

JASPER-TROUPSBURG HIGH SCHOOL  
HOME OF THE WILDCATS



# BIWEEKLY NEWSLETTER

NOVEMBER 7, 2025



- November 7: End of 10 Week Marking Period**
- November 10: Parent-Teacher Conferences (11 to 6:30pm)**
- November 11: No School (Veteran's Day)**
- November 11: Exceptional Senior Games**
- November 13: Fall Sports Banquet / Winter Sports Meeting**
- November 14: Report Cards go Home**

**JT FFA Citrus Sales**  
 October 23rd-November 14th  
 See any FFA member, or contact  
 Geoff Havens or Mikalene Bullock  
 at 607-792-3690 to place your  
 order today!  
 We thank you for your  
 continued support!

**Attendance Matters!**

Missing a day of school here and there may not seem like much, but absences add up

When a student misses 2 days a month	When a student misses 4 days a month
They miss 20 DAYS a year (10% of the school year)	They miss 40 DAYS a year (20% of the school year)
They miss 30 HOURS of math instruction	They miss 60 HOURS of math instruction
They miss 60 HOURS of reading and writing instruction	They miss 120 HOURS of reading and writing instruction
They will miss over 1 YEAR of school by graduation.	They will miss over 2 YEARS of school by graduation.

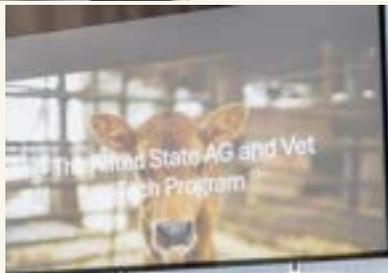
# GUIDANCE NEWS



On October 30th, Junior students took a trip to Alfred State College for a campus visit. They were able to walk around campus, check out the dorms, and eat the food! They were given a shortened version of what college life is really like.

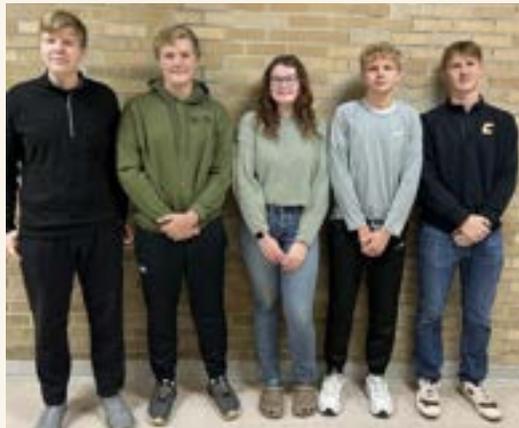
Students had the chance to talk with current college students and professors, learning about academic programs such as Business, Mechanics & Electrical Engineering Technology, and the AG and Vet Tech Program. Some students were also able to visit a trades program at the Wellsville Campus.

The trip was a great way for students to start making choices about their futures and all the possibilities that come with continuing their education.



## Youth in Government

An exciting opportunity was offered to Juniors and Seniors this year! Five JT students took advantage of the Steuben County Youth in Government program. This program offers high school juniors and seniors a unique and hands-on experience with Steuben County Government. Students attend meetings with elected and appointed officials, meet with department heads, and hold simulated legislative proceedings.



A senior, James Ainsworth, described YIG as "a unique program because you get to see local government at work up close. My favorite part about it is hearing how departments in our government view issues differently." Alex Carl, a junior, stated "YIG is an exciting program to learn what the Steuben County Legislative branch does for the county."

## UPCOMING EVENTS

NOV

14

Sophomore Visit to BOCES

14

Marking Period 1 Report Cards Sent Home

DEC

3

Corning Community College - 12:00

4

Career Cafe - Meteorologist

17

New Visions Honors Program Presentation

19

9th Grade Career Readiness Presentation

## REMINDERS

\*Sophomores interested in the BOCES trip, need to turn in their permission slips

\*Check Google Classroom & Chat for all guidance updates

## CAREER DEVELOPMENT COUNCIL

Interested in a job shadow?

