Whitehall-Coplay School District
Middle School Breakfast Menu

December 2025

Monday	Tuesday	Wednesday	Thursday	Friday
1 	**2** Egg and Cheese on a Bagel Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	**3** Strawberries & Cream Smoothie Bowl with Graham Crackers Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	**4** French Toast Sticks with Syrup Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	**5** Dutch Waffle Assorted Cereals Pop-tarts Assorted Juice Fruit of choice
8 Scrambled Eggs, Bacon, Hash Brown Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	**9** Sausage, Egg and Cheese on a Biscuit Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	**10** Egg, Sausage & Cheese Maple Flatbread Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	**11** Belgian Waffle Sticks with Syrup Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	**12** Mini Cinni Rolls Assorted Cereals Pop-tarts Assorted Juice Fruit of choice
15 Scrambled Eggs, Sausage Links, Tots Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	**16** Bacon, Egg and Cheese on a Croissant Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	**17** Apple Pie Smoothie Bowl with Graham Crackers Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	**18** French Toast Sticks with Syrup Assorted Cereals Pop-tarts Assorted Juice Fruit of choice	**19** Breakfast Banana Split Assorted Cereals Pop-tarts Assorted Juice Fruit of choice
22 	**23** 	**24** 	**25** 	**26** 
29 	**30** 	**31** 	**1** 	**2** 

What is a Meal?

Students must choose at least 3 of the 4 components available for the school breakfast price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Fruit or Vegetable
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.

Whole Grain Cereals

(served with graham crackers)
Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms, Froot Loops, Cheerios, Golden Grahams, Apple Cinnamon Cheerios

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free white, fat-free chocolate

Daily Breakfast Offerings

Assorted WG Cereal Bars

Assorted WG Muffins

WG Banana Bread

WG Blueberry Bread

WG Donuts

Assorted Yogurt with a Bagel

(WG) Whole Grain

(V) Vegetarian
These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

(VG) Vegan
These items do not contain any animal products

Contact

Cathy Muto, General Manager
610-782-1820
Mutoc@whitehallcoplay.org

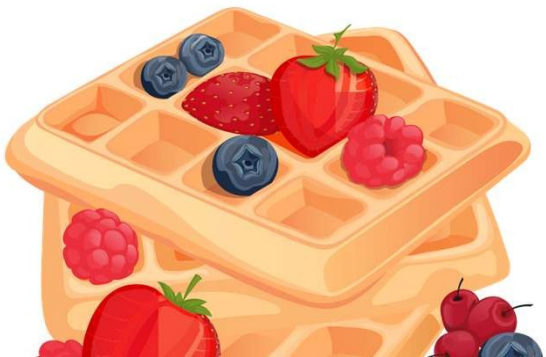
Derek Kolumber, Chef Manager
610-782-0961
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Meal Prices

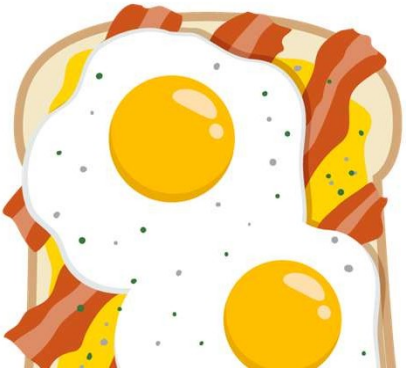
Student Breakfast	$0.00
Reduced Breakfast	$0.00

Metz CULINARY MANAGEMENT ENVIRONMENTAL SERVICES

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.







Whitehall-Coplay School District
Middle School Lunch Menu

December 2025

Monday	Tuesday	Wednesday	Thursday	Friday
bravo! **Texas Smokehouse!** Choice of dry-rubbed BBQ chicken or pork, ranch taters, zesty country green beans, BBQ baked beans, slaw, and melons. Choice of Kaiser roll or corn bread, and a variety of BBQ sauces.				
1 	**2** Beef or Chicken Nachos Grande with Yogurt Cumin Crème **FEATURED VEGGIES** Seasoned Red Beans Fresh Pico de Gallo	**3** Chicken Tenders w/ Seasoned Rice **FEATURED VEGGIES** Buttered Carrots Chickpea Salad	**4** Build-Your-Own Breakfast Sandwich Customizable for (V) **FEATURED VEGGIES** Tri Hash Brown Fresh Cucumbers	**5** Cheesy Pizza Crunchers with Marinara (V) **FEATURED VEGGIES** Seasoned Broccoli Caesar Salad
bravo! **Mac & Cheese!** Noodles with choice of house-made cheese sauce. Add taco beef, pulled pork, buffalo chicken, or chili. Served with roasted lemon-parmesan broccoli, sauteed red peppers, and choice of shredded cheese. Customizable for (V)				
8 Chicken Nuggets with Buttered Noodles **FEATURED VEGGIES** Seasoned Carrots Broccoli Salad	**9** Chicken Fajitas Spanish Rice Seasoned Black Beans **FEATURED VEGGIES** Mexicali Corn Black Bean Salsa	**10** Baked Potato Bar Baked Potato topped with Smokey Beef Chili or Taco Chicken, Fresh Toppings **FEATURED VEGGIES** BBQ Baked Beans Coleslaw	**11** Casserole Royal Italian Feast Casserole **FEATURED VEGGIES** Seasoned Broccoli Caesar Salad	**12** Chicken Cheesesteak Buffalo Chicken Cheesesteak **FEATURED VEGGIES** Oven Fries Cucumber Slices
bravo! **Loaded Potatoes!** Fresh Cut Seasoned Potato Wedges, Topped with Choice of Cheddar Cheese Sauce, White Cheese Sauce, Taco Seasoned Beef, Buffalo Chicken, BBQ Pulled Pork. Cold Toppings and Sauces. Customizable for (V)				
15 Bone in Wing Bar Choice of Sauce **FEATURED VEGGIES** BBQ Baked Beans Macaroni Salad	**16** BBQ Chicken Mashed Potatoes with Gravy Cornbread **FEATURED VEGGIES** Buttered Corn Potato Salad	**17** Nashville Hot Chicken and Waffles **FEATURED VEGGIES** Sweet Potato Tots Coleslaw	**18** Holiday Meal Chinese Takeout General Tso's Chicken over Fried Rice, Egg Roll and a Fortune Cookie **FEATURED VEGGIES** Steamed Broccoli Holiday Cookie	**19** Loaded Pierogis Customizable for (V) **FEATURED VEGGIES** Mixed Vegetables Caesar Salad
22 	**23** 	**24** 	**25** 	**26** 
29 	**30** 	**31** 	**1** 	**2** 

Contact

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Derek Kolumber, Chef Manager
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kolumberd@whitehallcoplay.org

Meal Prices

Student Lunch	$0.00
Reduced Lunch	$0.00

What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free white, fat-free chocolate.

Daily Entrée Options

Hamburger/Cheeseburger on a Bun

Chicken Patty on a Bun

Specialty Grill Item

Chef Fresh Sandwiches and Salads

Cheese or Pepperoni Pizza

Specialty Pizza

PB&J

bravo!

Bravo- Monday, Wednesday & Friday (Menu Posted Weekly)

Super Subs (Tuesdays and Thursdays) at Bravo

Traveling Chef Dec.10
Homemade Soup and Deli Bar

(WG) Whole Grain
(V) Vegetarian
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(VG) Vegan
These items do not contain any animal products

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