



# GETTYSBURG AREA SCHOOL DISTRICT

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## **Non-Disability Milk Substitutions**

The Food Services Department at Gettysburg Area School District subscribes to the National School Lunch Program (NSLP) and the School Breakfast Program (SBP). We welcome and consider children's cultural, religious, tribal, and ethical preferences when planning and preparing meals. A parent or guardian must submit a written request that identifies the need for an allowable nondairy milk substitute. A written request from a medical provider is also acceptable, but is not required for a non-disability substitution request. Non-disability milk substitutions are not mandated by the USDA and PDE, but a nondairy milk substitute must ensure it meets USDA nutrient requirements.

The information and guidance above are not applicable to students with a Medical Plan of Care Statement on file who cannot consume milk because of a disability. If a student's medical statement indicates that the student cannot consume milk because of a disability and requests a milk substitute, the Food Service Department will provide a requested substitute, regardless of whether it meets the nutrient standards. Please use the Medical Plan of Care Statement Link to download the form [here](#).

In addition, the Food Service Department in compliance with USDA and PDE regulations will not be able to substitute milk with bottled water or juice for students with a lactose intolerance or allergy condition. Water is available in all cafeterias free of charge either through a water fountain in the cafeteria or the use of dispensers if no water fountain is present in the facility. Drinking cups will also be provided for the students.

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