



SACRED HEART CHURCH

9460 N.E. 14TH STREET • BELLEVUE, WA 98004 • 425-454-9536
sacredheart.org

NOVEMBER 16, 2025

LITURGY SCHEDULE

Sunday Mass

9:00 AM, 11:00 AM, and 5:00 PM Mass

Saturday Vigil Mass

5:00 PM

Confessions

Wednesday 8:15 - 8:35 AM

Saturday 3:00 - 4:30 PM

Weekday Rosary

Monday, Thursday and Friday

8:15 AM

Wednesday

8:00 AM

Weekday Mass

Monday, Wednesday, Thursday and Friday

8:45 AM

First Friday of the Month Mass 7:00 AM

Rosary Group

Monday 7:00 PM

Weekly Eucharistic Adoration

Thursday 2:00 - 4:00 PM

First Friday of the Month Eucharistic Adoration

9:30 AM - 11:00 AM

Sacrament Preparation

425-454-9536

OFFICE HOURS

Parish

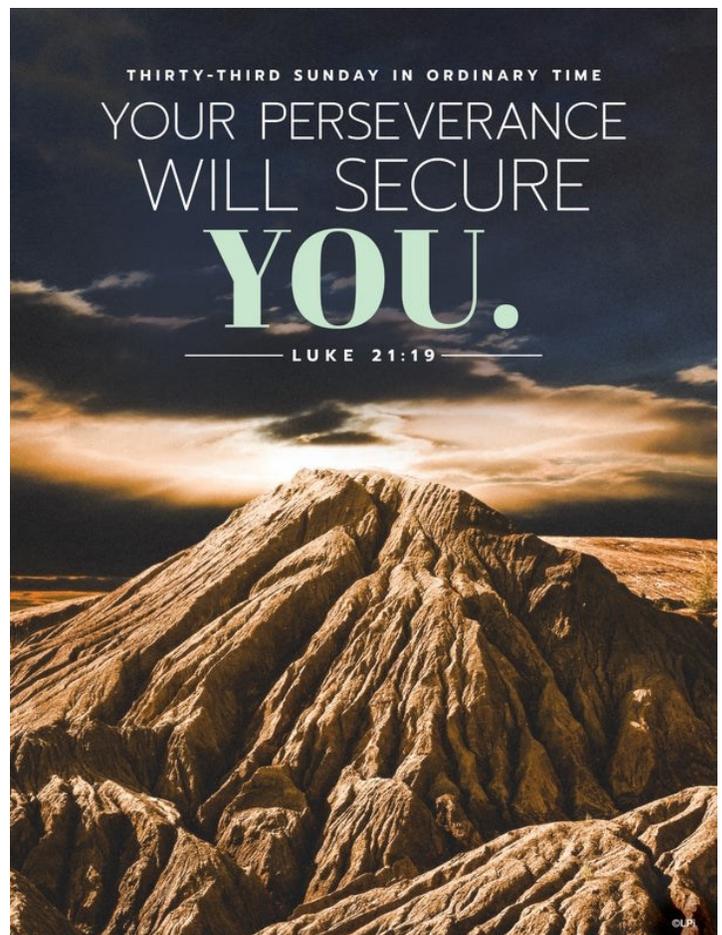
8:30 AM - 4:00 PM Mon - Fri

School

8:00 AM - 4:00 PM Mon - Fri

OUR MISSION STATEMENT

Sacred Heart Parish
is a welcoming Catholic community,
which inspires faith in God,
through prayer, sacraments, and service,
while living Gospel values,
as faithful followers of Jesus Christ.



PARISH CALENDAR

Sunday November 16

THIRTY-THIRD SUNDAY IN ORDINARY TIME

St. Vincent de Paul Brown Bag Sunday Collection

9:00 AM	Mass with Rite of Acceptance
11:00 AM	Mass with CLOW
12:30 PM	Sunday School
2:00 PM	Children's Sacramental Prep Class
5:00 PM	Mass (hosted by SHS 6th Grade)

Monday November 17

Saint Elizabeth of Hungary, Religious

8:15 AM	Rosary
8:45 AM	Mass
6:30 PM	OCIA Group
7:00 PM	Rosary Group

Tuesday November 18

The Dedication of the Basilicas of Saints Peter and Paul, Apostles; Saint Rose Philippine Duchesne, Virgin

10:00 AM	Stitchers with Heart Group
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Wednesday November 19