Want to hear from professionals in the industry? Stop down to the guidance office Alisa Wright, our CDC rep, is here on Thursdays!

## Local Food Pantry Listings

\*Canisteo Community Food Pantry 1st, 3rd, 4th Tuesdays 3:30pm-5pm

\*Greenwood-Rexville Food Pantry 3rd Thursday of the Month 3pm-6pm

\*Jasper-Troupsburg Community Food Pantry 3rd Saturday of the month 9:30am-11am

\*Woodhull Community Church Food Pantry 1st Wednesday of the month 10:30-11:30am

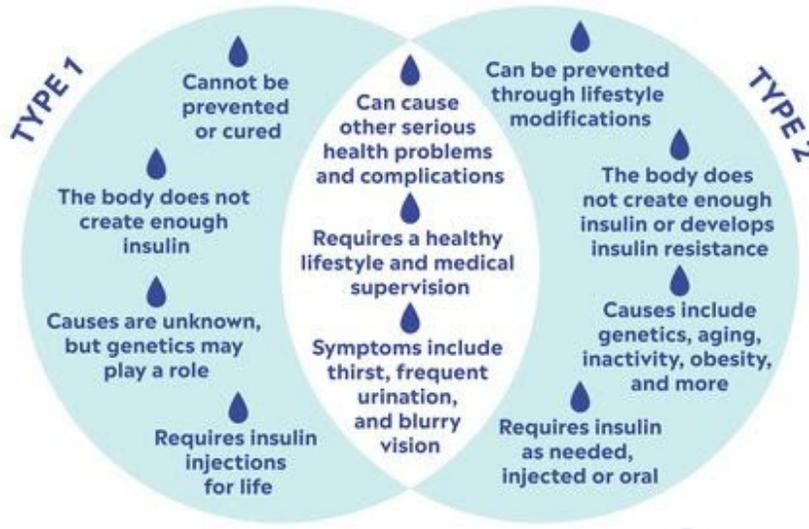
\*Woodhull Mobile Food Pantry (walk-up) 2nd Friday of most months 10-11am

Need additional assistance? Call 211, this is a free and confidential service helping people find the local resources they need.

# ADDITIONAL INFORMATION

November is Diabetes Awareness Month

## TYPE 1 vs TYPE 2 DIABETES



### The Power of Prevention

## Take Control Prevent Type 2 Diabetes

#### What is Prediabetes?

Blood sugar levels are higher than normal but not high enough to be diagnosed with type 2 diabetes

Can progress to type 2 diabetes if not addressed

Healthy lifestyle choices can lower risk of prediabetes & may prevent type 2 diabetes

#### What is Type 2 Diabetes?

Food can't be used for fuel and sugar builds up in the blood

If untreated can cause serious problems with the heart, brain, eyes and more

### What is my blood sugar?



#### Risk Factors

- Being overweight
- Family history of diabetes
- High blood pressure
- High lipids (blood fat)
- Blood vessel disease
- History of gestational diabetes
- Polycystic ovarian syndrome (PCOS)
- Being 45 years old or older
- Less than 30 minutes of physical activity daily
- African American, Hispanic, Native American, Asian American, or Pacific Islander

### TYPE 1 DIABETES WARNING SIGNS of T1D

- HEADACHES
- EXTREME THIRST
- FREQUENT URINATION
- FATIGUE AND WEAKNESS
- BLURRY VISION
- WEIGHT LOSS
- INCREASED APPETITE
- FRUITY BREATH ODOR
- RAPID DEEP BREATHING



Registration Link

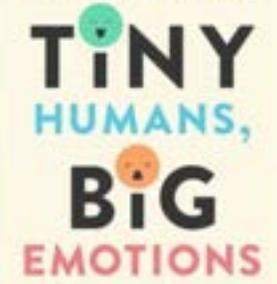
## Parent University Book Study

What is Parent University? Parent University is a free virtual learning opportunity for all parents and caregivers across the GST BOCES Community Schools districts. Together, we will explore ways to strengthen our families, support our children's growth, and connect with one another as a caring community.

