

Pre-K

December 2025



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December is National Handwashing Awareness Month!

Clean hands help keep everyone healthy—especially during cold and flu season! Remember to wash your hands with soap and warm water for at least 20 seconds before eating and after using the restroom. A quick rinse isn't enough—scrub those germs away and stay healthy all winter long!

1 Oatmeal Chocolate Breakfast Bar
 Chicken Tamale
 Calabacitas
 Local Red Apples

2 Cinnamon Bun
 Bean and Cheese Burrito
 Elote
 Diced Pears

3 Zucchini Bread Muffin
 Chicken Tenders
 White Bean Chicken-Chili Soup
 Baby Carrots
 Mandarin Oranges

4 Mini Blueberry Waffles
 Beef & Broccoli
 Brown Rice
 Mixed Fruit
 Chocolate Chip Cookie

5 Whole Grain Donut Bites
 Fish Nuggets
 Black Beans
 Diced Peaches

8 Mini Cinni's
 Orange Chicken & Brown Rice
 Edamame Beans
 Pineapple Tidbits

9 Blueberry Overnight Oats
 Chicken Alfredo Pasta
 Roasted Broccoli
 Mixed Fruit

10 Chocolate Cranberry Muffin
 Chicken Nuggets
 Pozole Soup
 Baby Carrots
 Diced Pears

11 Cheddar Egg Bites
 Breakfast for Lunch
 Hashbrowns
 Applesauce

12 Banana Chocolate Breakfast Bar
 Hamburger
 Farmers Market
 Bruschetta
 Diced Peaches

15 Bagel & Cream Cheese
 Chicken Drumstick
 Steamed Corn
 Applesauce

16 Berry Yogurt Parfait
 Cheesy Beef Meatball Sub
 Steamed Broccoli
 Diced Peaches

17 Manager's Choice Breakfast
 Grilled Cheese and Tomato Soup
 Baby Carrots
 Pineapple Tidbits

18 Turkey Sausage Pancake Wrap
 Beef Picadillo with Tortilla
 Pinto Beans
 Mixed Fruit

19 Manager's Choice Breakfast
 Manager's Choice Lunch
 Celery Sticks
 Diced Pears

22

23

24

25

26

WINTER BREAK

DAILY OPTIONS

Breakfast

Breakfast Special
 Seasonal Whole Fresh Fruit
 or 100% Fruit Juice
 1% or Skim Milk



Preschool will be served family style when possible to align with curriculum.

Lunch

Lunch Special
 Peanut Butter & Jelly Sandwich
 Sunbutter & Jelly Sandwich
 Fresh Fruit Variety
 Garden Salad
 Seasonal Vegetable
 1% or Skim Milk

We serve a pork-free menu

Mixed Fruit is a combo of pears, peaches, and pineapple.



We proudly source Arizona-grown produce, beef, and more. Look for this label to spot local items!

Vegetarian Fish Poultry Beef



December is...



National Handwashing Awareness Month

December 1 - Eat A Red Apple Day

December 4 - Cookie Day

MEAL PRICES

Osborn Students:

All complete meals at no cost
 Milk \$0.50

Adults/Visitors:

Breakfast \$2.75

Lunch \$4.75

Cash/Check Accepted

SCAN HERE!



Menu items may change due to availability. This institution is an equal opportunity provider. Questions? Call the Child Nutrition Office at 602-707-2020



@nutriliciousosborn