



Upland Unified School District

DECEMBER

Breakfast Daily

Whole Grain Breakfast Bread Variety
 Bagel & Cream Cheese
 Whole Grain Cereal Variety Whole
 Grain Breakfast Bars
 Yogurt (9 g of sugar)
 Mozzarella String Cheese

Breakfast Specials

Monday    

Whole Grain Mini Pancakes and Turkey Sausage Links

Wednesday   

Whole Wheat Chicken Sausage and Cheese Waffle

Friday   

Whole Grain Egg & Cheese Scrambler

Please take our breakfast survey and let us know how we can improve!



Local Farm-Fresh Seasonal Fruit & Veggies
 Local Driftwood Dairy California Milk 1% White Milk
 or Non-Fat Chocolate Milk (Lunch Only)



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*Menu subject to change
 *This institution is an equal opportunity provider



DECEMBER



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 Turkey Hot Dog served in a whole grain hot dog bun with chips seasonal salad bar</p> 	<p>2 Walking Taco ground turkey taco meat and shredded cheese served with reduced fat chips taco salad bar</p> 	<p>3 Meatballs and Cheesy Garlic Breadsticks served with marinara sauce seasonal salad bar</p> 	<p>4 Orange Chicken & Brown Rice asian salad bar</p> 	<p>5 Brunch for Lunch turkey sausage and maple waffle breakfast salad bar</p> 
<p>8 Grilled Chicken Sandwich served on a brioche bun sandwich salad bar</p> 	<p>9 Chicken Tamale fiesta salad bar</p>	<p>10 Cheese Pizza seasonal salad bar</p> 	<p>11 Teriyaki Chicken and Garlic Fried Rice asian salad bar</p> 	<p>12 BBQ Chicken Drumstick served with a whole grain roll american salad bar</p> 
<p>15 Crispy Chicken Sandwich served on a whole grain brioche bun sandwich salad bar</p> 	<p>16 Ground Turkey Tacos served on two hard taco shells taco salad bar</p> 	<p>17 Whole Grain Turkey Pepperoni Calzone seasonal salad bar</p> 	<p>18 Winter Nuggets and Treat festive shaped chicken nuggets and a cookie american salad bar</p> 	<p>19 Meal Breaks sweet bbq bites, juice pouch, raisins, sunflower seeds, and cheez-its</p> 

Served Fresh Daily

Farm Fresh Salad Bar is Offered Daily

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happy holidays



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