Weekday

8:00 AM	Rosary
8:15 AM	Confessions
8:45 AM	Mass (school attending)
4:00 PM	NO Middle School Youth Group
6:25 PM	NO High School Youth Group

Thursday November 20

Weekday

8:15 AM	Rosary
8:45 AM	Mass
2:00 PM - 4:00 PM	Eucharistic Adoration
6:00 PM	Youthsgiving (at St. Monica)

Friday November 21

The Presentation of the Blessed Virgin Mary

8:15 AM	Rosary
8:45 AM	Mass

Saturday November 22

Saint Cecilia, Virgin, Martyr

8:00 AM	Women's Group
8:00 AM	Men's Group
3:00 PM	Confessions - Reconciliation Chapel
5:00 PM	Vigil Mass

Sunday November 23

OUR LORD JESUS CHRIST, KING OF THE UNIVERSE

9:00 AM	Mass
11:00 AM	Mass with CLOW
12:30 PM	NO Sunday School
5:00 PM	Mass
5:00 PM	Emmaus Youth Mass & Dinner

PARISH STAFF

PARISH OFFICE

425-454-9536

Rev. Kurt Nagel, Pastor ext. 10109
frnagel@sacredheart.org

Rev. Joseph L. Akor, Parochial Vicar ext. 10113
frakor@sacredheart.org

Cathleen Adams, Pastoral Assistant for Children's Faith Formation
cadams@sacredheart.org ext. 10112

James Applegate, CPA Bookkeeper/Accountant
japplegate@sacredheart.org ext. 10154

Bridget Darrow, Pastoral Assistant for Administration
bdarrow@sacredheart.org ext. 10102

Robert Eubanks, Facilities Supervisor
reubanks@sacredheart.org ext. 10157

Linda Geere, Pastoral Assistant for Pastoral Care
lgeere@sacredheart.org ext. 10108

Kelsey Heintz, Pastoral Assistant Middle School Youth Ministry
kheintz@sacredheart.org

Phoebe Kwan, Pastoral Assistant for Liturgy
pkwan@sacredheart.org ext. 10110

Susan Olmos, Pastoral Assistant for Liturgical Music
solmos@sacredheart.org ext. 10106

Lucy Paulsen, Admin. Assistant for Giving, Data & Sacramental Records
lpaulsen@sacredheart.org ext. 10103

Sharon Phillips, Pastoral Assistant High School Youth Ministry
sphillips@sacredheart.org ext. 10114

Annette Seats, Pastoral Assistant for Communications & Stewardship
aseats@sacredheart.org ext. 10105

Nila Snyder, Admin. Assistant for Reception & Sacramental Registration
nsnyder@sacredheart.org ext. 10100

PARISH SCHOOL

425-451-1773

David Burroughs, Principal
Erica Pierson, Vice-Principal

PARISH LEADERSHIP

- Pastoral Council:
Charlie Herb
- Finance Council:
Douglas Withers
- School Commission:
Charlie Herb
- Community Outreach Commission:
Diana Schiro & Jackie Weeks
- Worship Commission:
Phoebe Kwan

Sacred Heart Church is open weekdays from 8:00 am - 3:00 pm. (Thursdays until 4:00 pm)

Women in Sacred Heart (WiSH) invites you to

ADVENT BY CANDLELIGHT



Join us in the spirit of peace and friendship to connect, socialize, and kick off the holiday season. Enjoy complimentary refreshments, music, and reflection.

SUNDAY, DECEMBER 7TH • 6–8 PM
SACRED HEART SCHOOL GYMNASIUM
 PLEASE RSVP TO INFO@SACREDHEART.ORG.

Advent by Candlelight 2025 is fast approaching! Join us for a night of faith, community and friendship as we focus on the Advent Season. Individual sign up begins Monday, November 17th at 9am. To sign up to attend, please email info@sacredheart.org. We look forward to seeing you there!"

Advent by Candlelight Volunteers Needed

We are seeking volunteers to help with the third annual Advent by Candlelight event on Sunday, **December 7th**. We need middle school and high school students, as well as adult volunteers to assist with the setup, registration and breakdown duties for this event.

Students will earn service hours for their participation. Please take a moment to review the sign-up [here](#) or scan the QR code.



