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From BIG strides to *tiny* steps, the Y offers programs for all ages!

the YMCA

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2026 Winter 1 & 2 PROGRAMS

SESSION DATES: WINTER 1 • January 5 – March 1
WINTER 2 • March 2 – April 26

Look Inside!



KETTLE MORAINE YMCA • West Washington Location

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KETTLE MORAINE YMCA

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WINTER I SESSION
January 5 – March 1, 2026

WINTER 2 SESSION
March 2 – April 26, 2026

REGISTRATION DATES
Program registration opens:

Winter 1
Members ..... November 17, 2025
Community Participants ..... November 24, 2025

Winter 2
Members ..... January 26, 2026
Community Participants ..... February 2, 2026

CONNECT WITH US

KETTLE MORAINE YMCA
West Washington Branch
1111 W. Washington Street
West Bend, WI 53095

Phone:
262-334-3405

Website:
www.kmymca.org/programs

LET'S BE SOCIAL
Follow us on these platforms

Kettle Moraine YMCA-West Bend

kmymca

Y MISSION:
To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

WINTER I SESSION
January 5 – March 1, 2026

WINTER 2 SESSION
March 2 – April 26, 2026

FAMILY EVENTS

DAY	CLASS	AGE	TIME	LOCATION	WINTER 1	WINTER 2
FRI	Parents Night Out 1/16/26	3-8	5-7:30 PM	Sunshine Room	$13M/$13CP	x
	Parents Night Out 2/13/26	3-8	5-7:30 PM	Sunshine Room	$13M/$13CP	x
	Parents Night Out 3/13/26	3-8	5-7:30 PM	Sunshine Room	x	$13M/$13CP
	Parents Night Out 4/17/26	3-8	5-7:30 PM	Sunshine Room	x	$13M/$13CP
MON	Family Playtime 1/5-3/31	Family	10:30-11:30 AM	Track Gym	Free	Free
FRI	Family Playtime 1/9-4/3 (no playtime on 3/6)	Family	10:30-11:30 AM	Gymnastics & Track Gym	Free	Free
SUN	Painting and Hot Chocolate 2/15/26	Family	12-1:30 PM	Pool Observation Room	$10M/$10CP	x
	Splash and Dash Easter Duck Race 3/29/26	Family	12-3 PM	Family Adventure Pool	x	$5/$20/$35

ADULT PICKLEBALL LEAGUES

DAY	CLASS	DATE	TIME	LOCATION	PRICE
WED	Beginner/Low Intermediate	1/7-2/11	5:15-6:45 PM	East Gym	$45M/$60CP
WED	Beginner/Low Intermediate	2/18-3/25	5:15-6:45 PM	East Gym	$45M/$60CP
TUE	Intermediate	1/6-2/10	7-9 PM	East Gym	$50M/$65CP
WED	Intermediate	1/7-2/11	7-9 PM	East Gym	$50M/$65CP
TUE	Intermediate	2/17-3/24	7-9 PM	East Gym	$50M/$65CP
WED	Intermediate	2/18-3/25	7-9 PM	East Gym	$50M/$65CP
TUE	Intermediate	3/31-5/5	7-9 PM	East Gym	$50M/$65CP

