



MINUTE

A MINUTE TO SEE WHAT'S HAPPENING @ NMS

"Unity is strength... when there is teamwork and collaboration, wonderful things can be achieved."

VOLUME: 4/ ISSUE: 13

DATE: 11-14-25

HEADLINES

WEEK AT A GLANCE

WASHINGTON DC

UPDATES

KINDNESS CORNER

ANNOUNCEMENTS

Late buses started the week of September 15th. Late nights are Tuesday, Wednesday and Thursday. For more information about late buses see our [website](#)

TOGETHER WE MAKE A DIFFERENCE

Week at a Glance

Parent/Teacher Conferences (11/19+11/20) -- Fall parent-teacher conferences will be on Wednesday, November 19th (12-2:30pm) (Virtual) and Thursday, November 20th (12-2:30pm)(in-person) and (5-7pm)(in-person). This year conferences will be six minutes in length. Conferences are scheduled to allow parents to review their child's Semester one progress, and how to best support them moving forward. (See page 3 for additional information)

Early Release (11/19 & 11/20) -- NMS Early Release Schedule Below

DAILY ROTATION - EARLY RELEASE SCHEDULE

7:00 - 7:15 - BUS ARRIVALS (Parent Drop-off -- Students will report to the Cafe)

7:15 - Student move to Lockers / Homerooms

Note: Blue / Gold Continues to rotate every other day (90 Blue days and 90 Gold days)

		Blue	Gold	Blue	Gold	Blue	Gold	Blue
TIME		A Day	B Day	C Day	D Day	E Day	F Day	G Day
7:25 - 7:27		Homeroom	Homeroom	Homeroom	Homeroom	Homeroom	Homeroom	Homeroom
7:31 - 7:58	1st	A	B	C	D	E	F	G
8:01 - 8:28	2nd	B	C	D	E	F	G	A
8:31 - 8:58	3rd	C	D	E	F	G	A	B
9:01 - 9:28	4th	D	E	F	G	A	B	C
9:31 - 9:58	5th	E	F	G	A	B	C	D
10:01 - 10:28	6th	F	G	A	B	C	D	E
10:31 - 10:58	7th	G	A	B	C	D	E	F

Washington DC Trip (11/12 - 11/14/25) (8th Grade) -- The 8th grade will be traveling home from Washington D.C. on Friday and it has been a wonderful trip. They hit the ground running on Wednesday with a tour of the Dwight Eisenhower and World War Two Memorials. They then went to the steps of both the Supreme Court and the Library of Congress. After lunch, they were invited into the House of Representatives to watch the swearing-in ceremony for Representative Adelita Grijalva and they got a question and answer session with Senator Keating. These were unexpected and we're grateful to Nation's Classroom for making these educational experiences possible. Thursday, as they were leaving the Holocaust Museum, a guide stopped one of the chaperones to compliment all of the students on how polite and respectful they were. They'll end the trip with a stop at the Pentagon and the 9-11 Memorial, then a photo in front of the White House.



TOGETHER WE MAKE A DIFFERENCE

NMS Student Government

Introducing the NMS Student
Government Executive Board for
the 2025-2026 school year:

Ava Finn- President

Adella McInnis- Vice President

Elle Clark- Secretary

Dean Godin- Treasurer



CALENDAR

November

17 School Council Mtg @ 2PM

19 Early Release Day

19 Virtual Parent/Teacher Conf.
12 - 2:30PM

20 Early Release Day

20 Parent/Teacher Conf.
(In-person) 12 - 2:30 and 5 - 7PM

23 Turkey Trot @ 9AM

26 Early Release

27 Thanksgiving (No School)

28 No School

28-30 No HW Weekend

December

1 Staff Meeting

*"Identify your
problems but give your
power and energy to
solutions."*

Washington DC (8th Grade)



PTO

The NMS Turkey Trot is rapidly approaching! November 23rd @ 9:00am. Join us for the Norwell Middle School Turkey Trot fundraiser—a fun, family-friendly race that promotes school spirit, wellness, and community giving! Lace up your running shoes and come participate to support our students while enjoying a festive start to the holiday season!

