

# Elementary

BIC (Encanto & Longview)

# December 2025



MON

TUE

WED

THU

FRI



## December is National Handwashing Awareness Month!

Clean hands help keep everyone healthy—especially during cold and flu season! Remember to wash your hands with soap and warm water for at least 20 seconds before eating and after using the restroom. A quick rinse isn't enough—scrub those germs away and stay healthy all winter long!

<p>1 Oatmeal Chocolate Breakfast Bar</p> <p>Chicken Tamale String Cheese Calabacitas Local Red Apples</p>	<p>2 Cinnamon Bun</p> <p>Bean &amp; Cheese Burrito Elote Diced Pears</p>	<p>3 Zucchini Bread Muffin String Cheese</p> <p>Beef Hot Dog White Bean Chicken-Chili Soup Baby Carrots Mandarin Oranges</p>	<p>4 Mini Blueberry Waffles</p> <p>Beef &amp; Broccoli Brown Rice Mixed Fruit Chocolate Chip Cookie</p>	<p>5 Whole Grain Donut Bites</p> <p>Baja Fish Sandwich Black Beans Diced Peaches</p>
<p>8 Mini Cinni's</p> <p>Orange Chicken &amp; Brown Rice Edamame Beans Pineapple Tidbits</p>	<p>9 Banana Bread</p> <p>Chicken Alfredo Pasta Roasted Broccoli Mixed Fruit</p>	<p>10 Chocolate Cranberry Muffin String Cheese</p> <p>Chicken Nuggets &amp; Dinner Roll Pozole Soup Baby Carrots Diced Pears</p>	<p>11 Mini Cinnamon Waffles</p> <p>Breakfast for Lunch Hashbrowns Applesauce</p>	<p>12 Banana Chocolate Breakfast Bar</p> <p>Hamburger Farmers Market Bruschetta Diced Peaches</p>
<p>15 Bagel &amp; Cream Cheese</p> <p>Chicken Drumstick &amp; Waffle Roasted Corn Applesauce</p>	<p>16 Strawberry Yogurt Honey Graham Crackers</p> <p>Cheesy Beef Meatball Sub Steamed Broccoli Diced Peaches</p>	<p>17 Manager's Choice Breakfast</p> <p>Grilled Cheese &amp; Tomato Soup Baby Carrots Pineapple Tidbits</p>	<p>18 Turkey Sausage Pancake Wrap</p> <p>Beef Picadillo with Tortilla Pinto Beans Mixed Fruit</p>	<p>19 Manager's Choice Breakfast</p> <p>Manager's Choice Lunch Celery Sticks Diced Pears</p>
22	23	24	25	26

# WINTER BREAK

## DAILY OPTIONS

### Breakfast

Breakfast Special  
Whole Grain Cereal with Graham Crackers  
Seasonal Whole Fresh Fruit  
100% Fruit Juice  
1% or Skim Milk

### Rotating 3rd Entrée

Monday/Thursday  
Turkey Ham and Cheese Sub  
Tuesday/Friday  
Chicken Ranch Wrap  
Wednesday  
Large Garden Salad with Chicken

### Lunch

Lunch Special  
Peanut Butter & Jelly Sandwich\*  
SunButter & Jelly Sandwich  
Rotating 3rd Lunch Entrée  
Seasonal Whole Fresh Fruit  
Fresh Garden Salad  
1% or Skim Milk

\*We serve a pork-free menu\*



We proudly source Arizona-grown produce, beef, and more. Look for this label to spot local items!

Vegetarian Fish Poultry Beef



## December is...



National Handwashing Awareness Month  
December 1 - Eat A Red Apple Day  
December 4 - Cookie Day

## MEAL PRICES

### Osborn Students:

All complete meals at no cost  
Milk \$0.50

### Adults/Visitors:

Breakfast \$2.75

Lunch \$4.75

\*Cash/Check Accepted\*

SCAN HERE!



Menu items may change due to availability. This institution is an equal opportunity provider. Questions? Call the Child Nutrition Office at 602-707-2020



@nutriliciousosborn