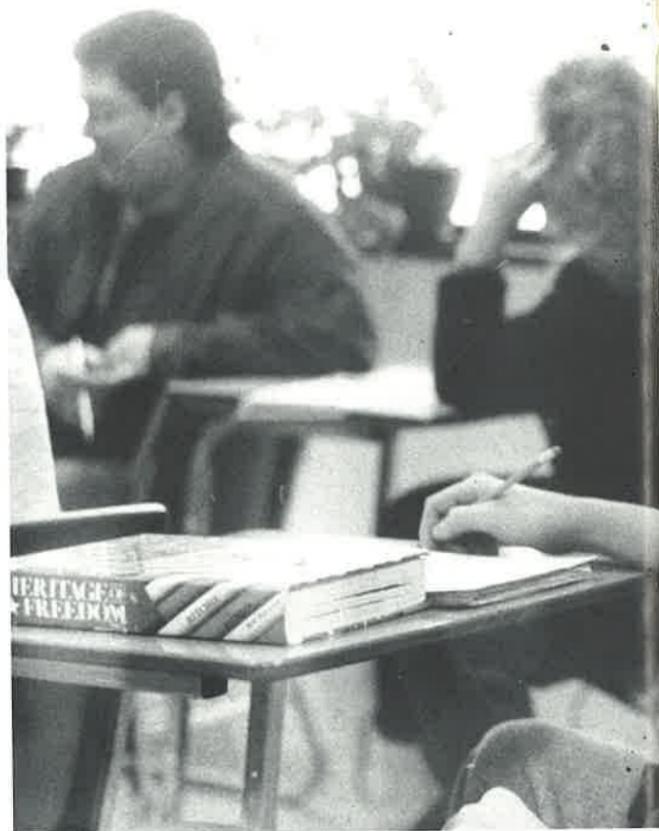
Which subject of homework do you usually do first?

- 42% — Math
- 27% — Social Studies.
- 13% — English
- 8% — Science
- 6% — Business
- 4% — Foreign Language



1

1. Toward the end of U.S. History class, Shane Kasowski (11) listens for the next day's assignment.



What's the imPACKt at WFHS?

In the morning do you get out of bed first or turn the alarm clock off first?
 60% — turn alarm clock off first
 40% — get out of bed first

When you button buttons, do you go from bottom to top or top to bottom?
 51% — top to bottom
 49% — bottom to top

Teachers spew fountain of knowledge

Eyes focus on future

The Social Studies program at West Fargo contains three basic areas, U.S. Government, U.S. History and World History.

The U.S. Government class entails learning about government in the United States.

"Mr. Tefft is my favorite part of U.S. Government. He makes you learn no matter what," said Heidi Grindberg (12).

U.S. History engages in the study of how the United States came into being.

"U.S. History has benefited me because of the hard work of other people before me, and it helps me to understand

life now," said Kristie Misheski (11).

Mrs. Ann Schellack, a teacher of U.S. History and World History, explained why she enjoys teaching in the social studies department.

"I feel a sense of accomplishment when a student understands something," she said.

Some students enjoy these classes because of the knowledge of the teachers.

"I hope to learn from the vast fountain of knowledge that spews forth from the lips of Mr. Tefft," said Dave VanEngelshoven (12).

By Angie Schmidt



2. As she takes notes, Laurie Muske (12) learns the ins and outs of the American economic system.



1. During a U.S. History class, Mr. Drue Haarsager lectures the class on the southern economic developments.



2. Trying to complete her assignment, Tracy Radi (11) defines terms for history.

3. After learning about the causes of World War I, Ryan Rued (11) and Ryan Torgimson (11) prepare to respond to a question.

Disabilities prove conquerable

Success stories told

Everybody has a disability, whether it is the inability to carry a tune, two left feet when it comes to dancing, or a learning disability. It is the way that a person chooses to deal with the problem that varies.

Tom Cruise, a major motion picture star, has dyslexia which is a reading disability. Because Cruise is not able to read his script, somebody reads it to him until he has it memorized, and then he can add his own flare and feeling to the role.

Other examples of successful people who have overcome disabilities are Greg Luganis, olympic diver; Cher, rock and roll goddess; and Albert Einstein, genius.

The WFHS has incorporated special services programs for learning disabled students.

"The special services department is an integral part of our school system. Students are encouraged and helped to become "mainstreamed," meaning they are scheduled into regular classes, as much as possible," explained Mr. Laurel Thoreson, a counselor and Department Chairman for Special Services.

The special education programs provide help to students in problem areas.

"What a student puts into a program is directly related to what he or she will get out of that program. Just because they have their problem areas doesn't mean they can't be as successful as anyone else," said Mrs. Nancy Peterson, special education teacher.

By Canda Ellingson

What's the imPACKt at WFHS?

Which pant leg do you usually put on first?
 57% — right
 33% — left
 10% — both at same time

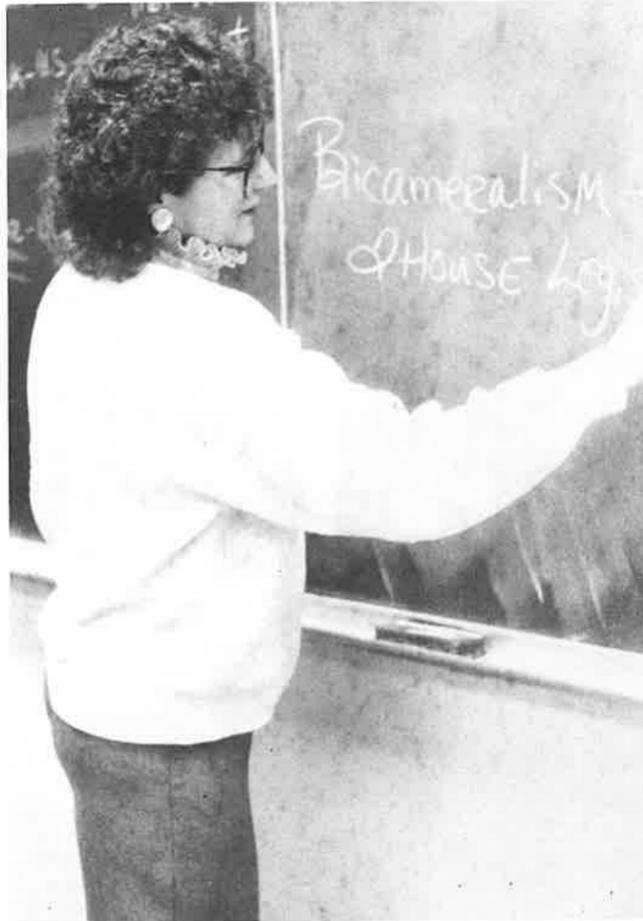
1. Preparing for a class, Mrs. Susan French glances through the selection of books.

2. While teaching government, Mrs. Nancy Peterson explains the meaning of a two-house legislature: the Senate and the House of Representatives.



3. Tom Cruise, who has dyslexia, has become a successful actor and learned to deal with his disability.

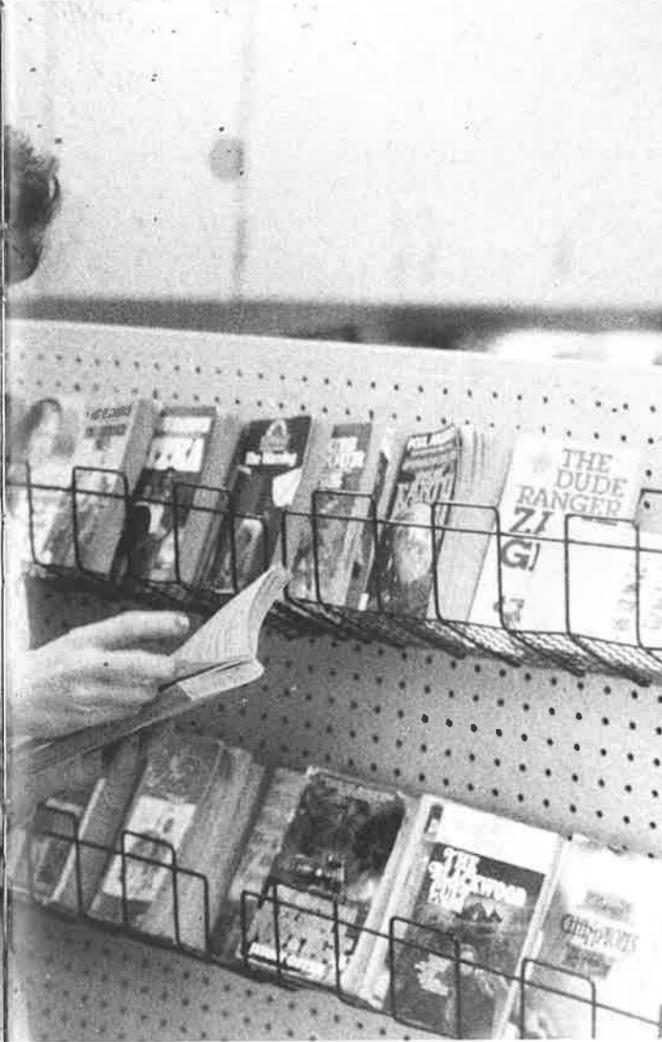
4. In between classes, Ms. Karen Moen organizes homework papers and worksheets.



2



1



1. After interpreting, Mrs. Linda Willman catches up on her paper work.

Class variety aspires students

Talent develops

Besides the required classes that students take throughout high school, there are many other classes they may choose to take. The high school offers electives that some students find not only enjoyable, but also beneficial.

"I enjoyed art, because I like making different projects. My favorite thing that I did in art was painting my projects," commented Jolene Gust (10).

Some people feel classes such as building trades and home economics are "blow-off" classes, but many of the students enrolled in these classes found this to be a misconception.

"It wasn't as easy as most people thought, because the tests are hard, but Mr. Christl was a great teacher," commented Greg Tuchscherer (12).

In most of these electives, the beginning of the year consisted of

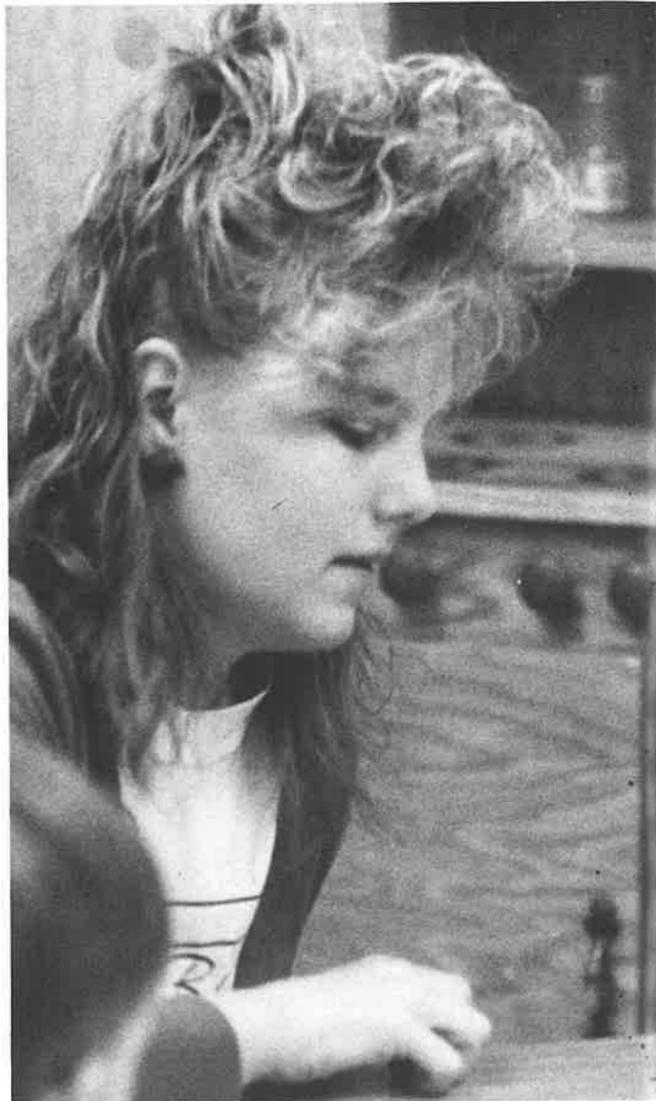
learning the skills, and the remainder of the time was spent on applying them.

"At the beginning of the semester we would take tests then towards the end of the semester we started building sheds," commented Lane Lucas (11).

One of the major projects for students in the child development classes was running a pre-school for five weeks at the high school which they called the Children's Creative Castle. After running the pre-school, students had the opportunity to work at pre-schools around West Fargo. Upon completion of these projects, they were certified by the state of North Dakota to be child care aids.

By taking electives, many students have had the opportunity to develop skills which will be helpful in the future.

By Dirk Kringen



1. While helping at the preschool, Kristi Fischer (12) plays a game with one of the children.

2. After having the preschoolers design pictures, Nichole Schatschneider (11) picks up the crayons.



1. Angie Rood (11) adds the final touches to her caricature for art class.

What's the imPACKt at WFHS?

Do you normally put your shirt or pants on first?

59% — pants
41% — shirt

Which side of your mouth do you usually chew with?

66% — right
34% — left



3. During small engines class, Travis Thibert (11) and Bill Steen (11) test their abilities by repairing a four-wheeler.



FACULTY

Leaders of the pack

How did the faculty make an impact on the year?

"By Mr. Mithun and I exchanging classes some days, the students in both classes could see that our subjects are not totally separate, but interdependent. The social studies teacher has something to offer the foreign language classes, just as the foreign language teacher can add to the social studies class by showing a bit of the culture or the foreign perspective. Students need to know that all of the different subjects connect to each other in some way." — Mrs. Kathy Neugebauer, French and German teacher.

"The Advanced Placement Workshop I attended was a very positive experience for me. It reassured me that the AP program in our school is 'on track' and headed in the right direction. It also stressed the importance of student exposure to as many works of literature as possible which was one of my goals for the year." — Ms. Jane Haro-LaMotte, Advanced English teacher.



1. Right before deadline time, Ms. Lori Liebl checks the yearbook layouts and copy for mistakes.
2. Before handing out the day's assignment, Mr. Joe Welder lightens the mood of his class by using his notorious story-telling ability.

Larry Anderson, Art
 Mary Anderson, Home
 Economics
 Steve Anderson, Retail
 Toni Bach, Counseling
 Connie Barnett, Special Ed.
 Alicia Bata, Spanish

Cheryl Baumgarten, Business
 Helga Bennett, Kitchen
 Sharon Benzel, English
 Audrey Binger, Paraprofessional
 Linda Boyd Coates, Music
 Cheryl Buzick, Secretary

Jerome Christiansen, Science
 Sharon Christiansen, Secretary
 Ernest Christl, Vocational
 Gary Clark, Assistant Principal
 Dwight Corbell, Vocational
 Richard Cwickla, Vocational

Ron Dahley, Special Ed.
 Michael Drew, Principal
 Irene Enzlinger,
 Paraprofessional
 Fred Fell, Social Studies
 Susan Fonder, Kitchen
 Susan French, Special Ed.



While touring Sweden, teacher meets country's king at castle

Kaspari talks with Saturday Night Live's Father Guido Sarduchie

Teachers relive stories with famous people

"Have you ever met anybody famous?" This could be one of the most interesting questions one could ask another. Some of the best people to pose this question to are teachers.

"I had a chance to meet Oliver North, and I shared a Shirley Temple with Saturday Night Live star, Father Guido Sarduchie, at a high class art gallery," said Mr. Robert Kaspari.

Other teachers have met political figures.

"While I was vacationing in the country of Sweden one rainy day, my party and I had decided that we would tour a castle. It just happened to be the castle that the King

of Sweden was going to visit that day so it was closed to other groups. The king saw our party standing outside in the rain and invited us in to see the castle," said Mrs. Mary Knox-Johnson, an English teacher.

Knox-Johnson is not the only teacher who has met a political figure. As a high school student in Minneapolis, Mrs. Sharon Benzel worked for her school's newspaper. One of her jobs on the paper was to attend press conferences held by the mayor of the city, Hubert Humphry.

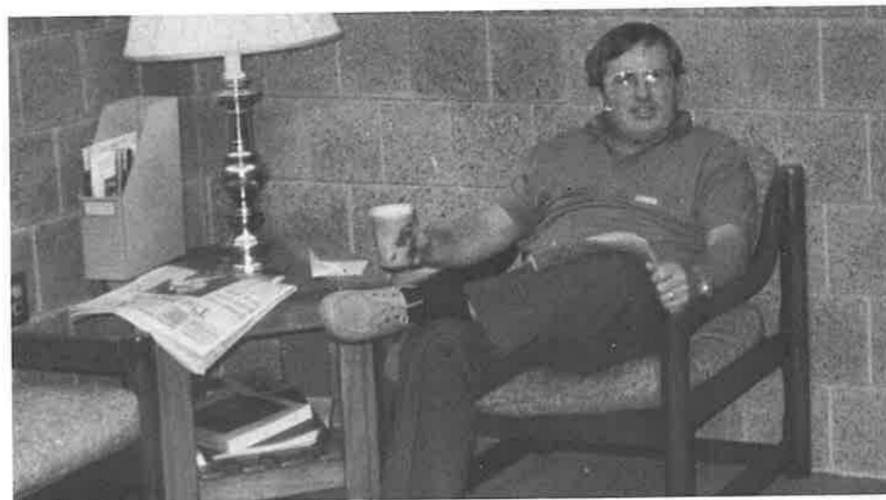
"I enjoyed Humphry's idea to have high school students present at these meetings," Mrs. Benzel stated. "He made each individual feel

important, and he was the main reason why I became interested in politics," she added.

In addition, Mr. Cal Mithun met someone well-known when he was young. When Mithun was a boy, Jack Dempsey came to Fargo to take part in the opening of a downtown building. Mithun had the chance to ask Dempsey what he thought about Joe Lewis, a young boxer at the time.

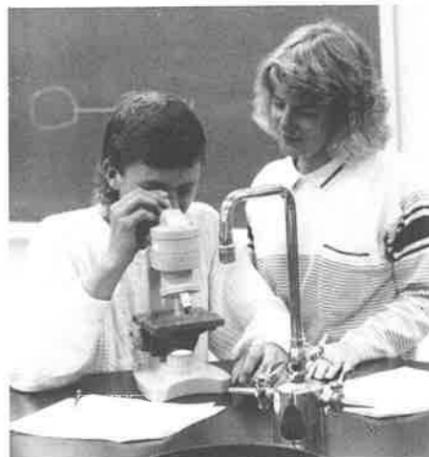
So go up to teachers, friends or fellow employees, and ask them if they have ever met anybody famous, because many people will have a good story to tell.

By Tod Koski



1. Everybody needs a break now and then! Before school Mr. Joe Welder grabs a cup of coffee and glances over a few work-sheets.

2. Helping Scott Simley (10) with a biology lab, Mrs. Peggy Spitzer explains what he should be seeing.



1. While supervising a study hall in the commons, Mrs. Sharon Benzel sports her "Happy Prisoner" t-shirt.

2. On the first day of school, Mrs. Joan Hall explains what will be expected of the students in foods class.

Teachers reveal past experiences of pre-teaching days.

Monte, French travel overseas before receiving job at WFHS

Many teachers encounter adventures abroad

Before becoming teachers, many WFHS teachers had numerous unforgettable experiences and adventures while traveling abroad.

For example, Mr. Robert Monte was in the Marine island of Okinawa for two years.

"Needless to say, the culture change was quite a shock. I guess the thing that really impressed me the most about the Japanese was the talent as far as tradesmen and carpenters, and their accelerated educational system," said Monte.

Mrs. Susan French also learned what it was like to travel overseas. In 1984 she spent a year at a language institute in

Mexico studying Spanish. While she was there, she lived with a Mexican family that didn't speak English. The following year, French spent a month in Australia.

"I highly recommend going to Australia to anyone who has the time and the money to do so," commented French.

Mr. Chuck Gad also had the opportunity to travel before he went into a career in teaching. Although they encountered problems on the way, he and a friend went "bumming" out in California for a year.

"My friend and I went to our first semester of college and then decided that we were not ready for it yet; so we quit. Our

parents gave us each one hundred dollars, and off we went. On our way to California, we stopped in Custer, South Dakota. My friend and I were sleeping under our Mercury Comet in front of a motel in Custer. The next day the owner gave us each a job working in the motel. After we had saved up some more money we went to Denver, but our car broke down. We called an insurance agent friend of my dad's, and he fixed the car for us. After that, we finally made it to California!" said Gad.

Many professionals recommended that students travel abroad as a means of experiencing life.