The next PTO meeting is FRIDAY, December 12th @ 9:15am in the COMMUNITY ROOM and on ZOOM.

Veronica Carney & Ren Layne Co-Leads

ALL PROCEEDS BENEFIT NORWELL MIDDLE SCHOOL!

REGISTER EARLY AND SAVE!

Norwell Turkey Trot 2025

Register BEFORE OCTOBER 1st
\$25 \$5 FOR TEE
*Students \$20

Register between Oct 1 - Oct 25th
\$30 \$10 FOR TEE
*Students \$25

Register AFTER October 25th...
\$40 \$15 FOR TEE
*Students \$30

NORWELL TURKEY TROT 5K RUN & WALK

Sunday, November 23rd

9:00AM KIDS RACES & TURKEY CHASE
\$5 TO PRE-REGISTER - \$10 WALK-IN REGISTRATION - TEE \$10
*Meet at the Tennis Court Parking Lot

9:30AM 5K RUN & WALK
*The 5K Starts and Finishes at LOT A

Price for best SALE & GOLD and Turkey/Thanksgiving Commem.

Start/Finish @ Norwell High School
18 South Street, Norwell

Email: nmspto@gmail.com

Register here

NorwellTurkeyTrot2025.racewire.com

"THE FUTURE BELONGS TO THOSE WHO BELIEVE IN THE BEAUTY OF THEIR DREAMS." - Eleanor Roosevelt

KINDNESS CORNER

Thank you to Carter Johnson and Daniel Gallagher for being engaging table-mates at lunch so that nobody feels left out. Thank you also to Beniy Djamchebi, Drew Ribeiro and Grayson Roukous for being inclusive and setting a good example at the lunch table. Also at lunch, a classmate shout out to Ava Cagnina who includes everyone at her lunch table every day and she is so nice. A few more student shout outs, including James Viola who always helps his friend in French and always makes sure they're paying attention; Cole Spera who helped a friend in math, class when they were stuck on a problem & to Siying Wu who saw that a classmate was upset and gave him something she made in another class to help cheer him up!

