

Public Notice of Student Health Advisory Council (SHAC)

SHAC Committee Magnolia ISD Minutes

A Public Meeting of the Student Health Advisory Council of Magnolia ISD was held November 11, 2025, beginning at 12:30 PM in the Magnolia ISD Event Center, 11659 FM 1488, Magnolia, TX 77354. The meeting was called to order at 12:36 p.m.

Members present: Sheri Cantu, Sheryl Tamborello, Jenny McCumber, Jennifer Tolbert
Absent members: Natalie Burman, Robi Yeatman

CALL TO ORDER/ROLL CALL/DECLARE QUORUM

1. AGENDA

- a. Introduction of members- all members were introduced, election of co-chair was moved to January meeting
- b. Review Purpose
- c. Consider Approval of Minutes- minutes were motioned by Jenny McCumber and seconded by Jennifer Tolbert. Minutes passed.
- d. Wellness Plan Review- council discussed the plan for reviewing and updating the Wellness Plan for the year. Council will be working to complete the WellSAT Triennial Assessment
- e. Child Nutrition Update- see attached document

**MAGNOLIA ISD CHILD NUTRITION DEPARTMENT
PROUDLY SERVES**

LOCAL

MENU ITEMS PRODUCED AND GROWN IN TEXAS

PERSONAL CHEESE & PERSONAL PEPPERONI PIZZA



MEGA MEAT PIZZA & PEPPERONI PIZZA

WALLER, TEXAS

DON LEE HAMBURGER PATTIES AND STEAK FINGERS

MANSFIELD, TEXAS



TrueHarvest
ROOTED IN BELTON • TEXAS

TRUE HARVEST CRISPY LEAF LETTUCE

TRUE HARVEST TRUE MIX LETTUCE

BELTON, TEXAS



MARZANO TOMATOES

YELLOW SQUASH



APPLES

WATERMELON

HUNN'S PICKLES

GARLAND, TEXAS



COOL TROPICS SLUSH (MADE WITH FRUIT GROWN IN TEXAS)

HILAND DAIRY WHITE AND CHOCOLATE MILK

CONROE, TEXAS





School Meals: Small Changes, Big Difference

Updated standards are raising the bar for nutrition to help kids grow up healthier.

What makes school breakfast healthy?

- ✓ Less added sugar
- ✓ Lower sodium
- ✓ Primarily whole grains
- ✓ Fruit, vegetable, and protein options

Sample Breakfast

- Egg and cheese on whole wheat biscuit
- Strawberries
- Local vegetables
- Low-fat milk

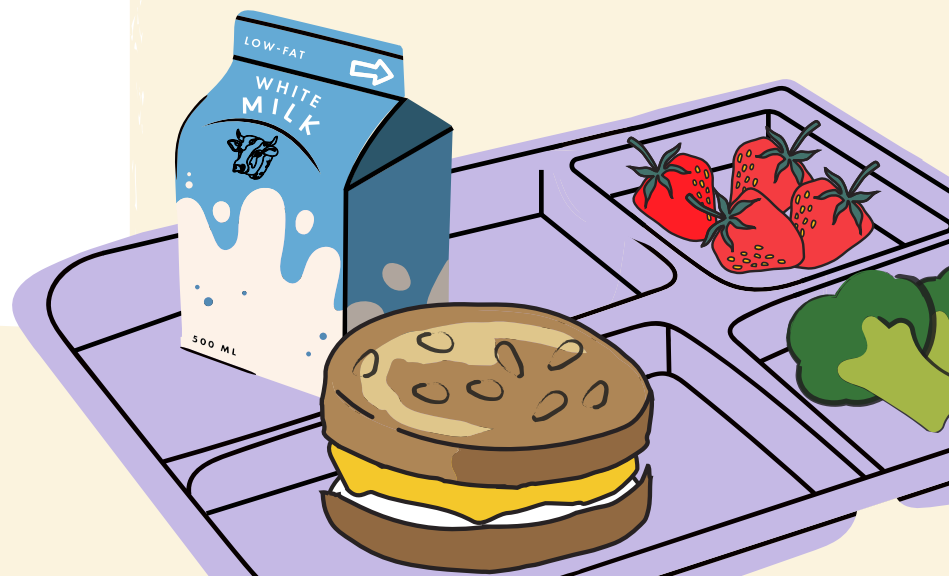
What else could be part of a nutritious, delicious breakfast this week?*

- Breakfast bean burrito
- Turkey sausage
- Oatmeal pancakes
- Tofu taco
- Whole-grain muffin or bagel
- Variety of fruit
- Trail mix with nuts and seeds
- Yogurt
- Juice
- Flavored milk with less added sugars...
...and much more

Student favorites

**can still be on the menu,
within weekly standards:**

- Toaster pastries
- Sweet breads and donuts
- Granola bars
- Syrups and condiments



* Schools may create a variety of menu options to meet the overall nutrition standards.



Sample Lunch

- Turkey burger
- Salad
- Cheese
- Diced cantaloupe
- Flavored milk with less added sugars