This year we are thrilled to offer a Parent University Book Study featuring *Tiny Humans, Big Emotions* – a warm, practical, and empowering guide to understanding children's big feelings and guiding them with compassion and confidence.

Whether you're parenting or caregiving for a toddler or a teenager, this book will help you bring more calm, connection, and cooperation into your home. Plus, an opportunity to engage with the author for a Q&A session!

REGISTER NOW

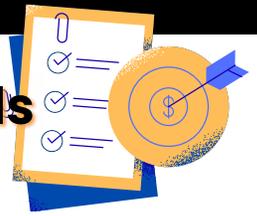


- January 7, 2026 Session 1: What Are Emotions and Why Do They Matter? Humans
- January 14, 2026 Session 2: Collaborative Emotion Processing (CEP) with Tiny Humans
- January 28, 2026 Session 3: CEPing It Up a Level
- February 11, 2026 Session 4: Live Q&A with the NYT Best Selling author, Alyson Beak Campbell

- Accepting the first 200 parents/caregivers who register! Please register by December 10, 2025!
- Books provided at no cost to participants, and will be mailed to your home!
- Virtual sessions from 7:00 – 8:00 p.m.

If you or someone you know needs support; Suicide and Crisis Hotline call or text 988 or chat 988lifeline.org

# FFA Students Take Aim at Their Goals



At our recent FFA meeting, students in grades 7–12 participated in a hands-on *Goal Setting Workshop* designed to help them understand what makes a goal truly SMART—Specific, Measurable, Achievable, Relevant, and Time-bound.

We kicked things off with a fun and competitive basketball challenge! Students were given a set of instructions, worked with their teams to create a strategy, and then had three minutes to make as many baskets as possible. After the first round, groups shared their strategies—many discovered that they relied heavily on their best shooters while others played support roles as rebounders. This led to an important discussion about how goals should be realistic, inclusive, and should help everyone grow rather than limit others’ opportunities.



In the second round, new rules challenged students further: everyone had to stay in one spot, and no one could shoot twice in a row. With less time to strategize, teams quickly learned the importance of setting goals that are neither too easy nor too difficult to reach.



Following the activity, students completed a SMART Goals packet where they reflected on their strengths and weaknesses, then created personal, leadership, and FFA involvement goals. Our Senior High Officer Team will review and sign off on these goals, checking in with members throughout the year. In May, we’ll come together again to evaluate our progress and celebrate growth.



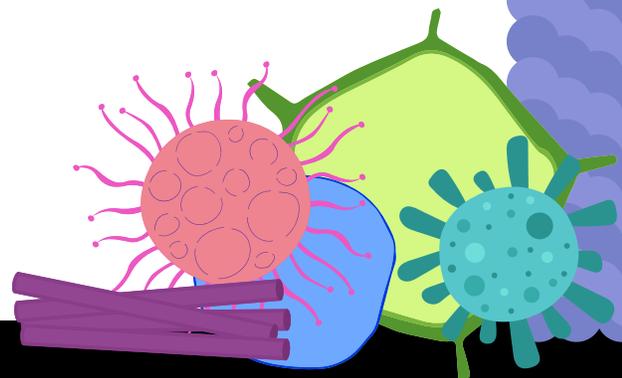
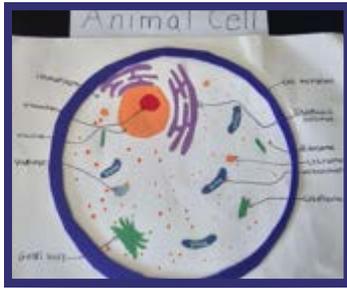
Goal setting is a vital skill—not just in FFA, but in life. It gives us direction, builds accountability, and reminds us that success is a process made up of small, intentional steps. By learning how to set and pursue SMART goals, our students are setting themselves up for success today and in the future.