SWIM LESSONS

Group Swim Lessons
$58 Members / $121 Community Participants

WINTER I SESSION
January 5 – March 1, 2026

WINTER 2 SESSION
March 2 – April 26, 2026

Parent Child Classes					
	MON	**TUE**	**WED**	**THU**	**SAT**
Water Discovery 6–18 MO	x	x	x	x	9:20–9:50 AM
Water Exploration 18 MO–3 YRS	x	x	x	x	9:55–10:25 AM
Water Discovery / Water Exploration 6 MO–3 YRS	5:55–6:25 PM	9–9:30 AM 10:45–11:15 AM 4:45–5:15 PM	5:35–6:05 PM	9–9:30 AM 5–5:35 PM 6:10–6:40 PM	8:45–9:15 AM 10:30–11 AM
Preschool Classes 3–5 YRS					
	MON	**TUE**	**WED**	**THU**	**SAT**
Preschool Stage 1	5:20–5:50 PM 6:30–7 PM	4:45–5:15 PM 5:20–5:50 PM	4:25–4:55 PM 6:10–6:40 PM	4:25–4:55 PM 6:10–6:40 PM	8:45–9:15 AM 9:20–9:50 AM 9:55–10:25 AM
Preschool Stage 2	4:45–5:15 PM 5:55–6:25 PM	4:45–5:15 PM 5:20–5:50 PM	5:35–6:05 PM	5:35–6:05 PM 6:45–7:15 PM	8:45–9:15 AM 9:20–9:50 AM 10:30–11 AM
Preschool Stage 3	4:45–5:15 PM 6:30–7 PM	5:20–5:50 PM 5:55–6:25 PM	5–5:30 PM 5:35–6:05 PM 6:10–6:40 PM	5:35–6:05 PM	9:55–10:25 AM
Preschool S Age 4	5:20–5:50 PM 6:30–7 PM	5:55–6:25 PM	5–5:30 PM 5:35–6:05 PM 6:10–6:40 PM	6:45–7:15 PM	10:30–11 AM
Preschool All Levels	x	9:35–10:05 AM 10:10–10:40 AM	x	9–9:30 AM 9:35–10:05 AM 10:10–10:40 AM	x



SWIM LESSONS

Group Swim Lessons
$58 Members / $121 Community Participants

WINTER I SESSION
January 5 – March 1, 2026

WINTER 2 SESSION
March 2 – April 26, 2026

School Age Classes 6–12 YRS					
	MON	**TUE**	**WED**	**THU**	**SAT**
School Age Stage 1	6:30–7 PM	6:30–7 PM	5:35–6:05 PM	5–5:30 PM	10:30–11 AM
School Age Stage 2	x	5:55–6:25 PM	6:10–6:40 PM 6:45–7:15 PM	5–5:30 PM 5:35–6:05 PM	9:55–10:25 AM
School Age Stage 3	4:45–5:15 PM 5:20–5:50 PM 5:55–6:25 PM 6:30–7 PM	5:20–5:50 PM 5:55–6:25 PM	5–5:35 PM 5:35–6:05 PM 6:10–6:40 PM	5:35–6:05 PM 6:10–6:40 PM	8:45–9:15 AM 9:20–9:50 AM 10:30–11 AM
School Age Stage 4	5:20–5:50 PM 5:55–6:25 PM	4:45–5:15 PM 5:55–6:25 PM	4:25–4:55 PM 5:35–6:05 PM	6:10–6:40 PM	8:45–9:15 AM 9:20–9:50 AM
School Age Stage 5	5:20–5:50 PM 5:55–6:25 PM	4:45–5:15 PM 6:30–7 PM	6:10–6:40 PM 6:45–7:15 PM	4:25–4:55 PM 5–5:30 PM	x
School Age Stage 6	6:30–7 PM	5:20–5:50 PM 6:30–7 PM	5–5:30 PM	x	9:55–10:25 AM
School Age All Levels	9–9:30 AM 9:35–10:05 AM 10:10–10:40 AM 10:45–11:15 AM	x	x	9:35–10:05 AM 10:10–10:40 AM	x

SPECIALTY AQUATICS

CLASS	AGE	DAY	TIME	PRICE
Adaptive Aquatics	3 & up	TUE	6:30–7 PM	$58M/$121CP
Fun and Games in the Pool	6 & up	SAT	11:30 AM–12:15 PM	$45M/$95CP
Kayaking with Silent Wake	16 & up	SAT & SUN 2/14–2/22	Sat 1–4 PM & Sun 12–3 PM	$175
	16 & up	SAT & SUN 2/28–3/8	Sat 1–4 PM & Sun 12–3 PM	$175
	16 & up	SAT & SUN 3/21–3/29	Sat 1–4 PM & Sun 12–3 PM	$175