Upcoming Funeral



John Campbell, November 15th at 11:30 AM

Behold the Lamb

Quick Weekly Lessons on the Sacred Liturgy



After the Priest finishes the Gospel reading, we sit, a posture reflecting our active attention and readiness to listen to the Priest give his *homily*, the Greek word for “explanation”. The practice of explaining the Sacred Scriptures is an ancient Jewish tradition found in both the Old Testament (Neh 8:7) and New Testament (Lk 4:18-30). Historically, the bishop gave the homily, but around the Middle Ages, with priests receiving more education, priests began to preach their own homilies under the direction of the bishop. The homily is given by an ordained minister, a sign that the Church continues to teach and pass on the apostolic faith through apostolic succession. As we actively listen to the Priest expound on what he has garnered from Scripture, we receive the tools we need to be the saints we are called to be. After his homily, we enter into another period of silence to meditate on all we have heard.

Carpe Diem invites you to our 50+

Christmas Luncheon & Concert

featuring **Holy Family Handbell Choir**
Thursday Dec. 4th
 + *White Elephant Gift Exchange**
11am Concert in church
11:30 Luncheon gathering in Narthex
\$25 Luncheon tickets
in advance only: Nov 8-9 & 15-16

**Please bring a small gift-wrapped item needing a new home - something you no longer want or use. No surplus? We'll have a few extra "gifts" available. Please don't buy anything new!*

Info: Linda Geere, 425-450-3908 or lgeere@sacredheard.org

ADMINISTRATION & STEWARDSHIP



November Meals for the Homeless Dates Still Available - Your Help is Needed!

We still have available dates for the second half of November, as we continue our Sacred Heart community tradition of generously providing nightly meals throughout the month to those in need who are part of the rotating men's shelter at **First Congregational Church in Bellevue**.

Sign up by scanning the QR code to supply a food item (main dish, side dish or dessert).

Thank you for the generosity and compassion in helping these men in their path from homelessness to stable living.



PARISH STEWARDSHIP OF TREASURE.

WE ARE CALLED
TO SHARE
OUR TREASURE
WITH OTHERS.



As our Stewardship of Treasure focus comes to a close, we're reminded that giving is not just a personal act—it's a communal one. Together, as a parish, we are building something lasting: a vibrant, faith-filled community rooted in Christ. Your stewardship supports not only the daily operations of our parish, but also the spiritual growth and outreach that touch lives in profound ways. Whether it's through liturgy, education, or service, your generosity helps us live out the Gospel. If you've already made your commitment—thank you! If not, we invite you to join us. Let's continue to grow together in faith and mission.

It's easy to make your stewardship of treasure pledge to our parish by visiting our website to access the online giving at parish.sacredheart.org, scanning the QR code or picking up a pledge card in the Narthex.



Thanksgiving MASS TIMES

Sacred Heart: 8:45 AM
St. Monica: 10:00 AM

Sacred Heart Book Club

Tuesday, December 2nd at 7:00 PM
Parish Conference Room 1

(Located through main entrance of parish office)

Looking for something interesting and mind boggling to read this month? Please join us for a discussion of: ***The Body: A Guide for Occupants*** by **Bill Bryson**, a head-to-toe tour of the marvel that is the human body. Everyone is welcome! Contact Annelies Smith at 425-444-9450 or ybugmom@comcast.net for more information or to be added to the email list.



The starting point of stewardship is recognizing that everything we have, everything that we are is by God's initiative—by God's grace.
-Archbishop Etienne on the Spirituality of Stewardship.



WEEKLY READINGS

Sunday 11/16

Malachi 3:19-20a
Psalm 98:5-9
2 Thessalonians 3:7-12
Luke 21:5-19

Monday 11/17

1 Maccabees 1:10-15,41-43,
54-57,62-63
Psalm 119:53,61,134,150,155,158
Luke 18:35-43

Tuesday 11/18

2 Maccabees 6:18-31
Psalm 3:2-7
Luke 19:1-10

Wednesday 11/19

2 Maccabees 7:1,20-31
Psalm 17:1bcd,5-6,8b,15
Luke 19:11-28

Thursday 11/20

1 Maccabees 2:15-29
Psalm 50:1b-2,5-6,14-15
Luke 19:41-44

Friday 11/21

1 Maccabees 4:36-37,52-59
(Psalm) 1 Chronicles 29:10b-12
Luke 19:45-48

Saturday 11/22

1 Maccabees 6:1-13
Psalm 9:2-4,6,16,19
Luke 20:27-40

Sunday 11/23

2 Samuel 5:1-3
Psalm 122:1-5
Colossians 1:12-20
Luke 23:35-43

MASS INTENTIONS

Sunday 11/16

9:00 AM Mass: RIP JOSIE MARIE REGAN
by Zeny Fletcher

11:00 AM Mass: RIP GERRY O'DONNELL
by Colleen & John's Sacred Heart School Friends