We’re so proud of our members’ hard work and enthusiasm, and we look forward to seeing all the growth and accomplishments this year will bring!



# Bringing Cells to Life

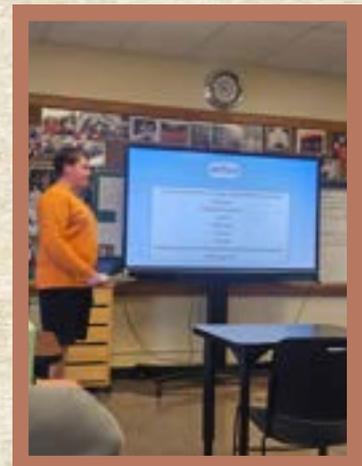
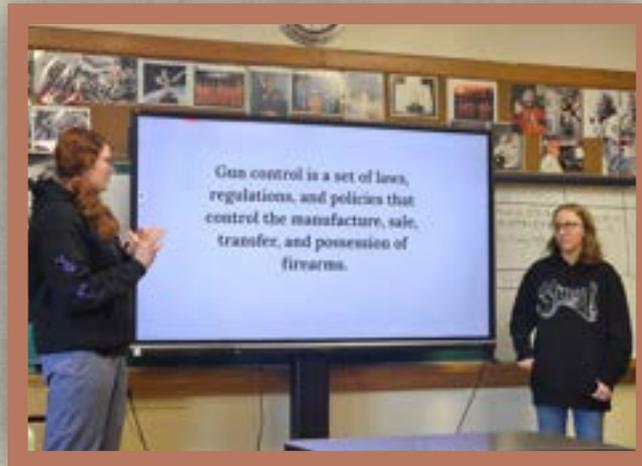
*Mr. Dennison's 7<sup>th</sup> grade science students* have been hard at work creating models of animal and plant cells. Each project showcased the different parts of the cell in a fun and creative way - helping students bring their learning to life.





## Public Policy Research & Presentations

In *ACE Government*, students have been doing some research into public policies that are being debated in our country today such as reforming Social Security, gun control, Medicare reform, welfare reform, the death penalty and others. They are examining the history, evaluating primary and secondary source material from differing viewpoints, looking at policy proposal solutions that have been debated at the state and national levels, as well as offering their own opinions on ways they think the issue may be addressed going forward. Students are also asked to reflect on how their research has made them more informed citizens and to discuss what they have learned about these policies in the United States today. Students are then presenting their work to the class. They have been doing a great job looking at some very challenging and controversial topics that are shaping our political landscape today.







## Student Council Leads Record-Breaking Food Drive

***The Student Council's*** annual food drive wrapped up last week with record-breaking success. The event brought together students and staff in a shared effort to fight hunger.

Donations were collected by grades, with friendly competitions between grades to encourage participation. *The senior class took first place, earning Lain's cider and donuts for their generosity.*

All collected items were delivered to the Community Church of Troupsburg Food Pantry, where student council members will help distribute them to families ahead of the holiday season.



### “Their Stories, Our Freedom”

In honor of Veterans Day, our *high school library* has created a special display titled “Their Stories, Our Freedom.” The display features a collection of books that highlight the experiences of those who have served—both on the front lines and at home. From firsthand accounts and historical fiction to stories of courage, sacrifice, and resilience, each book helps us better understand the people and moments that have shaped our nation’s history.

We invite students to stop by, browse the collection, and take a moment to reflect on the sacrifices that ensure our freedom today. It’s a wonderful way to honor our veterans and learn from their stories—because remembering their service keeps their legacy alive.