Washington DC



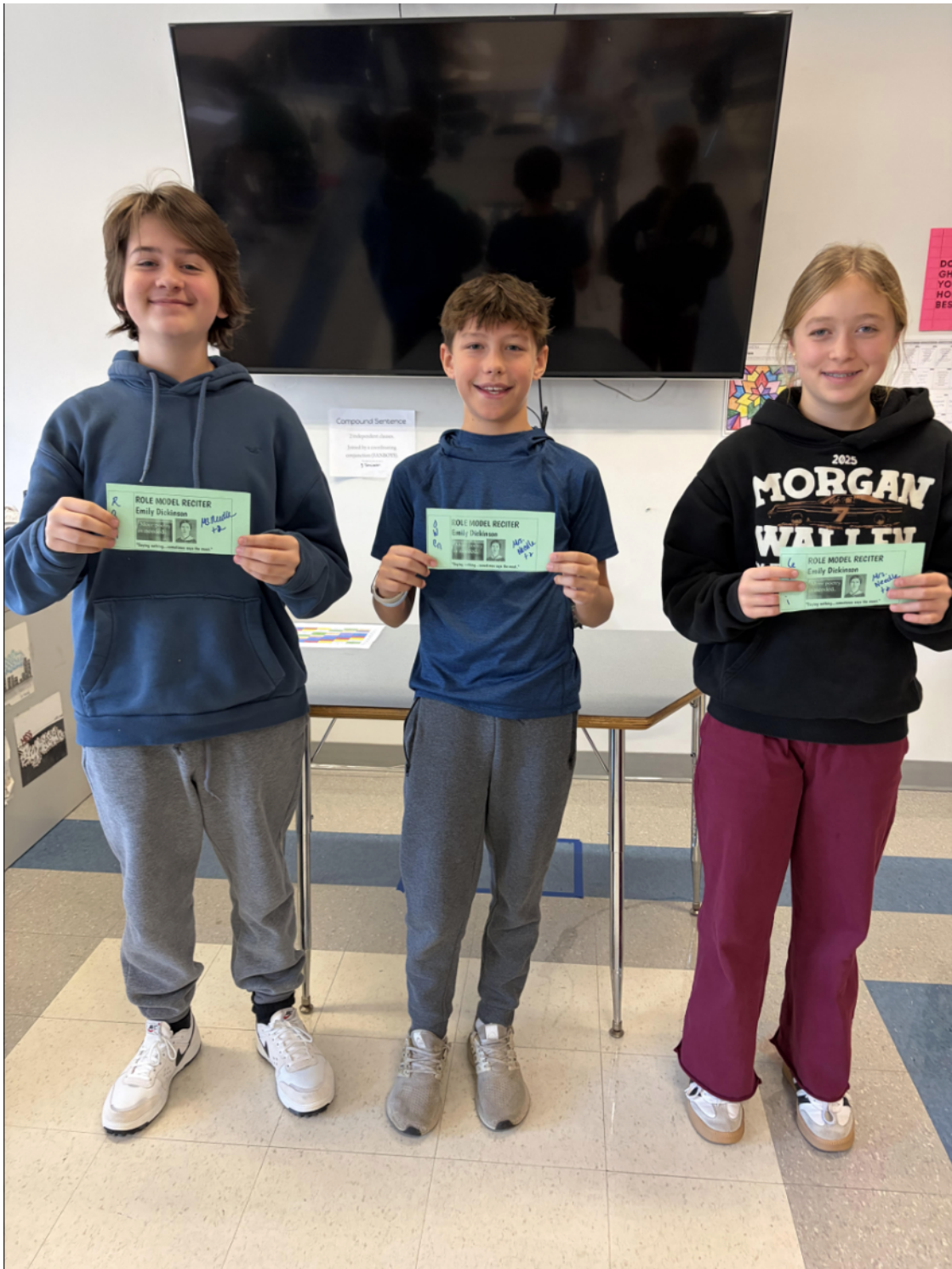
Washington DC



Trailblazers

Students on the 7th grade Gold Trailblazer team recited poems by Emily Dickinson, while working on presentation skills. Eye contact, body posture, voice energy and volume were all key factors in their presentations. They are ready for this life skill!

Several students were “Role Model Reciters” for presenting with poise, style, and energy. Congratulations Trailblazers!