5:00 PM Mass: PRIEST PRIVATE INTENTION

Monday 11/17

INT COLLEEN O'MALLEY HOLT
by Marian Middleton

Wednesday 11/19

INT JOSEPH BEEMAN by a Sacred Heart Parishioner

Thursday 11/20

INT PAT LAVEZZI by Dottie McGowan

Friday 11/21

RIP MARY DICKENS by Sacred Heart Parish Staff

Saturday 11/22

INT THE PARISHIONERS OF SACRED HEART

Sunday 11/23

9:00 AM Mass: RIP BART HARTZELL by Luz Hartzell

11:00 AM Mass: RIP PATRICK REILLY
by Susan Bergeson

5:00 PM Mass: PRIEST PRIVATE INTENTION

PLEASE PRAY FOR:

The Sick

Pray for the sick of Sacred Heart &
St. Monica Parish Family

The Deceased

Lenny Wilkens (husband of Marilyn Wilkens)
Sean Robert Ahearn
(son of Robert & Michele Ahearn)

ARE YOU UNABLE TO ATTEND MASS?

If you are unable to attend Mass in person due to poor health, advanced age or recovering from surgery and would like to receive Holy Communion at home, please contact Linda Geere in the parish office at 425-454-9536.

Eucharistic Adoration

Eucharistic Adoration is the beautiful devotion of praying before Jesus in the Blessed Sacrament. You are invited to attend Adoration, scheduled for **2:00-4:00 pm** on Thursdays and **9:30-11:00 am** on first Fridays of the month.



“Our faith in the Eucharistic presence of Christ naturally leads us to moments of prayer before the Blessed Sacrament.” *Archbishop Etienne*

POPE'S PRAYER INTENTION - NOVEMBER

For the Prevention of Suicide

Let us pray that those who are struggling with suicidal thoughts might find the support, care and love they need in their community, and be open to the beauty of life.

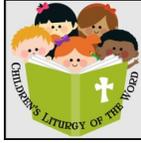
EMERGENCY HELPLINE NUMBERS

988: Suicide and Crisis Lifeline
Narcotics Anonymous: 206-790-8888
Alcoholics Anonymous: 206-587-2838
Suicide Crisis Hotline: 206-461-3222
WA State Domestic Violence: 1-844-762-8483
National Domestic Violence: 1-800-799-safe
Teen Link: 1-866-833-6546
Al-Anon: 206-625-1000

CHILDREN'S FAITH FORMATION



Sunday School
Nov. 16th
Grades K—5th
12:30 to 1:30 PM



Join us for Children's Liturgy of the Word (CLOW)
 at the 11:00 AM Mass

No Sunday School - November 23rd & November 30th



Congratulations Nathalie Yu-Ling Kao

Who was Baptized last weekend.
 Welcome to the
 Sacred Heart Family!

EMMAUS YOUTH MINISTRY
 PRESENTS

NEXT SUNDAY
**Youth
 Mass +
 Dinner**

SACRED HEART CHURCH
 YOUTH MASS 5PM
 DINNER 6-7PM

FOR QUESTIONS + RSVP CONTACT
 SPHILLIPS@SACREDHEART.ORG



RSVP Here



Youth Mass + Dinner

Middle and High School

**No Youth
 Group**

This Week!



SACRED HEART SCHOOL

Calling all Children ages 6 to 12 to join the
Sacred Heart Children's Choir
CHRISTMAS EVE 2025 - 4PM MASS

Mauro Bonfanti,
 Choir Director



Maria Zheng
 Pianist

Your singer must attend all 4 rehearsals: November 25; December 2, 9 & 16 in the Church (side door entrance) Rehearsal Time: 3:30 to 4:15 pm. Maximum 40 children allowed in the order of registration. Pick up a registration form in the Narthex or parish office.

Missed a Sacrament?

It is never too late! If you or someone in your family has missed celebrating a sacrament such as Baptism, First Communion or Confirmation, please contact the parish office at 425-454-9536. We are here to assist and guide your family in sacramental preparation.