By Dirk Kringen

Charles Gad, Business
 Greg Grooters, Math
 Drue Haarsager, Social Studies
 Joan Hall, Home Economics
 Karen Hanson, Business
 Jane Haro-LaMotte, English

Cliff Hartl, Custodian
 Jerome Heinz, Vocational
 Irene Hempler, Kitchen
 Jane Holland, English
 Curt Jones, Activities Director
 Robert Kaspari, Social Studies

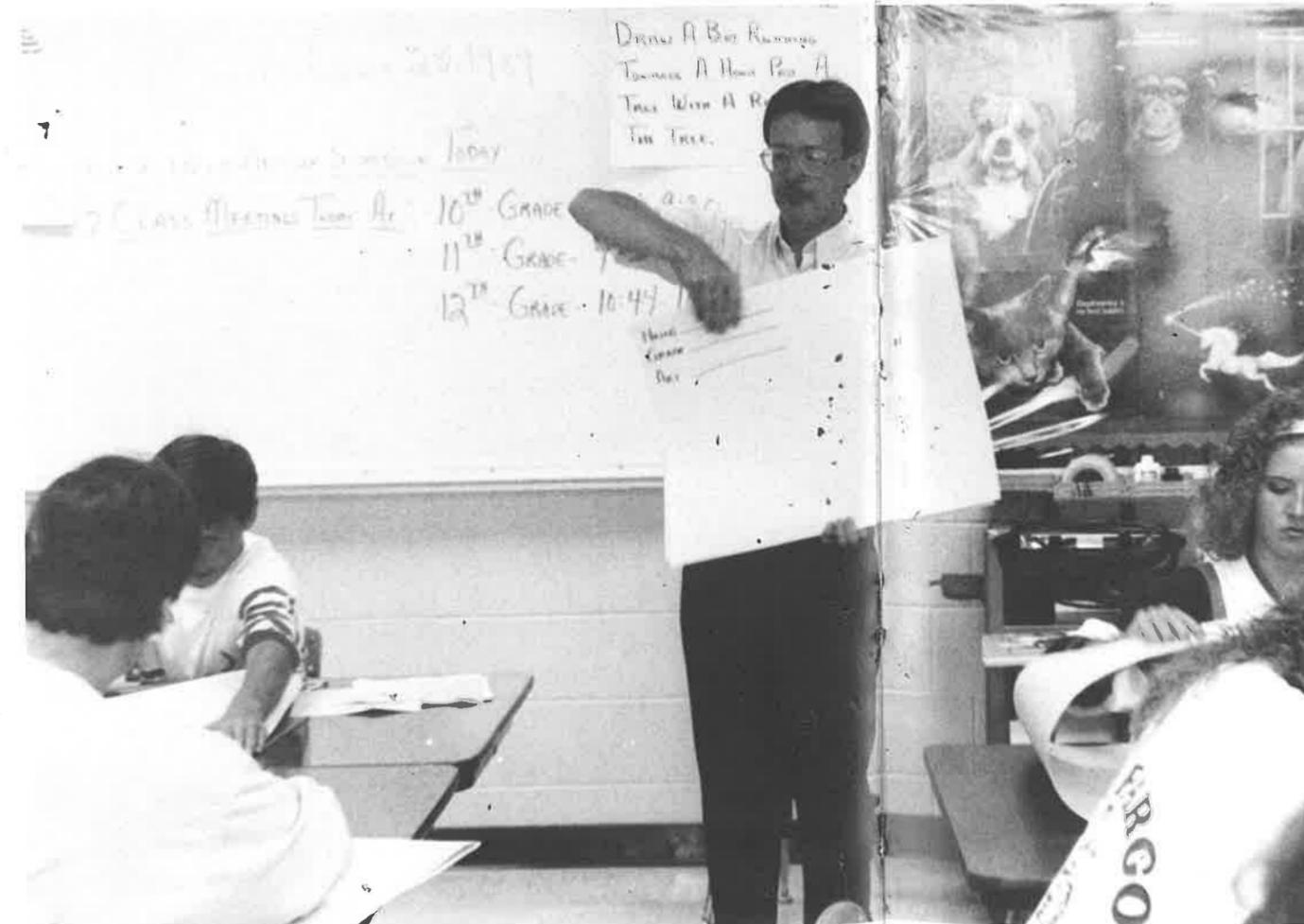
Mary Knox-Johnson, English
 O. John Larson, English
 Lori Liebl, English
 Lil Lofgren, Paraprofessional
 Duane Lura, Math
 Janice Miller, Phy. Ed.

Calvin Mithun, Social Studies
 Karen Moen, Special Ed.
 Robert Monte, Phy. Ed.
 Karen Morrison, Band
 Reuben Mutzenberger, Math
 Kathy Neugebauer, French/
 German



1. At a Foreign Exchange Club meeting, Mrs. Janice Miller and Mrs. Alicia Bata amuse Marisa Luccas (12), a foreign exchange student from Brazil.

2. As the students watch on the first day of school, Mr. Larry Anderson illustrates the procedure to follow when turning in their art projects.



1. After helping a student, Mrs. Mary Rykken prepares to finish her computer work.



2. During a physical education class, Mr. Bob Monte watches Randy Heller (10) and the rest of the class play basketball.

Jerry Nordstrom, Vocational
 Pam Offerdahl, Math
 Ali Olson, Secretary
 Darrell Olson, Science
 Edna Olson, Custodian
 Nancy Peterson, Special Ed.



Arlin Prochnow, Business
 LaVonne Pulczynski, Kitchen
 Donna Ramsholm, Kitchen
 Agnes Ratajczak, Kitchen
 Doris Rheault, Secretary
 Joanne Rheault, Paraprofessional



Mary Rykken, Paraprofessional
 Paul Rykken, Social Studies
 Joan Saye, Kitchen
 Kari Sapa, Math
 Ann Schellack, Social Studies
 Janelle Schumacher, Phy. Ed.



Roxy Shorma, French
 Mary Soehren, Library
 Peggy Spitzer, Science
 Richard Swanson, Science
 Laurel Thoreson, Counseling
 Lynne Triplett-Benson, Special Ed.



Teachers become sick during classes

Students scream and shout at top of lungs across room

Could nightmare classrooms occur at WFHS?

Many people think of teaching as a difficult job, but somebody has to do it. Although classes often run smoothly for teachers, this doesn't stop them from thinking of possible nightmares.

"Mary the Screecher is screaming to Harriet across the room. Harriet the Turnaround is busy gawking at that 'hunk' Lucius. Bobby the Book Shover has just winged Toughy the Toucher's books across the aisle. Toughy is involved in a Nazi experiment hypothesizing how far his pencil lead needs to penetrate Bernice Bottoms backside before she rises above the rest of the class. Helpless Helen wants to know how to do yesterday's assignment. Hypochondriac Harry de-

posits three admit slips on my desk from the first week of school and Clumsy Carl has now fallen backwards from his chair," imagined Larson.

However, Larson doesn't believe maintaining discipline is the worst possible teaching situation.

"Liar Lucy. She's the one who has two jobs, three boyfriends, no paper or pencils, overdue assignments, cheerleader for three sports, and her parents think she's wonderful. She loses things, especially little things — like term papers. Liar Lucy will say anything to cover her trail. When her parents are confronted, they become irate with me, because Liar Lucy has

them believing she is some kind of goddess," added Larson.

Other nightmares did not involve students directly.

"The worst teaching experience I can imagine would be to become vehemently ill one day in class, still needing to remain composed and continue my lecture," said Ms. Jane Haro-Lamotte.

Although every teacher has their own ideas of what would be their worst possible teaching experience, they all hope that their nightmares will not come true.

By Heidi Gust



1. While teaching a physical education class, Mrs. Janelle Schumacher explains the skills needed for playing volleyball.



2. As they rock the gym, Mr. Glenn Whaley directs the pep band at a girls' basketball game.



3. During a football game, Mr. Richard Cwikla tries to catch the attention of the players on the field.



1. As they supervise a study hall in the commons, Mr. O. J. Larson and Mrs. Cheryl Baumgarten indulge in conversation.



2. Before leaving school for the day, Mr. Chuck Gad stops in the teachers' lounge.

Teachers look ahead to years to come—just as students

Teachers reveal dreams and goals for where they want to be in ten years

High hopes, ambitions top list for future

Many students wonder just where they will be in ten years. Graduating from college and making bundles of money top the list of priorities for most people. But where will our former teachers be in ten years, while students are seeking their fortunes?

"I want to be an ambassador to a foreign nation where I can practice my ability of understanding foreign languages and get to know other societies," aspired Mrs. Alicia Bata. "I would also hope to become a famous Hollywood dramatic actress, since my students say I am one of the most theatrical people they know who dares to stand in front of a class," added Bata.

Other teachers hope to have a more

quiet life, with the absence of noisy high school students.

"I would like to be retired, so I can live in Bermuda and play golf in the tropical weather," said Mr. Bob Monte.

Of course, some teachers may wish to still be teaching in ten years, since that is what most of them planned on doing for their careers.

"My dream for the future is to be a professor at a local university," replied Mrs. Kathy Neugebauer.

Neugebauer is not the only one who hopes to still be teaching.

"I hope that I am still teaching at

WFHS!" said Mrs. Peggy Spitzer.

Still, other teachers would like to be doing a wide variety of activities.

"I would hope to still be teaching, but only on a part-time basis. I also hope to remain active in politics, especially in women's issues. I would like to be a partner in a lucrative business, and I would love to travel more," commented Ms. Jane Haro-LaMotte.

So when you look back in ten years and wonder where your former teachers are, you can be sure they will be chasing their dreams just as we are following ours.

By Chris L. Helmick



1. While supervising a student council meeting, Mr. Gary Clark listens to the new business that is brought before the council.

2. Working in the counseling office, Mrs. Doris Rheault looks at the day's attendance.

3. During a retail merchandising class, Mr. Steve Anderson reads over a student's assignment.



1. While teaching an art class, Ms. Jennifer Waldera designs a sample art project.

2. Demonstrating her teaching abilities, Mrs. Ann Schellack lectures to a U. S. History class.



Colleen Tupper, Lighthouse
Janette Venaas-Gilbraith, Special Ed.
Mark Wager, Science
Jennifer Waldera, Art
Joe Welder, English
Barb Werlinger, Kitchen

Not Pictured

Arlene Bratland, Custodian
Cinde Haskins, French
Allen Holm, Custodian
Gerald Huus, Custodian
Dwight Nettleton, Custodian
Scott Sanders, Custodian
Paul Tefft, Social Studies
Richard Veit, Psychologist
Linda Willman, Paraprofessional
Glenn Whaley, Band

Dedicated

to the

memory of

Mr. Richard Olsberg

April 1938-June 1989





Seniors

On top of the pack

How did the seniors make an impact on the year?

"I think 1990 was a great year for our senior class. We produced a lot of champions both in sports and academics. Sure, we had our outbursts of craziness and spontaneity, but who doesn't? We also treated the underclassmen pretty good. So, good luck to the future seniors, and enjoy the time you have left — it goes by fast!" — Canda Ellingson (12)

"The seniors really showed the underclassmen who's who in this high school!" — Bill Footitt (12) and Sandie Johnson (12)

"Academics played an important role for the seniors. Striving for excellence was important to many individuals. Also, personal satisfaction was accomplished through athletics." — Brenda Carlson (12)



1. At the annual Powder-Puff football game, Lisa Moltumyr (12) disagrees with one of the calls made by the referee.

2. Cringing with pain, Kelly Mortensen (12) counts the seconds until he is done giving blood at the student council sponsored blood drive.

Incidents lead to disaster

"Oh my gosh, I'm so embarrassed." Words like those have been used many times during high school days. Embarrassing situations in school and out have forced students into the cruel, mean outside world.

There were some incidents that have happened during students' part-time jobs. For one student in particular, one moment brought laughs from peers and co-workers from the simple task of walking.

"When I told people to 'watch their step' going down the stairs at work, I ended up tripping down the stairs myself," said Keri Rosene (12).

Innocent nights of cruisin' around town were deliriously funny to some, but very embarrassing to others.

Tim Eli (12) admitted, "I took out the side of the house next to Hardee's with my car. That was one time I wanted to

crawl into a hole."

Athletics had been one of the most embarrassing times for some, because fans watched and noticed every move the players made.

"Before a big hockey game with Red River, in front of a big crowd, I skated out for the introductions and fell down," admitted Shane Tibiatowski (12).

Often times, fashion caused a blush or two from others.

"One time I wore striped underwear during a basketball game, when we had to wear white shorts," said Stacey Thompson (12).

As students looked back, they realized that getting laughed at was a part of growing up.

By Darin Peterson



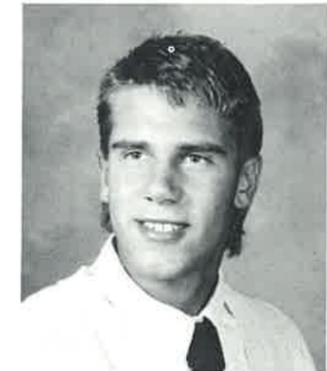
Kelly Baasch



Jessica Baker



Jana Baumann



Lance Belisle



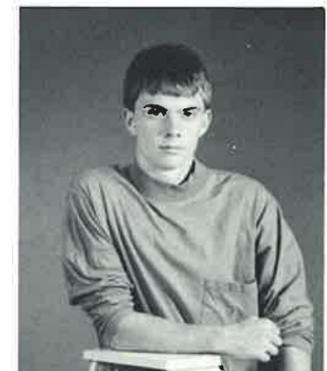
Julie Belling



Shawn Benser



Jodi Bercier



Jason Bering



Pat Aaberg



Scott Adams



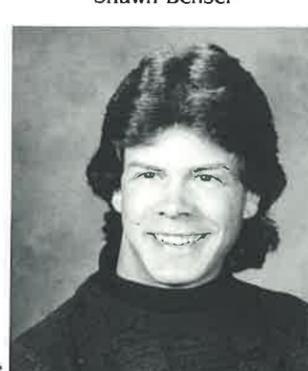
Casey Allen



Barbra Allrich



Christina Biegler



Mark Biggerstaff



Tracy Blomberg



Lisa Braaten



Andrea Almeida



Angie Amundson



Brett Anderson



Scott Anderson



Rod Braaten



Hilary Brend



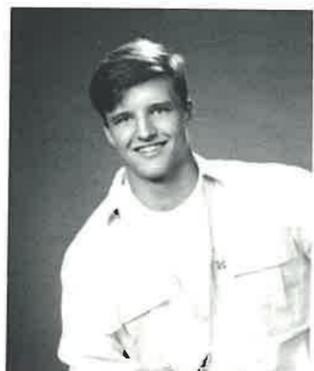
Bruce Brubaker



Suzette Buck



Stacy Burckhard



Stuart Campbell



Brenda Carlson



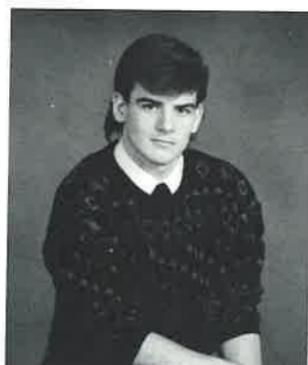
Nickie Chapek



Alicia Cheney



John Christianson



David Dalke



Corey Degenstein



Stacy Dockter



Tonya Domier



Bree Duval



Jami Eckhoff



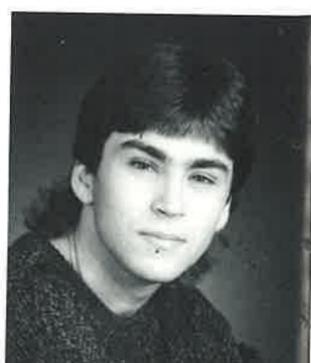
Tim Eli



Canda Ellingson



Josh Ellis



Jeremy Elsaas

Opportunities lie ahead

For the past year's seniors, the future lies right around the corner. What most are going to do in their future is still a nagging problem, though. Most seniors are not sure how to answer least a tentative decision.

"I plan to go to Northwestern University, where I'm hoping to get into their honors medical program, and then I'll become a doctor, maybe a surgeon," stated Sherry Sahr.

As to how to pay for education, if a student chooses to pursue a college education, many scholarships are available to active and eager students. Some scholarships, like the Jostens scholarship, are available to any student who wishes to apply. Other scholarships, like the National Merit Scholarship, are available to students who do well on college entrance exams. Students who wish to pursue a military

career can apply for a Reserved Officer Training Corps Scholarship. These scholarships are offered by each of the branches of the armed forces.

There are seniors who do not wish to go to college. Some would rather get a job or join the military.

"I went in (to the Navy) because I wanted to see other parts of the world, and I didn't want to go to college right away," explained Rod Braaten.

So, for all the seniors who have made up their minds on what they are going to do after graduation and for all the seniors who aren't sure yet what their future holds, good luck on your future endeavors.

By Chris L. Helmick



As the thought of college enters many seniors' minds, Doni Jo Ramberg and Kim Hammer consult with Mrs. Bach for her advice.



Sherrie Erdmann



Jason Ertelt



Brian Fettes



Kristi Fischer



Matt Folstad



LeAnn Fonder



Bill Footitt



Trista Frandson



Chris Franek



Pamela Freedland



Tonya Fugere



Flavio Gastaldi



Holly Groothuis



Kelly Gullickson



Erik Gunderson



Cher Gunst



Stacy Gebeke



Jared Giffey



Heidi Grindberg



Shannon Grindberg



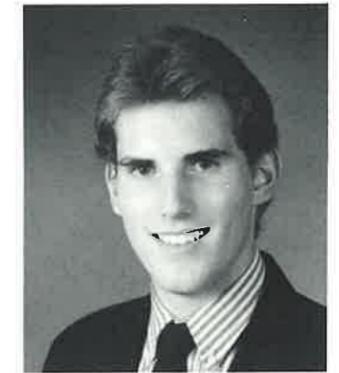
Heidi Gust



Mara Gustofson



Brent Haakenson



John Hahn

Seniors persevere

Dedication, determination, and perseverance were qualities that seniors aspire towards. These mid-western work ethic qualities were demonstrated in many different ways, yet West Fargo High School seniors defined dedication with the same idea in mind.

"To me it is the strength and the will to start a project and complete it fully to my satisfaction," explained Jared Giffey.

The way people approach their lives has been a major factor for people's ambitions.

"The ability to succeed fully with a positive attitude by using the strength of one's will to meet their own personal goals and needs by approaching a certain activity and in the end satisfying one's goals," Sherrie Erdmann stated.

Even though their definitions were closely related, each persevered in their own way. Some were committed to keeping a nice car, like Mark Biggerstaff and his new 1989 Camaro. Many were dedicated, like Julie Belling at Target, to their jobs. A number of students agreed with Josh Ellis by devoting themselves to sports and lifting weights.

No matter what they were dedicated to, each senior had goals and determination. By working hard and enjoying what they are excelling at, the seniors will persist in their endeavors.

Determination, as well as dedication to whatever a person is interested in, may enhance the working environment and living conditions of the graduating seniors.

By Heidi Gust



Even with spring just around the corner, Shellee Riness keeps up with her studies.



Kimberly Hammer



Angie Heflin



Jared Hehr



Kerrie Helgeson



Christopher Helmick



Jocelyn Henderson



Trina Hennen



Wendell Hertzelle



Danielle Hieb



Toni Hoag



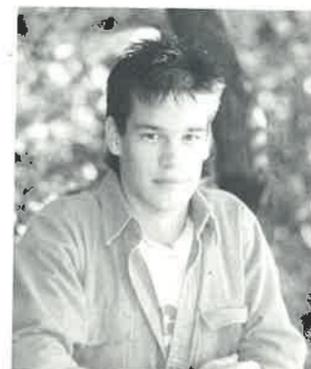
Jamie Hodgson



Marita Hoffart



Missy Kain



Scott Kaufman



Kristi Keller



Keven Kercher



Michele Hoffer



Shane Hoffman



Becky Howell



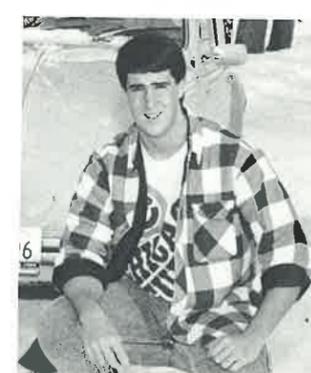
Michelle Jacobson



Jennifer King



Trista Kolb



Tod Koski



Victoria Kovash



Sonya Jeanotte



Bruce Jenner



Teresa Jenner



Wanda Jenner



Chris Johnson



Raili Johansen



Sandie Johnson



Van Johnson

Respect dwindles for seniors

In the past respect for elders was practically a part of tradition at West Fargo High School. However, this past year the underclassmen's admiration of the seniors diminished for a variety of reasons. One of which was that seniors tended to accept the underclassmen to a greater extent than other previous years.

Generally, sophomores have tended to lose most, if not all respect towards their graduating peers.

"I don't have any respect for the seniors, except for the big ones like Scott Anderson and Shane Tibiatowski," explained Danny Maker (10). In the same respect, the upperclassmen felt the lack of respect in many different ways. This included them taking up the whole hallway and not allowing anyone to pass.

Jennifer King stated, "I think that when the seniors walk through the hallways, the sophomores and juniors should take their conversations, slow paces, and strange ideas of hairdos to the outer perimeter and remain there until we are long gone!"

Many underclassmen felt they had the right to hassle the seniors as much as they cared or dared to.

"I feel that there is a complete lack of respect for peers at West Fargo High School on many students' behalves. There was a number of occasions in which several overly confident underclassmen tried to push me around, but finally I stood up for myself, and they were amazed," commented Dawn Vail (12).



Trying to show Wayne LeMier (12) that upperclassmen aren't 'all powerful', Travis Roehrich (10) slams him against the wall.

By Tod Koski

Willman, Sahr receive honor

As seniors, many students received honors and awards for their accomplishments in areas such as athletics, academics, music and community. In the area of academics, Sherry Sahr and Michele Willman earned the honor of becoming National Merit Finalists.

"It is very difficult to reach the level of being a finalist. The distinction places them in a group representing less than one-half of one percent of American high school seniors," said Mrs. Toni Bach.

During their junior year, Sherry and Michele took the PSAT test. Because of their high scores, they were eligible to become semi-finalists. The next step was to take the SAT and fill out an application which included an essay. The finalists were chosen by looking at the PSAT scores, SAT scores and the

application. From the group of finalist, 6,000 Merit Scholars were chosen. Also, all of the finalists were in the running for a variety of scholarships.

"For a five dollar test, this was really some kind of return investment! It's also a good way to let colleges find out about you," said Sherry.

Michele also agreed that there were benefits that went along with being a finalist.

"I never realized when I first took the PSAT test what kind of opportunities it would bring. Since I became a semi-finalist and then a finalist, I realized that I have a choice of almost any school I want to go to, and many of them offered me scholarships," said Michele.

By Jennifer King



Physics can be a challenge, but Sherry Sahr (12) calculates in the lab to acquire the answers she needs.



Brian Loberg



Julie Loberg



Stacie Loegering



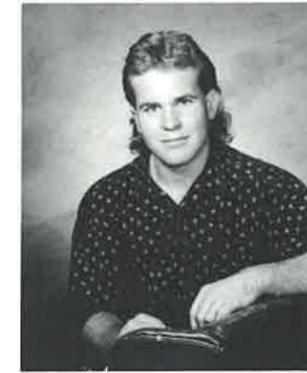
Jason Loney



Marisa Luccas



Jamie Lund



Gregg Lura



Stephanie Madsen



Angie Kowalke



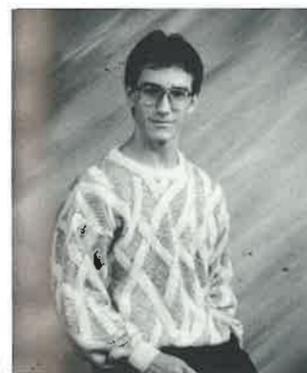
Dean Kraft



Shawna Kraft



Jessica Lamb



Randy Marquart



Andrea Martell



Craig Masee



Shannon McKinnon



Greg Lang



Wayne LeMier



Jess Liebelt



Janece Linnertz



Amanda Mehlhoff



Mark Menschel



Lisa Moltumyr



Kelli Montplaisir



Mary Morris



Chasity Morrow



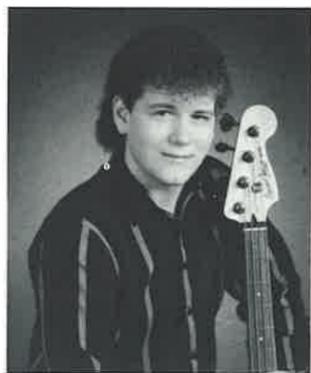
Kelly Mortensen



Ricky Muir



Robin Mullenberg



Kevin Murch



Laurie Muske



Shannon Myogeto



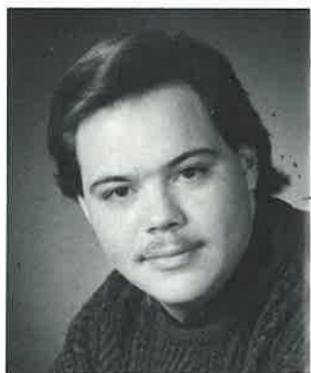
Debbie Nantt



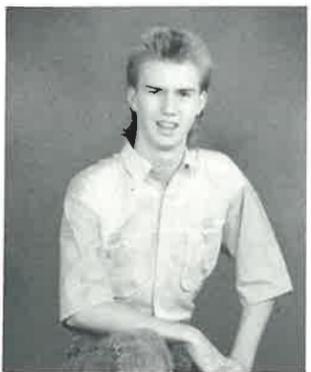
Joey Neilson



Anita Neisius



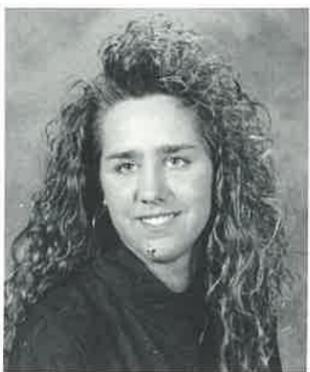
Chad Nelson



Greg Nelson



James Nelson



Keri Nelson



Ward Nelson

Students look towards future

Graduation tends to be an exciting moment for most everyone. After 13 years of teachers and books a majority of students also breathe a sigh of relief. Once the diploma is in hand, the "real world" takes over and the individual's success depends totally on them.