NORWELL MIDDLE SCHOOL

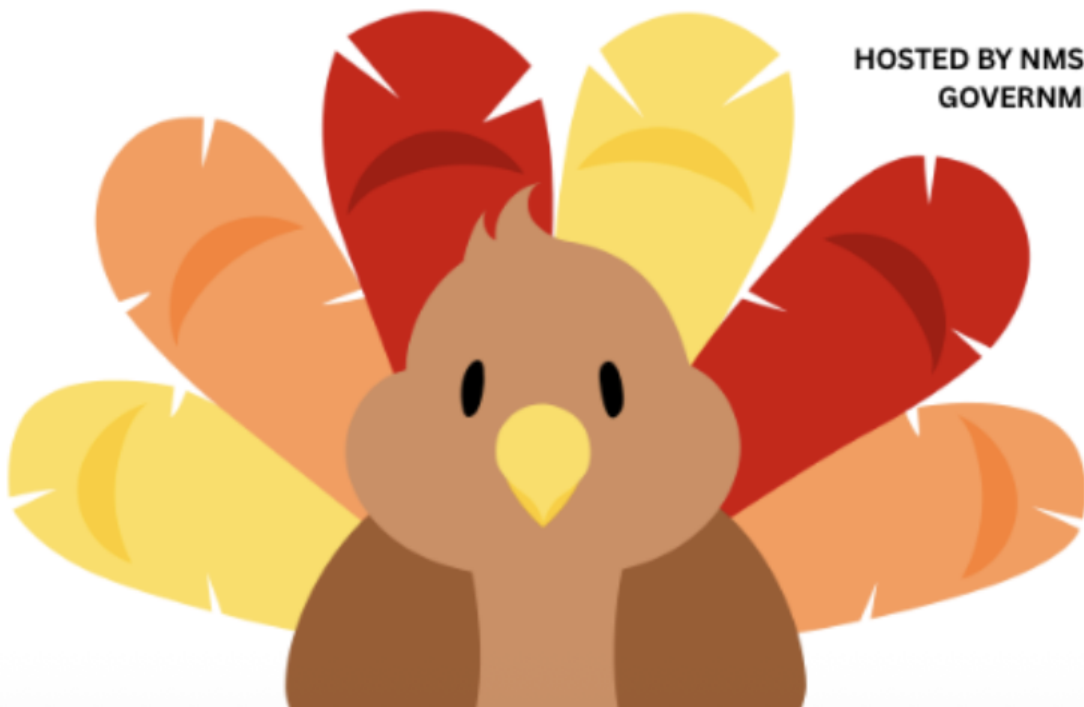
SPIRIT *Days!*

11/24: FLANNEL DAY

11/25: SPORTS JERSEY DAY

11/26: COMFY/COZY DAY

HOSTED BY NMS STUDENT
GOVERNMENT



Parent/Teacher Conferences

Fall parent-teacher conferences will be on Wednesday, November 19th (12-2:30pm) **(Virtual)** and Thursday, November 20th (12-2:30pm)**(in-person)** and (5-7pm)**(in-person)**. This year conferences will be six minutes in length. Conferences are scheduled to allow parents to review their child's Semester one progress, and how to best support them moving forward.

Please review the following conference information and procedures for scheduling your appointments:

- “PTC Fast” will be used to facilitate the scheduling process
- Conferences will be available
 - November 19th (12-2:30pm) **(Virtual)** and are 6 minutes in length
 - November 20th (12-2:30pm) **in-person** and (5-7pm) **in-person** and are 6 minutes in length
- We ask parents to not schedule back-to-back appointments as you will not have enough time to travel to your next classroom
- Scheduling will be on a first come first serve basis and tend to fill up quickly
- If you feel that you will need more than 6 minutes, please reach out to the teacher directly to schedule a meeting
- **PTC Fast will be open to select appointments on Monday, November 10th at 7:00pm**
- Appointment scheduling will close on Monday, November 17th
- Once you make your appointments, you will receive a confirmation email
- If no available appointment times are remaining, please email the teacher directly
- We will email the PTCFast Parent link on Monday (11/10) at 7pm
- **Directions for PTCFast -- [PTCFast Directions](#)**

Please do not hesitate to contact the school with any questions.

(781-659-8814) or james.dupille@norwellschools.org

Sincerely,

James Dupille

Principal, Norwell Middle School

A MESSAGE FROM THE FRONT OFFICE

Forgotten items

In order to promote responsibility and to lessen disruptions in the classroom, we ask:

- Please leave it on the table (in the front lobby) with your student's name and grade (we have paper and pencils to help)
- It is the student's responsibility to check the table for the forgotten item.
- If your student does not call home for an item, please do not bring the item to school as they likely do not need it.

Bus Policies

We have received numerous inquiries for bus changes for students. Bus changes are not allowed. If you have any questions regarding this policy please refer to the [Parent Student Handbook](#) page 37 and also within the 2025 - 2026 District Policies page 24 of this handbook. Thank you for your cooperation and understanding.

Student Phone

Just as a n FYI, students have access to a phone (wall phone) just outside the main office. We have directions for them on how to use the phone and reminders to leave a message for their parents. If you are receiving calls from the school without a message, be assured that this is most likely your student. All staff members will leave a message.

Charging student's ipads

The front office has a limited amount of portable chargers that students can borrow throughout the day if their ipads need charging. These charges have been in great demand recently, which is prompting this reminder to charge ipads (especially over the weekend, so they are ready to use in class)

Absence Reporting

Please report absences to the school office (not homeroom teachers) as soon as possible.

You can report absences by:

- Calling the absence line: 781 - 659 - 8814 ext 1206 and leave a message
- Sending an email to the NMS Main office at nms.mainoffice@norwellschools.org

Investment Club, Fall '25-'26

Date: 11/6/25

Pick of the Week Winner: Radley Hallman



Stock: Ferrari (3.08% gain over 1 week)



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Prizes for best
BULE & GOLD
and Turkey/
Thanksgiving
Costumes!

