



**C.V. Starr Breakfast & Lunch Menu**

BCSD is an equal opportunity provider and employer. Menus are subject to change.

Vegetable Of The Month  
*KALE*

**Monday, December 1**

**Breakfast**  
\*Homemade Muffin

**Lunch**  
Perdue Dino Nuggets  
Choice of Dipping Sauces  
OR  
Grilled Chicken on a Bun  
Brown Rice, Baby Carrots  
Assorted Canned & Fresh Fruit  
Milk Variety

**Tuesday, December 2**

**Breakfast**  
\*Bacon, Egg, Cheese on a Roll

**Lunch**  
Mozzarella Stuffed Breadsticks  
\*Tomato Sauce for Dipping  
\*Seasoned Broccoli  
Assorted Canned & Fresh Fruit  
Milk Variety

**Wed., December 3**

**Breakfast**  
\*Homemade Muffin OR  
Banana Split Parfait

**Lunch**  
\*Twisted Pasta Plain or  
\*Tomato or Meat Sauce,  
\*Kale Chips  
WW French Bread  
Assorted Canned/Fresh Fruit  
Milk Variety

**Thursday, December 4**

**Breakfast**  
\*Bacon, Egg, Cheese on a Roll  
**New York Thursday**

**Lunch**  
\*New York Beef Hamburger  
or Cheeseburger on a Bun  
Lettuce, Tomato, Pickles  
Oven Baked French Fries  
Assorted Canned/Fresh Fruit  
Milk Variety

**Friday, December 5**

**Breakfast**  
Cinnamon Bun OR  
Yogurt Smoothie

**Lunch**  
Pizza with Cheese or  
Pasta Topping  
Tossed Salad with  
Italian Dressing  
Fruit Juice  
Milk Variety

**SALAD BAR FEATURING Grab & Go Chef Salad Plate**

**Monday, December 8**

**Breakfast**  
\*Homemade Muffin

**Lunch**  
Copy Cat KFC Bowl  
Crunchy Popcorn Chicken  
Mashed Potatoes  
Sweet Corn, Gravy  
Assorted Canned/Fresh Fruit  
Milk Variety

**Tuesday, December 9**

**Breakfast**  
\*Bacon, Egg, Cheese on a Roll

**Lunch**  
\*Rotini Pasta Plain or  
\*Tomato or Meat Sauce  
Bite Size Broccoli  
WW French Bread  
Assorted Canned/Fresh Fruit  
Milk Variety

**Wed., December 10**

**Breakfast**  
\*Homemade Muffin OR  
Banana Split Parfait

**Lunch**  
BBQ Pork Rib Sandwich  
Smiley Fries  
Cole Slaw  
Assorted Canned/Fresh Fruit  
Milk Variety

**Thursday, December 11**

**Breakfast**  
\*Bacon, Egg, Cheese on a Roll

**Lunch**  
\*Nacho Platter  
Seasoned Beef/Cheese Sauce  
Lettuce/Tomato/Salsa/  
Sour Cream over Nacho Chips  
Assorted Canned/Fresh Fruit  
Milk Variety

**Friday, December 12**

**Breakfast**  
Cinnamon Bun OR  
Yogurt Smoothie

**Lunch**  
Pizza with Cheese or  
Buffalo Chicken Topping  
Tossed Salad with  
Italian Dressing  
Fruit Juice  
Milk Variety

**SALAD BAR FEATURING Grab & Go Chicken Caesar Salad Plate**

*Available Daily*

***Breakfast***  
***Nutrigrain Bar, Cereal Bar,  
Whole Grain Muffin,  
Whole Grain Roll, Bagel or Cereal,  
Fresh Fruit or Fruit Juice  
& 1 Cup Serving Milk Variety***

***Alternate Lunch***  
***Monday: Salami & Cheese  
Sandwich***  
***Tuesday: Ham & Cheese Sandwich  
or Baked Potato Meal***  
***Wednesday: Bagel Lunch:  
Bagel, Cheese Stick & Yogurt***  
***Thursday: Turkey Sandwich or  
Baked Potato Meal***  
***Friday: Italian Combo***

***Offered Daily***  
***Grab & Go Salad Plate  
Sunflower Butter & Jelly Sandwich***

***Offered Daily With All Meals:  
Assorted Vegetables: Garbanzo Beans,  
Broccoli, Carrots, Tomatoes, Cucumbers,  
Tossed Green Salad, Corn  
& Whole Grain Dinner Roll  
& Assorted Fruit:  
Fresh, Canned and Fruit Juice  
& Milk Variety  
\*Made From Scratch***

Monday, December 15

**Breakfast**

\*Homemade Muffin

**Lunch**

Breaded Chicken Cutlet  
on a Hard Roll OR  
Grilled Chicken on a Bun  
Lettuce & Tomato Cup  
Assorted Canned/Fresh Fruit  
Milk Variety

Tuesday, December 16

**Breakfast**

\*Bacon, Egg, Cheese on a Roll

**Lunch**

\*Homemade  
French Bread Pizza  
Caesar Salad  
Assorted Canned/Fresh Fruit  
Milk Variety

Wed., December 17

**Breakfast**

\*Homemade Muffin OR  
Banana Split Parfait

**Lunch**

French Toast Bites, Syrup  
Sausage or String Cheese  
Hash Browns  
Carrot & Celery Sticks  
Assorted Canned/Fresh Fruit  
Milk Variety

Thursday, December 18

**Breakfast**

\*Bacon, Egg, Cheese on a Roll

**Lunch**

\*Wacky Mac Plain or  
\*Meatballs  
NY Bite Size Broccoli  
WW French Bread  
Assorted Canned/Fresh Fruit  
Milk Variety

Friday, December 19

**Breakfast**

Cinnamon Bun OR  
Yogurt Smoothie

**Lunch**

Pizza with Cheese or  
Pepperoni Topping  
Tossed Salad with  
Italian Dressing  
Fruit Juice  
Milk Variety

**SALAD BAR FEATURING Grab & Go Chef Salad Plate**

# 'sno jokes'

Holiday Recess  
begins at the  
end of classes  
**Friday,  
December 19th**

Classes  
resume  
**Monday,  
January 5th**



**Free School Meals Are  
Here For Brewster!!!**

**Free & Reduced  
Applications Are No  
Longer Needed.**

**ALL Brewster Students are  
eligible for school breakfast  
& lunch each day at no cost  
to families!**

**A La Carte & Snacks Will Still Be  
Available at Regular Prices.**

**Any Questions Contact:  
dpalmiero@brewsterschools.org  
Or call 845-279-3702 ext. 2125**

**Here's wishing you a bright and happy  
holiday season!**