# WILDCAT ATHLETICS



L. Zver, N. VanGorden, E. Cook, B. Lawson



L. Hall, K. Marsh, L. Lawson, M. Johnson  
*Missing: Olivia Hassler*

Congratulations to the following athletes who have been recognized with Steuben County soccer awards:

➤ First Team All-Stars:  
Landon Zver  
Braylon Lawson  
Leah Lawson

➤ Second Team All-Stars:  
Ethan Cook  
Nolan VanGorden  
Laura Hall  
Masey Johnson

➤ Exceptional Seniors:  
Landon Zver  
Braylon Lawson  
Nolan VanGorden  
Keira Marsh  
Olivia Hassler

The Exceptional Senior Games are set for November 11<sup>th</sup> in Canisteo. Come out and support our seniors as they take the field one more time - the boys' game begins at 1:00pm, followed by the girls' game at 3:00pm. Let's cheer them on for their hard work and dedication!

Winter sports season is just around the corner!  
Practices will officially begin on **Monday, November 17<sup>th</sup>**. We look forward to an exciting season ahead!



2030

class of



The 8th grade class will be doing a fundraiser November 10th through the 21st. This year they will be selling Utica Coffee. We are excited to try this new fundraiser. If you are looking for gift ideas for the holidays the 8th grade class would be glad to help! Please reach out to any 8th grade student if you are interested in ordering.