Wendy Schock stated, "I don't want to even think about graduation, especially because it means the end of everything about school as we know it. Sporting events, prom, homecoming, dances, pep-rallies, but most importantly, the fact that the kids you see and say 'hi' to everyday you won't see anymore. For me that's really scary."

Some seniors had an optimistic view of the future.

Corey Degenstein replied, "I'm really looking forward to leaving school and getting a start on life. I

can't wait to see what the future has in store for me. It will be hard at first to adjust to the different life style, but I feel by June I will be ready."

Several students felt that graduation would be too much responsibility too soon.

"Graduating to me is like a slap in the face by the hand of responsibility!!" said Stuart Campbell, "It is going to be really hard to just say goodbye to my friends and peers. I will miss all the things I regularly do with friends like parties, dances, and prom."

As the members of the class of 1990 go their separate ways, they will be able to look back on their years together and cherish the memories.

By Shellee Riness



Friendship means a lot to Cher Gunst (12) and Christie Biegler (12) as they congratulate each other after their win in the powder puff game.



Jason Nettum



Tim Nissen



Stephanie Nogosek



Eric Novotny



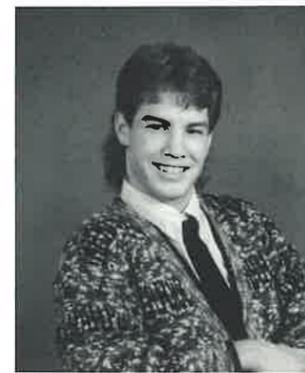
Chad Olson



Jodi Olson



Malynda Olson



Troy Olson



Paul Ostenson



Connie Palmer



Todd Pearson



Joy Petermann



Angie Porter



Johnell Prindiville



Valerie Pulkrabek



Doni Jo Ramberg



Darin Peterson



David Peterson



Dan Phillips



Heidi Pladson



Nikki Retterath



Mark Rheault



Tiffany Rheault



Shellee Riness

Decade influences lives

One graduate returns in a plush Maserati, while another shows up in the rusted-out 1968 Ford pick-up he drove in high school, but no matter the mode of transportation, when the class of 1990 returns for their 10 year reunion in the year 2000 many changes will have occurred.

Despite these changes Jason Netum chose to look at aspects that will remain the same.

"Mr. Gary Clark will be taking attendance," he stated.

Jessica Baker also saw visions of a beloved teacher.

She explained, "Ms. Haro-LaMotte will be talking about the symbolism of the 10 year reunion being in the year 2000."

While these students focused on memories or high school invading

the reunion, Janece Linnertz concentrated on her personal impact.

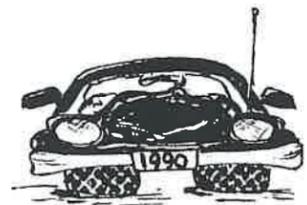
She asserted, "I will, of course, be successful and everybody will kiss my feet and be glad I'm there."

Many students may find wealth, success and fulfillment of personal goals, but Mark Rheault (12) took a more realistic look at the futures of the class of 1990.

"Everybody will have lots of kids!" he insisted.

At the reunion's conclusion, Ms. Success will drive home to her million-dollar mansion in her Maserati and Mr. Living-in-the-past will return to his shack in West Fargo, but each will have had a chance to review the successes and failures of the past ten years and look ahead to 2010. Perhaps, their roles will be reversed ...

By Michele Willman



Melanie Rohrich



Glenn Rolstad



Tonia Ronning



Keri Rosene



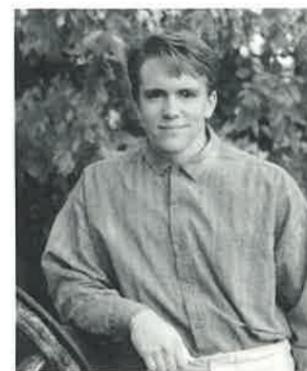
Dawn Rosenkranz



Jeremy Rossow



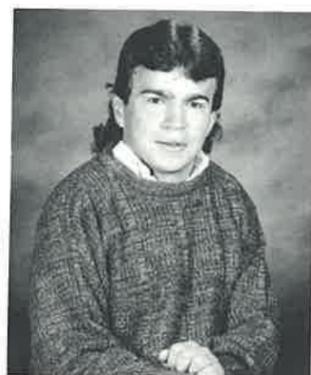
Julee Rourke



Mark Rudel



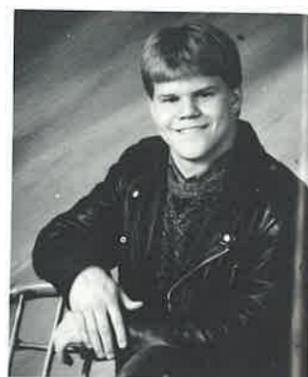
Tina Rudolph



Del Ruff



Rhonda Rustad



Shane Saari



Kristi Setter



Carrie Severtson



Cari Smith



Rial Stedman



Sherry Sahr



Tony Sakrismo



Jill Sattler



Stephanie Schenck



Brooke Storrusten



Kinsi Thibert



Lisa Thies



Melissa Thompson



Brenda Schmidt



Jennifer Schmidt



Jesse Schmidt



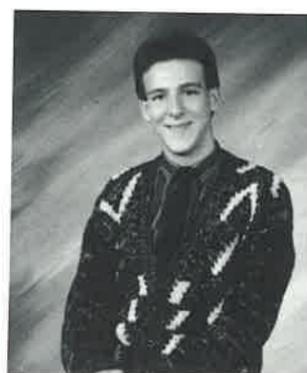
Shawn Schmidt



Wendy Schock



Jay Schroeder



Shawn Schroeter



Shawn Schweitzer

Seniors aim towards fame

Most students had certain dreams and goals that they attempted to attain throughout the year and their life. Also, many students used part of their class periods to day-dream about their future or that special someone in their life. The most popular dream they had was either to share an experience with someone famous or to be famous.

Stephanie Madsen replied, "I want to be Bono's (lead singer of the rock group U2) personal dental hygienist and masseuse."

Other students preferred to be an apprentice to a notorious person in order to learn from the best in that field.

"I want to be James Brown's soul brother, and be taught how to dance by the 'Godfather of Soul,'" said John Crandall (12).

On the other hand, several chose to aspire towards more realistic goals. They consisted mostly of making big money and basically to make something out of their life.

"The main thing I want out of my life is to have enough money to have a decent home and family," stated Shawn Benser.

Having goals in mind helped many seniors achieve the grades, promotions at work, awards, honors and diplomas that they wanted. Several students have the desire to make a difference in the world and to be somebody, possibly to have their names shining in bright lights on Broadway or written down in history. Others just want to survive in this world as an adult and to make the most out of their life that they can.



By Tod Koski



Stacey Thompson



Marianne Thomte



Shane Tibiatowski



Tamara Tingum



Jeff Townsend



Greg Tuchscherer



Dawn Vail



Dave VanEngelenhoven



Rochelle Vetsch



Paul Vigen



Jason Wadell



Daniel Wald



Connie Weber



Jason Westphal



Michele Willman



Christie Wilm

Students pull pranks for fun

In the past, students have taken part in a practical joke or two (or three or four) on their teachers. For the most part, the teachers have taken these pranks in good humor.

Rhonda Rustad has proven herself to be one of those "brave" students, along with her "partner in crime", Amanda Mehlhoff. Mr. Duane Lura, whom they refer to as "Old Baldy Himself" has been the victim of many of their practical jokes. They included playing "pin the toupe on the bald guy", putting Lura's house up for rent, taping his classroom door shut, and making him a "cake" for his birthday.

Mr. Lura explained, "I was sitting in my seventh hour study hall when Rhonda and Amanda came in carrying a frozen cowpie covered with cool whip. I thanked them anyway because it was a gift, and I always say thanks for gifts." He said that this proved the old saying "beware of strangers bearing gifts."

Mrs. Lori Liebl and Mr. Chuck Gad have also been the victims of mischievous

gags.

Shane Tibiatowski and Jason Kujanson displayed their artistic abilities on Liebl's car during lunch.

"After many occasions of telling me that my car was totaled and my not believing them, Jason and Shane toilet papered my car one day in an attempt to get a reaction out of me," said Liebl.

Gad has received his portion of practical joking, as well.

"One time Amanda and I called every pizza place in Fargo and West Fargo and had them each deliver one pizza to Mr. Gad's house. Fifteen pizza men arrived at the same time. We sat across the street and watched the whole thing!" recalled Rhonda.

WFHS students have proven Halloween was not a prerequisite for their practical jokes.

Amanda commented on her high school years, "It's been a blast! With-



During another of their usual pranks, Rhonda Rustad (12) and Amanda Mehlhoff (12) attempt to get even with Mr. Lura.

out Mr. Lura or all of those other teachers we've played tricks on, school just wouldn't be school."

By Angie Amundson and Shelly Ziegler



Joshua Wilson



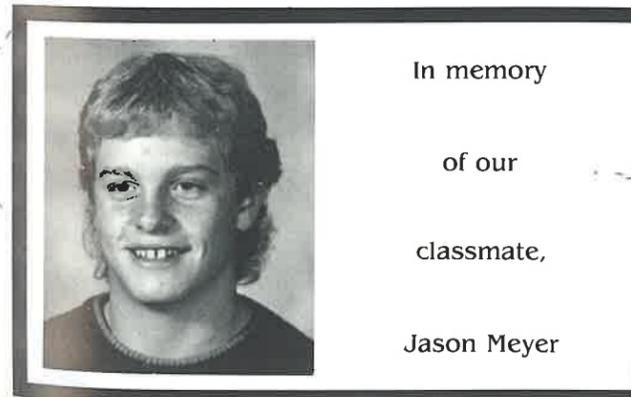
Jodi Worrel



Shelly Ziegler



Wendy Ziemer



In memory
of our
classmate,
Jason Meyer

NOT PICTURED:
Amber Baker
Christopher Blomquist
John Crandall
Gina Crawford
Robert Dickman
Stacy Dvorak
Gretchen Fell
Kirk Golliet
Jamie Goudreau
Robert Gwynn
Rolanda Herbranson

Jerome Hudson
Tina Kautzman
Jason Kujanson
Jason McIntyre
Robby Metzger
Scott Narlock
James Olheiser
Brent Olson
Kevin Rohrman
Shaun Rupe
Missy Sagvold
Chanae Taylor



UNDERCLASSMEN

A package deal

How did the underclassmen make an impact?

"The juniors kept the sophomores in line and showed the seniors how to get ready for life after high school! Most of all, the juniors showed the school a good time and made the year interesting and fun!" — Jason Wells (11).

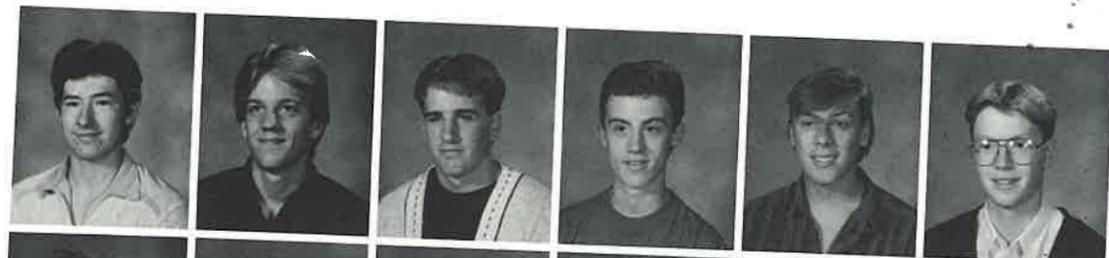
"It was really hard at first getting to know people and doing all of the homework. Later on it got much easier. I think everyone will remember their sophomore year the most." — Roxie Sveum (10).

"I think the sophomore class had a big impact on the school year. Without the sophomores who would the juniors and seniors beat up on to relieve the pressure of school and work?" — Mike Rasmussen (10).

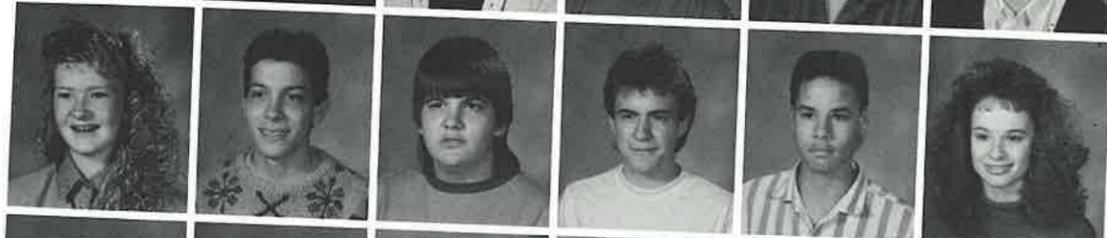


1. Chuckling at the remarks of her teacher, Tonya Tayman (11) waits for the last bell of the day to ring.
2. The fashion statement for the 90s! Carrie Stangeland (10) puts on a variety of clothes in French class in order to learn the French words for different articles of clothing.

Eric Allord 11
Chris Ambuehl 11
Josh Amundson 10
Brian Anderson 10
David Anderson 10
Erik Anderson 10
Jamie Anderson 10
Clint Armstrong 11



Tammy Aronson 10
James Bachman 11
Timothy Bachman 11
Jeff Bachmeier 11
Jonathan Backen 10
Michelle Balfour 10
Stephanie Bang 10
Reile Bartholomay 10



Daniel Barton 10
Todd Barton 10
Melissa Bauer 11
Misty Bauer 11
Trenton Bean 11
Colby Benser 10
Eric Benson 10
Jaci Bergeron 11



Kristen Berglie 10
Teri Bertrand 11
Joseph Best 10
Michael Birrenkott 10
Tawnia Blomberg 10
Teresa Blotsky 11
Stephanie Blow 11
Ross Boe 11



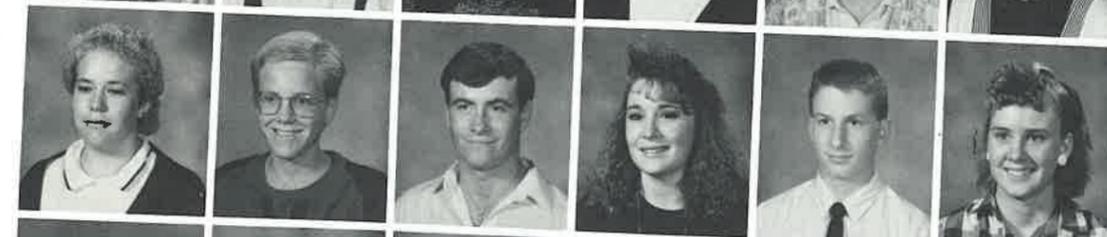
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Brent Bohner 11
Angela Bonnett 11
Heather Borg 11
Cory Borkenhagen 10
Darcy Braaten 11
Jodie Brager 11
Kristi Brager 11



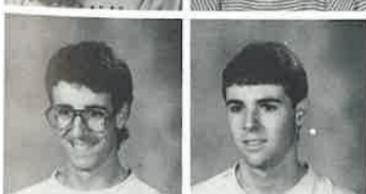
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Jason Braseth 11
Scott Brink 11
Matt Brostrom 10
Todd Bruce 11
Bobbie Burner 10
Denise Busche 10
Cristin Cardiff 10



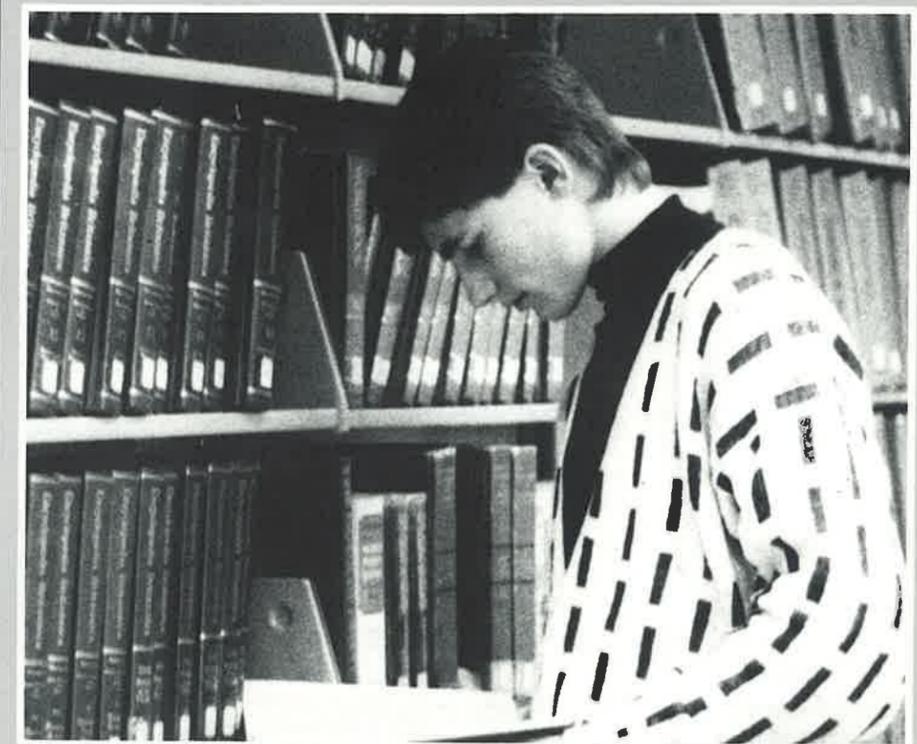
Tammy Carlson 11
Chad Carr 10
Chris Carroll 11
Meri Cartledge 10
Dwayne Chevalier 10
Tracy Christianson 10
Sue Ann Christopherson 10
Brooks Clemenson 11



Kristy Colton 10
Chad Conzemius 10
Dominic Cook 11
Tanya Cook 10
Darla Corcoran 10
Denise Corcoran 10
Chad Cornell 10
Mike Cornell 11



1. Trying not to let his curiosity get to him, Jason Olson (10), takes advantage of the school's library references.



Students wonder about school-related activities

'Curiosity kills the cat'

Sometime in everyone's life, there had been a time when they have wondered about something. Whether it had been homecoming king or queen or the captain of the basketball team, they wondered about it. There was also the curiosity about WFHS and the objects and students that surrounded it. For some it may have included certain classes and the ability to pass these classes.

"How come I'm passing all my classes, but I'm not doing any homework?" said Lisa Kitzen (11).

Another student wondered if she's doing her homework right.

"I wonder if I'm doing my Algebra II homework right," commented Angie Odden (11).

Yet another sat in class wondering about the school clocks in the building.

"Are the school clocks slow or is it just me?" stated Dustin Moser (10).

Some students had questions about their teachers and the behavior of them.

"If we come to school to learn to communicate, then why do the teachers say to us 'NO TALKING IN CLASS?'" said Dave Schacher (10).

No matter what the students of WFHS wondered about, they sure had fun using their imaginations.

By Jeff Bachmeier

1. Preparing for her future, Indera Hoglund (11) accompanies her child care playmate during snack time.



Future dreams inspire students to do their best

Military recruits several

Most students were not born with the superhuman capabilities of fortune tellers, nor did they have any reason to consult one. However, some students already have their futures planned out.

Usually due to their childhoods, some students opted for a career in agriculture.

"I will be farming," said Danny Maker (10).

Many wanted to join the U.S. military forces, such as Shawn Stuber (10) and Kevin Walz (10).

The idea of a lifetime of challenge fascinated a few.

Chris Eldevick (10) commented, "I'll be a doctor with lots of money."

On the other hand, some just wanted to marry a rich doctor.

Kristin Lindbland (11) added, "I will be rich and living with a doctor in a warm climate."

Also, there were those with more exotic expectations.

"I will be designing album covers," replied Chad Hesby (10).

Several will be hiding out and laying low like Chad Mangin (10), "I'm going to be sitting on a beach in the Bahamas."

The fashion industry and all of its aspects attracted many.

Holly Osterle (10), added, "I think that I will be a famous fashion designer and be owning a big fashion industry with factories around the world."

Of course, Hollywood and the big screen was a future goal for the adventurous student.

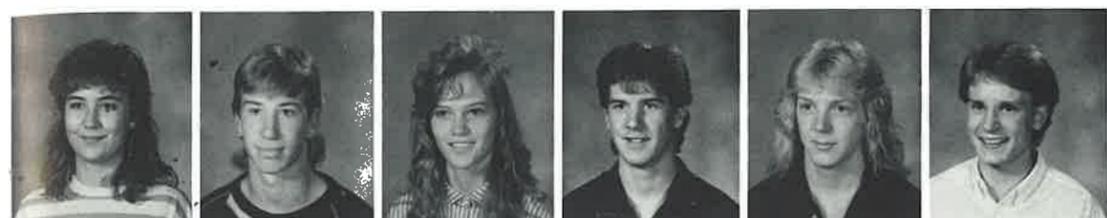
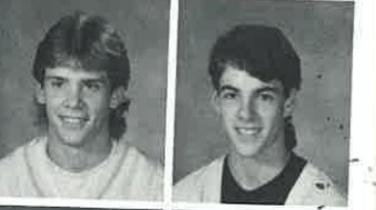
Bridget Murray (11) said, "I'm going to water ski in a group on Jaws 11 'Another One Bites the Dust'."

