BRICKIE CONNECTIONS

BRICKIE CONNECTIONS #14: Give and Receive Support

Anything is possible when you have the right people there to support you.

– Misty Copeland

✋ When to Give Support:

You can give support when you:

- ☐ See a classmate who looks sad, confused, or left out 😟
- ☐ Notice someone needs help carrying something or finding supplies 🖍️📚
- ☐ Hear someone say, "I don't get this," or "I need help" 🧠💬
- ☐ Want to cheer someone on or celebrate their success! 🎉👏

👉 You don't have to fix the problem – just be kind, listen, or offer help. That's being a great friend!

🧠 When to Receive Support:

You might need support when you:

- ☐ Feel stuck on your schoolwork or don't understand something ❓✏️
- ☐ Are having big feelings like sadness, anger, or worry 😢😤
- ☐ Feel overwhelmed, tired, or unsure what to do 😵‍💫
- ☐ Just want someone to listen or spend time with you 🫂

From "Better Days" by Lisa J. Lucas