What else could be part of a nutritious, delicious lunch this week?*

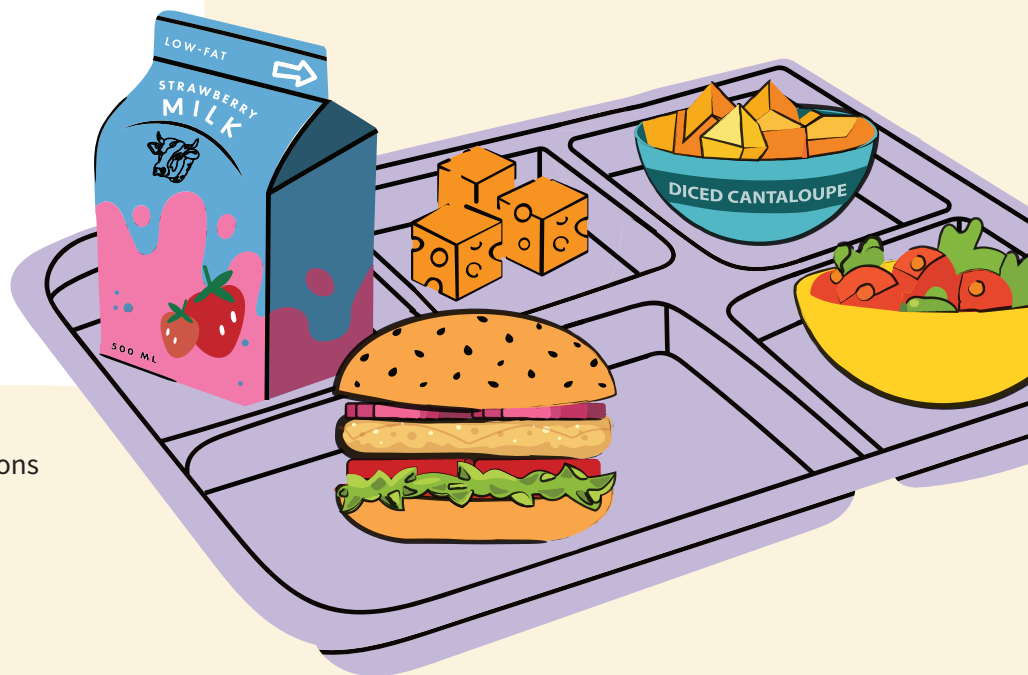
- Black bean burger
- Fish taco
- Stir-fry with tofu
- Chicken salad sandwich
- Falafel pita
- Beef barley soup
- Pepper slices with hummus
- Fresh cauliflower bites
- Spiced butternut squash
- Chilled pineapple
- Fat-free or low-fat milk
- ...and much more

* Schools may create a variety of menu options to meet the overall nutrition standards.

Student favorites

can still be on the menu,
within weekly standards:

- Pizza
- French fries
- Deli sandwiches





Child Nutrition

SPRING 2025 UPDATE



FY '24 Awards



FY '25 Awards



- '23 Turnip theBeetGoldLevel
- '23 USDA Foods Prime Player
- '23 Farm Fresh Best of the Bunch
- '24 Certificate of Achievement-
Administrative, Financial, and Procurement



Participation



- '24 National School Lunch Week
- '25 School Breakfast Week



Grants

- '23 Supply Chain Assistance
- '24 Local Foods for Schools
- '25 Local Foods for Schools

'24 Turnip the Beet Gold Level

'24 USDA Foods Prime Player

'24 Farm Fresh Cream of the Crop

Healthy Meals Incentives Breakfast and Lunch Trailblazer

Healthy Meals Incentives Innovation in the Preparation of
School Meals

Healthy Meals Incentives Innovative School Lunch

Makeover

2nd Place TDA/TASN Texas Fruit & Vegetable Contest



This institution is an equal opportunity provider.

MANAGERS, PLEASE SEE THE INSTRUCTIONS FOR NATIONAL SCHOOL BREAKFAST WEEK. THANK YOU FOR YOUR PARTICIPATION.

2025 SCHOOL BREAKFAST WEEK

MARCH 3-7, 2025



INCREASED PARTICIPATION GOAL: SCHOOLS WITH AN INCREASE OF PARTICIPATION WILL RECEIVE A COOL TROPIC SLUSH ON MARCH 21ST!

ELEMENTARY MATERIALS		ELEMENTARY ENGAGEMENT				
MATERIALS	TASK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ONE WEEK MENU (MARCH 3-7)	POST AT THE START OF EVERY SERVING LINE.					
1 POSTER (LEGAL SIZE)	POST IN CAFETERIA SERVING LINE FOR STUDENTS TO GUESS NUMBER OF ITEMS. MANAGER WRITE NUMBER OF MEALS SERVED DAILY AND TOTAL FOR THE WEEK. *CN Office will provide the numbers for the manager to write on the poster daily and weekly totals.	COUNT THE NUMBER OF HEALTHY FOOD ITEMS ON THE POSTER IN THE SERVING LINE.				Child Nutrition will determine if each school received an increase of participation. Child Nutrition will provide an announcement for the list of schools to receive a Cool Tropic Slush on March 21st. Child Nutrition Office will order Cool Tropic Slushes.
50 COLOR SHEETS	HAND OUT TO STUDENTS ON TUESDAY OF SCHOOL BREAKFAST WEEK.		COUNT THE BREAKFAST FOOD ITEMS ON HANDOUTS.			
BREAKFAST STICKERS	HANDOUT TO STUDENTS ON WEDNESDAY			HANDOUT STICKERS		
NEW MENU ITEMS	PROMOTE NEW MENU ITEMS TO INCREASE PARTICIPATION	*NEW MENU ITEM- TRY OUR SECRET AGENT TOAST! Secret Agent Toast (Don Lee Cinnamon Toast & Sausage Rolled Crisp Ups)				*NEW MENU ITEM- TRY OUR BREAKFAST BOWL MYSTERY! (Bacon & Cheese Extravaganza, Tortilla, Shredded Cheese served with Salsa)
INTERMEDIATE / JUNIOR HIGH / HIGH SCHOOL MATERIALS		INTERMEDIATE / JUNIOR HIGH / HIGH SCHOOL ENGAGEMENT				
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50 WORD SEARCH	HAND OUT TO STUDENTS ON TUESDAY OF SCHOOL BREAKFAST WEEK.		BREAKFAST WORD SEARCH ON HANDOUTS.	HANDOUT STICKERS		
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