GYMNASTICS

WINTER I SESSION
January 5 – March 1, 2026

WINTER 2 SESSION
March 2 – April 26, 2026

CLASS	DAY	TIME	WINTER 1	WINTER 2
Parent Tot Gymnastics 18 mo–3 yrs	Tue	10:15 – 10:45 AM	$60M/$125CP	$60M/$125CP
	Wed	9:40 – 10:10 AM	$60M/$125CP	$60M/$125CP
	Thu	4:50 – 5:20 PM	$60M/$125CP	$53M/$111CP
	Sat	8:30 – 9 AM	$60M/$125CP	$53M/$111CP
Preschool Gymnastics 3–4 yrs	Tue	9:30 – 10 AM	$60M/$125CP	$60M/$125CP
	Tue	4 – 4:30 PM	$60M/$125CP	$60M/$125CP
	Tue	4:50 – 5:20 PM	$60M/$125CP	$60M/$125CP
	Wed	9 – 9:30 AM	$60M/$125CP	$60M/$125CP
	Wed	10:20 – 10:50 AM	$60M/$125CP	$60M/$125CP
	Thu	9:30 – 10 AM	$60M/$125CP	$53M/$111CP
	Thu	10:10–10:40 AM	$60M/$125CP	$53M/$111CP
	Thu	5:30 – 6 PM	$60M/$125CP	$53M/$111CP
	Sat	9:10 – 9:40 AM	$60m/$125CP	$53M/$111CP
Level 1 5–7 yrs	Tue	11 – 11:40 AM	$70M/$145CP	$70M/$145CP
	Tue	4 – 4:40 PM	$70M/$145CP	$70M/$145CP
	Tue	5:30 – 6:10 PM	$70M/$145CP	$70M/$145CP
	Thu	6:10 – 6:50 PM	$70M/$145CP	$62M/$129CP
	Sat	9:50 – 10:30 AM	$70M/$145CP	$62M/$129CP
Level 1 8–12 yrs	Tue	5:30 – 6:10 PM	$70M/$145CP	$70M/$145CP
	Thu	6:10 – 6:50 PM	$70M/$145CP	$62M/$129CP
	Sat	9:50 – 10:30 AM	$70M/$145CP	$62M/$129CP
Level 2 6–13 yrs	Tue	6:20 – 7 PM	$70M/$145CP	$70M/$145CP
	Thu	4 – 4:40 PM	$70M/$145CP	$62M/$129CP
	Thu	7 – 7:40 PM	$70M/$145CP	$62M/$129CP
	Sat	10:40 – 11:20 AM	$70M/$145CP	$62M/$129CP
Level 3 6–14 yrs	Tue	7:10 – 7:50 PM	$70M/$145CP	$70M/$145CP
	Sat	11:30 – 12:10 PM	$70M/$145CP	$62M/$129CP
Level 4 6–14 yrs	Tue	7:10 – 7:50 PM	$70M/$145CP	$70M/$145CP
	Sat	11:30 – 12:10 PM	$70M/$145CP	$62M/$129CP