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18 South Street, Norwell**

**Register
here**



NorwellTurkeyTrot2025.racewire.com



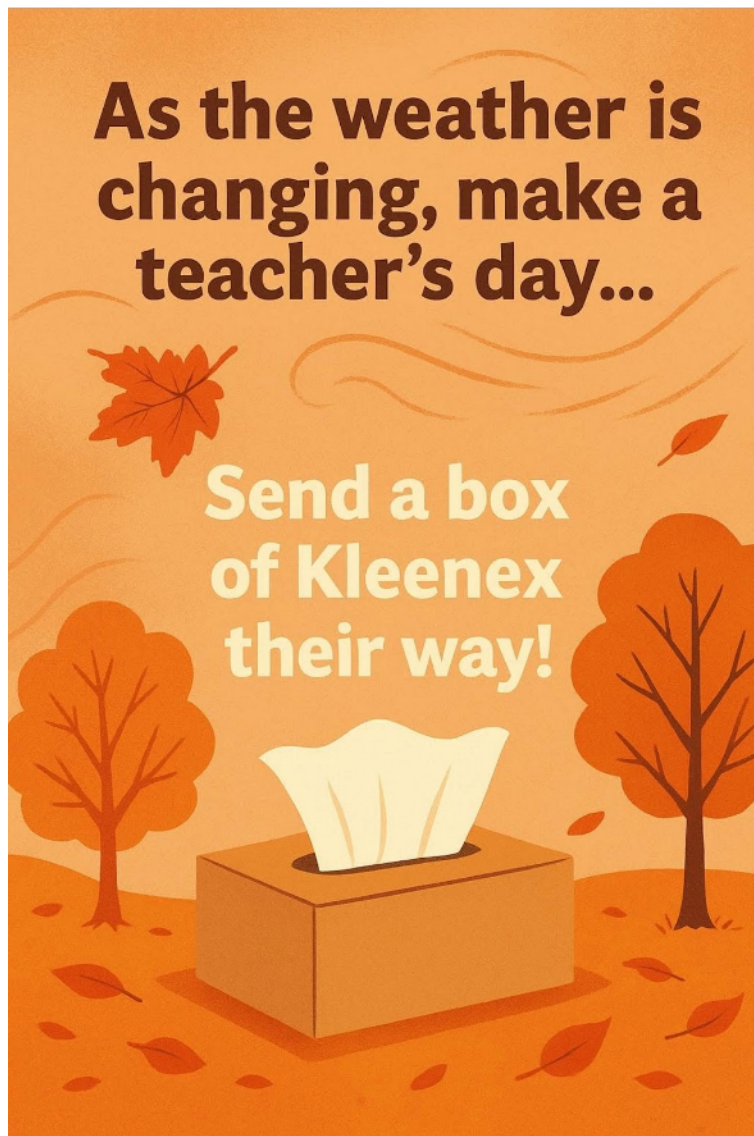
Let's invest in the teachers and students that make NMS shine! This November, the [Norwell Education Foundation](#) is launching a fall campaign to fund teacher-written grants that support creativity, opportunity, and excellence for every Norwell student. [Your gift - of any size](#) - makes an immediate difference in our classrooms. The NEF has recently funded multiple grants for Norwell Middle School, including purchasing a new camera for the Yearbook Committee, procuring a Raspberry Shake Seismograph aligning high school physics and middle school earth science standards, and purchasing 15 Oculus Quest 2 VR headsets for enhanced learning environments. The NEF is proud to be part of a community that believes in the power of education. [Every dollar makes a difference](#), so please consider [donating here](#) during this Fall fundraising drive. Together we can inspire learning that lasts a lifetime!

A NOTE FROM THE NURSE

From: Nurse Young

Injuries:

Please be aware if your child sustains any injury requiring in school accommodations (ie-exemption from PE, use of crutches, use of the elevator, etc) the school requires a letter from your child's doctor identifying the injury, need for accommodations and expected duration for recovery. ALL Concussions require a Concussion Plan as well. Thanks for helping us keep your kids safe



Do you need some organization
for Term 2?
We have a limited supply of Student
Agendas left over for this year.
If you would like one, please stop
by the office to pick one up.
They will be passed out on a
First Come First serve basis.

