

Viewing your dental plan just got easier

MetLife's mobile app puts convenience in the palm of your hands. You can quickly access and manage your dental benefit information — anytime, anywhere.



You can:

- Find a dentist
- Get estimates for most procedures to display personalized, plan specific costs and information such as percent covered, applicable deductible, Plan Maximum and Frequency Limits
 - Both in-network and out-of-network estimates available **PPO Plan Only**
- View your plan summary with quick links to important information on deductibles and Plan Maximums as well as Covered Services
- View detailed coverage information such as benefit sharing percentage and Frequency Limits
- View your claims
- Track your brushing and flossing
- Access and save ID card to photo library or mobile app



It's easy to get the MetLife US Mobile app!

Search "MetLife" in the App Store® or Google Play® and download the MetLife US Mobile App, or scan these QR codes. Search out network of thousands of dentists and specialists to find a provider near you.

Or log-in to MyBenefits to access your plan information.¹



It's available 24 hours a day, seven days a week.

¹ To use the MetLife mobile app, employees can choose to register at metlife.com/mybenefits from a computer or directly through the app. Certain features of MetLife US Mobile App are not available for some MetLife Dental Plans.

Like most group benefit programs, benefit programs offered by MetLife and its affiliates contain certain exclusions, exceptions, waiting periods, reductions, limitations and terms for keeping them in force. Please contact MetLife or your plan administrator for complete details.