

TISD Star Academy High School Fall Menu 2025-2026

Main Line Weekly:				
Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Pasta Bowl (with Marinara or Alfredo Sauce) Beef Meatball Pasta Bowl (with Marinara or Alfredo Sauce) or Cheeseburger w/fries Cheese Stuffed Breadstick Fruit & Yogurt Plate Garlic Toast Green Beans Fresh Garden Salad Parmesan Cheese Fresh & Chilled Fruit Milk Peanut Butter & Jelly Sandwich entrée available daily upon request.	Beef Nacho Bowl or Chicken Fajita Nacho Bowl or Beef Tamales or Chicken & Cheese Quesadilla Pizza by the Slice or Chicken Popper Salad Refried Beans Golden Corn Salsa Fresh Garden Salad Fresh & Chilled Fruit Milk	**Orange Chicken Noodle Bowl **Teriyaki Chicken Noodle Bowl or Pizza by the Slice or Chicken Popper Salad Steamed Broccoli Carrot Coins Fresh Garden Salad Fresh & Chilled Fruit Good Fortune Frozen Treat Fortune Cookie Milk	Wk 1: Build a Salad Bowl: Turkey Breast or Cheese Cubes With Lettuce and/or Spinach And Choice of the following: Breadstick, Broccoli, Carrots, Cucumber, Garbanzo Beans, Grape Tomatoes, & Croutons, with your choice of dressing or Chicken Popper Salad or Cheeseburger or Chicken Sandwich or Cheese Stuffed Breadstick Fresh & Chilled Fruit Milk Wk 2: Build a Sandwich: Turkey Breast or Turkey Ham With Lettuce and/or Spinach And Choice of the following: Carrots, Cucumber, Tomatoes, Pretzels, Fresh & Chilled Fruit Baby Carrots & Ranch, Milk or Chicken Popper Salad or Cheeseburger or Chicken Sandwich or Cheese Stuffed Breadstick Fresh & Chilled Fruit Milk	Chicken Spicy Bites Bowl w/Roll or Beef Steak Finger Bowl w/Roll Chicken Tender Bowl w/Roll or Pizza by the Slice or Chicken Popper Salad Mashed Potatoes Golden Corn Country Gravy Fresh Garden Salad Fresh & Chilled Fruit Milk Menus subject to change
Menu Information				
Food Components: Meat/Meat Alternate, Grain, Fruit, Vegetable, Milk	🌾 All lunch rolls, tortillas, pastas, and other bread items contain at least 51% whole grain	Our unit lunch offer consists of 3 or more components, one must be a fruit or vegetable. Entrée choices are in bold print	Student Lunch: \$3.25 *Premium \$3.75 **Premium Plus \$4.00 Adult Lunch: \$5.15 *\$5.65 Premium **\$5.90 Premium Plus	

Weekly Breakfast Menu					All Menus Subject to Change
Monday	Tuesday	Wednesday	Thursday	Friday	
Biscuit & Sausage or Yogurt Meal Kit or Cereal or Pastry Fruit Variety Milk Variety	Egg Croissant or Yogurt Meal Kit or Cereal or Pastry Fruit Variety Milk Variety	Breakfast Pizza or Yogurt Meal Kit or Cereal or Pastry Fruit Variety Milk Variety	Chicken & Waffles or Yogurt Meal Kit or Cereal or Pastry Fruit Variety Milk Variety	Glazed Whole Grain Donut or Yogurt Meal Kit or Cereal or Pastry Fruit Variety Milk Variety	
Breakfast: Student - \$2.00 Adult - \$3.50	Our unit breakfast offer includes an entrée (in bold), and choice of sides	(A minimum of 3 menu items must be selected, including 1 serving of fruit; items in bold count towards two items)	🌾 Breakfast cereals and pastries contain at least 51% whole grain.	1% White Milk & Fat-Free Chocolate Milk Offered Daily at Breakfast and Lunch	

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: 1.mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or 2.fax:(833)256-1665 or (202) 690-7442; or 3.email: Program.Intake@usda.gov This institution is an equal opportunity provider. 2/14/25

PAYMENT PROCEDURES: Money may be deposited into student accounts with cash, check, online at www.schoolcafe.com OR through the School Cafe App **STUDENT CHARGES (BORROWING/GRACE PERIOD):**

Students may charge meals up to the value of two breakfasts and two lunches (\$10.50 for High School). An automated phone call occurs when a negative balance appears on a student's account. If a student account exhausts the grace period/charge limit, the student must select a peanut butter and jelly or toasted cheese sandwich entrée for lunch and/or a cereal entrée for breakfast until the negative balance is paid. A la Carte / snack items are not available for charging.

FREE/REDUCED-PRICE MEAL PROGRAM:

We encourage you to complete the USDA free/reduced price meal application if you feel economic hardship exists. Applications expire each year and must be submitted each year. Applications can be submitted online at www.schoolcafe.com or through the SchoolCafe app on your mobile device to determine if you qualify for benefits. Hardcopy applications may be found at the school's front office, if needed, or at the Child Nutrition office located at 1110 Baker Dr. Tomball, TX 77375. Eligibility decisions are based on federally established income and household size guidelines without regard to race, sex, color, national origin, age, or disability.

You can apply to see if you qualify for free or reduced priced meals at: <https://www.schoolcafe.com/>

Tomball ISD offers a la carte choices to purchase. Money may be deposited into student accounts with cash, check, or online at www.schoolcafe.com A la Carte /snacks are not available for charging. Contact either your school cafeteria manager or the Child Nutrition Department for information or questions regarding the above payment procedures. There is a third party fee to deposit money online to student accounts. It is always free to deposit with cash or check at the school cafeteria. Please send cash or check in sealed envelope with your student's name and ID number.