Youth Enrichment & Dance

WINTER I SESSION
January 5 – March 1, 2026

WINTER 2 SESSION
March 2 – April 26, 2026

	CLASS	AGE	TIME	LOCATION	WINTER 1	WINTER 2
MON	Ninja Gym	3-5	9-9:30 AM	Gymnastics Gym	$40M/$85CP	$35M/$75CP
	Moving and Grooving with Parent	2-4	9:45-10:15 AM	Gymnastics Gym	$35M/$75CP	$35M/$75CP
	Space Explorers	3-5	9:45-10:15 AM	Sunshine Room	$40M/$85CP	$40M/$85CP
	We Wiggle We Read	2-3	10:30-11 AM	Gymnastics Gym	$40M/$85CP	$40M/$85CP
MON & WED	Play School 1/5-5/20	3-4	10-11:30 AM	Rolfs Center	$175M/$175CP	
	Play School 1/5-5/20	3-4	12:45-2:15 PM	Rolfs Center	$175M/$175CP	
TUE	Little Chefs	3-5	9-9:30 AM	Sunshine Room	$50M/$105CP	$50M/$105CP
	Little Chefs	2-3	9:45-10:15 AM	Sunshine Room	$50M/$105CP	$50M/$105CP
	Little Zoo Keepers	3-5	9:45-10:15 AM	Multipurpose 2 Room	$40M/$85CP	x
	Little Prints with Parent	1-3	10:30-11 AM	Pool Observation Room	$35M/$75CP	x
	Junior Chefs	4-10	10:30-11 AM	Sunshine Room	$50M/$105CP	$50M/$105CP
	Painting Picassos	4-10	11:15-12 PM	Sunshine Room	$55M/$115CP	$55M/$115CP
WED	Rhyme Room	2-3	9-9:30 AM	Sunshine Room	$40M/$85CP	$40M/$85CP
	Splash Class	3-5	9:45-11:15 AM	Sunshine Room	$65M/$135CP	$65M/$135CP
	Crafty Kids Club	3-5	4:30-5 PM	Sunshine Room	$40M/$85CP	$40M/$85CP
	Junior Chefs	5-8	5:15-5:45 PM	Sunshine Room	$50M/$105CP	$50M/$105CP
	Kids' Jazz, Hip-Hip & Contemporary Dance	3-5	5:15-5:45 PM	Multipurpose 2 Room	$40M/$85CP	$40M/$85CP
	Kids' Jazz, Hip-Hip & Contemporary Dance	6-8	6-6:30 PM	Multipurpose 2 Room	$40M/$85CP	$40M/$85CP
THU	Alphabet Soup	2-3	9-9:30 AM	Sunshine Room	$40M/$85CP	$40M/$85CP
	Dancing Divas Fun Dance Class	3-5	9-9:30 AM	Multipurpose 2 Room	$40M/$85CP	$40M/$85CP
	Crafty Kids Club	3-5	9:45-10:15 AM	Sunshine Room	$40M/$85CP	$40M/$85CP
	Tiny Ballerinas	2-3	9:45-10:15 AM	Multipurpose 2 Room	$40M/$85CP	$40M/$85CP
FRI	Friday Fun Day	3-5	9-10:45 AM	Sunshine Room	$85M/$175CP	$85M/$175CP
	Friday Fun Day	3-5	9-11:30 AM	Track Gym	$120M/$245CP	$120M/$245CP
	Let's Build A Rainbow with Parent	1-3	9:30-10 AM	Gymnastics Gym	$35M/$75CP	$35M/$75CP
SAT	Tiny Ballerinas	2-3	9:15-9:45 AM	Multipurpose 2 Room	$40M/$85CP	$40M/$85CP
	Ballet	3-5	10-10:30 AM	Multipurpose 2 Room	$40M/$85CP	$40M/$85CP
	Ballet	5-8	10:45-11:15 AM	Multipurpose 2 Room	$40M/$85CP	$40M/$85CP