Also, the idea of becoming a sports hero was a dream worth attempting to achieve for some students.

Chad Maxwell (11) wants to be a professional wrestler in the A.W.A.

High school was only the beginning of a student's adult life, which is often full of hardships and difficulties. However, if they set their mind to do what they want, students have a good chance of making it in the world.

By Jason Schmidt



Shane Cossette 11
Scott Crawford 10
Nicki Culbertson 10
Jason Curfman 10
Jennifer Dahl 10
Jody Dahl 11
Jarrod Dallmann 10
Cory Damm 11

Beth Danielson 10
Kimberly Davis 10
Tara Decker 10
Stuart Deutsch 11
Kristina Dewald 10
Penny Diede 10
Brian Dobberstein 10
Jason Dodd 11

Katie Dressel 10
Ronald Driggers 11
Kari DuBois 10
Michelle Duchschere 11
Wendy Due 10
Jason Dukart 11
Pam Dusek 10
Linus Edgerly 10

Matt Eisinger 11
Chris Eldevick 10
Teresa Elijah 10
Jeff Ellingson 10
Matt Ellison 10
Heidi Emery 10
Tim Engelstad 11
Teri Englerth 11

Troy Englerth 11
Jason Erickson 10
Shawn Exner 10
Gabriel Falk 10
Brent Faul 10
Rhauna Fehrenbach 10
Kai Feland 11
Lisa Feland 11

Jeff Ferber 11
Sam Fett 10
Nick Fiala 10
Lisa Fischer 10
Derek Fletcher 11
Stacy Fonder 10
Kaci Fordyce 11
Faith Fraase 11

Heather Fraase 10
Brian Frank 11
Eric Frank 10
Kimberly Freiheit 10
Kyle French 11
Jeffrey Fuchs 10
Audra Galbraith 10
Jenny Galt 10

Marc Ganser 10
Chris Gaulrapp 10
Darcy Gebeke 11
Stefanie Gefroh 10
John Geiss 11
Beth George 10
Chris Gilleland 10
Tim Glaser 11

Lenore Glass 11
 Nichole Goodin 10
 Glenn Gordon 11
 Denise Gothberg 11
 Manny Gourde 11
 Kristen Grande 11
 Jeanne Gregoire 10
 Michael Griffin 11



Eric Grindberg 10
 Denise Gross 10
 Chad Grossman 10
 Melanie Grossman 11
 Darren Guler 11
 Racquel Gully 10
 Rachel Gunderson 10
 Jolene Gust 10



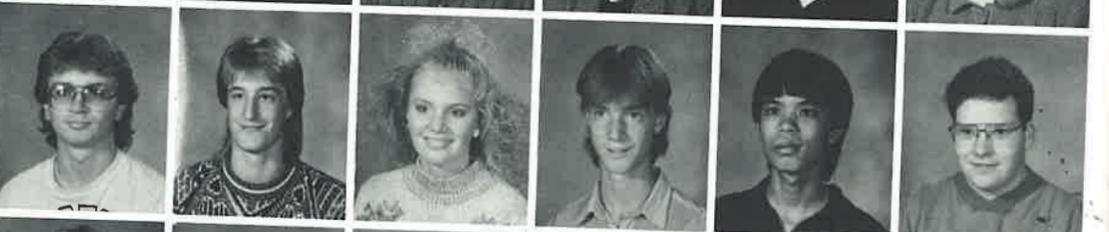
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 Christopher Hagen 11
 Leah Hagen 10
 Keri Hager 10
 Corey Hajek 11
 Randy Hallett 10
 Geordie Hanna 11
 Jeff Hapala 11



Sari Harris 10
 Ericka Harrold 11
 Barney Haugen 10
 Kristen Heiden 10
 Beth Heier 11
 Sandie Hein 10
 Sarah Heinze 10
 Randy Heller 10



Christopher Hendrickson 10
 Chad Hesby 10
 Deseri Hinz 10
 Jesse Hirschert 11
 Juan Hoang 10
 Jeffrey Hochhalter 10
 Coleen Hoffart 11
 Teri Hoffart 10



Kari Hoffman 10
 Amy Hogen 10
 Cody Høglund 10
 Indera Høglund 11
 Jeremy Høglund 11
 Corey Høiland 11
 Brenda Holte 10
 Diane Holte 11



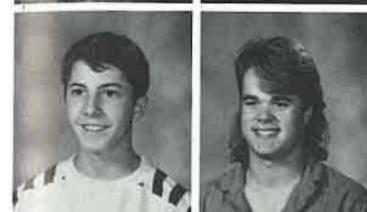
Lori Holte 10
 Sheryl Holter 11
 Janelle Honcik 10
 Janet Hopper 11
 Brian Horn 11
 Kristi Horn 11
 Yuri Hoverson 11
 Kathryn Humfeld 10



Shelly Hurt 11
 Christopher Huseby 10
 Andrea Huseth 10
 Nikki Illich 11
 Phaedra Jackson 10
 Rebecca Jackson 10
 Chad Jacobsen 11
 Brad Jacobson 11



106-Underclassmen



1. During a difficult biology test, Teri Hoffart (10) and Colleen Woolery (10) attempt to determine the species and origin of a sample plant.



High School obstacles challenge many students

Challenges inhibit teenagers

The impossible teacher, the ominous pile of homework, the unattainable "A", the untouchable mate. All of these represent challenges that a typical teenager had to face during his or her high school years.

A few WFHS underclassmen shared their most challenging obstacles they had faced thus far.

"Getting a 3.0 or higher has been the greatest challenge in my high school years," commented Mindi Zimney (11).

Don't forget those teachers that have to be dealt with.

"One really big challenge was try-

ing to get 'Mr. Retail' (Mr. Anderson) to give us free candy when we decorate the store," recalled Heather Brand (11).

There are those more obvious challenges such as, "Showing up!" laughed Darcy Braaten (11). Richelle Timmerman (11) added, "Trying to look half-way decent in the morning!"

Over the years, many challenges were handed to many students. Each of those special obstacles and how they were dealt with will be remembered for years to come.

By Stephanie Blow

Tonya Laney (11) carries the books of her idols, Marianne Thomte (12) and Janece Linnertz (12).



Heroes influence/inspire juniors and sophomores

Underclassmen tell of idols

Many students idolized people such as sports stars, actresses/actors, musicians, authors and political leaders. These people tended to influence the way people think and act.

"My hero is Andre Dawson because he is the leader of the Cubs and an inspiration to young athletes," commented Chad Cornell (10).

Sports stars were admired by many, no matter what they played.

"I think Mario Lemieux, the center for the Pittsburgh Penguins, is a great hockey player!" said Jeremy Johnson (10).

There are no formal qualifications to become a hero, so being famous is not

really necessary. Many heroes were ordinary people who have influenced the students' lives in some way.

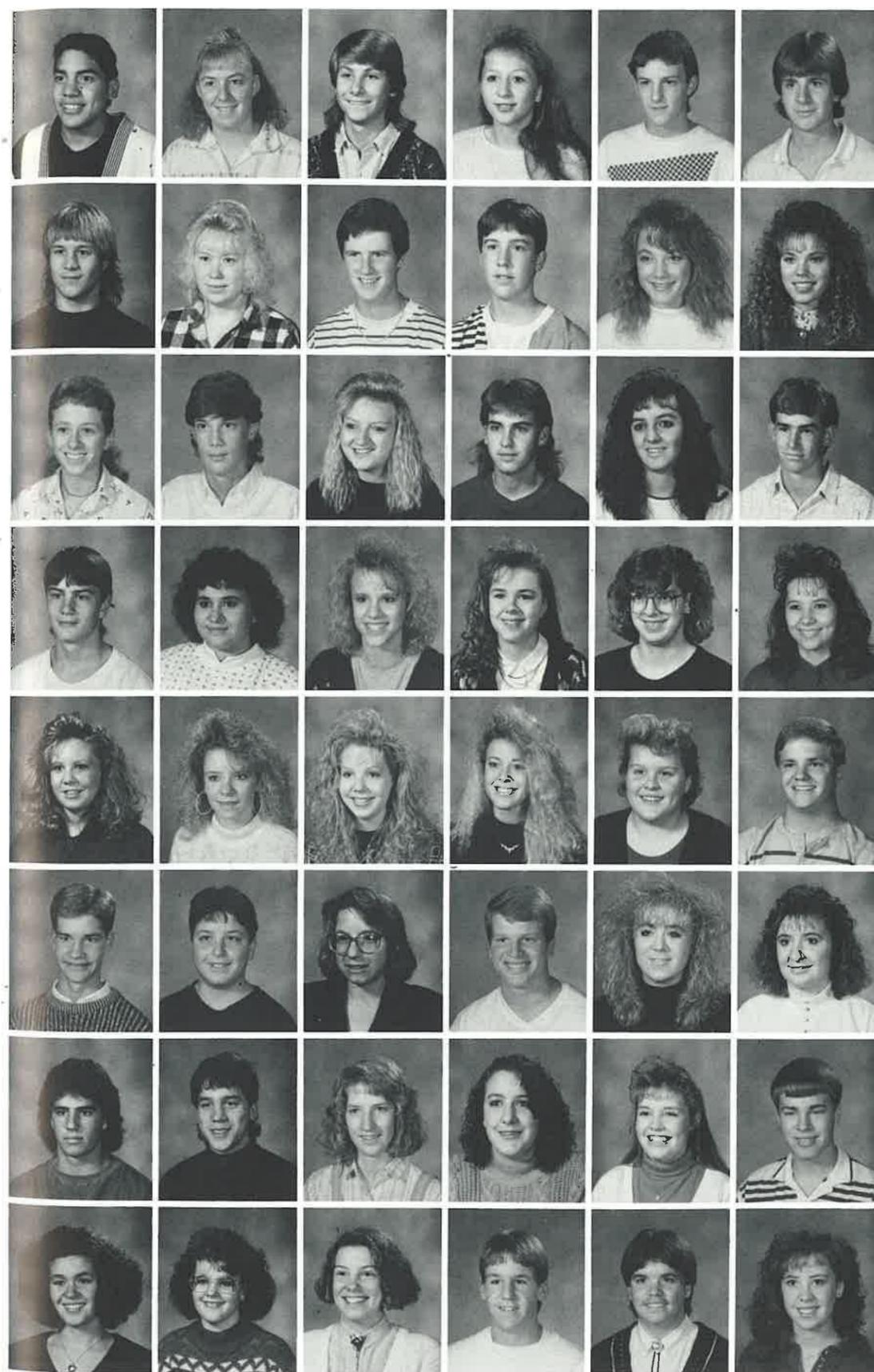
Stacy Johnson (11), Stephanie Gefroh (10) and Karen Korsmo (10) idolized Mr. Kaspari "for being able to kick all of the aliens out of the commons."

On the other hand, a few heroes were the students themselves.

For example, Keri Rosene (12) is the idol of Debbie Roth (10).

Generally, everyone at some point in their life, admires someone for many different reasons. The students at West Fargo were no exception.

By Cory Borkenhagen



Tracy Jacobson 10
Kory Jalbert 11
Roland Jeanotte 11
Michelle Jendro 11
Shawn Jenks 10
Twylla Jenner 11
Nathan Jerstad 10
Brad Johnson 11

Jeremy Johnson 10
Leah Johnson 10
Michael Johnson 10
Paula Johnson 11
Peter Johnson 10
Scott Johnson 10
Stacy Johnson 11
Tamara Johnson 11

Melanie Jones 11
J'Amy Jordahl 10
Jon Jundt 11
Chad Juntunen 10
Teri Kartes 11
Shane Kasowski 11
Tanya Kellerman 11
Scott Kent 10

Cory Kessler 10
Amber Keszler 11
Troy Kindem 10
Shawna King 11
Nikki Kirchen 11
Gwenivere Kircher 10
Katrina Kirkeby 11
Lisa Kitzan 11

LaRae Kitzman 11
Chanda Klemisch 10
Georgiana Knudsen 11
Sara Kopp 10
Karen Korsmo 10
Cindy Kowalke 11
Teri Krauth 11
Dirk Kringen 11

Misty Kuhn 10
Trent Kujanson 10
Eric Kurzweg 10
Gabriel LaCroix 10
Maria LaCroix 11
Brian Lammer 10
DeLynn Laney 10
Tonya Laney 11

Ryan Larkin 10
Alexia Larsen 10
Damon Larson 10
Steven Larson 11
Carrie Lauber 10
Nicole Lauer 10
Tiffany Leach 11
Brad Lee 11

Eric Lee 10
Kim Lee 10
April Leinen 11
Angie Leiss 10
Heather Lenzen 10
Matt Lepird 11
Jason Lilleboe 10
Kristin Lindblad 11

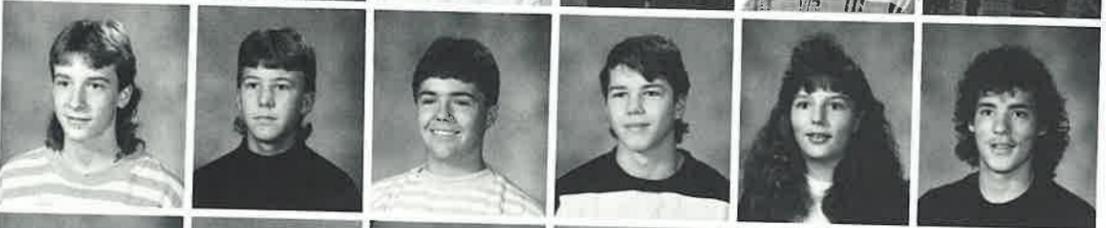
David Lindeman 10
Alicia Loberg 11
Troy Loberg 11
Amy Loeks 10
Aaron Lofgren 11
Debbie Lonski 11
Chad Low 11
Matthew Lubben 11



Layne Lucas 11
Sheila Lusk 10
Steven Mack 11
Amy Maker 11
Daniel Maker 10
Jason Malusky 11
Chad Mangin 10
Nathan Mark 10



Stacy Mark 11
Paul Matthys 11
Scott Matthys 11
Chad Maxwell 11
Tara McDaniel 10
Koby McFarlane 10
Angela McGuire 10
Jim McKinnon 10



Jenaah McLeod 10
Christel McNamara 11
Colin McNamara 10
Mystie Menke 10
Shannon Messner 10
Carrie Metcalf 11
Richard Metcalf 11
Jeffrey Metzger 10



Jeremy Meyer 10
Loren Michelsen 11
Brian Miller 10
Kayla Miller 10
Suzanna Miller 10
Tamara Miller 11
Tawnya Miller 10
Tonia Miller 11



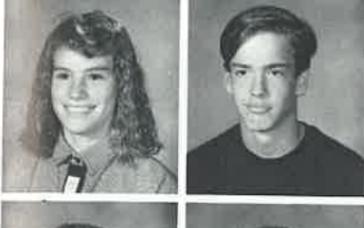
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Mike Moe 10
Julie Moffett 11
Eric Moltumyr 11
Mike Moore 10
Eric Moran 10
Kara Mortensen 10



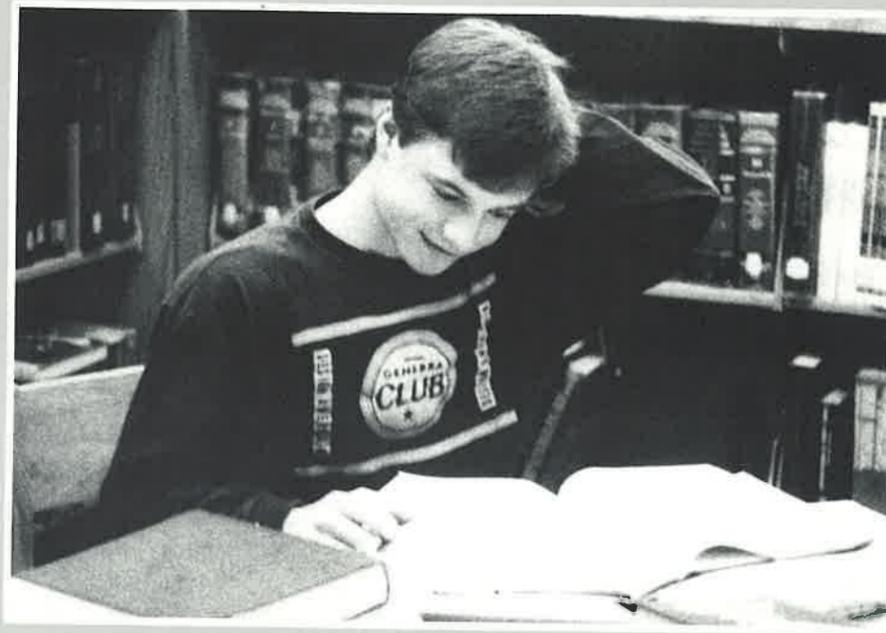
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Diane Mowdy 10
Bridget Murray 11
Darin Nagel 11
Rachel Nerby 10
Chris Nielsen 11
Nickie Nogosek 10



Greg Normandin 10
Tami Novotny 10
Robert Noyes 11
Katie Nudell 11
Angela Odden 11
Holly Oesterle 10
Darin Olheiser 11
Colleen Olson 10



1. Struggling with his endless homework, Chad Mangin (10), tries to deal with his stress by laughing at his situation.



School-related complications lead to problems

Students cope with stress

During the school year many situations that were hard to handle occurred to most, if not all students. Whether it was school, work, peer pressure, or everyday problems, stress was a part of life, and everybody had a different way of handling it.

"When something stressful comes up I try to find something relaxing to do like watch television, read a Stephen King book, or listen to music," said Jason Malusky (11).

On the other hand, going home to sleep was an outlet for some.

"When I'm really stressed out, I go home, forget about everything and go to sleep," replied Mindy Zimney (11).

Some people found it easier to reduce stress within the company of their friends, such as going out to a movie or going out to party!!

sing and dance our @!?! off!!", said the trio of girls, Heather Brand (11), Stacy Johnson (11), and Jaci Bergeron (11).

Some students found going out with classmates was as relaxing as spending some quiet time alone.

"I like to spend time with my friends, because we usually end up having a good time. When I'm by myself, I sit in my room and crank my stereo up or take a drive and think about things," said Julie Richard (11).

Stress was common amongst almost everyone at West Fargo as well as everywhere else in the world. However, students here managed to find different ways of getting around it and coping with it. Sometimes students had to take stress as it came, deal with it and put it behind them, rather than becoming obsessed with it.

"We put on really loud music, then

By Greg Wymer

1. Because of her interest in architecture, Kayla Miller (10), takes her drafting class seriously to prepare for her future.



Students strive toward their hopes and dreams

Optimism remains high at WF

When Martin Luther King, Jr. said, "I have a dream . . ." he evoked within the American people the feelings of striving toward their goals, dreams and aspirations. The students of West Fargo have been brought up with these emotional feelings, therefore, they continued to attempt to achieve whatever it was that they so desperately wanted or needed.

Some students have already set goals for themselves, such as Kristen Heiden (10).

"For my long term goal, I want to become an Air Force pilot. Now, I want to be on the girls' basketball team when they go to state."

Of course, there were those who strived towards a relationship with an interesting member of the opposite sex. Jenny Galt (10) wanted to get a boyfriend in her lifetime and to marry a man who was rich.

Students have high hopes for the future and many of them are already working toward their goals.

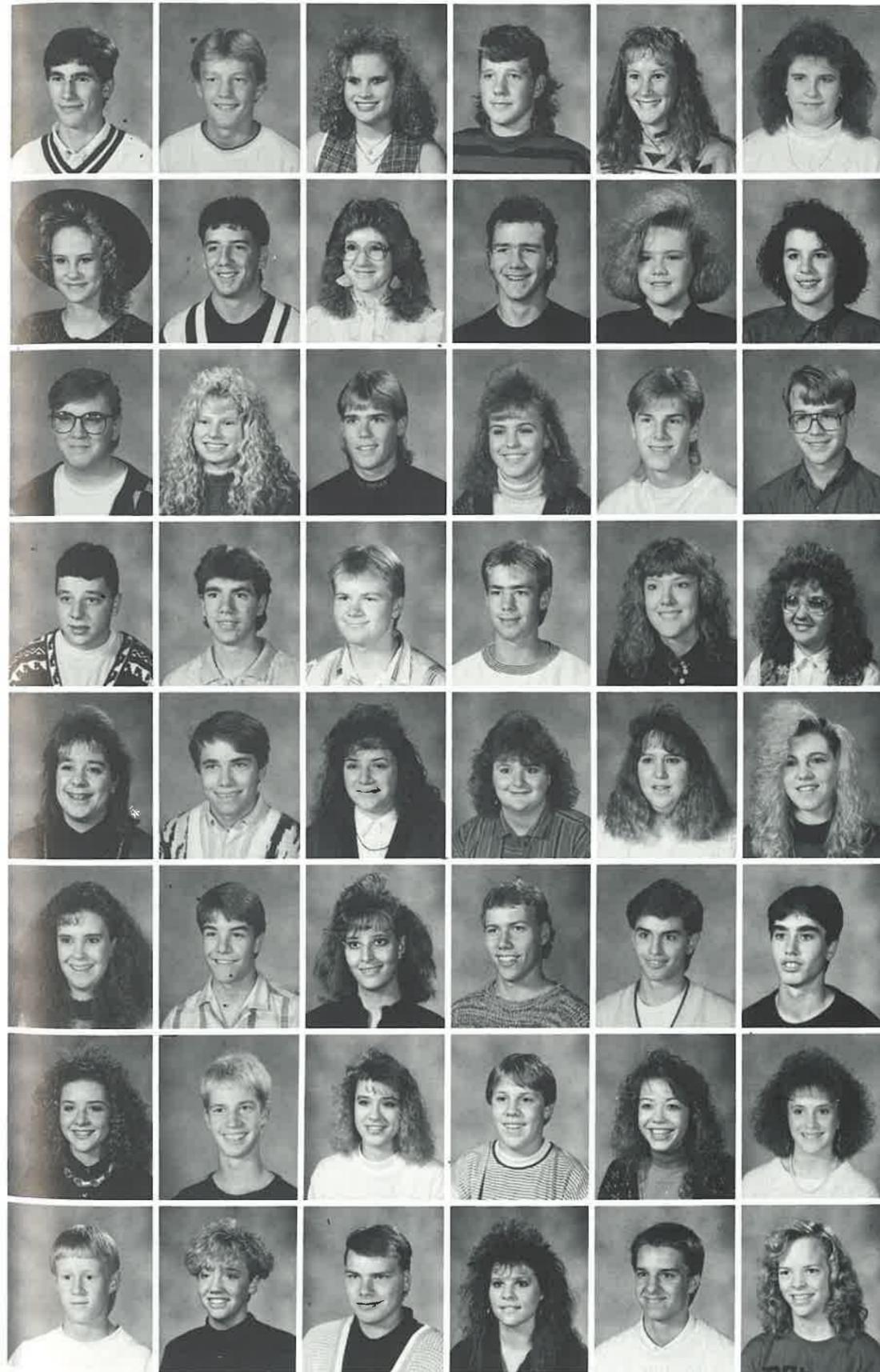
"I would like to become a doctor of some sort and make a lot of money so I can afford a nice home," commented Ryan Larkin (10).