2025-2026
School Planner



Quick Guide for Parents

2025-2026 School Year



NMS faculty came together to create a resource for parents/guardians to support their students at home. We have highlighted suggestions below that align with the tools for success that we share with students in classrooms and throughout the school.

Suggestions for Supporting Your Student With Their Homework

- Support your student in finding a distraction-free location in the house to complete their homework
- Ensure your student has checked their [Schoolology](#) pages, agenda or homework list. If they do not use an agenda or homework list, have a discussion to determine if it would be beneficial
- Monitor tech while your student is completing homework to ensure they are working rather than distracted
- Encourage your student to check their [email](#) daily
- Encourage your student to start with their easiest homework assignment to help them find a groove and then move to the harder work
- Check your students' backpack for loose papers and encourage organization of materials
- Support your student with studying. Ask your student how they study and monitor if their strategies are working. Consider quizzing your student to help them prepare for assessments
- Check [Schoolology](#) together on weekends for any missing assignments and to review teacher comments
- Check in and help your student with long term assignments, when necessary

If Your Student is Absent

Check in with your student to make sure they are completing and submitting all of their missed assignments. Students may need your help in planning when to make up missed assessments, including staying after school with their teachers. Follow up with your student to make sure they completed their assessments.

- Ensure your student checks [Schoolology](#) and [email](#). Have your student complete what they can when able
- If absent, have your student reach out to their teachers via email ([staff directory](#)) or check in with each teacher the next day (Flex Time is a good time to do this)
- Help your student organize and complete missing work. Consider creating a list of missing assignments with check boxes to mark when completed
- Sit next to your student while they complete their work, if needed
- Follow up with your student a few days after the absence(s) to make sure they are submitting all their missing work, checking in with teachers and staying for late night, ([Late night schedule](#)) if needed. Check [Schoolology](#) with your student to make sure it reflects the submitted assignments.

Important Topics to Consider Discussing with Your Student

- Kindness
- Characteristics of healthy friendships
- The importance of attendance
- Respect towards adults and peers
- How to handle peer conflicts
- Ways to deal with stress and/or anxiety
- Acceptance of peers who are different
- Plagiarism
- Screen/technology addiction
- How to communicate with adults, say excuse me and make eye contact
- Social media - the benefits and downsides
- Personal responsibility with behavior and academics along with consequences
- Grades are a reflection of student learning and not the purpose of learning

General Tips for Parents of Middle School Students

- Encourage and provide tech free bedrooms for sleeping
- Healthy sleep habits are crucial in middle school
- Now may not be the time to let your student fly on their own
- Help your student solve the problem rather than you solving it for them
- Support your student with time management skills by creating a home calendar or an after school schedule to include homework, sports, family time and studying
- Monitor your students' phone including: social media, texting, search history, photos and videos. Remember you own the device. It can also be a carrot to motivate your student to do what they need to do
- Avoid texting or calling your student while they are at school. We have staff to support your student with whatever they may need so encourage them to seek out the provided support
- Be involved, talk about school
- Monitor the amount of time gaming and on screens
- Read with your student
- Talk about what is going on in classes
- Support your student with a place to have their materials ready for school the next morning, making sure their iPad is charged and they have all the supplies they need
- Avoid vacations during school
- Monitor attendance (you can view your student's attendance in [Aspen](#))
- Use time in the car to connect with your student; ask them to read to you while you drive and/or encourage conversation about school

DO GOOD WITH Burritos



FUNDRAISER FOR **NORWELL BOOSTERS + RUGBY**

25% OF EVENT SALES GET DONATED TO THE CAUSE

TUESDAY, NOVEMBER 18TH | 5-9PM
1773 WASHINGTON ST, HANOVER, MA, 02339

ORDER ONLINE FOR PICKUP USING CODE **BRYX6VT**
OR SHOW THIS FLYER IN RESTAURANT



For online orders to count towards the fundraiser, they must be placed for pickup only from the restaurant location of, and during the hours of, the fundraiser. Delivery orders and gift cards do not qualify. \$150 minimum event sales required to receive any donation.

