LISD School Health Advisory Council Minutes
November 12, 2025

I. **Call to Order @ 6:06 by Chair Courtney Houghton**

II. **Introductions**

III. **Approval of Minutes**

   A. It was stated that the minutes from the last meeting were emailed to council members, no revisions were recommended; motion made to approve and seconded; all in favor.

IV. **Child Nutrition Menu Offering:**

V. **Review of SHAC Components and Responsibilities-** M. Vincelette reviewed the purpose of the SHAC and the basics on how topics are selected and the Council's role in reviewing Coordinated School Health. Without any Legislative mandates, the Council will be concentrating on reviewing key components of coordinated school health and offering input on the districts success in addressing the component

VI. **Old Business -**

   A. Food Service Management Company (FSMC) Committee - Kim Stafford, Child Nutrition Program Administrator asked for volunteers to serve on this committee which is required by the TDA; members will review and create menus for new current and future FSMC contracts.

   B. Review of 2025 SHAC Accomplishments

VII. **New Business**

   A. SHAC Component

      1. Nutrition, Physical Activity, Wellness for Students and Staff

         a) Ryan Eason, Director of CommunityEngagement, Medical City, shared the purpose and participation data from the 21 Day Challenge for elementary students and data from the staff challenge.

         b) Melanie presented information on the various Staff wellness initiatives that various departments conduct throughout the year. She will send out a follow up survey for council members to provide suggestions for improvement.

VIII. Adjournment - @ 6:52

IX. Next meeting December 10, 2025