YOUTH SPORTS

WINTER I SESSION
January 5 – March 1, 2026

WINTER 2 SESSION
March 2 – April 26, 2026

Winter 1						
DAY	**CLASS**	**DATES**	**AGE**	**TIME**	**LOCATION**	**PRICE**
MON & SAT	2nd/3rd Grade Basketball League	1/5–2/21	7–9	TBD	East Gym & Badger	$60M/$125CP
TUE	Preschool Basketball Mini Clinic	1/6–1/27	3–4	4:45–5:15 PM	East Gym	$25M/$55CP
	Preschool Soccer Mini Clinic	2/3–2/24	3–4	4:45–5:15 PM	East Gym	$25M/$55CP
	Basketball/Flag Football/ Soccer	1/6–2/24	4–6	5:20–5:50 PM	East Gym	$40M/$85CP
	Family Games Mini Clinic	1/6–1/27	5–9	5:55–6:40 PM	East Gym	$20M/$45CP
	Nerf Games Mini Clinic	2/3–2/24	6–10	5:55–6:40 PM	East Gym	$30M/$65CP
WED	Gym & Swim		6–14	9:30–11:30 AM	Track Gym & FAP	$10M/$15CP Per Class
WED & FRI	Tae Kwon Do Pre SKILLZ	1/7–2/27	3–5	4–4:30 PM	Studio 2	$65M/$90CP
	Tae Kwon Do Core SKILLZ	1/7–2/27	6–8	4:45–5:30 PM	Studio 2	$90M/$130CP
	Tae Kwon Do Extreme SKILLZ	1/7–2/27	9–14	5:45–6:30 PM	Studio 2	$90M/$130CP
	Tae Kwon Do Advanced Level	1/7–2/27	6–14	6:30–7:15 PM	Studio 2	$115M/$165CP
THU	Indoor Soccer Mini Clinic	1/8–1/29	4–6	5–5:45 PM	East Gym	$30M/$65CP
	Indoor Soccer Mini Clinic	2/5–2/26	4–6	5–5:45 PM	East Gym	$30M/$65CP
	Indoor Soccer Mini Clinic	1/8–1/29	7–10	5:50–6:35 PM	East Gym	$30M/$65CP
	Indoor Soccer Mini Clinic	2/5–2/26	7–10	5:50–6:35 PM	East Gym	$30M/$65CP
SAT	Kindergarten Basketball	1/10–2/28	4–6	9–9:45 AM	Track Gym	$45M/$95CP
	5K/1st Grade Basketball 3v3 League	1/10–2/28	5–7	10–10:45 AM	Track Gym	$52M/$109CP
	Family Intro to Pickleball	1/10	7+	11 AM – 1 PM	Track Gym	$20M/$45CP

YOUTH SPORTS

WINTER I SESSION
January 5 – March 1, 2026

WINTER 2 SESSION
March 2 – April 26, 2026

Winter 2						
DAY	**CLASS**	**DATE**	**AGE**	**TIME**	**LOCATION**	**PRICE**
MON	Preschool Basketball Mini Clinic	3/2–3/23	3–4	5–5:30 PM	Track Gym	$25M/$55CP
	Kindergarten Basketball Mini Clinic	3/2–3/23	4–6	5:35–6:20 PM	Track Gym	$30M/$65CP
	Nerf Games Mini Clinic	3/30–4/20	6–10	5–5:45 PM	East Gym	$30M/$65CP
	Family Games Mini Clinic	3/30–4/20	5–9	5:50–6:35 PM	East Gym	$20M/$45CP
TUE	1st Grade Basketball Mini Clinic	3/3–3/24	6–7	5–5:45 PM	East Gym	$30M/$65CP
	2nd/3rd Grade Basketball Mini Clinic	3/3–3/24	7–9	5:50–6:35 PM	East Gym	$30M/$65CP
WED	Indoor Soccer Mini Clinic	3/4–3/25	4–6	5–5:45 PM	East Gym	$30M/$65CP
	Indoor Soccer Mini Clinic	3/4–3/25	7–10	5:50–6:35 PM	East Gym	$30M/$65CP
	Preschool Indoor Soccer Mini Clinic	4/1–4/22	3–4	5–5:30 PM	East Gym	$25M/$55CP
	Indoor Soccer Mini Clinic	4/1–4/22	4–6	5:35–6:20 PM	East Gym	$30M/$65CP
	Gym and Swim		6–14	9:30–11:30 AM	Track Gym & FAP	$10M/$15CP Per Class
WED & FRI	Tae Kwon Do Pre SKILLZ	3/4–4/24	3–5	4–4:30 PM	Studio 2	$65M/$90CP
	Tae Kwon Do Core SKILLZ	3/4–4/24	6–8	4:45–5:30 PM	Studio 2	$90M/$130CP
	Tae Kwon Do Extreme SKILLZ	3/4–4/24	9–14	5:45–6:30 PM	Studio 2	$90M/$130CP
	Tae Kwon Do Advanced Level	3/4–4/24	6–14	6:30–7:15 PM	Studio 2	$115M/$165CP
THU	Youth Intro to Pickleball	3/12	8–12	5–7 PM	East Gym	$25M/$55CP
	Adult Pickleball 101	3/19	18+	5–7 PM	East Gym	$25M/$55CP
	Family Intro to Pickleball	3/26	7+	5–7 PM	East Gym	$20M/$45CP
	Adult Pickleball 101	4/2	18+	5–7 PM	East Gym	$25M/$55CP
	Youth Intro to Pickleball	4/9	8–12	5–7 PM	East Gym	$25M/$55CP