NORWELL SEPAC

Parents' Rights Meeting

In Person or Virtual

Monday, November 17th

7:00-8:30pm

Norwell Middle School Community Room

328 Main Street

Google Meets Link:

<https://meet.google.com/pbb-terx-upn>

For questions, contact:

thenorwellsepac@gmail.com

Private School Application Process

Norwell Middle School counselors and staff are happy and willing to assist families and students who wish to submit applications to private school. In order to best assist families and manage the great volume of information that must be shared as part of this process, Norwell Middle School has instituted a standardized process for requesting school records and recommendations. We encourage families to communicate their intention to complete private school applications as early as possible. Please do not wait until the last minute to send out your recommendation requests as they may be submitted after deadlines have passed. We look forward to working with families through this process.

The process is as follows:

1. Families should notify NMS counselors and any teacher who will be asked to complete recommendations of intent to submit private school applications, in writing, as soon as possible or at least three weeks prior to the first deadline.
2. Students should speak to any teacher or send them a personal email prior to the teacher getting a request from the online portal. This gives the teacher an opportunity to speak with the student in an effort to provide a more personalized recommendation.
3. Families should complete and submit the signed Records Release Form to the assigned school counselor at least three school weeks prior to the first deadline.

Click [HERE](#) for access to the release.

1. Students should complete and submit the Private School Student Questionnaire (click [HERE](#) for access to the questionnaire) to their school counselor and all teachers completing recommendations at least three school weeks prior to the first deadline.
2. If you have questions about a recommendation and/or its status, please contact the teacher or private school directly.

Rush: students whose last names begin with A-J

Sailer: students whose last names begin with K-Z

Hey Parents!!!