High School Youth Group Cemetery Crawl 2025



COMMUNITY OUTREACH - ST. VINCENT DE PAUL

St. Vincent de Paul

Sacred Heart Parish Committee Annual Report (October 2024 - September 2025)

Thank you for helping us serve the needy in our parish. Over the past fiscal year, your gifts have allowed us to:

- Help almost 700 neighbors with gifts and advice tailored to their needs and circumstances.
- Provide approximately \$57,400 in financial assistance (gas, food, utilities, rent, etc.)
- Provide approximately \$2,200 of in-kind assistance for necessities (clothing and blankets from Kid Advantage, etc.)
- Support St. Vincent de Paul thrift store through your in-kind donations at our parking lot donation site.
- Offer Caring Cards, which you can buy at cost to give the needy you encounter. Each caring card contains a \$10 grocery gift card, prayer, and list of resources.
- Deliver your donated groceries and household goods to Hopelink, which operates an East King County food bank.

Thank you for your generous donations over the past year, which funded nearly all the assistance we provided to our neighbors. We funded the remainder of our assistance by distributing \$5,000 from our savings. Current cash on hand and savings total \$47,100, a decrease of about \$9,000 from the previous year. Our committee continues to hold weekly office hours at the parish office on Tuesday and Thursdays, from 10:00 AM - 12:00 PM. Our members put in 715 hours of recorded time.

Most neighbors who call our parish for help are living in a homeless shelter or are behind on rent and/or facing eviction. We can offer limited financial help with groceries, gas, utilities or rent assistance. Sometimes we have assisted by paying for a U Haul truck to help a neighbor move to a less expensive location.

We now face more requests for higher amounts of rental assistance, given high rent obligations and the end of pandemic era eviction protections. Due to our budget constraints, we provide modest rent assistance, but only if our help will avert an eviction and the neighbor won't be in the same predicament the next month.

Please join us in helping our neediest neighbors by living the gospel message to serve the poor with love, respect, and a message of hope in 2026.

Your St. Vincent de Paul Committee:

John Tinkham, President

Kari Marino, Secretary

Dan Huberty, Treasurer, Office Volunteer

Evelyn Loh, Caring Cards Coordinator, Office Volunteer

Kathleen Carlson, Sacred Heart School Coordinator

Members: Pattie Allen, Pat Shultz, John O'Neil

New Members: Johanna Chen, Mark Colver, Moya Laigo

Thanksgiving Collection for St. Vincent de Paul

At the 8:45 AM Thanksgiving Day Mass, we will have a St. Vincent de Paul collection. There are also many ways to give: online through our parish website parish.sacredheart.org, scan the QR code below to pay via Venmo (note SVDP), or by a check dropped in the collection basket at Mass using a St. Vincent de Paul envelope or your own envelope marked SVDP. Our campaign starts on Thanksgiving and continues throughout the holiday season. Thank you for your support!



Join Your St. Vincent de Paul Committee: Third Tuesday of Each Month at the Parish Office Next Meeting, December 16th, 6:30 PM

Please consider joining us and helping us to:

- Answer requests for help during office hours (Tuesday or Thursday, 10:00 AM - 12:00 PM or at a mutually agreed time)
- Assist our Secretary or Treasurer.-
- Organize Brown Bag donations to Hopelink's food bank.
- Volunteer in the Seattle SVDP office.
- Fill any other SVDP role that interests you.

Brown Bag Collection Sunday

You can pick up a brown bag after Mass on the 2nd weekend of each month as a reminder to donate nonperishable food and household goods to the SVDP bin in the Narthex on the following weekend. St. Vincent de Paul delivers your donations to the Hopelink food bank for distribution to the needy. Hopelink seeks donations of nonperishable items including canned goods (fruit, vegetables and beans), nut butters, bulk items like rice and beans, plus hygiene products and cleaning supplies.



NOW SOLD
\$2,000,000

4 Days On The Market
+\$200K Above List Price!

Our Client Don

After 65 years in his beloved Bellevue home, Don decided to downsize to Aegis Living. He simply handed us the keys and we took care of everything!



Parishoners Matt & Christina
Celebrating with Don on St. Patrick's Day

Don Lovell

God Bless Matt and Christina for being such a talented, loyal, loving, faithful couple in preparing and selling my memory home.

👍🙏🙌🙏🙌🙏
Don Lovell



Matt@TeamSkally.com

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