FAMILY GAME NIGHT

FRIDAY, NOVEMBER 8TH, 2024 • 4:30PM – 6:30PM

Why Family Game Night?

STRENGTHEN FAMILY BONDS: Family game nights can help families bond and create lasting memories.

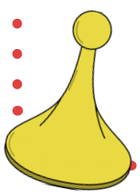
TEACH LIFE SKILLS: Games can teach children essential social and emotional skills, such as cooperation, sharing, and impulse control. They also enhance problem-solving abilities, fine motor skills, and academic skills such as math, spelling, and vocabulary.

IMPROVE COMMUNICATION: Family game nights can help children build communication skills and learn how to handle competition and disappointment.

REDUCE STRESS: Spending time with family can help reduce stress and improve mental balance.

ESTABLISH TRADITIONS: Family traditions can help provide a sense of comfort and security by providing continuity.

PROVIDE A SAFE SPACE: Family game nights can provide a safe space for self-expression.







Literacy/Math Skills in Games



Ages 7+

UNO

UNO is great for **building social skills** which can be used in many multi-player games, like taking turns, following the rules, and being a good winner or loser. **The game builds other important skills too, like color matching, counting and using your fingers and hands.**



Ages 7+

PHASE 10

Players are dealt 10 cards and try to complete 10 designated phases. The first player to complete all 10 phases wins the game. Encouraging regular gameplay can help strengthen memory, critical thinking, and social interaction skills.

- **Strategic thinking:** Players must use strategy to figure out patterns and complete phases. Strategic thinking can help improve decision-making and problem-solving skills.
- **Memory:** Players must remember the rules and which cards have been played.
- **Adaptability:** The game can be adjusted to meet the needs of people with varying degrees of dementia.



Ages 8+

RUSH HOUR

The Rush Hour game involves **problem solving and sequencing.** You move the cars back and forth to figure out how to clear obstacles and free the 'icecream truck'. In occupational therapy session this activity with children help to **work on attention, concentration, planning and sequencing.**



Ages 8+

YAHTZEE

The object of the game is to roll five dice in order to score combinations and get the highest total score. This is an excellent game for grades three and up to **practice fluency with number combinations and to explore deeper understanding of basic operations.**

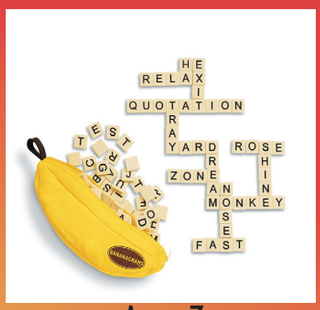
IMPORTANT CONSIDERATIONS:

- **Choose age-appropriate games:** Select games that align with your child's developmental level and interests.
- **Set limits on playtime:** Establish healthy gaming habits with designated timeframes to avoid excessive screen time.
- **Engage in conversation:** Actively participate in the game, ask questions, and discuss strategies to facilitate communication.
- **Be mindful of content:** Consider the game's content and themes, particularly regarding violence or mature topics.

Advanced Technology Academy

FOR MORE INFORMATION

4801 Oakman Blvd Dearborn, MI 48126 • 313.625.4700 • atafordpas.org



Ages 7+

BANANAGRAMS

BANANAGRAMS is a **fun and interactive way to play and learn with words.** Help boost your students' vocabulary and improve their spelling by encouraging them to play with language! The game helps promote the following on the right:

- Word recognition
- Spelling skills
- Visual attention
- Memory and recall
- Categorization
- Visual processing
- Sorting and classification
- Letter recognition
- Sequential thought
- Language development



Ages 8+

THE GAME OF LIFE

- **Develops Logic and Critical Thinking:** Players make choices about college, housing, debt, and insurance, impacting the game's outcome.
- **Enhances Vocabulary:** Introduces financial concepts like insurance, stocks, and gambling, fostering discussions in a neutral setting.
- **Increases Family Time:** Promotes bonding through fun, engaging gameplay that encourages laughter and conversation.
- **Teaches Success Beyond Money:** Encourages discussions about what success truly means, not just financial gain.
- **Highlights Unpredictability of Winning:** Success can depend on chance; even good choices can lead to unexpected challenges, illustrating that outcomes aren't always within control.



Ages 8+

BOGGLE

Boggle is an educational game with many benefits, including **vocabulary expansion, spelling improvement, cognitive development, and critical thinking.** This game is for all ages, especially students, as they enhance their language skills while having fun.There is an element of luck involved in the Game of Life, just as in life itself.



Ages 1.5+

LEGO

Building with LEGO bricks helps with following instructions, deciphering order, understanding quantity, symmetry, patterns and location of the bricks, **helps children to develop on their mathematical skills and spatial awareness and encourages them in developing how to problem solve and come up with new ideas.** The game also helps promote the following on the right:

- Improved eye/hand coordination
- The development of spatial skills
- Persistence and patience
- Enhanced fine motor skills
- Problem solving skills
- Achieving a sense of accomplishment
- Learning how to plan
- Teamwork when playing with others



Ages 8+

VIDEO GAMES

- **Improved communication:** While playing, kids naturally talk about their strategies, reactions, and experiences, which can open up conversations and provide insights into their thinking process.
- **Cognitive development:** Many games require planning, decision-making, quick thinking, and adaptation, which can enhance cognitive skills like problem-solving and strategic thinking.
- **Bonding and connection:** Shared gaming experiences can create a sense of togetherness and strengthen the parent-child bond.
- **Learning opportunities:** Educational games can teach new concepts, vocabulary, and skills depending on the game's theme.
- **Social skills development:** Cooperative games can encourage teamwork, collaboration, and communication with others.
- **Positive emotional impact:** Playing games together can be a fun and relaxing activity, reducing stress and promoting positive emotions.

IMPORTANT CONSIDERATIONS:

- **Choose age-appropriate games:** Select games that align with your child's developmental level and interests.
- **Set limits on playtime:** Establish healthy gaming habits with designated timeframes to avoid excessive screen time.
- **Engage in conversation:** Actively participate in the game, ask questions, and discuss strategies to facilitate communication.
- **Be mindful of content:** Consider the game's content and themes, particularly regarding violence or mature topics.

Advanced Technology Academy

FOR MORE INFORMATION

4801 Oakman Blvd Dearborn, MI 48126 • 313.625.4700 • atafordpas.org