Other students had unique goals that they would like to achieve.

Chad Mangin (10) said, "For my short term goal, I would like to have a good relationship with my girlfriend, Doni Jo, and for my long term goal I want to become president of the television show, MTV. I would also like to earn a lot of money, so I have a lot of money to spend on my wife when I get married."

The students followed strict guidelines to reach their goals, because they had high hopes and aspirations. Many attacked their studies with a great fervor in an attempt to gain a prestigious GPA for whatever it was they were going to take up in college, and many others spent a great amount of energy on their jobs for financial security and future job opportunities.

By Angie Schmidt



Erik Olson 11
Heather Olson 10
Jason Olson 10
Kris Olson 10
Nancy Olson 10
Dave Opdahi 10
Robyn Orson 10
Dawn Ost 11

Chad Ostby 11
Marty Ostern 10
Tamara Otterstetter 11
Travis Paeper 11
Valerie Pascoe 10
Brad Paulson 10
Danelle Pederson 11
Jenna Perez 10

Beth Peterson 10
Brant Peterson 10
Calvin Peterson 11
Lisa Peterson 11
Travis Peterson 11
Kristy Pfahl 10
Erik Pier 10
Brian Pittenger 10

Tonya Poole 10
Teri Porter 11
Mark Praska 11
Joel Prudhomme 11
Kelly Pulju 10
Jamie Quam 11
Michelle Quam 11
Amy Rabideaux 10

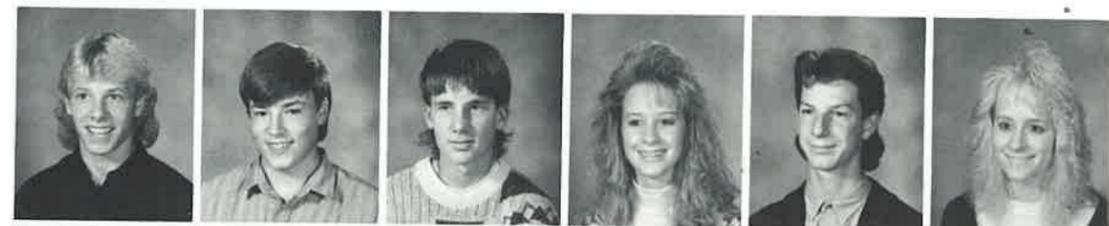
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Sara Ramsett 10
Mike Rasmussen 10
Anna Rausch 10
Amy Reiter 10
Jennifer Rhinesmith 11
Tanya Rhinesmith 10

Brooke Richard 10
Christen Richard 10
Julie Richard 11
Doug Richau 10
Jodee Rieth 11
Dan Rivenes 10
Shannon Roehrich 11
Travis Roehrich 10

Penny Rogne 11
Cory Rolstad 11
Angie Rood 11
Lauren Rood 10
Rochel Roquette 11
Tim Rosene 10
Amy Rost 11
Deborah Roth 10

Jon Rud 11
Paul Rudel 10
Schane Rudlang 11
Pam Rudolph 11
Ryan Rued 11
Trudy Ruff 11
Jeff Ruhnke 11
Teresa Sachow 10

Dave Samuelson 11
Chris Sanders 10
Chad Satrom 11
Angela Sattler 11
Dave Schacher 10
Nichole Schatschneider 11
Jennifer Schedin 11
Angie Schmidt 10



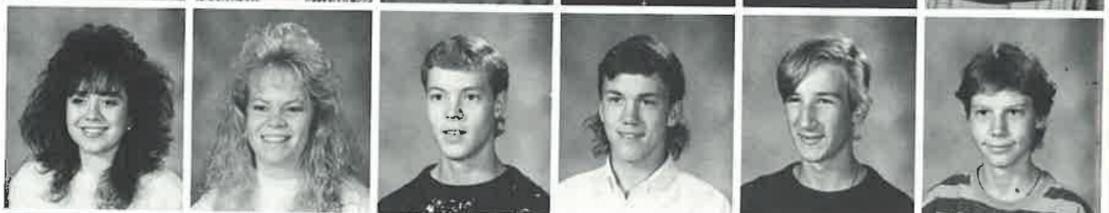
Clint Schmidt 11
ElRoy Schmidt 10
Jason Schmidt 10
Jesse Schmidt 10
LeRoy Schmidt 10
Scott Schmidt 11
Christopher Schock 10
Karen Schroeder 11



Chad Schuessler 11
Michael Schumacher 11
Lewis Schwartz 10
Angie Sedevie 11
Eric Semmens 10
Marshall Senf 10
Leona Senftner 11
Amy Senger 11



Downey Serumgard 11
Jodi Sherin 11
Jamie Sherman 10
Scott Simley 10
Christopher Slusher 11
Troy Smedshammer 10
Lisa Smith 10
Scott Smith 10



Shawn Smith 11
Sue Smith 10
Rick Sommerfeld 11
Joe Spier 11
Tricia Sprecher 11
Carisa Stadick 10
Carrie Stangeland 10
Jera Steele 11



Teresa Steele 11
Christopher Steen 11
William Steen 11
Joshua Steiner 11
Carl Stephenson 11
Jesse Sternitzky 10
Tammy Stockert 11
Vickie Stockert 10



James Strand 11
Emily Straub 11
Marty Strege 10
Shawn Stuber 10
Shane Suko 11
Jolene Sundlie 10
Roxie Sveum 10
Becky Swartz 11



Perry Sweeten 11
Neal Tareski 10
Neil Taylor 11
Todd Tayman 11
Tonya Tayman 11
Shane Tessier 11
Travis Thibert 11
Corey Thompson 11



1. Participating in an exhilarating after school activity, Matthew Brostrom (10), concentrates on increasing his muscle strength.



After school activities vary among students

Many kick back and relax

Ordinarily, after the 3:25 bell rings, the school is cleared out as soon as possible. By 3:30 the parking lot is almost empty and the line to get out is moving at a steady rate. Why is everyone in such a hurry? Where are they all going? Many students work, participate in after school activities, do homework, or just lay around.

Danny Maker (10) said, "I enjoy working on my dad's farm and juggling in my spare time."

Other students liked to hit the fast food restaurants and watch T.V.

Kevin Walz (10) commented, "I usually go to Taco John's and take my food home to watch old reruns of 'Laugh In'."

Some students let their musical talents go to work, by forming bands.

Jeff Ellingson (10), the drummer for the band Jester, added, "I wall on my drums and jam with my band members."

Some people feel after school is a

time to wind down from the day's activities.

Chris Eldevick (10) said, "When I get home, I like to just sit there and relax on the couch and eat popcorn."

Many working students don't have much time to do anything after school.

Tom Wetzstein (10) explained, "When I have time to myself after school, I spend it wisely."

Other students spend their nights watching professional sports on T.V.

David Zimmerman (10), for instance, said, "I like to sit home and watch the Philadelphia Phillies and eat Toasted Strudels."

There are an unlimited amount of activities for students to participate in after school. They usually range from lifting weights and playing sports to shopping and working.

By Jason Schmidt



Relaxation relieves students of school pressures

Vacations alleviate stress

Throughout the school year, many students and teachers felt the need to escape the tension and stress of everyday life. There was that ever-present need to take some time and get away for a while to relax.

Teri Porter, (11) who is originally from Colorado flew back to visit old friends.

"A friend of mine and I flew to Aurora. We visited some friends of mine, and had a great time skiing." Teri had also gone 'home' the previous year. "It was nice to see everyone again and to get away for a while."

Mrs. Linda Boyd-Coates, who got married over the school year, traveled to Rapid City S.D. over Christmas vacation.

"After spending time with my family, my daughter and my 'new' husband

and I drove to Rapid City to visit my newly acquired in-laws."

Sara Kopp (10) took a break from the cold winter to fly to Arizona.

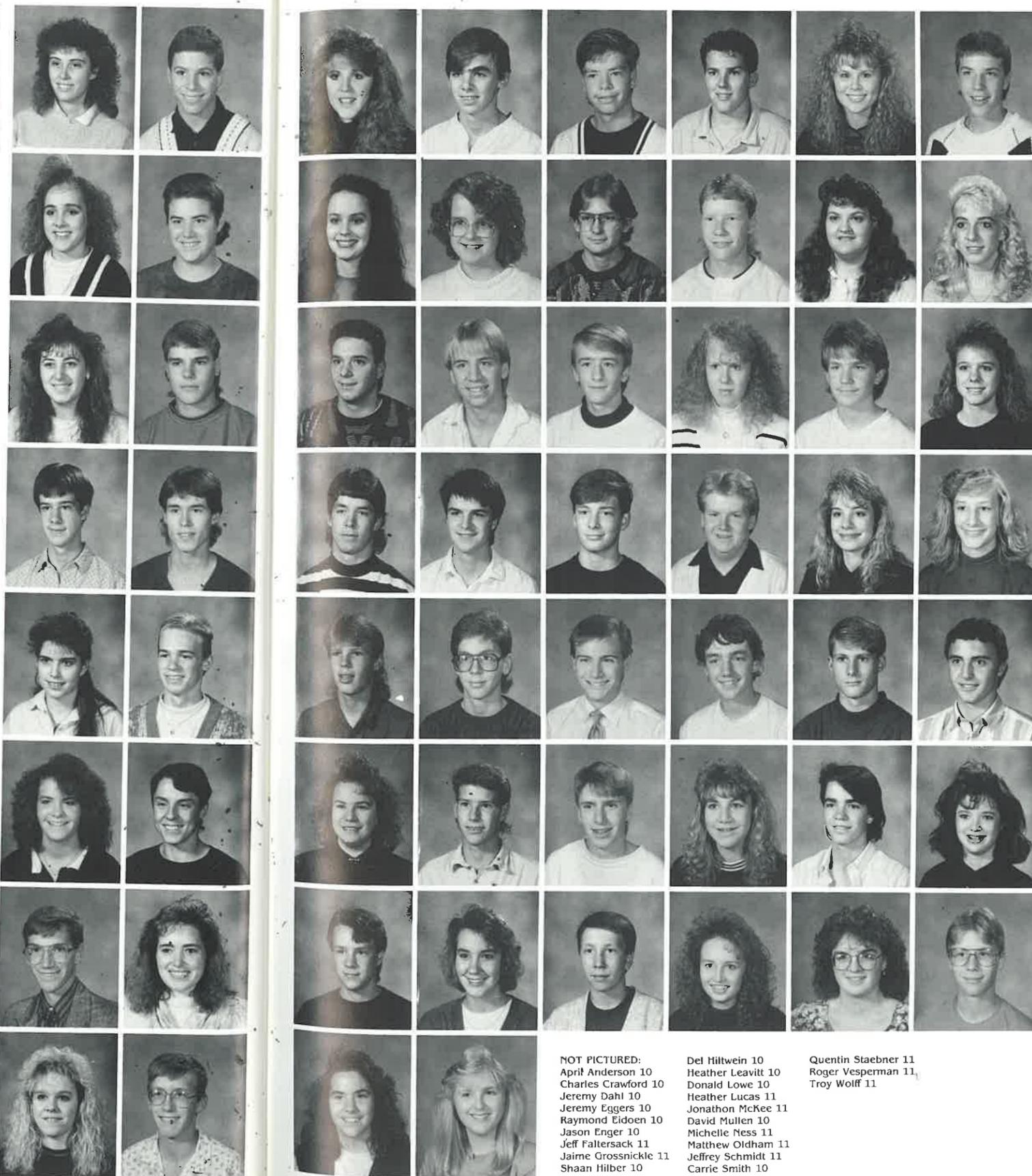
"My boyfriend sent me a plane ticket to go and visit him."

A relaxing time of skiing over mogul covered mountains was explained by April Leinen (11).

"Stephanie Blow and I went skiing in Duluth in February and had a blast! But, hey, we were skiing. What more could you expect?!"

Good times were had, but in the end everyone returned home to reality and every day life.

By Stephanie Blow



NOT PICTURED:
April Anderson 10
Charles Crawford 10
Jeremy Dahl 10
Jeremy Eggers 10
Raymond Eidoen 10
Jason Enger 10
Jeff Fallersack 11
Jaime Grossnickle 11
Shaan Hilber 10

Del Hiltwein 10
Heather Leavitt 10
Donald Lowe 10
Heather Lucas 11
Jonathon McKee 11
David Mullen 10
Michelle Ness 11
Matthew Oldham 11
Jeffrey Schmidt 11
Carrie Smith 10

Quentin Staebner 11
Roger Vesperman 11,
Troy Wolf 11

Dana Thompson 10
John Thompson 10
Juli Thompson 10
Justin Thompson 10
Garett Thomte 10
Scott Thuen 10
Richelle Timmerman 11
Ryan Torgrimson 11

Jennifer Trottier 10
Donovan Tuchscherer 11
Jessica Tufte 11
Jessica Turner 11
Chad Van Dyke 11
Dan Van Engelenhoven 10
Tammie Van Winkle 10
Michelle Vanyo 10

Francine Vetsch 11
John Vining 11
Jassen Volk 11
Jerry Volk 11
Brian Vollmer 10
Stace Vraa 10
Eric Waagen 10
Carrie Wagenman 11

Damon Wagner 10
Randy Wagner 11
Robert Wagner 11
Bryan Walker 11
Damian Walkin 10
Kevin Walz 10
Andrea Weeding 11
Karla Weeding 10

Karla Weis 10
Jason Wells 11
Troy Werner 10
Thomas Wetzstein 10
Jason Widerstrand 11
Randy Wieland 10
Corey Wikstrom 10
Jason Wilm 11

Marquel Wirth 11
Jason Witt 10
Colleen Woolery 10
Trevor Wright 10
Greg Wymer 11
Sara Wysocki 10
Jason Yagow 10
Gretchen Yahnke 10

Curtis Yanish 11
Mindy Yanish 11
Jeremy Zaleski 10
Shelby Zander 10
Dustin Zeeb 10
Sheila Zerr 11
Lori Zeutschel 11
Tony Zich 10

Nickie Ziegler 10
Ronald Zimmerman 10
Mindi Zimney 11
Jennifer Zimprich 11

Having fun becomes necessity for WFHS students

Students enjoy leisure time

Fun and excitement was one of the major goals of the students concerning their weekend entertainment. For most everyone at WFHS, weekends were a welcomed sight. Friday rolled around and the students all headed to their fun spots. Whether it be at home or at that favorite place under the sun, people enjoyed this extra time to be themselves and possibly paint the town. For generations, teenagers have treasured their leisure time and have found new and exciting ways of spending it. Some liked to cruise up and down the main streets and to participate in a flirting escapade, otherwise known as shopping at the 'meat market'. Others enjoyed taking their loved ones out on a classical date — dinner and then to the movies. Of course, the students found many other events to preoccupy themselves with.

"I go shopping or hang out with my friends," commented Colleen Woolery (10).

Some had a wide variety of weekend relaxation, which is another top priority among both the faculty and

the students.

"I sleep, work and then I party hardy," said Mike Schumacher (11).

Others enjoyed the outdoors on the weekends to the fullest extent, regardless of the season.

"I usually go to the lake in the summer time and in the winter I usually go snowmobiling with my friends. If I have any excess time, I sleep," stated Matt Lepird (11).

Another popular pastime for the students was spending it with friends.

"On the weekends I just like to 'HANG OUT WITH THE GIRLS'," expressed Christel McNamara (11).

Usually the students found plenty to do with the extra time on their hands. For some, their weekends tended to be nothing more than a routine, but a few always found something interesting to do and to make lasting memories.

By Jeff Bachmeier



1. Shopping seems to be an exciting pastime for Andrea Weeding (11) and Carrie Wagenman (11) as Andrea asks for Carrie's advice on a possible investment.



2. Watching movies on the weekend is a tradition that continues to be upheld by the students at West Fargo High School. Picking out a movie can prove to be a difficult task for some. Teresa Steele (11) attempts to find the movie that will make her Friday night one full of laughs.

3. Today, many teenagers find it necessary to spend a great deal of their weekend hours hanging out with their friends at the fast food restaurants in town. Dave Dalke (12) takes time out of his busy schedule to "woof" down a hamburger.



1. Several students found cruising up and down Broadway to be an interesting way of spending their Friday and Saturday nights.

2. Kristen Grande (11) and Mindi Zimney (11) find cheering for the boys' basketball team while surrounded by their peers to be an entertaining time.





ORGANIZATIONS

Joining the pack

How did organizations make an impact?

"I think the speech team had a positive impact on the school. We placed numerous people in every meet. We proved that the speech team is as important and contributes as much to the school as sports events do." — Ericka Harrold (11)

"Band allowed me to make a lot of new friends, and it also made a big impact on the school when we performed at sporting events and pep rallies. It helped to get the crowd enthusiastic about the game." — Lisa Braaten (12)

"I realized how it is to learn and to speak in a different way, and how hard it is for those who are deaf to speak to others." — Raili Johansen (12)



1. Class officers Jaci Bergeron (11) and Richelle Timmerman (11) work out the final plans for prom during a prom committee meeting.
2. Tracy Modin (10) and Jessica Baker (12) practice a scene for their upcoming performance of the children's play, *Heidi*.

1. Working diligently to get everything covered during a meeting, Key Club president Jana Baumann (12), checks off the points already discussed.
2. Members Katie Dressel (10) and Beth George (10) sell tickets to the Pepsi Passport All City Key Club Dance to Tawnya Miller (10).



Row 1: Katie Dressel, Michelle Vanyo, Beth George, Heather Olson, Jennifer King. Row 2: Eric Waagen, Dawn Vail. Row 3: Angie Amundson, Chris Bogardus, Trista Frandson, Jana Baumann, Nikki Retterath, Christina Biegler.

Key Club serves area schools and communities

Members build up confidence

Key Club International is a unique service organization for high school students, sponsored by an area Kiwanis Club, the Rough Riders. It is primarily a service organization; however, many fun activities are planned annually. The International theme, "Develop Within Share Throughout" attests to the tradition and dedication to active service Key Club has maintained for over half a century.

"Being a part of Key Club has given me a lot of self-confidence. Through it I have learned to be involved in the school and community in a very positive way. I feel Key Club is one of the best organizations available to high

school students," commented Jana Baumann (12), president.

The West Fargo Key Club held Christmas pizza parties, served ice cream to the teachers during Teacher's Appreciation Week, sold tickets for the All-City Key Club Pepsi Passport Dance held in April.

"Serving ice cream to the teachers gave me an opportunity to be active within the school and also to say 'thanks' to all of our teachers," stated Jennifer King (12), secretary.

By Jana Baumann and Dawn Vail



Students instruct sign language club members

Club thrives in first year

During the 1989-90 school year, the sign language club was initiated. The organization turned out to be beneficial to a number of students.

"I thought I would get more students to join than I did, but with students being involved in so many other activities, I wasn't disappointed," commented Mrs. Lynn Triplett-Benson.

The main goals of the club were to teach the students signs and to help them understand all that is involved in signing. The members also had the opportunity to sign at the choir's Christmas concert.

"I really like the sign language club. It is a good club and people learn a lot from it," said Dana Thompson (10).

While the club was a challenge in a new language for many of the members, they experienced considerable benefits. It also helped improve the students' confidences in themselves and their newly acquired method of communication.

"Sign language club was a lot of fun!" stated Rick Muir (12).

By Dirk Kringen



Key Club

"Through Key Club, I have learned to be involved in the school and community in a very positive way. I feel Key Club is one of the best organizations available to high school students." — Jana Baumann (12).

"I had the chance to help people of all ages through Key Club. We helped young people by donating money to the Children's Hospital, and we also helped the elderly by volunteering at the Villa Maria. I now realize how important it is for people to become involved with their community." — Jennifer King (12).

Sign Language Club

"I really like the sign language club. It is a good club and people can learn a lot from it." — Dana Thompson (10).

"When I see the hearing impaired students, I can sign to them." — Stacy Fonder (10).



Row 1: Linda Willman, Stacy Fonder, Tammy Carlson, Lynn Triplett-Benson. Row 2: Rick Muir, Brian Loberg, Angie Bonnett.



1. Hearing impaired student Rick Muir (12) instructs members, Stacy Fonder (10) and Angie Bonnett (11).

2. As Angie Bonnett (11) works on her signing, Dana Thompson (10) watches intently.

FBLA made impact in 1990 on tomorrow's leaders

Year proved to be memorable

The West Fargo Future Business Leaders of America hoped to make this year one of its most active in order to get more people to join. The chapter also wanted to increase public awareness about FBLA.

"To be an effective chapter, we must really increase our awareness within the community and also within the school itself," commented Jason P. Wells (11).

Some FBLA members attended a fall leadership conference in Des Moines, Iowa. Members attended seminars and workshops which centered on improv-

ing chapters and becoming better leaders.

In addition to the conference, the chapter holds a business week in the spring. Each day, a different person from an area business will come to the school and talk about the business world.

"The year was pretty eventful. Next year I hope there will be a better turn out because it (FBLA) is something students should involve themselves with," stated Christie Wilm (12).

By Chris L. Helmick



Row 1: Chris Helmick, Angie Porter, Jason Wells, Shane Hoffman. Row 2: Michelle Jendro, Amber Kezler, Kaci Fordyce, Paul Vigen, Amy Senger, Angie Amundson. Row 3: Mrs. Hanson, advisor, Brian Miller, Chris Bogardus, Laurie Muske, Christie Wilm, Sheryl Holter, Christel McNamara.

1. Wrapping presents for Little World keeps Heidi Gust (12) busy during the Christmas hours at the store.
2. FBLA member, Angie Porter(12), listens attentively during a club meeting.