SAFETY CLASSES

WINTER I SESSION
January 5 – March 1, 2026

WINTER 2 SESSION
March 2 – April 26, 2026

CLASS	Day	TIME	AGE	Location	Price
Babysitting Class	Sun, Jan 18	11–3 PM	11+	WW Conference Room	$70
	Sun, Feb 22	11–3 PM	11+	WW Conference Room	$70
	Sun, Mar 22	11–3 PM	11+	WW Conference Room	$70
	Sun, Apr 19	11–3 PM	11+	WW Conference Room	$70
Basic Life Support (BLS)	Sun, Jan 11	10:30am–3:30 PM	13+	WW Conference Room	$75
	Sun, Feb 1	10:30am–3:30 PM	13+	WW Conference Room	$75
	Sun, Mar 8	10:30am–3:30 PM	13+	WW Conference Room	$75
	Sun, Apr 12	10:30am–3:30 PM	13+	WW Conference Room	$75
Home Alone	Sun, Feb 15	12:30–3 PM	8–12	WW Conference Room	$45
	Sun, Mar 29	12:30–3 PM	8–12	WW Conference Room	$45
American Red Cross Lifeguarding	Thur–Sun Feb 5–8	Thu 5:30–8 PM Fri 3:30–8:30 PM Sat 8–5 PM Sun 8–5 PM	15+	WW Conference Room	$275
	Thur–Sun Mar 26–29	Thu 5:30–8 PM Fri 3:30–8:30 PM Sat 8–5 PM Sun 8–5 PM	15+	WW Conference Room	$275
	Thur–Sun Apr 9–12	Thu 5:30–8 PM Fri 3:30–8:30 PM Sat 8–5 PM Sun 8–5 PM	15+	WW Conference Room	$275

ADDITIONAL PROGRAMS

WINTER I SESSION
January 5 – March 1, 2026

WINTER 2 SESSION
March 2 – April 26, 2026

CALLING ALL ATHLETES!



YOUTH SPORTS PERFORMANCE TRAINING CLASSES OFFERED AT WEST WASHINGTON

Ages 12+



Age-appropriate training focused on:

- Improve acceleration & speed
- Improve strength & stamina
- Learn how to exercise safely to prevent injury
- Increase confidence
- Improve balance, stability & coordination
- Learn proper gym etiquette

Scan the QR code for more info and up to date schedule

HOMESCHOOL
& ACTIVE KIDS PROGRAMS

Families with children ages 3-17 are invited to register their kids for engaging programs at the Y every Wednesday morning from 9:30-11:30 AM

Splash Class | Ages 3-5
This class features a mix of gym games, creative crafts, and water play in the zero-depth pool area.

Gym & Swim | Ages 6-14
This program is for kids seeking physical activity in both the gym and pool.

Strength & Conditioning for Teens | Ages 12-17
Level up your gym basics! This class is designed just for ages 12–17. Learn while we lift: gym safety, proper equipment use, the importance of weight lifting, and so much more!