



Henry H. Wells Breakfast & Lunch Menu

BCSD is an equal opportunity provider and employer. Menus are subject to change.

Monday, December 1

Breakfast

*Homemade Muffin

Lunch

Perdue Dino Nuggets
Choice of Dipping Sauces
OR
Grilled Chicken on a Bun
Brown Rice, Baby Carrots
Assorted Canned & Fresh Fruit
Milk Variety

Tuesday, December 2

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

Mozzarella Stuffed
Breadsticks
*Tomato Sauce for Dipping
*Seasoned Broccoli
Assorted Canned & Fresh Fruit
Milk Variety

Wed., December 3

Breakfast

*Homemade Muffin

Lunch

*Twisted Pasta Plain or
*Tomato or Meat Sauce,
*Kale Chips
WW French Bread
Assorted Canned/Fresh Fruit
Milk Variety

Thursday, December 4

Breakfast

*Bacon, Egg, Cheese on a Roll
New York Thursday

Lunch

*New York Beef Hamburger
or Cheeseburger on a Bun
Lettuce, Tomato, Pickles
Oven Baked French Fries
Assorted Canned/Fresh Fruit
Milk Variety

Friday, December 5

Breakfast

Cinnamon Bun

Lunch

Pizza with Cheese or
Pasta Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

SALAD BAR FEATURING Grab & Go Chef Salad Plate

Monday, December 8

Breakfast

*Homemade Muffin

Lunch

Copy Cat KFC Bowl
Crunchy Popcorn Chicken
Mashed Potatoes
Sweet Corn, Gravy
Assorted Canned/Fresh Fruit
Milk Variety

Tuesday, December 9

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

*Rotini Pasta Plain or
*Tomato or Meat Sauce
Bite Size Broccoli
WW French Bread
Assorted Canned/Fresh Fruit
Milk Variety

Wed., December 10

Breakfast

*Homemade Muffin

Lunch

BBQ Pork Rib Sandwich
Smiley Fries
Cole Slaw
Assorted Canned/Fresh Fruit
Milk Variety

Thursday, December 11

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

*Nacho Platter
Seasoned Beef/Cheese Sauce
Lettuce/Tomato/Salsa/
Sour Cream over Nacho Chips
Assorted Canned/Fresh Fruit
Milk Variety

Friday, December 12

Breakfast

Cinnamon Bun

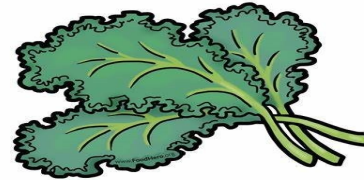
Lunch

Pizza with Cheese or
Buffalo Chicken Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

SALAD BAR FEATURING Grab & Go Chicken Caesar Salad Plate

Vegetable Of The Month

KALE



Available Daily

Breakfast

**Nutrigrain Bar, Cereal Bar,
Whole Grain Muffin,
Whole Grain Roll, Bagel or Cereal,
Fresh Fruit or Fruit Juice
& 1 Cup Serving Milk Variety**

Alternate Lunch

**Monday: Salami & Cheese
Sandwich**

**Tuesday: Ham & Cheese Sandwich
or Baked Potato Meal**

**Wednesday: Bagel Lunch:
Bagel, Cheese Stick & Yogurt**

**Thursday: Turkey Sandwich or
Baked Potato Meal**

Friday: Italian Combo

Offered Daily

**Grab & Go Salad Plate
Sunflower Butter & Jelly Sandwich**

Offered Daily With All Meals:

**Assorted Vegetables: Garbanzo Beans,
Broccoli, Carrots, Tomatoes, Cucumbers,
Tossed Green Salad, Corn
& Whole Grain Dinner Roll**

**& Assorted Fruit:
Fresh, Canned and Fruit Juice**

**& Milk Variety
*Made From Scratch**

Monday, December 15

Breakfast

*Homemade Muffin

Lunch

Breaded Chicken Cutlet
on a Hard Roll OR
Grilled Chicken on a Bun
Lettuce & Tomato Cup
Assorted Canned/Fresh Fruit
Milk Variety

Tuesday, December 16

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

*Homemade
French Bread Pizza
Caesar Salad
Assorted Canned/Fresh Fruit
Milk Variety

Wed., December 17

Breakfast

*Homemade Muffin

Lunch

French Toast Bites, Syrup
Sausage or String Cheese
Hash Browns
Carrot & Celery Sticks
Assorted Canned/Fresh Fruit
Milk Variety

Thursday, December 18

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

*Wacky Mac Plain or
*Meatballs
NY Bite Size Broccoli
WW French Bread
Assorted Canned/Fresh Fruit
Milk Variety

Friday, December 19

Breakfast

Cinnamon Bun

Lunch

Pizza with Cheese or
Pepperoni Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

SALAD BAR FEATURING Grab & Go Chef Salad Plate

'sno jokes

Holiday Recess
begins at the
end of classes
**Friday,
December 19th**

Classes
resume
**Monday,
January 5th**



**Free School Meals Are
Here For Brewster!!!**

**Free & Reduced
Applications Are No
Longer Needed.**

**ALL Brewster Students are
eligible for school breakfast
& lunch each day at no cost
to families!**

**A La Carte & Snacks Will Still Be
Available at Regular Prices.**

Any Questions Contact:
dpalmiero@brewsterschools.org
Or call 845-279-3702 ext. 2125

**Here's wishing you a bright and happy
holiday season!**