Chestnut Hill  
CANDLE COMPANY

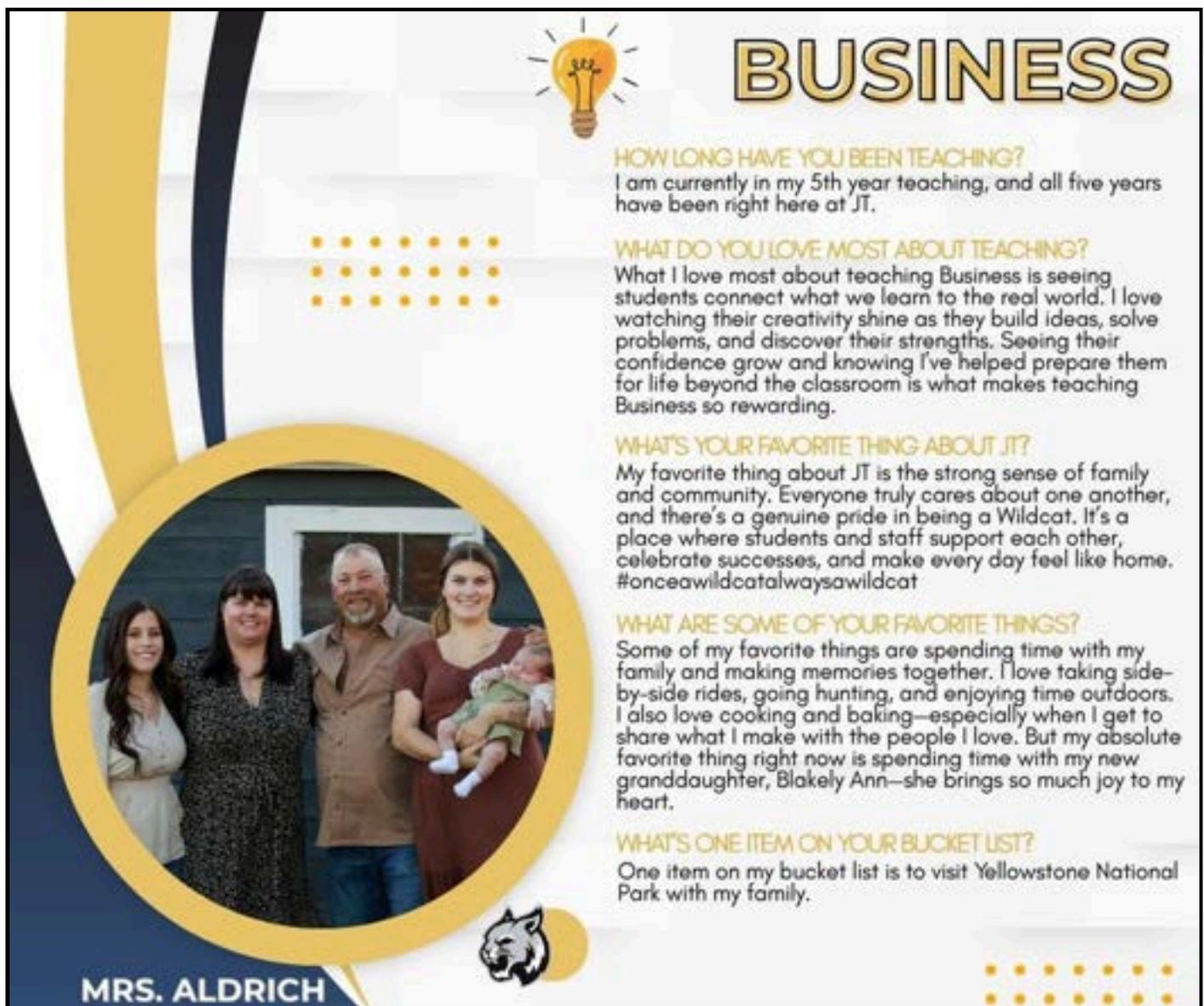
CLASS  
OF  
2029

The Class of 2029 will be selling Chestnut Hill Candles starting **November 10<sup>th</sup> through November 21<sup>st</sup>**. Ask any 9th grade class representative to buy.



# STAFF SPOTLIGHT

*Mrs. Aldrich* brings creativity, real-world experience, and enthusiasm to her classroom every single day.



## BUSINESS

**HOW LONG HAVE YOU BEEN TEACHING?**  
I am currently in my 5th year teaching, and all five years have been right here at JT.

**WHAT DO YOU LOVE MOST ABOUT TEACHING?**  
What I love most about teaching Business is seeing students connect what we learn to the real world. I love watching their creativity shine as they build ideas, solve problems, and discover their strengths. Seeing their confidence grow and knowing I've helped prepare them for life beyond the classroom is what makes teaching Business so rewarding.

**WHAT'S YOUR FAVORITE THING ABOUT JT?**  
My favorite thing about JT is the strong sense of family and community. Everyone truly cares about one another, and there's a genuine pride in being a Wildcat. It's a place where students and staff support each other, celebrate successes, and make every day feel like home. #onceawildcatalwaysawildcat

**WHAT ARE SOME OF YOUR FAVORITE THINGS?**  
Some of my favorite things are spending time with my family and making memories together. I love taking side-by-side rides, going hunting, and enjoying time outdoors. I also love cooking and baking—especially when I get to share what I make with the people I love. But my absolute favorite thing right now is spending time with my new granddaughter, Blakely Ann—she brings so much joy to my heart.

**WHAT'S ONE ITEM ON YOUR BUCKET LIST?**  
One item on my bucket list is to visit Yellowstone National Park with my family.

**MRS. ALDRICH**



CLASS OF  
**2027**

The *11th grade class* fundraiser of USA made RADA cutlery is underway! Proceeds from this sale will be used to help fund the senior trip and senior year expenses.

To help support, please contact your favorite 11th grader, visit <https://radafundraising.com?rfsn=7806386.12c0a99> or scan the QR code.

Online orders will be shipped directly to you. Sales end Nov. 25th and orders will be back for Christmas. Thank you for your support!



**KRISPY KREME FUNDRAISER:  
ORDER PICK-UP**

**DATE:** Saturday, November 8, 2025  
**FROM:** 2:00-4:00 PM  
**WHERE:** High School Auditorium (Greenwood building).

Students, please make arrangements to pick up your order during this time -- we do not have space to store any leftover orders.

*J-T Yearbook Staff*



**2025-26 Yearbook  
UPDATES**

2025-2026 J-T YEARBOOK - ON SALE NOW

Yearbooks are now on sale at a low cost of \$35.00 through December 31, 2025. Cost will increase to \$45.00 per yearbook on January 1, 2026.