FBLA:
"FBLA has allowed me to challenge myself by competing at State, and has taught me about the business field" — Brian Frank (11)

"It showed me the importance of a college degree and how to succeed in today's business world" — Shane Hoffman (12)

DECA:
"DECA has given me great enthusiasm for the business world and makes me look forward to the advantages of the future" — Dawn Rosenkranz (12)

"DECA has given me a greater understanding of the operations in the business world" — Kristi Keller (12)



Row 1: Jesse Schmidt, Jeff Townsend, Barbra Allrich. Row 2: Kristi Keller, Dawn Rosenkranz, Richelle Timmerman, Darcy Braaten, Nikki Illich, Heather Brand, Stacy Johnson, Jamie Hodgson, Jason Wadell. Row 3: Shane Tibiatowski, Heidi Gust, Brooke Storrusten, Erik Gunderson, Stuart Campbell, Jason Braseth, Rochel Roquette, Cher Gunst. Row 4: Sonya Jeanotte, Corey Degenstein, Brent Olson, Julee Rourke, Mr. Anderson, Tonia Ronning, Derek Fletcher, Rhonda Rustad, Francine Vetsch, Nikki Schatschneider, Lenore Glass, Missy Kain.

Travel broadens... friendships

"I think DECA is a very worth-while organization. It teaches you things that are really important if you are going to enter the business world in the future," said Jeff Townsend.

DECA gives students a chance to experience business situations similar to the business world. Students got involved in various activities for the organization, besides receiving a knowledge on different types of and ways to conduct business. They included such things as ski trips, helping children find and choose Christmas gifts, along with other area DECA clubs and traveling across the country.

DECA members traveled to San Jose, California, during the 1989-90 season where they competed with and got to know other kids from across the country.

Jesse Schmidt (12), who competed in the 89-90 season expressed his views on what he thought of the activities and competitions that go on in DECA.

"We met a lot of people from across the state and the country, and received some experience through the competition."

By Tod P. Koski



1. During one of the many activities that DECA members participate in, Cher Gunst (12) helps a customer pick out a Christmas gift.

Move over Marines! Publications is taking over!

Trends launch fresh ideas

Some believe that the Marines can be a tough job, yet these persons haven't been in publications class!

"This class has taught me about the real world. I finally figured out life isn't easy," joked Tanya Kellerman (11).

During the beginning of the year, the publications class said farewell to Mrs. Liv Rosin, the adviser, and welcomed Ms. Lori Liebl.

"Ms. Liebl is a great adviser. She caught on to everything fast and seemed to get everything organized," remarked Jennifer King (12) with a smile.

At first the class was skeptical of having someone else advising them. It was a radical change.

"It was a drastic change. Mrs. Rosin and Ms. Liebl are two totally different

people," explained Michele Willman (12) with deep thought.

By the reaction of students, Ms. Liebl adapted well to her new surroundings.

"She is doing a really fine job taking over Mrs. Rosin's position," stated Chris Helmick (12).

Also the class had another extreme change. Many of last year's students graduated; therefore, many new students joined the class. Because of this, the production of both the yearbook and the newspaper became somewhat of a challenge with the new adviser and students.

"Publications is a challenging class. It's a lot of work and stress, but the end result is worth it," explained the newly enthused editor Julie Moffett (11).

By LeAnn Fonder



Row 1: Jason Loney, Jennifer King, Jessica Lamb, Greg Wymer, Michele Willman, Rial Stedman, LeAnn Fonder, Chris Helmick. Row 2: Jodi Olson, Dawn Vail, Julie Moffett, Tanya Kellerman, Angie Schmidt, Heidi Gust, Dirk Kringen, Ms. Liebl.



1



1

1. Yearbook co-editors, Dawn Vail (12) and Jodi Olson (12), frustratingly attempt to get their pages completed for a deadline.

"Working on the yearbook for the past four years has definitely taught me how to work with people, the art of compromise and the satisfaction of doing my best. Also, I have many lasting memories such as NIPA, the ever-famous stealing of the centerpieces, counting curbs Mrs. Rosin ran over, and of course, Orville." — Dawn Vail (12), yearbook co-editor.

"Publications made me realize that I enjoy writing for a paper, and now I'm considering newspaper journalism as a career." — Stephanie Blow (11).

"Publications has helped me realize that hard work pays off and things don't always come easy. Also, I learned how to deal with stress on a daily basis." — Jodi Olson (12), yearbook co-editor.



3



2

2. While working on layout, Packer editor Michele Willman (12) gives advice to her co-workers.

3. Checking negatives, photo editor, Jessica Lamb (12) decides on the appropriate photos for the yearbook.

1. During Publications class, Heidi Gust (12) brainstorms to get her stories done in time to meet the deadline.

Team faces new challenges

Successful year for speech culminates at State

A successful year for the West Fargo Speech team climaxed at the EDC meet, where the team qualified 12 events and four alternates and the State meet where four people placed in final rounds.

Another high point was the district National Forensic League meet where Ericka Harrold (11) advanced to the semi-final round. It was the first year for the team to participate in this meet.

The team successfully met goals set for this year, according to Mrs. Mary Sherman, head speech coach. Numbers increased and more members went to State than in previous years. Most importantly, the team became more respected in the area.

Club President Jason Loney (12) set definite goals for himself in speech in 1989-90.

"I wanted to make it to State in all of my events. By going to practice twice a

week and going to meets I accomplished this goal," he commented.

Other positives for the team included the use of more sophisticated material for competition and the hard work of the students who remained with the speech team throughout the entire season.

"The level that we're working at has gone up," said Sherman.

Unfortunately, the team was forced to make choices concerning which meets to attend. With the distance of State and cut-backs in the budget, finances were tough. Also, a mid-winter lull made it difficult to keep spirits and practicing up.

"The kids are positive kids. Kids in speech are not up/down kids, they're calm, business-like kids who do what needs to be done," praised Sherman.

By Michele Willman



Row 1: Michele Willman, Jason Loney, Jessica Turner, Kristie Misheski, Anna Rausch. Row 2: Becky Jackson, Tammy Van Winkle, Christel McNamara, Ericka Harrold, Jeanne Gregoire, Jennifer King, John Hahn.

1. After making it to the final round, Jennifer King (12) and Michele Willman (12) congratulate each other.



Speech

"I wish I had gotten into speech earlier. I went from being shy to being more outgoing. I made new friends. It taught me to communicate in a more efficient manner." — John Hahn (12).

"I'm more confident in myself, speaking in front of people. You meet a lot of people that you would never meet otherwise." — Kristie Misheski (11).

Art Club

"It was exciting being chosen Vice-President along with Christy Biegler. It got me involved with others which always makes high school more fun." — Malynda Olson (12).

"Art Club had influenced my life because I had met a lot of new people through it. It is a fun club because Mr. Anderson keeps it informal. There are a lot of fun people in the club." — Christy Biegler (12)



Row 1: Valerie Pascoe, Julie Loberg, Holly Groothius, Angie Amundson, Jana Baumann, Christy Biegler. Row 2: Christie Wilm, Trista Frandson, David Dalke, Mr. Anderson, Malynda Olson, Shelly Ziegler. Row 3: Eric Waagen, Tim Bachman, Stacy Mark, Donovan Tuchscherer, Shelly Hurt, Debbie Roth. Row 4: Jocelyn Henderson, Chanae Taylor, Josh Steiner.

1. During an art class, Christy Biegler (12), Angie Amundson (12) and Holly Groothius (12) let their artistic abilities flow onto the paper.

2. Working on her art projects keeps Amanda Mehlhoff (12) busy during the school year.

Artistic abilities...

shine through

Art club was made up of a group of creative students in the school. The first two weeks involved the selection of officers. Trista Frandson (12) was elected President; Malynda Olson (12), Vice-President; Jocelyn Henderson (12), secretary and Chanae Taylor, treasurer.

The club wasn't quite as active as it had been in past years. Many students had jobs and weren't able to attend many meetings. Mr. Anderson, advisor, had hoped to lure some new sophomores into the club. Anderson was looking forward to a new year and some new faces in the group for next year.

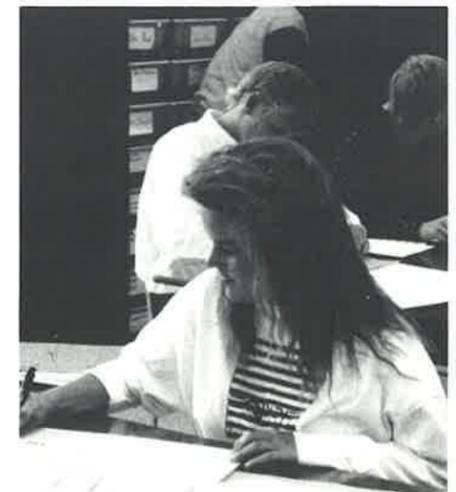
"I'm looking forward to a new year. I'd like to get some new sophomores involved next year and start fresh," said Anderson.

Art club students have helped put up art displays and also set up the Art Show at West Acres. Throughout the year they had holiday parties, art nights and a banquet at the end of the year.

The club hoped that the years to follow would be more involved in the club and to be more successful.

"Art club could be fun and exciting for students as well as an excellent learning experience," said Angie Amundson (12).

By Angie Amundson and Jodi Olson



1. During the play *Heidi*, Heather Borg (11) who portrays Deta maliciously snubs Barbel played by Kristie Misheski (11).

2. Annie, played by Jessica Baker (12), reads a letter to Molly, played by Alison Høglund, while the other orphans listen.



"I feel that being in drama has made a big impact in my life by making me become closer to what I want to do. It is a lot of fun, and I enjoy Mrs. Knox-Johnson. I also enjoy the work that has to be done in the productions," — Becky Jackson (10)

"Being in the drama organization has made me not be afraid to be an individual," — Jason Nettum (12)

"I absolutely loved the children's show. I like little kids, so I really enjoyed performing for them. They see things so differently than older people do," — Jessica Baker (12)

"Annie was the best and most challenging show I've been involved in. I had a major role, which took a lot of time and energy, but when the lights came up on opening night, it was worth it," — Stephanie Blow (11)

"Drama has given me a basis for which I have built my character upon," — Heidi Grindberg (12)

Drama integrates variety

Collaboration coincides between schools/students

Many students, both from the senior and junior high schools, were involved in the productions of the drama club. The 1989-90 shows included *Annie*, *Heidi*, and *Their Hearts were Young and Gay*. Having the two age groups working together in the shows gave all involved a chance to work in a different atmosphere.

"Working with the varieties of people has helped me to be able to adjust to life, creating flexibility," stated Heidi Grindberg (12).

Director Mrs. Mary Knox-Johnson, felt *Annie* was a good show to bring students from grades seven through twelve together.

"Annie was a good choice to get the junior and senior high together. Last year's *Peter Pan* proved so successful,

we thought we'd try the same concept again," commented Knox-Johnson.

Included in the shows were two foreign exchange students, Raili Johansen and Marisa Luccas.

"They certainly brought an interesting perspective to the shows," joked Knox-Johnson. "Teaching a Norwegian a British accent was definitely a challenge."

The one-act play, *Our Hearts Were Young and Gay* went to the state drama conference in Dickinson in March. Each school was presented best actor/actress awards. Jason Loney (12) and Tracy Modin (10) received these awards for West Fargo.

By Angie Schmidt and Stephanie Blow



Thespians Row 1: Jay Schroeder, Director Mary Knox-Johnson. Row 2: Jason Nettum, Sherry Sahr, Jessica Baker, Heidi Grindberg, David Dalke. Row 3: Jason Loney, Stephanie Blow, April Leinen, Jana Baumann, Trista Frandson, Wayne LeMier. Row 4: Christel McNamara, Heather Borg, Jessica Turner, Kristie Misheski.



3. As Sandy, the dog, listens contently, Jessica Baker (12) in her role as Annie sings, "The Sun Will Come Out Tomorrow".



Drama Club Row 1: Christel McNamara. Row 2: Jana Baumann, Kristie Misheski, Heather Lenzen, Jason Nettum, Jessica Baker, Stephanie Blow, April Leinen, Trista Frandson, Jessica Turner. Row 3: Lisa Peterson, Heather Borg, Wayne LeMier, Heidi Grindberg, David Dalke. Row 4: Jay Schroeder, Raili Johansen, Lori Zeuschel, Jason Loney, Sherry Sahr.



In the play *Heidi*, Clara, played by Tracy Modin (10), avidly converses with Heidi, played by Jessica Baker (12).

1. Practicing their moves and songs for the next concert keeps David Dalke (12), Christel McNamara (11), Corey Thompson (11) and Sheryl Holter (11) busy during the mornings.

2. Keeping the beat for the song is not an easy task for Wayne LeMier (12), Heather Borg (11) and Trevor Wright (10), but they seem to have mastered the moves.

3. Waiting for the show to begin keeps the tension high for Christel McNamara (11), Heather Borg (11) and David Dalke (12) as they stand backstage.



2



3



1

New music, director proves to be a challenge

Fantasia! creates own style

"The idea of singing high energy rock/pop music at 7:30 in the morning sounded like an obscene idea, but we all got used to it as the year went on," stated choir director Ms. Linda Boyd Coates.

The members of Fantasia! enjoyed the experience of singing some different music this past year and being under the direction of a new director.

"I enjoy the chance to be relaxed from typical choir music, and have a lot of fun in doing more funky music," commented Christel McNamara (11).

Malynda Olson (12) looked back on her past years in Fantasia! and looked to the future for next year's group.

"I like the music, but I do miss doing

performances for the community. There is a lot of talent in the group. I'm excited for them for next year," she said.

Fantasia! rehearsals were not always serious. Jay Schroeder (12) reflected on the more frivolous moments.

"Aside from the fact that Fantasia! took away from my precious beauty sleep; it was a rewarding experience. Sometimes the fun got carried away, spurred on by a few of the more jolly tenors in our group and Wayne LeMier's spasmodic dances. On the few occasions when we really cracked down, we did get something done," he said.

By Julie Moffett

"Fantasia! has given me a chance to explore another aspect of something I love to do—singing. I have really enjoyed going out and singing for more than just parents." — Christel McNamara (11).

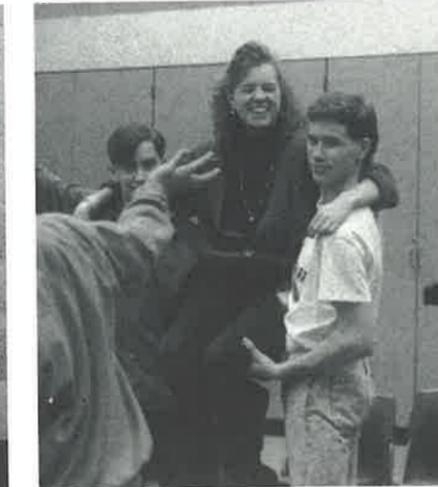
"Fantasia! has meant several things to me: less sleep, lots of donuts and Wayne's spasmodic morning dances, besides the fact that we get to wear really neat outfits, and I like it." — Jay Schroeder (12)

"Having to get up and be at school at 7:30 in the morning has made me more responsible and has forced me to manage my time more efficiently. Other than the early mornings, it's pretty fun. I've gained a lot of experience in performing in front of a group. I guess it's a pretty good deal. Speaking of deals, want to buy a pizza?" — Jason Nettum (12)

"Fantasia has brought me to believe that music can bring so much more to my life, and it also let me experience the world." — Wayne LeMier (12)



Row 1: Katie Dressel, Malynda Olson. Row 2: Juli Thompson, Stephanie Blow, Heather Borg. Row 3: Jay Schroeder, Corey Thompson, Trevor Wright, Rob Noyes. Row 4: Christel McNamara, David Dalke, Julie Moffett, Wayne LeMier, Jodee Rieth, Jason Nettum, Sheryl Holter.



2

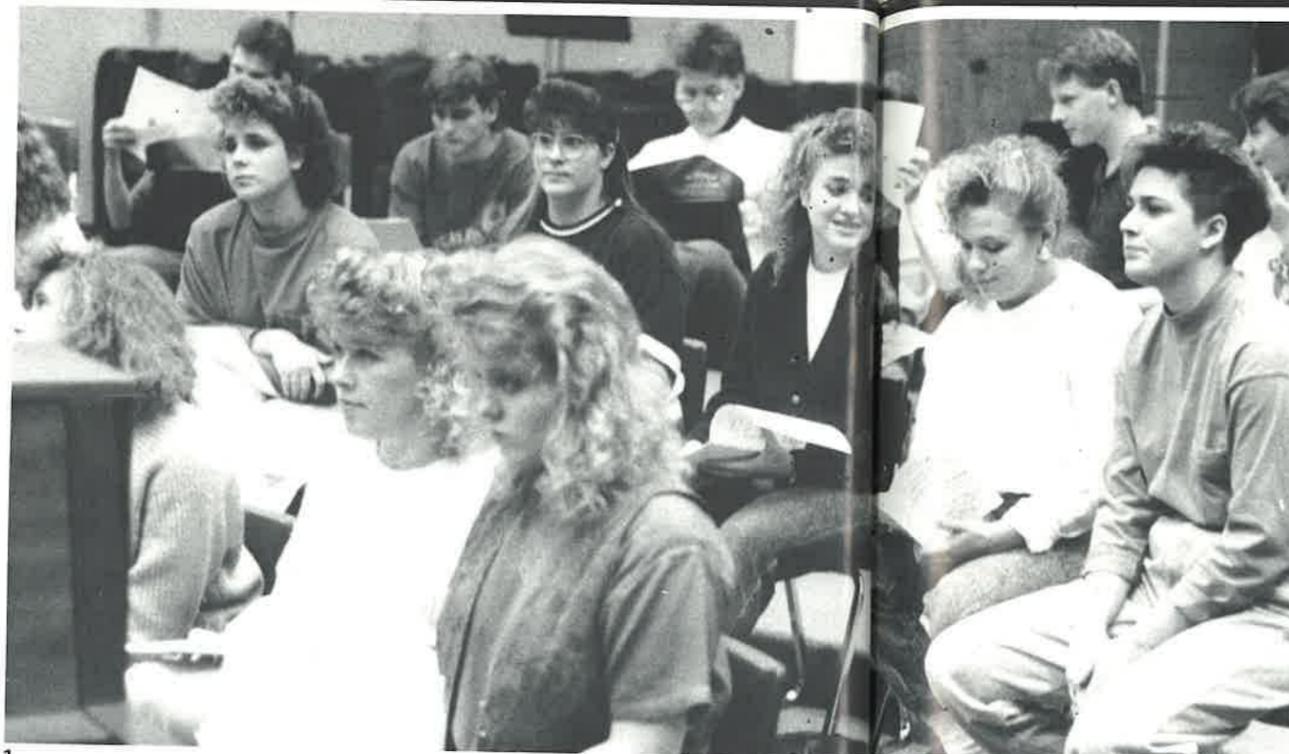
1. Getting the moves down right, Juli Thompson (10) practices the song and dance during a rehearsal.

2. During a rehearsal a lift is part of the routine for Jason Nettum (12), Julie Moffett (11), and Trevor Wright (10).

"Music is my life! It gives you a break from the rest of the day and pumps you up. We have a really great teacher who's willing to work with you. It's a part of everything I do. I like everyone in choir, because we work together as a team, just like any sport. Most people think it's a 'blow off', but it takes a lot of work!" — Beth George (10)

"Choir has influenced my life by helping me to be more outgoing and less afraid of what people are thinking, also when I sing it makes me feel good about myself." — Kelli Gullickson (12)

"In choir, I feel the thing that I enjoy most is the teacher. Mrs. Boyd Coates has helped my voice grow, and I find a lot of fun in the way she makes the choir work." — Becky Jackson (10)



1. Waiting for further instructions from their director, Concert Choir members go over the music they are singing.



2. Awaiting the chance to go over their part, Josh Amundson and Jay Schroeder stand quietly.



Row 1: Christel McNamara, Kelly Gullickson, Malynda Olson, Kristje Misheski, Stephanie Blow, Teri Bertrand, Kristi Keller, Theresa Steele, Melanie Grossman, Dawn Rosenkrantz. Row 2: Julie Loberg, Sheryl Holter, Jodee Rieth, Andrea Weeding, Mindi Zimney, Julie Moffett, Heather Borg, April Leinen, Carrie Severtson, Karen Schroeder. Row 3: Jana Baumann, Tammi Stockert, Teri Kartes, Bridget Murray, Jenny Schmidt, Canda Ellingson, Jarline Lund, Wendy Schock, Debbi Lonski. Row 4: Linda Boyd Coates, Brant Peterson, Linus Edgerly, Josh Amundson, Corey Thompson, Damon Wagner, Trevor Wright, Jason Marusky. Row 5: Pete Johnson, Ronald Driggers, Jason Nettum, Jay Schroeder, David Dalke, Wayne LeMier, Chad Jacobsen, John Geiss, James Olheiser



1. Solo singing comes easy for Andrea Weeding (11) as she practices in front of the other choir members.



Row 1: Linda Boyd Coates, Katie Dressel, Tracy Modin, Stephanie Bang, Sari Harris, Janelle Honcik, Pam Dusek, Beth George, Kinsi Thibert, Janet Hopper, Valerie Pascoe. Row 2: Vickie Stockert, Juli Thompson, Angie Bohnet, Jeanne Gregoire, Leah Hagen, Kari DuBois, Meri Cartledge, Denise Gross, Gretchen Yahnke, Lori Holte, Leah Johnson. Row 3: Becky Jackson, Lisa Smith, Jennifer Dahl, Michelle Vanyo, Tammie Van Winkle, Kara Mortensen, Jenny Galt, Karla Weis, Carrie Smith, Stace Vraa, Raili Johansen, Beth Peterson

Challenging music pushes choirs to new heights

Choirs enjoy successful year

Many aspects of music were introduced to the Varsity and Concert choirs when both groups came under new direction. Linda Boyd Coates, a music major graduate of Moorhead State University directed and befriended the choirs during the '89-'90 school year. It was a new experience for her to direct high school choirs.

"I'm very proud of how hard the choirs worked, and how much they improved and developed as musicians," said Coates. "I'm as pleased with them as I have been with the college and adult groups I have directed."

Becky Jackson (10) recalled her choir days, "I enjoyed choir because Mrs. Boyd Coates worked us hard and gave us the enthusiasm we needed to keep us in choir."

Having a new director can sometimes cause some problems, but Katie Dressel (10) explained that wasn't the case. "Mrs. Boyd Coates is a nice addition to the West Fargo music department, and she really knows how to teach music."

The Concert choir had a change of pace.

"These past two years have been complete opposites. Last year as the Centennial Choir

we focused more on visibility and politics. This year we focused on music, which is my first choice," commented Jana Baumann (12).

A challenging year was experienced by most of the choir members and the director. The groups performed quite a few times over the year, including a fall concert, a seasonal concert and two spring concerts. A wide array of styles and accompanying instruments including a string quartet, harpsichord, handbells, flute and classical guitar, which was played by a special guest artist, were displayed in the seasonal concert in December.

Boyd Coates explained her goals in teaching, "I really believe in challenging myself and my students in as many ways as I can. The music challenged each group to push themselves to new heights in musical ability."

Judging by the response of choir members and the audience's reaction, the choirs had a successful year. Many memories and friendships were made that will last for years to come.