Flex Friday

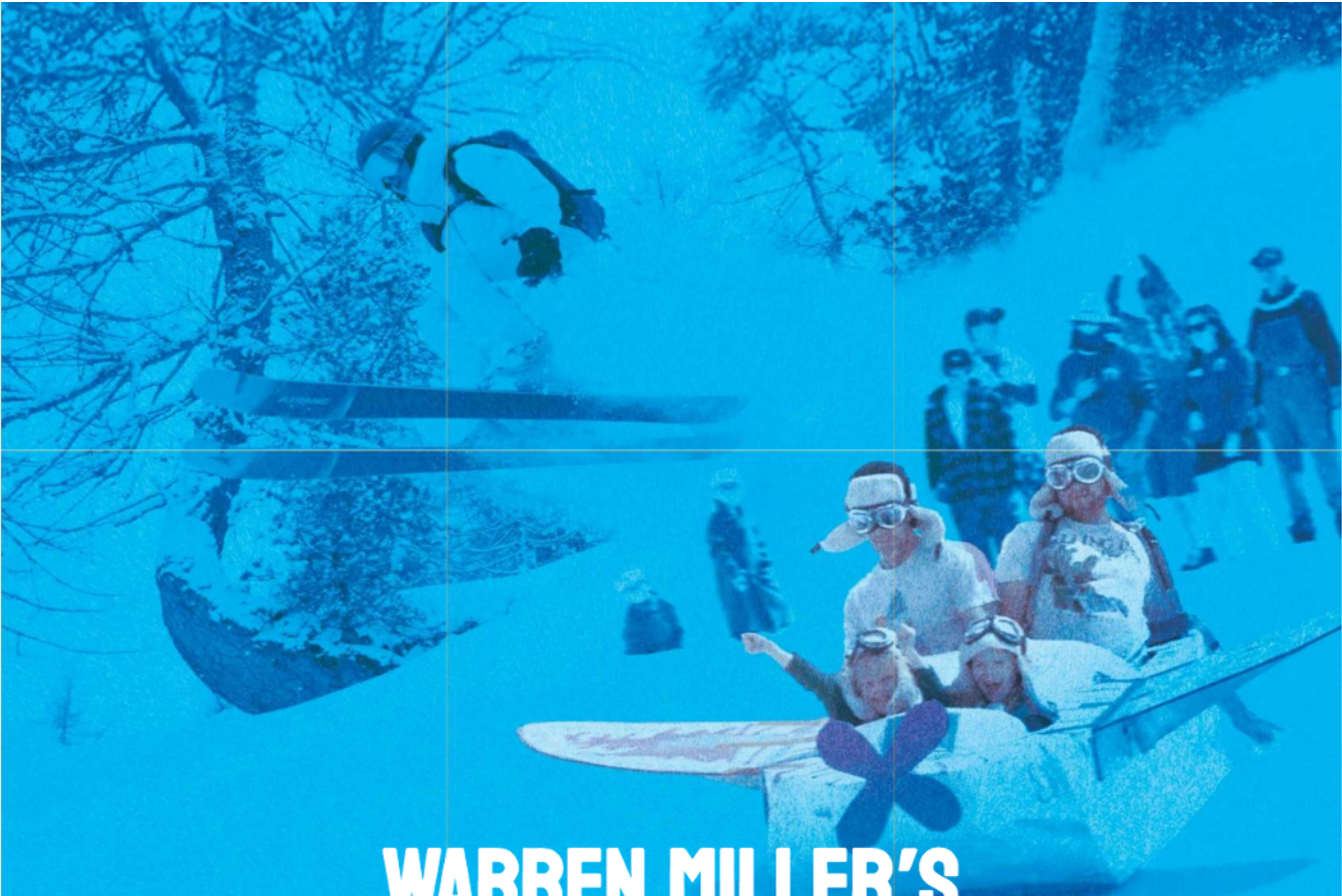
Reading Initiative

Every
Friday

Remind your student to pack a book for Flex Friday. During Flex Block, kids read a book they enjoy.

How else can I help?

1. Bring your student to the local library or go online to help them download high interest books and audiobooks.
2. Keep it going at home. Encourage reading as a daily habit.



WARREN MILLER'S SNO-CIETY

OUTSIDE INTERACTIVE INC. PRESENTS

IN ASSOCIATION WITH WARREN MILLER ENTERTAINMENT AN OUTSIDE STUDIOS PRODUCTION "SNO-CIETY"

TODD LIGARE JUDD HENKES LYON FARRELL YUKI KADONO BRITTA WINANS DARON RAHLVES JACOB KRIECHMAYR MIHA HROBAT VINCENT KRIECHMAYR
BREEZY JOHNSON CHRIS RUBENS LESLEY MCKENNA CAM LAWRENCE ASHLEY KELLER WILLAN CHARLES JACOB HRONES OYVIND KIRKHUS ELLIE WEILER
KATIE KENNEDY SARKA PANACCHOVA MARIE-FRANCE ROY ROBIN VAN GYN JUHO KILKKI

MANAGED BY JONNY MOSELEY



AN OUTSIDE STUDIOS FILM

TICKETS ON SALE NOW

warrenmiller.com

Outside
STUDIOS

NORWELL, MASSACHUSETTS

SATURDAY DECEMBER 6TH 7 PM

SUNDAY DECEMBER 7TH 1PM

NORWELL HIGH SCHOOL AUDITORIUM

FIND TICKETS ON EVENTBRITE.COM



5TH ANNUAL
**HOLIDAY TEDDY
BEAR DRIVE**

NEW STUFFED ANIMALS ONLY!

NOW UNTIL NOV 25TH



BRING
TO BOX IN
MAIN LOBBY

ALL
DONATIONS
GO TO THE
WONDERFUND

**VENMO ACCEPTED FOR
CASH DONATIONS**



venmo

HAVE USED OR UNWANTED MARKERS, PENS

WOODEN OR MECHANICAL PENCILS?

The Norwell Recycling and Sustainability Committee sponsors a project to recycle used or unwanted crayons, markers, pens and wooden, colored and mechanical pencils. We are working in partnership with Staples, as these materials are part of their extensive list of materials that can be dropped off at their stores for recycling.

Collection boxes are located at-

Grace Farrar Cole School

William G. Vinal School

Norwell Middle School

The Accord School

First Parish PreSchool

Ridge Hill School

Norwell Public Library

Norwell Council on Aging