Reserve your copy today to guarantee a yearbook at the end of the school year, as only a limited number of books will be printed.

Options to Pre-Order:

- Order online @ [www.jostensyearbooks.com](http://www.jostensyearbooks.com)
- Scan the QR Code



Send in your payment (be sure to include the 8% sales tax) along with the order form to: YEARBOOK ADVISOR. All checks payable to: JT YEARBOOK.

Thank you for your continued support!

*J-T Yearbook Staff*

**ORDER  
TODAY**





# WILDCAT NET FEST

SATURDAY, DECEMBER 13<sup>TH</sup>

MODIFIED, JV, AND VARSITY PLAY AT HOME  
ALUMNI GAME FOLLOWS AT 6PM  
DON'T MISS IT!

## High School Winter Concert

Wednesday, December 17<sup>th</sup>, 2025  
in the Greenwood Auditorium

Performances by:  
7-12 Grade Chorus  
Jr. High Band  
Sr. High Band  
Jazz Band

**6:30 pm**



# JASPER-TROUPOSBURG CENTRAL SCHOOL

*Home of the Wildcats*

## DISTRICT CENSUS

The district census is a local census and is unrelated to the U.S. Census. All information gathered is used strictly by the Jasper-Troupsburg Central School District for enrollment purposes. All residents that are in the Jasper-Troupsburg Central School District are asked to respond if they have any children birth to age 22 living in the home. (This also includes current students who are already enrolled at Jasper-Troupsburg.)

**Please Respond by: Friday, December 19, 2025**

**in one of the following ways:**

- Scan QR code and complete form



- **District Website:** [www.jtcsd.org](http://www.jtcsd.org)
- **Contact the District Registrar at:**  
607-792-3500 or [jstone@jtcsd.org](mailto:jstone@jtcsd.org)
- **Mail the form on the reverse side to:**  
Jasper-Troupsburg CSD  
Jeanne Stone  
2661 State Route 248  
Greenwood, NY 14839



JASPER-TROUPOSBURG CENTRAL SCHOOL DISTRICT  
2661 State Route 248  
Greenwood, New York 14839

### CENSUS FORM

Jasper-Troupsburg Central School is conducting a school census to get the most accurate and complete number and names of persons living within our district. It is important that one form be filled out for each household that has children aged birth to 22 years, even if the children do not attend Jasper-Troupsburg School District. This information affects our state funding, so it is very important that we have current and accurate data. **Return ONLY if there are children under the age of 22 living at your address by December 19, 2025.**

PLEASE PRINT

Name of Parent  Guardian

Name of Parent  Guardian

House # Street PO Box #

City State Zip

Home # Cell # Work#

PLEASE LIST ALL CHILDREN LIVING AT THIS ADDRESS, INCLUDING ALL PRE-SCHOOLERS, ALL ATTENDING K-12 PUBLIC, PRIVATE SCHOOLS & HOMESCHOOLED, 17 YEAR OLDS WHO HAVE GRADUATED, 18-22 YEAR OLDS WHO HAVE NOT GRADUATED. **DO NOT RETURN IF THERE ARE NO CHILDREN RESIDING IN THE HOUSEHOLD.**

Completing this form does not register your child(ren) for school. To register students K-12 please contact: The District Registrar at (607) 792-3500

Last Name	First Name	S I X	If Foster Child (*)	Birthdate			PreK Or Grade	School	English Speaking Home	Ethnic Code*
				Mo.	Day	Yr.				
									Y N	
									Y N	
									Y N	
									Y N	
									Y N	

\*Optional: Ethnic Codes (More than one may be selected if student is multi racial) 1-American Indian or Alaskan Native 2-Asian 3-Black 4-Pacific Islander 5-White (English Speaking Home question will help us identify necessary teaching staff)