By Stephanie Blow



Row 1: Kristie Misheski, Lisa Braaten, Brenda Carlson, Kristen Heiden, Heather Lenzen, Katie Nudell, Traci Radi, Tammy Otterstetter, Lori Zeitschel, Tracy Christianson, Tami Aronson. Row 2: Lisa Peterson, Robin Mullenberg, Trista Frandson, Teri Englerth, Kim Freiheit, Amy Loeks, Kristen Pfahl, Amy Rabideaux, Teresa Jenner, Sherry Sahr, Rolanda Herbranson, Dawn Ost, Lisa Kitzan, Tara Decker, Heather Olson, Robyn Orson, Kim Lee. Row 3: Tammy Stockert, Teri Kartes, Tammy Tingum, Mindy Yanish, Jon Rud, Jay Schroeder, Ward Nelson, David Dalke, Carrie Lauber, Neal Tareski, Joe Best, Kris Olson, Janece Linnertz. Row 4: Andrea Huseth, Eric Kurzweg, Brian Lammer, Jeff Hapala, Mike Griffen, Missy Sagvold, Josh Ellis, Dan Phillips, Mr. Glenn Whaley, advisor. Row 5: Ericka Harrold, Stacie Loegering, Perry Sweeten, Jeff Ellingson, Dave Schacher, Anna Rausch, Jessica Turner, Jessica Baker, Jamie Anderson, Corey Thompson, Wayne LeMier, Jason Nettum, Jason Lilleboe, Tony Zich, Lauren Rood, Kristi Horn, Kelli Montplaisir, Jason Loney.

"Pep Band is lots of fun to begin with, then to be asked to play for basketball made it all the more fun." — Ward Nelson (12)

"Band has left a great impact on my life. It has provided a great deal of culture for my high school days, but most of all, it has provided a time and place for me to let loose and jam out!" — Jason Loney (12)

"Being in band has been great I like being part of a group and having so much fun at the same time." — Tammy Otterstetter (11)

"Band has shown me how to use the left side of my brain. Also, it has given me a wonderful way to express myself freely." — Wayne LeMier (12)

"I've learned to appreciate music more- the background, composers and history." — Kristen Heiden (10)



1. During band practice Robin Mullenberg (12) keeps beat with the other band members.

2. At the Music Festival in St. Paul, Jason Loney (12), along with other band members, "show their brass".



Row 1: Jon Rud, Jay Schroeder, Janece Linnertz, Ward Nelson, David Dalke. Row 2: Perry Sweeten, Jeff Ellingson, Kristie Misheski, Dave Schacher, Jason Lilleboe, Jason Loney, Wayne LeMier, Kristi Horn, Corey Thompson, Anna Rausch, Mr. Glenn Whaley, advisor. Row 3: Brian Lammer, Jason Nettum, Jessica Baker, Jessica Turner.



Hard work/dedication leads to rewards and success

Band marches to competition

Competition, marching, pep band and homecoming were a few of the activities the WFHS band engaged in. The music is one reason that students participated in band, along with the fact that friends made it more enjoyable.

"I like many things about band, but mostly I like it just because I have a lot of friends in band, and I like the music," commented Lisa Peterson (11).

This year was a successful one. With many seniors gone, the band had new members working to try new experiences. Despite the graduated students, the marching band showed the way to St. Paul, MN, where the band competed. Members also had time set aside to see the sights. This was the first time a WF band had traveled to that competition.

The Jazz/Ensemble band was a choice students had to extend their musical abilities outside of class. It was a voluntary part of band. The small group met in the mornings for some practice time.

Another first for the WF Band was being chosen the official band for the ND Boys' Basketball State tournament that was held in Fargo.

A Fargo administrator asked the band if they wanted to be spotlighted. Robin Mullenberg (12) stated, "We thought it was an honor, because we were told West Fargo was really good at something."

Along with the hard work and dedication, band proved to be rewarding for some of the students.

By Tanya Kellerman



1. At a basketball game Lisa Peterson (11) and Kim Freiheit (11) anticipate half time entertainment.



2. While concentrating on the selection at band practice, Jessica Turner (11) and Jessica Baker (12) team up in excellence.

3. At a basketball game Jim McKinnon (10) and Ward Nelson (12) show the Packer spirit by pepping up the crowd.

Exchange students introduce foreign cultures, traditions to West Fargo High Club promotes international awareness

"Getting the school familiar with foreign exchange students and their countries and promoting international goodwill" were two major contributions of the foreign exchange club in 1989-90 according to Mrs. Connie Barnett, co-adviser with Mrs. Janette Venaas-Gilbraith.

Five foreign students made an impact on West Fargo High School in 1990. They were Raili Johansen from Norway, Flavio Gastaldi from Switzerland and Marisa Luccas from Brazil. They were joined by Leonardo Bratina and Esteban Sclar from Argentina for approximately a month in the winter.

"They're a fun bunch to work with," stated Barnett.

All the exchange students resided in the homerooms of Barnett or Venaas-Gilbraith to assist the stu-

dents in their transition to WFHS.

"I enjoy having them in my home room," said Venaas-Gilbraith.

The students' experiences in the United States affected each of them differently.

"The experiences have made me grow as a person and appreciate my friends and family in Norway more," commented Raili Johansen (12).

The club was centered around the foreign exchange students that West Fargo High School receives each year. Members of the club participated in activities with other foreign exchange students around the area including a dance for exchange students in the Fargo-Moorhead area and a weekend of activities with other clubs. At the high

school, students participated in a foreign exchange breakfast in the library and also brought photos and mementos from their home countries and set them up in the commons.

"The foreign exchange students are resources for people," stated Barnett and Venaas-Gilbraith.

The students faced many new and exciting challenges in the U.S., but also many difficult adjustments.

"In Norway, I never went straight home after school. I was used to being out with my friends. The school system here is different that was also hard. It was hard being without my family," commented Raili.

By Michele Willman

"It helps to learn different cultures and traditions of other countries. The community has been enlightened by speeches they (the foreign exchange students) give to various organizations." — Mrs. Connie Barnett, club adviser

"I would recommend everyone be a foreign exchange student. You get to know other cultures. You see more of the world and ideas. You analyze things, behaviors in a different way. You accept different actions and reactions." — Marisa Luccas (12)

"The first thing I am going to tell them (family and friends in Norway) is about the school and all the friends I have made here. I will also tell them that the guys in Norway look much better than here in America." — Raili Johansen (12)

"I think it's a great experience for the rest of the school. I hope they get a chance to talk about where they come from in their other classes. It's important to talk about other cultures." — Mrs. Kathy Neugebauer, French and German teacher



Row 1: Bruce Jenner, Sheryl Holter, Brian Miller. Row 2: Angie Bonnett, Stacy Fonder, Michelle Vanyo, Janet Hopper, Mrs. Janette Venaas-Gilbraith. Row 3: Suzette Buck, Raili Johansen, Marisa Luccas, Flavio Gastaldi, Mrs. Connie Barnett.



1. Getting a taste of many languages keeps Flavio Gastaldi (12) busy as he listens to foreign language exercise tapes.



2. Raili Johansen (12) and Mr. Laurel Thoreson, counselor, listen intently to the speaker at the Foreign Exchange breakfast.



3. At the Foreign Exchange breakfast, Marisa Luccas (12) shares some of her experiences with Jenaah McLeod (10).



1. Marisa Luccas (12) shares some of her experiences of her home in Brazil during one of the meetings.

2. At the end of another school day, Raili Johansen (12) shows off one of her favorite American drinks.



Student Government involves various activities

Class Officers take action

Many people wonder what the Student Government does. It is important to the class officers that every student understand the role of elected officers.

Vice President of the senior class, Toni Hoag (12), commented on the effect the student government has on the school when she boldly understated, "We really don't do much."

The people who are elected to lead the students take on many tasks. One of these is choosing a few different colors and cute sayings to be voted on as the senior class colors and motto. The student representatives are also responsi-

ble for preparing and running post prom which can carry various responsibilities. "We will TAKE CARE of post prom!" stated Tanya Fugere (12).

These people also take on the responsibility of being role models to their classmates.

The student government leads the school to greatness by making decisions the student body will remember. In the past the student government has been largely ignored and unappreciated.

By Dave VanEngelenhoven.



Senior Class Officers: Tonya Fugere, Toni Hoag, Doni Jo Ramberg, Jana Baumann.



Junior Class Officers: Jaci Bergeron, Richelle Timmerman, Stacy Johnson, Michelle Duchshere.

1. After giving blood, Tod Koski (12) relaxes while he waits for his system to recuperate.

"The Student Council has given me leadership qualities that I can use for my future. It has allowed me to express my peers' feelings and my own feelings on what is best for our high school." — Alexia Larsen (10)

"Student Council has helped me in many ways. It gave me the opportunity to work and to share ideas with others in order to apply student body needs and ideas." — Doni Jo Ramberg (12)

"Being the senior class secretary has been a great opportunity for me to give something back to the school." — Jana Baumann (12)

"Student Council taught me to view life as it really is, to speak the truth, and to live by the ways of the world." — Jason Kujanson (12)



1. While listening to Mr. Clark's jokes, Jason Kujanson (12) takes a break from the student council meeting's agenda.



Row 1: Clint Schmidt, Dave VanEngelenhoven, Jaci Bergeron. Row 2: Rachel Gunderson, Jenny Galt, Kristen Heiden, Alexia Larsen. Row 3: Stuart Campbell, Julie Richard, Richelle Timmerman, Jason Kujanson. Row 4: Doni Jo Ramberg, Wendy Schock, Alicia Cheney.

Students emit success

Council plans

Student Council is an organization consisting of students for students. There are six members from each class chosen to represent their classmates that discuss projects for the community.

"I think one of the most important things we've done is the blood drive," stated Jesse Schmidt (12).

Other projects are also important. Doni Jo Ramberg (12) thinks that the New Student Welcoming Get-together is really important. "It gets students involved with different people."

Another worthwhile effort is the billboard against drinking and driving. Michelle Duchschere (11) feels that it is a positive step by the Council. "The billboard for seatbelts also has affected some of the students and could prevent more misfortunes."

Student Council offers students the opportunity to help the school. The Council members serve as the voice of the body and work closely with the administration to help support different causes.

By Wendy Schock

1. Conducting one of the NHS meetings keeps President, Jodi Worrel (12), and Vice-President, Brenda Carlson (12), busy during the year.
2. Collecting money for events seems to be an exciting part of Pep Club for Kim Hammer (12) and Tonya Fugere (12).



Row 1: Michelle Duchscher, Mrs. Miller, Bree Duval, Wendy Schock, Heather Brand, Stacy Johnson, Nikki Illich, Richelle Timmerman, Stefanie Gefroh. Row 2: Karen Korsmo, Melanie Grossman, Teri Englerth, Angie Rood, Darcy Braaten, Carrie Severtson, Deseri Hinz, Denise Gross, Tiffany Leach. Row 3: Michelle Vanyo, Connie Weber, Tiffany Rheault, Kim Hammer, Jaci Bergeron, Teresa Steele, Jana Baumann, Angie Amundson, Jessica Tufte. Row 4: Kristi Brager, Jamie Lund, Tonya Fugere, Melanie Jones, Tamara Johnson, Tina Rudolph, Malynda Olson, Teri Porter, Downey Serumgard, Stacy Burckhard. Row 5: Michele Willman, Lisa Braaten, Jill Sattler, Rachel Gunderson, Kristi Setter, Heather Fraase, Mindi Zimney, Barb Allrich, Cher Gunst, Julie Moffett, April Leineh, Tammy Otterstetter, Sheila Zerr.

Cheerleaders promote Packer pride for players Pep Club shows enthusiasm

"I think the Pep Club is an enthusiastic group of girls who are proud of their school and school spirit," said Mrs. Janice Miller, adviser of the Pep club.

Before important games the club members, consisting mostly of cheerleaders, held pep rallies in order to pump the players and fans up. Along with promoting school spirit, they were in charge of senior appreciation, the homecoming dance and other dances that were held throughout the year. They also made posters to promote high school athletic events and bought a set of cheerleading sweaters for

one of the cheerleading squads.

"I think it's fun and more people should join," stated Kim Hammer (12).

The participation of Pep club members helped promote packer pride and an enthusiastic atmosphere for the students and administration.

"It's been a great year, and I hope that we are just as enthusiastic next year as we were this year," commented Richelle Timmerman (11).

By Jeff Bachmeier



Pep Club:

"Earlier last fall, the Pep Club did a few things, but it was hard for me to attend all of the meetings because of other activities at the same time. If Pep Club had continued all year and maybe at a different time, more things could have been done. I also think that it is a great way to get involved in school." — Malynda Olson (12)

"Pep Club makes people discuss and decide on things like dances and homecoming. It makes us compromise on our decisions." — Kim Hammer (12)

NHS:

"NHS is a great opportunity for kids. It makes you feel good about yourself and we have lots of fun. This year I went to the annual convention, and we all learned a bunch, especially what a cheeseburger is." — Michelle Duchscher (11)

"I've met a lot of neat people through NHS, and it's made me realize that academics are important." — Brenda Carlson (12)



Row 1: Christel McNamara, Amy Maker, Paul Vigen, Tiffany Leach, Sheryl Holter, Lisa Peterson, Debbie Nant, Wendy Schock, Jamie Lund, Jennifer Schmidt, Jessica Turner, Becky Swartz, Wendell Hertzelle, Jay Schroeder. Row 2: Jason Wells, Mr. Mithun, Shane Hoffman, Angie Porter, Amy Senger, Jocelyn Henderson, Jessica Tufte, Sherry Sahr, Robin Mullenberg, Jana Baumann, Jodi Worrel, Heidi Gust, Stephanie Blow, Kristi Horn, Julie Moffett, Kaci Fordyce, Julie Richard. Row 3: Ryan Torgimson, Dawn Ost, Sheila Zerr, Downey Serumgard, Jessica Baker, Michele Willman, Jason Nettum, Ward Nelson, Jodi Olson, Jennifer King, Keri Rosene, Shannon McKinnon, Tracy Radi, Katrina Kirkeby, Michelle Duchscher. Row 4: Jeremy Rossow, Rick Sommerfeld, John Hahn, Ericka Harrold, Tonia Miller, Heather Borg, Lisa Braaten, Jason Loney, Lori Zeutschel, Angie Amundson, Kristi Keller, Kristen Grande, Nikki Kirchen, Andrea Weeding. Row 5: Gregg Lura, Clint Schmidt, Darren Guler, Kristie Misheski, Trista Frandson, Wayne LeMier, Julie Belling, Christie Wilm, Pam Freedland, Janice Linnertz, Alicia Cheney, Nikki Retterath. Row 6: Mike Griffin, Greg Nelson, Perry Sweeten, Scott Matthys, Brenda Carlson, Jodi Dahl, Chris Helmick, Pat Aaberg, Dawn Vail, Mark Rheault, Keven Kercher, Jeremy Elsaas, Mark Rudel, Jeff Ferber.

NHS helps society... in many ways

"Even though the group doesn't do much, we're recognized as scholars, and we work hard to make our club what it is," expressed Jason Loney (12).

WFHS's National Honor Society worked hard to help the community. At the beginning of the year they held the Egg Power drive. Members went to homes and asked families to donate eggs. Then they went to other homes and asked them to buy the eggs. This was one of their largest fund raisers this year. Also, they set up a table at a boys' basketball game for donations to help the Red Cross. There were many disasters around the nation, and the Red Cross was in need of donations.

"I think it's a great organization, but alot of people don't take it seriously enough, and they don't get enough out of it," Brenda Carlson (12) commented.

The National Honor Society felt they had to do their duties to help the community. For membership, along with other qualifications, students must maintain a 3.0 GPA.

By Heidi Gust



1. For one of the fundraisers for NHS, Jennifer King (12) goes from house to house selling eggs for Egg Power.

VICA succeeds at competition

VICA provides ideas for future plans and goals

"VICA really made me think about my future, and helped me decide to attend UTI, Universal Technical Institute for auto tech in Phoenix, Arizona," commented Brent Olson (12).

VICA, which is associated with the vocational department, is a school function here at WFHS for the students in the small engines classes. Anyone who is enrolled in the small engine class and wants to give some extra time and effort is eligible for the group.

Throughout the year, VICA students

competed in State, Regional, and National competitions. All West Fargo students who competed in the various categories did very well. Representing West Fargo at the Nationals in Oklahoma, were Bill and Chris Steen (11).

Brent explained the importance of the group in teaching the lessons of life, "It's a very good organization, and it teaches the students to compete and learn at the same time."

By Stephanie Blow



1. While working on a 4 wheel engine, Mr. Nordstrom helps Chris Steen (11) understand the mechanics of the engine.

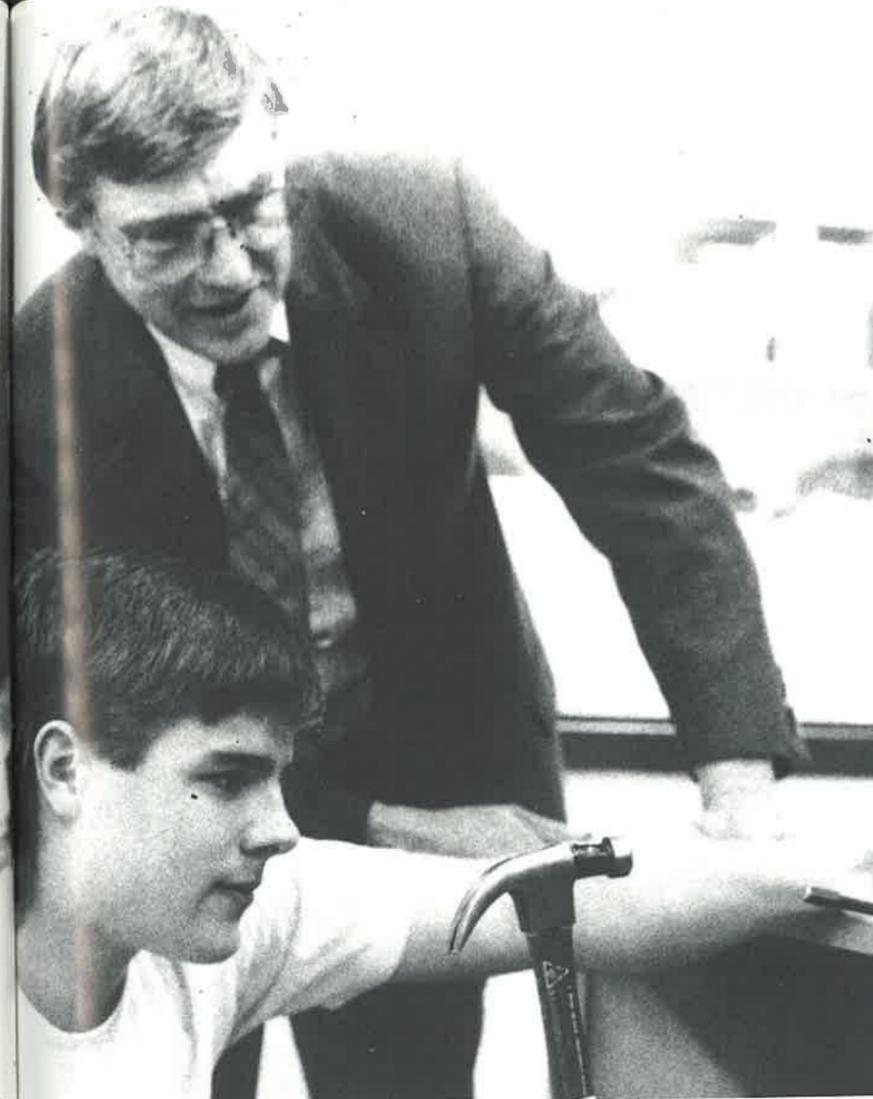
2. Brad Vining (11) center taps his project as an observer gives friendly advice.

"It has helped me learn more about small engines. I'll probably go into auto tech after high school." — Travis Thibert (11).

"The JETS competition allowed me to challenge myself and find out how much I really know, or more so, how much I don't know! (And they have revolutionized the transportation system of the 20th century, too!" — Jason Wells (11)



Row 1: Quentin Staebner, Travis Thibert, Dave Samuelson, Schane Rudlang, Kory Jaibert, Jodi Worrel, Ward Nelson, Mark Rudel, Jason Wells, Wendell Hertzelle, Mr. Wager. Not pictured: Keven Kircher.
Row 2: Mr. Nordstrom, Troy Loberg, Eric Moltumyr, Bill Steen, Chris Steen, Derek Fletcher.



JETS soar to success

JETS place

The West Fargo High School Junior Engineering Technical Society meets each year to take part in a science competition. The competition consists of two tests, those being in the areas of math, chemistry, physics, biology, computer programming and English.

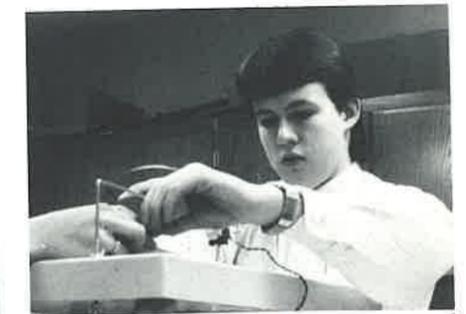
The JETS 1989-90 competition was held in Grand Forks on the UND campus. The day started with an introductory speech, followed by the tests and ended with an awards ceremony.

Mr. Wager, the club's advisor, commented on the year's success, "We are pleased with this year's third place finish. I hope that we can improve next year, as it is an excellent showcase for the math and science students of our school."

Mark Rudel (12) feels that JETS is not only a lot of fun, but it's a very good experience for all involved. "It's something you can always look back on as a reference for experience."

Looking back at the competition, Jodi Worrel (12) added, "We were all pretty surprised at the third place finish in regionals."

By Stephanie Blow



1. Diligently working on a project, Wendell Hertzelle (12) practices for the JETS competition.

Row 1: Quentin Staebner, Travis Thibert, Dave Samuelson, Schane Rudlang, Kory Jaibert, Jodi Worrel, Ward Nelson, Mark Rudel, Jason Wells, Wendell Hertzelle, Mr. Wager. Not pictured: Keven Kircher.
Row 2: Mr. Nordstrom, Troy Loberg, Eric Moltumyr, Bill Steen, Chris Steen, Derek Fletcher.

Cheerleaders recall their season's past events

'Remember the time . . . ?'

Throughout the year, some teams needed a little extra boost to get them through the season when things got tough. Thank goodness for that "GO PACKERS!!" from the cheerleaders. If it wasn't for them, things might have become tougher.

Some cheerleaders have a little more to remember about their season than others. For example, Sandie Johnson probably remembers her girls' basketball season when she broke her wrist while attempting a pyramid with some of the other girls on the squad.

