TEXARKANA
Independent School District

School Health Advisory Council (SHAC)
Wednesday, December 10, 2025
11:00AM-12:30PM

Instructional Services Professional Development Center
3413 Summerhill Road
Texarkana, TX 75503

MEETING AGENDA

Agenda Topic	Presenter
Welcome and Opening Remarks A. Call to Order B. Welcome C. Purpose of the School Health Advisory Council (See attached) D. Approval of Agenda	**Elodia Witterstaetter** *Director of State and Federal Programs*
Health Services Update/Report • Upcoming events and updates	**Heather Spohn** *Coordinator of School Health*
Child Nutrition Update/Report • Triennial Assessment of Wellness Policy	**Shawn Davis** *Director of Child Nutrition*
The Tech Talk, Safeguarding Teens Guest Speaker: Public Information Officer, Ethan Sartor **Substance Use Disorders** Guest Speakers: Director of Substance Abuse Services at River Ridge, Corey Dixon and Co-Director, Jessica Reeves	**Elodia Witterstaetter** *Director of State and Federal Programs*
Remaining Meeting Dates: February 4, 2026 April 29, 2026	**Elodia Witterstaetter** *Director of State and Federal Programs*
Adjourn *This paper serves as a bulletin board* *Date Posted: September 16, 2025* *Texarkana ISD Central Administration* *Texarkana ISD Child Nutrition* *Texarkana ISD Website (www.txkisd.net)*	**Elodia Witterstaetter** *Director of State and Federal Programs*

Purpose and Mission of the Council: *A local school health Advisory council has been established to assist the District in ensuring that local community values and health issues are reflected in the District's health education instruction. A majority of members must be parents of students enrolled in the District and who are not employees of the district. One or more classroom teachers, campus administrators, students, health-care professionals, members of the business community, law enforcement representatives, senior citizens, clergy, representatives of nonprofit health organizations, or representatives of another group may serve. See BDF (LEGAL) and EHAA(LEGAL). The council meets four times per year (twice per semester).*