Barbers Hill Independent School District - Student Health Advisory Council

Date: November 11, 2025

Members Present: Emily Borne, Lesley Gershmel, Christy Hoffman, Rachel Manfredi, Jennifer Phillips, Sarah Strickland, Paige Joines, Jennifer Kelly

The meeting was called to order at 5:00 pm by Jennifer Phillips.

Welcome and introductions of new and returning members.

Reviewed the updated 2025-2025 Barbers Hill ISD School Health Advisory Council By-Laws. No changes to the by-laws were recommended.

Lesley Gershmel was appointed the 2025-2026 BHISD SHAC Co-Chair. Sarah Strickland was appointed the 2025-2026 BHISD SHAC minute keeper.

Vaping Presentations - update from 2025-2026 school year

Lesley Gershmel (BHISD Social Worker) spoke on how the vaping presentations have gone this year. They had a returning presenter (Rob Holla) who spoke at the high school last year speak at the middle schools this year. Lesley reported a positive response from the high school students last year. She heard from a couple students who had reported stopping vaping after his presentation. A SHAC parent representative said how her high school student talked about Rob Holla and how they were bummed he did not present at the high school this year.

Health & Wellness Updates

Jennifer Phillips (BHISD Coordinator of Health Services) gave some district wellness updates. There was a great turn out in the annual employee wellness screening done by West Chambers - 231 employee participants. They recorded height, weight, blood pressure, and a standard blood panel. Once the blood results came back, West Chambers had providers come and reviewed the results with the employees. West Chambers also came to campus and did flu (130 employees), TDAP, and B12 (85 employees) shots.

Stop the Bleed Training will be continued for 7-12th graders annually. This school year a high school health science teacher will begin overseeing this. This is in aim to reach more students and increase participation. Jennifer has applied for a grant to get a training kit for each campus.

Open Discussion/Questions:

The MD Anderson Mammogram truck will continue on an annual basis.

The meeting was adjourned at 5:31 pm.

Dates of Next Meetings:

- January 13, 2026
- March 17, 2026
- May 12, 2026

Meeting notes submitted by Sarah Strickland, MS, RD, LD