The football cheerleaders worked hard for their memories. "I remember during Homecoming we spent six to seven hours on the day of the game and about eight hours the week before pre-

paring for the game," replied football cheerleader Richelle Timmerman (11).

Different sports have different things to remember. The wrestling cheerleaders had quite a few memorable moments.

"I remember on one of our overnight trips when Sandie Johnson (12) and Toni Hoag (12) ordered a large pepperoni pizza, thinking everyone wanted some. Then when it was delivered no one was hungry, so Sandie and Toni ate the WHOLE thing by themselves. I think I'll remember this season, because all of us (wrestling cheerleaders) are so close," stated Stacey Burkhard (12).

By Greg Wymer



Varsity Girls' Basketball Cheerleaders Row 1: Tina Rudolph, Sandie Johnson, Chasity Morrow and Trista Frandson. Row 2: Darcy Braaten and Jacki Bergeron.



J.V. Girls' Basketball Cheerleaders: Michelle Duchscher, Rachel Gunderson and Mindi Zimney.

"Cheerleading has helped me deal with winning and losing. Cheerleading overall helps a person to be more outgoing and to be able to speak or yell at people you do not even know." — Sandie Johnson (11)

"Even though our football record isn't very good. Cheerleading has always been fun. I found out winning isn't everything and believe me, we all know the agony of defeat. In cheerleading I went from one extreme to another." — Richelle Timmerman (11)

"Cheerleading really made an impact on my budget! It was worth it though because I made a lot of friends and had a lot of fun experiences. Last year, the wrestlers and coaches and cheerleaders all got along, which was really cool." — Julie Moffett (11)



1. While concentrating on the match, Sheila Zerr (11) hopes the best for the team members.



Varsity Wrestling Cheerleaders Row 1: Doni Jo Ramberg and Stacy Burkhard. Row 2: Barb Allrich and Sandie Johnson. Row 3: Toni Hoag.



JV Wrestling Cheerleaders Row 1: Angie Sedevie. Row 2: Sheila Zerr and Downey Seruñgard. Row 3: Julie Moffett.



Varsity Football Cheerleaders Row 1: Richelle Timmerman and Heather Brand. Row 2: Angie Rood and Bree Duval. Row 3: Keri Nelson and Carrie Severtson.

2. While doing a floor routine, Sandie Johnson (12) and Trista Frandson (12) yell out a mighty cheer at one of the many girls' basketball games.



Varsity Boys' Basketball: Kim Hammer, Connie Weber, Carrie Severtson, Tonya Fugere, Richelle Timmerman and Heather Brand.

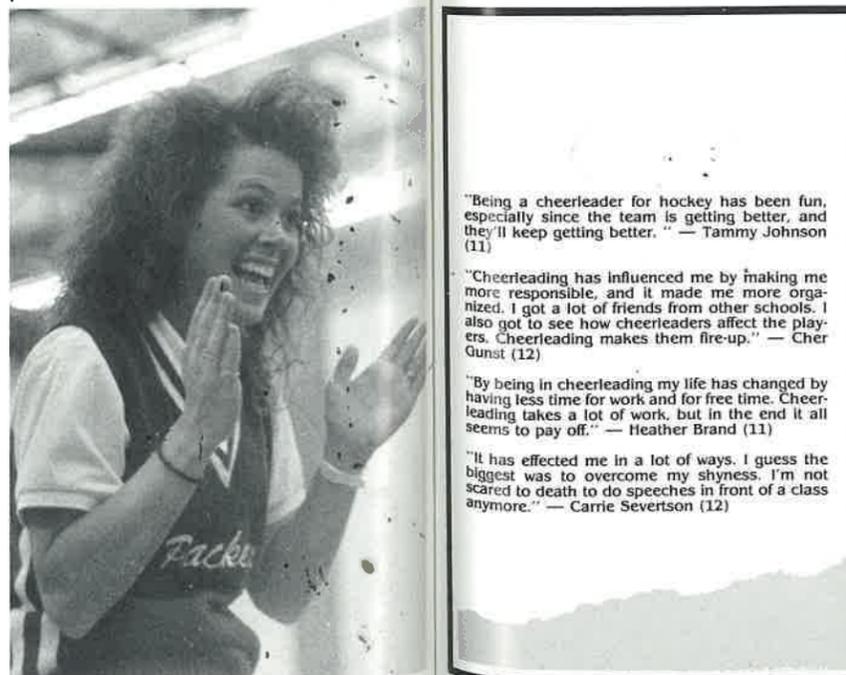


Row 1: Rachel Gunderson, Darcy Braaten and Jaci Bergeron. Row 2: Angie Rood and Stefanie Gefroh.

1. As a means of pumping up the players, cheerleaders Tammy Johnson (11) and Karen Korsmo (10) steady the Packer hoop while David Peterson (12) skates through it.
2. Heather Brand (11), Tonya Fugere (12), Connie Weber (12) and Rachel Gunderson (10) discuss what cheer to practice next.
3. Tonya Fugere (12) expresses her enthusiasm while trying to get the crowd involved as much as possible during one of the many boys' basketball games.



2



3



Row 1: Melanie Jones and Penny Rogne. Row 2: Wendy Schock. Row 3: Cher Gunst and Bree Duval.



Row 1: Melanie Grossman and Teresa Steele. Row 2: Karen Korsmo, Teri Englerth and Tammy Johnson.

Spirits soar with the help of many cheerleaders Cheerleading proves tedious

While the art of cheerleading can be a tedious and tiresome job, the girls who were in cheerleading tried to stick with it. The hockey and boys' basketball cheerleaders were no exception to this.

"People do not realize the work and effort that cheerleaders put in," said Karen Korsmo (10).

Every time the cheerleaders practiced, they practiced intently on their cheers and chants.

Team spirit was another major aspect that the hockey and boys' basketball cheerleaders strived for during the games.

Stefanie Gefroh (10) stated, "We try to boost the morale of the team,

and we try to keep the crowd involved as much as we possibly can."

The cheerleaders have had many experiences while being in cheerleading.

"Cheerleading has been a good experience for me. Not only was it a lot of fun, but it took some hard work and responsibility. We had early practices every day and made posters for the games," stated Karen Korsmo (10).

In some ways, cheerleading has helped some of the cheerleaders and they will never forget it.

By Angie Schmidt

Hard work, fun prevail

Packatahnas maintain positive attitudes

The Packatahnas, according to Mrs. Jane Holland, advisor, met their goals in 1989-90 by keeping a positive attitude and feeling good about each performance.

"We went out there and performed great. We did our best," recalled Holland.

Though the team didn't place as well as was hoped at State Competition, they continued to work hard and have fun.

"We tried our hardest considering we had so many new people," stated Denise Gross (10).

As competition time neared, the team faced obstacles such as illness and injuries that set them back. At times, five or six people were out of practice, but the team didn't give up.

"The most memorable performance was

when over half the team was either injured or sick and all we could do was laugh ourselves to tears," commented Kristi Brager (11).

Another difficulty the team faced in the 89-90 season was a young, inexperienced team.

"We started the year with ten new girls and only five old girls. We improved through this year and I believe we can bring home a trophy next year," said Kristi.

Despite these obstacles, the team experienced many high points in the season.

"Watching the team perform has made it worthwhile, because they've done so well," stressed Holland.

By Michele Willman



1



1

1. Shaking the hair from her face, Nikki Illich (11) with her teammates performs a cheer for the crowd at a home football game.

2. Stepping into a new formation, Teri Porter (11), Nikki Illich (11) and the Packatahnas concentrate on a good performance at a pep rally.



2



Row 1: Jill Sattler, Jessica Tufte, Denise Gross, Stacy Johnson, Nikki Illich, Teri Porter. Row 2: April Leinen, Kristi Brager, Tammy Otterstetter, Kristi Setter, Lisa Braaten, Deseri Hinz, Heather Fraase, Tiffany Leach, Michele Willman.

1. Pausing for a moment to catch her breath, Kristi Brager (11), surveys the crowd and anticipates the next cheer at a boys' basketball game.

2. Before the beginning of a performance, April Leinen (11) composes her thoughts and prepares to give her best effort to the routine.

3. Keeping her chin up and her smile wide, Heather Fraase (10) shows how Packatahna pride shines through.



2



"We've improved so much and hopefully we've changed people's attitudes about the team." — Jessica Tufte (11)

"I think the most important impact the Packatahnas make is on themselves, learning from each other." — Mrs. Jane Holland, advisor

"Packatahnas made us get up early. It also helped us to be responsible and it got us into shape!" — Nikki Illich (11) and Stacy Johnson (11)

"It definitely got my body into shape! I was also the biggest scaredy-cat when it came to doing anything in front of big crowds, but now, of course, I'm over it." — Deseri Hinz (10)

"Packatahnas has helped me be a responsible morning person. We worked together as a team to represent WFHS and entertain the community at boys' basketball games." — Tammy Otterstetter (11)

1. Toward the end of grand march, Jassen Volk (11) and Heather Fraase (10) reflect their excitement for the evening's events.



2. After grand march, Tonia Miller (11), Ericka Harrold (11), and Jessica Tufte (11) take a break to converse amongst themselves.



2



3

3. Entering the gym, Shane Tibiatowski (12) and his date, Jana Thone, make their way to the dance floor.

4. Keeping perfect time, Julie Moffett (11) and Shannon Myogeto (12) dance the night away.



4



1. Graciously making their way down the aisle, Jason Ertelt (12) and Lisa Thies (12) are sidetracked by onlookers.

2. Caught up in the crowd, Julie Richard (11) and Jason Wadell (12) enjoy each other's company while dancing to the music of Myron Sommerfield.



2

Tuxes, gowns flutter by with excitement

Prom '90 lives up to dreams sought after by the students and their dates

Evening gowns ruffling, girls giggling, and guys complaining about their tuxes are all part of the prom excitement. Prom was held in the high school gym, which was decorated with emerald green, silver, and black. Also, in the corner was a fountain scene surrounded with balloons and streamers galore.

"I Remember You" was the theme chosen by the prom committee.

Grand March began at 9:00 p.m. with a large group of people from the community watching the couples with awe.

Afterwards, many couples attempted the two-step, and there were many sore toes reported as the evening continued. As part of West Fargo High School tradi-

"I was kind of worried that prom wouldn't live up to my expectations."

tion, the students danced the night away to the music of Myron Sommerfield.

"When I first heard there was going to be an orchestra, I was sort of disappoint-

ed, but it turned out to be a great night," said Jodee Reith (11).

The majority of those students who attended prom

found that it lived up to their dreams.

"I was kind of worried that prom would not live up to what I had built it up to be, but it exceeded all my ex-

pectations. The whole night was like one big dream," replied Julie Moffett (11).

There were many last minute decisions to make. Many even left all of the planning until the very end.

"It was kind of last minute since I decided to go the morning of prom and I hardly knew my date, but we had a great time (much better than last year!)," stated Stephanie Blow (11).

By Jamie Lund

Seniors bid farewell

Although our high school years are done, they will never be forgotten because the impact they had on each individual member of the Class of 1990. Every graduate holds many memories close at heart and will continue to grow through the experiences he encountered.

Throughout high school, we were together a total of 4 years. They were classified as the best years of our lives, because of the friends acquired and the memories made. Due to these experiences we can continue to make every year a great one.

During these 144 weeks, we were given the opportunity to grow. We witnessed an expansion in our responsibilities, which helped us prepare for the upcoming years. How we choose to use the knowledge we gained through this responsibility will determine our success.

Also as a result of the 720 days we spent together, we matured a great deal. It started with the acquiring of our driver's licenses, which led to our first cars, dates, jobs, and eventually to our college educations, careers, and families.

An hourly total of 4,320 was occupied with homework assignments and extracurricular events. Through these, many new friends were made and goals attained. They provided us with a stepping stone for our futures.

Included in the 259,200 minutes we were surrounded by classmates and friends, were many fun times, fits of laughter, and even a few tears. Many jokes were told and many tricks were played in attempts to make the best years of our lives even better.

After spending more than 15,552,000 seconds in high school together, we have reached a definite end, but also a vast beginning. As we prepare for our futures, we will keep our class motto in mind to act as a guide.

"To accomplish great things, we must not only act, but also dream, not only plan, but also believe."
By Jennifer King, Jodi Olson and Dawn Vail

1. Almost giving everyone a heart attack, Alicia Cheney (12) smiles as she slows down.

2. While preparing for the graduation ceremony, Shawna Kraft (12) and Cari Smith (12) reflect their happiness through their friendly smiles.



2

Whatever you dream, you can do ...
Whatever you dream, you can be ...
because you have the ability
to hold on to your dreams
no matter where they lead ...
And I want you to know
I believe in you ...
Whatever you dream.
T. Langdon

1. Following the commencement exercises, the West Fargo Class of 1990 gets together for the last time.



1

Gastaldi refers to seniors as 'awesome'

Graduates express mixed emotions, nostalgia while receiving their diplomas

Prior to commencement exercises the Class of 1990 was given the opportunity to choose four fellow classmates to represent them. Wendy Schock gave the invocation in which she thanked God for all of the friendships we had the chance to form and all of the memories we will cherish. The welcome consisted of Dave VanEngelshoven's attempts to poke fun at Mr. Paul Tefft being the only person able to fly a helicopter upside down.

Alicia Cheney almost gave the interpreter a heart attack when she started her commencement address talking so fast no one could understand her. Then she

slowed down and told of how her family laughed when they heard she had been given the honor of speaking on behalf of her classmates.

each of his classmates not give up their individual struggles while climbing higher mountains.

On behalf of the foreign ex-

"We're relieved about finishing school, but...intimidated by the future."

Finally, after each graduate held his diploma proudly, Keven Kercher was called upon for the benediction. However, instead of preaching to the crowd he asked everyone to bow their heads in a silent prayer. Also, Keven asked that

change students, Flavio Gastaldi thanked everyone for making them feel welcome and one of us. He also stated that the seniors were "awesome" and even attempted a yodel, which the Swiss are noted for.

Although graduation was a time of happiness, there was plenty of nostalgia expressed among the seniors.

"For most seniors graduation is a time of mixed emotions. We feel relieved about finishing high school, but we are also intimidated about the future. We feel sad, because we must leave old friends behind; yet we are comforted by the fact that we will make new ones. Still all of our emotions are dominated by our feelings of happiness," stated Jeremy Rossow.
By Jennifer King and Dawn Vail

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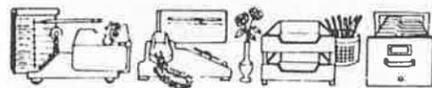
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Making An im PACK 7

1. During the "Back to Woodstock Day", flower child, Amanda Mehlhoff (12) shows everyone her 'ultra-mod' outfit and 'groovy' glasses.

2. Excited hockey players rejoice after one of their teammates scores a goal during an eventful game.

3. Kelly Mortensen (12) shows a fashion statement all his own on the first day of school.



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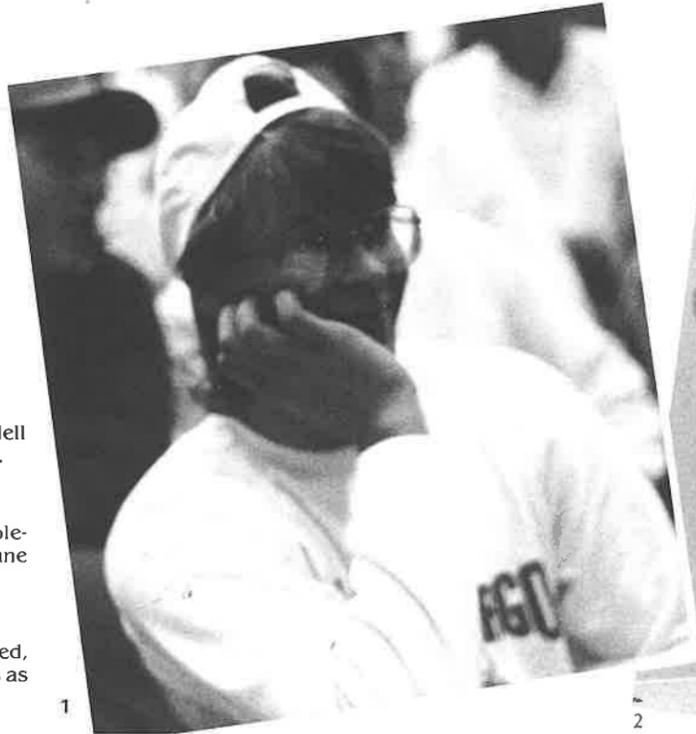
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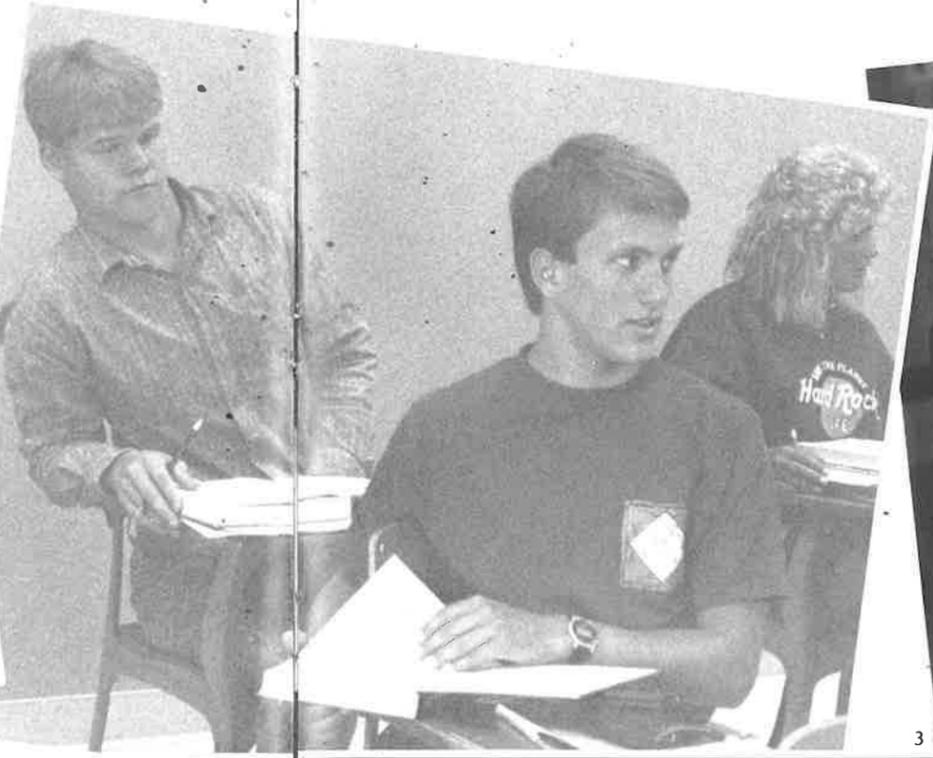
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1. During a school event, Jason Wadell (12) enjoys the action of the evening.



2. Book-check day can be very troublesome, but Keven Kercher (12) and Shane Saari (12) try to make the best of it.



3. Waiting for his name to be announced, Jason Kujanson (12) impatiently waits as they are introducing his partner.



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1. Warming up before a Pep Band performance, Wayne LeMier (12) practices his music.



2. Discussing the outcome of the season, Erik Gunderson (12) and Jason Kujanson (12) express their views with some of the other teammates.



3. After winning the EDC championship game, the varsity basketball team proudly holds their trophy for everyone to see.



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1. While a nurse pricks him with a needle, John Hahn (12) watches his blood being drawn.

2. During an open house at the vocational building, many students admire the body and engine of a race car.



2



3

3. By buckling up, Jill Sattler (12) practices what the Student Council's billboard promotes: "Are you wearing your seatbelt? It's a lifesaving decision."



1

Events, people make an impact on school, community

Sports teams improve seasons

Appropriately enough, West Fargo High School students and faculty made an impact on both the community and the school itself in many ways throughout the year. The different areas ranged from sports to people to taxes.

Many firsts occurred in West Fargo sports. The boys' cross country team placed first at the State meet, thus bringing home the championship for the first time in West Fargo history. This show was followed by the boys' basketball team aggressively achieving the status of EDC champions. Also, the hockey team under new coach, John Erickson, had the satisfaction of winning the Detroit Lakes Tournament and finishing the season with its best record yet. In addition to hockey, girls'/boys' swimming, boys' soccer, and many other teams improved

over the year.

As the year drew to a close, several faculty members decided it was time to retire. Mr. Cal Mithun, social studies teacher, taught in the school district for 29 years and was also the National Honor Society adviser. Mrs. Edna Olson, custodian, devoted 11 years to making the school district a cleaner environment for the students and faculty.

In the same light, the foreign exchange students made an impact on the district and community. Railli Johansen from Norway made a lasting impression on the drama department productions with her various accents. Also, Marisa Lucas from Brazil added her talents to the plays. Flavio Gastaldi from Switzerland demonstrated his wonderful sports abilities and was named a

member of the All-State Soccer Team.

Outside the students and faculty, the community also affected the school. In December 1989, the state voted against a sales tax that would have provided funding for schools. Following the defeated referrals, North Dakota's students and faculty all shared in the effects.

Due to the world's pollution problem, students and faculty joined together to do their part in recycling papers, newspapers, and cans.

Overall, many different people and events made an impact on the school, faculty, and community. These impressions formed many lasting memories for everyone involved.

By Jennifer King, Jodi Olson and Dawn Vail



2



1

1. Foreign Exchange student Flavio Gastaldi (12) shares an enlightening experience with a fellow student.

2. During the Annual Powder Puff game, Angie Heflin (12) anxiously waits for her chance to show the juniors her determination to come out on top.



2



3

1. As the yearbook pages are layed out, Jessica Lamb (12), Greg Wymer (11) and Ms. Lori Liebl discuss which photos should be included.
2. While Editor in Chief Michele Willman (12) decides on story assignments, Layout Editor LeAnn Fonder (12) gives some friendly advice.
3. Attempting to organize the yearbook files, Co-Editor Jennifer King (12) laughs at a staff member's joke.

Colophon:

In addition to the many dreaded hours of layout, copy writing, editing, and photo cropping, there was fun to be had by all. NIPA promised many great memories, laughs, and of course, the flower trick. Also, the exhausted staff members became hyper and more obnoxious through lack of sleep and overdoses of stress due to those famous deadlines.

Specifics:

510 books containing 172 pages were printed by Jostens Publishing of Visalia, California. Various degrees of T-347 spot color were applied into the layout designs. All pages were supervised by Ms. Lori Liebl, adviser, and edited by

Jennifer King, Jodi Olson and Dawn Vail, co-editors. Jessica Lamb was the photo editor.

Acknowledgements:

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To all of the staff members, students and faculty who made contributions to the book we owe a great deal of thanks.

The Editors